ALL YOUR BANK HOLIDAY TV

MORE CHANNELS THAN ANY OTHER TV MAG!

2-8 MAY 2026

TV&Satellite UK

NEW

Legends

Steve Coogan leads a team of rookie spies on a dangerous mission

NEW

HAPPY BIRTHDAY SIR DAVID ATTENBOROUGH!

Celebrating 100 years of our favourite national treasure

NEW

REMARKABLY BRIGHT CREATURES

Sally Field makes an unlikely friend in this heart-warming drama

HotList This week's 28

Saturday 2

Spinal Tap II: The End Continues

***COMEDY** Sky Premiere, 8am, 4.10pm & 10.25pm*

The spoof band re-forms for a one-off concert. With cameos from Sir Elton John and Sir Paul McCartney. *See review, p23*

Dermot's Taste of Ireland

***TRAVELOGUE** ITV1, 12noon*

Dermot O'Leary (above) is in the Glens of Antrim as the second series kicks off, and some of the tasty treats he helps rustle up include potato bread and beef with a bean salad.

Women's Champions League: Semi-final 2nd Leg

***FOOTBALL** Disney+, kick-off 2pm*

Last year, Arsenal swept past Lyon in the semi-finals 5-3 on aggregate to make it to the final. Can they triumph over the Première Ligue side again this time?

Premier League

***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League, k-o 5.30pm*

Having lost to both Bournemouth and Manchester City in April, Arsenal's game against Fulham today is a must-win if they are to challenge for the title.

Full listings start on **p35**

Sunday 3

Fallen

***FANTASY DRAMA** ITVX*

Based on the hit YA novels, this fantasy drama follows Luce (Jess Alexander, above), who is sent to a mysterious reform facility following a crime she can't remember committing. *See feature, p11*

Snooker: World Championship

***SNOOKER** BBC1, BBC2 & TNT Sports 3, from 12.45pm*

This year's tournament wraps up with the best-of-35-frames final. Zhao Xintong (above) won in 2025. Concludes tomorrow.

Making Life on Earth: Attenborough's Greatest Adventure

***DOCUMENTARY** BBC1, 8pm*

A look at the making of *Life on Earth*, the landmark 1979 series from Sir David Attenborough (above). *See feature, p6*

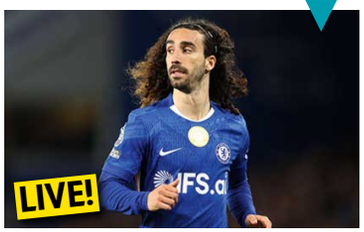
F1: Miami Grand Prix

***MOTORSPORT** Sky Sports Main Event & Sky Sports F1, race starts 9pm*

The F1 calendar resumes following its enforced break. Mercedes leads the team standings after three out of three wins (with two for Kimi Antonelli, above).

Full listings start on **p45**

Holiday Mon 4



Premier League

***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League*

Holiday Monday means the treat of an afternoon kick-off, with Chelsea hosting Nottingham Forest (k-o 3pm). Tonight, Everton take on Man City (k-o 8pm).

Escape to Florida

***DOCUMENTARY** C4, 4pm*

Following a diverse group of UK expats – from estate agents to pub owners – who are trading the British cost-of-living crisis for visa battles and shifting political tides in Florida. Continues all week.

Great Korean Railway Journeys

***TRAVELOGUE** BBC2, 6.30pm*

Michael Portillo (above) is back on his travels. This time, he is taking an epic railway trip around the southern half of the Korean peninsula. Continues to Fri.

Number One Fan

***THRILLER** 5, 9pm (box set, 5 Streaming)*

A TV star (Jill Halfpenny) is rescued from a mugging by a woman (Sally Lindsay) who claims to be her biggest fan – leading to a disturbing chain of events. Continues to Thursday. *See feature, p8*

Full listings start on **p55**

Tuesday 5

Jamie's Ultimate BBQ

***COOKERY** C4, 8pm*

With summer fast approaching (fingers crossed!), Jamie Oliver (above) is firing up the grill and giving us tips and recipes to create fabulous al fresco feasts for friends and family.

Champions League: Semi-final 2nd Leg

***FOOTBALL** Prime Video, kick-off 8pm*

As Arsenal host Atlético Madrid at the Emirates Stadium in the deciding leg, the Gunners are aiming to make their second-ever UCL final.

Bear Grylls Is Running Wild

***DOCUMENTARY** Sky One, 9pm*

The adventurer introduces Oscar-winning Hollywood actor Matthew McConaughey to the Norwegian wilderness. *See Documentaries, page 20*

This Is a Bomb: The Nevada Casino Heist

***DOCUMENTARY** BBC2, 9.45pm (box set, BBC iPlayer)*

Three-part documentary looking at one man's attempt to extort $3 million from a Nevada casino. *See Documentaries, p21*

Full listings start on **p65**

HOW TO ORDER AND ACCESS BACK ISSUES: IF YOU ARE AN ACTIVE SUBSCRIBER, YOU HAVE INSTANT ACCESS TO BACK ISSUES THROUGH YOUR iOS OR ANDROID DEVICE'S. YOU WILL ONLY BE ABLE TO ACCESS THE DIGITAL BACK ISSUES AS LONG AS YOU ARE AN ACTIVE SUBSCRIBER. TO PURCHASE SINGLE BACK ISSUES (PRINT FORMAT ONLY), VISIT: MAGAZINESDIRECT.COM (CLICK ON 'SINGLE ISSUES' TAB), OR EMAIL: HELP@MAGAZINESDIRECT.COM. MAGAZINESDIRECT.COM IS OWNED AND OPERATED BY FUTURE PUBLISHING LIMITED

best shows

NEW SUBSCRIPTION OFFER
GET SIX ISSUES FOR £1!
Visit magazinesdirect.com/xts/dj94x

ALL YOUR BANK HOLIDAY TV
MORE CHANNELS
2-8 MAY 2026
TV&Satellite
NEW
Legends
Steve Coogan leads a team of rookie spies on a dangerous mission
NEW
HAPPY BIRTHDAY SIR DAVID ATTENBOROUGH!
Celebrating 100 years of our favourite national treasure
NEW
REMARKABLY BRIGHT CREATURES
Sally Field makes an unlikely friend in this heart-warming drama
2-8 MAY 2026

Wednesday 6

Champions League: Semi-final 2nd Leg

FOOTBALL *TNT Sports 1 & HBO Max, k-o 8pm*

The second semi-final sees defending champions PSG face Bayern Munich, with the winner advancing to the final at the Puskás Aréna in Budapest on 30 May.

Amandaland

COMEDY *BBC 1, 9pm (box set, BBC iPlayer)*

Following the success of the first run, and four nominations at the upcoming BAFTA TV Awards on 10 May, the hit sitcom is back. Lucy Punch returns as desperate-to-impress Amanda. *See feature, page 12*

Surgeons: At the Edge of Life

DOCUMENTARY *BBC2, 9pm*

The medical documentary's eighth series has been filmed in Edinburgh and the Lothians and offers an insight into the latest innovative and experimental surgeries.

Only Child

COMEDY *BBC 1, 9.30pm (box set, iPlayer)*

As the Scottish comedy returns, Richard (Greg McHugh) is still trying to revive his acting career while back living with his eccentric dad, Ken (Gregor Fisher). *See feature, page 12*

Full listings start on **p75**

Thursday 7

Legends

DRAMA *Netflix*

Steve Coogan (above) and Tom Burke star in this fact-based drama set in the 1990s, about customs agents who are recruited for dangerous undercover work to infiltrate drug gangs. *See feature, p4*

USA 94: Brazil's Return to Glory

DOCUMENTARY *Netflix*

As we count down to this summer's tournament, this film turns the clock back to 1994 to see how Brazil won their fourth World Cup title. *See Your Watchlist, p17*

Europa League & Conference League

FOOTBALL *TNT Sports & HBO Max, k-os 8pm*

Top billing tonight is the Europa League semi-final decider between Villa and Forest, while Crystal Palace play Shakhtar Donetsk in the Conference League.

Open All Hours: Inside Out

DOCUMENTARY *U&Gold, 8pm*

Fifty years after Arkwright's first opened its doors in sitcom *Open All Hours*, this special chats to star Sir David Jason (above) about the show's appeal and his memories of the late Ronnie Barker.

Full listings start on **p85**

Friday 8

Remarkably Bright Creatures

DRAMA *Netflix*

Lewis Pullman and Sally Field (both above) star in this charming drama about a widow who forges an unlikely bond with a giant Pacific octopus. *See Your Watchlist, p14*

Downton Abbey: The Grand Finale

DRAMA *Sky Premiere, 7.55am & 8pm*

The final chapter of the Crawleys' story sees the family navigating the economic pressures of the 1930s and Lady Mary's scandalous divorce. *See review, page 24*

Giro d'Italia

CYCLING *TNT Sports 3 & HBO Max, from 11am*

As the first Grand Tour of the season begins, Jonas Vingegaard is favourite to win the pink jersey, in a field that includes Britain's Adam Yates, brother of last year's winner Simon Yates. *See Sport Week, p28*

David Attenborough's 100 Years on Planet Earth

ENTERTAINMENT *BBC 1, 8.30pm*

London's Royal Albert Hall hosts a musical celebration as Sir David Attenborough (above) turns 100 today. Steve Backshall is among those paying tribute. *See feature, p6*

Full listings start on **p95**

Welcome to this week's issue. Sir David Attenborough celebrates his 100th birthday on 8 May and the BBC and Sky are marking the occasion with special shows (see p6).

Next week's magazine will, as usual, be packed full of all your favourite features, such as *HotList* and *Your Watchlist*, but you may notice one difference. We're changing our name to *TV&Streaming Week*. A small change but a significant one.

Why are we doing this? With the growth of streaming channels, we feel *TV&Streaming Week* better reflects the TV landscape, with millions tuning in to Netflix, Prime Video, Disney+ and many more, including new platform HBO Max.

But rest assured, everything you love about the magazine will remain the same, and we will still be providing you with comprehensive coverage of all TV – BBC1, BBC2, ITV1, C4, 5, the Freeview and Freely platforms, streaming services, Virgin TV and, of course, Sky.

Claire Ruck, Editor-in-Chief

4 Cover story
Steve Coogan leads the cast in *Legends*

6 TV Week
Jill Halfpenny and Sally Lindsay star in *Number One Fan*, fantasy drama *Fallen*, and *Amandaland* returns

9 Soap diary
This week's top stories

14 Your Watchlist
Including *Remarkably Bright Creatures*

20 Documentaries
Including *Bear Grylls Is Running Wild*

22 Films
Pixar's eco-friendly comedy *Hoppers*

28 Sport
Giro d'Italia cycling

35 TV guide
Day-by-day TV listings

105 Kids' TV, Puzzle

106 Coming Soon

ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: COURTESY OF JUSTIN DOWNING/NETFLIX ©2026, SHUTTERSTOCK. COURTESY OF NETFLIX. HOTLIST WORDS: LYNETTE BRIGHTON, RACHEL PRICE. HOTLIST PHOTOS: GETTY, JAMIE OLIVER

Guy
Tom Burke
The Heathrow customs officer and family man is urged to apply by wife Sophie (Charlotte Ritchie), and is deployed as a solo operator to infiltrate a Turkish heroin ring.

Kate
Hayley Squires
Bored in her job working for the Vice Division, impulsive Kate is paired with Bailey, and the chalk-and-cheese duo are deployed in Liverpool.

Bailey
Aml Ameen
Naturally cautious and methodical, the VAT inspector is paired with Kate on a mission to infiltrate a Liverpool drugs gang.

Erin
Jasmine Blackborow
Civil Service secretary Erin is a back-room asset who creates the Legends' backstories, and her attention to detail is key to the unit's survival.

Hakan
Numan Acar
The formidable head of London's Turkish heroin gang is deeply protective of his Kurdish heritage.

Declan Carter
Tom Hughes
The Liverpool drug boss uses the heroin trade to distance himself from his humble roots.

Eddie McKee
Johnny Harris
Declan's enforcer is a loving family man at home. Will his line of work come with a cost?

NEW FROM NETFLIX

DEEP cover

Tom Burke and Steve Coogan join the war on drugs in a 1990s-set true-crime thriller

NEW DRAMA
Legends
From Thu 7 May, Netflix

Drug kingpin Hakan and his son Aziz (Kem Hassan)

Guy with his wife and colleague Sophie

When Great Britain experienced a heroin epidemic in the early 1990s, HM Customs and Excise was instructed to stem the flow of the drug into the country by infiltrating the ruthless crime gangs responsible – and a top-secret undercover unit was assembled for that very purpose.

The true story of the high-risk mission is recounted in this new six-part drama from *The Gold* and *Guilt* creator Neil Forsyth, starring Steve Coogan as veteran customs investigator Don, who assembles and trains a diverse team before sending them out into the field in London, Liverpool and abroad armed with the fake identities.

'When you go undercover, you create a false identity, and that false identity is called your Legend,' explains Forsyth. 'You're either in Legend or you're out of Legend, which sounds simple – but as the team finds out, when those lines get blurred, things become very dangerous.'

The undercover recruits who make it through the stringent selection process are airport customs officer Guy (*Strike*'s Tom Burke), Vice Division employee Kate (*The Night Manager*'s Hayley Squires) and VAT inspector Bailey (*I May Destroy You*'s Aml Ameen), while Civil Service secretary Erin (*Marie Antoinette*'s Jasmine Blackborow) creates their paper trails and backstories.

As the series progresses, Guy soon faces tests that threaten to blow his cover, while the Liverpool team of Kate and Bailey investigates a suspicious bakery.

Don
Steve Coogan
The Head of Operations recruits the Legends, and answers to the Director of Customs Investigations, Angus Blake (Douglas Hodge).

Here, Coogan, 60, and Burke, 44, give us a preview of what's in store…

What can you tell us about your characters, Don and Guy?

Coogan Don is the ostensible head of customs, so he's in charge of the operation and training these young officers [for the mission]. He's the piggy in the middle between the suits in the Establishment and the people on the ground.

Burke Guy is working in airport security when we first meet him, and so is his wife Sophie, who is more aware than Guy of how stuck in a rut he is, and the effect it's having on their marriage. She encourages him to apply.

How would you describe Don and Guy's personalities and attitudes to the job?

Coogan Don's a working-class man who's climbed his way up by being good at his job. He's a moral man, despite his bluff, forthright nature, and he cares deeply about the welfare of the people who work for him.

Burke Guy needs to do something like this, because it's meaningful and purposeful, but also because it's dangerous, and he craves that. There's an adrenaline junkie in him. Somebody else would just go and do a bungee jump, but he needs a bit more. It's something he's got to do, to be able to get on with the rest of his life.

What are their vulnerabilities?

Burke There is a wildness in Guy, something from his childhood that you feel is unresolved. There's also a feeling that he's never quite done what he needed to – a side of him that he's pushed down, or has been pushed down by his environment.

Coogan Don's own experience of going undercover has left some post-traumatic stress. Thirty-something years ago, we didn't really use those words. We'd have described him as 'a bit damaged'.

What is the Legends team like as a whole?

Coogan The combination of Kate, Bailey, Erin and Guy makes for a very odd group. You wouldn't expect them to be in the same social circle, and they don't duplicate skill sets. They all bring something different to the table. Each person by themselves may lack something, but when they are all brought together by Don, they're greater than the sum of their parts.

Burke As the series goes on, they find that they complement each other as much as they rub each other up the wrong way.

Finally, what makes for a successful Legend?

Coogan To be a Legend, you must never act impulsively. You need to think on your feet, be pragmatic, not panic and overthink things, and be natural. It's like being in a band who are so competent playing their musical instruments that they can sit back, let things loosen up a bit and not be too tight. If they do all that, then they'll be successful Legends.

Burke In terms of the Legend or false identity, you've got to go with something that overlaps with the real you somewhere, and then not be too fixed about it. You've got to be very adaptable in your thinking.

WORDS: IAN MACEWAN. PHOTOS: NETFLIX

A week of tributes and special programmes as national treasure **Sir David Attenborough turns 100**

Close encounters with mountain gorillas in Rwanda

NEW FACTUAL

Making Life on Earth: Attenborough's Greatest Adventure

Sunday, 8pm, BBC1

Wild celebrations

This week marks a milestone for the country's most beloved broadcaster as Sir David Attenborough turns 100 on Friday 8 May.

From his first screen appearance on *Zoo Quest* in 1954 to his current five-part series *Secret Garden*, which concludes on Sunday (6.15pm, BBC1), Attenborough has brought us a lifetime of extraordinary natural-history moments and inspired generations with his tireless campaigning to protect the planet.

To celebrate the occasion, the BBC is paying tribute to the pioneering film-maker with a week of special programming across all BBC channels, plus BBC iPlayer and BBC Radio, including episodes from his best-loved series and a tribute from London's Royal Albert Hall (see box, top right).

LANDMARK EVENT

On Sunday evening, new one-off documentary *Making Life on Earth: Attenborough's Greatest Adventure* looks back at the groundbreaking *Life on Earth* series, which aired to great acclaim in 1979. Attenborough and his colleagues look back on the challenges they overcame while visiting 40 countries and filming 600 species to tell the story of evolution.

Life on Earth is best remembered for the astonishing encounter between Attenborough and a group of mountain gorillas, the groundwork for which had been laid by a production team reliant on landlines and letters for communication.

'Rwanda was a challenge,' recalls production assistant Jane Wales, who corresponded with Dian Fossey, the American mountain-gorilla expert based in the African country. 'Letters would take at least three weeks to get to her, and then we'd have to wait another three for the reply.'

The painstaking preparation paid off when Attenborough unexpectedly found himself interacting with a female gorilla and her offspring.

'I felt a hand on my head,' he recalls. 'It was the adult female, and she twisted my head round so she could see me, and put a finger in my mouth.'

For producer John Sparks, it was a heart-stopping moment.

'I thought: "My God, his head's going to come off!"' he recalls. '"And we haven't finished the series yet!"'

● Sky Nature also pays tribute to the broadcaster this week with a raft of his Sky programmes, plus the one-off tribute *Attenborough at 100: Behind the Lens* (Friday, 10am)

WORDS: CAREN CLARK; REBECCA FLETCHER; IAN MACEWAN; RICHARD MCCLURE. PHOTOS: AFP VIA GETTY IMAGES; ANU/SHUTTERSTOCK; ANNADINA/STOCK.ADOBE.COM; BBC NHU/ALEX BOARD; BBC/PASSION PLANET/JOE LONGRAINE; BBC PHOTO ARCHIVE; BEN OSBORNE/NATUREPL.COM; DAVID HARTLEY/SHUTTERSTOCK; GETTY IMAGES

On location in Kenya for 2019's *Seven Worlds, One Planet*

HAPPY BIRTHDAY!

NEW ENTERTAINMENT

David Attenborough's 100 Years on Planet Earth

Friday, 8.30pm, BBC1

A celebration from London's Royal Albert Hall, hosted by Kirsty Young, will look back at Sir David Attenborough's extraordinary career and highlight the developments that have occurred in the natural world over the past century.

Steve Backshall, Liz Bonnin and Chris Packham are among those paying tribute, while the BBC Concert Orchestra will play original compositions from some of the broadcaster's groundbreaking series.

DID YOU KNOW?

- David Frederick Attenborough was born on 8 May 1926 in Isleworth, Middlesex. His older brother, Richard (1923-2014), would become a celebrated, Oscar-winning actor and director.
- As a schoolboy in Leicestershire, he spent hours looking for fossils, which he displayed in a homemade museum in his bedroom. He went on to study Natural Sciences at the University of Cambridge.
- In 1950, Attenborough married his university sweetheart Jane Oriel. Settling in Richmond, London – still his home today – they had two children, Robert and Susan. Jane sadly died in 1997, aged 70.
- He joined the BBC in 1952 as an assistant producer, coming up with the idea of filming overseas wildlife for *Zoo Quest* – something which had never been done before. He ended up in front of the cameras when the regular presenter fell ill. The rest is history...

With bear cub Benjamin from Borneo in 1956

WORLD OF WONDER

Five of the star's most memorable encounters...

King penguin

Life in the Freezer (BBC1, 1993)

Reporting from Antarctica, Attenborough immersed himself in the middle of a 600,000-strong king-penguin colony – huddled together in freezing temperatures – and was surrounded by curious chicks eager to meet their human visitor.

Lyrebird

The Life of Birds (BBC1, 1998)

In a southern Australian forest, Attenborough eavesdropped on the remarkable lyrebird as a male performed his huge repertoire of courtship calls – even mimicking other sounds he had heard, from a car alarm to a chainsaw.

Pinta Island tortoise

Galapagos 3D (Sky One, 2013)

To highlight the planet's extinction crisis, Attenborough had a moving final encounter with a giant tortoise called Lonesome George, the last survivor of the Pinta species of tortoise, who sadly died 14 days later.

Rhino

Africa (BBC1, 2013)

There was a heart-melting moment when a blind rhino calf wandered into shot while Attenborough was filming in Kenya. The delighted presenter dropped to his hands and knees to communicate with his curious visitor through squeaks.

Harvest mouse

Wild London (BBC1, 2026)

Exploring the wildlife in his adopted home city of London, Attenborough visited Greenford. There, he gently cradled a harvest mouse before releasing it into a meadow, where the tiny mammals are being reintroduced.

Deadly obsession

Sally Lindsay and Jill Halfpenny star in a thriller about a TV presenter pursued by a dangerous fan

NEW THRILLER

Number One Fan

Holiday Monday-Thursday, 9pm, 5 (box set, 5 Streaming)

Sally Lindsay and Jill Halfpenny are familiar faces on 5 thanks to hit dramas like *The Madame Blanc Mysteries* and *The Feud*, and now the two stars have joined forces for a new four-part thriller, *Number One Fan*.

The series stars Halfpenny as Lucy Logan, the host of her own hugely popular morning TV show. While out shopping one day, Lucy is the victim of a violent mugging, and is saved by the intervention of passer-by Donna (Lindsay).

'Donna swiftly comes to her rescue and gets rid of the mugger,' says Halfpenny, 50. 'Lucy is kind of amazed – she didn't need to do it, but Donna put herself in harm's way for her. She is overly grateful for what Donna has done.'

STALKER ALERT!

When Donna admits that she's a huge fan of Lucy's, the TV star invites her to the studio to watch her show being filmed. However, Donna quickly wears out her welcome, and when Lucy's family and home life come under threat, it seems this fan has a hidden agenda.

'It's a bit of a rollercoaster,' says Lindsay. 'You think the show's taking you down one path with this famous TV presenter, the queen of daytime television, who meets someone who adores her, and then you go down this completely different path that you're not expecting.'

Number One Fan is the first time Lindsay and Halfpenny have acted opposite each other, and they were delighted to finally get to work together.

PERFECT PARTNERSHIP

'We had a meeting once about a potential project around five or six years ago, but it never happened,' recalls Lindsay, 52. 'We work so well together – I think it's one of those partnerships we didn't know we needed.'

'We really enjoy each other's company, and have a very similar work ethic,' adds Halfpenny. 'Both of us have done shows that work very quickly, where no one is going to hang around and wait while you have a little think about it. We're very good at being able to do things from take one. It doesn't take us ages to warm up.'

As Donna's true intentions towards Lucy become apparent over the course of the series, their

Disgraced TV star Stewart Jones (Dean Andrews)

What are Donna's true intentions?

WORDS: GRACE MORRIS, STEVEN PERKINS. PHOTOS: BBC, ITV, 5

‘Some of Donna and Lucy’s fights are gruesome and vile’
SALLY LINDSAY

relationship takes an increasingly violent turn. Fortunately, things were more harmonious behind the scenes, and the two leads enjoyed getting physical with one another in their fight scenes.

‘It’s not our first rodeo – we’ve both done quite a lot of fights and slaps on screen,’ says Lindsay. ‘Our rehearsals would only take about 10 minutes, then we just did it. Some of Donna and Lucy’s fights are gruesome and vile, but Jill’s such a massive pro that it was all brilliant.’

TWISTS AND TURNS

The series also stars *Last Tango in Halifax*’s Dean Andrews as Stewart Jones, a disgraced former TV presenter who blames Lucy for his exile from the industry.

‘Dean is brilliant in this,’ says Halfpenny. ‘We had a really challenging scene together in this old farmhouse in the middle of nowhere. It was dark and dank, and there was a lot going on. I think people will enjoy seeing how we have approached what goes on behind the cameras.’

Both stars hope viewers will be gripped by the twists and turns of *Number One Fan*.

‘It’s very well-written,’ explains Halfpenny. ‘The propulsion of it really makes you want to watch the next one, and the next – it goes at quite a lick.’

‘There’s an immediacy that is exciting,’ agrees Lindsay. ‘There’s a lot of television nowadays where you’re three episodes in and still don’t really know what’s going on – but that is absolutely not this.

‘I’d love for people to go into work the next day and enjoy a good old-fashioned television water-cooler moment.’

Sally Lindsay (top) and Jill Halfpenny as Donna and Lucy

STORY OF THE WEEK

SOAP WEEK

This week’s soaps at a glance

Lisa and Kit are convinced they’ve cracked the case

CORONATION STREET

Shock arrest! Have Lisa and Kit found the killer?

» **The Weatherfield residents** are in shock after Betsy discovered a dead body, but the ordeal takes another grisly turn when it becomes a murder investigation. As cops Kit and Lisa begin their questioning, an arrest is made when an inconsistency emerges. But have they caught the right person?

David and Shona panic

Meanwhile, there’s suspicion coming from all sides of the cobbles. Shona and David panic over their trashed living room and Jodie’s bizarre behaviour; Debbie waits for news about Carl as Ronnie lies to her; and the truth about Megan’s past and Maggie’s actions threaten to explode for the Driscolls, who are also dealing with the arrival of Ben’s ex, Melanie.

With the arrested resident still being questioned, Kit and Lisa make a discovery that convinces them they’ve made a breakthrough. However, secrets and lies are rife as one person tries to destroy footage, and there’s a change in behaviour. As the detective duo work through the evidence, could a photo crack the case?

» **PLUS** Daniel hits rock bottom when he’s faced with disciplinary action, Todd bonds with Danielle over their mutual suffering, and Susie catches someone stealing from the safe. Who could it be?

ALSO IN THE SOAPS THIS WEEK...

EASTENDERS

» George reunites with his dying adoptive father Eddie at the hospital (above), Max is jealous when he makes a discovery about ex-lover Linda, Ian plays dirty in his fight to be councillor, and Sam supports Denise.

EMMERDALE

» Paddy, Bear and Dylan go on trial (above), Jacob opens up to Sarah about being bullied by Dr Todd, Dawn plots her revenge against Joe, and Moira struggles to keep Robert’s betrayal from Cain as he prepares for his prostatectomy.

King Charles' Highgrove Garden Concorde Lunch Bath Cruise & Wine
Free Drinks
WARNER HOTELS
From £50pp deposit
Small Group Holiday 26 guests maximum
4 nights Half Board PLUS from £1349 per person

Warner Littlecote House Hotel, Berkshire

self drive to hotel ● 27 July & 31 August, 2026 - code LH7/8

OUR PRICE INCLUDES:

- Escorted excursions by coach to: King Charles' Highgrove Garden for a private tour and lunch; Concorde - the last to fly at Aerospace Bristol - step on board and enjoy lunch alongside this aviation icon; Bath walking tour and sparkling River Avon Cruise; Larkhill Vineyard, as featured in Prue Leith's Cotswold Kitchen TV series, for a tour and tasting
- A Sparkling Welcome Reception
- 4 nights' standard en-suite twin or double bed room (singles & upgrades available) and car parking
- 4 breakfasts, 2 lunches, wine tasting & 4 dinners with a half bottle of house wine per person
- Entertainment every night
- Escorted by a Tour Manager

GN Holidays & Voyages QUALITY HOLIDAYS SINCE 1997

Call 01895 83 33 33

9am to 5.30pm weekdays. Book online at **gnholidays.com**

ABTA Y0291

GOLD BRITISH TRAVEL AWARDS 2025

Holidays operated by GN Holidays & Voyages (ABTA Y0291), a company wholly independent of Future Publishing. This exclusive holiday cannot be booked direct with Warner. Price shown is per person based on two people sharing a standard twin or double bed room - upgrades available. Over 40s only. King Charles not expected to be at Highgrove during our visit.

100% FINANCIAL PROTECTION

Heaven & Hell

Jess Alexander stars in an epic fantasy adventure

NEW FROM itvX

NEW FANTASY DRAMA

Fallen

From Sunday 3 May, ITVX

Luce and Daniel (Gijs Blom)

Forbidden love and a supernatural war between the forces of heaven and hell are at the heart of new fantasy series *Fallen*.

Based on US author Lauren Kate's bestselling 2009 young-adult novel, which has sold over 10 million copies worldwide, the eight-part drama sees British actor Jess Alexander play troubled Lucinda 'Luce' Price.

After a tragic accident for which she's found guilty of arson and manslaughter (a crime she doesn't remember), Luce is sent to the forbidding Sword & Cross reform facility in Savannah, Georgia, where she starts having strange visions and discovers secrets tied to her past.

DARK PUZZLE

'Luce is someone who has lived multiple lives, and whenever she falls in love, something tragic happens, and she is forced to start her life over again,' reveals Alexander, 26, who recently starred in Sky Atlantic series *Amadeus*. 'Our story has more edge and darkness than the book, with a few extra surprises thrown in.'

Sarah Niles plays twins

The creepy facility is surrounded by a force field to prevent inmates from escaping, and also to keep out the 'outcasts' – a species of aliens painted with zebra stripes. Meanwhile, Luce is soon drawn to the mysterious and enigmatic Daniel, played by Dutch star Gijs Blom.

'Like the rest of the inmates at the facility, Daniel doesn't really have a clue who he is,' says Blom, 29. 'He knows that he came to Sword & Cross because of a motorcycle accident, but he doesn't know how it happened. He is about to escape when Luce arrives, and he decides that she will be the key for him to find out more about his past.'

Filmed in Budapest, the series also stars *Ted Lasso*'s Sarah Niles as twin sisters Ms Miriam and Ms Sophia, who run the prison-like institute, and *Game of Thrones*' Alexander Siddig as the sinister chief psychiatrist, Dr Howson.

Meanwhile, Timothy Innes (*The Last Kingdom*) plays charismatic but manipulative Cameron 'Cam' Briel, one of Luce's fellow students who uses his charm to woo her upon her arrival at the reform facility and becomes the main romantic rival to Daniel for Luce's affections.

'It's a story full of adventure, passion, love and self-discovery,' says Alexander. 'A lot of exciting things happen in this show – and there is also growth, friendship and violence.'

Jess Alexander as the troubled Luce

WORDS: TESS LAMACRAFT. PHOTOS: FALLEN PRODUCTIONS LTD, ITV

LOOK WHO'S BACK...

A familiar face making a new appearance this week

Aimee Lou Wood

Saturday Night Live UK

LIVE *Saturday, 10pm, Sky One*

Born in Stockport in 1994, Aimee Lou Wood found fame in a BAFTA-winning role as college student Aimee (inset) in Netflix series *Sex Education* (2019-23). She has also starred in hit shows *Alice & Jack*, *Daddy Issues*, *Toxic Town* and *Film Club*, and received an Emmy nomination for her performance as ill-fated hotel guest Chelsea in the third season of *The White Lotus*. She's currently filming the part of George Harrison's model lover Pattie Boyd in an upcoming series of four movies about The Beatles, all directed by Sir Sam Mendes.

HER NEW APPEARANCE

Following in the footsteps of Tina Fey and Jack Whitehall, Wood will be delivering *Saturday Night Live UK*'s opening monologue in front of a live studio audience in London when the 32-year-old star takes on hosting duties. She'll be joined by the comedy gang for more topical sketches, skits and impressions, while rising British singer-songwriter Meek is this week's musical guest.

WORDS: HANNAH DAVIES, RICHARD MCCLURE, VICTORIA WILSON. PHOTOS: BBC, C4, ITV, NETFLIX, SHUTTERSTOCK, SKY, CBS

Self-obsessed Amanda returns for more shenanigans in SoHa

Me, myself

NEW COMEDY

Amandaland

Wednesday, 9pm, BBC1 (box set, BBC iPlayer)

Social climber Amanda still fancies herself as the queen bee of SoHa (that's South Harlesden to the uninitiated) as BBC1's *Motherland*-spin-off *Amandaland* returns for more deliciously cringey alpha-mum exploits.

The six-part series begins with Amanda's long-suffering best friend/dogsbody Anne (Philippa Dunne) organising a careers event at the school – which Amanda sees as an opportunity to give an overblown TED Talk-style presentation about her life as an influencer for her online lifestyle brand Senuous.

Of course, she's still secretly working at Kichen's Bathrooms & Kitchens, but the less said about that the better…

'Amanda is more settled now, but she's still doing everything she can to elevate her social standing – and she's just as delusional about herself as ever,' says Lucy Punch, 48, who plays her. 'Her giant ego and status anxiety remain, so she still wants everyone to think she's the best.'

CHALLENGER

This time, Amanda might just meet her match with the arrival of her neighbour Mal's forthright ex Abs (Harriet Webb), who refuses to bow to Amanda's ego.

Later in the series, we can look forward to Amanda desperately

Generation game

Greg McHugh and Gregor Fisher are back as the quirky son and father

NEW COMEDY

Only Child

Wednesday, 9.30pm, BBC1 (box set, BBC iPlayer)

***Only Child* certainly** struck a chord when it debuted in 2024. Starring Greg McHugh as actor Richard, it followed Richard as he returned to his home town to care for his widowed father Ken (Gregor Fisher).

As the comedy returns to BBC1 for a second six-part run this week, Richard is back living with Ken after being fired from his latest role in Norway. And he is given a reminder of how eccentric his dad is when he finds him asleep in a coffin.

'It was slightly alarming when the coffin lid was shut but, thanks to the props department, it was very comfortable,' smiles Fisher. 'I could

Felicity, Amanda, Mal and Anne

and I

trying to buy a bigger house, Anne dabbling as a social-media influencer, a potential romance between Amanda and Mal (Samuel Anderson), plus the arrival of *Call the Midwife*'s Pam Ferris, who guest-stars as Amanda's neighbour Elspeth.

'I loved my scenes with Pam. She's brilliant,' says Punch. 'The hair, the heels, the gels and all the primping that's involved to look like Amanda help hugely. I know her so well that it's alarmingly easy to get into character.'

Among the returning cast are Siobhan McSweeney and Rochenda Sandall as power couple Della and Fi, plus Dame Joanna Lumley as Amanda's narcissistic mother Felicity.

'Felicity has a charming brief encounter in this series,' teases Lumley. 'Felicity's snide character is tempered by being rather ridiculous and strangely spot on in some of her observations. But if I could give her one piece of life advice, it would be stop being so selfish.'

Richard and Ken at the allotment

have spent a fortnight in there.'

Richard is desperate not to bump into his unrequited love, Emily (Amy Lennox). But Ken doesn't want him moping around, so he suggests a trip to the local allotment.

FAMILY MATTERS

'Neither of them is good at the job of caring for each other,' says Fisher, 72. 'But what really comes out is how much they actually love each other.'

Later, at a meeting to save the allotment, Richard is devastated when Emily shows up with new love Tim (Kevin Bishop) in tow.

'Tim and Richard are polar opposites, so Richard finds it difficult that Emily has chosen to be with him,' says McHugh. 'The whole scenario is complicated.'

Both actors have been blown away by the response to Series 1 and enjoyed interacting with fans.

'One woman told me *Only Child* had started a discussion about what it was to be a carer, so, while it's a mainstream comedy, it was lovely to get feedback on the show's other themes,' says McHugh, 46.

Meanwhile, Fisher encountered a somewhat different reaction during a recent trip to the supermarket.

'I had someone saying to me, "You remind me of my dad, who's a bit of a handful,"' he grins. 'I only went in for butter and ended up getting lip.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW Jamie's Ultimate BBQ

Tuesday, 8pm, C4

With the weather getting warmer, Jamie Oliver (left) teaches us how to brush up our grilling skills with a new three-part series showcasing a variety of barbecue dishes. On the menu are lamb lollipops, smoky sirloin steak, miso mushroom burgers and a tasty 'barbecue brekkie'. 'Cooking outside is one of my happiest places to be,' says Oliver. 'It's a pleasure to be able to share that with people looking to increase their confidence on the grill.'

Matlock

NEW

Wednesday, 9pm, Sky Witness

As the legal drama returns after its midseason break, there is a huge shock in store for law-firm bigwig Julian (Jason Ritter) as Matty (Kathy Bates, right) makes a game-changing decision. Meanwhile, the team must work to prevent one of their clients, industrialist Jack Alvarez (guest star Mark Espinoza), from deportation after he is detained by ICE agents.

Dermot's Taste of Ireland

NEW

Saturday, 12noon, ITV1

Presenter Dermot O'Leary returns for a second series of his food travelogue, beginning in the Glens of Antrim, where he meets Declan (pictured with O'Leary), a sixth-generation farmer preserving traditional methods. Next stop is Glenarm Castle, where he joins chef Paula McIntyre to make beef with a runner-bean salad.

FREE WEEKLY NEWSLETTER

SUBSCRIBE to our weekly newsletter to get top TV picks on what to watch.

PLUS US-drama guide – discover which American series are on which day, channel and season!

What are you waiting for?

SCAN THE CODE or visit bit.ly/TVSWnews

YOUR WATCHLIST

NETFLIX

prime

BBC iPLAYER

Disney+

4

Paramount+

HBO max

tv

Creature comforts

Sally Field stars alongside a giant octopus in a tale of unlikely friendship

The best of **Netflix, Prime Video, Disney+** and more...

Tova meets Marcellus

NETFLIX Remarkably Bright Creatures

NEW *Available: Friday 8 May*
Genre: Drama

When Hollywood royalty Sally Field first picked up a copy of Shelby Van Pelt's bestselling novel *Remarkably Bright Creatures* in 2022, she immediately knew the story would make a wonderful and heart-warming movie.

'The whole story is so surprising and life-affirming,' says Field, who has won two Oscars for her roles in *Norma Rae* (1979) and *Places in the Heart* (1984). 'It's a homage to life and the connection human beings have to creatures.'

Field joined forces with Netflix to bring the project to light.

'I read four chapters of the book and said, "We need to get this,"' she adds. 'It was a long journey. We worked relentlessly just to get that screenplay and even when we were shooting, we were constantly fixing and letting the story breathe and have its own existence outside of the book.'

Field takes on the role of Tova, a widow who works as an after-hours cleaner at her local aquarium in the fictional Washington town of Sowell Bay and who is haunted by the loss of her son. As she processes her grief, she forms an unlikely bond with a giant Pacific octopus named Marcellus, voiced by Alfred Molina.

FEEL-GOOD FACTOR

'The film is a warm hug that we all need right now,' says director Olivia Newman. 'It is a movie that looks at heavy topics like grief and longing for connection and feeling at a crossroads – but it's also a joyful film. There's a hopefulness to it.'

Tova discovers she's set to be replaced by Cameron (Lewis Pullman, son of Bill Pullman), a young man who arrives in Sowell Bay looking for his father. The colleagues don't get off to the best start, but after Cameron learns of Tova's troubles from shop owner Ethan (Colm Meaney), the pair bond over shared trauma and a mutual love for Marcellus.

'I'd read with a couple of other young actors, but the minute Lewis walked in, I just knew it was him,' says Field, 79. 'We started improvising and having fun with the roles and laughing.'

After making her screen debut in the early 1960s, Field has since starred in such iconic movies as *Smokey and the Bandit* (where she met future partner Burt Reynolds), *Steel Magnolias*, *Mrs Doubtfire* and *Forrest Gump*. But she admits that playing an older woman was a new challenge.

'I think the unique thing about Tova is that she's an old lady and so am I,' she says. 'And I've never played that before, really.'

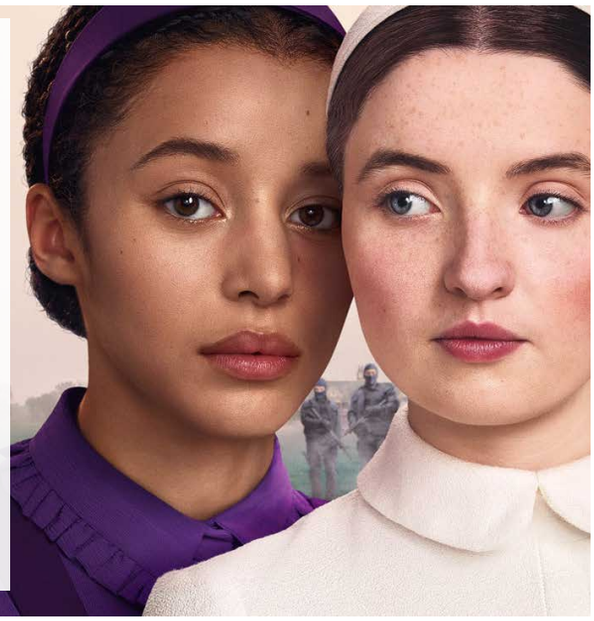
What we're watching...

The shows being enjoyed by the *TVSW* team

Disney+ The Testaments

Genre: Drama Season: 1
Episodes: 10 (released weekly)

Gilead's oppressive, patriarchal society lives on in this gripping sequel to *The Handmaid's Tale*, which centres on the fate of two girls – Agnes (Chase Infiniti), a pupil at a prestigious school for the daughters of Commanders, and newcomer Daisy (Lucy Halliday, pictured with Infiniti). The school is run by the intimidating aunts, including *The Handmaid's Tale*'s Aunt Lydia (Ann Dowd), who asks Agnes to take the new girl under her wing. But Daisy has a hidden agenda...



NETFLIX Big Mistakes

Genre: Comedy
Season: 1 Episodes: 8

Hapless siblings – gay Christian pastor Nicky (Dan Levy, right) and sister Morgan (Taylor Ortega) – get caught up with an organised-crime gang in the latest comedy from *Schitt's Creek* co-creator Levy.

Disney+ Malcolm in the Middle: Life's Still Unfair

Genre: Comedy
Season: 1 Episodes: 4

Malcolm (Frankie Muniz, right) has kept away from his dysfunctional family for years, but his new life with his teen daughter and girlfriend implodes in this reboot of the 2000s comedy.

Now in production...

Three upcoming shows to look out for soon

NETFLIX Ray Gunn

Sam Rockwell (above), Scarlett Johansson and Tom Waits will lend their voices to Netflix's animated film, which is set in the city of Metropia, where private detective Raymond Gunn investigates a murder, aliens, and an enigmatic multimedia star.

Disney+ Welcome to Wrexham

Ahead of the fifth run, airing from 15 May, Disney+'s football docuseries has been commissioned for three more seasons, which will continue to follow Hollywood stars Rob Mac and Ryan Reynolds (both above) as they oversee Wrexham AFC.

prime Young Sherlock

Prime Video's period drama, exploring the adventures of a youthful Sherlock Holmes (Hero Fiennes Tiffin, above) and his friend and future nemesis James Moriarty (Dónal Finn), will return for a second series, executive-produced by Guy Ritchie.

WORDS: CAREN CLARK; JUDY EWENS, SEAN MARLAND. PHOTOS: ©2026 DISNEY & ITS RELATED ENTITIES; GETTY; NETFLIX; SHUTTERSTOCK

Tales from YouTube

Dan Snow gets on his bike

From Dan Snow to Chris Evans, our guide to the best original shows on YouTube...

With comedies, animation and innovative content added every day, YouTube is an easy place to find a range of new streaming shows – and the platform has already launched hits like *Cobra Kai* and *Mid Morning Matters with Alan Partridge*.

As historian Dan Snow brings his latest *History Hit* documentary to the platform, we choose seven YouTube shows that are worth checking out...

DAN SNOW'S BIKE TOUR OF LONDON

Available from Tuesday 5 May, this one-off documentary follows historian Dan Snow as he cycles through London, uncovering the city's past at each stop. He visits iconic landmarks and some roads less travelled to share stories of each area, including pivotal events and famous figures who made history there.

TFI FRIDAY UNPLUGGED

Chris Evans' reboot of his hit series has now been picked up by C4, but you can still watch the first season on YouTube. Like the original series (1996-2000), the show sees Evans chatting to celebrities – from Chris Hemsworth to Bono – and features music from artists including Robbie Williams and Dave Stewart.

HELLUVA BOSS

Created by Vivienne Medrano, this adult animation is now being released on Prime Video, but you can watch the early seasons on YouTube as we meet the employees of I.M.P. (Immediate Murder Professionals), a contract-killer company based in hell. The assassins are dispatched into the human world to carry out revenge killings by disgruntled dead people.

SIDEMEN

YouTube is still the official channel of Sidemen and fans can catch a new video from the team of influencers every Sunday. The Sidemen – best friends Zerkaa, Miminter, TBJZL, KSI, Behzinga, Vikkstar123 and Wroetoshaw – take on challenges, make sketches and commentate on video games. Their YouTube channel currently has 23 million subscribers.

The Sidemen

SIDESWIPED

The comedy series follows Olivia (Carly Craig) as she embraces the hellish world of dating app Tinder. She's a workaholic on the verge of a breakdown and decides to date all of her 252 matches. Rosanna Arquette plays her mother Mary while Chelsea Frei is her married sister Jayne, who has just had a baby and is experiencing the seven-year itch.

GOOD MYTHICAL MORNING

American comedy talk show *Good Mythical Morning* is hosted by Rhett McLaughlin and Link Neal. The pair explore new products, eat crazy things and compete in games with celebrity guests including actor Amy Schumer, singer Kelly Rowland and *Lost* star Ian Somerhalder. They also carry out hilarious experiments and produce songs and sketches.

ADAM BYATT

YouTube is also a great place for culinary inspiration, and Adam Byatt's channel is one to watch. The Michelin-starred chef has a passion for British food and his channel shows how to whip up everything from lobster bisque to the humble mashed potato, while chefs, home cooks and foodies share skills and recipes.

Adam Byatt

Captain Dunga lifts the trophy

GOLDEN GOALS

The inside story of **Brazil's fourth World Cup win**

NETFLIX USA 94: Brazil's Return to Glory

NEW *Available: Thursday 7 May*
Genre: Documentary

With their silky skills and samba style, the Brazil football team has built a reputation for being the finest exponents of the beautiful game while racking up more World Cup wins than any other nation.

However, their unique success brings pressure and expectation, so every tournament that doesn't end in victory is a bitter disappointment.

Brazil's 1970 triumph was seen as a defining World Cup moment, but it was followed by their longest-ever drought, and by 1994 the demand for success was at fever pitch.

'We hadn't won the World Cup for 24 years,' recalls midfielder Raí. 'That's way too long for Brazil.'

After a disappointing performance at Italia 90 and a lacklustre qualifying campaign, the Brazilian side were not well-fancied when they travelled to the USA in 1994, yet they managed to win a historic fourth world title.

Teammates Romário and Raí

Now, the story of that victory is told in this Netflix special, featuring behind-the-scenes footage shot by goalkeeper Gilmar Rinaldi and right-back Jorginho, who filmed the team's day-to-day experiences.

ALL THE WAY

The never-before-seen clips appear alongside interviews with stars such as Romário, Dunga and striker Bebeto, who was inspired by the millions of football fans back home.

'When I put on that jersey, I became someone else entirely,' he says. 'Our people are so hard-working and have gone through so much. I thought, "I've got to bring some joy to them."'

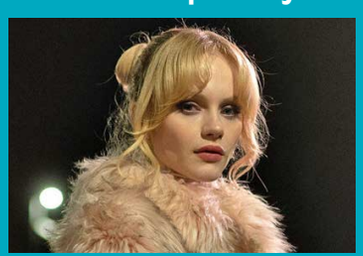
After victories against Cameroon and Russia and a draw with Sweden in the group stages, Brazil defeated hosts USA in the round of 16, then beat the Netherlands and Sweden to secure a place against Italy in the final.

After a goalless draw, it became the first World Cup final to be decided on penalties, with Italy's Roberto Baggio missing the decisive spot kick.

'People still tell me where they were when we won the fourth title,' says midfielder Zinho. 'Everyone has a specific memory attached to that game.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



BBC iPLAYER Mint

BBC1's drama sees Shannon (Emma Laird, above), the sheltered daughter of a Scottish crime family, encounter intriguing stranger Arran (Benjamin Coyle-Larner), but trouble brews when he turns out to be a member of a rival clan.

ITVX The Neighbourhood

ITV1's innovative reality competition, hosted by Graham Norton (above, centre) finds one family's matriarch, Sunita, trying to win over her new neighbours by bringing them a gift of samosas.

BBC iPLAYER Miriam Margolyes Made Me Me

Filming with his phone, director Simon Draper gets up close and personal with Miriam Margolyes on BBC2 as he follows her over two years – even helping her change into a swimming costume.

sky box sets NOW Virgin media Saint-Pierre

In U&Alibi's whodunnit, set on French islands off the Canadian coast, cop Geneviève Archambault (Joséphine Jobert) reluctantly teams up with incoming detective Donny Fitzpatrick (Allan Hawco).

WORDS: CAREN CLARK; NATASHA HOLT; SEAN MARLAND.
PHOTOS: ALAMY; BBC; JOHN CAREY; GETTY; ITV; LITTLE DOT STUDIOS; U&ALIBI; VIRGIN RADIO UK; YOUTUBE

IMAGES: GETTY

ADD £10 GET £50 BINGO BONUS*

WITH CODE BDAY50

New players only. Min dep £10. £50 Bingo Bonus. 4x bingo wagering required. 5 day expiry. 18+ GambleAware. T&Cs apply. chatmagbingo.com/#tnc

JOIN US FOR A MONTH OF SPECIAL OFFERS AND GREAT BINGO TO CELEBRATE OUR 20TH BIRTHDAY!

GAMBLE RESPONSIBLY
Play within your limits

18+ GambleAware
Advice | Tools | Support

Our services facilitated by this website are operated by Broadway Gaming Ireland DF Limited, a company incorporated in the Republic of Ireland. Broadway Gaming Ireland DF Limited is licensed and regulated in Great Britain by the Gambling Commission under the account number 58267.

Pick of the new releases

The best new shows to enjoy this week on streaming services...

Fallen
Sunday 3 May

Fantasy thriller. Lucinda 'Luce' Price (*Amadeus*' Jess Alexander) is sent to the austere Sword & Cross reform facility. There, she finds herself drawn to the enigmatic Daniel Grigori (Gijs Blom), only to discover a love that has spanned centuries and a celestial destiny that places her at the heart of a war between heaven and hell. See feature, page 11.

Welfare Warriors
Holiday Monday

Finnish comedy drama. Anneli Tiainen (Elina Knihtilä) is a service manager at an employment agency whose employees are stressed and burnt out from the pressure of trying to meet impossible performance targets. When Anneli discovers the office is haunted as well as being contaminated with mould, she resorts to increasingly bizarre remedies.

Dr. Seuss's Horton!
Holiday Monday

The second season of the animated series featuring the adventures of cheerful elephant Horton and his best friend Samson, a yellow bird who cannot fly, as they explore the Jungle of Nool, helping neighbours and learning lessons about empathy and friendship.

Shifting Gears
Wednesday 6 May

The first season of the US sitcom starring Tim Allen (*The Santa Clause* and *Toy Story*) as the widowed owner of an auto repair shop whose estranged daughter (*2 Broke Girls*' Kat Dennings) shows up on his doorstep out of the blue with her teenage kids in tow, needing a place to live. Previously shown on Disney+ in 2025.

The Patient
Wednesday 6 May

Psychological thriller. Therapist Alan Strauss (*Rooster*'s Steve Carell) is held prisoner by his new patient Sam Fortner (*The Paper*'s Domhnall Gleeson) – a serial killer wanting help to curb his homicidal urges. Previously shown on Disney+ in 2022.

Worst Ex Ever
Wednesday 6 May

The second season of the US true-crime series explores the dark and destructive turn some relationships take when they end, be it violent kidnappings or murderous vendettas.

Legends
Thursday 7 May

Crime thriller inspired by true events and created by *The Gold*'s Neil Forsyth. As drugs flood the streets of Britain in the 1990s, a small team of customs employees are sent undercover to infiltrate the drug gangs in a top-secret operation. Starring Steve Coogan, *Strike*'s Tom Burke, *The Night Manager*'s Hayley Squires and *Those about to Die*'s Tom Hughes. See feature, page 4.

My Dearest Assassin
Thursday 7 May

Thai action romantic drama. A woman whose rare blood type puts a target on her back finds protection in the arms of the deadly assassin she loves – together, they fight to survive when an old enemy resurfaces.

The Chestnut Man: Hide and Seek
Thursday 7 May

In the second run of the Danish crime drama, detectives Naia Thulin (Danica Curcic) and Mark Hess (Mikkel Boe Følsgaard) reunite to hunt a murderer playing a disturbing game of hide and seek in Copenhagen. As the body count rises, the duo race against time to catch the killer before more lives are lost.

No Place to Be Single
Friday 8 May

Romantic comedy set in the Tuscan town of Belvedere in Chianti. Single mother Elisa (Matilde Gioli) runs the Le Giuggiole estate when Michele (Cristiano Caccamo), a former childhood friend and now a businessman, returns to the town. He has inherited the estate and wants to sell it, while Elisa wants to turn it into a farm, putting the pair on a collision course.

USA 94: Brazil's Return to Glory
Thursday 7 May

Sports documentary about Brazil's fourth World Cup win in 1994, with interviews and previously unseen behind-the-scenes footage shot by the players themselves throughout the tournament. Few fans had faith in the Brazilian team that arrived at the World Cup, but their victory over Italy in the final returned them to glory. See feature, page 17.

Unconditional
Friday 8 May

Israeli thriller. A mother-daughter holiday turns into a nightmare when 23-year-old Gali (Talia Lynne Ronn) is arrested for smuggling drugs in Moscow. Her mother Orna (Liraz Chamami) refuses to accept that her daughter is guilty, but her fight to gain Gali's freedom pulls her into a deadly web of crime, corruption and suspicion.

Ammo
Friday 8 May

Norwegian crime drama from Walter Presents. Bjørn Urdal lands a top job at a Norwegian arms firm, pioneering AI-driven drones for the French military. But as the programme nears completion, he uncovers legal and ethical violations and realises he's been set up to be the fall guy. With lives at risk, Bjørn must decide whether to protect himself or expose the truth.

Remarkably Bright Creatures
Friday 8 May

Drama based on the novel by Shelby Van Pelt. Tova (Sally Field), a caretaker at the local aquarium, forms a bond with one of its inhabitants, Marcellus, a giant Pacific octopus (voiced by Alfred Molina). Helping Tova at the aquarium is Cameron (Lewis Pullman), who is searching for his father. See feature, page 14.

Violent Ends
Friday 8 May

Crime thriller set in the Ozark Mountains. Brought up in a crime family, Lucas Frost (Billy Magnussen) is trying to make a peaceful life of his own with his fiancée. But he is pulled back into the family business when his cousin carries out an armed robbery with brutal consequences. With *Devil in Disguise: John Wayne Gacy*'s James Badge Dale. See review, page 23.

WORDS: JUDY EWENS. PHOTOS: APPLE TV, NETFLIX, PARAMOUNT+, PRIME VIDEO

Documentaries

Bear Grylls and Matthew McConaughey

Bear essentials

Matthew McConaughey joins **Bear Grylls** to tackle a daring cliff-face descent

NEW FACTUAL

Bear Grylls Is Running Wild

Tuesday, 9pm, Sky One

Bear Grylls loves putting Hollywood A-listers through their paces with his perilous adventures around the globe, and he's clearly revelling being back with a new series of *Bear Grylls Is Running Wild* on Sky One, in which he gets to test the mettle of stars like Uma Thurman and Elizabeth Banks.

First up this week, Grylls, 51, whisks Oscar winner Matthew McConaughey to the glacial wilderness of Norway. Best known for films like *Dallas Buyers Club* and *Interstellar*, McConaughey is used to being at the centre of the action. But he's seriously pushed out of his comfort zone with a waterfall ascent, an overnight camp and a meal of reindeer testicle.

McConaughey rappels an 800ft rock face

ICY CHALLENGES

'There's something about being out in Mother Nature that's such a buzz,' McConaughey tells Grylls during the trek. 'I've never been to Norway before, but being out here is one heck of a gift.'

Grylls guides the 56-year-old actor through a remote glacial valley, navigating treacherous terrain and frigid Arctic lakes. Meanwhile, McConaughey opens up about faith, fatherhood and his friendship with his *True Detective* co-star Woody Harrelson.

Norway's icy terrain proves a tough test, especially when Grylls challenges him to rappel down 800ft of pure granite rock – the longest rappel in *Running Wild* history.

'You know you're strapped in, but it's still an abnormal thing to do, so it's about trusting the equipment,' says McConaughey. 'It's true that we usually remember the getaways that are the most adventurous – the ones that don't have the silk sheets or the pina coladas. It wasn't necessarily my comfort zone, but I'll remember the experience.'

Setting up camp

COMING UP

Uma Thurman

Grylls takes the *Pulp Fiction* actor to Eryri (AKA Snowdonia), where they sleep in an old mineshaft and eat the tongue of a dead sheep.

MGK

The American rapper travels to the Norwegian fjords, where the highlight is the pair rappelling off a cliff tied only to a small tree.

Tiffany Haddish

It's a trip to the dramatic desert landscape of Utah for the comedian, as Haddish opens up about being brought up in foster care.

Elizabeth Banks

The *Miniature Wife* star braves freezing lakes and ice floes as Grylls challenges her to trek and rappel across Norway's Folgefonna glacier.

Rhys Darby

The *Our Flag Means Death* actor faces chasms and mountains in Utah as he shares stories about his childhood in New Zealand.

Michelle Monaghan

The White Lotus' Monaghan starts her Utah adventure with a skydive. She also faces tarantulas, snakes and a canyon leap.

Colman Domingo

Grylls takes the *Euphoria* star on an adventure along the Irish Sea coast. But a precarious rappel leaves Domingo fearing for his life.

WORDS: HANNAH DAVIES, NATASHA HOLT, IAN MACEWAN. PHOTOS: ALAMY, BBC, C4, GETTY, SKY. ©2026 PROPAGATE ENTERTAINMENT, LLC

Berlusconi: Condemned to Win

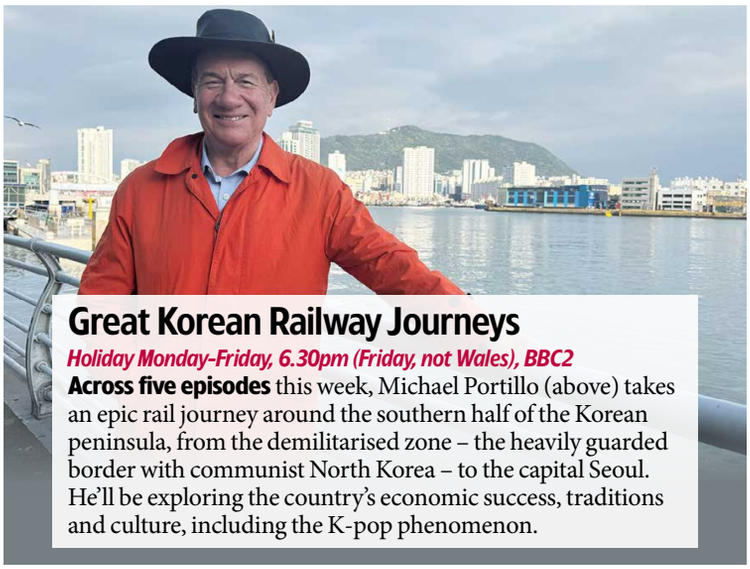
Tue, 10pm, BBC4 (box set, BBC iPlayer)

This three-part profile traces the rise to power of the ex-prime minister of Italy, Silvio Berlusconi (above), who died in 2023. It reveals how the billionaire's ownership of football club AC Milan was the launch pad for a political career that ended in disgrace after a number of accusations of corruption and sex offences.

Escape to Florida

Holiday Monday-Friday, 4pm, C4

A new series following the fortunes of Brits who have started new lives in America's Sunshine State. In the first episode, chef Anthony and wife Mitchelle celebrate his 60th birthday with a gathering of close friends, while Dan (above, with wife Donna) is hoping to become a real-estate agent but needs to pass a notoriously tough exam.



Great Korean Railway Journeys

Holiday Monday-Friday, 6.30pm (Friday, not Wales), BBC2

Across five episodes this week, Michael Portillo (above) takes an epic rail journey around the southern half of the Korean peninsula, from the demilitarised zone – the heavily guarded border with communist North Korea – to the capital Seoul. He'll be exploring the country's economic success, traditions and culture, including the K-pop phenomenon.

Open All Hours: Inside Out

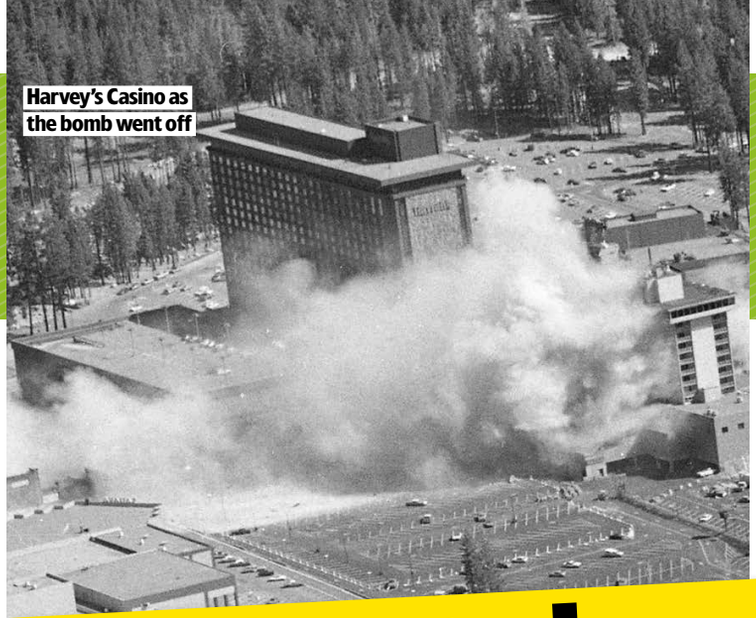
Thursday, 8pm, U&Gold

Marking 50 years since the first broadcast of Roy Clarke's much-loved sitcom, starring Ronnie Barker and Sir David Jason (both above), this two-hour special narrated by Diane Morgan features classic clips and behind-the-scenes moments. There's also a specially written final scene for Jason's hapless Granville.

Our Tiny Islands

Holiday Monday, 9pm, More4

A second series of the travelogue exploring life on some of the UK's many small islands starts with visits to the car-free Channel Island Sark (above) near Guernsey, where the population doubles in the summer season; the Calf of Man off the southwest coast of the larger Isle of Man; Lamb Holm in the Orkneys; and Inishcorkish in Northern Ireland.



Harvey's Casino as the bomb went off

High-stakes HEIST

How a casino was held to ransom by a **vengeful bomb-maker**...

John Birges in cuffs in 1981

NEW FACTUAL

This Is a Bomb: The Nevada Casino Heist

Tuesday, 9.45pm, BBC2 (box set, BBC iPlayer)

On 26 August 1980, a huge bomb disguised as a computer was wheeled into Harvey's Wagon Wheel Casino in Lake Tahoe in Nevada, bearing a note stating that if a $3 million ransom wasn't paid within 24 hours, the bomb would detonate.

'I'd never seen anything so sinister in my life,' recalls Michael Rowe, former district attorney. 'It was absolutely terrifying.'

This three-part series shows how the story unfolded, as the FBI raced against the clock to track down the extortionists.

REVENGE PLOT

It turned out that the bomb was built by 'Big John' Birges, then 59, who had lost everything gambling at the casino and wanted revenge.

Birges was a violent and abusive father and he forced his sons, John Jr and Jim, to help him build the tamper-proof device, which was packed with 1,000lb of dynamite, and carry out his plan.

'He continually told us we were worthless, and whatever choices I've made in my life were based on getting [my father's] approval,' admits Jim, who was just 19 at the time. 'It's a twisted form of love. I was trying to please him by going along with this plan and trying to get his affirmation by potentially killing people. The guy was pure evil.'

As the FBI tried to dismantle the bomb, the device was triggered, and the resulting explosion obliterated the building, but, thankfully, with no casualties.

PAYING THE PRICE

It wasn't until a year later that the family was arrested, following a tip-off from a hotel owner who had rented Birges and his sons a room on the night the bomb was planted. While his sons were granted immunity for testifying against him, Birges was handed a life sentence in 1982. He died in 1996, aged 74.

'It was a relief to the family,' says Kirk Ledbetter, grandson of the casino owner, Harvey Gross. 'Even to this day, it's scary processing the damage that was done to the community and my grandfather.'

Film... of this

MOVIE OF THE WEEK

HOPPERS

Pixar Studio scores a bullseye yet again in this hilarious, madcap thrill ride

ANIMATION

From Tuesday, buy or rent from digital stores, including Sky Store and Prime Video ★★★★

Pixar's eco-friendly animated action comedy *Hoppers* has a set-up that is so fantastically contrived you would think it couldn't possibly work, but thanks to the studio's magic touch it turns out to be a zippy madcap delight. Even so, the script has to do some heavy lifting before the story can take off. The film's heroine is 19-year-old animal-rights activist Mabel (voiced by Piper Curda) and she is determined to prevent her town's oily mayor (Jon Hamm) from destroying the forest glade she has loved since childhood.

Preventing the mayor from putting a road through the glade seems an impossible task until she comes across some bonkers tech invented by her university professor (Kathy Najimy) that allows humans to communicate with animals after 'hopping' their consciousness into a lifelike robotic animal.

With her mind now inhabiting a robot beaver, Mabel attempts to rally the local animals – headed by amiable beaver leader King George (Bobby Moynihan) – to save their habitat.

The plot just gets crazier, reaching peak daffiness with the sight of beaver-Mabel and the mayor careering along a mountain pass in a car, trying to evade being 'squished' by a flying great white shark named Diane. Somehow, thanks to lively animation, good gags and plenty of laughs and heart from the voice cast (listen out, too, for Meryl Streep as an imperious insect queen), *Hoppers* stays on the road. 2026, PG, 104MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY, KIRA SUTTON

More premieres and Day by Day planner ›››

week's Best Movies

BIOPIC

Don't Let's Go to the Dogs Tonight

Sunday, 6.30am & 2.40pm, Sky Premiere ★★★★

It's 1980 in Zimbabwe (or Rhodesia, as it then was) and the country is in turmoil, as the white minority starts to lose its grip on power. Caught up in this is the white farming family of seven-year-old Bobo (a simply extraordinary Lexi Venter), whose erratic, habitually drunken mother (Embeth Davidtz, who also directs) is in denial about the reality around her. Seen through the eyes of the smoking, beer-swilling, virtually feral Bobo, this fascinating, utterly engrossing film, based on Alexandra Fuller's hit memoir, highlights the fear – shown most starkly by Lexi's mum snuggling in bed with a submachine gun – as well as the endemic racism of the white farmers. Davidtz has made a superb, clear-eyed film about a deeply troubling time. 2024, 15, 99MIN

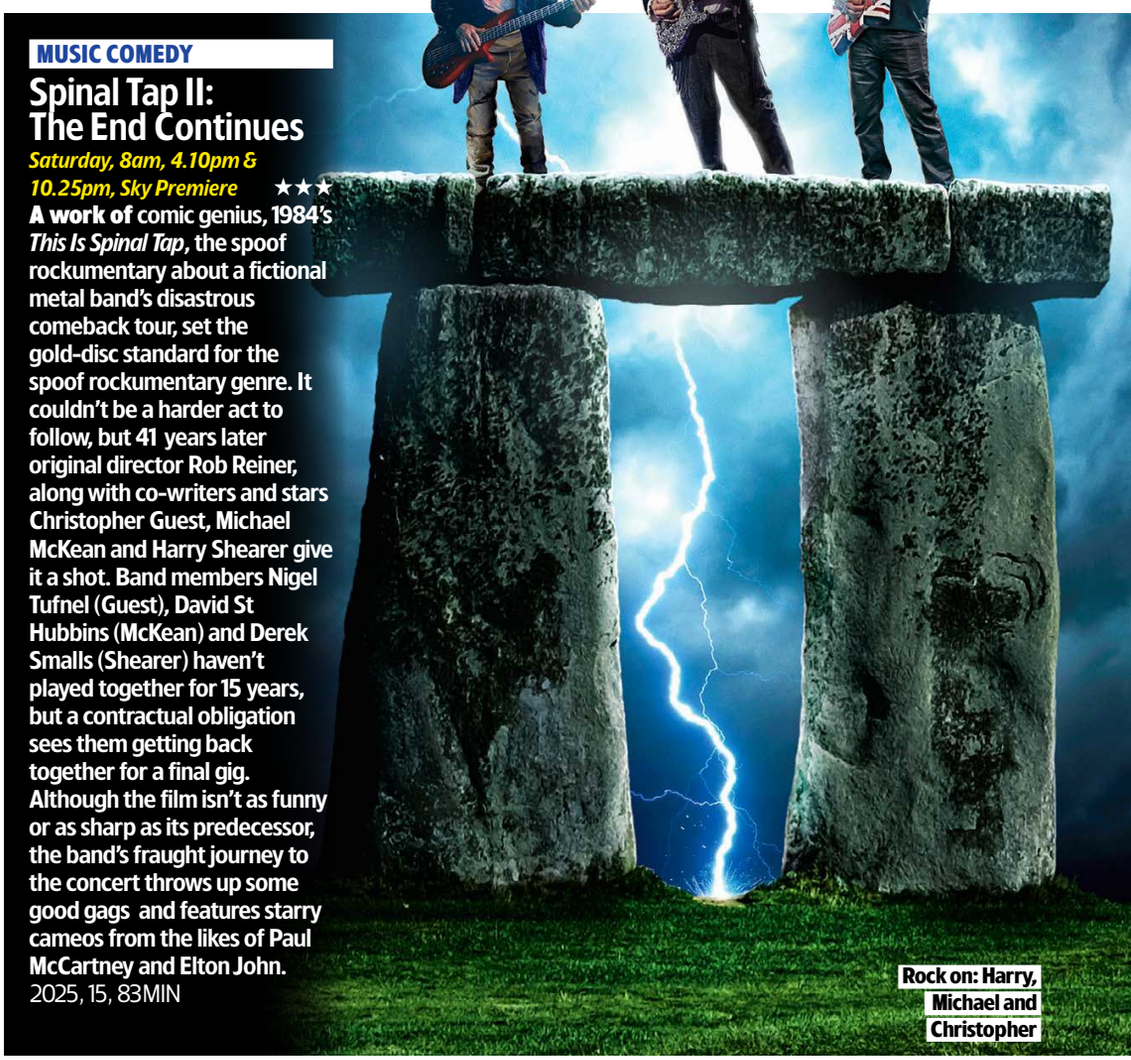
Real wild child: Lexi

MUSIC COMEDY

Spinal Tap II: The End Continues

Saturday, 8am, 4.10pm & 10.25pm, Sky Premiere ★★★

A work of comic genius, 1984's *This Is Spinal Tap*, the spoof rockumentary about a fictional metal band's disastrous comeback tour, set the gold-disc standard for the spoof rockumentary genre. It couldn't be a harder act to follow, but 41 years later original director Rob Reiner, along with co-writers and stars Christopher Guest, Michael McKean and Harry Shearer give it a shot. Band members Nigel Tufnel (Guest), David St Hubbins (McKean) and Derek Smalls (Shearer) haven't played together for 15 years, but a contractual obligation sees them getting back together for a final gig. Although the film isn't as funny or as sharp as its predecessor, the band's fraught journey to the concert throws up some good gags and features starry cameos from the likes of Paul McCartney and Elton John. 2025, 15, 83MIN



Rock on: Harry, Michael and Christopher

Hang on: Charlize

THRILLER

Apex

Available now, Netflix ★★★★

Grief, isolation and constant danger drive this tense survival thriller set in the Australian outback. Charlize Theron delivers a powerful performance as a recently widowed woman who heads into the remote landscape in search of solitude – only to find herself pursued after a chance encounter with Taron Egerton's mysterious stranger. Egerton is terrific in this darker role, bringing an unpredictable edge to his grinning, unhinged serial killer. The cinematography makes full use of the unforgiving location, becoming part of the danger itself in this gripping, well-crafted thriller. 2026, 15, 95MIN

Blood feud: Billy and Ray

CRIME DRAMA

Violent Ends

From Friday, Paramount+ ★★★

A grim and grimy tale of a family that runs a drug empire out in the wilds of Arkansas, this follows one member of the clan, played by Billy Magnussen, who wants nothing to do with the business, attempting to leave it all behind with his bride-to-be Alexandra Shipp. But tragic events pull him back in, leading him to a face off with his cruel, sadistic cousin (a superbly venomous James Badge Dale), as well as Magnussen's uncle (Ray McKinnon). Although uneven and treading a wellworn trail, this incredibly brutal, blood-soaked movie does deliver some excellent performances and standout moments. 2025, 15, 112MIN

Films

Heirs and graces: Hugh leads the family

PERIOD DRAMA

Downton Abbey: The Grand Finale

Friday, 7.55am & 8pm, Sky Premiere ★★★★

The final curtain comes down on Julian Fellowes' long-running and much-loved TV series with this typically sedate and well-staged last film spin-off. Having followed the aristocratic adventures of the Crawley family, and the below-stairs staff who keep their stately home in Yorkshire running, since before World War One, this last act sees Hugh Bonneville's Lord Robert Crawley, aka the Earl of Grantham, facing big changes as the 1930s arrive.

But just as he is contemplating handing over the running of Downton to his daughter Lady Mary (Michelle Dockery), she faces social pariahdom when her divorce becomes public. Should he stay to steady the ship, or should he make way for his forward-thinking heir?

That's the main dilemma in a plot which concentrates on the drawing-room dramas and lavish social events that made the series such a success. All about celebrating a bygone era when people knew their place, *Downton* is nothing if not nostalgic and while the late Maggie Smith's acid wit is missed, it's enjoyable to see how the story plays out for the cast of regulars, while Paul Giametti, Alessandro Nivolo and Dominic West have fun making mischief in the supporting cast. All in all, a fitting farewell to a British TV institution. 2025, PG, 124MIN

Hidden gems Great movies you might have missed...

BIOPIC

Coco Before Chanel

STUDIOCANAL Presents ★★★★

Audrey Tautou is perfectly cast as the young Gabrielle 'Coco' Chanel in this beautiful biopic of the legendary fashion designer's pre-fame life in early-20th-century France. When Coco's dreams of a stage career are thwarted, the seamstress moves in with wealthy Étienne Balsan (Benoît Poelvoorde) who is charmed by the stubborn young ingénue, and soon she's drawing the eyes of society with her unique style. A touching and fascinating true story. Subtitled. 2009, 12, 110MIN

COMEDY

Days of the Bagnold Summer

Prime Video ★★★★

The Inbetweeners' **Simon Bird graduated to film director with this poignant and wryly funny adaptation of Joff Winterhart's 2012 graphic novel. Earl (son of Nick) Cave stars as a 15-year-old metalhead who's distraught at having to spend summer with his cloying mum (Monica Dolan). Bird's off-kilter comic sensibility and precise framing give this coming-of-ager a transatlantic feel, while Dolan and Cave are superb.** 2019, 12, 86MIN

COMEDY DRAMA

20th Century Women

Netflix ★★★★

A re-imagining of writer-director Mike Mills' teen years in late-1970s California, this comedy drama centres on a bohemian, ramshackle household in Santa Barbara where Annette Bening's single mum is raising her son (Lucas Jade Zumann). She's sometimes baffled by him, but always open-hearted and open-minded. Greta Gerwig and Elle Fanning also star in a funny, charming film that's a well-acted portrait of a fascinating woman and of an era. 2016, 15, 118MIN

Saturday 2 May

CRIME COMEDY

One Battle After Another

8pm, Sky Drama & HBO Max ★★★★★

Sex ●●● Violence ●●● Language ●●●

This biting political satire, juggling gripping action, moments of farcical comedy and a prescient view of where the US could be heading, is simply stunning. At the heart of Paul Thomas Anderson's Oscar-winning movie is Leonardo DiCaprio's washed-up revolutionary, Bob, who has been living off the grid for 16 years, tenderly raising his daughter Willa (Chase Infiniti) alone after his erstwhile comrades in arms were captured or killed, or went even deeper underground. But when his old enemy, Sean Penn's sinister, unhinged military officer Steven Lockjaw, targets Willa, Bob must get his act together to protect her. 2025, 15, 162MIN

Driving force: Leonardo

FAMILY COMEDY

Harold and the Purple Crayon

Starts today, Netflix ★★★

Sex ●●● Violence ●●● Language ●●●

In this amusing film of the much-loved picture book of the same name, anything that Harold (Zachary Levi) draws with his magic crayon becomes real, much to the delight of his newfound young friend, Mel (Benjamin Bottani). Director Carlos Saldanha's big-hearted, slickly put together mix of live action and animation entertains the whole family without outstaying its welcome, and delivers its uncomplicated messages without too much sentimentality. Colourful, chaotic, kid-friendly fun. 2024, PG, 90MIN

DRAMA

Moneyball

3.35pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Brad Pitt stars as baseball maverick Billy Beane in this enthralling true-story sports drama. General manager of the hard-up Oakland A's, he's sick of seeing his team lose to richer rivals. He needs a new strategy – and finds it in the unlikely form of Jonah Hill's genius Peter Brand, whose grasp of statistics enables Beane to turn their fortunes around. With the main action taking place off the field, Pitt and the rest of the cast, including Philip Seymour Hoffman as the A's stubborn coach, take the film's smart script and knock the ball right out of the park. 2011, 12, 133MIN

SCI-FI

Dune

8pm, ITV2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Denis Villeneuve's star-studded sci-fi (Timothée Chalamet, Oscar Isaac, Rebecca Ferguson and Jason Momoa are just some of the big names), based on the first half of Frank Herbert's lauded tome, is jaw-dropping. The year is 10191 and the action takes place on Arrakis, a sparse planet with behemoth sandworms ready to attack – but it's also the source of powerful drug spice, the most valuable substance in the universe. The plot is absorbing, but it's the world-building that really blows your mind, with astounding visual effects, costumes and production design. 2021, 12, 149MIN

ADVENTURE

Beast

9pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Idris Elba takes his daughters (Iyana Halley and Leah Jeffries) to the African savanna where their late mother once took captivating photos. 'It's the law of the jungle,' remarks Sharlto Copley's game warden. 'It's only the lion that matters out here.' Elba discovers how true that is after poachers agitate a pride and one lion goes ballistic, killing whoever crosses its path. The final confrontation turns silly, which is a shame as until then this had the makings of a jungle classic. 2022, 15, 93MIN

■ Full listings start on **p35**

Sunday 3 May

WAR DRAMA

1917

10pm, BBC2 (11.30pm Northern Ireland) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Filmed as if one continuous shot, director Sam Mendes' remarkable film (inspired by his grandfather's tales of his experiences during World War One) plunges us into the heat of the action as two British soldiers (George MacKay and Dean-Charles Chapman) undertake a treacherous, against-the-odds mission through no-man's land to deliver a message that will stop their comrades, including Chapman's own brother, from falling into a German trap. It's a staggering technical feat and a thrillingly immersive movie with moments of knuckle-whitening tension that vividly brings home the horrors of the Western Front. 2019, 15, 119MIN

Line of fire: George

ACTION THRILLER

The Killer

On now, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

Renowned Hong Kong director John Woo remakes his 1989 actioner and it's a full-blown balletic gunplay tour-de-force, a riot of ridiculous set pieces with enough twists to make it a standout in its own right. Here, Nathalie Emmanuel is the assassin with a strict moral code, while her adversary is laconic cop Omar Sy. In Paris, they cross paths before uniting in an almighty showdown in an abandoned church that highlights Woo's masterful touch with gloriously violent, brilliantly choreographed action. A welcome blast from the past redone with panache. 2024, 15, 126MIN

ANIMATION

Trolls World Tour

10.30am, BBC1 (3.35pm Scot) ★★★

Sex ●●● Violence ●●● Language ●●●

Those unstoppably cheerful creatures with the sticky-up hair return for another colourful musical adventure. This time, Anna Kendrick's perky Poppy and Justin Timberlake's droopy Branch set out to unify six Troll tribes with very different musical tastes. Alas, Queen Barb (Rachel Bloom), brash leader of the Rock trolls, wants to stamp out all other forms of music. The whistlestop tour takes in sing-a-long moments and amusing scrapes for little ones, as well as some neat in-jokes for older viewers – just wait for conductor Gustavo Dudamel, as Trollzart. 2020, U, 91MIN

ROMCOM

Runaway Bride

3.45pm, 5 ★★★

Sex ●●● Violence ●●● Language ●●●

Nine years on from *Pretty Woman*, the same team (Julia Roberts, Richard Gere and director Garry Marshall) reunite for this slick, lightweight romcom. Gere's journalist gets the sack after writing about Roberts, a woman who keeps jilting her fiancés at the altar. So he decides to pay her a visit... The skilful stars milk plenty of laughs from the script as the inevitable happens, while there are also fine performances from Rita Wilson, as Gere's boss and ex-wife, Joan Cusack, as Roberts' pal, and Laurie Metcalf, as an eccentric baker. 1999, PG, 116MIN

ACTION

Bullet Train

10.05pm, Sky Action ★★★★

Sex ●●● Violence ●●● Language ●●●

Brad Pitt is a hoot as a hitman given an apparently simple job – hop on Japan's fastest moving train and steal a briefcase. Naturally, it turns out to be a lot more complicated with a heap of shifty types (including Joey King, Brian Tyree Henry, Aaron Taylor-Johnson and Andrew Koji) also on board... The story, which goes off the rails with its twists and turns, is a bit flabby, but director David Leitch has a ball with his explosive mix of comedy, violence and hilariously disposable A-list cast. 2022, 15, 127MIN

■ Full listings start on **p45**

Weekday movies over page

Holiday Monday 4 May

SUPERHERO

Superman

8pm, Sky Action & HBO Max ★★★★

Sex ●●● Violence ●●● Language ●●●

The latest reboot for the iconic superhero skips all the familiar origins stuff and throws us in the midst of the plot. It's a daring choice by writer-director James Gunn but works very well. Battered by his first defeat, Superman (David Corenswet) needs to get his strength back to tackle a storm of media hatred stoked by Nicholas Hoult's billionaire Lex Luthor. Rachel Brosnahan makes a delightful Lois Lane and her flirtatious play with Superman/Clark Kent is wonderful in a thoroughly entertaining movie. 2025, 12, 129MIN

Frozen out: David

CLASSIC COMEDY

Whisky Galore!

10.20am, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

A ship laden with whisky runs aground on a Scottish island in 1943, so the enterprising locals (including James Robertson Justice, Joan Greenwood, John Gregson and Gordon Jackson) set about 'rescuing' the precious cargo, while English Home Guard officer Basil Radford tries to uphold the law. Loosely based on a true story, this is one of the funniest Ealing comedies that benefits greatly from location filming on the island of Barra. 1949, U, 80MIN

FAMILY ADVENTURE

The Kid Who Would Be King

11.55am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

With affectionate nods to *The Goonies* and *E.T.*, director Joe Cornish channels the zesty spirit of 1980s kids movies with this old-style fantasy adventure. Louis Ashbourne Serkis plays a plucky London schoolboy who discovers he is King Arthur's fabled heir and forms a band of knights to take on Rebecca Ferguson's wicked magician. Patrick Stewart enjoys himself as sorcerer Merlin. 2019, PG, 120MIN

WAR DRAMA

Gallipoli

2.45pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

Idealistic Australians Mel Gibson and Mark Lee are champion runners who join the Australia New Zealand Army Corps to fight the Turks in World War One, but face up to the harrowing reality of war and the horrifying ineptitude of British officers in 1915 Gallipoli. Gibson gives a standout early performance, while this powerful and moving drama was the passport to Hollywood for director Peter Weir. 1981, PG, 111MIN

DRAMA

The Great Escaper

10pm, BBC1 (10.30pm NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

Michael Caine's Bernie Jordan breaks out of his care home to attend the 70th anniversary D-Day commemorations in France, seeking closure for wartime traumas. A heartfelt true-story drama, this film is given heft by Caine's canny performance, while Glenda Jackson is equally superb in her final role as Bernie's frail wife Irene. 2023, 12, 96MIN

■ Full listings start on p55

Tuesday 5 May

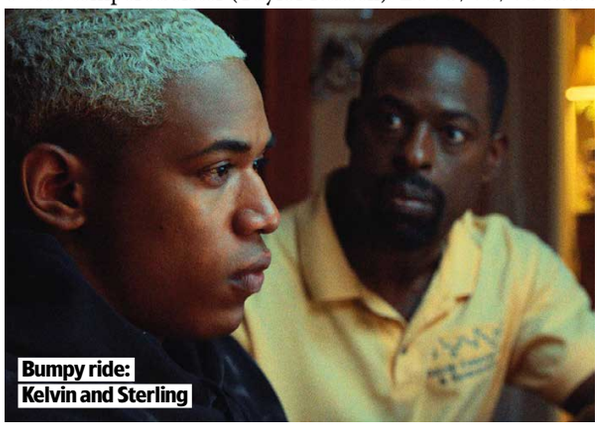
DRAMA

Waves

12.30am, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

A successful black family is hit by tragedy in a stunningly acted, gorgeously filmed drama, and writer-director Trey Edward Shults ensures we are fully immersed in their roiling emotions. Set in sunny Florida, it's a film of two halves and two teen protagonists. At first, the focus is on outwardly happy Kelvin Harrison Jr who, pushed by his domineering dad (Sterling K Brown), is raging inside. Then comes the event on which the film hinges and attention switches to his sweet-tempered sister (Taylor Russell). 2019, 15, 136MIN



Bumpy ride: Kelvin and Sterling

MONSTER MOVIE

Beast of War

8.55am, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

What starts as a traditional war movie – recruits bonding and fighting at a training camp in 1942 Australia – switches to something terrifying as the new soldiers (including Mark Coles Smith, Joel Nankervis and Sam Delich) cling to a raft in the Timor Sea after their ship is sunk. Then a great white shark starts picking them off... Stylish and inventive, this cracking movie is a gripping, visceral experience. 2025, 15, 87MIN

COMEDY

Adulthood

10.50am, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

After their mother has a stroke, two fractious siblings, slobbish Josh Gad and harried Kaya Scodelario, are reunited. But they're horrified to discover a body buried in the basement of their childhood home, while their efforts to conceal this literal family skeleton quickly get out of control. The stars are terrific and, if the plot goes a little off the rails, there is plenty of dark fun in this biting black comedy. 2025, 15, 97MIN

THRILLER

The Silence of the Lambs

11.40pm, BBC1 (12.10am NI, Scot) ★★★★★

Sex ●●● Violence ●●● Language ●●●

This lip-smacking version of Thomas Harris' novel presents us with one of cinema's most memorable carnivores. Despite minimal screen time, Anthony Hopkins' gleaming portrayal of psychiatrist-turned-serial killer Hannibal Lecter dominates this grisly thriller and earned him an Oscar. Jodie Foster was also rewarded for her compelling turn as rookie FBI agent Clarice Starling. 1990, 18, 119MIN

ACTION COMEDY

Polite Society

11.50pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Schoolgirl and wannabe stunt performer Priya Kansara takes wild steps to torpedo the nuptials of her idolised elder sister (Ritu Arya) who has fallen suspiciously rapidly for a rich doctor (Akshay Khanna). Mashing up Jackie Chan-style combat and high-school comedy with Bollywood spectacle, this exuberant British comedy is an inventive charm bomb. 2023, 12, 100MIN

■ Full listings start on p65

Wednesday

ACTION

Nobody 2

9.35am & 10.20pm, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

Bob Odenkirk reprises his role as meek suburban dad and ex-government assassin Hutch – and watching his unlikely action man go ballistic again is a blast. Hutch takes his family away to a tacky amusement park

Get away: Connie and Bob

DRAMA

I Saw the TV Glow

On now, Netflix ★★★

Sex ●●● Violence ●●● Language ●●●

A perplexing drama that's heavy on gorgeous visuals but light on story structure, this tale set in a 1990s US suburb follows two lost, guarded teens (Justice Smith and Brigette Lundy-Paine) who bond over a TV show, *The Pink Opaque* (think *Buffy the Vampire Slayer*), which builds to obsession. Taking in gender identity, nonconformity and compulsive behaviour, this film is certainly interesting, but lacks emotional heft. Starts 30 April. 2024, 15, 100MIN

DRAMA

Daddio

11.45pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

A superb two-hander, this drama sees actors showing just how good they are at their craft. Dakota Johnson jumps into Sean Penn's cab at JFK airport to go home in New York, and over the journey they begin a conversation about their increasingly problematic relationships. Writer-director Christy Hall creates a thoughtful, intelligent, engrossing – and surprisingly gritty – drama that's so good you won't want the trip to end. 2023, 15, 100MIN

6 May

he visited as a child, only to run into trouble after a local picks on his teen son. Things quickly escalate when it turns out the park is a key part of a criminal empire run by psychopath Lendina (Sharon Stone). Connie Nielsen, Christopher Lloyd and RZA also get in on the action, but the film belongs to the hilariously deadpan Odenkirk. 2025, 15, 89MIN

DRAMA

The Hate U Give

12.30am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Amandla Stenberg plays a 16-year old who is adept at navigating the social divide between her poor, mostly black home neighbourhood and the rich, elite, mostly white school she attends. But her two worlds collide when she witnesses the fatal shooting of her childhood best friend at the hands of the police. Based on the bestseller by Angie Thomas and anchored by Stenberg's compelling turn, this is a passionate, powerful drama. 2018, 12, 133MIN

CRIME COMEDY

Pixie

1.50am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Ireland's west coast provides a beautiful backdrop in this rollicking caper starring Olivia Cooke as Sligo schemer Pixie. She's out to avenge her mother's death, which pitches her against murderous gangsters and a deadly cabal of drug-dealing priests. Ben Hardy and Daryl McCormack are also roped into the action as the bodies and laughs pile up. 2020, 15, 93MIN

■ Full listings start on **p75**

Thursday 7 May

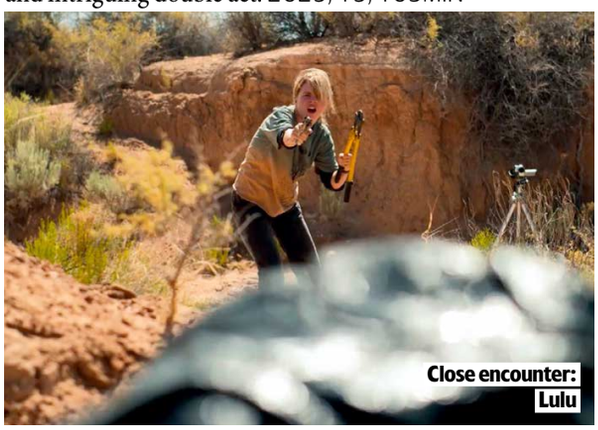
SCI-FI ADVENTURE

Xeno

6.15am, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

Think of *E.T.* but with teeth and you have a decent handle on *Xeno*, as a lonely 15-year-old (Lulu Wilson) discovers and bonds with a monstrous, deadly alien out in the New Mexico desert, trying to shield it from government forces (personified by a zealous Omari Hardwick). Wilson is superb, holding together this tonally inconsistent drama, helped by a beast created entirely by practical effects (refreshingly no CGI here). The pair make for an engaging and intriguing double act. 2025, 15, 103MIN



Close encounter: Lulu

THRILLER

Paycheck

9.50am, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Highly entertaining and crammed full of thrilling action, John Woo's clever thriller stars Ben Affleck as a computer genius who agrees to have his memory erased in return for a whopping $92million pay day after working on a secret project. But instead of getting the money, he's targeted by killers and runs for his life with only an envelope of cryptic clues and scientist Uma Thurman to help him. 2003, 12, 119MIN

DRAMA

How to Have Sex

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Best friends Enva Lewis, Lara Peake and Mia Mckenna-Bruce head off for a Mediterranean getaway in this vividly shot, sharp-eyed drama that explores the pitfalls as well as the pleasures of teen-holiday hook-ups. Shaun Thomas and Samuel Bottomley are the northern likely lads who the girls meet, forming cracks in the friendship, while Mckenna-Bruce finds herself swept into a night or two of bad choices and tough truths. 2023, 15, 91MIN

SUPERHERO

Batman Begins

10.45pm, ITV1 (11.10pm STV, not Wales) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Christopher Nolan's brooding take on Batman's early years is a visually stunning spectacle. Christian Bale is just right as Bruce Wayne and the film has exceptional fun explaining the origins of the Bat Cave, Batmobile and the cowl, cape and utility belt. Cillian Murphy is the scary Scarecrow, while Gary Oldman, Michael Caine, Liam Neeson and Morgan Freeman excel in support. Also on Saturday. 2005, 12, 140MIN

COMEDY

Old Boys

1.30am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Set in a 1980s public school, this fresh and funny take on *Cyrano de Bergerac* finds an awkward teen (Alex Lawther) helping the school's sporting hero (Jonah Hauer-King) woo the new French teacher's intimidatingly cool daughter (Pauline Etienne) – even though he's in love with her himself. Charming and silly, the film revels in its bizarre satirical humour. 2018, 12, 95MIN

■ Full listings start on **p85**

Friday 8 May

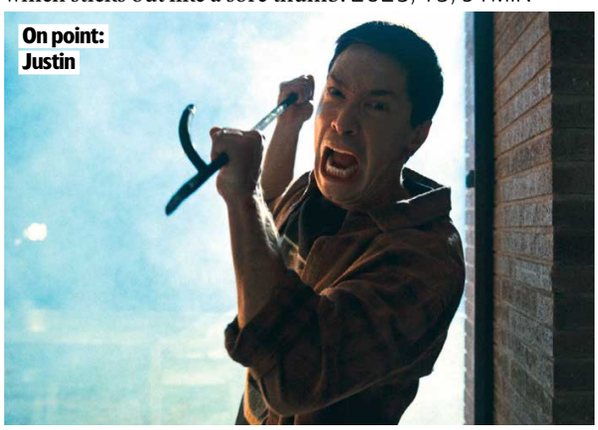
COMEDY HORROR

Coyotes

9.30am, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

With nature out to get them, couple Justin Long and Kate Bosworth, along with teen daughter Mila Harris and 'lady of the night' Brittany Allen, become prey when a pack of killer coyotes breaks into their flash home in the Hollywood hills. It's a simple movie with a host of OTT side-characters (let's just call them what they are: snacks) and a line in comedy, which for the most part works perfectly well. What is egregious, however, is the use of AI to create the coyotes, which sticks out like a sore thumb. 2025, 15, 91MIN



On point: Justin

DRAMA

Karate Kid: Legends

6pm, Sky Family ★★★

Sex ●●● Violence ●●● Language ●●●

In China, skilled martial-arts student Ben Wang is mentored by kindly Jackie Chan. Then he's uprooted to New York where, naturally, there's a bully (Aramis Knight) waiting for his comeuppance... There is a lot on the boil in director Jonathan Entwhistle's overstuffed yarn, before we get down to the fighting, but it's very enjoyable. Wang is appealing, Chan twinkles and original karate kid Ralph Macchio makes a welcome return, too. 2025, 12, 94MIN

ROMCOM

Knocked Up

11.25pm, BBC1 (11.45pm Wls, 12.15am Scot, not NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

Katherine Heigl's up-and-coming TV presenter finds herself pregnant after a one-night stand with Seth Rogen's slacker. While he steels himself to accept parenthood, she frets about the impact on her career. Can it lead to a happy ending? There are laughs galore in Judd Apatow's marvellously warm-hearted, often hysterically funny mix of quirky romcom and gross-out comedy. 2007, 15, 129MIN

COMEDY

Good Boys

1.05am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

This sweary comedy finds three innocent 12-year-old boys (Jacob Tremblay, Keith L Williams and Brady Noon) getting into a series of surprisingly raunchy scrapes after a mishap with a grown-up's drone. The best friends skip school to put things right, but their mission turns into a series of wild escapades involving stolen drugs, misidentified sex toys and pursuit by a pair of livid teenage girls. 2019, 15, 90MIN

COMEDY

Submarine

1.40am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A delightfully quirky comedy, this is the writing-directing debut of Richard Ayoade. In 1980s Wales, Craig Roberts is a fretful 15-year-old worrying about his parents – and his own love life. While he hopes to get close to Yasmin Paige, his mum (Sally Hawkins) dallies with a New Age guru (a hilarious Paddy Considine) as his dad (Noah Taylor) sinks into depression. 2010, 15, 97MIN

■ Full listings start on **p95**

Sport week

Your **ultimate guide** to the best of the week's live action

Riders pass the Colosseum in Rome

Giro d'Italia

The first **Grand Tour** of the season heads towards Rome

LIVE **CYCLING**

From Friday, TNT Sports 3

British cycling enjoyed one of its greatest successes of recent years at the 2025 Giro d'Italia when Simon Yates won the prestigious road race for the first time.

After making a sensational finish, overhauling Mexican Isaac del Toro in dramatic fashion on the penultimate stage, Yates became just the third Brit to win the competition after Chris Froome in 2018 and Tao Geoghegan Hart in 2020.

The Bury-born cyclist won't be defending his title after making a shock decision to retire from the sport, but the Grand Tour still boasts several big names who will be battling it out for the famous pink jersey.

LEADING THE PACK

Simon's twin brother Adam Yates will be among those taking part, this time carrying out support duties for his UAE Team Emirates colleague João Almeida of Portugal.

'I talk to my brother every day. We're super close,' says Adam. 'Simon is enjoying life and things he couldn't do when he was a cyclist. It's a new way of life for him, but I can continue for another five or six years.'

Race favourite Jonas Vingegaard

In the absence of Slovenia's formidable Tadej Pogačar, Team Visma's Jonas Vingegaard starts as favourite. After victories in the Tour de France (2022 and 2023) and Vuelta a España (2025), the Danish rider will be aiming to complete a hat-trick of the three Grand Tours in his first appearance at the Giro.

'I've never done the Giro before and now the time has come,' he says. 'This year, they have designed a great course. It's perhaps not as demanding as in recent years, which makes combining the Giro and the Tour de France a favourable option. I have already won in France and Spain. Now I want to do the same in Italy. I would love to add the pink jersey to my collection.'

WORDS: RICHARD MCCLURE. PHOTOS: GETTY

THE MAIN EVENT

THE ROUTE

The 109th edition of the three-week Giro d'Italia starts on Friday, with the Grande Partenza taking place in Bulgaria for the first time. The country's three stages feature a sprinter-friendly opening leg along the shores of the Black Sea, a hillier second stage, and a third stage that descends into the capital, Sofia.

That's followed by 17 stages in Italy, including scenic stretches along the Naples seafront, and one in Switzerland on 26 May, before finishing with a nine-lap circuit around central Rome on 31 May. Along the way, the riders will cover 3,459km, including seven summit finishes and a single time trial.

2025 winner Simon Yates

Villa star Ollie Watkins

LIVE FOOTBALL

Aston Villa v Nottingham Forest

Thursday, kick-off 8pm, TNT Sports 1

Aston Villa boss Unai Emery is something of a specialist when it comes to the Europa League, lifting the trophy on four occasions with Sevilla (three times) and Villarreal (once) and finishing as runner-up when at Arsenal. The Spanish coach will have his sights on a fifth triumph when his side host Nottingham Forest in the second leg of this all-English semi-final, a tie that sees Villa striker Ollie Watkins come up against England colleague Elliot Anderson. But who will make it through to play Braga or SC Freiburg in the final in Istanbul on 20 May? In this week's other European semi-final second legs, Arsenal women travel to Lyon (Saturday, 2pm, BBC2 (not N Ireland) & Disney+) and Arsenal men host Atlético Madrid (Tuesday, 8pm, Prime Video) in the Champions League, while Crystal Palace entertain Shakhtar Donetsk at Selhurst Park in the Conference League (Thursday, 8pm, TNT Sports 2).

Henry Arundell

LIVE RUGBY UNION

European Champions Cup

Saturday & Sunday, kick-offs 3pm, Premier Sports 1

Four-time winners Leinster will want to make the most of home advantage when coach Leo Cullen's men tackle an inconsistent Toulon at the Aviva Stadium on Saturday in the first of the Champions Cup semi-finals. The following day, Finn Russell and Henry Arundell will need to be at their best when Prem champions Bath travel to holders Bordeaux Bègles, who saw off fellow Top 14 side Toulouse at the quarter-final stage.

Zhao Xintong won in 2025

LIVE SNOOKER

World Championship Final

Sun & Hol Mon, BBC1, BBC2, TNT Sports 1 & TNT Sports 3

It's been a memorable tournament at the Crucible Theatre in Sheffield, including a moving tribute to former player and BBC commentator John Virgo, and the debut of teenager Stan Moody who made a valiant effort against former champion Kyren Wilson in the first round. The final is played over the best of 35 frames on Sunday and Holiday Monday with the winner receiving a cheque for £500,000. Last year, China's Zhao Xintong claimed his first world title, defeating three-time winner Mark Williams, the oldest player to ever reach the final.

Kimi Antonelli

LIVE MOTORSPORT

F1: Miami Grand Prix

Sun, race starts 9pm, Sky Sports F1 & Sky Sports Main Event

After the cancellation of the Bahrain and Saudi Arabia GPs, F1 roars back to the Miami track on Sunday with Mercedes' Kimi Antonelli leading the standings from teammate George Russell after three rounds. With four-time champion Max Verstappen among those expressing concerns about engine regulations, F1 bosses will use Miami to trial tweaks to the rules.

Sport A-Z and football planner »»

HOW TO STREAM TV

Everything you need to know about all the channels available to stream...

Free to watch

BBC iPlayer

A free video-on-demand service from the BBC, featuring BBC dramas including *Luther*, *Doctor Who* and *Line of Duty*, as well as hits including *The Responder* and *This City Is Ours*. There are many comedies, too, from *Not Going Out* to *Ghosts* and *Mrs. Brown's Boys*, plus all episodes of *The Traitors* and *Race Across the World*. You can also watch BBC channels live. It's available online and on devices including mobile phones, tablets and smart TVs.

ITVX

This free streaming channel is the home for all ITV shows, films and much more – from drama box sets such as *Trigger Point* to *Love Island* episodes and James Bond movies. It can be accessed on smart TVs and an app to download. You can upgrade to ITVX Premium for an extra fee for even more content and ad-free viewing.

Channel 4 Streaming

A free streaming channel for all C4 content, this is home to shows from *Location, Location, Location* to *Celebrity Gogglebox*, plus a huge selection of true-crime series and documentaries, including *24 Hours in A&E*, as well as box-set comedies such as *Friday Night Dinner*, *Peep Show* and *Derry Girls*. You can access online via channel4.com, your smart TV or an app download. An upgrade to Channel 4+ for an extra fee also gives you more shows, early access and ad-free viewing.

5 Streaming

A free video-on-demand service from 5 that features bingeable box sets of American shows such as *Dexter* and *The Good Wife*, plus top British dramas including *All Creatures Great & Small*. There's also a huge selection of police documentaries, from *Traffic Cops* to *Police Interceptors*, plus kids' shows from *Peppa Pig* to *Paw Patrol*. The service is available on smart TVs and streaming devices via channel5.com and the app.

U

The free streaming service offers drama, comedy and entertainment, from recent shows like *The Marlow Murder Club* and *Bergerac* to classic series such as *Pride and Prejudice*. There are also American box sets, plus lots of true-crime documentaries and favourites such as *Canal Boat Diaries*. It can be accessed via an app and on smart TVs.

Subscription services

Netflix

This paid-for streaming channel features plenty of original content, with shows from *The Four Seasons* and *Toxic Town* to *Con Mum* and *The Real Fatal Attraction*. There are also new and classic films such as *I Swear* and *Mean Girls*. You can access Netflix via smart TVs, the website and an app to download.

Prime Video

The paid-for subscription channel features plenty of original TV shows like *Clarkson's Farm* and *Nine Perfect Strangers*. There are also comedy shows such as *Last One Laughing*, plus plenty of newly released films available to stream, buy or rent including BAFTA-winner *Conclave*. Prime Video can be accessed on TVs, mobiles, tablets and more.

Disney+

The home of most Disney content is a paid-for streaming channel that has classic movies such as *Mary Poppins* and *Dumbo*, recent films including *A Complete Unknown*, top dramas like *A Thousand Blows*, plus a large selection of National Geographic documentaries such as *Ocean with David Attenborough*. There's every Star Wars film and spin-off series such as *Andor*, plus the Muppets' catalogue of films and shows. It's available on smart TVs, an app download and online.

Apple TV

There's a selection of high-quality, exclusive, original-production films and TV series called Apple Originals. Content includes top dramas *Slow Horses*, *Smoke* and *Severance*, comedies like *Ted Lasso* and *Bad Sisters*, plus films *Napoleon* and *Blitz*. This paid-for streaming channel is available on smart TVs and the Apple TV app.

Paramount+

This is the home to blockbuster Paramount movies, new originals and hit shows, primarily from the libraries of US TV station CBS, with TV series including *Yellowstone* and *Star Trek: Discovery*. There's also a huge selection of Smithsonian documentaries and Nickelodeon shows including *SpongeBob SquarePants*. The paid-for streaming service is available on desktop, smart TVs and an app, and is also available free for Sky Cinema subscribers.

Discovery+

This is a paid-for streaming service that focuses on factual programming and original series. There's a library of real-life entertainment with eye-opening docuseries such as *Celebrity Help! My House Is Haunted*.

Sky Store

This paid-for streaming service is home to the latest blockbuster movies straight from the cinema, either to buy or rent, as well as TV shows to buy and keep including *The White Lotus* and *The Last of Us*. It's independent from Sky's TV service, meaning a Sky TV subscription isn't required, but you must create an account to access products and services.

MGM+

This is a paid-for streaming service that features a variety of content including titles from Lionsgate and US network Starz as well as original MGM+ series. Shows and films include *Godfather of Harlem* and *Legally Blonde*, plus the James Bond movies. Subscribe to MGM+ via Prime Video for a monthly fee.

Acorn TV

Many favourite dramas, murder mysteries and comedies from around the world appear here first. Current hit series include *Whitstable Pearl*, *Harry Wild*, *Darby and Joan*, *Signora Volpe* and *Recipes for Love & Murder*. The paid-for streaming service is available on smart TVs and via a mobile app.

NOW

There is a host of Sky TV shows and box sets to watch on this paid-for streaming service including *The Day of the Jackal*, *Brassic*, *Gangs of London* and *The White Lotus*. A choice of plans means that you can also stream Sky Sports to enjoy Formula One and other sporting events, and even watch the latest movies and Sky Original films. It's available to stream via your smart TV.

DAZN

This paid-for streaming sports service features boxing, NFL, kick-boxing, LIV Golf and women's football. It broadcasts both live and on-demand. You can access it via its mobile app and on smart TVs. It's also available as a Prime Video channel at an additional subscription cost.

HBO MAX

This new streaming giant is a paid-for service that offers access to the vast library of new and past HBO shows including some huge series such as *The Pitt*, *The White Lotus*, *Game of Thrones*, *House of the Dragon*, *The Comeback*, *Euphoria* and *Hacks*. It's also the new home of all seasons of *Friends* and (for extra) TNT Sports, which includes football, cricket, French Open tennis and Premiership rugby union. The service is available on smart TVs, plus on a downloadable app and online.

WORDS: NICK CANNON, HANNAH DAVIES. PHOTO: NIJAT/STOCK.ADOBE.COM

Sport week A-Z GUIDE

AUSTRALIAN RULES

LIVE West Coast Eagles v Richmond
Sat 7am TNT Sports 3

LIVE Sydney Swans v Melbourne Demons
Sun 6am TNT Sports 2

LIVE Gold Coast Suns v GWS Giants
Sun 10am TNT Sports 4

LIVE Fremantle Dockers v Hawthorn Hawks
Thu 11am TNT Sports 1

LIVE Brisbane Lions v Carlton Blues
Fri 10.30am TNT Sports 1

LIVE Port Adelaide Power v Western Bulldogs
Fri 1.30pm TNT Sports 1

LIVE North Melbourne Kangaroos v Sydney Swans
Fri 4am TNT Sports 1

BASEBALL

LIVE New York Yankees v Baltimore Orioles
Sat 6.30pm TNT Sports 4
MLB American League East match.

LIVE St Louis Cardinals v Los Angeles Dodgers
Sat 12m't TNT Sports 1
The MLB National League game.

LIVE Athletics v Cleveland Guardians
Sun 9pm TNT Sports 4 & 9.30pm TNT Sports 1
The MLB American League fixture.

LIVE Detroit Tigers v Texas Rangers
Sun 12m't TNT Sports 1
The MLB American League match.

LIVE New York Yankees v Baltimore Orioles
Hol Mon 12m't TNT Sports 1
The MLB American League game.

LIVE Houston Astros v Los Angeles Dodgers
Tue 1am TNT Sports 1
The MLB inter-league match.

LIVE San Francisco Giants v San Diego Padres
Wed 8.30pm TNT Sports 2
The MLB National League fixture.

LIVE New York Yankees v Texas Rangers
Wed 12m't TNT Sports 1
The MLB American League game.

LIVE Boston Red Sox v Tampa Bay Rays
Thu 12m't TNT Sports 1
MLB American League match.

Basketball
The NBA play-offs continue this week, and New York Knicks' Jalen Brunson has been one of the stars of the season

LIVE San Diego Padres v St Louis Cardinals
Thu 3am TNT Sports 1 & TNT Sports 2
The MLB National League match.

LIVE Milwaukee Brewers v New York Yankees
Fri 12.30am TNT Sports 1
The MLB inter-league fixture.

BASKETBALL

LIVE NBA Play-Offs
Sun 8.30pm, Hol Mon 12m't & 4am, Tue 8pm, 12m't & 4am Sky Sports Action; Sun 8.30pm, Mon & Tue 2.30am Sky Sports+; Mon & Tue 12m't & 4am Sky Sports Main Event

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 10am TNT Sports 1

LIVE Jack Della Maddalena v Carlos Prates
Sat 12noon TNT Sports 1
The welterweight bout.

CRICKET

LIVE Bangladesh v New Zealand
Sat 8.45am TNT Sports 4
The third and final T20 from Sher-E-Bangla National Cricket Stadium.

LIVE Chennai Super Kings v Mumbai Indians
Sat 2.50pm Sky Sports Cricket
The IPL match.

LIVE Sunrisers Hyderabad v Kolkata Knight Riders
Sun 10.50am Sky Sports Cricket
The IPL fixture.

LIVE Gujarat Titans v Punjab Kings
Sun 2.50pm Sky Sports Cricket
IPL from Narendra Modi Stadium.

LIVE Mumbai Indians v Lucknow Super Giants
Hol Mon 2.50pm Sky Sports Cricket
IPL match from Wankhede Stadium.

LIVE Delhi Capitals v Chennai Super Kings
Tue 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event
IPL game at Arun Jaitley Stadium.

LIVE Sunrisers Hyderabad v Punjab Kings
Wed 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Lucknow Super Giants v Royal Challengers Bengaluru
Thu 2.50pm Sky Sports Main Event & Sky Sports Cricket

LIVE Delhi Capitals v Kolkata Knight Riders
Fri 2.50pm Sky Sports Main Event & Sky Sports Cricket

CYCLING

LIVE UCI Mountain Bike World Series
Sat 6am & 5am TNT Sports 1
From Yongpyong, South Korea.

LIVE Tour of Türkiye
Sat 9.30am TNT Sports 2; Sun 9.30am TNT Sports 1
The seventh and eighth stages.

LIVE Tour of Romandie
Sat 1pm TNT Sports 4; Sun 1.45pm TNT Sports 1
The fourth and fifth stages.

LIVE La Vuelta Femenina
Sun 11.45am, Mon-Thu 2.30pm & Fri 3pm TNT Sports 1
The first to sixth stages.

LIVE Men's Giro d'Italia
Fri 11am TNT Sports 3
The opening stage. See p28.

DARTS

LIVE Premier League
Thu 7pm Sky Sports Main Event & Sky Sports Action
Night 14 at First Direct Bank Arena.

EQUESTRIAN

LIVE Longines Global Champions Tour
Sun 6.30am TNT Sports 4

GAELIC GAMES

LIVE Ulster Senior Football Championship semi-final
Sun 3.45pm BBC2 (N Ireland only)

GOLF

LIVE MCB Ladies Classic
Sat 11am & Sun 10am Sky Sports Mix
Days two and three at Constance Belle Mare Plage in Flacq, Mauritius.

LIVE Turkish Airlines Open
Sat 11.30am & Sun 11am Sky Sports Golf
Days three and four from the National Golf Club in Antalya, Turkey.

LIVE Cadillac Championship
Sat & Sun 4pm Sky Sports Golf
Days three and four staged at Trump National Doral in Miami.

LIVE Mexico Riviera Maya Open at Mayakoba
Sat 9.30pm & Sun 5pm Sky Sports+; Sat 11pm Sky Sports Golf
The third and fourth days at El Camaleon Golf Club in Mexico.

LIVE Estrella Damm Catalunya Championship
Thu & Fri 12.30pm Sky Sports Golf
Days one and two staged at Real Club de Golf El Prat in Barcelona.

LIVE Truist Championship
Thu & Fri 12.30pm Sky Sports+ & 5.30pm Sky Sports Golf; Fri 10.30pm Sky Sports Main Event
Days one and two at Quail Hollow Club in Charlotte, North Carolina.

LIVE Mizuho Americas Open
Thu & Fri 4pm Sky Sports Mix
Days one and two held at Liberty National Golf Club in Jersey City.

LIVE LIV Golf
Thu 5.30pm TNT Sports 4; Fri 4.30pm TNT Sports 2
The first and second days at Trump National Gold Club Washington.

HORSE RACING

LIVE Newmarket
Sat & Sun 1.15pm ITV1

LIVE Chester
Wed-Fri 1pm ITV4

ICE HOCKEY

LIVE NHL Play-Offs
Sat-Fri 12m't Premier Sports 1 & 3am Premier Sports 2

MINORITY SPORTS

LIVE Climbing World Series
Sat 3.30am TNT Sports 3; Fri 3.30am TNT Sports 2

MOTORCYCLING

LIVE Speedway Grand Prix
Sat 5.30pm TNT Sports 2
The first round of the season at OneSolar Arena in Germany.

LIVE British Superbikes
Sun 1pm TNT Sports 4; Hol Mon 1pm TNT Sports 2
Days one and two of the first round of the season held at Oulton Park.

LIVE Swedish Speedway
Tue 5.55pm Premier Sports 1

LIVE MotoGP
Fri 8am TNT Sports 2
Grand Prix of France MotoGP, Moto2 and Moto3 first free practice sessions.

LIVE MotoGP
Fri 12.15pm TNT Sports 2
Grand Prix of France MotoGP, Moto2 and Moto3 first practice sessions.

MOTORSPORT

LIVE World Superbikes
Sat 8.30am & 12.45pm, Sun 10am & 12.45pm TNT Sports 2
From Balaton Park Circuit, Hungary.

LIVE Women's Circuit Racing World Championship
Sat & Sun 11.45am TNT Sports 2
From Balaton Park Circuit, Hungary.

LIVE Formula E
Sat & Sun 2pm ITV4; Sat 3.15pm TNT Sports 4; Sun 3pm TNT Sports 1
Berlin E-Prix races one and two.

LIVE Formula 2
Sat 2.55pm Sky Sports F1
The Miami Grand Prix sprint race.

LIVE Formula 1
Sat 4pm Sky Sports F1
The Miami Grand Prix sprint race.

LIVE Formula 1
Sat 8pm Sky Sports Main Event & Sky Sports F1
Miami Grand Prix qualifying session.

LIVE GT World Challenge Europe
Sun 10.45am & 3.15pm Sky Sports F1
Races one and two at Brands Hatch.

LIVE Formula 2
Sun 5.25pm Sky Sports F1
The Miami Grand Prix feature race.

LIVE Formula 1
Sun 7pm Sky Sports Main Event & Sky Sports F1
The Miami Grand Prix, the fourth round of the season held at Miami International Autodrome. See p29.

LIVE NASCAR
Sun 7.30pm Premier Sports 2
The Wurth 400 in Fort Worth.

LIVE World Rally Championship
Thu 3pm TNT Sports 2; Fri 7.15am, 8.45am, 10am, 12noon & 3.30pm TNT Sports 4
Rally de Portugal special stages.

LIVE Indycar
Fri 2pm, 6pm & 10.30pm Sky Sports F1
The Sonsio Grand Prix practice and qualifying sessions in Speedway.

LIVE Indy NXT
Fri 9pm Sky Sports F1

NETBALL

LIVE London Pulse v Loughborough Lightning
Sun 5.55pm Sky Sports Mix
The Super League match.

POOL

LIVE Ultimate Pool
Hol Mon 6pm TNT Sports 4
Group Seven of the Pairs Cup.

RUGBY LEAGUE

LIVE Parramatta Eels v New Zealand Warriors
Sat 8.30am Sky Sports Action
NRL game at CommBank Stadium.

LIVE Sydney Roosters v Brisbane Broncos
Sat 10.35am Sky Sports Action
The NRL match at Allianz Stadium.

LIVE Penrith Panthers v Manly-Warringah Sea Eagles
Sun 9.15am Sky Sports Action
NRL fixture at CommBank Stadium.

Sport A-Z and football planner >>>

SUBSCRIPTION OFFER
6 issues for £1*

Visit: magazinesdirect.com/xts/DJ94W
Call: 0330 333 1113 and quote code DJ94W

TERMS AND CONDITIONS: Offer closes 31 October 2026. Offer open to new subscribers only. Direct Debit offer is available to UK subscribers only. *After your first 6 issues, your subscription will continue on at £31.25 payable by Direct Debit every 3 months, saving 32% on the full 3 monthly subscription price of £46.48. We will notify you in advance of any price changes. Payment is non-refundable after the 14 day cancellation period unless exceptional circumstances apply. For full terms and conditions, visit magazinesdirect.com/page/terms-and-conditions. For enquiries please email: help@magazinesdirect.com.

Bowelbabe Fund
for Cancer Research UK

Unusual poo? That's your cue!

- Pooing more often?
- Looser poo?
- Constipation?
- Blood in your poo?

Changes to your poo or bowel habits can be a sign of bowel cancer.

If it's not normal for you, tell your doctor.

In most cases it won't be cancer, but if it is, spotting it early saves lives.

Learn more about bowel cancer at cruk.org/bowel

CANCER RESEARCH UK

Cancer Research UK is a registered charity in England and Wales (1089464), Scotland (SC041666), the Isle of Man (1103) and Jersey (247)

Football planner

RUGBY UNION

LIVE Moana Pasifika v Blues
Sat 8am Sky Sports+

LIVE Leinster v Toulon
Sat 2pm Premier Sports 1 (kick-off 3pm) The Champions Cup semi-final at Aviva Stadium. See p29.

LIVE Ulster v Exeter Chiefs
Sat 5.15pm Premier Sports 1 (kick-off 5.30pm) The Challenge Cup semi-final at Affidea Stadium.

LIVE Montpellier v Dragons
Sun 12noon S4C (k-o 12.30pm) The Challenge Cup semi-final.

LIVE Bordeaux Bègles v Bath
Sun 2pm Premier Sports 1 (kick-off 3pm) The Champions Cup semi-final from Matmut Atlantique.

LIVE Super Rygbi Cymru
Sun 4.30pm S4C

LIVE Crusaders v Blues
Fri 8am Sky Sports Mix

LIVE Queensland Reds v Chiefs
Fri 10.30am Sky Sports Mix

LIVE Gloucester v Sale Sharks
Fri 7pm TNT Sports 1 (kick-off 7.45pm) The Prem game at Kingsholm Stadium.

LIVE Ulster v Stormers
Fri 7pm Premier Sports 1 (kick-off 7.45pm) The United Rugby Championship match.

LIVE Glasgow Warriors v Cardiff
Fri 7pm Premier Sports 2 & 7.30pm BBC2 (Wales only) (kick-off 7.45pm) The United Rugby Championship fixture.

LIVE Highlanders v NSW Waratahs
Fri 5.30am Sky Sports+

SNOOKER

LIVE World Championship
Sat 10am BBC2, 10am, 2.15pm & 6.30pm TNT Sports 3, 2.15pm BBC1, 3.30pm TNT Sports 1 & 7pm BBC2 The semi-finals in Sheffield.

LIVE World Championship
Sun & Hol Mon 12.45pm & 6.30pm TNT Sports 3; Sun 1pm BBC1 (not Scotland) & BBC Scotland; Sun 7pm, Hol Mon 1pm & 7pm BBC2; Hol Mon 6.30pm TNT Sports 1 The final staged at the Crucible Theatre in Sheffield. See p29.

LIVE World Seniors Championship
Thu 12noon, Fri 12noon & 7pm 5 Days two and three in Sheffield.

TENNIS

LIVE Madrid Open men's doubles final
Sat 1pm Sky Sports Tennis

LIVE Madrid Open women's singles final
Sat 3.30pm Sky Sports Tennis

LIVE Madrid Open women's doubles final
Sun 1pm Sky Sports Tennis

LIVE Madrid Open men's singles final
Sun 3.30pm Sky Sports Tennis From La Caja Mágica, Spain.

LIVE Italian Open
Tue, Wed & Fri 10am, Thu 10am & 7pm Sky Sports+; Tue-Fri 10am Sky Sports Tennis; Thu & Fri 10am Sky Sports Main Event

LIVE WTA and ATP Tours
Thu & Fri 6pm Sky Sports Tennis

LIVE PREMIER LEAGUE

Arsenal v Fulham

Saturday, kick-off 5.30pm, Sky Sports Premier League & Sky Sports Main Event

Victory is vital for the Gunners in their battle with Manchester City at the top of the table. Mikel Arteta's team took the points at Craven Cottage in October thanks to a Leandro Trossard strike and, amazingly, have never lost a home game to Fulham.

LIVE PREMIER LEAGUE

Aston Villa v Tottenham Hotspur

Sun, kick-off 7pm, TNT Sports 1

Spurs fans will welcome Rodrigo Bentancur and James Maddison's return from injury as Roberto De Zerbi's men fight for their Premier League survival. Villa's Europa League semi-final against Nottingham Forest has caused the fixture to be rearranged to this kick-off time.

LIVE PREMIER LEAGUE

Everton v Manchester City

Holiday Monday, kick-off 8pm, Sky Sports Premier League & Sky Sports Main Event

City face a potentially tricky trip for their first match at the Hill Dickinson Stadium. Everton fans will be satisfied with a solid first season at their new ground, with midfielder Kiernan Dewsbury-Hall adding class to the Toffees.

Saturday 2

LIVE Championship
11am Sky Sports Main Event & Sky Sports Football, 12.25pm Sky Sports+ (kick-off 12.30pm)

LIVE Manchester United v Brighton & Hove Albion
11.50am Sky Sports Premier League (kick-off 12noon) The Women's Super League match at The Progress With Unity Stadium.

LIVE Glasgow City v Celtic
12.20pm BBC Alba (kick-off 12.30pm) The Women's Scottish Cup semi-final at Hampden Park.

LIVE Lyon v Arsenal
1.30pm BBC2 (not N Ireland), 2pm Disney+ (kick-off 2pm) The Women's Champions League semi-final second leg staged at Matmut Stadium de Gerland.

LIVE Dungannon Swifts v Coleraine
2pm BBC2 (N Ireland only) (kick-off 2.30pm) The Irish Cup final at Windsor Park.

LIVE League One
2.45pm Sky Sports Main Event, Sky Sports Football & Sky Sports+ (kick-off 3pm)

LIVE JD Cymru Premier European play-off final
5pm S4C (kick-off 5.25pm)

LIVE Arsenal v Fulham
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm) The Premier League match from Emirates Stadium, as the Gunners play another vital game in their quest for their first title in 22 years.

LIVE FC Como v Napoli
5.15pm TNT Sports 1 The Serie A match staged at Stadio Guiseppe Sinigaglia.

LIVE Bayer Leverkusen v RB Leipzig
5.20pm Sky Sports Mix (kick-off 5.30pm) The Bundesliga match at BayArena.

LIVE Ajax v PSV Eindhoven
6.55pm Premier Sports 2 (kick-off 7pm) The Eredivisie fixture at Johann Cruyff ArenA.

LIVE Osasuna v Barcelona
8pm Disney+ (kick-off 8pm) LaLiga match at Estadio El Sadar.

LIVE Orlando Pride v Washington Spirit
9pm TNT Sports 1 (kick-off 9pm) NWSL game at Inter&Co Stadium.

LIVE Palmeiras v Santos
10.25pm Premier Sports 2 (kick-off 10.30pm) The Brasileiro Serie A match.

Sunday 3

LIVE Hibernian v Celtic
11am Sky Sports Main Event & Sky Sports Football (kick-off 12noon) The Scottish Premiership match staged at Easter Road.

LIVE Manchester City v Liverpool
11am Sky Sports Premier League & Sky One (kick-off 12noon) The Women's Super League match staged at Joie Stadium.

LIVE Celta Vigo v Elche
12.55pm Premier Sports 2 (kick-off 1pm) The LaLiga match held at Estadio Abanca-Balaídos.

LIVE Rangers v Montrose
1.15pm BBC1 (Scotland only) (kick-off 1.30pm) The Women's Scottish Cup second semi-final held at Hampden Park.

LIVE Bournemouth v Crystal Palace
1.30pm Sky Sports+ (kick-off 2pm) The Premier League game at Vitality Stadium.

LIVE Manchester United v Liverpool
2pm Sky Sports Main Event & 2.30pm Sky Sports Premier League (kick-off 3.30pm) The Premier League match at Old Trafford, as the north-west rivals go head to head. United claimed their first victory at Anfield since 2016 in the reverse fixture, with goals by Bryan Mbeumo and Harry Maguire helping them to a 2-1 win.

LIVE Leicester City v Chelsea
2.15pm BBC2 (not N Ireland) (kick-off 2.30pm) The Women's Super League game staged at King Power Stadium.

LIVE Getafe v Rayo Vallecano
3.10pm Premier Sports 2 (kick-off 3.15pm) The LaLiga match from Estadio Coliseum.

LIVE Barcelona v Bayern Munich
3.30pm Disney+ (kick-off 3.30pm) The Women's Champions League semi-final second leg held at Camp Nou.

LIVE Real Betis v Real Oviedo
5.25pm Premier Sports 2 (kick-off 5.30pm) The LaLiga match from Estadio La Cartuja.

LIVE Aston Villa v Tottenham Hotspur
6pm TNT Sports 1 (kick-off 7pm) The Premier League match held at Villa Park, as the teams meet for the third time this season.

LIVE Chicago Stars v Portland Thorns
6pm TNT Sports 4 (kick-off 6pm) The NWSL game from Northwestern Medicine Field at Martin Stadium.

LIVE Inter Milan v Parma
7.30pm TNT Sports 2 (kick-off 7.45pm) The Serie A match staged at San Siro.

LIVE Espanyol v Real Madrid
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match staged at RCDE Stadium.

LIVE Mirassol v Corinthians
12.25am Premier Sports 2 (kick-off 12.30am) The Brasileiro Serie A game held at José Maria de Campos Maia.

Holiday Monday

LIVE Aston Villa v West Ham United
12.50pm Sky Sports Football, Sky Sports Mix & Sky One (kick-off 1pm) The Women's Super League match at Villa Park.

LIVE Chelsea v Nottingham Forest
2.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 3pm) The Premier League game at Stamford Bridge. Chelsea claimed a 3-0 win in the reverse fixture at The City Ground.

LIVE Hearts v Rangers
5pm Sky Sports Football & 5.15pm Sky Sports Main Event (kick-off 5.30pm) The Scottish Premiership match at Tynecastle.

LIVE Baller League
5pm Sky Sports+ & Sky Sports Mix From Copper Box Arena, London.

LIVE Everton v Manchester City
6.30pm Sky Sports Premier League & 7.45pm Sky Sports Main Event (kick-off 8pm) The Premier League match staged at Hill Dickinson Stadium. A brace from Erling Haaland helped City to a 2-0 home win in October.

LIVE Sevilla v Real Sociedad
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match at Estadio Ramón Sanchez Pizjuán.

Tuesday 5

LIVE Arsenal v Atlético Madrid
6.30pm Prime Video (kick-off 8pm) The Champions League semi-final second leg at Emirates Stadium.

LIVE Scottish Premiership Play-Off
7.30pm BBC Scotland (kick-off 7.45pm) The first leg of the quarter-final.

Wednesday 6

LIVE Bayern Munich v Paris Saint-Germain
7pm TNT Sports 1 (kick-off 8pm) The Champions League semi-final second-leg from Allianz Arena.

LIVE Brighton & Hove Albion v Arsenal
7.30pm BBC3, 7.35pm Sky Sports Main Event, Sky Sports Football & Sky Sports Mix (kick-off 7.45pm) Women's Super League game at Broadfield Stadium.

Thursday 7

LIVE Aston Villa v Nottingham Forest
7pm TNT Sports 1 (kick-off 8pm) The Europa League semi-final second leg from Villa Park. The hosts are looking to reach their first major European final since their European Cup victory in 1982 when they beat Bayern Munich 1-0, while their visitors won the title in consecutive seasons in 1979 and 1980 under Brian Clough. See p29.

LIVE Crystal Palace v Shakhtar Donetsk
7pm TNT Sports 2 (kick-off 8pm) The Conference League semi-final second leg from Selhurst Park.

LIVE SC Freiburg v SC Braga
7.45pm TNT Sports 3 (kick-off 8pm) The Europa League semi-final second leg at Europa-Park-Stadion.

Friday 8

LIVE Baller League
5pm Sky Sports+

LIVE Championship semi-final first leg
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)

LIVE Scottish Premiership Play-Off
7.15pm BBC Scotland (kick-off 7.30pm) The second leg of the quarter-final.

LIVE Borussia Dortmund v Eintracht Frankfurt
7.30pm BBC iPlayer (kick-off 7.30pm) The Bundesliga match at Signal Iduna Park.

LIVE Orlando Pride v North Carolina Courage
1am TNT Sports 2 (kick-off 1am)

PHOTOS: GETTY

6 ISSUES FOR £1*

BEST FOR SPORT, SKY & STREAMING
MORE CHANNELS THAN ANY OTHER TV MAG!
TV&Satellite Week
25 APRIL-1 MAY 2026
NEW
The Cage
High-stakes casino drama starring Sheridan Smith and Michael Socha
NEW
SECRET SERVICE
MI6 agent Gemma Arterton puts her family in danger
NEW
PRISONER
A pair of mismatched fugitives go on the run
Twisted drama from Bobby Reindeer's Richard Gadd, co-starring Jamie Bell
NEW
UNCHOSEN
Danger and desire in a religious cult
Look who's all grown up as the classic comedy returns
TV TO GET EXCITED ABOUT!
GOLF: US MASTERS

Don't miss a thing with a subscription to *TV&Satellite Week* magazine

THERE ARE 3 EASY WAYS TO SUBSCRIBE

VISIT magazinesdirect.com/xts/DJ94D

CALL 0330 333 1113 and quote code DJ94D **SCAN** QR code

TERMS AND CONDITIONS: Offer closes 31st October 2026. Offer open to new subscribers only. The Direct Debit offer is available to UK subscribers only. *After your first 6 issues, your subscription will continue at £31.25 payable by Direct Debit every 3 months, saving 32% on the full 3-monthly subscription price of £46.48. We will notify you in advance of any price changes. All gift subscriptions will start with the first available issue on sale after December 2025. If you would like your gift subscription to start with an earlier issue, you can choose an earlier issue when ordering, or you can contact customer services. Orders purchased for yourself will start with the next available issue. The full subscription rate is for 12 months (51) issues, and includes postage and packaging. If the magazine ordered changes frequency per annum, we will honour the number of issues paid for, not the term of the subscription. Access to the digital library ends with your subscription. Payment is non-refundable after the 14-day cancellation period unless exceptional circumstances apply. For full terms and conditions, visit magazinesdirect.com/page/terms-and-conditions. For enquiries, please email: help@magazinesdirect.com.

Saturday

2 May

Evening Planner

Saturday

Comedy

Spinal Tap II: The End Continues

Sky Premiere, 8am, 4.10pm & 10.25pm

The rock band are back together, more than 40 years on from *This Is Spinal Tap*.

Travelogue

Dermot's Taste of Ireland

ITV1, 12noon

Dermot O'Leary pops over the Irish Sea to take in the views and sample some amazing food, starting in Co. Antrim.

Football

Women's Champions League: Semi-Final 2nd Leg

Disney+, kick-off 2pm

Arsenal travel to Lyon for the decider, with a ticket to the final almost in reach.

Football

Premier League

Sky Sports, kick-off 5.30pm

Meanwhile, Arsenal's men take on Fulham – and will be aiming for three points to go towards their title dreams.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Michael McIntyre's Big Show		8.00 The Weakest Link		8.45 Casualty		9.35 Not Going Out	10.05 News	10.25 Match of the Day
	102 BBC2	7.00 Snooker: World Championship – Live: Session four of the second semi-final							10.00 TOTP 1992: Biggest Hits	
	103 ITV1	7.00 Britain's Got Talent				9.00 It'll Be Alright on the Night			10.15 Film: Batman Begins	
	104 CHANNEL 4	7.00 Secret Africa: Into the Wild		8.00 World's Most Secret Hotels		9.00 Film: Beast				
	105 5	‹ 6.35 Reuben Owen...	7.35 William & Kate's Royal Wedding: A Day to Remember			9.00 The Royal Popularity List				10.30 1968: Those...
	106 SKY ONE	7.00 F1: Miami Grand Prix Sprint Race		8.00 Film: Eddie the Eagle					10.00 Saturday Night Live UK	
ENTERTAINMENT	115 BBC3		7.15 Doctor Who		8.30 Ghosts		9.30 Miranda			10.30 Film: Quiz Lady
	116 BBC4	7.00 The Good Old Days		7.45 Wonderful...	8.10 Hetty Wainthropp Investigates	9.00 The Count of Monte Cristo				10.30 Keeping Up...
	118 ITV2	‹ 5.45 Film: Raiders of the Lost Ark		8.00 Film: Dune						
	136 MORE4	‹ 6.55 Four in a Bed				9.00 24 Hours in A&E				
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox			10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Law & Order: Special Victims Unit			10.00 Doc	
	108 SKY ATLANTIC	‹ 6.45 The Last of Us				9.00 The Miniature Wife			10.00 Hacks	
	110 U&GOLD	‹ 6.40 Still Open All Hours			8.40 Open All Hours		9.20 Still Open All Hours			
	111 U&DAVE	‹ 6.30 Would I Lie to You?				9.00 Red Dwarf				
	119 ITV3	‹ 6.00 Midsomer Murders							10.00 Grace	
	120 ITV4	‹ 6.15 Film: The Living Daylights				9.00 English Football League Highlights				10.30 Wrestling...
	112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's The Wheel		9.00 Film: Con Air				
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine							10.00 The Walking Dead	
	143 U&DRAMA	7.00 The Brokenwood Mysteries				9.00 Whitechapel			10.00 The Inspector Lynley Mysteries	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Allegiance		9.00 Death in Paradise				
	122 SKY ARTS	7.00 Close to You: Remembering the Carpenters			8.20 Paul McCartney and Wings: One Hand Clapping			9.50 The Thousand and One Musical Lives of...		
	132 U&W	7.00 First Responders				9.00 Gavin & Stacey				
DOCUMENTARY	125 DISCOVERY	7.00 Filthy Fortunes		8.00 Maine Cabin Masters		9.00 Naked and Afraid				
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 Alaska Gold Diggers			10.00 Tanked	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Ocean with David Attenborough				9.50 Legend of the Giant Squid		
	123 SKY HISTORY	7.00 Secrets of Great British Castles				9.00 Gunpowder Siege				
	155 U&YESTERDAY	7.00 Frozen Planet II		8.00 Bangers & Cash					10.00 Train Truckers	
	114 SKY DOCS	‹ 6.50 Chimp Crazy				9.00 Film: Touching the Void				
FILMS – Sky Cinema	301 PREMIERE	‹ 5.40 The Conjuring: Last Rites		8.00 Wuthering Heights						10.25 Spinal Tap II...
	302 FEAR SEEKERS	‹ 6.55 M3GAN 2.0				9.00 Weapons				
	303 FAST	‹ 6.15 The Fast and the Furious: Tokyo Drift		8.00 Fast & Furious					10.00 Fast & Furious 5	
	304 FAMILY	‹ 6.00 Charlotte's Web	7.50 Despicable Me 4				9.30 Paddington			
	306 ACTION	‹ 6.00 Venom		8.00 Venom: Let There Be Carnage				9.45 Venom: The Last Dance		
	307 GREATS	‹ 6.10 Beverly Hills Cop		8.00 Beverly Hills Cop II				9.45 Beverly Hills Cop 3		
	308 COMEDY	‹ 6.05 Beetlejuice Beetlejuice		8.00 The Phoenician Scheme				9.50 Blades of Glory		
	309 THRILLER	‹ 5.55 Ocean's Thirteen		8.00 The Firm						
	310 DRAMA	‹ 5.50 An Officer and a Gentleman		8.00 One Battle After Another						
	311 SCI-FI	‹ 6.00 Back to the Future		8.00 Back to the Future Part II					10.00 Back to the Future Part III	
	305 DISNEY+ CINEMA	‹ 5.15 National...	7.30 The Haunted Mansion			9.00 A Complete Unknown				
	313 FILM4	‹ 6.55 The Greatest Showman				9.00 The Inbetweeners Movie				
SPORT	401 MAIN EVENT	‹ 5.00 SNF – Live: Arsenal v Fulham		8.00 Formula 1 – Live: The Miami Grand Prix qualifying session (Start-time 9.00)						
	402 PREMIER LEAGUE	‹ 5.00 SNF – Live: Arsenal v Fulham (Kick-off 5.30)			8.30 Game of the Day					10.30 PL Highlights
	403 FOOTBALL	‹ 6.00 EFL...	7.30 EFL Highlights		8.30 EFL: The Play-Offs At 40				10.00 EFL Highlights	
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL						
	410 TNT SPORTS 1	7.00 Sign Up – Into Football		8.00 UEFA Europa League & Conference...		9.00 NWSL – Live: Orlando Pride v Washington Spirit (Kick-off 9.00)				
	411 TNT SPORTS 2	‹ 5.30 FIM Speedway Grand Prix – Live: The first round of the season in Landshut, Germany				9.00 Superbikes	9.30 UFC			

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

SUBSCRIPTION OFFER: SAVE 46%
Simply visit: magazinesdirect.com/DN95W
*Terms & conditions: magazinesdirect.com/terms.

Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With comedian Lucy Beaumont. (S)
11.30 **Flaming Feasts** New edition (S)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 **Homes Under the Hammer** (S)(R)
1.30 **Bargain Hunt** (S)(R)(AD)
2.15 **LIVE Snooker: World Championship** The afternoon session on day 15 at the Crucible Theatre, featuring the fourth and final session of the first semi-final. *Continues at 7.00pm on BBC2.* (S)
4.30 **Final Score** Results round-up. (S)
5.20 **BBC News** (S)
5.30 **Local News** (S)
5.40 **Celebrity Bridge of Lies** New edition 3/10. Phil Wang, Anna Williamson, Miles Jupp and Jamie-Lee O'Donnell take part. (S)

8.45 Casualty

6 PM
6.25 **Blankety Blank** New edition 3/9. Bradley Walsh hosts the comedy quiz show, with Joe Marler, Sue Perkins, Trevor Nelson, Josh Pugh, Tasha Ghouri and Sara Barron filling in the blanks. (S)

7 PM
7.00 **Michael McIntyre's Big Show** Michael presents music from Olly Murs, gets his hands on Stacey Dooley's mobile phone, and gives Alexander Armstrong a rude awakening for the Midnight Gameshow. (S)(R)

8 PM
8.00 **The Weakest Link** Romesh Ranganathan is joined by a line-up of TV medics, including Dr Ranj Singh and Dr Xand van Tulleken. (S)(R)
8.45 **Casualty** *Lethal Legacy – Part Two:* The paramedics are faced with a life-and-death situation in the call centre. (S)(AD)

9 PM
9.35 **Not Going Out** 5/6. Lee and Lucy become extras on the set of a popular TV series. (S14) (S)(R)(AD)

10 PM
10.05 **BBC News** (S)
10.25 **Match of the Day** Highlights of the latest Premier League matches, including Arsenal v Fulham and Brentford v West Ham United. (S)
■ More tomorrow at 10.30pm
11.35 **The Football Interview** A conversation with a leading football personality. (S)
11.50 **FILM Point Break** Kathryn Bigelow's action thriller starring Patrick Swayze and Keanu Reeves. An undercover FBI agent infiltrates a gang of bank-robbing surfers. (S) (1991, 15, 115min) ★★★★
1.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.10 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 **LIVE Snooker: World Championship** Rishi Persad presents coverage of the morning session on day 15 from the Crucible Theatre in Sheffield, featuring the third and penultimate session of the second semi-final. *Continues at 2.15pm on BBC1.* (S)
1.00 PM **The Best Dishes Ever** (S)(R)
1.30 **LIVE Football: Women's Champions League** Lyon v Arsenal: The semi-final second-leg clash from Matmut Stadium de Gerland. Kick-off is at 2.00. (S)
4.30 **Flog It!** (S)(R)
5.30 **Extraordinary Portraits with Bill Bailey** 6/6. Karen Turner paints the portrait of two sisters who share an extraordinary bond. (S)(R)(AD)

7.00 Snooker

6 PM
6.00 **Celebrity Antiques Road Trip** Dominic Littlewood and Melinda Messenger join experts Natasha Raskin Sharp and Tim Medhurst on a hunt and haggle for profitable antiques in Southampton. (S)(R)

7 PM
7.00 **LIVE Snooker: World Championship** Coverage of the evening session on day 15 from the Crucible Theatre in Sheffield, featuring the fourth and final session of the second semi-final. Mark Williams claimed a hard-fought 17-14 victory over Judd Trump at this stage last year. He finished the match with a break of 123 and becoming the oldest player to reach the final of this event at the age of 50. Commentary and analysis from Steve Davis, Ken Doherty, Steven Hallworth, Stephen Hendry, John Parrott, Joe Perry and Dennis Taylor. (S)

10 PM
10.00 **TOTP 1992: Biggest Hits** A selection of performances that took place on the show in 1992, featuring Bizarre Inc, Kris Kross, Manic Street Preachers and Primal Scream, plus the emergence of Take That. (S)(R)
11.00 **TOTP 1993: Biggest Hits** A selection of performances from 1993, featuring Sub Sub, Björk, Radiohead and Meat Loaf. (S)(R)
12.00 M'T **FILM Black Box** French thriller starring Pierre Niney. Subtitled. (2021, 15, 120min) ★★★
2.00 AM **Sign Zone: Mint** 3&4/8. Double bill. (S1) (S)(R)(AD)
3.00 **Sign Zone: The Cage** 1/5. Crime drama. (S1) (S)(R)(AD)
4.00 **to 6.20** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **FILM Jurassic Park III** Thriller sequel. (S) (2001, PG, 90min) ★★★
7.30 **Love Your Weekend with Alan Titchmarsh** With Les Dennis. (S)(R)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Kelly Brook. (S)
12.00 NOON **NEW SERIES Dermot's Taste of Ireland** 1/10. The Causeway Coastal Route. (S)
12.30 PM **James Martin's American Adventure** From LA. (S)(R)(AD)
1.00 **ITV News** (S)
1.15 **LIVE Racing** Day two of the Guineas meeting at Newmarket. Plus, racing from Thirsk and Goodwood. (S)
4.00 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
4.30 **The Chase** Quiz show. (S)(R)
5.30 **ITV News** (S)
5.45 **Local News** (S)

7.00 Britain's Got Talent

6 PM
6.00 **Celebrity Catchphrase** New edition Stephen Mulhern hosts, with Motsi Mabuse, Rob Delaney and Amber Rose Gill guessing well-known phrases for the chance to win £50,000 for their chosen charities. (S)(AD)

7 PM
7.00 **Britain's Got Talent** New edition Ant and Dec host the second live semi-final as more acts that made it through the auditions perform in front of the judges and a live audience for a chance at a place in the final. Viewers hold the power to vote for their favourite acts to send through to the ultimate stage of the competition. (S)

9 PM
9.00 **It'll Be Alright on the Night** New edition Featuring clips of Ant and Dec, Ralf Little, Jill Scott, Prue Leith and Warwick Davis, as well as Bradley Walsh falling over during a recording of *Blankety Blank*. (S)(AD)

10 PM
10.05 **ITV News** (S)
10.15 **FILM Batman Begins** Dark comic-book thriller tracing the origins of Batman, starring Christian Bale, Liam Neeson, Cillian Murphy and Michael Caine. Young billionaire Bruce Wayne creates a formidable alter-ego to strike fear into the crooks and thugs of crime-riddled Gotham City. (S)(AD) (2005, 12, 155min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Teleshopping**
3.00 **The Tower** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fern Britton: Inside the Vet's** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.15 AM **The King of Queens** (S)(R)(AD)
7.55 **Everybody Loves Raymond** (S)(R)
9.20 **Frasier** 9-11/24. (S1) (S)(R)(AD)
10.55 **F1: Miami Grand Prix Sprint Qualifying Highlights** Alex Jacques presents action from the fourth round of the season at Miami International Autodrome. (S)(R)
11.25 **The Simpsons** (S)(R)(AD)
12.55 PM **A Place in the Sun** A property search in Benidorm. (S)(R)
1.55 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
4.25 **Location, Location, Location** Catching up with house-hunters searching for homes on either side of the Thames. (S)(R)
5.30 **Kirstie and Phil's Love It or List It** Kirstie Allsopp heads back to Shropshire to catch up with Jamie Lea and Curtis. (S)(R)(AD)

8.00 World's Most Secret Hotels

6 PM
6.30 **News** (S)

7 PM
7.00 **Secret Africa: Into the Wild** Series finale 3/3. The danger cranks up as Lucy Shepherd and her team head through the Serengeti to a sacred volcano, where they cross paths with dangerous predators. (S)(AD)

8 PM
8.00 **World's Most Secret Hotels** New edition An old Cornwall jail becomes a luxury retreat, while in Australia's northern Queensland, an eco-resort offers stunning treetop accommodation. (S)(AD)

9 PM
9.00 **FILM Beast** Action thriller starring Idris Elba and Sharlto Copley. A recently widowed man and his teenage daughters are hunted by a huge rogue lion in the savanna. (S) (2022, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10 PM
10.50 **FILM Assassin Club** Thriller starring Henry Golding. An assassin is hired to kill seven people – only to discover they have been hired to kill him. (S)(AD) (2023, 15, 125min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM **F1: Miami Grand Prix Sprint and Qualifying Highlights** Action from the fourth round. (S)
2.15 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
3.05 **Travel Man: 48 Hours in Rotterdam** (S)(SL)(R)(AD)
3.35 **Sarah Beeny's New Country Lives** Documentary. (S)(R)(AD)
4.30 **Sunday Brunch** (S)(R)
4.40 **to 5.55** AM **The Simpsons** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.10 **Cruising with Jane McDonald** Highlights from Miami. (S)(R)
9.20 **Walking Wartime Britain** (S)(R)
9.45 **Ben Fogle: New Lives in the Wild** Double bill. (S)(R)
11.45 **Dogs Behaving (Very) Badly** Double bill of editions. (S)(R)
1.45 PM **Catching Up with the Royals with Rev Richard Coles & Emily Andrews** New edition
2.45 FILM **Hook** Steven Spielberg's fantasy adventure starring Robin Williams and Dustin Hoffman. (S) (1991, U, 170min) ★★★
5.35 **News** (S)
5.40 **Reuben Owen: Life in the Dales** 2/8. Reuben takes on a new apprentice – his 18-year-old brother Miles. (S)(R)

9.00 The Royal Popularity List

6.35 Reuben Owen: Life in the Dales
3/8. With winter approaching, it's time for Reuben and his crew to learn new skills to use in the colder season. Meanwhile, the repair of a pot-holed lane becomes a family challenge. (S)(R)

7.35 William & Kate's Royal Wedding: A Day to Remember
A look back at the Prince and Princess of Wales' wedding day on 29 April 2011, featuring contributions from insiders, fashion experts, royal commentators and superfans. (S)(R)

9.00 NEW The Royal Popularity List
Examining the results of a poll to determine which members of the Royal Family are the highest rated by the public, from the least popular to those most admired by the nation. (S)

10.30 1968: Those Were the Days
A look back at controversies, scandals and shocks in television, film, music and politics from 1968. (S)(R)

12.35 AM **Comedy Legends: Eric Sykes** Barry Cryer looks at the career of Eric Sykes. (S)(R)
1.25 **Entertainment News** (S)
1.30 **Teleshopping** (S)(R)
2.30 **Cash in the Attic** (S)(R)(AD)
4.10 **Friends** (S5) (S)(R)(AD)
4.35 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Hawaii Five-0** (S2) (S)(R)
8.00 **The Simpsons** (S)(R)
9.00 **F1: Miami Grand Prix Sprint Qualifying Session Highlights** Action from the fourth round of the season at Miami International Autodrome. (R)
10.00 **The Simpsons** (S)(R)
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up** Previews.
3.00 PM **Gillette Labs Soccer Saturday** The latest news from this afternoon's matches.
5.00 **Sport's Funniest Moments** From football to F1, and cricket to golf, enjoy some of the funniest and most farcical moments from the sporting world, in the company of the likes of James Haskell and Chris Kamara. (S)(R)(AD)

10.00 Saturday Night Live UK

Sport's Funniest Moments (started at 5.00pm)

7.00 F1: Miami Grand Prix Sprint Race Highlights
Action from the fourth round of the season, held at Miami International Autodrome in Florida. (R)

8.00 FILM **Eddie the Eagle**
Biopic of British underdog ski jumper Eddie Edwards, who became a national sensation during the 1988 Winter Olympics. Stars Taron Egerton, Hugh Jackman and Christopher Walken. (S) (2016, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.00 Saturday Night Live UK
New edition 6/8. Aimee Lou Wood hosts the comedy sketch and variety show, with music from north London singer-songwriter Meek.

11.15 F1: Miami Grand Prix Qualifying Session Action from the battle for grid positions in the fourth round of the season, held at Miami International Autodrome in Florida.
1.15 AM **Ted's Notebook** (R)
1.45 **Brassic** 4/6. A stranger breaks into the pub. (S2) (S)(R)(AD)
2.40 **Evil** 7/13. (S2) (S)(R)
3.30 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.35pm Sportscene: Premiership Highlights (S)(R) **12.35am** The Football Interview (S) **12.50** FILM Point Break (S)(AD) (1991, 15, 115min) ★★★★ **2.45** Weather for the Week Ahead (S) **2.50-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
1.30pm Weatherman Walking: The Welsh Coast (S)(R) **2.00-2.15pm** The Hairy Bikers (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
1.30pm Weather Watchers with Barra Best (S)(R) **2.00** LIVE Irish Cup Final (S) **4.45** Chronicles of the Sperrins (S)(R) **5.00-5.30pm** Paula McIntyre's Hamely Kitchen (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Ne-wff-ion **10.15** Garddio a Mwy **10.45** Cartrefi Cymru **11.15** Cwpwrdd Epic Chris **11.45** Ffermio **12.20pm** Gwladfa: Gwilym Bowen Rhys **12.50** Cysgu O Gwmpas (AD) **1.20** Am Dro! (AD) **2.20** Hen Dy Newydd (AD) **3.25** Y Wal (AD) **4.25** Nol o'r Dibyn gyda Iolo Williams (AD) **5.00** LIVE Sgorio **7.45** Newyddion a'r Tywydd **8.00** Iaith ar Daith (AD) **9.00** Canu gyda Fy Arwr **10.00** Cyfrinachau'r Great Escape **11.00-11.35pm** Bwyd Epic Chris

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Proper Ladies**
7.15 **Doctor Who** *Deep Breath:* 1/13. Peter Capaldi makes his debut as the 12th Doctor, who arrives in Victorian London to find a dinosaur causing havoc. (S8)
8.30 **Ghosts** 1/7. A historical documentary team arrive to film at Button House. **9.00** 2/7. A mysterious visitor has a revelation that leaves Alison reeling. (S3)
9.30 **Miranda** 3/6. Penny urges Miranda to improve her career prospects. **10.00** 4/6. Miranda spontaneously books herself into a hotel. (S1)
10.30 FILM **Quiz Lady** Comedy starring Sandra Oh and Awkwafina. A pair of siblings embark on a madcap cross-country odyssey to transform a shrinking violet into a game show contender. With Will Ferrell. (2023, 15, 99min) ★★★★
12.05 AM **Two Pints of Lager and a Packet of Crisps**
3.00 **to 4.00** AM **Miranda**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **The Good Old Days** With Bernard Cribbins.
7.45 **A Wonderful Bird Is the Pelican** A profile of one of nature's most unusual birds.
8.10 **Hetty Wainthropp Investigates** *Fisticuffs:* A road rage incident uncovers a family tragedy.
9.00 NEW SERIES **The Count of Monte Cristo** 1/4. French adaptation of Alexandre Dumas' classic, starring Pierre Niney. **9.45** New episode 2/4. Edmond reinvents himself as the mysterious Count of Monte Cristo. Subtitled. (S1)
10.30 **Keeping Up Appearances** The Buckets are invited on a golfing weekend.
11.00 **Sorry!**
11.30 **Talking Pictures: Albert Finney** TV appearances.
12.05 AM **The Good Old Days**
12.50 **Hetty Wainthropp Investigates** As 8.10pm.
1.40 **A Wonderful Bird Is the Pelican** As 7.45pm.
2.05 **to 3.05** AM **The Secret Life of the Sun**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A Place in the Sun**
9.55 **Four in a Bed**
12.35 PM **Grand Designs**
2.40 **A Place in the Sun**
3.40 **Come Dine with Me** Five editions from Yeovil, Somerset, featuring a PR manager, a DJ, a fork-lift truck driver, a businessman and a used-car dealer.
6.25 **Four in a Bed** The competition gets under way at Newquay Beach Hotel. **6.55** The second visit is to Devon Heaven Hideaways.
7.25 **Four in a Bed** The third visit of the week is to Tin Can Retreat in Ceredigion. **7.55** The fourth and final visit of the week is to the Thorverton Arms in Devon. **8.25** The B&Bers find out how much they've been paid.
9.00 **24 Hours in A&E** A motorcyclist is rushed in after crashing head first into a lamp-post, and a man arrives at St George's after riding his bicycle into the back of a parked ambulance.
10.00 **24 Hours in A&E** A 71-year-old is rushed to A&E by air ambulance after falling head first onto a tiled floor, and a 23-year-old is treated after being assaulted.
11.05 **Emergency Helicopter Medics** Double bill.
1.10 AM **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Lego Masters Australia**
7.30 **Modern Family**
8.00 **The Amazing Race Australia** From Cambodia.
9.25 **Made in Chelsea**
10.25 **Ramsay's Kitchen Nightmares USA**
12.25 PM **Married at First Sight Australia** Double bill.
3.25 FILM **Rat Race** Road comedy starring John Cleese, Rowan Atkinson and Whoopi Goldberg. (2001, 12, 112min) ★★★
5.30 **The Simpsons** Triple bill.
7.00 **The Simpsons** *The Road to Cincinnati:* Principal Skinner and Superintendent Chalmers go on a road trip. **7.30** *Sorry Not Sorry:* Lisa refuses to apologise for insulting Miss Hoover. **8.00** *The Dad-Feelings Limited:* Comic Book Guy's origin story is revealed. **8.30** *Diary Queen:* Bart finds his old teacher's diary.
9.00 **Celebrity Gogglebox** Famous faces appraise *Love Island, Clarkson's Farm* and *Coronation Street*.
10.00 **Gogglebox** Opinions on *Adolescence, 99 to Beat, Big Night of Musicals* and *Britain's Got Talent*.
11.05 **Gogglebox**
12.05 AM **First Dates**
2.15 **Gogglebox**
4.10 **Don't Spook the Bride**
5.00 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 | 306 | 30 | 123 | 256

Saturday primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
8.00 **Brit Cops: Law & Disorder**
9.00 **UK Border Force**
10.00 **Caught on Dashcam**
11.00 **Caught Red Handed** A window cleaner is suspected of stealing money.
11.45 A retiree gets duped by a master scammer.
12.30 PM A criminal holds up a taxi driver at knifepoint.
1.15 Two thieves who stole a tortoise from a zoo.
2.00 **Stop, Search, Seize**
3.00 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 Law & Order: Special Victims Unit *Playing with Fire:* 19/22. Second in a two-part crossover with *Law & Order*. (S26)

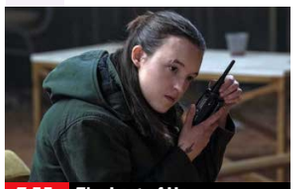
10 PM
10.00 Doc *Fare Well:* 13/22. Joan has Amy and Sonya evaluate each other's cases as the race for chief resident intensifies. (S2)
11.00 **Matlock** 8/16. (S2)
12.00 M'T **Chicago Fire** 8/13. (S12)
1.00 AM **FBI** 14/19. (S2)
2.00 **Watson** New episode 12/20. Medical drama. (S2)
3.00 **The Good Doctor** 5/22. (S6)
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Miami's South Beach.
7.00 **The Time Traveler's Wife** (S1)
1.15 PM **The Last of Us** 1/7. Ellie makes a discovery.
2.25 2/7. Jackson Hole's residents prepare for the worst.
3.30 3/7. Ellie prepares to petition the town council.
4.35 4/7. Ellie and Dina find themselves amid a battle.
5.40 5/7. The WLF makes a dangerous discovery.
6.45 6/7. Ellie confronts Joel about her past. (S2)



7.55 The Last of Us

7 PM
7.55 The Last of Us *Convergence:* 7/7. Amid the battle between Seattle's warring factions, Ellie's search draws her towards a devastating confrontation. (S2)

9 PM
9.00 The Miniature Wife *Don't Freak Out!* 4/10. Lulu gets a glimpse at what life would be like back in her home town. (S1)

10 PM
10.00 Hacks 4/10. American comedy drama. (S5)
10.40 5/10. Drama starring Jean Smart and Hannah Einbinder. (S5)
11.20 **DTF St Louis** 1/7. Clark and Floyd explore a new dating app for extramarital affairs.
12.20 AM 2/7. Clark quickly hits it off with Floyd's wife.
1.20 3&4/7. Double bill. (S1)
3.20 **Homicide: Life on the Street**
5.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Project Bakeover**
6.55 **Backyard Builds**
7.25 **Dress to Impress**
8.25 **Gordon Ramsay's Food Stars USA** Double bill.
10.20 **Deal or No Deal**
12.25 PM **Britain's Got Talent**
2.30 **Celebrity Catchphrase**
3.35 **FILM Nanny McPhee & The Big Bang** Comedy sequel. (2010, U, 109min) ★★★
5.45 **FILM Raiders of the Lost Ark** Action adventure starring Harrison Ford and Karen Allen. (1981, PG, 115min) ★★★★★

5.45 Raiders of the Lost Ark

7 PM
FILM Raiders of the Lost Ark (film started at 5.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM
8.00 FILM Dune Director Denis Villeneuve's sci-fi drama starring Timothée Chalamet, Rebecca Ferguson, Zendaya and Oscar Isaac. The son of a noble family is entrusted with the protection of the most valuable asset and most vital element in the galaxy. (2021, 12, 155min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Family Guy** 13/22. The Griffin family present a twist on the drama *The White Lotus*. (S23)
11.35 **Family Guy** 9&3/15. (S22)
12.35 AM **American Dad!** (S12)
1.35 **Plebs** 2/8. (S4)
2.05 **Count Abdulla**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Lewis** Double bill.
10.00 **Endeavour** *Trove.*
12.00 NOON **Agatha Christie's Marple** *The Moving Finger:* The sleuth investigates a poison-pen letter.
2.00 PM **Midsomer Murders** *Blood on the Saddle:* A land dispute leads to murder.
4.00 *The Silent Land:* Joyce Barnaby thinks she is responsible for a man's death.
6.00 *Master Class:* A shy music prodigy witnesses a woman drowning in a river.

10.00 Grace

7 PM
Midsomer Murders (started at 6.00pm)

8 PM
8.00 Midsomer Murders *The Noble Art:* A local boxer's successful world title bid stirs up hidden passions among the residents of Midsomer Morchard. Guest stars Phil Daniels.

10 PM
10.00 Grace *Need You Dead:* The murder of a woman discovered in her flat initially presents as a break-in gone wrong but soon appears to be something more.
11.50 **A Touch of Frost** *In the Public Interest:* The naked bodies of three men are found.
1.55 AM **On the Buses**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **The Big Match Revisited**
8.25 **E1 Powerboat Highlights**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **Football Rivalries**
11.45 **Hornblower**
2.00 PM **LIVE Formula E** Race one of the Berlin E-Prix at Tempelhof Airport Street Circuit. Start-time is at 3.05.
4.30 **Snooker v Darts**
4.45 **American Pickers**
5.45 **River Monsters** Searching for the Iliamna Lake monster.

5.45 River Monsters

7 PM
6.15 FILM The Living Daylights James Bond adventure starring Timothy Dalton in his first film as 007. Bond discovers that there is more to a Russian general's defection than meets the eye. (1987, PG, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM
9.00 English Football League Highlights Action from the final day of the regular season, including Ipswich Town v Queens Park Rangers and Millwall v Oxford United in the Championship.
10.30 Wrestling: AEW Dynamite Hard-hitting action from the world of All Elite Wrestling.
12.30 AM **The Sweeney**
1.30 **Two and a Half Men** (S2)
2.20 **Auto Mundial** News from the world of motorsport.
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Action from the latest top-flight matches, including Kilmarnock v Dundee United and Dundee v St Mirren.
8.15 **Scotland's Home of the Year** 4/7. Examining three properties in the west of Scotland.
8.45 **The Repair Shop on the Road** Dominic Chinea and Will Kirk tackle a scale model of the Falkirk Wheel.
9.30 **FILM Schemers** Comedy drama starring Conor Berry, Tara Lee and Sean Connor. (2019, 15, 91min) ★★
11.00 PM **to 12.00** M'T **Susie McCabe: Femme Fatality** A stand-up show at the King's Theatre in Glasgow.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** 3-8. (S2)
11.00 **Will & Grace** (S7)
4.00 PM **Based on a True Story** Eight episodes of the series, including at:
6.15 4/8. Ava and Nathan attend a true-crime convention.
6.45 5/8. Ruby drags Ava and Nathan on a wild night out.
7.20 6/8. The podcast receives a massive boost in subscribers.
8.00 7/8. Ava, Nate and Matt have to regroup.
8.30 8/8. Ava and Nathan race against the clock, while Matt prepares to expand the operation. (S1)
9.00 **Lucy Beaumont: Live from the Royal Court Theatre** A stand-up show by the comedian.
10.00 **Nish Kumar: Your Power, Your Control** Stand-up performance.
11.30 **Saturday Night Live UK**
3.15 **to 5.00** AM **Avenue 5**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Cirque du Soleil**
8.00 **Tales of the Unexpected**
11.05 **Alfred Hitchcock Hour**
1.15 PM **FILM The Stranger** (1946, PG) ★★★★
3.00 **Discovering**
4.00 **Making a Maestro**
5.00 **Rod Stewart: It Had to Be You**
7.00 **Close to You: Remembering The Carpenters**
8.20 **Paul McCartney and Wings: One Hand Clapping** Documentary.
9.50 **The Thousand and One Musical Lives of Fleetwood Mac**
11.05 **Classic Albums**
12.25 AM **The Jam: Live at Rockpalast**
1.55 **Paul Weller: May Love Travel with You**
2.55 **Ian Dury and the Blockheads: Hold on to Your Structure**
4.10 **Classic Albums**
5.10 **to 6.00** AM **Discovering**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: Canada's Front Line**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Four editions.
4.00 PM **Attenborough's Global Adventure**
5.00 **Great Barrier Reef with David Attenborough** Unlocking the secrets of the natural wonder.
6.00 The shark-infested waters of Osprey Reef.
7.00 A look at what the future holds for the reef.
8.00 **Caught on Dashcam**
9.00 **FILM The Bricklayer** Action thriller starring Aaron Eckhart. A former CIA operative is lured out of retirement when an extortionist targets the agency. (2023, 15, 110min) ★★
11.00 **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Game show.
3.00 **The Floor** The 41 remaining contestants fight for more squares.
4.00 **Ridiculous** Quiz show.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Uche tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Deal or No Deal: Celebrity Special** Motsi and Oti Mabuse compete to win money for charity.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable**
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Come Dine with Me**
3.00 PM **Location, Location, Location** Property series.
4.00 **A Place in the Sun**
8.00 **Help! I Bought It at Auction with Sarah Beeny** Sarah meets a couple who paid more than £1million for a south London house in need of restoration.
9.00 **Our Welsh Chapel Dream** Keith celebrates his 60th birthday with a party at the chapel.
10.00 **Salisbury Poisonings: The Untold Story** 1/3. Documentary telling the story of the 2018 poisoning of ex-Russian spy Sergei Skripal, his daughter Yulia and local Dawn Sturgess.
11.05 **24 Hours in A&E**
12.05 AM **Gogglebox**
2.05 **Taskmaster**
3.10 **Super Surgeons: A Chance at Life**
4.05 **to 5.05** AM **Emergency Helicopter Medics**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 22&23/26. (S7)
1.00 PM **Star Trek: The Next Generation** 24-26/26. (S7)
4.00 **Star Trek: Voyager** 25/26. Chakotay sparks a mutiny. **5.00** 26/26. Part one of two. The ship ventures into Borg territory. (S3)
6.00 **Star Trek: Deep Space Nine** 23/26. Bashir and O'Brien attempt to lure Sloan back to the station. (S7)

10.00 The Walking Dead

7.00 **Star Trek: Deep Space Nine** *The Dogs of War:* 24/26. A betrayed Kira finds herself trapped in a Cardassian cellar.
8.00 **Star Trek: Deep Space Nine** *What You Leave Behind:* 25/26. Sisko launches an attack against the Dominion.
9.00 **Star Trek: Deep Space Nine** *What You Leave Behind – Part Two:* 26/26. Last-ever episode of the sci-fi drama. (S7)
10.00 **The Walking Dead** *Say the Word:* 5/16. The Governor throws a party with a unique twist for the people of Woodbury. (S3)
11.00 **The Walking Dead** 6/16. Rick suffers a breakdown in the prison boiler room. (S3)
12.00 M'T **Grimm** 20/22. Nick intervenes in the murder of a writer by an aquatic monster. **1.00** AM 21/22. An army of zombies is on the march. (S2)
2.00 **From** 6-8/10. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
10.00 **Miss Scarlet and the Duke**
12.00 NOON **Inspector George Gently** *Peace and Love.*
2.00 PM **Father Brown** Four episodes, including at: **5.00** *The Upcott Fraternity:* The suicide of a student leads Father Brown to believe a murderer is at work.
6.00 **Saint-Pierre** 2/10. Fitz and Arch engage in a deadly game of cat and mouse as they race to determine the target of an assassin on Bastille Day. (S1)

8.00 Allegiance

7.00 **Shakespeare & Hathaway: Private Investigators** 3/10. A former beauty queen is found dead. (S4)
8.00 **Allegiance** *IRL:* 4/10. Sabrina and Vince respond to a gun call at a library, drawing them into a fast-paced case. (S1)
9.00 **Death in Paradise** *Murder in the Stars:* 1/8. An eminent astronomer dies in mysterious circumstances.
10.00 **Death in Paradise** *The Communal Death:* 2/8. A member of a survivalist commune is poisoned in a locked bunker. (S12)
11.00 **Father Brown** *The Invisible Man:* The priest hunts for the killer of a clown while trying to determine why a parishioner has agreed to marry Welkin.
12.00 M'T **Father Brown**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **The Green Green Grass**
8.00 **Still Open All Hours**
8.40 **Open All Hours**
12.00 NOON **Still Open All Hours**
3.20 PM **Open All Hours** Five episodes, including at: **4.40** Nurse Gladys Emmanuel's washing machine breaks down. **5.20** Arkwright decides that Granville needs toughening up. **6.00** Granville places an ad in a lonely hearts magazine.
6.40 **Still Open All Hours** Granville is determined to play Cupid.

3.20 Open All Hours

7.20 **Still Open All Hours** Granville and Gastric act as marriage counsellors, while Leroy adopts a disguise to avoid trouble.
8.00 **Still Open All Hours** The ladies get dressed up for line-dancing.
8.40 **Open All Hours** Arkwright tries to make Nurse Gladys Emmanuel jealous.
9.20 **Still Open All Hours** Festive episode from 2017. Granville faces being alone at Christmas.
10.00 **Still Open All Hours** Mr Newbold resolves to tell Mrs Featherstone how he really feels about her. **10.40** As 8.00pm.
11.20 **Open All Hours**
2.00 AM **dinnerladies diaries** A look behind the scenes of the comedy series.
2.50 **Alma's Not Normal** Alma reluctantly takes on a job at a sandwich shop.
3.20 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.35 AM **James May's Cars of the People** Documentary.
8.30 **Top Gear: Burma Special**
11.15 **Red Bull Soapbox Race: London** With Will Best.
1.15 PM **Mortimer & Whitehouse: Gone Fishing** Triple bill.
3.15 **Would I Lie to You?** Six editions, including at: **5.50** With Gabby Logan, Andy Hamilton, Christian Jessen and Diane Parish. **6.30** With guests Bob Mortimer, Patsy Kensit, Greg Davies and Richard Osman.

9.00 Red Dwarf

7.10 **Would I Lie to You?** With Jack Whitehall, Emily Maitlis, Jim Carter and Armando Iannucci. **7.50** With Matt Dawson, Josh Widdicombe, Dermot O'Leary and Mel Giedroyc. **8.25** Guest panellists include David O'Doherty and Richard Osman.
9.00 **Red Dwarf** Lister and Rimmer put their lives in danger while attempting to boost Holly's IQ. **9.40** Rimmer comes face to face with his double from another dimension. **10.20** The crew find themselves transported to a giant theme park.
10.55 **Not Going Out**
11.35 **Not Going Out Live** Special episode of Lee Mack's comedy.
12.10 AM **Not Going Out**
12.50 **Have I Got a Bit More News for You** With Alice Levine.
1.50 **to 4.00** AM **Orlando Bloom: To the Edge**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.05 AM **Kingdom**
7.55 **Birds of a Feather**
9.50 **Lovejoy** Triple bill.
1.20 PM **Father Brown**
2.20 **New Tricks** *A Death in the Family:* Jack announces that he is quitting the team. **3.40** *Old School Ties:* The remains of a body are discovered near an elite public boarding school.
5.00 **Signora Volpe** *A Debt of Honour:* 1/3. Antonella's friend is arrested for the murder of a community leader. (S2)

9.00 Whitechapel

7.00 **The Brokenwood Mysteries** *The House of Screams:* 5/6. 'The House of Screams', a local scare attraction, becomes the venue for an actual murder when a teenager is found with a sickle through his neck. (S10)
9.00 **Whitechapel** 6/8. Part two of two. The hunt is on to find a gang of suspected cannibalistic killers lurking in the sewers. (S4)
10.00 **The Inspector Lynley Mysteries** *In the Blink of an Eye:* The detective investigates when a former war photographer is found shot dead.
12.00 M'T **New Tricks** *A Death in the Family:* Jack announces he is quitting the team.
1.20 AM **Sister Boniface Mysteries**
2.20 **Birds of a Feather**
2.50 **to 4.00** AM **Queens of Mystery**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

Saturday

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Documentary.
9.20 **Blue Bloods** (S9)
1.05 PM **Bull** 12-16/23. (S1)
6.00 **Bull** *Name Game:* 17/23. The legal consultant takes on a corrupt bank. **7.00** *Dressed to Kill:* 18/23. Chunk's bond with Bull is tested. **8.00** *Bring It On:* 19/23. A high-powered attorney seeks Bull's help after he is accused of murdering his fiancée. (S1)
9.00 **NCIS** *Foreign Bodies:* 2/20. Vance prepares to host diplomatic talks with Venezuela. (S22)
10.00 **Law & Order: Special Victims Unit** *Demons:* 1/22. Stabler investigates an attack on a girl. (S7)
11.00 **Law & Order: Special Victims Unit** (S7&6)
1.50 AM **Law & Order: Criminal Intent** (S8)
2.45 **Bull** 12/23. (S1)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.10 **Friends** Triple bill. (S2)
9.40 **Filthy Britain SOS**
11.40 **Shoplifters: Caught Red Handed** Four editions.
3.45 PM **FILM Shanghai Knights** Comedy sequel with Jackie Chan. (2003, 12, 109min) ★★★
6.00 **FILM 2012** Disaster movie with John Cusack. (2009, 12, 158min) ★★★
9.00 **FILM Armageddon** Sci-fi adventure starring Bruce Willis, Liv Tyler and Ben Affleck. An oil driller and his team try to destroy a giant asteroid that is on a collision course with Earth. (1998, 12, 151min) ★★★
11.55 **Piers Morgan: Uncensored**
1.55 AM **Trouble on the Terraces: Caught on Camera** Documentary.
2.50 **Fights, Camera, Action!**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Police Interceptors**
12.20 PM **Motorway Cops: Catching Britain's Speeders** Five editions of the series, including at: **3.20** PC Andy Doran makes his way to the scene of a collision. **4.20** PC Niaz Waddington tries to catch up with a speeding SUV.
5.15 **FILM The Tall T** Western starring Randolph Scott. (1957, PG, 78min) ★★
6.55 **FILM The Deadly Companions** Western starring Brian Keith, Maureen O'Hara and Steve Cochran. (1961, PG, 90min) ★★★
9.00 **FILM Open Range** Western directed by and starring Kevin Costner, with Robert Duvall and Annette Bening. (2003, 12, 139min) ★★★★
11.50 **The X-Files** (S2)
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
1.00 PM **999 Rescue Squad**
7.00 **First Responders** A young mountain biker gets a helicopter ride off the side of a mountain when he breaks his leg. **8.00** Intensive care paramedics prepare for the worst following a farm accident.
9.00 **Gavin & Stacey** Nessa goes into labour. **9.40** The gang reunite for Neil's christening. **10.20** Pam and Mick host a curry night. **11.00** Smithy worries about seeing Nessa..
11.35 **The Catherine Tate Show** Triple bill of the comedy sketch show.
1.25 AM **Amanda & Alan's Italian Job** The duo plan to create an open-plan living and dining room .
1.55 **to 3.00** AM **Louis Theroux Interviews... Stormzy**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Dream Car Fixers**
11.00 **Flipping Bangers**
12.00 NOON **Porridge**
2.00 PM **Canal Boat Diaries**
5.00 **The Americas with Simon Reeve**
6.00 **Frozen Planet II**
8.00 **Bangers & Cash** Charlie picks up a Vauxhall Viva from a man who has owned it for over half a century. **9.00** Derek picks up a 1972 Lancia Fulvia Zagato from Sunderland.
10.00 **Train Truckers** Kevin and Kieran move three state-of-the-art trains, fresh in from Japan. **11.00** The A4 LNER Pacific Locomotive, *Sir Nigel Gresley*, must be hauled 46 miles from Crewe to Bridgnorth.
12.00 M'T **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Yorkshire Auction House**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing**
9.00 **NEW SERIES World's Bargain Dream Homes** A Tennessee woman looks for a home on the Greek island of Crete. **9.30** New edition Best friends search for their dream home in Spain.
10.00 **100 Day Dream Home** Brian and Mika help a hairstylist renovate her mother's home.
11.00 **Celebrity IOU**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Saturday

Great! TV

157 167 170 34 32

8.10 AM **Little House on the Prairie** (S5)
1.10 PM **Little House on the Prairie** 10-14/26. (S5)
6.50 **FILM Please Sir!** Comedy spin-off from the popular TV series, starring John Alderton. (1971, PG, 97min) ★★★
9.00 **FILM Bless This House** Big screen spin-off from the sitcom, starring Sidney James and Diana Coupland. The Abbot family fall out with their pompous neighbours. (1972, U, 89min) ★★
10.55 **Robin's Nest** *The Candidate:* 2/13. Nicholls enters the political arena. **11.25** *Just Desserts:* 3/13. An old flame pays a surprise visit. (S3)
11.55 **Man About the House**
12.55 AM **Rising Damp**
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** Double bill.
10.10 **The Persuaders!**
12.10 PM **FILM Death Rides a Horse** Spaghetti western. (1969, 15, 111 min) ★
2.40 **FILM Immortal Sergeant** Wartime drama. (1943, b/w, PG, 91 min) ★★★
4.40 **FILM Jet Pilot** War drama with John Wayne. (1957, U, 112min) ★★
7.05 **FILM Beyond the Law** Thriller starring DMX. (2019, 15, 89min) ★
9.00 **FILM The Expendables** Action adventure. (2010, 18, 99min) ★★★
11.15 **FILM Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
1.15 AM **FILM First Kill** Thriller with Bruce Willis. (2017, 15, 97min) ★★
3.25 **FILM Miami Magma** Sci-fi disaster movie. (2011, 15, 97min) ★★
4.50 **to 5.50** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **Air Rescue**
8.30 **Sue Thomas: F.B.Eye**
11.30 **FILM How to Con a Con** Thriller. (2020, PG) ★★
1.20 PM **FILM Signed Sealed Delivered** Drama. (2013, PG, 87min) ★★
3.15 **FILM Time to Start Livin'** Crime thriller. (2014, PG, 85min) ★★
5.10 **FILM Second Chances** Drama. (2014, PG) ★★
7.05 **FILM Reconcilable Differences** Mystery. (2014, 12, 87min) ★★
9.00 **FILM Picture Perfect Mysteries: Dead Over Diamonds** Crime drama. (2020, PG, 90min) ★★
10.55 **FILM More Bitter Than Death** (2019, PG) ★★
12.50 AM **FILM Murder at the Mansion** Thriller. (2018, PG, 90min) ★★
2.30 **FILM Campus Caller** Thriller. (2016, 12) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.00 AM **FILM Love Hacks** Romantic drama. (2022, PG, 90min) ★★
10.00 **FILM Falling for the Manny** Romantic drama. (2023, PG, 89min) ★★
12.00 NOON **FILM Let Love Grow** Romantic drama. (2023, U, 90min) ★★
2.00 PM **FILM Love Finds You in Valentine** Drama. (2016, PG, 87min) ★★
4.00 **FILM Flip That Romance** Drama. (2019, PG, 90min) ★★
5.55 **FILM Cabin Connection** Drama. (2022, PG) ★★
7.45 **FILM Love in Bloom** Romantic comedy. (2022, U, 87min) ★★
9.40 **FILM Can't Buy My Love** Romantic comedy. (2017, PG, 90min) ★★
11.40 **FILM Finding Mr Right** Comedy. (2022, U) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Love in Bloom** (2022, U) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **This Farming Life**
6.00 **FILM Buster** Comedy drama starring Phil Collins as Great Train Robber Buster Edwards. (1988, 15, 102min) ★★
8.00 **Garden Rescue** The team address the needs of a sad and unloved garden in Leicestershire. **9.00** Lee Burkhill and Flo Headlam transform a garden in Rocester.
10.00 **Real Thick Glasses**
10.15 **FILM Loving Feeling** Comedy starring Simon Brent and Georgina Ward. (1968, 15, 82min) ★
12.00 M'T **FILM Intimate Games** Adult comedy starring George Baker. (1976, 18, 90min) ★★
2.00 AM **FILM Girls Come First** Adult comedy. (1975, 18, 43min) ★★
3.00 **Me and My Affair**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **The Fenn Street Gang**
8.30 **Press Gang** (S1)
9.00 **The Gaffer** 1-3/7. (S3)
10.30 **Agony** 3-5/7. (S3)
12.00 NOON **The Champions**
1.00 PM **Boon** 11 & 12/13. (S4)
3.10 **The Prime of Miss Jean Brodie** 3/7. (S1)
4.15 **Father Brown**
5.15 **Second Thoughts** (S2)
6.45 **The Lovers** 3-5/7. (S2)
8.15 **Frederick Forsyth Presents** *Pride and Extreme Prejudice.*
10.15 **FILM Fanny Hill** Bawdy historical comedy starring Leticia Roman. (1964, 18, 104min) ★★
12.15 AM **FILM Night of the Living Dead** George A Romero's classic horror starring Duane Jones. (1968, b/w, 15, 96min) ★★★★
2.55 **Boon** 11/13. (S4)
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Gem Hunters Down Under** Double bill.
3.00 **The Snake Catcher**
4.00 **Aussie Gold Hunters**
7.00 **Extreme Cheapskates** Four editions of the series, including at: **8.30** A woman who uses exercise equipment in sports stores.
9.00 **Paranormal: Caught on Camera** New edition A ghostly figure is caught on a child's bedroom camera.
10.00 **Kindred Spirits** Amy, Adam and Chip visit the Paramount Theatre in New Jersey. **11.00** Amy, Adam and Chip explore a desolate island off Rhode Island.
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
11.00 **Prue Leith's Cotswold Kitchen** As 7.00pm.
12.00 NOON **Jamie's Money Saving Meals**
1.00 PM **James Martin Digs Deep** Four editions.
3.00 **The Hairy Bikers Go West** Double bill.
5.00 **Hairy Bikers: Route 66**
7.00 **Prue Leith's Cotswold Kitchen** Prue welcomes Sandi Toksvig into her kitchen to cook recipes from a 1920s pamphlet.
8.00 **Jamie's Money Saving Meals** Double bill.
9.00 **Diners, Drive-Ins and Dives** Guy Fieri tastes more dishes in Virginia, Nashville and California. **9.30** Guy samples meatloaf in Minnesota.
10.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **The Six Million Dollar Man** (S1&2)
12.00 NOON **FILM Siringo** Western adventure. (1996, PG, 90min) ★★
2.00 PM **FILM Donovan's Reef** Comedy adventure. (1963, U, 104min) ★★★
4.05 **FILM The Vengeance of She** Adventure. (1967, PG, 101 min) ★
6.05 **FILM Dr Terror's House of Horrors** Horror compendium. (1964, PG, 98min) ★★★
8.00 **The Twilight Zone** (S5)
9.00 **FILM Immortals** Action adventure with Mickey Rourke and Henry Cavill. (2011, 15, 110min) ★★★
11.25 **FILM Hammer of the Gods** Action adventure. (2013, 18, 94min) ★
1.30 AM **FILM London Heist** Gangster thriller. (2016, 15, 95min) ★★
3.25 **to 5.15** AM **FILM The Outsider** Action thriller. (2014, 15, 94min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **Andromeda** (S1)
3.00 PM **FILM San Andreas Mega Quake** Thriller. (2019, 12, 87min) ★★
5.00 **FILM Shark** Thriller. (1969, 15, 88min) ★★
7.00 **FILM Tornado Warning** Sci-fi action thriller starring Jeff Fahey. (2012, PG, 90min) ★★
9.00 **FILM Donnie Brasco** Fact-based crime drama starring Al Pacino and Johnny Depp. (1997, 18, 126min) ★★★★
11.35 **FILM Precious Cargo** Thriller starring Claire Forlani and Bruce Willis. (2016, 15, 87min) ★★
1.25 AM **FILM Witchfinder General** Horror. (1967, 15, 98min) ★★★★
3.15 **FILM Sherlock Holmes** Mystery with Ben Syder. (2010, 12, 89min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Wicked Tuna**
7.30 **Swamp People: Serpent Invasion**
9.15 **Gold Wars Downunder**
10.10 **Ancient Aliens**
11.10 **The UnXplained with William Shatner**
1.05 PM **The Proof Is Out There** Double bill.
3.05 **What on Earth?**
6.00 **Secret Societies: In the Shadows** Triple bill.
9.00 **Holy Marvels with Dennis Quaid** The rituals surrounding death and the afterlife.
10.00 **Battle Treasures with Foxy and Bruce** The rifles that changed modern warfare. **10.30** Jason Fox and Bruce Crompton handle a Viking sword.
11.00 **Strange Evidence**
1.00 AM **National Park Mysteries** Double bill.
2.00 **Alien Files: Unsealed**
4.00 **to 6.00** AM **Close Encounters**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **6.00** *The Corpse Flew First Class:* Jessica investigates the death of a bodyguard.
7.00 **World War II: Secrets from Above** Stalin, seeking revenge, wages an offensive against Nazi Germany.
8.00 **Battle Front: WWII Road to Victory** New editions A look at how the Allies attempted to push the Germans back to the Rhine. **8.30** How US forces launched a final push to retake the Philippines.
9.00 **WWII Battles in Colour** The Battle of Kursk. **10.00** The story of the Battle of the Bulge. **11.00** The final days of the Third Reich.
11.55 **Wentworth Prison**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable** Quiz show.
2.00 **Bridge of Lies**
3.00 **The Family Chase**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Perry Fenwick, Jenny Eclair, Ore Oduba and Richard Madeley compete for charity. **6.00** With Mark Rhodes, Ann Widdecombe, Sam Nixon and Jimmy Carr.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Kym Marsh, Louie Spence, Tracey Cox and Greg Rusedski compete for charity.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage**
11.00 **The Big Bang Theory**
7.00 PM **The Big Bang Theory** 10/24. Amy is attracted to one of Penny's ex-boyfriends. **7.30** 11/24. The guys make fun of Zack. **8.00** 12/24. Leonard and Sheldon fight for control of a project. **8.30** 13/24. The pals attend a weekend science conference. (S4)
9.00 NEW SERIES **Hollywood Demons** The dark secrets behind *The Jerry Springer Show.*
11.00 **People Magazine Investigates: Surviving a Serial Killer**
12.00 M'T **Dr Pimple Popper**
1.00 AM **Young Sheldon**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Friends** (S6)
2.00 PM **FILM Bring It On** Teen comedy starring Kirsten Dunst. (2000, 12, 99min) ★★★★
3.50 **Friends** (S6)
8.00 **Michael McIntyre's The Wheel** With Dermot O'Leary, Roman Kemp, Jessica Ennis-Hill, Adam Kay, Angela Scanlon, Kay Burley and Alex Brooker.
9.00 **FILM Con Air** Action thriller starring Nicolas Cage, John Cusack and John Malkovich. (1997, 18, 115min) ★★★★
11.15 **Jack Whitehall Live**
12.15 AM **8 Out of 10 Cats**
1.55 **Whose Line Is It Anyway? USA**
2.25 **Dara O Briain Talks Funny: Live in London**
3.25 **Utopia** 4/8. (S2)
3.50 **Friends** 15/25. (S6)
4.15 **to 5.00** AM **Michael McIntyre's The Wheel**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S4)
7.00 **Teleshopping**
9.00 **Bradley & Barney Walsh: Breaking Dad**
11.00 **Michael McIntyre's Big Show** As 4.00pm.
12.00 NOON **Bradley & Barney Walsh: Breaking Dad** Four editions.
2.00 PM **Friends** (S6)
4.00 **Michael McIntyre's Big Show** With Alex Jones and All Saints.
5.00 **Everybody Loves Raymond** 2-9/25. (S5)
9.00 **Friends** 1/24. Monica accuses Rachel of trying to steal her thunder. **9.30** 2/24. Monica excitedly starts making wedding plans. (S7)
10.00 **Friends** 3-10/24. (S7)
2.00 AM **New Girl** (S4)
3.00 **South Park** (S22&23)
4.30 **Jimmy Carr's Am I the A**hole?**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s: Best Music Live!**
8.15 **Yes, Minister** 1-3/7. (S1)
10.05 **You Rang, M'Lord?** (S1)
1.10 PM **Are You Being Served? Again!** (S1)
4.50 **Man About the House**
7.55 **Minder** *All Mod Cons:* 8/13. Arthur tries to sell Terry's flat. (S2)
9.00 **Benidorm** 4/7. A gangster gives the Garveys a shock. (S4)
9.55 **Shameless** 15/22. Jobless Avril keeps producing gifts. (S8)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 4/7. (S4)
12.55 AM **Minder** 5/8. (S6)
2.00 **In Sickness and in Health** 6/7. Sitcom. (S6)
2.30 **Man About the House**
2.50 **Duty Free** 7/7. (S2)
3.15 **That's 60s: Best Music Live!**
4.00 **Nearest and Dearest**
4.50 **to 6.00** AM **Byways of Steam**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Beauty and the Geek Australia** Triple bill.
1.00 PM **Catfish: The TV Show** Five editions.
6.00 **Catfish: Teams**
7.00 **Catfish: The TV Show** A man ready to uproot himself to be with his online partner.
8.00 **Catfish: Scammed** A man's failed attempts to video chat with the woman he met online.
9.00 **Bar Rescue** Jon Taffer helps a bar owner in Gilbert, Arizona. **10.00** Jon enters a Jacksonville bar suffering a severe identity crisis. **11.00** Jon visits an Arizona bar jeopardised by a co-owner's failures.
12.00 M'T **Dating Naked UK**
1.00 AM **Help I Sexted My Boss** Triple bill.
3.35 **to 4.00** AM **Jackass**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do Animals Do That?**
9.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **Gold Rush: Mine Rescue with Freddy & Juan** The duo face their most valuable treasure hunt yet. **2.00** PM Freddy and Juan need some creative solutions. **3.00** The duo must divide forces to save rookie miners. **5.00** Freddy makes a big discovery as Juan races to save a desperate miner.
6.00 **Gold Rush** Parker and Tony attempt to break through the 10,000-ounce barrier.

12.00 Gold Rush: Mine Rescue

7.00 **Filthy Fortunes** Matt Paxton scrambles to clear a bat-infested barn and turn a sea of Santas into big money.
8.00 **Maine Cabin Masters** Chase Morrill and his team renovate a hunting cabin deep in the woods of Oxford, Maine.
9.00 **Naked and Afraid** Fan favourites Ernie and Mandy return for their second challenge together, this time in the Okavango Delta, to try and survive 21 days.
11.00 **Expedition X** Phil Torres and Heather Amaro investigate shadowy figures in Trinidad.
12.00 M'T **Conspiracies & Coverups** Andrew Bustamante probes the origins of COVID 19.
1.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Must Love Cats**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A couple are stunned when they realise they are fostering a feral cat. **4.00** A cat threatens a woman's livelihood.
5.00 **Treehouse Masters** Pete builds a treetop fortress.
6.00 **The Gamechangers: Inventing the World** Scientists conducting ambitious projects.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How hamsters stuff so much into their cheeks. **7.30** How a dog knows when its owner is sick.
8.00 **Extinct or Alive** Forrest Galante travels to the remote Galapagos Islands in search of the fabled Fernandina tortoise.
9.00 **Alaska Gold Diggers** Severe weather hits Gold Run and tensions arise between the women and their miners.
10.00 **Tanked** Brett Raymer and Wayde King build a giant aquarium for the owners of Creek Casino.
11.00 **Tanked** Brett and Wayde turn a 4x4 into an aquarium.
12.00 M'T **Catfishin' Kings** Hand-fishers compete in a catfish-grabbing tournament.
1.00 AM **Edge of Alaska**
2.00 **The Haunted**
3.00 **Extinct or Alive**
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Car S.O.S** Double bill.
12.00 NOON **Construction Fails**
1.00 PM **Top Guns: The Next Generation** Double bill.
3.00 **Planes That Changed History**
4.00 **Nazi Megastructures** Hitler's plan to land troops in southern England in 1940
5.00 **The Battle for Britain: Drain the Oceans**
6.00 **Air Crash Investigation** Wreckage from a cargo jet crash contradicts the pilots' version of events.

8.00 Ocean

7.00 **Air Crash Investigation** How two almost identical Boeing 737 crashes signalled the possibility of a mechanical failure.
8.00 **Ocean with David Attenborough** Exploring the planet's undersea habitats and highlighting the vital importance of these ecosystems and discovering opportunities for marine life recovery.
9.50 **Legend of the Giant Squid** An underwater look at the ocean giants thriving in the coldest place on Earth, Antarctica, including the giant squid.
10.50 **Shipwreck Graveyard** Marine geologist Robert Ballard explores a well-preserved Byzantine wreck in the Black Sea.
11.50 **Ghost Ships of the Great Lakes** A group of ships that haven't been seen since 1914.
12.50 AM **Plane Crash Recreated**
2.40 **Air Crash Investigation**
4.30 **to 5.00** AM **Food Factory**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Ancient Aliens**
8.00 **Mountain Men**
10.00 **The Curse of Oak Island**
11.00 **Storage Wars** Six editions.
2.00 PM **Bone Detectives: Britain's Buried Secrets** The discovery of sliced-open human skulls. **3.00** The discovery of a Roman cemetery in Wiltshire. **4.00** The remains of a woman are found during roadworks. **5.00** The most excavated monastic site in Europe.
6.00 **The Last Hunt for Nazi Gold** Chasing Nazi gold across Italy.

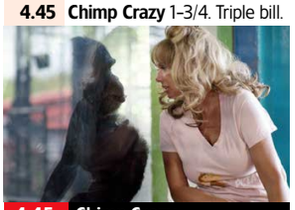
6.00 The Last Hunt for Nazi Gold

7.00 **Secrets of Great British Castles** Exploring the history of York Castle, built on the orders of William the Conqueror.
8.00 **Secrets of Great British Castles** The history of Leeds Castle in Kent, including its origins as a royal Saxon family's manor.
9.00 **Gunpowder Siege** 1/3. Drama about the hunt for the men behind the Gunpowder Plot. Stars Chuku Modu.
10.00 **Gunpowder Siege** 2/3. Robert Catesby, Thomas Wintour and Thomas Percy try to ignite a Catholic rebellion. (S1)
11.00 **Gunpowder Siege** 3/3. With the king's men not far away, the fugitives attempt to barricade themselves into Holbeche House. (S1)
12.00 M'T **Britain's Murder Map with Vicky McClure and Jonny Owen** Burke and Hare.
1.00 AM **Strange Evidence**
4.00 **to 6.00** AM **Secrets of Great British Castles**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Anthony Quinn** A profile of the actor.
7.00 **Discovering: Joan Crawford**
8.00 **The Directors**
9.00 **Kim's Video**
10.45 **My Icon: Darren Campbell**
11.00 **The Loneliest Whale: The Search for 52** A rare whale that calls out at a frequency unrecognised by other whales.
1.00 PM **Williams & Mansell: Red 5**
2.45 **My Icon: Nasser Hussain**
3.00 **I Am Luke Perry** Celebrating the life and career of the actor.
4.45 **Chimp Crazy** 1-3/4. Triple bill.



4.45 Chimp Crazy

7.55 **Chimp Crazy** 4/4. While Tonka's fate becomes clearer, Tonia struggles to let go and dreams of opening her own island sanctuary where she can live among chimpanzees.
9.00 **FILM Touching the Void** Docu-drama based on the book by Joe Simpson. In 1985, mountaineers Joe Simpson and Simon Yates set out to climb the previously unscaled west face of Siula Grande in the Peruvian Andes. (2003, 15, 106min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Hill** A profile of ex-Formula One driver Damon Hill.
1.00 AM **Everton: Howard's Way** Documentary telling the story of Everton's trophy-winning peak in the 1980s.
3.00 **Surviving Ohio State** Documentary exploring the scandal surrounding athletics doctor Richard Strauss.
5.00 **to 6.00** AM **The Directors**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
8.00 **Wheeler Dealers**
3.00 PM **Shed and Buried: Classic Cars**
7.00 **Francis Bourgeois & Chris Harris: We Saved a Train** Francis and Chris dig deep to save their loco restoration when crisis hits.
8.00 **Shed and Buried: Classic Cars** Henry Cole and Fuzz Townshend uncover a 1982 Rolls-Royce Silver Spirit in Gloucestershire.
9.00 **The Repair Shop** A mining helmet and an automaton are restored. **10.00** The team restore a vintage workbench and a manicure set.
11.00 **Aussie Gold Hunters**
12.00 M'T **Outback Crystal Hunters** Documentary.
1.00 AM **Combat Dealers**
3.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **A Killer's Mistake**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **The Perfect Murder**
6.00 **Impact of Murder** Triple bill, including at: **8.00** Investigating a case involving an attack on a college student.
9.00 **Inside the Arrest** An aristocrat goes on the run with her partner in the depths of winter.
10.00 **NEW SERIES On the Case with Paula Zahn** Police follow a trail of videotaped clues they hope will solve a complex mystery.
11.00 **Faking It: Tears of a Crime** Harold Shipman.
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Twilight Killers** An incident of matricide.
8.00 **UK Crime Files: The Murder of an Author** Exploring the case of Helen Bailey's murder.
9.00 **UK Crime Files: Murder – Smoke and Lies** The case of Nikitta Grender, who was found dead after a flat fire.
10.00 **UK Crime Files: Body in the Bag** Exploring how Cardiff killer Malcolm Green murdered twice.
11.00 **UK Crime Files: The Silent Assassin**
12.00 M'T **UK Crime Files: Murder on the Rocks**
1.00 AM **Donal MacIntyre's UK Killer Evidence**
2.00 **Fatal Fraud**
3.00 **Handsome Devils**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
10.45 **Teleshopping**
11.00 **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **UK Crime Files: Kidnap and Murder of an Heiress** Examining the 1969 kidnap and murder of Muriel McKay.
4.00 **UK Crime Files: Murdered for Love** The case of Paul Gault.
5.00 **UK Crime Files: Last Taxi Rider** Dr Nell Darby visits how taxi driver Linda Thomas made an error of judgement.
6.00 **UK Crime Files: Unravelling the Murder of Janet Commins** The story of Janet Commins, whose body was discovered in 1976.
7.00 **Judge Judy** Back-to-back real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **UK Border Force**
8.00 **Road Wars**
9.00 **Caught on Dashcam**
10.00 **Send in the Dogs**
11.00 **How I Caught the Killer**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **World's Most Evil...**
3.00 **How I Caught the Killer**
5.00 **Britain's Most Evil Killers** Double bill
7.00 **Forensics: Catching the Killer** Double bill.
9.00 **World's Most Evil Killers**
10.00 **World's Most Notorious Killers** The disappearance of six Belgian girls.
11.40 **Murder Uncut**
12.45 AM **Killing Mum and Dad** Philip Middleton.
1.50 **How I Caught the Killer**
2.55 **The Real Manhunter**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **1066: A Year to Conquer England**
11.50 **Witness to a Massacre: Nanjing 1937**
1.00 PM **Digging Up Britain's Past** Six editions, including at: **5.00** The team seek artefacts from the Bridgewater Canal. **6.00** The remains of a World War One stable.
7.00 **Witness to a Massacre: Nanjing 1937** The story of the Nanjing massacre.
8.10 **1066: A Year to Conquer England** Events leading up to the Battle of Hastings. **9.30** King Harold of England has to take on two invasion forces. **10.45** Duke William leads his invasion fleet across the Channel.
12.00 M'T **Witness to a Massacre: Nanjing 1937**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SATURDAY

Saturday

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Animals Like Us**
- 8.00 **Survival of the Beast**
- 10.00 **Planet Shark** Triple bill.
- 1.00 PM **Wild Philippines**
- 2.00 **Leopard Dynasty: The Rise of Rana** Documentary.
- 3.00 **Secret Life of the Tasmanian Devil** Double bill of editions.
- 5.00 **David Attenborough's Conquest of the Skies**
- 8.00 **Deadly Australians**
- 9.00 **Big Cat Country** The four nomadic males head south.
- 10.00 **Gladiators** Following nature's toughest fighters in their battles for survival. **11.00** A look at a kangaroo's deadly boxing moves and the redback spider's trap.
- 12.00 M'T **Deadly Australians**
- 1.00 AM **Big Cat Country**
- 2.00 **Attenborough and the Giant Elephant** Documentary.
- 3.00 **NEW Bears of the Karawank Mountains** Documentary following a young male brown bear on his adventures.
- 4.00 **to 6.00** AM **Africa's Underwater Wonders**

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **How to Lose a War**
- 10.00 **Hitler's Coup 1923**
- 11.00 **Digging for Britain**
- 2.00 PM **Ancient Aliens**
- 4.00 **Combat Ships**
- 5.00 **Combat Trains**
- 6.00 **Combat Machines**
- 7.00 **Clash of Ancient Warriors** The Battle of Agincourt. **8.00** Exploring the Battle of Gergovia, fought in 52BC.
- 9.00 **The Abyss: Rise & Fall of the Nazis** Hitler's invasion of the Soviet Union on 22 June 1941. **10.00** Operation Reinhardt.
- 11.00 **Ancient Aliens** The top 10 mysteries of the deep, from sunken continents to supposed proof of the lost city of Atlantis. **12.00** M'T Exploring the origins of the gods of Greece.
- 1.00 AM **Hitler v Churchill: The Eagle and the Lion**
- 2.00 **Ancient Skies**
- 3.00 **Combat Machines**
- 4.00 **Strangest Things**
- 5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

- 8.00 AM **Blowing Up History**
- 10.00 **How It's Made**
- 12.00 NOON **How Do They Do It?**
- 2.00 PM **How the Universe Works**
- 4.00 **NASA's Unexplained Files**
- 6.00 **How It's Made** The making of ochre and hurdy gurdies. **6.30** The creation of moulded limestone artwork. **7.00** Making guitars out of recycled skateboards. **7.30** Creating racing pulley systems and medicine balls.
- 8.00 **Alien Highway** Chuck Zukowski searches for definitive proof of extraterrestrial life. **9.00** A man from Missouri who claims UFOs are stalking him contacts the team for help.
- 10.00 **The Alaska Triangle** An area in Alaska known for unusual activity. **11.00** A cryptozoologist hunts for scientific proof of Bigfoot.
- 12.00 M'T **In Search of Monsters**
- 2.00 AM **Expedition X**
- 4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
- 8.55 **Court Cam**
- 3.40 PM **My Strange Arrest**
- 5.00 **Witness to Murder: Digital Evidence** Police use social media accounts to find a killer.
- 6.00 **The Real Murders of Los Angeles** Detectives investigate the murder of an ex-teacher.
- 7.00 **The Real Murders of Orange County** A confession breaks open a case that has been cold for nine years.
- 8.00 **Buried in the Backyard** A storm exposes a dark secret.
- 9.00 **Spring Break Murders** Investigators close in on a so-called good Samaritan.
- 10.00 **Crime in Progress** A routine traffic stop turns critical.
- 11.00 **Interview with a Killer**
- 12.00 M'T **Predator Files**
- 1.00 AM **Ozark Law**
- 2.00 **I Met My Murderer Online**
- 3.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

WILD

165 145 182

- 8.00 AM **Animal Fight Club**
- 9.00 **Critter Fixers: Country Vets**
- 10.00 **Secrets of the Zoo**
- 11.00 **The Incredible Dr Pol**
- 12.00 NOON **Yukon Vet**
- 2.00 PM **The Flooded Desert**
- 3.00 **Ice Road Rescue**
- 5.00 **Snakes in the City**
- 7.00 **Critter Fixers: Country Vets** The Docs at Critter Fixer are awarded Keys to the City.
- 8.00 **Europe from Above** Aerial footage of the UK, featuring the Giant's Causeway, the Eden Project and one of London's tallest skyscrapers. **9.00** An aerial voyage across Iceland, featuring rare footage of humpback whales feeding and stunning architecture.
- 10.00 **Thailand's Hidden Wilderness** A look into Thailand's dense jungles, where elephants and gibbons roam and the tiger rules.
- 11.00 **Snakes in the City**
- 12.00 M'T **Lawless Island**
- 2.00 AM **World's Weirdest Animal Faces** Double bill of editions.
- 4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

- 7.00 AM **Shed and Buried**
- 9.00 **Lost Mines: Restored**
- 12.00 NOON **Shed and Buried**
- 3.00 PM **Salvage Hunters: The Restorers** Triple bill.
- 6.00 **How the Universe Works** New discoveries reveal the truth behind supernovas. **7.00** Recent discoveries reveal the importance of black holes within the universe. **8.00** New discoveries reveal the secrets of nebulas, which are strange structures of cosmic gas and dust where stars are born and die in space.
- 9.00 **The Dino Hunters** Montana rancher Clayton finds what might be a valuable fossil. **10.00** Clayton continues his excavation of a carnivorous dinosaur on his ranch. **11.00** Jared manages to uncovers an ancient reptile.
- 12.00 M'T **Blowing Up History: Seven Wonders**
- 2.00 **to 5.00** AM **Lost Mines: Restored**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **Abandoned Engineering**
- 1.00 PM **Abandoned Engineering** Exploring a ruined castle above a German village. **2.00** Examining a British fort that became a bizarre zoo. **3.00** Exploring a luxury resort in Argentina, a Greek palace above a Mexican city and a former hotel in Hawaii. **4.00** Examining a crumbling dam hidden in the Welsh valleys and a quaint outpost on a paradise island.
- 5.00 **The Two Ronnies** Featuring an instalment of *Hampton Wick*. **5.55** New World and Tina Charles perform on the vintage comedy and variety show. **6.45** Including Wedding Service and Done to Death. **7.35** Vintage comedy sketches, including Done to Death. **8.30** Classic comedy, featuring an instalment of *Hampton Wick*.
- 9.20 **The Two Ronnies**
- 4.30 AM **Abandoned Engineering**
- 5.15 **to 6.00** AM **Villages by the Sea**

+1 hour 266 376

ID

154 140 166

- 8.00 AM **Betrayed** Double bill.
- 10.00 **Murder Comes to Town**
- 12.00 NOON **The Killer in My Family**
- 2.00 PM **Forbidden: Dying for Love**
- 4.00 **People Magazine Investigates**
- 6.00 **Still a Mystery** The murder of a young woman while on a trip to her father's homeland. **7.00** A 22-year-old National Guard officer who drowned.
- 8.00 **Truth About Murder with Sunny Hostin** Revisiting the 2013 premeditated murder of 23-year-old Danielle Marshall.
- 9.00 **Kiss of Death** How a love-struck student's ambitions led to jealousy and terror.
- 10.00 **Til Death Do Us Part** Dr Mark Wangler and his wife Kathy appear to live the middle-class dream, but their façade collapses as a pre-meditated execution rips their family apart.
- 11.00 **Fatal Affairs**
- 12.00 M'T **Deadly Sins**
- 2.00 AM **Death by Fame**
- 4.00 **to 6.00** AM **Married with Secrets**

+1 hour 254 366

Discovery Turbo

158 146 180

- 7.00 AM **Massive Engineering Mistakes** Triple bill of editions.
- 10.00 **Extreme RVs**
- 11.00 **Garage Rehab**
- 12.00 NOON **James May and the Dull Men** Five editions.
- 5.00 PM **Kindig Customs**
- 8.00 **Shed and Buried** Featuring a magnificent collection of World War Two vehicles. **8.30** Henry and Fuzz head to Bolton, where some classic motorcycles catch Henry's eye. **9.00** Henry and Guy pay a visit to a motocross lover in Hereford. **9.30** Henry finds a bicycle that takes him back to his childhood.
- 10.00 **Richard Hammond's Workshop** A number of the precious classic cars and motorbikes go to auction with no reserve. **11.00** Richard and the team enter the UK's most prestigious classic car show contest. **12.00** M'T Richard's new workshop is finally opened.
- 1.00 **to 4.00** AM **Massive Engineering Mistakes**

+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 8.00 AM **PREMIERE Spinal Tap II: The End Continues** (2025)
- 9.30 **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
- 11.40 **Wuthering Heights** (2026)
- 2.05 PM **Regretting You** Drama. (2025, 12, 116min) ★★★
- 4.10 **PREMIERE Spinal Tap II: The End Continues** As 10.25pm.
- 5.40 **The Conjuring: Last Rites** Supernatural horror with Vera Farmiga and Patrick Wilson. (2025, 15, 135min) ★★★

10.25 Spinal Tap II

8.00 Wuthering Heights Period drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

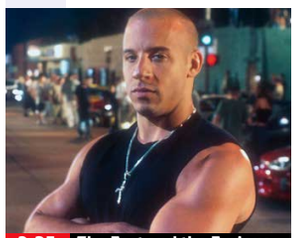
10.25 PREMIERE Spinal Tap II: The End Continues Mockumentary sequel charting the band's reunion after a 15-year break for one final concert. Stars Michael McKean, Rob Reiner and Christopher Guest. (2025, 15, 83min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.55 **Weapons** Horror thriller. (2025, 18, 128min) ★★★★★
- 2.05 AM **Pillion** Dark comedy. (2025, 18, 107min) ★★★
- 4.00 **to 6.30** AM **Eddington** Western with Joaquin Phoenix. (2025, 15, 148min) ★★★★

Sky Cinema Fast

303 303 403 503 517

- 7.45 AM **Fast & Furious 6** (2013)
- 9.55 **Fast & Furious 7** As 2.35am.
- 12.15 PM **Fast & Furious 8** Thriller sequel. (2017, 12, 136min) ★★★
- 2.35 **The Fast and the Furious** Action thriller. (2001, 15) ★★★
- 4.25 **2 Fast 2 Furious** Thriller sequel starring Paul Walker. (2003, 12, 108min) ★★★
- 6.15 **The Fast and the Furious: Tokyo Drift** Motor racing thriller starring Lucas Black. (2006, 12, 104min) ★★



2.35 The Fast and the Furious

8.00 Fast & Furious Action thriller sequel starring Vin Diesel and Paul Walker. A wanted man reunites with an old FBI agent pal to seek revenge on a drugs baron. With Michelle Rodriguez and Jordana Brewster. (2009, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Fast & Furious 5 Action thriller sequel starring Vin Diesel and Paul Walker. A trio of car thieves assemble a crack team to steal a Rio de Janeiro drug lord's money. (2011, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.15 AM **Fast & Furious 6** Action thriller sequel starring Vin Diesel and Dwayne Johnson. (2013, 12, 125min) ★★★
- 2.35 **Fast & Furious 7** Action thriller sequel starring Vin Diesel and Paul Walker. (2015, 12, 132min) ★★★★
- 5.00 **to 7.30** AM **Fast & Furious 8**

Sky Cinema Drama

310 310 410 510 524

- 6.15 AM **Beach Rats** Drama. (2017, 15, 98min) ★★★
- 8.05 **I Used to Be Funny** As 2.55am.
- 10.00 **Night Call** As 1.05am.
- 11.50 **The Room Next Door** Drama. (2024, 12, 102min) ★★★★
- 1.45 PM **Footloose** Dance drama. (1984, 12, 107min) ★★★
- 3.35 **Moneyball** Fact-based drama starring Brad Pitt and Jonah Hill. (2011, 12, 133min) ★★★★
- 5.50 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
- 8.00 **One Battle After Another** Action thriller starring Leonardo DiCaprio. A washed-up revolutionary scrambles to find his missing daughter when his evil nemesis resurfaces. (2025, 15, 161min) ★★★★★
- 10.45 **The Blind Side** Fact-based drama starring Sandra Bullock. (2009, 12, 129min) ★★★
- 1.05 AM **Night Call** French-Belgian crime thriller. Subtitled. (2024, 15, 97min) ★★★★
- 2.55 **I Used to Be Funny** Comedy. (2023, 15, 105min) ★★★
- 4.55 **Sky Cinema Preview**
- 5.55 **to 8.10** AM **Touch** Icelandic drama. (2024, 15, 121min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

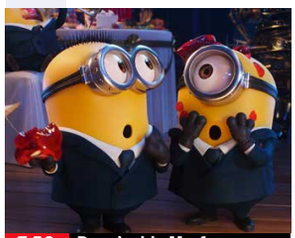
- 6.55 AM **Sick** Horror with Gideon Adlon. (2022, 18, 83min) ★★★
- 8.25 **Companion** Sci-fi horror thriller. (2024, 15, 97min) ★★★★
- 10.05 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
- 11.45 **I Know What You Did Last Summer** Horror reboot. (2025, 15, 119min) ★★★
- 1.45 PM **Mars Attacks!** Sci-fi comedy. (1996, 12, 106min) ★★★★
- 3.35 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
- 6.00 **Back to the Future** Comedy adventure starring Michael J Fox and Christopher Lloyd. (1985, PG, 115min) ★★★★★
- 8.00 **Back to the Future Part II** Comedy adventure sequel starring Michael J Fox. (1989, PG, 107min) ★★★
- 10.00 **Back to the Future Part III** Comedy adventure sequel starring Michael J Fox. (1990, PG, 112min) ★★★★
- 12.05 AM **The Running Man** Fantasy starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
- 1.50 **Blade 2** Action horror sequel. (2002, 18, 117min) ★★★★
- 3.50 **to 6.10** AM **Battleship** Sci-fi action adventure starring Taylor Kitsch. (2012, 12, 126min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **Noah's Ark** (2024) ★★★
7.45 **Monster Trucks** (2016) ★★★
9.45 **Madagascar: Escape 2 Africa** Animation. (2008, PG) ★★★
11.30 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
1.05 PM **The Emoji Movie** (2017) ★
2.40 **The Secret Life of Pets 2** Animation. (2019, U) ★★★
4.15 **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
6.00 **Charlotte's Web** Adventure. (2006, U, 97min) ★★★



7.50 Despicable Me 4

7.50 Despicable Me 4 Animated comedy sequel featuring the voice of Steve Carell. Maxime Le Mal and his girlfriend Valentina target Anti-Villain League agent Gru. (2024, U, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 Paddington Comedy starring Hugh Bonneville. A bear from the Peruvian jungle starts a new life in London, but catches the eye of a taxidermist. (2014, PG, 95min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 Into the Wonderwoods Animated adventure featuring the voice of Kristen McGuire. (2024, U, 81min) ★★★
1.00 AM **Pets on a Train** Animation featuring the voices of Wyatt Bowen and Daniel Brochu. (2025, PG, 87min) ★★★
2.40 **MouseHunt** Slapstick comedy. (1997, PG, 98min) ★★★★
4.30 **to 6.00** AM **Super Charlie** Animated family adventure. (2025, PG, 82min) ★★★

Sky Cinema Action

306 306 407 507 521

6.00 AM **S.W.A.T.** Action thriller. (2003, 12, 115min) ★★★
8.00 **Old Guy** As 3.45am.
9.30 **Kraven the Hunter** Fantasy. (2024, 15, 127min) ★★★
11.40 **The Meg** Action thriller. (2018, 12, 113min) ★★★
1.35 PM **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
3.35 **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★
6.00 **Venom** Fantasy adventure. (2018, 15, 112min) ★★★

8.00 Venom: Let There Be...

8.00 Venom: Let There Be Carnage Fantasy sequel starring Tom Hardy and Woody Harrelson. Eddie Brock attempts to re-ignite his career by interviewing a serial killer. (2021, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Venom: The Last Dance Fantasy adventure sequel starring Tom Hardy and Chiwetel Ejiofor. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones. (2024, 12, 122min) ★★★★
1.45 AM **Rampage** Adventure. (2018, 12, 107min) ★★★
3.45 **Old Guy** Action comedy. (2024, 15, 94min) ★★★
5.30 **to 7.05** AM **Love Hurts** Action comedy. (2025, 15, 83min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.35 AM **Hope Springs** (2012) ★★★
8.20 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
10.20 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★
12.20 PM **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
2.05 **Seven Psychopaths** Thriller. (2012, 15, 106min) ★★★★
4.05 **Bridget Jones: The Edge of Reason** (2004, 15) ★★★
6.05 **Beetlejuice Beetlejuice** Comedy. (2024, 12) ★★★★

6.05 Beetlejuice Beetlejuice

8.00 The Phoenician Scheme Wes Anderson's comedy starring Benicio del Toro and Mia Threapleton. A wealthy businessman and his daughter become the target of tycoons, terrorists and assassins. (2025, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Blades of Glory Comedy starring Will Ferrell and Jon Heder. Two ice skating rivals who have been banned from the sport for life make a comeback as the first all-male figure skating pair in history. (2007, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Mamma Mia!** Musical comedy. (2008, PG, 108min) ★★★★
1.30 AM **Mamma Mia! Here We Go Again** Musical sequel. (2018, PG, 114min) ★★★★
3.30 **Risky Business** Comedy drama. (1983, 18, 98min) ★★★★
5.15 **to 7.10** AM **Mean Machine** Drama. (2001, 15, 99min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.50 AM **The Gentleman** Thriller. (2025, 15, 89min) ★★
8.35 **The Firm** As 8.00pm.
11.15 **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
1.15 PM **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
3.35 **The Fugitive** Action thriller. (1993, 15, 128min) ★★★★★
5.55 **Ocean's Thirteen** Caper thriller sequel starring George Clooney and Brad Pitt. (2007, PG, 122min) ★★★

10.45 Hannibal

8.00 The Firm Legal thriller based on John Grisham's novel, starring Tom Cruise, Gene Hackman and Jeanne Tripplehorn. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 Hannibal Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins and Julianne Moore. FBI agent Clarice Starling becomes an unwitting pawn in a perverse billionaire's plot to trap Hannibal Lecter. (2001, 18, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Trap** Crime thriller. (2024, 15, 105min) ★★★★
3.00 **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
5.05 **to 6.50** AM **Unhinged** Thriller. (2020, 15, 90min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Animal Farm** Animation. (1954, U, 72min) ★★★★
12.30 PM **Little Women** Historical drama starring Saoirse Ronan. (2019, U, 135min) ★★★★★
3.10 **My Spy** Action comedy. (2020, 12, 99min) ★★★
5.05 **Stormbreaker** Spy adventure. (2006, PG, 93min) ★★★
6.55 **The Greatest Showman** Musical with Hugh Jackman. (2017, PG, 102min) ★★★★

9.00 The Inbetweeners Movie

The Greatest Showman (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Inbetweeners Movie Comedy spin-off starring Simon Bird, Joe Thomas, James Buckley and Blake Harrison. Will, Jay, Neil and Simon make all the wrong moves on a lads holiday to Crete. (2011, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 Dazed and Confused Cult director Richard Linklater's comedy drama starring Jason London and Milla Jovovich. (1993, 15, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 **to 3.40** AM **The Worst Person in the World** Norwegian comedy drama. Subtitled. (2021, 15, 128min) ★★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Fear Seekers

302 302 402 502 516

6.55 AM **Jaws 2** Adventure thriller sequel. (1978, PG, 115min) ★★★
9.00 **Jaws 3** Adventure thriller sequel. (1983, 12, 99min) ★★
10.45 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
12.30 PM **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
2.30 **The Conjuring: Last Rites** Supernatural horror thriller. (2025, 15, 135min) ★★★

4.55 **Final Destination: Bloodlines** Horror. (2025, 15, 110min) ★★★★
6.55 **M3GAN 2.0** Sci-fi thriller sequel. (2025, 15, 120min) ★★★
9.00 **Weapons** Horror thriller starring Julia Garner and Amy Madigan. When all but one child from the same class vanish on the same night, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
11.15 **Sinners** Horror thriller starring Michael B Jordan. (2025, 15, 132min) ★★★★

1.35 AM **28 Days Later** Horror thriller starring Cillian Murphy. (2002, 18, 113min) ★★★★
3.35 **Salem's Lot** Horror starring Lewis Pullman and Makenzie Leigh. (2024, 15, 109min) ★★★
5.40 **to 6.00** AM **The Cinema List: Fear Seekers**

Sky Cinema Greats

307 307 404 504 518

7.35 AM **So I Married an Axe Murderer** As 11.30pm.
9.10 **Tootsie** As shown at 5.10am.
11.10 **Singin' in the Rain** As 1.05am.
12.55 PM **Ferris Bueller's Day Off** Teen comedy from John Hughes. (1986, 12, 103min) ★★★★
2.40 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★
4.20 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★

6.10 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. A brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold and John Ashton. (1984, 15, 105min) ★★★★
8.00 **Beverly Hills Cop II** Comedy sequel starring Eddie Murphy, Brigitte Nielsen and Judge Reinhold. (1987, 15, 99min) ★★★
9.45 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. (1994, 15, 104min) ★★

11.30 **So I Married an Axe Murderer** Thriller. (1993, 15, 92min) ★★★
1.05 AM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
2.50 **The Natural** Baseball drama. (1984, PG, 137min) ★★★
5.10 **to 7.10** AM **Tootsie** Comedy. (1982, 15, 116min) ★★★★

Disney+ Cinema

305

6.00 AM **Diary of a Wimpy Kid** Animated family adventure. (2021, PG, 59min) ★★★
7.40 **The Haunted Mansion** (2003)
9.10 **Piglet's Big Movie** Animation. (2003, U, 75min) ★★
10.30 **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
11.40 **Mufasa: The Lion King** Musical adventure prequel. (2024, PG, 118min) ★★★

1.40 PM **Diary of a Wimpy Kid: Dog Days** Family comedy sequel. (2012, U, 90min) ★★★
3.20 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
5.15 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
7.30 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
9.00 **PREMIERE** **A Complete Unknown** Biographical drama. (2024, 15, 140min) ★★★★
11.20 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★

12.50 AM **Nightbitch** Dark comedy. (2024, 15, 99min) ★★★
2.35 **The Grand Budapest Hotel** Wes Anderson's comedy drama. (2014, 15, 99min) ★★★★★
4.15 **to 6.00** AM **Father of the Bride** Comedy starring Steve Martin. (1991, PG, 105min) ★★

Movies 24

315 313 419

7.00 AM **Love, Fashion, Repeat** Comedy. (2022, PG, 89min) ★★
9.00 **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
11.00 **Haul Out the Halloween** Comedy. (2025, PG, 84min) ★★
1.00 PM **Missing the Boat** Romantic drama. (2026, PG, 90min) ★★
3.00 **Lucky Hearts** Romantic comedy starring Margie Mays. (2023, PG, 89min) ★★

5.00 **Napa Ever After** Romantic drama. (2023, PG, 90min) ★★
7.00 **A Taste of Christmas** Drama starring Krystal Joy Brown. (2023, PG, 90min) ★★
9.00 **Love's Greek to Me** Drama with Torrey DeVitto and Yannis Tsimitselis. A woman is stunned when her boyfriend proposes during a trip to Greece – and then has to contend with his mother. (2023, PG, 90min) ★★
11.00 **Savoring Paris** Romantic drama. (2024, PG, 90min) ★★

1.00 AM **Blind Date Book Club** Romantic drama starring Erin Krakow. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Modeled with Love** Romantic drama. (2023, PG, 90min) ★★

Movies 24+ 329 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Case of Charles Peace**
7.45 **Refreshment Time Carousel**
7.50 **Legend of the Hidden City**
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 7/26. (S3)
9.30 **Hawkeye & the Last of the Mohicans** 1/39. (S1)
10.00 **Captain Scarlet and the Mysterons** 10/32. (S1)
10.30 **The Adventures of William Tell**
11.00 **The Buccaneers** 21/39. (S1)

11.30 **The Adventures of Robin Hood**
12.00 NOON **Teenagers from Outer Space** (1959, b/w, PG) ★★
1.40 PM **Ski Troop Attack** (1960) ★★
2.55 **Le Poulet** French short film.
3.15 **The Last Film Show** Short film.
3.30 **Dial 999** 3/39. (S1)
4.00 **Whiplash** 15/34. (S1)
4.35 **From Here to Eternity** (1953)
6.55 **Cinebox Memories**
7.00 **Maigret** 6/13. (S4)
8.00 **The Duchess of Duke Street**
9.05 **Leeds United! – Play for Today**
11.20 **Fortean TV**

11.55 **Eurotrash**
12.30 AM **Ski Troop Attack** (1960) ★★
1.45 **More Than a Pretty Face**
2.50 **The Lawless Years** 1/18. (S1)
3.20 **The Starlost: The Deception**
4.25 **Look at Life** Documentary.
4.35 **Green Hornet Strikes Again!**
5.00 **to 6.00** AM **Highlights**

SATURDAY Sport

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Soccer Saturday Pre-Match**
11.00 **LIVE EFL** Coverage of a match in the final round of Championship fixtures. Kick-off is at **12.30pm**.
2.45 PM **LIVE EFL** A match from the final round of League One fixtures. Kick-off **3.00pm**.
5.00 **LIVE SNF** **Arsenal v Fulham.** Coverage of the Premier League match from the Emirates Stadium, as the Gunners play another vital game in their quest for their first title in 22 years. The reverse fixture back in October saw Leandro Trossard score in the 58th minute to earn Mikel Arteta's side a 1-0 victory at Craven Cottage. That defeat for Fulham continued their poor run of form against Arsenal, having only won one of the previous 15 matches against the north London club. Kick-off **5.30pm**.
8.00 **LIVE Formula 1** The Miami Grand Prix qualifying session at Miami International Autodrome in Florida. Start-time **9.00pm**.
11.00 **Ted's Notebook**
11.30 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **FNF** Leeds United v Burnley.
7.30 **The Big Interview**
8.00 **Premier League Stories**
8.30 **Netbusters**
9.00 **The Big Interview**
9.30 **FNF** Leeds United v Burnley.
10.00 **Saturday Social**
11.00 **FNF** Leeds United v Burnley.
11.30 **PL Greatest Games**
11.50 **LIVE WSL** **Manchester United v Brighton & Hove Albion.** Coverage of the Women's Super League match from the Progress with Unity Stadium. Kick-off **12.00noon**.
2.00 PM **Gillette Soccer Saturday**
5.00 **LIVE SNF** **Arsenal v Fulham.** The Premier League match from the Emirates Stadium. Kick-off **5.30pm**.
8.30 **Game of the Day**
10.30 **Premier League Highlights** Brentford v West Ham United. **11.00** Action from Newcastle United v Brighton & Hove Albion. **11.30** Wolverhampton Wanderers v Sunderland.
12.00 M'T **Premier League Highlights**
4.00 AM **PL Greatest Games**
5.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **SPFL Round-Up**
6.15 **EFL League One Goals**
6.45 **EFL League Two Goals**
7.15 **EFL Highlights**
9.00 **EFL League One Goals**
9.30 **EFL League Two Goals**
10.00 **Saturday Social**
11.00 **LIVE EFL** Coverage of a match in the last round of Championship fixtures, as the final league positions are decided. Kick-off **12.30pm**.
2.45 PM **LIVE EFL** Coverage a match from the final round of League One fixtures. Kick-off **3.00pm**.
6.00 **EFL: The Play-Offs at 40**
7.30 **EFL Highlights** Ipswich Town v Queens Park Rangers. **7.45** Highlights from Millwall v Oxford United held at The Den. **8.00** Wrexham v Middlesbrough. **8.15** Blackburn Rovers v Leicester City at Ewood Park.
8.30 **EFL: The Play-Offs At 40**
10.00 **EFL Highlights** Championship.
12.00 M'T **EFL** A match replay.
2.00 AM **EFL Highlights**
3.15 **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2014 final.
5.00 **Craig Brown: My Scotland**
5.30 **to 6.00** AM **Jimmy Glass: The Great Escape**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 highlights.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM **LIVE IPL** **Chennai Super Kings v Mumbai Indians.** Coverage of the T20 match from MA Chidambaram Stadium, Chennai. The hosts won this meeting last season thanks to a four-wicket victory at this ground with New Zealand's Rachin Ravindra leading Chennai to the win with 65 not out from 45 balls. Mumbai made 155-9 in their 20 overs before the Super Kings chased down their target with five balls remaining in a thrilling match.
7.00 **Best of ICC WT20**
8.00 **IPL** Highlights from Rajasthan Royals v Delhi Capitals in Jaipur. **9.00** Chennai Super Kings v Mumbai Indians from MA Chidambaram Stadium, Chennai. **10.00** Gujarat Titans v Royal Challengers Bengaluru. **11.00** Chennai Super Kings v Mumbai Indians from Chennai.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A chance to see Chennai Super Kings v Mumbai Indians.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Champions**
7.00 **PGA Tour Champions Learning Centre** Expert golfing advice.
7.30 **PGA Tour Golf**
11.30 **LIVE DP World Tour Golf** Coverage of day three of the Turkish Airlines Open from the National Golf Club in Antalya.
4.00 PM **LIVE PGA Tour Golf** The Cadillac Championship day three at Trump National Doral in Miami.
11.00 **LIVE LPGA Tour Golf** Coverage of the third day's play of the Mexico Riviera Maya Open at Mayakoba staged at El Camaleon Golf Club in Mexico.
12.30 AM **Scotland's Greatest Golf Holes** Featuring Muirfield.
1.00 **PGA Champs Official Film 2016**
2.00 **How the 2014 Ryder Cup Was Won** From Gleneagles, Scotland.
4.00 **Golf Academy**
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 1

410 413 521 408 430

6.00 AM **LIVE UCI Mountain Bike World Series** From Yongpyong.
8.15 **TNT Sports Reload**
8.30 **Discovery Golf**
9.00 **Premier League Features**
10.00 **LIVE UFC** The preliminary bouts.
12.00 NOON **LIVE UFC** **Jack Della Maddalena v Carlos Prates.** The welterweight bout.
3.30 PM **LIVE Snooker World Championship** A semi-final.
5.15 **LIVE Serie A** **FC Como v Napoli.** Coverage of the Italian top-flight match.
7.00 **Sign Up – Into Football**
7.45 **Kenny Allstar's Number 1's**
8.00 **Europa & Conference League**
9.00 **LIVE NWSL** **Orlando Pride v Washington Spirit.** Kick-off **9.00pm**.
11.15 **UEFA Champions League**
11.45 **Kenny Allstar's Number 1's**
12.00 M'T **LIVE MLB** **St Louis Cardinals v Los Angeles Dodgers.** Start-time **12.15am**.
3.00 AM **European Football**
3.30 **World Superbikes**
4.00 **UCI Mountain Bike**
5.00 **to 7.15** AM **LIVE UCI Mountain Bike World Series**

TNT Sports 2

411 414 522 409 431

6.30 AM **Premier League Preview**
7.00 **MotoGP Highlights**
8.00 **Race Bikes** Mountain Bike racing.
8.30 **LIVE World Superbikes** Coverage from Balaton Park Circuit in Balatonfokajár, Hungary.
9.00 **The Cycling Show**
9.30 **LIVE Men's Cycling** Stage seven of the Tour of Turkiye.
11.30 **World Superbike Rewind**
11.45 **LIVE Women's Circuit Racing World Championship** Coverage of the first race at Balaton Park Circuit in Hungary.
12.45 PM **LIVE World Superbikes** Further coverage from Balaton Park Circuit in Balatonfokajár.
3.30 **WRC Review** Rally Islas Canarias.
4.30 **UCI Mountain Bike**
5.30 **LIVE FIM Speedway Grand Prix** Coverage of the first round of the season at OneSolar Arena.
9.00 **World Superbikes**
9.30 **UFC** A replay of Jack Della Maddalena v Carlos Prates.
12.30 AM **Serie A** FC Como v Napoli.
1.30 **UEFA Europa League & Conference League Magazine**
2.30 **Discovery Golf**
3.00 **Men's Cycling** Highlights.
5.00 **to 6.00** AM **Fishing**

Sky Sports Action

412 410 510 426 446

7.30 AM **Super League Highlights**
8.30 **LIVE NRL** **Parramatta Eels v New Zealand Warriors.** All the action from the match in the ninth round of fixtures staged at CommBank Stadium. Kick-off **8.30am**.
10.30 **Darts Top 5 Moments**
10.35 **LIVE NRL** **Sydney Roosters v Brisbane Broncos.** Coverage from Allianz Stadium. Kick-off **10.35am**.
12.35 PM **Women's State of Origin**
12.50 **Super League Highlights**
1.05 **NBA Basketball**
3.30 **NBA on Fire** The latest news.
4.00 **NFL Highlights**
5.00 **Super League Highlights**
5.45 **Women's Super League**
6.00 **Premier League Darts** Another chance to see the 13th night staged at P&J Live in Aberdeen.
10.00 **NFL Bitesize Highlights**
11.00 **Super Bowl LX Highlights** Seattle Seahawks v New England Patriots at Levi's Stadium.
12.00 M'T **NFL Highlights**
1.00 AM **Super League Highlights**
2.00 **Super League** St Helens v Leeds Rhinos at Totally Wicked Stadium.
4.45 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

7.30 AM **Sky Sports Breakfast**
8.00 **LIVE Super Rugby** **Moana Pasifika v Blues.** Coverage of the match from the 12th round of fixtures staged at Go Media Stadium in Auckland. Kick-off **8.05am**.
10.00 **Soccer Saturday Pre-Match**
11.00 **EFL Build-Up**
12.25 PM **LIVE EFL** A match from the final round of Championship fixtures. Kick-off **12.30pm**.
2.45 PM **LIVE EFL** Coverage a match from the final round of League One fixtures. Kick-off **3.00pm**.
6.00 **Gillette Labs Soccer Saturday**
Fan Zone Football discussion.
8.00 **Match Centre**
9.30 **LIVE LPGA Tour Golf** Coverage of the third day's play of the Mexico Riviera Maya Open at Mayakoba staged at El Camaleon Golf Club in Mexico.
12.30 AM **EFL Greatest Games** Swindon Town v Sheffield United. **12.45** Norwich City v Ipswich Town in the play-offs in 2015. **1.00** Derby County v Leeds United in the 2015/16 season. **1.15** Hull City v Reading.
1.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
1.00 PM **LIVE ATP Tennis** Coverage of the Madrid Open men's doubles final, a clay-court tournament at La Caja Mágica.
3.30 **LIVE WTA Tennis** The Madrid Open women's final, a clay-court tournament at La Caja Mágica.
6.00 **ATP Tennis** Monte-Carlo Masters.
7.00 **WTA Tennis** Action from the Stuttgart Open, Linz Open, Madrid Open and Miami Open.
12.00 M'T **to 6.00** AM **Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **PGA Tour Champions**
7.00 **Super League** A match replay.
9.45 **Women's State of Origin**
10.00 **Super League Highlights**
11.00 **LIVE Ladies European Tour Golf** Coverage of day two of the MCB Ladies Classic at Constance Belle Mare Plage in Mauritius.
2.00 PM **Women's State of Origin**
2.15 **Super League** A match replay.
5.00 **My Icon** Sporting influences.
5.20 **LIVE Bundesliga** **Bayer Leverkusen v RB Leipzig.** The German top-flight match at BayArena. Kick-off is at **5.30pm**.
7.30 **PL Greatest Games**
8.00 **Super League** Hull Kingston Rovers v Castleford Tigers.
10.45 **Women's State of Origin**
11.00 **IPL** Recent T20 highlights.
12.00 M'T **Super League**
2.45 **to 6.00** AM **Darts Features**

TNT Sports 3

413 415 523 410 432

6.15 AM **TNT Sports Cricket Reload**
6.30 **The Breakdown**
7.00 **LIVE AFL** **West Coast Eagles v Richmond.** Coverage of the match at Optus Stadium. Bounce-up **7.15am**.
10.00 **LIVE Snooker World Championship** Coverage of a semi-final at the Crucible Theatre.
1.00 PM **TNT Sports Reload**
1.15 **MLB Highlights**
2.15 **LIVE Snooker World Championship** Coverage of a semi-final at the Crucible Theatre.
5.30 **T100 Triathlon World Tour**
6.00 **UEFA Champions League**
6.30 **LIVE Snooker World Championship** Coverage of a semi-final at the Crucible Theatre.
10.00 **Men's Cycling** Highlights.
12.00 M'T **International T20 Cricket**
1.00 AM **Snooker** World Championship.
3.00 **SailGP – Racing on the Edge**
3.30 **to 6.15** AM **LIVE IFSC Climbing World Series** From China.

TNT Sports 4

414 416 524 411 434

6.00 AM **Snooker World Championship** The 14th day.
8.00 **UEFA Champions League**
8.30 **TNT Sports Cricket Reload**
8.45 **LIVE International T20 Cricket** **Bangladesh v New Zealand.** The third and final T20 match.
12.45 PM **TNT Sports Cricket Reload**
1.00 **LIVE Cycling** The fourth stage of the men's Tour of Romandie.
3.15 **LIVE Formula E** Coverage of the Berlin ePrix opening race.
4.30 **Discovery Golf**
5.00 **The Breakdown**
5.30 **MLB Highlights**
6.30 **LIVE MLB** **New York Yankees v Baltimore Orioles.** Coverage of the American League East match at Yankee Stadium. Start-time **6.35pm**.
9.30 **AFL** Four match replays.
3.30 AM **Serie A** FC Como v Napoli.
4.30 **to 6.00** AM **UEFA Europa League & Conference League**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
6.30 **Top 14 Rugby Union**
8.30 **SPFL** Livingston v Aberdeen.
10.30 **Football's Greatest**
11.00 **LaLiga** Girona v Mallorca.
1.00 PM **Champions Cup Highlights** Action from the quarter-finals.
2.00 **LIVE Champions Cup** **Leinster v Toulon.** Coverage of the semi-final staged at Aviva Stadium. Kick-off **3.00pm**.
5.15 **LIVE Challenge Cup** **Ulster v Exeter Chiefs.** Coverage of the semi-final from Affidea Stadium. Kick-off **5.30pm**.
8.00 **URC in 60** The 16th round.
9.00 **Football's Greatest**
9.30 **Champions Cup** Another chance to see Leinster v Toulon.
11.30 **NHL: This is Hockey**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **NHL: This is Hockey**
3.30 **Sporting Greats**
4.00 **to 6.00** AM **LaLiga**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **Coppa Italia** Atalanta v Lazio.
8.30 **Football's Greatest**
9.00 **NHL Ice Hockey**
11.00 **Football** Highlights and features.
1.30 PM **NHL Tonight** Highlights.
2.30 **German Cup** A semi-final.
4.20 **LaLiga Match Highlights**
4.30 **Temples of Sport**
5.00 **LaLiga Match Highlights**
5.25 **Football's Greatest**
5.55 **Eredivisie Highlights**
6.55 **LIVE Eredivisie** **Ajax v PSV Eindhoven.** The Dutch top-flight match at Johan Cruyff ArenA. Kick-off **7.00pm**.
9.00 **Temples of Sport**
10.00 **LaLiga Match Highlights**
10.25 **LIVE Brasileiro Serie A** **Palmeiras v Santos.** From Allianz Parque. Kick-off **10.30pm**.
12.30 AM **Football's Greatest**
1.00 **LaLiga** Valencia v Atletico Madrid.
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Ferrari Challenge Europe**
7.00 **Formula 1** The Miami Grand Prix.
8.00 **GB3 Championship Highlights**
9.00 **British GT Championship**
10.00 **Formula 1** The Miami Grand Prix.
12.15 PM **F1 Feature**
12.30 **Formula 1** The Miami Grand Prix.
2.45 **Ollie Bearman IV**
2.55 **LIVE Formula 2** The Miami Grand Prix sprint race in Florida.
4.00 **LIVE Formula 1** The Miami Grand Prix sprint race in Florida.
6.30 **Ted's Notebook**
7.00 **Formula 1** The Miami Grand Prix.
7.55 **Flying Lap: Miami**
8.00 **LIVE Formula 1** The Miami Grand Prix qualifying session.
11.00 **Ted's Notebook**
11.30 **Flying Lap: Miami**
11.35 **Formula 1** The Miami Grand Prix.
1.35 AM **F1 Features**
2.10 **Formula 1** Action from Miami.
3.05 **F1 Features**
3.40 **Formula 2** The Miami Grand Prix.
4.45 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

3 May

Evening Planner

Snooker

World Championship Final

BBC1, BBC2 & TNT Sports, from 12.45pm

Coverage begins in Sheffield, where world number one Judd Trump was hopeful of pocketing a second world title.

Documentary

Making Life on Earth: Attenborough's Greatest Adventure ***BBC1, 8pm***

The legend looks back at the making of his landmark BBC series, *Life on Earth*.

Motorsport

F1: Miami Grand Prix

Sky Sports Main Event & Sky Sports F1, race starts at 9pm

Racing action restarts in Miami, with Team Mercedes firmly in the driving seat.

OnDemand

itvX

Fallen

Available today

Fantasy series based on Lauren Kate's bestselling YA novels, about a young woman caught between two fallen angels.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Antiques Roadshow	8.00 Making Life On Earth: Attenborough's...		9.00 The Cage		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Snooker: World Championship – Live: Coverage of the second session of the final on day 16						10.00 Film: 1917	
	103 ITV1	7.00 The Chase Celebrity Special		8.00 Who Wants to Be a Millionaire?		9.00 Secret Service		10.05 News	10.25 Film: The Dark... †
	104 CHANNEL 4	7.00 The Great Celebrity Bake Off for Stand...		8.00 Cruising to the Ends of the Earth		9.00 Your Song		10.05 Gogglebox	
	105 5	7.00 The Air Fryer Diet: Lose Weight, Cook...		8.00 Rich Holiday, Poor Holiday		9.00 Rich Wedding, Poor Wedding			10.30 When Parties...
	106 SKY ONE	‹ 6.00 Agatha Raisin		8.00 Rob & Romesh vs Bollywood		9.00 Film: Olympus Has Fallen			
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 Leigh-Anne: Race, Pop & Power		10.00 Film: The Woman in Black	
	116 BBC4	7.00 Travels with Pevsner	7.50 Inside Classical			9.00 Attenborough's Passion Projects		10.10 The Magic of Dance with...	
	118 ITV2	‹ 6.45 Film: Hairspray				9.00 The Only Way Is Essex		10.05 Family Guy	
	136 MORE4	‹ 6.50 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	‹ 6.40 Film: Mrs Doubtfire				9.00 Film: The Predator			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.40 House of the Dragon				9.00 Prisoner		10.00 Euphoria	
	110 U&GOLD	‹ 6.40 Still Open All Hours			8.40 Open All Hours		9.20 Still Open All Hours		
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Special Ops: Crime Squad UK		9.00 Have I Got a Bit More News for You		10.00 QI	10.35 Mock the...
	119 ITV3	‹ 6.15 Midsomer Murders							
	120 ITV4	‹ 5.30 Sharpe	7.30 Underwater Grand Fishing Adventure			9.00 River Monsters	9.35 Film: Creed III		
	112 COMEDY CENTRAL	‹ 6.50 Film: Definitely, Maybe				9.00 Film: Horrible Bosses 2			
	145 SKY SCI-FI	7.00 Film: Planetquake				9.00 The Walking Dead			
	143 U&DRAMA	‹ 6.50 Campion		8.00 Harry Wild		9.00 Silent Witness			
	109 U&ALIBI	7.00 Murdoch Mysteries		8.00 Death in Paradise					
	122 SKY ARTS	‹ 6.05 The Eagles: Live from the LA Forum				9.00 Film: Chaplin			
	132 U&W	7.00 Inside the Ambulance: Coast and...		8.00 Inside the Operating Theatre				10.00 The Catherine Tate Show	
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Vantara: Sanctuary Stories		9.00 Barnwood Builders		10.00 Moonshiners	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 The Diamond Collar		9.00 Alaska Gold Diggers		10.00 Tanked	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Lost Treasures of the Bible		9.00 Inside the CIA: Secrets and Spies		10.00 Nazi Death Camp: The Great Escape	
	123 SKY HISTORY	7.00 Greatest Prison Escapes with Billy Hayes				9.00 Titanic: Mystery Solved			
	155 U&YESTERDAY	7.00 The Blue Planet		8.00 Canal Boat Diaries		9.00 One Foot in the Grave			
	114 SKY DOCS		7.10 Film: The Alpinist			9.00 The Bee Gees: How Can You Mend a Broken Heart			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.30 Spinal Tap II: The End Continues		8.00 Wuthering Heights					10.25 Pillion
	302 FEAR SEEKERS	‹ 6.00 Get Out		8.00 Sinners					10.20 28 Years Later...
	303 FAST	‹ 5.45 Fast & Furious 6		8.00 Fast & Furious 7					10.20 Fast & Furious 8
	304 FAMILY	‹ 6.00 Despicable Me 4	7.40 Stuart Little			9.10 Spider-Man: Into the Spider-Verse			
	306 ACTION	‹ 5.25 Transformers: The Last Knight		8.00 Bumblebee				10.05 Bullet Train	
	307 GREATS	‹ 6.30 The Naked Gun		8.00 The Naked Gun 2½: The Smell of Fear			9.30 The Naked Gun 33⅓: The Final Insult		
	308 COMEDY	‹ 6.05 We're the Millers		8.00 Superbad				9.55 Billy Madison	
	309 THRILLER	‹ 6.00 The Girl on the Train		8.00 The Equalizer					10.15 The Equalizer 2
	310 DRAMA	‹ 5.30 A Star Is Born		8.00 It Ends with Us					10.15 Chicago
	311 SCI-FI	‹ 6.00 Men in Black 3		8.00 Final Destination: Bloodlines				10.05 Blade	
	305 DISNEY+ CINEMA		7.10 The Sorcerer's Apprentice			9.00 The Beach			
	313 FILM4	‹ 6.50 Men in Black: International				9.00 The Inbetweeners 2			
SPORT	401 MAIN EVENT	7.00 Formula 1 – Live: Build-up to the Miami Grand Prix				8.55 Formula 1 – Live: The Miami Grand Prix (Start-time 9.00)			
	402 PREMIER LEAGUE	7.00 Mo Salah Special	7.30 PL Stories	8.00 Big Interview	8.30 FNF	9.00 PL Highlights	9.30 SNF	10.00 Premier League Highlights	
	403 FOOTBALL	7.00 EFL Goals		8.00 EFL Highlights				10.00 WSL	10.30 SPFL Highlights
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	‹ 6.00 Premier League – Live: Aston Villa v Tottenham Hotspur (Kick-off 7.00)					9.30 MLB – Live: Athletics v Cleveland Guardians (Start-time 9.05)		
	411 TNT SPORTS 2	7.00 Superbikes	7.30 Serie A – Live: Inter Milan v Parma (Kick-off 7.45)					9.45 UFC	

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

SUBSCRIPTION OFFER: SAVE 46%
Simply visit: magazinesdirect.com/DN95W
*Terms & conditions: magazinesdirect.com/terms.

Sunday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
7.50 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **FILM Trolls World Tour** Animation. (S)(AD) (2020, U, 85min) ★★★
11.55 **BBC News** (S)
12.10 PM **Songs of Praise** New edition
12.45 **NEW SERIES Points of View** (S)
1.00 **LIVE Snooker: World Championship** Coverage of the first eight frames of the final from the Crucible Theatre in Sheffield. *Continues at 7.00pm on BBC2*. (S)
4.00 **Secret Garden** 4/5. The animals in a woodland garden at the bottom of a Welsh valley. (S)(R)(AD)
5.00 **BBC News** (S)
5.05 **Local News** (S)
5.15 **Countryfile** New edition The chalk landscapes of the Chilterns. (S)

9.00 The Cage

6 PM
6.15 **Secret Garden** Series finale 5/5. Presenter David Attenborough reveals how a remote garden on Scotland's west coast has become an oasis for barn owls and pine martens as they battle the elements. (S)(AD)
■ Entire series on BBC iPlayer

7 PM
7.15 **Antiques Roadshow** Fiona Bruce foxtrots with Anton Du Beke in the grounds of Belmont House in Kent. Items include a piece of HMS *Bounty* and a silver honey pot. (S)(R)

8 PM
8.00 **NEW Making Life on Earth: Attenborough's Greatest Adventure** The making of the acclaimed 1979 wildlife series that launched David Attenborough's career. *See feature, page 6.* (S)(AD)

9 PM
9.00 **The Cage** New episode 2/5. Leanne and Matty begin to panic as Nancy and Gary review the casino books. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** Action from the latest matches in the Premier League, including Manchester United v Liverpool at Old Trafford and Aston Villa v Tottenham Hotspur at Villa Park. (S)
11.35 **The Women's Football Show** The weekend's Super League action, including Manchester City v Liverpool and Manchester United v Brighton & Hove Albion. (S)
12.25 AM **The Repair Shop** Items include a carnival headpiece and prize-winning speedskates. (S)(R)(AD)
1.25 **Weather for the Week Ahead**. (S)
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.20 AM **Take a Hike** (S)(R)
6.50 **Countryfile** (S)(R)
7.50 **Breakfast** (S)
9.00 **Landward** New edition (S)
9.25 **Beechgrove Garden** New edition Growing edible produce. (S)
9.55 **Saturday Kitchen Best Bites** New edition With Greg Davies. (S)
11.25 **Andi Oliver's Fabulous Feasts** Andi throws a party in the seaside town of Bridlington. (S)(R)(AD)
12.25 PM **FILM Grand Hotel** Vintage Hollywood drama starring Greta Garbo and Joan Crawford. (S) (1932, b/w, U, 110min) ★★★★
2.15 **LIVE Match of the Day: Women's Super League** Leicester City v Chelsea: All the action from the top-flight match at the King Power Stadium. Kick-off is at 2.30. (S)
5.00 **Flog It!** (S)(R)

10.00 1917

6.00 **This Farming Life** Emma and Ewan move to their new farm on the Isle of Bute, cousins Donald and David prepare for lambing season, while Andy hands over the reins to his daughter Kayleigh. (S)(R)

7.00 **LIVE Snooker: World Championship** Hazel Irvine presents coverage of the second session of the final on day 16 from the Crucible Theatre in Sheffield. After struggling in the opening session, Mark Williams produced an improved display in the evening 12 months ago, but still trailed Zhao Xintong 11-6, and no player had ever recovered from an overnight deficit of five or more frames in a world final at this venue. With commentary from Steve Davis, Ken Doherty, Steven Hallworth, Stephen Hendry, John Parrott, Joe Perry, Dennis Taylor and Lee Walker. (S)

10.00 **FILM 1917** Wartime drama starring George MacKay, Dean-Charles Chapman and Daniel Mays. During World War One, two British soldiers attempt to cross enemy lines to deliver a message that could save hundreds of lives. (S)(AD) (2019, 15, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.50 **FILM Here We Are** Israeli-Italian drama starring Shai Avivi, Noam Imber and Smadi Wolfman. Subtitled. (2020, 12, 90min) ★★★
1.20 AM **Sign Zone: Question Time** From Maidenhead. (S)(R)
2.20 **Sign Zone: Half Man** (S)(R)(AD)
3.10 **Sign Zone: Forensics: The Real CSI** Documentary. (S)(R)(AD)
4.10 **to 6.10** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **James Martin's French Adventure** From Lyon. (S)(R)
7.00 **James Martin's Saturday Morning** With Kelly Brook. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **Josie's Taste of the Westcountry** New edition From Somerset. (S)
12.25 PM **Love Your Garden** (S)(R)(AD)
12.55 **ITV News** (S)
1.15 **LIVE Racing** Day three of the Guineas meeting at Newmarket, featuring the 1,000 Guineas. Plus, racing from Salisbury and Hamilton.
4.00 **FILM E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy starring Henry Thomas. A young LA boy befriends an alien who has been left behind by his spaceship. (S)(AD) (1982, U, 130min) ★★★★★

8.00 Who Wants to Be a Millionaire?

6.10 **Tipping Point: Best Ever Finals** Compilation of some of the most dramatic endgames. (S)(R)
6.40 **ITV News** (S)
6.50 **Local News** (S)

7.00 **The Chase Celebrity Special** Bradley Walsh hosts as Richard Bacon, Daisy Arwen Campbell, Neil Jones and Gary Wilmot work as a team to take on one of the ruthless Chasers and secure a charity prize. (S)(R)

8.00 **Who Wants to Be a Millionaire?** New edition Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)

9.00 **Secret Service** New episode 3/5. Kate's bold rescue mission backfires, so she decides to go on the hunt for a mole inside the UK government and her own team. (S1) (S)(AD)
■ Continues tomorrow

10.05 **ITV News** (S)
10.25 **FILM The Dark Knight** Dark comic-book thriller starring Christian Bale, Heath Ledger and Aaron Eckhart. Masked vigilante Batman encounters a dangerous new adversary when fiendish criminal mastermind the Joker unleashes a wave of violent anarchy. (S)(AD) (2008, 12, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.10 AM **Teleshopping**
3.00 **Noel Edmonds' Kiwi Adventure** 1/3. Documentary. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Josie's Taste of the Westcountry** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

5.55 AM **The King of Queens** (S)(R)(AD)
7.10 **Everybody Loves Raymond** (S)(R)
8.30 **F1: Miami Grand Prix Sprint and Qualifying Highlights** (S)(R)
10.00 **Sunday Brunch** New edition With Russell Kane, Kerry Katona, Lena Hall, Gregor Fisher, Greg McHugh and Tyler Ballgame. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.00 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
4.35 **A Place in the Sun** Jasmine Harman helps a woman to find her dream holiday home in Sitges, Catalunya. (S)(R)
5.35 **George Clarke's Amazing Spaces** George has the idea of turning a rusty scissor lift into a cabin in the sky, and starts a Denmark trip with a visit to a modern take on the old Viking longhouse. (S)(R)(AD)

9.00 Your Song

6.30 **News** (S)

7.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Kate Garraway, Phil Wang, Gbemisola Ikumelo and Sophie Willan take on mini loaf cakes, before things get spicy in the Technical challenge. (S)(R)(AD)

8.00 **Cruising to the Ends of the Earth** New edition 2/8. The *Diamond Princess* glides into South Korea, where guests enjoy the colourful Gamcheon Culture Village. (S)(AD)

9.00 **Your Song** New edition 4/6. In Birmingham, a former footballer sings for her grandad, while a Royal Navy officer performs *Nessun Dorma*, bringing the Bullring to a standstill. (S)(AD)

10.05 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 **FILM Free Guy** Comedy adventure. (S)(AD) (2020, 12, 130min) ★★★★
1.10 AM **The Simpsons** (S)(R)(AD)
1.35 **F1: Miami Grand Prix Highlights** Action from the fourth round. (S)
2.55 **Gordon Ramsay's Secret Service** From Pennsylvania. (S)(R)(AD)
3.45 **The Simpsons** (S)(R)(AD)
4.40 **Sunday Brunch** (S)(R)
4.50 **Sarah Beeny's New Country Lives** Documentary. (S)(R)(AD)
5.55 **to 6.35** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
8.55 **Entertainment News** (S)
9.05 **Cash in the Attic** (S)(R)
9.30 **Happy Campers: The Caravan Park** Double bill. (S)(R)
11.30 **Susan Calman's Cruise of a Lifetime** Double bill. (S)(R)
1.30 PM **FILM Mrs Caldicot's Cabbage War** Comedy starring Pauline Collins. (S) (2002, 12, 135min) ★★★
3.45 **FILM Runaway Bride** Romantic comedy starring Julia Roberts and Richard Gere. Sparks fly when a New York journalist visits a small Maryland town to report on a woman who has jilted a series of grooms at the altar. (S) (1999, PG, 130min) ★★★
5.55 **News** (S)

9.00 Rich Wedding, Poor Wedding

6.00 Charlie Bigham: Britain's Poshest Ready Meal? Exploring the expanding world of premium ready meals, bringing together a panel of experts to provide a view of this market. (S)(R)

7.00 The Air Fryer Diet: Lose Weight, Cook Fast 2/2. Cherry Healey tests calorie-controlled meals all made in an air fryer, from speedy breakfasts to hearty teas and dinners. (S)(R)

8.00 Rich Holiday, Poor Holiday New edition Wealthy lawyer friends Paul and Sophie go on two very different holidays in the Portuguese capital of Lisbon with hard-up best pals Mel and Karen. (S)

9.00 NEW Rich Wedding, Poor Wedding Two couples from opposite sides of the wealth divide swap budgets for their big days, with one duo having to plan a wedding on a shoestring, while the other pair have money to burn. (S)

10.30 When Parties Go Horribly Wrong A look at nightmare moments from disastrous gatherings, including a garden party that quickly went downhill when a brawl kicked off in front of horrified guests. (S)(R)

12.35 AM **The World's Most Luxurious Cruise** (S)(R)
1.30 **Teleshopping** (S)(R)
2.30 **Cash in the Attic** (S)(R)(AD)
4.10 **Friends** (S5) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Shark with Steve Backshall** Double bill. (S)(R)(AD)
8.00 **F1: Miami Grand Prix Qualifying Session** Action from Miami International Autodrome in Florida. (R)
10.00 **Ted's Notebook** (R)
10.30 **The Simpsons** (S)(R)
11.00 **LIVE Football: WSL** Manchester City v Liverpool: Coverage of the Women's Super League match from Joie Stadium. Kick-off is at 12.00.
2.30 PM **The Simpsons** (S)(R)
4.00 **Agatha Raisin** *Love, Lies & Liquor:* 2/4. Agatha is whisked away on holiday, but she finds herself a suspect when a hotel guest is found murdered and has to find the culprit so she can clear her name. (S4) (S)(R)(AD)

9.00 Olympus Has Fallen

6.00 Agatha Raisin *A Spoonful of Poison:* 3/4. The competition in the Carsely Jam-Off has always been fierce, but when a judge dies after being poisoned by the winning entry things may finally have gone a step too far. Determined to bring the killer to justice, Agatha resolves to restore the contest's name. (S)(R)(AD)

8.00 Rob & Romesh vs Bollywood Rob and Romesh travel to Mumbai with the aim of breaking into the film industry and earning roles in a Bollywood movie. (S)(R)(AD)

9.00 FILM Olympus Has Fallen Action thriller starring Gerard Butler. A disgraced secret service agent strives to foil North Korean guerrillas who have seized control of the White House and taken the president hostage. With Aaron Eckhart and Morgan Freeman. (S) (2011, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.15 **Saturday Night Live** New edition US sketch show.
12.45 AM **F1: Miami Grand Prix Highlights** Round four action.
1.45 **Ted's Notebook** (R)
2.15 **Never Mind the Buzzcocks** With Sam Ryder. (S)(R)(AD)
3.00 **Rooster** New episode 9/10. Greg empowers the hockey team before a key game. (S1)
3.40 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00am The Sunday Show **10.55** The Marvellous Miniature Workshop **11.25-11.55** Extraordinary Portraits with Bill Bailey **1.00pm** Serie A Scots: Lewis Ferguson **1.15 LIVE** Sportscene: Women's Scottish Cup Semi Final **3.35-5.00 FILM** Trolls World Tour (2020, U, 85min) ★★★ **11.35** Sportscene: Premiership Highlights **12.20am** The Women's Football Show **1.10** The Repair Shop **2.10** Weather **2.15-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics Northern Ireland

WALES
Sky 965, Virgin 864, Freesat 965
10.00am Politics Wales **11.00** Bargain Hunt **11.45-11.55** Nigel Slater's Simple Cooking **4.00pm** Weatherman Walking: The Welsh Coast **4.30-5.00pm** Extraordinary Portraits with Bill Bailey

BBC2

N. IRELAND
Sky 969, Freesat 969
2.15pm Weather Watchers with Barra Best **2.45** Flog It! **3.45 LIVE** The Championship **6.15** The Chronicles of Armagh **6.30-7.00** Paula McIntyre's Hamely Kitchen **10.00** Hell for Leather: The Story of Gaelic Football **11.00** Sunday Politics Northern Ireland **11.30pm-1.20am FILM** 1917 (2019, 15, 110min) ★★★★★

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Hen Dy Newydd **10.00** Gwesty Aduniad **11.00** Garddio a Mwy **11.30** Dechrau Canu Dechrau Canmol **12.00noon LIVE** Clwb Rygbi **2.35pm** Y Deis **3.05** Ffermio **3.30** Pobol y Cwm Omnibws **4.30 LIVE** Clwb Rygbi **6.45** Ralïo+ **7.15** Newyddion a'r Tywydd **7.30** Dechrau Canu Dechrau Canmol **8.00** Am Dro! **9.00** Anfamol **9.35** Alun, Chris a Kiri yn Seland Newydd **10.35-11.40pm** Radio Fa'ma

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Max attempts to court Cindy. **7.30** The Mitchells try to get through to Phil. **8.00** Two Walford residents face a race against time. **8.30** Max and Cindy's romance causes friction.
9.00 **Leigh-Anne: Race, Pop & Power** Leigh-Anne Pinnock explores race in the music industry.
10.00 **FILM The Woman in Black** Supernatural chiller based on Susan Hill's ghost story, starring Daniel Radcliffe. A widowed young solicitor glimpses a mysterious veiled figure when he visits a gloomy mansion to settle a dead woman's estate. With Ciarán Hinds and Janet McTeer. (2012, 12, 91min) ★★★★
11.30 **Paranormal: Britain's Last Witch** Sian Eleri recounts the story of Scottish medium Helen Duncan.
1.35 AM **Leigh-Anne: Race, Pop & Power** As 9.00pm.
2.35 **to 3.50** AM **Doctor Who**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Come Dine with Me Christmas** From York.
11.35 **A Place in the Sun**
4.05 PM **George Clarke's Remarkable Renovations** George Clarke follows Sam and Jimmy as they renovate a Victorian pie factory.
5.10 **Kirstie and Phil's Love It or List It** The hosts help a couple in Mapperley.
6.20 **Four in a Bed** The competition gets under way at 17th-century inn The Fox and Hounds in Dorset.
6.50 **Four in a Bed** The rivals stay at Milberry Green Meadows glampsite in Surrey. **7.20** The B&Bers head to The Lord Bute in Dorset for the week's third visit. **7.55** The fourth and final visit is to The Pocklington in the heart of Leicester. **8.25** Payment Day arrives.
9.00 **The Emergency Ward** New edition Dr Stuart and the team battle to stabilise a barely conscious young man whose vehicle crashed and rolled over multiple times.
10.00 **24 Hours in A&E** An 11-year-old boy is rushed in after being hit by a motorbike while walking to his first day at secondary school.
11.05 **24 Hours in A&E**
12.05 AM **The Emergency Ward**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Travels with Pevsner** The architecture of Surrey.
7.50 **Inside Classical** The BBC Philharmonic Orchestra perform Bruch's *Violin Concerto No1* and Dvorák's *New World Symphony*.
9.00 **Attenborough's Passion Projects** David Attenborough reflects on *Lost Worlds, Vanished Lives*, his 1989 series that explored the world's major fossil sites.
10.00 **Darcey Bussell on The Magic of Dance** The former ballerina reflects on Margot Fonteyn's 1979 series.
10.10 **The Magic of Dance with Margot Fonteyn** Exploring the world of dance, beginning with the dominance of the ballerina in the 1930s.
11.10 **Sammy Davis Jr at the BBC** A collection of the singer, actor and dancer's finest moments on British TV.
12.10 AM **Confucius: Genius of the Ancient World**
1.10 **Travels with Pevsner**
2.00 **to 3.10** AM **Inside Classical**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks Omnibus**
7.05 **Modern Family**
9.25 **Ramsay's Kitchen Nightmares USA**
11.25 **Married at First Sight Australia** Double bill.
2.30 PM **The Simpsons**
5.30 **The Amazing Race Australia** New edition In Cambodia, the celebrity duos leave behind the majesty of Angkor Wat to navigate the waters of an incredible floating village on the mighty Tonlé Sap lake.
6.40 **FILM Mrs Doubtfire** Comedy starring Robin Williams as an unemployed voice-over artist who disguises himself as a matronly British widow in order to get the job as his estranged family's housekeeper. With Sally Field. (1993, PG, 125min) ★★★★
9.00 **FILM The Predator** Sci-fi thriller starring Boyd Holbrook and Trevante Rhodes. A band of former soldiers and a scientist attempt to defeat a savage extra-terrestrial warrior. (2018, 15, 102min) ★★★
11.05 **Gogglebox**
1.10 AM **Naked Attraction's Best Naughty Bits**
2.15 **First Dates**
3.10 **Gogglebox**
4.00 **Modern Family**
4.25 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 | 306 | 30 | 123 | 256

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
9.00 **Customs UK**
10.00 **Border Patrol**
12.00 NOON **Border Security USA**
1.00 PM **Nothing to Declare UK** Double bill following the work of customs officers in the south of England.
2.00 **Stop, Search, Seize** Documentary following the work of Ireland's border force.
3.00 **Nothing to Declare** Six editions of the documentary series following the work of customs officers in Australia.

9.00 Watson

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras

9 PM
9.00 **Watson** New episode *A Family Meal:* 12/20. A patient arrives at the clinic with a mysterious neurological disorder. (S2)

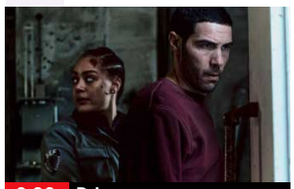
10 PM
10.00 **The Rookie** *Aftermath:* 11/18. Lucy returns to work after the attack, and a familiar face helps track down a killer. (S8)
11.00 **Fire Country** 16/22. (S1)
12.00 M'T **Law & Order: Criminal Intent** 7/22. (S1)
1.00 AM **FBI** 15/19. (S2)
2.00 **Law & Order: SVU** (S26)
3.00 **Brit Cops: Rapid Response**
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Triple bill.
9.00 **House of the Dragon** (S1)
1.50 PM **House of the Dragon** 5/10. Alicent seeks the truth about the princess. **3.00** 6/10. Daemon and Laena consider an offer. **4.15** 7/10. King Viserys calls for an end to infighting between the Great Houses. **5.25** 8/10. Rhaenyra tries to strike a bargain with Rhaenys. **6.40** 9/10. Alicent enlists help to track down Aegon. (S1)



9.00 Prisoner

7.50 **House of the Dragon** *The Black Queen:* 10/10. While mourning a loss, Rhaenyra tries desperately to hold the realm together and Daemon prepares for war. (S1)

9.00 **Prisoner** 1/6. A prison transport officer must team up with a killer after their convoy is ambushed on the way to court. (S1)

10.00 **Euphoria** *The Ballad of Paladin:* 3/8. Drama following young people navigating the modern world. Stars Zendaya. (S3)
11.10 **DTF St Louis** 5/7. Plumb and Homer uncover new information about Carol's past. **12.05** AM 6&7/7.(S1)
2.00 **Euphoria** New episode (S3)
3.15 **Atomic** 1/5. (S1)
4.10 **Homicide: Life on the Street**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Project Bakeover**
6.55 **Totally Bonkers Guinness World Records**
7.05 **The Real Housewives of Cheshire** Reality series.
8.05 **The Only Way Is Essex**
10.10 **Deal or No Deal**
12.10 PM **Wheel of Fortune**
1.15 **Celebrity Catchphrase**
2.15 **Britain's Got Talent**
4.20 FILM **Indiana Jones and the Temple of Doom** Steven Spielberg's action adventure starring Harrison Ford. (1984, PG, 118min) ★★★

9.00 The Only Way is Essex

6.45 FILM **Hairspray** Musical comedy based on the hit Broadway show, starring Nikki Blonsky and John Travolta. In 1962 Baltimore, a chubby teenager yearns to win a spot on a local TV dance show. (2007, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Only Way Is Essex** New edition Ella and Dan have a heart to heart, while Billy has some news about the wedding.

10.05 **Family Guy** 14/22. Lois abandons her responsibilities. (S23) **10.35** 10/15. The Griffins win a trip to Maine. (S22)
11.05 **Family Guy** 4/15. Peter and Lois rent a condo in a Florida retirement community. (S22)
11.35 **American Dad!** (S12)
12.30 AM FILM **The Bob's Burgers Movie** Animated comedy. (2022, PG, 102min) ★★★
2.30 **to 3.00** AM **Plebs**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Inspector Morse**
10.20 **Rosemary & Thyme**
12.25 PM **Agatha Christie's Marple** *By the Pricking of My Thumbs:* The sleuth investigates the mystery of a murdered child.
2.25 **Midsomer Murders** *Not in My Back Yard:* A planning dispute leads to murder. Guest stars Hugo Speer. **4.25** *Fit for Murder:* John Nettles' final episode. **6.15** *Death in the Slow Lane:* A DJ judging a classic-car show is crushed to death.

10.05 Midsomer Murders

Midsomer Murders (started at 6.15pm)

8.10 **Midsomer Murders** *Dark Secrets:* The life of an eccentric and reclusive couple comes under police scrutiny when a social services investigator is killed. Meanwhile, Barnaby's wife arrives in Midsomer.

10.05 **Midsomer Murders** *Left for Dead:* The murder of a reclusive couple awakens memories of a fatal road accident and the disappearance of a teenager 20 years earlier for DS Ben Jones.

12.00 M'T **Playing Nice** 3&4/4. Psychological thriller starring James Norton. (S1)
2.05 **to 2.30** AM **On the Buses**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **The Big Match Revisited**
9.00 **English Football League Highlights** Recent action.
10.30 **Goodwood Members Meeting Highlights**
11.30 **The Best of the 80s**
11.45 **Sharpe**
2.00 PM LIVE **Formula E** Race two of the Berlin E-Prix at Tempelhof Airport Street Circuit. Start-time is at 3.05.
4.35 **Ice Road Truckers**
5.30 **Sharpe**

9.35 Creed III

7.30 **Underwater Grand Fishing Adventure** Ali Hamidi is joined by Roo Abbott and diver Luc Boerrigter at Millhayes, Devon, and the team's mission is to catch a 30lb UK carp in front of the underwater cameras.

9.00 **River Monsters** Jeremy searches for the Iliamna Lake monster in Alaska.
9.35 FILM **Creed III** Drama sequel starring Michael B Jordan. When a childhood friend resurfaces after a stint behind bars, Creed is lured back into the ring to settle an old score. (2023, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **Snatch** New episode (S1)
12.35 AM **Minder**
1.30 **The Sweeney**
2.25 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

11.00 AM **This Is BBC Scotland**
1.00 PM LIVE **Snooker: World Championship** The first eight frames of the final from Sheffield's Crucible Theatre.
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Extended action from Hibernian v Celtic.
8.00 **The Singer Story: Made in Clydebank** The story of the Singer sewing machine.
9.00 **Lockerbie: Our Story** Families of six Lockerbie bombing victims tell their loved ones' stories.
10.00 **Still Game** 2/6. Winston tries to win a stray cat's affections. (S9)
10.30 **Scot Squad** 1/6. Miekelson has his portrait painted. (S2)
11.00 **The Sunday Show**
11.55 PM **to 12.00** M'T **Loop**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** (S3)
12.00 NOON **Community**
5.00 PM **The Trip** 1/6. Comedy starring Steve Coogan and Rob Brydon. **5.40** 2/6. The duo visit L'Enclume in Cartmel. **6.20** 3/6. Steve and Rob visit the Lake District. **7.00** 4/6. The duo head to Hipping Hall. **7.40** 5/6. Steve and Rob visit the Yorke Arms. **8.20** 6/6. The duo visit the Angel Inn at Hetton in North Yorkshire. (S1)
9.00 **Rob Beckett: Giraffe** A stand-up show by the comedian at the London Palladium.
10.45 **Saturday Night Live UK** Aimee Lou Wood hosts, with music from Meek.
12.00 M'T **Chris Ramsey: Live from London**
1.00 AM **Saturday Night Live**
2.30 **The Rehearsal** 1/6. (S1)
3.30 **The Comeback** New episode 7/8. (S3)
4.10 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Handel's Messiah**
8.55 **Tales of the Unexpected**
10.50 **Alfred Hitchcock Hour**
12.50 PM **Making a Maestro**
1.50 FILM **The Misfits** Western drama starring Clark Gable and Marilyn Monroe. (1961, b/w, PG, 123min) ★★★★★
4.10 **Dire Straits: Alchemy 1983** Recorded over two nights at London's Hammersmith Odeon.
6.05 **The Eagles: Live from the LA Forum**
9.00 FILM **Chaplin** Biopic with Robert Downey Jr and Geraldine Chaplin. (1992, 15, 145min) ★★★
11.45 **Opry Live**
12.45 AM **Greatest Basslines**
1.45 **Record On**
3.20 **Pet Shop Boys: Dreamworld – The Greatest Hits: Live in Copenhagen**
5.35 **to 6.00** AM **Discovering: The Doors**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM FILM **The Portable Door** Fantasy adventure starring Christoph Waltz and Sam Neill. (2023, PG, 130min) ★★★
4.00 **David Attenborough's Global Adventure: Home Planet**
5.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1&2/2.
7.00 **Agatha Christie's Pale Horse** Mystery starring Colin Buchanan and Jayne Ashbourne.
9.00 **Rob & Romesh vs F1**
10.00 FILM **Retribution** Thriller starring Liam Neeson and Noma Dumezweni. (2023, 12, 91min) ★★
12.00 M'T **Brassic** 7&8/8. (S3)
2.00 AM **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show
3.00 **Deal or No Deal: Celebrity Special** Motsi and Oti Mabuse compete to win big money for charity.
4.00 **Time Is Money** Quiz.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Asiya tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Find It, Fix It, Flog It**
5.00 **Cruising to the Ends of the Earth**
6.00 **A Place in the Sun** Laura Hamilton helps a married couple find a holiday home on Corfu. **7.00** Jasmine Harman helps a woman find a property in Catalunya.
8.00 **The Dog House** Barley the labradoodle hopes his latest liaison will prove to be third time lucky.
9.00 **Gogglebox**
10.00 FILM **Beast** Action thriller, starring Idris Elba and Sharlto Copley. (2022, 15, 93min) ★★★
11.50 FILM **The Old Man & the Gun** Crime drama starring Robert Redford and Casey Affleck. (2018, 12, 93min) ★★★★
1.40 AM **Celebrity Gogglebox**
2.40 **Naked Attraction**
3.45 **to 4.45** AM **Gordon Ramsay's Secret Service**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate SG-1** 19&20/22. (S4)
1.00 PM **Stargate SG-1** Triple bill of the episodes, including at: **3.00** 1/22. Part two of three. The team fight for survival against Apophis. (S5)
4.00 **Star Trek: Voyager** 1/26. Part two of two. An armada of aliens threatens the crew. **5.00** 2/26. Kes undergoes a bizarre transformation. **6.00** 3/26. B'Elanna dreads a forthcoming Klingon ritual. (S4)

7.00 Planetquake

7.00 **FILM Planetquake** Sci-fi adventure starring Erica Duke and Michael Paré. An escalating series of earthquakes threaten to break the earth apart causing billions of casualties. (2024, PG, 85min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Walking Dead** *When the Dead Come Knockin':* 7/16. Michonne arrives at the prison with terrible news for Rick.
10.00 **The Walking Dead** *Made to Suffer:* 8/16. Rick, Daryl and Michonne infiltrate Woodbury to rescue Glenn and Maggie. (S3)
11.00 **The Walking Dead** 9/16. Rick tries to rescue Daryl, and Woodbury is in disarray after the attack. (S3)
12.00 M'T **Grimm** 22/22. Renard and Baron Samedi unleash a horde of zombies. (S2)
1.00 AM **Grimm** 1&2/22. (S3)
3.00 **From** 9&10/10. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **Death in Paradise** 3/8. The team investigate the murder of an estate agent during the sale of a beach. **5.00** 4/8. The team join Naomi in Saint Barnabas when her best friend's father is murdered. (S12)
6.00 **Miss Scarlet** 6/6. Eliza investigates when the death of a foreign ambassador sparks political intrigue. (S6)

7.00 Murdoch Mysteries

7.00 **Murdoch Mysteries** New episode *The Hunting Lodge:* 17/21. Brackenreid and some fellow inspectors are hunted by a killer. (S19)
8.00 **Death in Paradise** *Murder in the Stars:* 1/8. An eminent astronomer dies in mysterious circumstances
9.00 **Death in Paradise** *The Communal Death:* 2/8. A member of a survivalist commune is poisoned in a locked bunker.
10.00 **Death in Paradise** *On the Sanctity of Children:* 5/8. Neville investigates when a former children's home resident is killed. (S12)
11.00 **Death in Paradise** 3/8. The team investigate the murder of an estate agent during the sale of a beach, and love is in the air for Neville. (S12)
12.00 M'T **Death in Paradise** (S12)
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Open All Hours**
8.00 **Still Open All Hours**
8.40 **Open All Hours**
9.20 **Still Open All Hours**
10.00 **Open All Hours**
11.20 **Still Open All Hours**
3.20 PM **Open All Hours**
4.00 **Still Open All Hours**
4.40 **Open All Hours**
6.00 **Still Open All Hours** Eric asks Leroy for a few tips on wooing his wife. **6.40** Granville arranges a double date with Madge and Mavis for himself and Gastric.

6.00 Still Open All Hours

7.20 **Still Open All Hours** Granville comes up with a clever plan to lure customers to buy out-of-date Christmas puddings.
8.00 **Still Open All Hours** Eric, Cyril and Mr Newbold consider exploring their feminine side.
8.40 **Open All Hours** Nurse Gladys Emmanuel poses as a shop critic.
9.20 **Still Open All Hours** Granville tries to stop Madge from moving away.
10.00 **Still Open All Hours** Eric and Cyril take up rock climbing – but Kath insists they train at home. **10.40** As 8.00pm.
11.20 **Open All Hours**
12.00 M'T **Still Open All Hours**
12.40 AM **Open All Hours**
2.00 **Alma's Not Normal**
2.30 **Ghosts** Alison and Mike consider selling some land.
3.00 **to 4.00** AM **dinnerladies diaries**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **Pointless** Quiz show.
8.05 **Top Gear: Nepal Special**
9.50 **Top Gear: Bolivia Special**
11.30 **Red Bull Soapbox Race: Cork**
1.00 PM **Mortimer & Whitehouse: Gone Fishing** Triple bill.
3.00 **Hairy Bikers Everyday Gourmets** Double bill.
5.00 **The Lakes with Simon Reeve** Simon explores the impact of humans on the Lake District. **6.00** Simon explores Cumbria's rugged coast and learns how central the county is to many of the challenges facing Britain.

7.00 Border Force

7.00 **NEW SERIES Border Force: America's Gatekeepers** Officers discover bundles of cocaine inside an SUV.
8.00 **Special Ops: Crime Squad UK** Detectives pursue a violent drug gang in Gloucester and a mugger in sleepy Kent.
9.00 **Have I Got a Bit More News for You** Romesh Ranganathan hosts the satirical quiz, with Alice Levine and Grayson Perry.
10.00 **QI** With guests Gyles Brandreth, Susan Calman and Jessica Fostekew.
10.35 **Mock the Week** With James Acaster, Tom Allen, Ed Byrne and Ellie Taylor.
11.20 **Mock the Week** With James Acaster, Gary Delaney, Ivo Graham and Zoe Lyons.
12.00 M'T **Live at the Apollo**
1.00 AM **QI XL** With Tom Allen
2.00 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **The Bill** Five episodes.
12.55 PM **Call the Midwife**
2.15 **Catherine Cookson's The Round Tower** Feature-length drama set in the 1950s, starring Emilia Fox as a teenager who is disenchanted with her privileged upbringing. With Keith Barron and Jan Harvey.
5.35 **Campion** *The Case of the Late Pig – Part One:* 5/8. A man is found murdered – three months after his funeral has taken place. (S1)

8.00 Harry Wild

6.50 **Campion** *The Case of the Late Pig – Part Two:* 6/8. Albert solves the baffling case of a man who apparently died twice. (S1)
8.00 **Harry Wild** New episode *The Death of Harry Wild:* 5/8. A Harry lookalike is pushed from a balcony at a convention. (S4)
9.00 **Silent Witness** *Remembrance:* The team investigate when a body is found drifting in a river and discover the victim was the best friend of a teenager who disappeared three years before.
11.25 **New Tricks** *Fashion Victim:* The team reinvestigate the murder of a fashion designer, while Gerry enlists Emily's help to update his image.
12.45 AM **Call the Midwife**
2.05 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Documentary.
9.20 **Blue Bloods** (S9)
1.05 PM **Columbo** Five episodes, including at: **4.25** *Any Old Port in a Storm:* A man kills his brother to protect his business interests and makes the crime look like an accident. **6.25** *Double Exposure:* A film-maker uses subliminal messages to lure a rival to his death. **8.00** *Rest in Peace, Mrs Columbo:* A woman seeks revenge on Columbo for the death of her husband in prison.
10.00 **Law & Order: Special Victims Unit** *911:* 3/22. Benson receives an alarming call. (S7)
11.00 **Law & Order: Special Victims Unit** (S7&6)
1.50 AM **Law & Order: Criminal Intent** (S8)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S2)
10.00 **Filthy Britain SOS**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions of the series, including at: **7.00** Police hunt for a couple of armed men. **8.00** A suspect assaults Steve with his car keys.
9.00 **Surgeons: A Matter of Life or Death** Featuring Alfie, who has a tumour growing at speed into his nose and cheek.
10.30 **Accused: Guilty or Innocent?** New edition A man who woke up in hospital accused of attacking his fiancée.
11.25 **Hidden in My House**
12.20 AM **My Lover, My Killer**
1.20 **Skin A&E**
2.15 **Casualty 24/7: Every Second Counts**
3.05 **Friends** 18&19/24. (S2)
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
12.00 NOON **Outback Truckers** Five editions of the series, including at: **2.00** PM Nick and Jo's fully loaded road-train's engine fails. **3.00** Mark delivers a fragile electrical control room to a remote mine. **4.00** Mark tries to deliver a fragile load to a remote gold mine.
5.00 **FILM The Scalphunters** Western adventure with Burt Lancaster. (1968, PG, 102min) ★★★
7.05 **FILM Tom Horn** Western starring Steve McQueen and Linda Evans. (1980, 15, 98min) ★★★
9.00 **FILM Mercury Rising** Thriller starring Bruce Willis, Alec Baldwin and Miko Hughes. (1998, 15, 110min) ★★★
11.15 **Scam City** Four editions.
3.25 AM **Winter Road Rescue**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet: Noel Fitzpatrick**
6.00 **Inside the Ambulance: Coast and Country** Crews treat a site foreman having a heart attack on a building site. **7.00** Paramedics race to a baby who needs urgent help to breathe.
8.00 **Inside the Operating Theatre** A teen has two twisted teeth extracted. **9.00** A man has a camera put inside his lungs to find out whether he has cancer.
10.00 **The Catherine Tate Show** Triple bill.
11.55 **Death at the Mansion: Rebecca Zahau**
12.50 AM **Sort Your Life Out with Stacey Solomon**
1.55 **to 3.00** AM **Louis Theroux Interviews... Dame Judi Dench**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **The World at War**
12.00 NOON **Canal Boat Diaries** Triple bill.
3.00 PM **Wilderness with Simon Reeve**
5.00 **Bangers & Cash**
6.00 **The Blue Planet**
8.00 **Canal Boat Diaries** Robbie Cumming takes a tumble at Buckby Locks in Northamptonshire.
9.00 **One Foot in the Grave** An extremely persistent door-to-door salesman causes Victor to see red. **9.40** The Meldrews set off for a seaside break. **10.20** Victor suffers a sleepless night – and ensures the eternally put-upon Margaret shares in his suffering.
11.00 **Whatever Happened to the Likely Lads?**
1.00 **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** With children's author Sally Gardner.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Derelict Rescue**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** Davina McCall and Nicky Campbell follow a 62-year-old woman's search for her mother.
10.00 **Who Do You Think You Are?** Former *EastEnders* actor Nitin Ganatra attempts to find out why his family left India.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **Escape to the Country**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 242 365

Sunday

Great! TV

157 167 170 34 32

8.00 AM **A Fine Romance**
8.30 **The Waltons** (S7)
1.30 PM **The Waltons** (S7&8)
5.30 **FILM Pearl Harbor** World War Two romantic drama starring Ben Affleck, Josh Hartnett and Kate Beckinsale. (2001, 12, 183min) ★
9.00 **FILM Kingdom of Heaven** Ridley Scott's epic historical drama starring Orlando Bloom. A widowed French blacksmith travels to Jerusalem at the time of the Crusades and helps defend the city against the forces of legendary Muslim leader Saladin. With Liam Neeson and Eva Green. (2005, 15, 144min) ★★★★
12.00 M'T **M*A*S*H** (S8)
2.00 AM **Rumpole of the Bailey** 2/6. (S6)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** Triple bill.
10.40 **FILM Apache Ambush** Western with Bill Williams. (1955, U, 68min) ★★
12.10 PM **FILM Showdown** Western drama. (1963, b/w, PG, 79min) ★★
2.00 **FILM The Horse Soldiers** Western. (1959, U, 115min) ★★
4.35 **FILM Death of a Gunfighter** Western. (1969, PG, 100min) ★★
6.35 **FILM Chinese Zodiac** Action adventure sequel. (2012, 12, 118min) ★★
9.00 **FILM The Expendables 2** Adventure sequel. (2012, 15, 98min) ★★★
11.15 **FILM Trigger Point** Thriller. (2021, 12) ★★
1.05 AM **FILM Kickboxer: Vengeance** Thriller. (2016, 15, 90min) ★★
3.05 **FILM Supercell** Drama. (2023, 12, 100min) ★★
4.40 **to 5.50** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **Diagnosis Murder**
9.00 **Hart to Hart** *Pilot.*
11.00 **Murder, She Wrote** Ten episodes of the mystery.
9.00 PM **FILM Morning Show Mysteries: Murder on the Menu** Drama starring Holly Robinson Peete. A dead body turns up in the car of one of Billie's guests – a celebrity chef with dark secrets in his past. (2018, PG, 85min) ★★
10.55 **FILM Mystery 101: Pilot** Drama with Jill Wagner. A crime fiction professor gets a taste of the real thing when a priceless lab specimen vanishes. (2019, PG, 89min) ★★
12.50 AM **FILM Forgotten Abduction** Thriller. (2020, 12, 90min) ★★
2.30 **FILM Fatal Memories** Thriller. (2014, 12) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.00 AM **FILM Planning for Joy** Romantic comedy. (2022, PG, 86min) ★★
9.55 **FILM Snapshot of Love** Drama. (2022, PG) ★★
12.00 NOON **FILM Flowers and Honey** Romance. (2021, PG, 90min) ★★
2.00 PM **FILM Sweet Home Carolina** Romance. (2017, PG, 84min) ★★
3.50 **FILM Love on the Vines** Drama. (2016, PG) ★★
5.45 **FILM The Love Gala** Romantic comedy. (2023, PG, 86min) ★★
7.45 **FILM Secrets of Bella Vista** Romantic drama. (2022, U, 84min) ★★
9.40 **FILM Home for Harvest** Romantic drama. (2019, PG, 90min) ★★
11.45 **FILM Vote One for Love** Romantic drama. (2023, PG, 90min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Secrets of Bella Vista**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **This Farming Life**
2.15 **Musketeer** Short drama.
2.30 **FILM Futtock's End** Silent comedy starring Ronnie Barker. (1970, 12, 47min) ★★
3.30 **FILM Commandos** Wartime adventure. (1968, 18, 112min) ★★
5.45 **FILM The Magnificent Seven Deadly Sins** Series of comic sketches spoofing the Seven Deadly Sins. (1971, PG, 104min) ★★★
8.00 **Garden Rescue**
10.00 **Musketeer** Short drama.
10.15 **FILM School for Sex** Comedy starring Derek Aylward and Rose Alba. (1969, 18, 80min) ★★
12.00 M'T **FILM Au Pair Girls** Comedy. (1972, 18) ★★
2.00 AM **FILM Can You Keep It Up for a Week?** Comedy. (1974, 18) ★
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **Hank the Cowboy**
7.30 **The Fenn Street Gang**
8.30 **Press Gang** (S1)
9.00 **The Gaffer** 4&5/7. (S3)
10.00 **Bubblegum & Cheese**
11.00 **Agony** 6&7/7. (S3)
12.00 NOON **Boon** (S4&5)
2.05 PM **The Prime of Miss Jean Brodie** 4&5/7. (S1)
4.15 **Father Brown** (S1)
5.15 **Second Thoughts** (S3)
6.15 **The Lovers** (S2)
7.15 **Boon** *The Eyes of Texas:* 13/13. Ken searches for Rebecca's husband. (S4) **8.20** *Texas Rangers:* 1/13. Ken has trouble with Hell's Angels. (S2)
9.20 **McCallum** Drama.
10.25 **FILM Pets** Drama. (1973, 18, 97min) ★★
12.25 AM **FILM Messiah of Evil** Horror. (1973, 18) ★★
2.15 **Stereo Underground**
3.15 **McCallum** Drama.
4.20 **Bubblegum & Cheese**
5.10 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Garage Rehab**
2.00 PM **Kindig Customs**
5.00 **Chasing Classic Cars**
7.00 **Expedition Bigfoot** Russell investigates a possible Bigfoot underwater passageway. **8.00** The team believe they have found where Bigfoot has been hiding.
9.00 **Ancient Unexplained Files** The secrets behind red skulls found in a 500-year-old grave. **10.00** Experts reveal the mystery behind a red skeleton found in an abandoned Maya city.
11.00 **Expedition X** Phil Torres and Jessica Chobot go on a mission to find out what is happening on the Island of the Dolls.
12.00 M'T **Expedition X**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food: Best Of**
1.00 PM **James Martin Digs Deep** Four editions.
3.00 **Great British Bake Off** Six editions, including at: **7.00** The cooks take part in Italian Week. **8.00** The bakers step back in time to face the test of baking with unfamiliar recipes.
9.00 **Adam Richman Eats Football** Adam explores the football food culture of West Ham United. **9.30** Adam heads into Nottingham for a great bowl of ramen.
10.00 **Man v Food** Adam Richman visits Chicago. **10.30** Sampling hot wings in Pittsburgh.
11.00 **James Martin's Great British Adventure**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **T.J. Hooker**
12.00 NOON **FILM Gunsmoke: The Last Apache** Western. (1990, PG) ★★
2.00 PM **FILM The Land That Time Forgot** Fantasy adventure. (1974, PG, 91min) ★★★
3.50 **FILM The People That Time Forgot** Fantasy adventure sequel. (1977, U, 96min) ★★
5.40 **FILM Sinbad and the Eye of the Tiger** Fantasy adventure. (1977, U, 108min) ★★★
8.00 **The Twilight Zone** (S5)
9.00 **FILM The Client** Thriller with Susan Sarandon and Tommy Lee Jones. (1994, 15, 121min) ★★★★
11.30 **FILM The Bank Job** Crime thriller. (2008, 15, 107min) ★★★
1.45 AM **FILM Hard Kill** Thriller. (2020, 15) ★★
3.35 **to 5.15** AM **FILM Cross the Line** Action thriller. (2015, 15, 87min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **The Fall Guy** (S4)
3.00 PM **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
5.00 **FILM Zodiac: Signs of the Apocalypse** Sci-fi disaster movie. (2014, PG, 90min) ★
7.00 **FILM 500 MPH Storm** Disaster movie starring Casper Van Dien. (2013, PG, 86min) ★★
9.00 **FILM The Assassination Bureau** Black comedy thriller with Diana Rigg and Oliver Reed. (1968, PG, 110min) ★★★
11.15 **FILM First Kill** Action thriller with Bruce Willis. (2017, 15, 97min) ★★
1.25 AM **FILM Brake** Thriller. (2012, 15, 87min) ★★★
3.15 **FILM Apocalypse of Ice** Disaster drama. (2020, PG, 88min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **WWE's Greatest Moments** Double bill.
6.45 **Hardcore Pawn**
9.15 **Junk & Disorderly**
11.10 **Pawn Stars**
1.05 PM **Container Wars**
4.05 **Storage Wars**
7.00 **Beyond Skinwalker Ranch** The team add two new members.
8.00 **Curse of Skinwalker Ranch** A UAP appears above the ranch.
9.00 **Hazardous History with Henry Winkler** Shockingly dangerous activities and products.
10.00 **The Witches of Salem** How paranoia reached fever pitch as the demonic conspiracy grew.
11.00 **History's Greatest Mysteries** Blackbeard.
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **The Proof Is Out There** Triple bill.
4.00 **to 6.00** AM **Britain's Most Historic Towns**

5SELECT

153 166 138 46 133 30

9.00 AM **Winter Road Rescue**
9.35 **Abandoned Engineering**
11.35 **Inside the World's Greatest Ships**
12.35 PM **The Queen Mary: Royals at Sea**
1.40 **FILM A Dangerous Affair** Thriller starring Aubree Bouche. (2022, 12, 90min) ★★
3.25 **FILM Big Lies in a Small Town** Thriller starring Rhonda Dent. (2022, 12, 85min) ★★
5.10 **FILM Murder in the Sun** Mystery thriller starring Annika Foster. (2022, 12, 87min) ★★
7.00 **Your Kitchen: 60 Years of Fads & Gadgets**
9.00 **TV's 30 Most Controversial Moments**
11.00 **Taggart** *Secrets.*
1.40 AM **The Sinking of the Costa Concordia**
3.35 **Cruising with Jane McDonald** From Miami.
3.55 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable**
2.00 **Bridge of Lies**
3.00 **The Family Chase**
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** With Giles Coren, Rachel Johnson, Chris Packham and Josie Long. **6.00** Kirsty Gallacher, Charley Boorman, Clive Tyldesley and Rachel Riley compete.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Jake Canuso, Jo Whiley, Georgia Taylor and Marcus Brigstocke compete for charity.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
1.00 PM **The Big Bang Theory** (S4&5)
8.00 **Georgie and Mandy's First Marriage** New episodes 7/22. Audrey and Mary's feud rears its head when Georgie needs their help. **8.30** 8/22. Georgie and Mandy get upset. (S2)
9.00 **Zero Stars** New edition Roisin and Sara embark on a Greek cruise.
10.00 **FILM The Talented Mr Ripley** Psychological thriller based on the novel by Patricia Highsmith, starring Matt Damon, Jude Law and Gwyneth Paltrow. (1999, 15, 139min) ★★★★★
1.00 AM **Zero Stars**
2.00 **Young Sheldon**
2.30 **Dr Pimple Popper**
3.30 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 **Friends** 3-12/24. (S7)
2.00 PM **Michael McIntyre's The Wheel** Game show.
3.00 **Friends** 13-20/24. (S7)
6.50 **FILM Definitely, Maybe** Romantic comedy starring Ryan Reynolds. (2007, 12, 107min) ★★★
9.00 **FILM Horrible Bosses 2** Comedy sequel starring Jason Bateman, Jason Sudeikis and Charlie Day. (2014, 15, 104min) ★★
11.05 **8 Out of 10 Cats**
12.45 AM **Impractical Jokers**
1.15 **Whose Line Is It Anyway? USA**
1.45 **Jack Whitehall Live**
2.45 **Dara O Briain Talks Funny: Live in London**
3.45 **The Comedy Central Chart Show**
3.50 **Utopia** 6/8. (S2)
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S5)
7.00 **Teleshopping**
9.00 **Utopia** (S1&2)
11.30 **Criminally Funny**
7.00 PM **Friends** 11/24. Monica turns up uninvited at her cousin's wedding. **7.30** 12/24. Ross and Joey find themselves trapped on the roof. **8.00** 13/24. Phoebe encounters a suicidal office worker on her first day as a telemarketer. **8.30** 14/24. The pals celebrate Rachel's 30th birthday and reminisce about their own. **9.00** 18/24. Everyone except for Ross puts their money together to buy lottery tickets. (S9)
9.30 **Friends** (S9&10)
2.00 AM **New Girl** (S4)
3.00 **The Daily Show**
4.55 **South Park** (S21)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s: Best Music Live!**
8.10 **Dear John** 1-3/7. (S1)
10.05 **You Rang, M'Lord?**
2.10 PM **Are You Being Served? Again!** (S2)
5.55 **Rising Damp** (S4)
8.00 **Minder** 9/13. (S2)
9.00 **Benidorm** 5/7. (S4)
10.00 **Shameless** 16/22. Jackson is unimpressed when he sees Letitia kissing Dee Davies. (S8)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.05 AM **Benidorm** 5/7. (S4)
1.00 **Minder** 6/8. (S6)
2.05 **In Sickness and in Health** 7/7. (S6)
2.30 **Man About the House**
2.55 **Duty Free** 1/7. (S3)
3.20 **That's 60s: Best Music Live!**
4.00 **Nearest and Dearest**
4.25 **Nearest and Dearest Xmas 1970** (S5)
4.50 **to 6.00** AM **Byways of Steam**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs US**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **FriendZone**
9.30 **Beauty and the Geek Australia** Double bill.
1.00 PM **Catfish: Teams**
2.00 **Catfish: Love Triangles**
3.00 **Catfish: Fiendish Friends**
4.00 **Catfish: The TV Show** Five editions, including at: **8.00** Brooklyn needs answers about her elusive online ex Jason so she can move on.
9.00 **Bar Rescue** Jon Taffer sends mixologist Phil Wills to rescue a filthy bar in Oxnard, California. **10.00** A struggling bar owner in Tucson faces closure after five years.
11.00 **Tattoo Fixers**
1.00 AM **Ink Master**
2.00 **Dating Naked UK**
2.45 **Caught in the Act: Double Life**
3.35 **to 4.00** AM **Jackass**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The Raneys reflect on life-changing rescues. **1.00** PM Flooding rivers devastate a family's dream homestead in Oregon. **3.00** After Hurricane Helene obliterates a 100-year-old farmhouse, a self-sufficient family are left with nothing. **5.00** Two young couples in Alaska face disaster near the Arctic Circle, and the Raneys must act fast in their most extreme rescue yet.

10.00 Moonshiners

7.00 Moonshiners New edition Tim, Tickle and Henry confront the rival shiners who torched their stash house.

8.00 Vantara: Sanctuary Stories New edition Forrest Galante reveals how Vantara take care of every animal.

9.00 Barnwood Builders Matt Raney and the team build a huge log shed for one of their own on his homestead.

10.00 Moonshiners New edition Investigating the story of a moonshine kingpin who murdered a bootlegger in 1948.

11.00 Supercar Showroom Dean Bartle takes on the sale of an extremely rare Alfa Romeo.
12.00 M'T **Shorty's Dream Shop** A Ford collector convinces the team to take on his Torino GT.
1.00 AM **Extreme RVs**
3.00 to 5.00 AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 Crikey! It's the Irwins
10.00 Lone Star Law
11.00 Dr Jeff: Rocky Mountain Vet
1.00 PM **Pit Bulls & Parolees**
3.00 My Cat from Hell A cat that is disrupting a friendship. **4.00** A cat that reacts violently to a tiny dog.
5.00 Treehouse Masters Creating a bungalow with large windows.
6.00 Meet the Orangutans The toddlers receive lessons in life. **6.30** The babies are at high risk from parasites.

10.00 Tanked

7.00 How Do Animals Do That? The secret behind the kangaroo's hop. **7.30** A look at how cats always land on their feet.

8.00 The Diamond Collar Lena and James find a place to keep their animals. **8.30** James holds a Best Dressed Dog contest.

9.00 Alaska Gold Diggers SJ heads to Fairbanks as he entrusts John and his men to continue the Gold Run operation.

10.00 Tanked The brothers-in-law receive a request from the Las Vegas Museum of Natural History for an aquarium.

11.00 Tanked Featuring Ryan Newman and Shane Victorino.
12.00 M'T **Fish or Die** The anglers try to hook a giant trevally.
1.00 AM **Air Jaws: Night Stalker**
2.00 The Haunted
3.00 Tiger Shark King
4.00 to 5.00 AM **How Do Animals Do That?**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Hitler's Last Stand**
10.00 World War II: Secrets from Above Double bill of editions.
12.00 NOON **Bloody Tales from History** European history's most infamous incidents
1.00 PM **Vikings: The Rise and Fall** Triple bill of editions.
4.00 Elizabeth I: The Secret Life A look at the monarch's life.
5.00 Air Crash Investigation A plane that crashed into an apartment complex. **6.00** Investigating the 1989 Kegworth air disaster.

8.00 Lost Treasures of the Bible

7.00 Air Crash Investigation A reconstruction of Korean Air Cargo Flight 8509's accident in December 1999.

8.00 Lost Treasures of the Bible New edition Archaeologists investigate the hidden secrets of the biblical city of Babylon.

9.00 Inside the CIA: Secrets and Spies New edition A CIA officer must decide whether he can trust an Al-Qaeda mole.

10.00 Nazi Death Camp: The Great Escape Jewish former prisoners at a Polish death camp recall their escape in 1943.

11.00 Erased: WWII Heroes of Colour The stories of people of colour during World War Two.
12.00 M'T **Trafficked with Mariana Van Zeller** Double bill.
1.00 AM **Car S.O.S** A Land Rover Defender with a heroic past.
2.00 Construction Fails
3.00 to 5.00 AM **Megafactories**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **What on Earth?**
8.00 Storage Wars Six editions.
11.00 Storage Hunters
1.00 PM **Pawn Stars** Triple bill of editions, including at: **3.00** A blazer is presented, purportedly worn by the Rolling Stones' Keith Richards.
4.00 Secrets in the Ice A military base discovered a few hundred miles from the North Pole. **5.00** An ancient reptile-like creature found in the Arctic. **6.00** Great mysteries that have been frozen in time.

9.00 Titanic: Mystery Solved

7.00 Greatest Prison Escapes with Billy Hayes How, by using explosives, weapons and cunning, Rédoine Faïd twice broke out of prison.

8.00 Greatest Prison Escapes with Billy Hayes The story of how a correctional officer participated in a prison break-out.

9.00 Titanic: Mystery Solved Documentary in which experts examine previously undiscovered evidence of flaws in the *Titanic*'s design that may have contributed to the ship sinking in April 1912.

11.00 Britain's Murder Map with Vicky McClure and Jonny Owen Kelso Cochrane.
12.00 M'T **History's Deadliest with Ving Rhames** Feared criminals.
1.00 AM **Mysteries Unearthed with Danny Trejo** Hidden riches.
2.00 The UnBelievable with Dan Aykroyd Wildest weapons.
3.00 Pawn Stars A HG Wells book.
4.00 to 6.00 AM **Storage Hunters**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Buster Keaton** A profile of the actor.
7.00 Discovering: Olivia de Havilland The life of the actor.
8.00 The Directors
9.00 Steve McQueen: Lost Movie
10.50 My Icon: Shaun Gayle
11.00 Benetton Formula
1.00 PM **Villeneuve Pironi: Racing's Untold Tragedy**
3.00 I Am Burt Reynolds
4.50 FILM Going Clear: Scientology and the Prison of Belief Documentary. (2015, 15, 120min) ★★★★

9.00 The Bee Gees

7.10 FILM The Alpinist Documentary about elusive Canadian climber Marc-André Leclerc, who has made some of the boldest solo ascents in history, away from cameras and with no margin for error. (2021, 12, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Bee Gees: How Can You Mend a Broken Heart Documentary exploring the history of the group, featuring contributions from surviving member Barry Gibb as well as archive interviews with his brothers Robin and Maurice.

11.10 NEW EFL: The Play-Offs at 40 The history of the English Football League play-offs.
12.40 AM **The United Way** The story of Manchester United Football Club.
2.30 Schmeichel A profile of the former Manchester United goalkeeper Peter Schmeichel.
4.30 PL Legends: Paul Ince
5.00 to 6.00 AM **The Directors**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Find It, Fix It, Flog It**
9.00 Antiques Road Trip
2.00 PM **The Repair Shop**
5.00 The Yorkshire Auction House Triple bill of the series, including at: **7.00** Angus Ashworth is excited about clearing out a historic property.
8.00 The Repair Shop The team revive an Afro-Caribbean doll. **9.00** The team give a new lease of life to an old shipping log. **10.00** A cherished violin is among the items being restored. **11.00** The team restore a scientist's notebook. **12.00** M'T The team try to restore a Royal Australian Air Force hat.
1.00 AM **Massive Engineering Mistakes**
2.00 Destroyed in Seconds
4.00 to 5.00 AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 Say Yes to the Dress
10.00 Forensic Detectives
11.00 A Killer's Mistake
12.00 NOON **FBI Files**
3.00 PM **Faking It: Tears of a Crime** Four editions.
7.00 Faking It: Tears of a Crime Exploring the murder of Shana Grice. **8.00** The 2013 case of Paralympian Oscar Pistorius, who shot his girlfriend Reeva Steenkamp dead.
9.00 A Killer's Mistake Keely McGrath's torment is only revealed after she is killed by Anthony Davis.
10.00 Evil Lives Here: My Child the Killer
11.00 Faking It: Tears of a Crime Investigating the death of Jamie Lavis.
12.00 M'T **Forensic Detectives**
2.00 to 4.00 AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 UK Crime Files: Killer on the Run Geoffrey Wansell revisits the case of Terry Clifton, who murdered two men.
8.00 UK Crime Files: Murdered for £20 How the murder of a lawyer was solved.
9.00 UK Crime Files: The Killing of a Deaf Girl The 1988 murder of Suzanne Greenhill.
10.00 UK Crime Files: The Body in the Suitcase
11.00 UK Crime Files: The Plumstead Ripper
12.00 M'T **UK Crime Files: Brothers Who Kill**
1.00 AM **Britain's Almost Perfect Murders**
2.00 Killers: Caught on Camera True-crime.
3.00 Handsome Devils
4.00 to 6.00 AM **Judge Judy**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
10.45 Teleshopping
11.00 Medical Detectives
12.00 NOON **48 Hours**
2.00 PM **UK Crime Files: The Railway Killers** The case of John Duffy and David Mulcahy, who murdered three women.
3.00 UK Crime Files: Bus Stop Rapist The story of an attack in Nottingham.
4.00 UK Crime Files: The Seaside Strangler A look at the case of Stephen Akinmurele.
5.00 UK Crime Files: A Random Murder A look into the case of Kevin Bennett.
6.00 UK Crime Files: The Longest Murder Trial The story of the murder of Lynette White.
7.00 Judge Judy Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 to 6.00 AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Send in the Dogs**
7.00 A1: Britain's Longest Road Documentary.
8.00 Road Wars
9.00 Caught on Dashcam
10.00 Send in the Dogs
11.00 How I Caught the Killer
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **World's Most Evil Killers** Double bill.
3.00 How I Caught the Killer
5.00 Britain's Most Evil Killers Double bill.
7.00 Forensics: Catching the Killer Double bill.
9.00 Dating Death 1-3/3.
12.00 M'T **Murdered at First Sight** Jonelle Matthews.
1.00 AM **Killing Mum and Dad** Anmol Chana.
2.00 Britain's Most Evil Killers Stefano Brizzi.
3.00 The Real Manhunter
4.00 Highway Cops
5.00 to 6.00 AM **Brit Cops: Law & Disorder**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Living in the Shadow of WWII**
11.50 Witness to a Massacre: Nanjing 1937
1.00 PM **Living in the Shadow of WWII**
4.20 Spy Ops Eight editions of the series, including at: **7.20** Testimony from a man who attempted an assassination of Pope John Paul II. **8.20** 1/2. Mossad's assassination campaign on Palestinian leaders. **9.20** 2/2. Mossad continues its campaign of covert assassinations of Palestinian leaders. **10.15** A look at how locals helped US military operations in Afghanistan. **11.15** The US military recover a sunken Soviet submarine from the depths of the ocean.
12.00 M'T **Witness to a Massacre: Nanjing 1937**
1.15 to 2.00 AM **Weathered: Earth's Extremes**

SUNDAY

Sunday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Strange Creatures**
8.00 **Africa's Hidden Kingdoms**
10.00 **Into the Wild: India**
12.00 NOON **Colombia's Wild Coast**
2.00 PM **Deep Dive North America**
4.00 **David Attenborough's Galapagos** 1-3/3. Triple bill.
7.00 **Attenborough and the Giant Elephant** Investigating the life of a famous Victorian elephant.
8.00 NEW **Bears of the Karawank Mountains** Documentary following a young male brown bear on his adventures in a mountain range on the border between Slovenia and Austria.
9.00 **Kui Buri: Thailand's Hidden Eden** A look at Kui Buri National Park in Thailand.
10.00 **Africa's Wild Roommates: How Animals Share Bed and Board** How aardvarks, termites and weaver birds share their homes with other creatures.
11.00 **Bears of the Karawank Mountains** As 8.00pm.
12.00 M'T **Life's Journey**
3.00 **to 6.00** AM **Becoming Orangutan**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **How to Lose a War**
11.00 **Digging for Britain**
1.00 PM **Britain's Secret Islands**
2.00 **Ancient Aliens**
4.00 **Secrets in the Jungle**
6.00 **Battle 360** How the aircraft carrier USS *Enterprise* battled submarines in the Pacific.
7.00 **Bone Detectives: Britain's Buried Secrets** Scientists attempt to piece together the lives behind discovered bones.
8.00 **Alien Corridors** UFO sightings.
9.00 **World War II: Witness to War** A look at how German soldiers dealt with the Eastern Front's climate and the Red Army.
10.00 The liberation of France.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Hitler v Churchill: The Eagle and the Lion**
2.00 **Ancient Skies**
3.00 **Craig Charles: UFO Conspiracies**
4.00 **Conspiracy Files: Unsealed**
4.30 **Top 10 Conspiracies of All Time** Goings-on at Area 51.
5.00 **to 6.00** AM **Blown Away**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
12.30 PM **How It's Made: Dream Cars**
2.00 **Incredible Engineering Blunders: Fixed**
4.00 **How the Universe Works**
6.00 **How It's Made** Four editions of the series, including at:
7.00 The processes behind the creation of digital paintings.
7.30 How dumplings and brass faucets are made.
8.00 **Mysteries of the Deep** Jeremy explores a technique that could identify the Loch Ness Monster.
9.00 The mystery behind the infamous giant squid.
10.00 **Houdini's Last Secrets** Experts recreate Houdini's buried alive escape stunt.
11.00 **Super Factories: Food Edition**
12.00 M'T **How the Universe Works**
2.00 AM **NASA's Unexplained Files**
4.00 **How Do They Do It?**
4.30 **to 6.00** AM **How It's Made: Dream Cars**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Killer Britain with Dermot Murnaghan** Double bill.
8.00 **Nightmare in Suburbia**
10.00 **Robbie Coltrane's Critical Evidence** Double bill.
12.00 NOON **Murder Detective**
2.00 PM **Crimes That Shook Britain**
4.00 **Accident, Suicide or Murder?**
8.00 **Cold Case Files: Murder in the Bayou** Following the investigation into the death of 13-year-old Krystal Jean Baker.
9.00 **Cold Case Files** An estate agent mysteriously vanishes.
10.00 The discovery of a woman's killer 37 years after her body was discovered.
11.00 **Crime in Progress**
12.00 M'T **Tell Me How I Died**
1.00 AM **Cold Case Files: DNA Speaks** The brutal 1995 murder of 14-year-old Nacole Smith.
2.00 **Interview with a Killer** New edition David Scott sits down with Benjamin Delgadillo.
3.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Killer in Plain Sight**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **Wild Chile** Double bill.
12.00 NOON **Kingdom of the Apes**
2.00 PM **The Last Rhinos: A New Hope** Documentary.
3.00 **Mystery Gorilla**
4.00 **Secrets of the Zoo: Tampa**
6.00 **Critter Fixers: Country Vets Compilation** New editions Featuring unusual animals.
7.00 Featuring animals that proved hard to handle.
8.00 **Leopard Kingdom** Three leopards compete to dominate their mother's old territory.
9.00 **Predator vs Prey** A forensic look at how leopards silently hunt various prey, from impala to storks, revealing their ambush techniques.
10.00 **Ten Deadliest Snakes with Nigel Marven** The naturalist looks at snakes from the Philippines, including a sea serpent with a deadly bite.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **When Sharks Attack**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **The Dino Hunters**
12.00 NOON **Lost Mines: Restored**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** Examining how the Tower of London became an infamous prison.
7.00 Experts use underwater archaeology to explore the world's oldest sunken city.
8.00 Experts digitally examine the Sumerian ziggurat of Ur in Iraq, the heart of one of the world's first civilisations.
9.00 **Salvage Hunters: The Restorers** Drew Pritchard asks blacksmith Nev to save a wirework plant stand.
10.00 Vintage electronic game restorer Mark is asked to rescue a 1950s driving game.
11.00 Furniture restorer Steve works on a bench that once graced a famous Scottish court.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Lost Mines: Restored**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Great Canal Journeys**
1.00 PM **Great Canal Journeys** Timothy West and Prunella Scales strike out for the rarely navigated Brahmaputra river in the far north of India.
2.00 Timothy and Prunella explore the Norfolk Broads.
3.00 Timothy and Prunella explore the Marne-Rhine Canal.
4.00 The couple travel through north-west Portugal.
5.00 **Life** Strategies used when hunting and evading predators.
6.00 Humboldt squid, starfish and a giant octopus are among the creatures explored.
7.00 The strategies used by plants to enable them to grow even where there is no sunlight, water or nutrients.
8.00 Hamadryas baboons, Japanese macaques and capuchins are among the creatures explored as the focus turns to apes and monkeys.
9.00 **Life** Eight editions.
5.25 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **The Big Swindle**
10.00 **The 1990s: The Deadliest Decade** Double bill.
12.00 NOON **The Perfect Suspect**
2.00 PM **Still a Mystery**
4.00 **People Magazine Investigates**
6.00 **Forbidden: Dying for Love** A relationship forbidden by strict rules of honour.
7.00 The case of Meagan Grunwald and Angel Garcia.
8.00 **Someone You Thought You Knew** The case of 68-year-old Etta Jean Westbrook, found dead in a quiet suburb in Texas.
9.00 **Mother, May I Murder?** A shooter murders a young mother in her home.
10.00 **999 Murderer Calling** Mitesh Patel strangles his wife and stages a burglary.
11.00 **Murder Under the Friday Night Lights** A high-school football coach is shot dead.
12.00 M'T **A Body in the Basement**
2.00 AM **Living a Nightmare**
4.00 **to 6.00** AM **Home Sweet Homicide**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Lucky!**
10.00 **Extreme RVs**
11.00 **Garage Rehab**
12.00 NOON **Mike Brewer: Born Dealer** Four editions.
4.00 PM **Hell Roads**
5.00 **Shed and Buried** A collection of World War Two vehicles.
5.30 Some classic motorcycles catch Henry's eye in Bolton.
6.00 Henry and Guy pay a visit to a motocross lover in Hereford.
6.30 Henry finds a bicycle that takes him back to his childhood.
7.00 **Mike Brewer: Born Dealer** Mike shares a sneak peek into life at his dealership in Warwick.
8.00 Mike trades a classic Citroën for an F-Type Jag.
9.00 Mike heads to Poland to avoid the British 'Porsche Tax'.
10.00 A BMW M3 turns into a rotten headache for Mike.
11.00 Mike takes the family on a trip down memory lane.
12.00 M'T A visit to a car show inspires Mike to organise his own.
1.00 **to 4.00** AM **Lucky!**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM PREMIERE **Don't Let's Go to the Dogs Tonight**
8.20 **Spinal Tap II: The End...**
9.50 **The Conjuring: Last Rites**
12.15 PM **Wuthering Heights**
2.40 PREMIERE **Don't Let's Go to the Dogs Tonight** Drama. (2025, 15, 99min) ★★★★
See review, page 23.
4.30 **A Big Bold Beautiful Journey** Romance. (2025, 15) ★★★
6.30 **Spinal Tap II: The End Continues** (2025, 15) ★★★

2.40 Don't Let's Go to the...

8.00 Wuthering Heights Period drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Pillion Dark comedy starring Harry Melling and Alexander Skarsgård. A directionless man is swept off his feet when an enigmatic biker takes him on as his submissive. (2025, 18, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Caught Stealing** Comedy thriller starring Austin Butler, Zoë Kravitz and Matt Smith. (2025, 15, 107min) ★★★★
2.05 **Eddington** Modern-day Western with Joaquin Phoenix. (2025, 15, 148min) ★★★★
4.35 **to 6.05** AM **Spinal Tap II: The End Continues** As 6.30pm.

Sky Cinema Fast

303 303 403 503 517

7.30 AM **The Fast and the Furious**
9.30 **2 Fast 2 Furious** As 2.30am.
11.30 **The Fast and the Furious: Tokyo Drift** Motor racing thriller. (2006, 12, 104min) ★★
1.30 PM **Fast & Furious** Thriller. (2009, 12, 107min) ★★★
3.30 **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
5.45 **Fast & Furious 6** Action thriller sequel starring Vin Diesel and Dwayne Johnson. (2013, 12, 125min) ★★★

5.45 Fast & Furious 6

8.00 Fast & Furious 7 Action thriller sequel starring Vin Diesel and Paul Walker. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. With Dwayne Johnson. (2015, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Fast & Furious 8 Action thriller sequel starring Vin Diesel. Street racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
2.30 **2 Fast 2 Furious** Action thriller sequel with Paul Walker. (2003, 12, 108min) ★★★
4.25 **Sky Cinema Preview**
5.00 **to 6.55** AM **The Fast and the Furious: Tokyo Drift** (2006)

Sky Cinema Drama

310 310 410 510 524

8.10 AM **Night Call** French-Belgian crime thriller. Subtitled. (2024, 15, 97min) ★★★★
10.00 **Aisha** As shown at 4.50am.
11.50 **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
2.45 PM **One Battle After Another** Thriller with Leonardo DiCaprio. (2025, 15, 161min) ★★★★★
5.30 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
8.00 **It Ends with Us** Drama based on Colleen Hoover's novel, starring Blake Lively and Justin Baldoni. (2024, 15, 125min) ★★★
10.15 **Chicago** Oscar-winning screen version of the hit Broadway musical, starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. In 1920s Chicago, a showgirl and a wannabe musical star become celebrities on Murderess Row – with help from a slick lawyer. (2002, 12, 112min) ★★★★
12.30 AM **The Angels' Share** Ken Loach's crime caper comedy. (2012, 15, 96min) ★★★★
2.15 **Miss You Already** Comedy drama. (2015, 12, 112min) ★★★
4.10 **Sky Cinema Preview**
4.50 **to 6.40** AM **Aisha** Drama. (2022, 12, 94min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.10 AM **The Cinema List: Jurassic**
6.25 **Presence** Horror starring Lucy Liu. (2024, 15, 84min) ★★★★
8.00 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
9.45 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
12.05 PM **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★★
2.00 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
4.15 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
6.00 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith and Tommy Lee Jones. (2012, PG, 105min) ★★★★
8.00 **Final Destination: Bloodlines** Supernatural horror with Kaitlyn Santa Juana and Teo Briones. (2025, 15, 110min) ★★★★
10.05 **Blade** Action adventure chiller starring Wesley Snipes, Stephen Dorff and Kris Kristofferson. (1998, 18, 121min) ★★★
12.15 AM **Bring Her Back** Thriller. (2025, 18, 104min) ★★★★
2.05 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
3.40 **The Running Man** Adventure. (1987, 18, 101min) ★★★
5.25 **to 7.05** AM **If You Were the Last** Sci-fi comedy. (2023, 15) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.00 AM **Charlotte's Web** Adventure. (2006, U) ★★★
7.40 **Paddington** (2014) ★★★★★
9.20 **Paddington 2** As 11.10pm.
11.10 **Paddington in Peru** (2024)
1.05 PM **Madagascar: Escape 2 Africa** (2008, PG) ★★★
2.40 **Shrek** Animated adventure. (2001, U, 90min) ★★★★★
4.20 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
6.00 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★

9.10 Spider-Man

7.40 **Stuart Little** Family fantasy adventure featuring the voice of Michael J Fox. (1999, U, 84min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **Spider-Man: Into the Spider-Verse** Animated adventure with the voices of Shameik Moore and Nicolas Cage. Student Miles Morales becomes a version of Spider-Man, and crosses paths with counterparts from other dimensions. (2018, PG, 117min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
1.00 AM **Paddington in Peru** Comedy adventure sequel. (2024, PG, 106min) ★★★★
2.55 **Penguins of Madagascar** Animated family comedy. (2014, U, 88min) ★★★★
4.30 **to 6.10** AM **My Penguin Friend** Drama with Jean Reno. (2024, PG, 98min) ★★★★

Sky Cinema Action

306 306 407 507 521

7.05 AM **Transformers** As 12.25am.
9.30 **Transformers: Revenge of the Fallen** As 2.50am.
12.00 NOON **Transformers: Dark of the Moon** Sci-fi adventure sequel. (2011, 12, 154min) ★★★
2.35 PM **Transformers: Age of Extinction** Adventure sequel (2014, 12, 166min) ★★★
5.25 **Transformers: The Last Knight** Sci-fi adventure sequel with Mark Wahlberg. (2017, 12, 155min) ★★

10.05 Bullet Train

8.00 **Bumblebee** *Transformers* prequel starring Hailee Steinfeld and John Cena. A teenager discovers and revives the battle-scarred Autobot Bumblebee in a junkyard. With John Cena and Jorge Lendeborg Jr. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

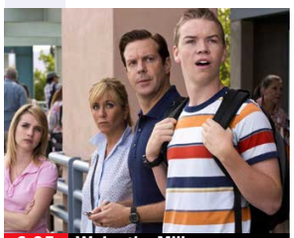
10.05 **Bullet Train** Comedy thriller starring Brad Pitt, Joey King and Aaron Taylor-Johnson. Five assassins aboard a swiftly moving train discover their missions have something in common. (2022, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Transformers** Sci-fi action adventure with Shia LaBeouf. (2007, 12, 144min) ★★★★
2.50 **Transformers: Revenge of the Fallen** Adventure sequel. (2009, 12, 149min) ★★★
5.20 **to 7.55** AM **Transformers: Dark of the Moon** (2011)

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **The Phoenician Scheme** Comedy. (2025, 15) ★★★
9.00 **Blades of Glory** (2007) ★★★
10.40 **Mamma Mia!** Musical comedy. (2008, PG, 108min) ★★★★
12.40 PM **Beetlejuice Beetlejuice** Comedy. (2024, 12) ★★★★
2.30 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
4.20 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
6.05 **We're the Millers** Comedy. (2013, 15, 110min) ★★★★



6.05 We're the Millers

8.00 **Superbad** Teen comedy starring Jonah Hill and Michael Cera. Two high-school friends embark on an epic quest to buy booze and lose their virginity. With Christopher Mintz-Plasse. (2007, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Billy Madison** Comedy starring Adam Sandler as a 27-year-old who goes back to school to prove his worth to his father. (1995, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★
1.30 AM **Two Weeks Notice** Comedy with Sandra Bullock. (2002, 12, 101min) ★★★
3.15 **The 40-Year-Old Virgin** Comedy starring Steve Carell. (2005, 15, 116min) ★★★★
5.20 **The Cinema List: Heroes**
5.50 **to 7.35** AM **Role Models** Comedy starring Paul Rudd. (2008, 15, 99min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.50 AM **Ocean's Thirteen** Thriller sequel. (2007, PG) ★★★
9.05 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
11.25 **The Fugitive** Action thriller. (1993, 15, 128min) ★★★★★
1.40 PM **Trap** Crime thriller. (2024, 15, 105min) ★★★★
3.30 **Inception** Sci-fi thriller. (2010, 12, 148min) ★★★★★
6.00 **The Girl on the Train** Crime thriller starring Emily Blunt. (2016, 15, 107min) ★★★★

8.00 The Equalizer

8.00 **The Equalizer** Action thriller starring Denzel Washington, Chloë Grace Moretz and Marton Csokas. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (2014, 15, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Equalizer 2** Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, vigilante Robert McCall tries to avenge her death. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **American Gangster** Epic crime drama starring Denzel Washington and Russell Crowe. (2007, 18, 157min) ★★★★
3.10 **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★
5.05 **to 7.00** AM **Dirty Harry** Thriller with Clint Eastwood. (1971, 15, 103min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Ride Lonesome** Western. (1959, 12, 73min) ★★★★
12.30 PM **Enemy Mine** Sci-fi drama. (1985, 15, 108min) ★★★
2.35 **The Call of the Wild** Adventure. (2020, PG) ★★★
4.30 **Jumanji: The Next Level** Fantasy adventure sequel. (2019, 12, 123min) ★★★★
6.50 **Men in Black: International** Fantasy comedy sequel. (2019, 12, 110min) ★★★

6.50 Men in Black: International

Men in Black: International (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Inbetweeners 2** Comedy spin-off sequel starring Simon Bird, James Buckley, Joe Thomas and Blake Harrison. The awkward teenagers go to Australia in search of adventure. (2014, 15, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Jackass Forever** Comedy starring Johnny Knoxville. The daredevils return for another round of wildly absurd stunts. (2022, 18, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 **to 3.10** AM **Scream** Horror thriller sequel starring Neve Campbell and Courteney Cox. (2022, 18, 114min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Fear Seekers

302 302 402 502 516

6.00 AM **The Damned** As 4.20am.
7.40 **Until Dawn** As 2.30am.
9.35 **Get Out** As shown at 6.00pm.
11.30 **28 Years Later** As 10.20pm.
1.30 PM **Final Destination: Bloodlines** Supernatural horror. (2025, 15, 110min) ★★★★
3.30 **The Conjuring: Last Rites** Supernatural horror with Vera Farmiga and Patrick Wilson. (2025, 15, 135min) ★★★

6.00 **Get Out** Thriller starring Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
8.00 **Sinners** Horror starring Michael B Jordan. Twin brothers return to their hometown, and find a dark force waiting to welcome them. (2025, 15, 132min) ★★★★
10.20 **28 Years Later** Horror sequel starring Jodie Comer. Decades since the rage virus took hold, one survivor leaves the safety of a fortified island on a mission. (2025, 15, 115min) ★★★★

12.20 AM **Smile 2** Horror sequel with Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★
2.30 **Until Dawn** Horror starring Ella Rubin. (2025, 15, 99min) ★★★
4.20 **to 6.00** AM **The Damned** Horror starring Odessa Young. (2024, 15, 89min) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.10 AM **The First Wives Club** Comedy starring Goldie Hawn. (1996, PG, 102min) ★★★
9.00 **The Natural** Baseball drama. (1984, PG, 137min) ★★★
11.25 **Big Daddy** As 1.00am.
1.10 PM **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
3.00 **Beverly Hills Cop II** Comedy thriller. (1987, 15, 99min) ★★★

4.45 **Beverly Hills Cop 3** Comedy thriller. (1994, 15, 104min) ★★
6.30 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
8.00 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel starring Leslie Nielsen. (1991, 15, 81min) ★★★
9.30 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel. (1994, 12, 83min) ★★★
11.00 **The Witches of Eastwick** Offbeat comedy fantasy. (1987, 18, 118min) ★★★★

1.00 AM **Big Daddy** Comedy. (1999, 12, 95min) ★★★
2.40 **Blazing Saddles** Mel Brooks' wildly irreverent Western spoof. (1974, 12, 90min) ★★★★
4.15 **to 6.00** AM **See No Evil, Hear No Evil** Comedy thriller. (1989, 15, 107min) ★★★

Disney+ Cinema

305

6.00 AM **Ratatouille** As 4.10am.
8.00 **Beauty and the Beast** Musical. (2017, PG, 129min) ★★★★
10.10 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
11.55 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 143min) ★★★★
2.15 PM **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★

3.50 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
5.50 **The Tigger Movie** Animation. (2000, U, 77min) ★★★
7.10 **The Sorcerer's Apprentice** Fantasy starring Nicolas Cage. (2010, PG, 109min) ★★★★
9.00 **The Beach** Exotic drama with Leonardo DiCaprio, Tilda Swinton and Virginie Ledoyen. (2000, 15, 118min) ★★★
11.00 **28 Weeks Later** Horror thriller sequel starring Robert Carlyle. (2007, 18, 99min) ★★★★

12.40 AM **Solo: A Star Wars Story** Sci-fi action adventure prequel. (2018, 12, 135min) ★★★★
2.55 **Bambi** Animated fantasy. (1942, U, 69min) ★★★★★
4.10 **to 6.00** AM **Ratatouille** Animated comedy adventure. (2007, U, 106min) ★★★★★

Movies 24

315 313 419

7.00 AM **Home Turf** Romantic comedy. (2025, PG, 84min) ★★
9.00 **Branching Out** Romantic drama. (2024, PG, 90min) ★★
11.00 **An Unexpected Valentine** Comedy. (2025, PG, 84min) ★★
1.00 PM **CrimeTime: Freefall** Mystery. (2024, PG, 90min) ★★
3.00 **PREMIERE** **The Stars Between Us** Romantic drama with Sarah Drew. (2026, PG, 84min) ★★

5.00 **Learning to Love** Comedy drama. (2023, PG, 89min) ★★
7.00 **Mountain Rescue Romance** Romantic comedy starring Ashley Newbrough and Stephen Huszar. (2023, PG, 84min) ★★
9.00 **An Ice Palace Romance** Romantic drama starring Celeste Desjardins. A journalist faces old fears when she returns to her hometown ice rink to cover a story. (2023, PG, 90min) ★★
11.00 **What We Do For Love** Comedy. (2023, PG, 89min) ★★

1.00 AM **Sense and Sensibility** Drama starring Deborah Ayorinde. (2024, U, 84min) ★★
3.00 **to 5.00** AM **Love & Jane** Fantasy starring Alison Sweeney. (2024, PG, 84min) ★★

Movies 24+ 329 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stars in Your Eyes** Musical comedy. (1956, U, 96min) ★★
7.55 **The Hostage** Crime thriller. (1956, b/w, PG, 80min) ★★
9.25 **House of Blackmail** Thriller. (1953, b/w, U, 72min) ★★
10.50 **The Beverly Hillbillies** (S2)
11.25 **Kentucky Rifle** (1956, U) ★★
1.00 PM **Batman** 2/26. (S3)
1.30 **Smokescreen** Crime thriller. (1964, b/w, U, 66min) ★★★

3.00 **The Adventures of Robin Hood**
3.30 **Give Us a Clue**
4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **Hannay** 7/7. (S2)
7.00 **That's My Boy** 7/9. (S2)
7.30 **The Vise** 12/26. (S2)
8.00 **Sergeant Cork** 1/6. (S4)
9.05 **Who Do You Do?**
9.40 **The Devil's Hand** Horror thriller. (1962, b/w, 12, 71min) ★
11.10 **The Heritage Chart Show**
12.15 AM **Boris Karloff: The Man Behind the Monster**

2.20 **Ambush in Leopard Street** Drama starring James Kenney. (1962, b/w, PG, 60min) ★★
3.30 **The Rogues** 13/30. (S1)
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 18/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

Sunday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Goals on Sunday**
9.00 **The Sunday Supplement**
11.00 LIVE **SPFL** **Hibernian v Celtic.** Coverage of the Scottish Premiership match staged at Easter Road. The teams have claimed a 2-1 away win apiece in the previous league meetings between the teams this term, with the other contest ending in a goalless draw at Celtic Park. Kick-off **12.00noon**.
2.00 PM LIVE **Super Sunday** **Manchester United v Liverpool.** Coverage of the Premier League match staged at Old Trafford, as the two north-west rivals go head to head. United claimed their first victory at Anfield since 2016 in the reverse fixture, with goals by Bryan Mbeumo and Harry Maguire helping them to a 2-1 win. Kick-off **3.30pm**.
7.00 LIVE **Formula 1** Coverage of the Miami Grand Prix, the fourth round of the season staged at Miami International Autodrome in Florida. Start-time **9.00pm**.
12.00 M'T **Ted's Notebook**
12.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 LIVE **WSL** **Manchester City v Liverpool.** Coverage of the Women's Super League match staged at Joie Stadium. Kick-off **12.00noon**.
2.30 PM LIVE **Super Sunday** **Manchester United v Liverpool.** Coverage of the Premier League match staged at Old Trafford, as the two north-west rivals go head to head. United claimed their first victory at Anfield since 2016 in the reverse fixture, with goals by Bryan Mbeumo and Harry Maguire helping them to a 2-1 win. Kick-off **3.30pm**.
7.00 **Mo Salah Special**
7.30 **Premier League Stories**
8.00 **The Big Interview**
8.30 **FNF** Highlights from Leeds United v Burnley at Elland Road.
9.00 **Premier League Highlights** Action from Newcastle United v Brighton & Hove Albion.
9.30 **SNF** Arsenal v Fulham.
10.00 **Premier League Highlights**
3.30 AM **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **FNF**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
9.30 **EFL: The Play-Offs At 40**
11.00 LIVE **SPFL** **Hibernian v Celtic.** The Scottish Premiership game at Easter Road. The teams have claimed a 2-1 away win apiece in the previous league meetings between the teams this term, with the other contest ending in a goalless draw at Celtic Park. Kick-off **12.00noon**.
2.30 PM **EFL Highlights**
4.30 **EFL: The Play-Offs At 40**
6.00 **EFL Highlights** Championship.
7.00 **EFL League One & Two Goals**
8.00 **EFL Highlights**
10.00 **WSL** Manchester City v Liverpool.
10.30 **SPFL Highlights**
10.45 **EFL Highlights** Millwall v Oxford.
11.00 **EFL League One Goals**
11.30 **EFL League Two Goals**
12.00 M'T **Championship Retro**
2.00 AM **Best Moments from the Championship Play-Off Final**
2.30 **Best Moments from the League 1 & 2 Play-Off Final**
3.00 **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2015 final.
5.00 **There's Only One Sauzee**
5.30 **to 6.00** AM **Dundee United – Champions 83**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
9.00 **ICC WT20: Chasing the Dream**
9.55 **IPL** Recent T20 highlights.
10.50 LIVE **IPL** **Sunrisers Hyderabad v Kolkata Knight Riders.** Coverage of the T20 match from Rajiv Gandhi International Cricket Stadium. This meeting last year was won by the home side after a batting display from the Sunrisers that saw them score 278-3 in their 20 overs. Heinrich Klaasen hit 105 from 39 balls to set a big target for Kolkata, who were eventually bowled out for 168 with eight balls to spare as Hyderabad won by 110 runs.
2.50 PM LIVE **IPL** **Gujarat Titans v Punjab Kings.** The T20 match from Narendra Modi Stadium in Ahmedabad.
7.00 **Best of ICC WT20**
8.00 **IPL** Sunrisers Hyderabad v Kolkata Knight Riders.
9.00 Gujarat Titans v Punjab Kings.
10.00 Sunrisers Hyderabad v Kolkata Knight Riders.
11.00 **IPL** Gujarat Titans v Punjab Kings.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A match replay.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
11.00 LIVE **DP World Tour Golf** Coverage of day three of the Turkish Airlines Open from the National Golf Club in Antalya.
4.00 PM LIVE **PGA Tour Golf** Coverage of day four of the inaugural Cadillac Championship at Trump National Doral in Miami.
11.00 **Scotland's Greatest Golf Holes**
11.30 **PGA Tour Champions**
12.30 AM **Chronicles of a Champion Golfer** A profile of Tiger Woods.
1.00 **PGA Champs Official Film 2017**
2.00 **How the 2016 Ryder Cup Was Won** Archive action.
4.00 **Golf Academy** Expert tips.
5.00 **to 6.00** AM **Playing Lessons**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
1.00 PM LIVE **WTA & ATP Tennis** The Madrid Open women's doubles final at La Caja Mágica.
3.30 LIVE **ATP Tennis** Coverage of the Madrid Open men's final staged at La Caja Mágica. Casper Ruud became the first Norwegian champion in Masters series history when he claimed last year's title with a 7-5 3-6 6-4 victory over British star Jack Draper.
6.00 **WTA Tennis** Madrid Open final.
7.00 **ATP Tennis** Action from the Munich Open, Barcelona Open and Madrid Open men's finals.
11.00 **WTA Tennis** Madrid Open final.
12.00 M'T **to 6.00** AM **Tennis**

TNT Sports 1

410 413 521 408 430

7.15 AM LIVE **UCI Mountain Bike World Series** From Yongpyong.
9.30 LIVE **Men's Cycling** The eighth stage of the Tour of Türkiye.
11.30 **Playing for Our Future**
11.45 LIVE **Cycling** Coverage of stage one of the La Vuelta Femenina.
1.45 PM LIVE **Cycling** The men's Tour of Romandie sixth and final stage.
3.00 LIVE **Formula E** Coverage of the Berlin ePrix second race.
4.30 **The WRC Magazine**
5.00 **UEFA Europa League & Conference League Magazine**
6.00 LIVE **Premier League** **Aston Villa v Tottenham Hotspur.** The top-flight match from Villa Park. Kick-off **7.00pm**.
9.30 LIVE **MLB** **Athletics v Cleveland Guardians.** Coverage of the American League match at Sutter Health Park. Start-time **9.05pm**.
12.00 M'T LIVE **MLB** **Detroit Tigers v Texas Rangers.** Coverage of the American League match. Start-time **12.20am**.
3.00 AM **International T20 Cricket**
4.00 **World Superbikes**
5.00 **to 6.00** AM **UCI Mountain Bike**

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **AFL** **Sydney Swans v Melbourne Demons.** Bounce-up **6.15am**.
9.00 **TNT Sports Reload**
9.15 **Superbike Rewind**
9.30 **World Superbikes**
10.00 LIVE **World Superbikes** From Balaton Park Circuit in Hungary.
11.00 **World Superbike Rewind**
11.45 LIVE **Women's Circuit Racing** From Balaton Park Circuit.
12.45 PM LIVE **World Superbikes** Coverage from Balaton Park Circuit in Balatonfokajár, Hungary.
3.30 **MLB Highlights**
4.30 **UEFA Champions League**
5.00 **TNT Sports Reload**
5.30 **UCI Mountain Bike**
6.30 **World Superbikes**
7.30 LIVE **Serie A** **Inter Milan v Parma.** Coverage of the Italian top-flight match from San Siro. Kick-off **7.45pm**.
9.45 **UFC** Della Maddalena v Prates.
12.45 AM **TNT Sports Cricket Reload**
1.00 **Premier League**
2.30 **Serie A** Inter Milan v Parma.
3.30 **UEFA Champions League**
4.30 **UEFA Europa League & Conference League Highlights**
5.00 **to 6.00** AM **She Who Dares**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League Highlights**
6.15 **World Club Challenge**
6.30 **Super League**
9.15 LIVE **NRL** **Penrith Panthers v Manly-Warringah Sea Eagles.** Coverage of the match from the ninth round of fixtures staged at CommBank Stadium in Sydney. Kick-off **9.15am**.
11.15 **Women's State of Origin**
11.30 **Super League Highlights**
12.00 NOON **Premier League Darts**
4.00 PM **NFL Bitesize Highlights**
5.00 **NFL Highlights**
7.00 **Women's State of Origin**
8.00 **NFL Bitesize Highlights** Denver Broncos v New England Patriots in the AFC Championship.
8.15 Action from Seattle Seahawks v Los Angeles Rams in the NFC Championship.
8.30 LIVE **NBA Basketball** Coverage of a play-off match.
11.00 **Super Bowl LX Highlights** Seattle Seahawks v New England Patriots at Levi's Stadium.
12.00 M'T **NFL Highlights**
1.00 AM **Super League Highlights**
2.00 **Super League**
4.45 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Goals on Sunday**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
1.00 PM **Sports Sunday**
1.30 LIVE **Premier League** **Bournemouth v Crystal Palace.** The top-flight match at the Vitality Stadium. Kick-off **2.00pm**.
4.00 **Sports Sunday**
5.00 LIVE **LPGA Tour Golf** Coverage of the fourth day's play of the Mexico Riviera Maya Open at Mayakoba staged at El Camaleon Golf Club in Mexico.
8.00 **Sky Sports Catch Up**
8.30 LIVE **NBA Basketball** Coverage of a play-off match.
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Leeds United v Sheffield United from the 2017/18 season.
12.15 AM Ipswich Town v Sheffield Wednesday in 2017/18.
12.30 Action from Queens Park Rangers v Brentford in 2017.
12.45 Sheffield United v Bristol City from the 2017/18 season.
1.00 Highlights of Reading v Cardiff City from 2017.
1.15 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **Legends Tour Golf**
7.00 **IPL** Recent T20 highlights.
9.00 **Women's State of Origin**
10.00 LIVE **Ladies European Tour Golf** Coverage of day three of the MCB Ladies Classic at Constance Belle Mare Plage in Mauritius.
1.00 PM **Formula 1** Miami Grand Prix.
2.00 **Super League Highlights**
2.30 **EFL Greatest Games**
2.45 **Women's State of Origin**
3.00 **Super League** A match replay.
5.45 **Darts Gold** Archive action.
5.55 LIVE **Netball Super League** **London Pulse v Loughborough Lightning.** The match from the 10th round of fixtures at Copper Box Arena. Centre-pass **6.00pm**.
7.30 **Women's State of Origin**
7.45 **Super League Highlights**
8.00 **Premier League Darts**
12.00 M'T **IPL** Recent T20 highlights.
3.00 **to 6.00** AM **Darts Features**

TNT Sports 3

413 415 523 410 432

6.15 AM **Premier League Stories**
6.45 **Snooker World Championship**
8.45 **ABB FIA Formula E World Championship Highlights**
9.45 **UEFA Europa League & Conference League Magazine**
10.45 **Snooker World Championship**
12.45 PM LIVE **Snooker World Championship** Coverage of the final from the Crucible Theatre.
4.00 **Ultimate Pool** Pairs Cup.
5.30 **MLB Highlights**
6.30 LIVE **Snooker World Championship** Further coverage of the final from the Crucible Theatre in Sheffield.
10.00 **Men's Cycling** The eighth and final stage of the Tour of Turkiye.
11.00 Highlights from the fifth stage of the Tour of Romandie.
12.00 M'T **Women's Cycling**
1.00 AM **Snooker World Championship** The final.
3.00 **Men's Cycling** Highlights.
5.00 **to 6.00** AM **Women's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **World Superbikes**
6.30 LIVE **Longines Global Champions Tour** In Shanghai.
9.15 **Sign Up – Into Football**
10.00 LIVE **AFL** **Gold Coast Suns v GWS Giants.** Coverage from People First Stadium. Bounce-up **10.20am**.
1.00 PM LIVE **British Superbikes** The first day from Oulton Park.
6.00 LIVE **NWSL** **Chicago Stars v Portland Thorns.** Kick-off **6.00pm**.
8.15 **Sign Up – Into Football**
9.00 LIVE **MLB** **Athletics v Cleveland Guardians.** The American League match. Start-time **9.05pm**.
12.00 M'T **UEFA Champions League**
12.30 AM **AFL** Two match replays.
3.30 **Fishing: On the Bank**
4.30 **SailGP – Racing on the Edge**
5.00 **T100 Triathlon World Tour**
5.30 **to 6.00** AM **WRC Magazine**

Premier Sports 1

419 551

6.00 AM **Sporting Countdowns**
7.00 **NASCAR Highlights**
8.00 **SPFL** Livingston v Aberdeen.
10.00 **Challenge Cup** Another chance to see Ulster v Exeter Chiefs.
12.00 NOON **Champions Cup** Another chance to see Leinster v Toulon.
2.00 PM LIVE **Champions Cup** **Bordeaux Begles v Bath.** The semi-final staged at Matmut Atlantique. Kick-off **3.00pm**.
5.30 **Champions Cup** Another chance to see Leinster v Toulon.
7.30 **LaLiga Match Highlights**
7.55 LIVE **LaLiga** **Espanyol v Real Madrid.** Coverage of the Spanish top-flight match staged at RCDE Stadium. Kick-off **8.00pm**.
10.00 **Football's Greatest**
11.00 **NHL Tonight** Top 20 centers.
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **NHL: This is Hockey**
4.00 **to 6.00** AM **LaLiga**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
6.30 **NHL: This is Hockey**
7.30 **LaLiga** Villarreal v Levante.
9.30 **Bike World** Magazine.
10.00 **LaLiga** Alaves v Athletic Bilbao.
12.00 NOON LIVE **Challenge Cup** **Montpellier v Dragons.** The semi-final. Kick-off **12.30pm**.
3.00 PM **LaLiga Match Highlights**
3.10 LIVE **LaLiga** **Getafe v Rayo Vallecano.** The Spanish top-flight clash at Estadio Coliseum. Kick-off **3.15pm**.
5.15 **LaLiga Match Highlights**
5.25 LIVE **LaLiga** **Real Betis v Real Oviedo.** The Spanish top-flight clash at Estadio La Cartuja. Kick-off **5.30pm**.
7.30 LIVE **NASCAR** The Wurth 400.
12.25 AM LIVE **Brasileiro Serie A** **Mirassol v Corinthians.**
2.30 **NHL: This is Hockey**
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **F1 Features**
6.45 **Formula 1** Miami Grand Prix.
7.45 **Ted's Notebook**
8.15 **Formula 1** Miami Grand Prix.
10.15 **Ted's Notebook**
10.45 LIVE **GT World Challenge Europe** Race one at Brands Hatch.
12.30 PM **Formula 1** Miami Grand Prix.
2.30 **F1 Features**
3.15 LIVE **GT World Challenge Europe** Race two at Brands Hatch.
5.00 **F1 Features**
5.25 LIVE **Formula 2** The Miami Grand Prix feature race in Florida.
6.45 **Valtteri Bottas IV**
6.55 **Flying Lap: Miami**
7.00 LIVE **Formula 1** The Miami Grand Prix. Start-time **9.00pm**.
12.00 M'T **Ted's Notebook**
12.30 AM **Formula 1** Miami Grand Prix.
1.30 **Ted's Notebook**
2.00 **Formula 2** Action from Miami.
3.20 **F1 Features**
3.30 **Formula 1** Miami Grand Prix.
4.30 **to 6.00** AM **F1 Features**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Holiday Monday

4 May

Planner

Monday

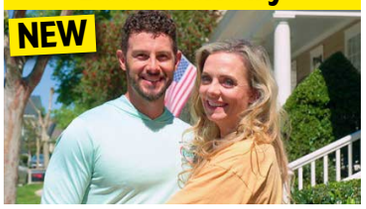
Football

Premier League

Sky Sports Main Event/Premier League

Coverage of the bank holiday fixtures: Chelsea v Nottingham Forest (k-o 3pm) and Everton v Manchester City (k-o 8pm).

Documentary



Escape to Florida

C4, 4pm

This new daytime series follows the fortunes of British ex-pats who are chasing the American Dream in Florida.

Travelogue

Great Korean Railway Journeys

BBC2, 6.30pm

Michael Portillo explores the spectacular landscapes of South Korea by rail.

Thriller

Number One Fan

5, 9pm (box set, 5 Streaming)

Sally Lindsay and Jill Halfpenny star in this edge-of-your-seat drama about a celebrity who meets an obsessive fan.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Marvellous... †	7.30 EastEnders	8.00 MasterChef		9.00 Mint		10.00 News	10.30 Have I Got... †
	102 BBC2	7.00 Snooker: World Championship – Live: The fourth and concluding session of the final						10.00 Film: The Great Escaper	
	103 ITV1	‹ 6.30 The Chase...	7.30 How to Clean...	8.00 Emmerdale	8.30 Coronation...	9.00 Secret Service		10.15 Film: Hellboy II...	
	104 CHANNEL 4	7.00 News	7.30 Kirstie and...	8.00 The Dog House		9.00 Virgin Island		10.00 Love Cheats	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Police Interceptors		9.00 Number One Fan		10.00 Police: Night Shift 999	
	106 SKY ONE	‹ 6.20 Film: Chicken Run		8.00 Shark: British Isles Special with Steve...		9.00 Andor		10.00 Rooster	10.40 Last...
ENTERTAINMENT	115 BBC3	7.00 The Green Planet		8.00 Mammals		9.00 Dynasties		10.00 Dynasties II	
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Lost Cities of the Ancients		9.00 Da Vinci: The Lost Treasure		10.00 British Art at War: Bomberg, Sickert...	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 The Only Way Is Essex		10.05 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Our Tiny Islands		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Celebs Go Dating		10.00 Made in Chelsea	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam				10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.30 True Detective: Night Country				9.00 Euphoria		10.15 Heated Rivalry	
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours	9.20 Not Going Out			10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You? At...	7.40 Would I Lie to You?	8.20 Richard Osman's...		9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 DCI Banks	
	120 ITV4	‹ 6.30 Formula E...	7.30 Underwater Grand Fishing Adventure			9.00 Film: Coogan's Bluff			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's The Wheel		10.00 Impractical...	10.30 Alan Carr: Yap...
	145 SKY SCI-FI	7.00 Film: DC Down				9.00 Film: Escape from New York			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.00 New Tricks	
	109 U&ALIBI	7.00 Death in Paradise							
	122 SKY ARTS	‹ 5.45 Queen – Live in Milton Keynes		8.00 André Rieu: Welcome to My World		9.00 André Rieu & the Dutch Royal Family			
	132 U&W	7.00 The Supervet		8.00 Tipping Point				10.00 The Supervet	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Filthy Fortunes		9.00 Maine Cabin Masters		10.00 Expedition X	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Air Jaws: Night Stalker		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Construction Fails		9.00 Air Crash Investigation: Special Report		10.00 Inside the CIA: Secrets and Spies	
	123 SKY HISTORY	7.00 Junk & Disorderly: Henry's...		8.00 History's Greatest Picks with Mike Wolfe		9.00 Knut: The Viking Emperor		10.10 Viking Dead	
	155 U&YESTERDAY	7.00 The Blue Planet		8.00 Great Australian Railway Journeys		9.00 Locomotion: Dan Snow's History of...		10.00 Planet Earth III	
	114 SKY DOCS	‹ 6.00 The Wimbledon Kidnapping		8.00 Ghislaine Maxwell: Epstein's Shadow					
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Regretting You		8.00 Wuthering Heights					10.25 Spinal Tap II...
	302 DECADES	‹ 6.25 The Man with Two Brains		8.00 The Blues Brothers					10.15 This Is Spinal Tap
	303 FAST	‹ 6.00 The Fast and the Furious		8.00 2 Fast 2 Furious				10.00 The Fast and the Furious: Tokyo Drift	
	304 FAMILY	‹ 6.00 Jumanji: Welcome to the Jungle		8.05 Jumanji: The Next Level				10.10 My Penguin Friend	
	306 ACTION	‹ 5.30 Spider-Man: No Way Home		8.00 Superman					10.15 Shazam!
	307 GREATS	‹ 5.40 First Knight		8.00 Jurassic Park					10.10 The Lost World: Jurassic Park
	308 COMEDY	‹ 6.15 Singin' in the Rain		8.00 Bridget Jones's Diary			9.50 You've Got Mail		
	309 THRILLER	‹ 5.55 Jaws		8.00 Jaws 2				10.00 Jaws 3	
	310 DRAMA	‹ 6.00 Chicago		8.00 Nuremberg					10.35 Lost in...
	311 SCI-FI	‹ 6.20 The Nun		8.00 Annabelle			9.40 Annabelle: Creation		
	305 DISNEY+ CINEMA	‹ 5.35 Star Wars: Episode II – Attack of...		8.00 Star Wars: Episode III – Revenge of the Sith					10.20 Solo: A Star Wars Story
	313 FILM4	‹ 6.50 Central Intelligence				9.00 The Martian			
SPORT	401 MAIN EVENT	‹ 5.15 SPFL – Live		7.45 MNF – Live: Everton v Manchester City (Kick-off 8.00)					
	402 PREMIER LEAGUE	‹ 6.30 MNF – Live: Everton v Manchester City (Kick-off 8.00)							
	403 FOOTBALL	‹ 5.00 SPFL – Live: Hearts v Rangers		8.00 Bundesliga Highlights Show		9.15 EFL Highlights			10.30 Bundesliga...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	‹ 6.30 Snooker World Championship – Live: Further coverage from the final on day 17 of the tournament						10.00 Fight Week	10.30 The WRC...
	411 TNT SPORTS 2	7.01 UEFA Europa League & Conference...		8.00 The Gruppetto	8.30 UEFA Magazine	9.00 Fishing: On the Bank		10.00 NWSL	

‹ Denotes programmes starting before 7.00pm † Regions vary

HOLIDAY MONDAY

Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.20 **Local News** (S)
1.30 **NEW SERIES Scam Interceptors** The team fight to stop a group of cryptocurrency scammers. (S)
■ Entire series on BBC iPlayer
2.00 **Dinosaurs: The Final Day with David Attenborough** The naturalist reveals how an asteroid strike wiped out the dinosaurs. (S)(R)(AD)
3.30 **Escape to the Country** Sonali Shah helps a couple from Dorset to start a new life in Devon. (S)(R)
4.30 **Bridge of Lies** New edition Quiz show hosted by Ross Kemp. (S)
5.15 **Pointless** New edition Quiz. (S)

9.00 Mint

6 PM

6.00 **BBC News** (S)
6.20 **Local News** (S)
6.25 **Party Election Broadcast** (S)
6.30 **The One Show** JB Gill and Roman Kemp present the topical show. (S)

7 PM

7.00 **The Marvellous Miniature Workshop** A Manchester library is brought back to life. (S)(R)(AD)
7.30 **EastEnders** Nicola receives news about a face from the past. (S)(AD)

8 PM

8.00 **MasterChef** New edition 7/21. Heat three gets underway, featuring six more amateur cooks. Three former *MasterChef* champions assess their efforts. (S)(AD)
■ Continues tomorrow

9 PM

9.00 **Mint** New episodes 5/8. Shannon lashes out at her family. (S)(AD)
9.30 6/8. Dylan's new life proves challenging in a way he never saw coming. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Have I Got News for You** Richard Ayoade hosts, with guests Stephen Mangan and Ava Santina Evans. (S)(R)
11.00 **Making Life on Earth: Attenborough's Greatest Adventure** The making of the acclaimed 1979 wildlife series, which launched David Attenborough's career. (S)(R)(AD)
12.00 M'T **Blankety Blank** 3/9. Trevor Nelson, Joe Marler, Sue Perkins, Josh Pugh, Tasha Ghouri and Sara Barron fill in the blanks. (S)(R)
12.35 AM **Weather for the Week Ahead**
12.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.10 AM **Bargain Hunt** (S)(R)
6.55 **Sign Zone: Secret Garden** (S)(R)
7.55 **Match of the Day** (S)(R)
9.00 **FILM The Titfield Thunderbolt** Ealing comedy starring Stanley Holloway and John Gregson. (S) (1953, U, 80min) ★★★★★
10.20 **FILM Whisky Galore!** Ealing comedy starring Basil Radford. (S) (1949, b/w, U, 80min) ★★★★★
11.40 **BBC News** (S)
1.00 PM **LIVE Snooker: World Championship** Hazel Irvine presents coverage of the third and penultimate session of the final at the Crucible Theatre in Sheffield. *Coverage continues at 7.00pm.* (S)
4.00 **The Best Dishes Ever** (S)(R)
4.30 **Antiques Roadshow** (S)(R)
5.15 **Flog It!** Paul Martin revisits historic venues from the series. (S)(R)

6.30 Great Korean Railway Journeys

6.00 **Richard Osman's House of Games** With Jordan Banjo. (S)(R)
6.30 **NEW SERIES Great Korean Railway Journeys** 1/5. Michael Portillo explores South Korea by rail. (S)(AD)
7.00 **LIVE Snooker: World Championship** Hazel Irvine presents coverage of the fourth and concluding session of the final from the Crucible Theatre in Sheffield, where the first player to reach 18 frames will be crowned champion. Mark Williams won the first four frames of last year's corresponding session to reduce the deficit to 17-12, but Zhao Xintong then won the one frame he needed to become the first amateur and first Chinese player to win snooker's most prestigious title. With commentary from Steve Davis, Ken Doherty, Steven Hallworth, Stephen Hendry, John Parrott, Joe Perry, Dennis Taylor and Lee Walker. (S)
10.00 **FILM The Great Escaper** Fact-based drama starring Michael Caine and Glenda Jackson. A World War Two veteran sneaks out of his care home in Hove to attend a D-Day commemoration in Normandy. (S) (2023, 12, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.30 **FILM Mud** Coming-of-age adventure set in the Mississippi Delta, starring Matthew McConaughey and Tye Sheridan. (S)(AD) (2012, 12, 125min) ★★★★
1.35 AM **Sign Zone: Countryfile** (S)(R)
2.30 **Sign Zone: Race Across the World** 5/9. The teams head for Uzbekistan. (S)(R)(AD)
3.30 **Sign Zone: Inside Barlinnie** (S)(R)
4.30 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.45 **ITV News** (S)
1.55 **Local News** (S)
2.00 **FILM Around the World in 80 Days** Comedy adventure starring Jackie Chan and Steve Coogan. In late-Victorian London, eccentric English inventor Phileas Fogg sets out to circumnavigate the globe in 80 days, accompanied by his enigmatic manservant Passepartout. (S) (2004, PG, 145min) ★★★
4.25 **Celebrity Lingo** With Charlotte Hawkins, Sean Fletcher, Fay Ripley and John Thomson. (S)(R)
4.55 **Tipping Point: Lucky Stars** Vernon Kay, Dion Dublin and Amanda Barrie take part. (S)(R)

8.00 Emmerdale

6.00 **Local News** (S)
6.05 **Party Election Broadcast** (S)
6.10 **ITV News** (S)
6.30 **The Chase Celebrity Special** Karim Zeroual, Christopher Biggins, Ellie Leach and Des Clarke take part. (S)(R)
7.30 **How to Clean Up for Cash** New edition 4/6. Josie Gibson, Dan Hatfield and Jacqueline McLeod help a man who wants to sell items his girlfriend has spent a lifetime collecting. (S)
8.00 **Emmerdale** It is the day of the court hearing and Marlon encourages April to be brave. (S)(AD)
8.30 **Coronation Street** Kit begins an investigation into the tragedy. (S)(AD)
9.00 **Secret Service** New episode 4/5. The Russians target Kate's family, while Rav follows the trail of Ryan Walker's murky finances to Geneva. (S1) (S)(AD)
■ Concludes tomorrow
10.00 **ITV News** (S)
10.15 **FILM Hellboy II: The Golden Army** Comic-book horror fantasy starring Ron Perlman. The demonic Hellboy faces the fight of his life when an elf prince breaks the ancient truce between the creatures of the underworld and humankind. (S) (AD) (2008, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.15 AM **Teleshopping**
3.00 **DMV: Department of Motor Vehicles** New episodes (S1) (S)(SL)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.35 AM **Cheers** 13-15/26. (S4) (S)(R)
7.55 **Everybody Loves Raymond** 17-19/24. (S4) (S)(R)(AD)
9.20 **Frasier** 12&13/24. (S1) (S)(R)(AD)
10.25 **F1: Miami Grand Prix Highlights** Action from round four. (S)(R)
11.55 **FILM The Kid Who Would Be King** Fantasy adventure starring Louis Ashbourne Serkis. A young boy meets legendary wizard Merlin and faces up to a tense battle with the evil Morgana. (S) (2019, PG, 135min) ★★★
2.10 PM **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **NEW SERIES Escape to Florida** The lives of Brits seeking a fresh start in the Sunshine State. (S)(AD)
5.00 **Chateau DIY** New edition Vivienne and Simon try to create a deluxe Empire Suite. (S)(AD)

9.00 Virgin Island

6.00 **Sun, Sea and Selling Houses** New edition In Almería, Sharon and Shaun Garner meet friends whose search for a modern bolthole comes with one firm rule – absolutely no terracotta floors. (S)
7.00 **News** (S)
7.30 **Kirstie and Phil's Love It or List It: Brilliant Builds** New edition 2/7. Kirstie Allsopp and Phil Spencer take a look back at some of their best builds. (S)(AD)
8.00 **The Dog House** Dafne the sausage dog is pining after losing her human soulmate – and is not sold on papillon-cross Woody's moves to impress her. (S)(R)(AD)
9.00 **Virgin Island** New edition Tegan is tested by her struggles with self-acceptance, and Ellen's extreme anxiety makes her question if dating is for her. (S)(AD)
■ Continues tomorrow
10.00 **Love Cheats** *The Lord of the Lies:* 1/4. Stories of romance fraud, beginning with the experiences of a woman swept off her feet by a charmer who showered her with luxury gifts. (S)(R)(AD)
11.05 **Super Surgeons: A Chance at Life** Documentary. (S)(R)(AD)
12.05 AM **Salisbury Poisonings: The Untold Story** (S)(SL)(R)(AD)
1.00 **Gordon Ramsay's Secret Service**
1.50 **Outrageous Homes** (S)(SL)(R)(AD)
2.45 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
3.40 **Couples Come Dine with Me** (R)
4.35 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

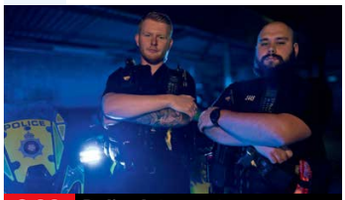
Holiday Monday

Monday primetime

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *The Fifth Bullet:* 11/24. An art dealer is gunned down at his gallery. (S)(R)
3.55 **Castle** *A Rose for Everafter:* 12/24. Beckett and Castle look into the murder of a bridesmaid at a wedding. (S2) (S)(R)
4.50 **Love Nature** A piece of land that has been transformed into an edible forest garden. (S)(R)
5.00 **Lost on Safari with Jane McDonald** The singer goes on safari in Laikipia, Kenya – a remote location famed for its wildlife and conservation. (S)(R)



8.00 Police Interceptors

6.00 Love Nature New edition A tree-planting project in Eastbourne. (S)
6.05 Susan Calman's Grand Day Out The South Downs. (S)(R)
6.55 News (S)
7.00 Motorway Cops: Catching Britain's Speeders A Range Rover refuses to stop for police, so PCs Jamie Leslie and Máire Curran race to back up the patrol. (S)(R)
7.55 News (S)
8.00 Police Interceptors New edition The firearms squad respond to reports of a gang armed with machetes trying to break into a house and one officer ends up on the roof. (S)
9.00 NEW SERIES **Number One Fan** 1/4. Thriller with Sally Lindsay and Jill Halfpenny. A TV star is saved from a mugging. *See feature, page 8.* (S1) (S) ■ Continues tomorrow
10.00 Police: Night Shift 999 Officers are called to a potentially fatal road traffic incident on the M5, but as Sergeant Gladwin rushes to the scene he encounters a truck on fire. (S)(R)
11.05 Traffic Cops A speeding driver heads the wrong way down a dual carriageway before darting off-road. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
3.40 **Friends** (S5) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM FILM **The Amazing Maurice** Animation. (S)(AD) (2022, PG, 120min) ★★★★
8.00 **F1: Miami Grand Prix Highlights** Round four. (R)
9.00 **Movie Megastars: Made in the 80s** (S)(R)(AD)
10.45 **The Office (US)** (S)(R)
12.50 PM LIVE **Football: WSL** Aston Villa v West Ham United: Coverage of the Women's Super League match from Villa Park. Kick-off is at 1.00.
3.00 **The Simpsons** Four episodes of the animation, including at: **4.20** *The Way We Was:* Marge tells Bart and Lisa the story of how she met Homer. (S)(R)
4.50 **The Bachelor King** Documentary exploring the lives of king penguins. (S)(R)(AD)

9.00 Andor

6.20 FILM **Chicken Run** Animated comedy adventure co-directed by *Wallace and Gromit* creator Nick Park, featuring the voices of Mel Gibson, Julia Sawalha, Miranda Richardson and Jane Horrocks. Some plucky chickens attempt to escape from a farm in the north of England with the help of a cocky rooster. (S) (2000, U, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
8.00 Shark: British Isles Special with Steve Backshall The naturalist goes in search of sharks inhabiting the waters around the British Isles, encountering a basking shark near the Hebrides. (S)(R)(AD)
9.00 Andor New episode *Announcement:* 7/10. Syril starts a job at the Bureau of Standards on Coruscant, while Kleya instructs Vel to find and kill Cassian. (S1) (S)
10.00 Rooster New episode *Ludlow's Fourth Hottest Professor:* 9/10. Greg empowers the hockey team before a key game. (S1)
10.40 Last Week Tonight with John Oliver New edition A satirical look at news and pop culture.
11.25 **Saturday Night Live UK** (R)
12.40 AM **Grimm** 6/22. (S3) (S)(R)
1.30 **Road Wars** (S)(R)
2.00 NEW SERIES **Bear Grylls Is Running Wild** Bear takes actor Matthew McConaughey on an adventure. *See feature, page 20.*
3.00 **The Force: North East** (S)(R)
4.00 **Road Wars** (R)
5.00 **to 6.00** AM **Border Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm Scotland's Home of the Year **10.30** Sportscene: Premiership Highlights **11.00** Have I Got News for You **11.30** Making Life on Earth: Attenborough's Greatest Adventure **12.30am** Blankety Blank **1.05** Weather **1.10-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.30pm Peelers: The PSNI for Real **11.00** Have I Got News for You **11.35pm-12.35am** Making Life on Earth: Attenborough's Greatest Adventure

WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm 21st Century TV with Lucy Owen **11.00** Rewind: 60 Years of Welsh Pop **11.30** Making Life on Earth: Attenborough's Greatest Adventure **12.30-6.00am** BBC News

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Éadaí SOS **10.30** FILM The Great Escaper (2023, 12, 90min) ★★★★ **12.00m't-1.35am** FILM Here We Are (2020, 12, 95min) ★★★

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:
CENTRAL
10.15pm Coventry City: The Celebration – An ITV Central News Special **10.45** Fletchers' Family Farm **11.45pm-12.15am** Ainsley's Taste of the Bahamas

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Colleen Ramsey: Bywyd a Bwyd **12.30pm** Heno **1.00** Dylan ar Daith **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cymry ar Gynfas **6.25** Darlleidiad Etholiadol **6.30** Rownd a Rownd **7.00** Heno **7.45** Newyddion a'r Tywydd **8.00** Y Byd yn ei Le **8.55** Newyddion a'r Tywydd **9.00** Ffermio **9.33** Y Tywydd **9.35** Sgwrs Dan y Lloer **10.05** Adeiladu'r Freuddwyd: Camp Out West **10.35** Arfordir Cymru: Bae Ceredigion **11.05-11.35pm** GISDA: Drws I'r Digartre

New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Green Planet** 1/5. David Attenborough presents a guide to the lives of plants in environments around the world, beginning with the plant battlegrounds of the tropical rainforests.
8.00 **Mammals** 1/6. David Attenborough narrates a look into the lives of mammals and how they have adapted to their surroundings.
9.00 **Dynasties** 1/5. David Attenborough narrates this documentary following a chimpanzee troop in Senegal.
10.00 **Dynasties II** 1/4. David Attenborough narrates as a mother puma battles her rivals and tackles her prey in a bid to raise her four cubs.
11.00 **Women's Champions League** Action from the semi-final second-leg tie between Lyon v Arsenal
11.25 **Paddy & Molly: Show No Mersey** Four editions.
1.25 AM **Sin City: The Real Las Vegas** 1&2/2. Documentary.
2.55 **to 3.55** AM **Leigh-Anne: Race, Pop & Power**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge** An edition from 2022, with Bristol taking on Durham.
7.30 **Only Connect** Victoria Coren Mitchell hosts the first-ever edition of the quiz.
8.00 **Lost Cities of the Ancients** 2/3. The Peruvian Lambayeque civilisation, which based its culture on a belief that building pyramids was essential to its survival, as was human sacrifice.
9.00 **Da Vinci: The Lost Treasure** Fiona Bruce views a recently discovered painting by Leonardo da Vinci.
10.00 **British Art at War: Bomberg, Sickert and Nash** 2/3. The work of actor and painter Walter Sickert.
11.00 **Lisbon: An Art Lovers' Guide** Janina Ramirez and Alastair Sooke go on a cultural break in the Portuguese capital.
12.00 M'T **Art That Made Us**
1.00 AM **Da Vinci: The Lost Treasure** As 9.00pm.
2.00 **to 3.00** AM **Art That Made Us**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest gets under way at the Abbey House in Penrith, Cumbria. **4.50** The second visit is to Compton House in Newark. **5.20** The third visit of the week is to the White Horse in Ripon, North Yorkshire. **5.50** The fourth and final visit of the week is to the Old Farmhouse in Cheshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help buyers moving from the south to the north east.
7.55 **Kirstie and Phil's Love It or List It** A Tyneside couple are torn on what to do with their Victorian townhouse.
9.00 NEW SERIES **Our Tiny Islands** Stories of remote island life. In the Channel Islands, car-free Sark's population almost doubles in the summer with tourists who want a gentler pace of life.
10.00 **24 Hours in A&E** A 22-year-old cyclist is rushed to St George's Hospital after he collided with a car on the way to work.
11.05 **24 Hours in A&E**
12.10 AM **Our Tiny Islands**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **First Dates** Dating show.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Everyone turns to Vicky for answers about who really caused the crash.
7.30 **Married at First Sight Australia** New edition The couples face the experts one last time before Final Vows.
9.00 NEW SERIES **Celebs Go Dating** Famous faces including Lucinda Light, James Haskell and Gabby Allen are thrown into a dinner party with a twist.
10.00 **Made in Chelsea** New edition Sam Prince and Livvy set up Chuggs and Zeyno on a date.
11.05 **Gogglebox**
12.05 AM **First Dates**
1.10 **Married at First Sight Australia** As 7.30pm.
2.45 **Celebs Go Dating**
3.40 **Made in Chelsea**
4.35 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

HOLIDAY MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Stop, Search, Seize**
8.00 **Caught on Dashcam**
11.00 **Police 24/7**
12.00 NOON **FBI** 2/15. Three bodies are found in a lake. (S3)
1.00 PM **The Rookie** 3/18. John tries to locate Jason Wyler. **2.00** 4/18. After his stint with the LAPD, Wesley is back in the district attorney's office. (S7)
3.00 **Law & Order: Criminal Intent** 21/23. An actor is gunned down. (S4)
4.00 **Nothing to Declare**

8.00 Caught on Dashcam

7 PM

7.00 Police 24/7 A police car is rammed by a stolen vehicle, and a homeless woman is warned to stop assaulting people.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 Caught on Dashcam Another selection of outrageous road disasters captured via dashboard cameras.

10 PM

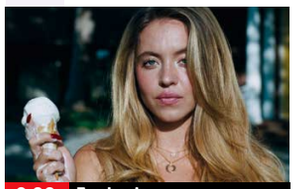
10.00 Blue Bloods *Where We Stand:* 15/20. A physical altercation between a school officer and a student goes viral. (S12)
11.00 **The Rookie** 17/20. (S1)
12.00 M'T **FBI & FBI: Most Wanted**
2.00 AM **The Rookie** New episode 12/18. Crime drama. (S8)
3.00 **Matlock** 8/16. (S2)
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** The actor visits Tokyo.
7.00 **Dune: Prophecy** 1-6/6. (S1)
2.00 PM **True Detective: Night Country** 1/6. Eight men in Alaska vanish without a trace. **3.05** 2/6. Captain Connelly threatens to hand the case over to Anchorage. **4.15** 3/6. Tensions grow between Danvers and Leah. **5.20** 4/6. Julia's mental-health struggles resurface. **6.30** 5/6. Navarro rescues Leah from a local protest. (S4)



9.00 Euphoria

7.40 True Detective: Night Country 6/6. As the truth about what happened to Annie and the Tsalal men unfolds, Navarro and Danvers each confront their past demons. (S4)

9.00 Euphoria New episode *Kitty Likes to Dance:* 4/8. Drama offering a look at the complexities of life in a social-media obsessed world. (S3)
10.15 Heated Rivalry *Rookies:* 1/6. Two rival ice hockey players make an emotional connection. (S1)
11.15 Heated Rivalry 2/6. Shane and Ilya keep their fling alive. **12.15** AM 3/6. Scott finally breaks his scoring slump. **1.15** 4/6. Shane panics when Ilya lets his guard down. **2.15** 5&6/6. Drama. (S1)
4.10 to 6.00 AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Backyard Builds**
6.30 **Food Stars USA**
7.20 **Dress to Impress**
8.20 **Georgia and Tommy: Happy Essex After**
9.20 **The Only Way Is Essex**
10.20 **FILM Rio** (2011, U) ★★★★
12.15 PM **Ant & Dec's Limitless Win**
1.15 **Celebrity Catchphrase**
2.15 **Wheel of Fortune**
3.15 **The Only Way Is Essex**
4.15 **FILM Kung Fu Panda 2** Animation. (2011, PG) ★★★★
6.00 **Celebrity Catchphrase**

4.15 Kung Fu Panda 2

7.00 Wheel of Fortune Graham Norton hosts the game show as contestants get the chance to spin the wheel and win prizes.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 The Only Way Is Essex New edition The heat is well and truly on in Vietnam as Freddie reaches his boiling point.

10.05 Family Guy 11/15. Lois becomes a teacher. **10.35** 5/15. Peter feels emasculated when he abandons Lois. (S22)
11.05 **Family Guy** 6/15. Stewie tries to civilise his half-brother so he can get adopted. (S22)
11.35 **American Dad!** (S12)
12.35 AM **Bob's Burgers** (S12)
1.30 **G'wed** 1/6. (S1)
2.00 **Plebs** 4/8. (S4)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.00 **Classic Emmerdale**
8.00 **Classic Coronation Street**
9.05 **Inspector Morse**
11.15 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Midsomer Life:* A country magazine owner is suspected of murder when a body is discovered in woodland.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Blood Sports:* Blaketon becomes president of the local rugby club.

10.00 DCI Banks

6.55 Heartbeat *Kids:* A man assaults two policemen and escapes on his way to prison and Greengrass becomes a lollipop man.

8.00 Midsomer Murders *Echoes of the Dead:* Barnaby and Jones investigate a spate of ghoulish wedding-themed murders, beginning with the drowning of a woman made to look like a bride. Guest stars Pam Ferris.

10.00 DCI Banks *Bad Boy – Part One:* Helen leads a firearms team to retrieve a gun from a teenager's bedroom, but the operation goes wrong.
11.00 **DCI Banks** *Bad Boy – Part Two:* Al offers to help Banks get his daughter back.
11.50 **Lewis**
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **Kojak**
7.30 **The Saint**
8.35 **Boon**
9.40 **The Sweeney**
10.45 **BattleBots**
11.50 **Magnum, PI**
12.55 PM **Kojak**
2.00 **Sharpe**
4.20 **FILM Field of Dreams** Sports fantasy starring Kevin Costner and Amy Madigan. (1989, PG, 106min) ★★★★★
6.30 **Formula E Highlights**

9.00 Coogan's Bluff

7.30 Underwater Grand Fishing Adventure New edition Ali Hamidi is joined by Bobby Zamora and diver Luc Boerrigter at the Lake of Dreams, aka Grenville. This time they target a huge carp of over 60lbs.

9.00 FILM Coogan's Bluff Crime thriller starring Clint Eastwood as an Arizona cop on the trail of an escaped killer in New York. With Susan Clark and Don Stroud. (1968, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Auf Wiedersehen, Pet** *A Home from Home:* The lads camp out in Thornley Manor.
12.05 AM **Lost** 20/25. (S1)
1.05 **The Sweeney**
2.05 **Minder**
3.00 **Teleshopping**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Landward**
3.30 **Sign Zone: Beechgrove Garden**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.15 **The Repair Shop on the Road** A clockwork train.
8.00 **The Mountain**
9.00 **Wha's Like Us** A look at how Scots have been portrayed on film.
10.00 **River City** New episode Eddie tries to stop Viv's lies getting out of hand.
10.30 **NEW SERIES Only Child** *Growing:* 1/6. Return of the comedy starring Gregor Fisher and Greg McHugh. (S2)
11.00 **Two Doors Down** *Alan and Michelle:* 6/6. (S3)
11.25 **Govan Fair Queen**
11.40 **Short Stuff** Sketch show.
11.55 PM **to 12.00** M'T **Tune**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **Sort Of** (S3&1)
11.00 **Will & Grace** (S1)
4.00 PM **The Office (US)** Ten episodes, including at: **6.30** 10/26. Michael becomes afraid of China's economic power. **7.00** 11/26. Holly returns to Scranton. **7.30** 12/26. It is all-out snowball war between Dwight and Jim. **8.00** 13/26. Michael waits to find out whether Holly has got engaged. **8.30** 14/26. Andy hosts a business seminar. (S7)
9.00 **Real Time with Bill Maher** New edition The comedian and his guests discuss the week's events.
10.10 **Tom Davis: Underdog**
11.30 **The Comeback** New episode 7/8. (S3)
12.10 AM **Based on a True Story** 1-5/8. (S1)
3.20 **Community** 6/13. (S6)
3.50 **to 5.00** AM **The Rehearsal**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **The Wind in the Willows** Musical.
8.10 **Artist of the Year: Masterclass**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Michael Flatley: Lord of the Dance – Dangerous Games**
1.45 PM **The Phantom of the Opera at the Royal Albert Hall** Musical.
4.30 **Elvis '56 Special**
5.45 **Queen: Live in Milton Keynes** From 1982.
8.00 **André Rieu: Welcome to My World**
9.00 **André Rieu & the Dutch Royal Family**
11.00 **Comedy Legends**
12.00 M'T **National Theatre Live: Under Milk Wood**
2.00 AM **Fanny: The Other Mendelssohn**
3.50 **The World in a Painting**
5.00 **to 6.00** AM **Auction Special**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Caught Red Handed** Triple bill.
2.00 PM **FILM The 'burbs** Offbeat comedy starring Tom Hanks. (1989, PG, 103min) ★★★
4.00 **Star Trek: Deep Space Nine** 10/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** 12/22. (S2)
8.00 **Star Trek: Voyager** (S1)
9.00 **FBI** 9/13. (S6)
10.00 **FBI: Most Wanted** (S1)
11.30 **Star Trek: Enterprise**
12.30 AM **Warehouse 13** (S1)
1.30 **Brit Cops: War on Crime** Documentary.
2.30 **Night Cops**
3.30 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Time Is Money** Quiz.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Mark tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

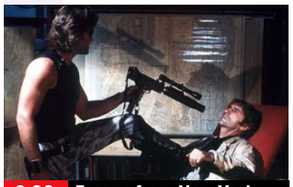
9.00 AM **Sarah Beeny's New Country Lives**
10.00 **A New Life in the Sun: Where Are They Now?**
11.00 **Sun, Sea and Selling Houses** In Alicante.
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Help! I Bought It at Auction with Sarah Beeny** A terraced house in need of restoration.
8.00 **Our Welsh Chapel Dream** Keith celebrates his 60th birthday with a party at the chapel.
9.00 **Celebrity Gogglebox**
10.00 **Gogglebox**
11.00 **Gordon Ramsay's Secret Service**
1.00 AM **First Dates**
2.00 **Taskmaster**
3.05 **Open House: The Great Sex Experiment**
4.05 **to 5.05** AM **Naked Attraction**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Doomsday Meteor** Sci-fi action thriller. (2023, PG, 86min) ★★
1.00 PM **FILM Megalodon: The Frenzy** Sci-fi action thriller. (2023, PG, 82min) ★★
3.00 **FILM Arctic Armageddon** Sci-fi action thriller. (2023, PG, 86min) ★★
5.00 **FILM Jurassic Attack** Sci-fi action adventure starring Corin Nemec and Vernon Wells. (2013, 15, 83min) ★★



9.00 Escape from New York

7.00 **FILM DC Down** Thriller, starring Jack Pearson and Sean Young. After an earthquake rocks the capital, the Army Corps race against time to rescue the US President, who is trapped in the collapsed White House. (2023, PG, 82min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM Escape from New York** Futuristic action adventure starring Kurt Russell and Donald Pleasence. A war hero turned convict is sent on a mission to rescue the kidnapped US President. (1981, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **FILM Stephen King's Needful Things** Horror with Max von Sydow and Ed Harris. (1993, 15, 118min) ★★★
1.00 AM **FILM Alien Apocalypse** Thriller with Bruce Campbell. (2005, 15, 88min) ★★
3.00 **FILM Planetquake** Adventure. (2024, PG, 85min) ★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Death in Paradise** (S12)
1.00 PM **Death in Paradise** Four episodes, including at: **3.40** 8/8. The team investigate the murder of a calypso singer's husband, and Neville contemplates his future in Saint Marie. (S12) **5.00** Christmas special from 2024. A holiday-maker is killed while dressed as Father Christmas, so Commissioner Patterson arranges for a visiting detective inspector to help crack the case.

7.00 Death in Paradise

7.00 **Death in Paradise** *On the Sanctity of Children:* 5/8. Neville and the team investigate the murder of a former children's home resident.
8.20 **Death in Paradise** *A Murder Forewarned – Part One:* 6/8. The team investigate the murder of a water taxi driver at the same time as Neville gets a letter warning them a killing is set to take place.
9.40 **Death in Paradise** *Sins of the Detective – Part Two:* 7/8. The team must prove Neville's innocence when he is arrested on suspicion of killing David Cartwright. (S12)

11.00 **Death in Paradise** (S12)
2.00 AM **Murdoch Mysteries** 22/24. In a special musical episode, Murdoch slips into a coma where everyone bursts into song. (S17)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
10.00 **Still Open All Hours**
10.40 **Are You Being Served?**
11.20 **Open All Hours**
12.00 NOON **Last of the Summer Wine** Double bill of episodes.
1.20 PM **Keeping Up Appearances**
2.00 **Ever Decreasing Circles**
2.35 **The Green Green Grass**
3.15 **Are You Being Served?**
3.55 **Still Open All Hours**
4.35 **Open All Hours**
5.15 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

10.00 Not Going Out

7.20 **Dad's Army** The platoon takes a loose barrage balloon off to the woods to secure it to a tree.

8.00 **Still Open All Hours** A mysterious woman comes looking for Eric.
8.40 **Open All Hours** Arkwright loses his trousers on his way to a wedding.
9.20 **Not Going Out** Lucy aspires to become friends with posh new neighbours Toby and Anna.

10.00 **Not Going Out** Lee and his father have relationship counselling.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Not Going Out**
1.20 AM **Alma's Not Normal** Alma joins Bolton Acting School.
2.00 **Ghosts** Alison and Mike consider selling some land.
2.35 **Alma's Not Normal**
3.05 **to 4.00** AM **Ghosts**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Pointless** Quiz show.
8.05 **Top Gear: Bolivia Special**
9.45 **Top Gear: USA Special**
10.50 **Top Gear: Botswana Special**
11.50 **Top Gear: Middle East Special** The team take a road trip across the Middle East.
1.30 PM **Gavin & Stacey**
6.00 **Rick Stein's Cornwall** Rick champions the food, history and culture of the county. **6.30** Rick makes heritage cider with author Raynor Winn, and meets a sea shanty group with a difference.

11.00 New World Order

7.00 **Would I Lie to You? At Christmas** With Miranda Hart and Barry Cryer.
7.40 **Would I Lie to You?** With guests Clara Amfo, Tom Davis, Shaun Ryder and Henning Wehn.
8.20 **Richard Osman's House of Games** With Cariad Lloyd and Gareth Malone.

9.00 **Have I Got a Bit More News for You 2020** A variety of guests join Ian Hislop and Paul Merton for the 2020 compilation.

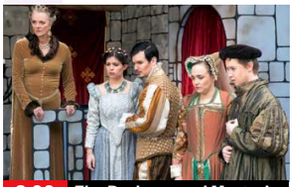
10.00 **QI XL** Desiree Burch, Melanie Bracewell and Tom Allen join Sandi Toksvig and Alan Davies.
11.00 **Frankie Boyle's New World Order** With Sara Pascoe.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.00 **Would I Lie to You? At Christmas** As 7.00pm.
1.40 **QI XL** With Maisie Adam.
2.45 **Frankie Boyle's New World...**
3.15 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** Tristan takes a sudden interest Tricky Woo's diet.
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** A pensioner seeks his long-lost sister.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**



8.00 The Brokenwood Mysteries

7.20 **Last of the Summer Wine** Nora sets tongues wagging by not wearing her wrinkled stockings.

8.00 **The Brokenwood Mysteries** *To Die or Not to Die:* 2/4. During a performance of *Hamlet*, a cast member collapses and dies. Mike detects a whiff of a lethal poison and uncovers a complex web of ego-driven dissension among the troupe. (S2)

10.00 **New Tricks** *Fashion Victim:* The murder of a fashion designer is reinvestigated. Guest stars Rupert Graves.
11.20 **Dalziel & Pascoe** *Cunning Old Fox:* Dalziel investigates a mysterious death at a local hunt.
1.20 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.20 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 18-20/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Grounded:* 9/24. DiNozzo, Bishop and her husband investigate a threat. **7.00** *House Rules:* 10/24. McGee and Abby hunt cyber-terrorists responsible for an internet outage. **8.00** *Check:* 11/24. The team investigate a series of copycat killings. (S12) **9.00** New episode *Ladies' Night:* 16/20. An arsonist is thought to be at large. (S22)
10.00 **Law & Order: Special Victims Unit** *Strain:* 5/22. The detectives investigate the murders of two gay men. (S7)
11.00 **Law & Order: Special Victims Unit** (S7&6)
1.50 AM **Blue Bloods** (S10)
2.45 **Bull** 13/23. (S1)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 NEW SERIES **Rogue Claimers** An amateur detective turns the tables on scammers.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A 75-year-old woman is rushed in after collapsing in her garden.
9.00 **Ambulance: Code Red**
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Trucking Hell**
9.20 **Traffic Cops**
10.20 **Police Interceptors**
12.25 PM **FILM The Tall Stranger** Western. (1957, PG, 83min) ★★
2.05 **FILM The Lonely Man** Western. (1957, b/w, PG, 87min) ★★★
4.00 **Trucking Heavy: Massive Moves**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Highway Thru Hell** The crew members discuss their best and worst times on the mountain.
10.00 **Motorway: Hell on the Highway**
11.00 **The X-Files** 17/25. (S2)
12.00 M'T **Scam City**
1.05 AM **Outback Truckers**
2.05 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **Pete Wicks: For Dogs' Sake** Triple bill.
1.00 PM **Pete Wicks: For Dogs' Sake** Six editions, including at: **5.00** Pete helps a withdrawn pregnant Malinois regain strength. **6.00** Pete meets Flower, the first dog ever to take a dislike to him.
7.00 **The Supervet** A champion running dog is admitted with an abnormal elbow joint.
8.00 **Tipping Point** Double bill of the game show hosted by Ben Shephard.
10.00 **The Supervet**
11.00 **Wife Swap USA**
12.50 AM **Sort Your Life Out with Stacey Solomon**
1.55 **to 3.00** AM **Louis Theroux Interviews... Yungblud**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **The Buildings That Fought Hitler**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **The Buildings That Fought Hitler**
6.00 **The Blue Planet**
8.00 **Great Australian Railway Journeys** Travelling by rail from Canberra to Melbourne.
9.00 **Locomotion: Dan Snow's History of Railways** Examining the impact of the expansion of the railways.
10.00 **Planet Earth III**
11.00 **A Perfect Planet**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** The Algarve.
7.00 **Teleshopping**
8.00 **The Repair Shop**
1.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House** *Hi-de-Hi!* and panto star Jeffrey Holland bids farewell to treasures. **8.00** Angus Ashworth helps Louis Smith sell Olympic gear and movie memorabilia.
9.00 **The Yorkshire Auction House** A huge haul of silver leaves Angus Ashworth speechless. **10.00** Angus struggles to value a man's homemade curios.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

HOLIDAY MONDAY Entertainment

Monday

Great! TV

157 167 170 34 32

8.10 AM **The Waltons** (S7)
9.10 **Little House on the Prairie** Triple bill.
1.15 PM **The Waltons** (S8)
3.15 FILM **A Wedding on Walton's Mountain** Drama with Ralph Waite. (1982, U, 104min) ★★
5.20 FILM **A Day for Thanks on Walton's Mountain** Drama with Ralph Waite. (1982, PG, 93min) ★★
7.30 **M*A*S*H** 3/20. Hot Lips gains herself an admirer. **8.00** 4/20. Hot Lips' father pays a visit. **8.30** 5/20. A wounded soldier tries to make it through Christmas. **9.00** 6/20. The staff members relax on New Year's Eve. (S9)
9.30 **M*A*S*H** (S9)
12.30 AM **The Avengers** (S5)
1.30 **Rising Damp** 4/8. (S2)
2.00 **A Fine Romance** (S3)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM FILM **Any Gun Can Play** Spaghetti Western. (1967, 12, 98min) ★★
11.10 FILM **The Monuments Men** War drama. (2014, 12, 118min) ★★★
12.10 PM **Berlin Olympics 1936** Documentary.
1.10 FILM **Black Water** Thriller. (2018, 15) ★★
3.15 FILM **Beyond the Law** Thriller. (2019, 15) ★
5.10 FILM **Mercenary for Justice** (2006, 18) ★★
7.10 FILM **End of a Gun** Thriller. (2016, 15) ★★
9.00 FILM **The Expendables 3** Action thriller sequel. (2014, 12, 126min) ★★
11.35 FILM **Maximum Conviction** Action thriller. (2012, 15, 93min) ★★
1.45 AM FILM **Dragon Eyes** Drama. (2012, 18) ★★
3.45 FILM **Deadly Voltage** Thriller. (2015, PG) ★★
5.05 **to 6.00** AM **Coast Guard Alaska**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **In Plain Sight** (S3)
9.20 **Castle** 6/10. (S1)
10.20 **Hailey Dean Mysteries**
12.10 PM **Hailey Dean Mysteries** 8&9/9. (S1)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 7/10. (S1)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** 1/13. (S4)
10.00 FILM **Mystery 101: Playing Dead** Crime drama with Jill Wagner. (2019, PG, 90min) ★★
11.55 FILM **Aurora Teagarden Mysteries: Reunited and It Feels So Deadly** Crime drama starring Candace Cameron Bure. (2020, PG, 90min) ★★
1.50 AM FILM **Ties That Bind** Crime thriller starring Kristanna Loken. (2010, PG, 90min) ★★
3.20 **to 5.00** AM FILM **Snatched from Mommy** Crime thriller. (2021, PG, 85min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM FILM **Hometown Holiday** (2017, PG) ★★
10.00 FILM **The Happiness Playbook** Comedy. (2023, U, 89min) ★★
12.00 NOON FILM **Love on the Rise** Romance. (2020, U, 86min) ★★
1.50 PM FILM **Baking Up Love** (2021, PG) ★★
3.50 FILM **A Slice of Romance** Romance. (2021, PG, 84min) ★★
5.45 FILM **Brimming with Love** Romantic drama. (2017, PG, 90min) ★★
7.40 FILM **The Royal Bake Off** Romantic drama. (2023, PG, 90min) ★★
9.40 FILM **The Baker's Son** Romantic fantasy. (2021, PG, 84min) ★★
11.45 FILM **A Paris Proposal** Romantic comedy. (2023, PG, 84min) ★★
1.45 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **The Royal Bake Off** (2023)

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Marcus Wareing's Tales from a Kitchen Garden**
2.45 **Real Thick Glasses**
3.00 **Highclere: The Real Downton Abbey**
4.00 **New Home DIY**
5.00 **Country House Auction**
6.00 **Celebrity Coach Trip**
7.00 **You, Me, Garden?**
7.30 **New Home DIY**
8.00 **Garden Rescue**
10.00 **You, Me, Garden?**
10.30 **Queer Lives Today**
11.00 FILM **Girls Come First** Comedy with John Hamill. (1975, 18, 43min) ★★
12.00 M'T FILM **Cruel Passion** Erotic drama with Koo Stark and Lydia Lisle. (1977, 18, 99min) ★★
2.00 AM FILM **The Blood on Satan's Claw** Horror starring Patrick Wymark and Linda Hayden. (1970, 18, 93min) ★★★
4.00 **to 5.00** AM **Love Your Garden**

Rewind TV

182 81 141

6.00 AM **Highlights**
8.30 **The Fenn Street Gang**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** 6/7. (S3)
10.30 **Hallelujah** 1/7. (S1)
11.00 **Second Thoughts** (S3)
11.30 **The Fenn Street Gang**
12.00 NOON **The Prime of Miss Jean Brodie** (S1)
1.05 PM **Boon** 2/13. (S2)
2.05 **Wish Me Luck** (S2)
3.10 **Rewind Time Machine**
3.13 **Hank the Cowboy**
3.28 **Rewind Time Machine**
3.30 **Boon** 2/13. (S5)
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 2/24. (S2)
7.05 **Danger Man** (S1)
8.05 **Hallelujah** (S1)
8.35 **Second Thoughts** (S3)
9.05 **Drop the Dead Donkey**
10.05 **Primitive London**
11.50 FILM **Death Screams** Horror. (1982, 18) ★★
1.40 AM **Stereo Underground**
2.40 **The Rewind Jukebox**
3.40 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Mysteries of the Missing** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A sudden change shocks global crab markets, and the US fleet prepare for a Cold War on the Bering Sea.
9.00 **Crikey! It's the Irwins** A koala has surgery.
10.00 **The Zoo** Two sickly newborn fawns form an unbreakable bond.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Jamie Oliver: Cooking for Less**
1.00 PM **Jamie Oliver: Cooking for Less** Eight editions of the series. Jamie goes on a mission to make delicious dishes that won't break the budget.
9.00 **Adam Richman Eats Football** Adam is in West London to watch Chelsea and he samples a posh scotch egg. **9.30** Adam heads to Birmingham for an Aston Villa home game before tucking into an Indian mixed grill.
10.00 **Roux Down the River** In Henley, Michel visits a local butcher, farmer's market and a chocolate-fuelled café.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 14/25. (S7)
9.00 **T.J. Hooker** 4/22. (S3)
10.00 **Six Million Dollar Man**
11.00 FILM **The Day the Earth Stopped** Thriller. (2008, 15, 90min) ★★
1.00 PM FILM **Thunder in the Sun** Western. (1958, U, 81min) ★★
2.45 FILM **Gallipoli** Australian war drama. (1981, PG, 111min) ★★★★
5.00 **Star Trek** 22/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 5/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Marked for Death** Action thriller. (1990, 18, 94min) ★★
11.00 FILM **Vertical Limit** Adventure. (2000, 12, 124min) ★★★
1.35 AM FILM **Butterfly on a Wheel** Crime thriller. (2007, 15, 95min) ★
3.25 **to 5.15** AM FILM **Jack's Back** Crime thriller. (1988, 18, 93min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Apocalypse of Ice** Disaster drama. (2020, PG, 88min) ★★
11.00 **Andromeda** 11/22. (S1)
12.00 NOON FILM **The Gambler III: The Legend Continues** Western. (1987, PG, 90min) ★★
2.00 PM FILM **Monster Hunters** Adventure. (2020, 15, 88min) ★
4.00 **Walker, Texas Ranger**
5.00 FILM **Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
7.00 **Andromeda** 12/22. (S1)
8.00 **The Fall Guy** (S4)
9.00 FILM **Rambo** Action drama sequel starring Sylvester Stallone. (2008, 18, 90min) ★★★
10.55 FILM **Family Business** Tragi-comic drama. (1989, 15, 110min) ★★★
1.15 AM FILM **Rambo** (2008)
3.05 FILM **Airplane vs Volcano** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **UFOs: Why Are They Here?** Documentary.
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **Monster Aliens**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker...**
10.00 **History's Greatest Mysteries** Bigfoot.
11.00 **Hazardous History**
12.00 M'T **Legends of the Pharaohs**
1.00 AM **Monster Aliens**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** Croatia.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** Thailand.
5.00 **World's Most Scenic Railway Journeys**
6.00 **Digging Up Britain's Past** From Silchester.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Jane McDonald: From Pole to Pole**
10.00 **Inside the Tower of London** Documentary.
11.00 **Nazi Megastructures** The Channel Islands.
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane...**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire? Olympic Special** With Roger Black, Matthew Pinsent and Jonathan Edwards.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** With guests Jimmy Carr, Jack P Shepherd, Matt Dawson and Sally Bercow.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 17/24. Sheldon and Kripke battle to get Professor Rothman's vacant corner office. **8.30** 18/24. Sheldon becomes terrified of getting his hair cut. (S5)
9.00 **Mock the Week** With guests Rhys James, Angela Barnes, Alasdair Beckett-King, Ria Lina, Sean McLoughlin and Mark Simmons.
10.00 **Zero Stars** Roisin Conaty and Sara Pascoe board a Greek cruise.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S6)
1.00 PM **Friends** (S7&8)
8.00 **Friends** 5/24. Ross learns Rachel has a date. **8.30** 6/24. Phoebe finds herself attracted to her twin sister's fiancé. (S8)
9.00 **Michael McIntyre's The Wheel** Game show.
10.00 **Impractical Jokers** New edition The guys struggle to sell sunsets.
10.30 **Alan Carr: Yap, Yap, Yap!** Stand-up comedy.
11.30 **Iain Stirling's Roast the Internet**
12.30 AM **Whose Line Is It Anyway? USA**
1.30 **South Park** (S23)
2.30 **The Culture Capsule**
2.40 **Kevin Bridges: The Brand New Tour**
3.30 **Michael McIntyre's The Wheel** Game show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 1&3/24. (S6)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** Variety show.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 8-11/18. (S10)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 3/8. (S2)
4.00 **Michael McIntyre's Big Show** Variety show.
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S6)
10.00 **Friends** 15-22/24. (S7)
2.00 AM **Michael McIntyre's Big Show** Variety show.
3.00 **Utopia** 2/8. (S2)
3.20 **Teachers** 6/20. (S2)
3.45 **Broad City** (S1)
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.20 **Bread** 9/11. (S7)
10.55 **Steptoe and Son** (S8)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 8/15. Drama. (S3)
2.45 **Minder** 12/13. (S8)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 9/11. (S7)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.15 **Steptoe and Son** (S8)
6.50 **Rising Damp** 6/6. (S4)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 10/13. (S2)
9.00 **Benidorm** 6/7. (S4)
9.55 **Shameless** 17/22. (S8)
10.55 **Man About the House**
11.35 **Mind Your Language**
12.05 AM **Benidorm** 6/7. (S4)
1.05 **Minder** 1/6. (S7)
2.05 **Duty Free** 1/7. (S1)
2.30 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **FriendZone**
8.30 **Beauty and the Geek Australia** Reality series.
10.00 **Catfish: The TV Show**
2.00 PM **Bar Rescue**
4.00 **Catfish UK** Double bill.
6.00 **Beauty and the Geek Australia** New edition A wrestling challenge.
7.30 **FriendZone**
8.00 **Judge Geordie**
9.00 **Bar Rescue** New edition Jon Taffer heads to St Augustine, Florida, to help a military vet rescue his struggling bar.
10.00 **Tattoo Fixers**
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

4 May Holiday Monday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** How upright pianos and flags are produced. **4.30** The making of oil lamps.
5.00 **Alaska: Homestead Rescue** Marty Raney returns to the island of Kauai to find the Nash's homestead in peril.

8.00 Filthy Fortunes

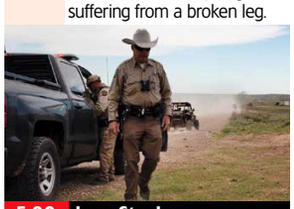
7.00 **Wheeler Dealers** A Peugeot 205 T16 inspires Mike to upgrade its under-powered UK counterpart for a race.
8.00 **Filthy Fortunes** New edition Matt Paxton chases a rare Declaration of Independence copy in a jam-packed hoard.
9.00 **Maine Cabin Masters** With winter approaching, Chase Morrill and his team renovate a camp situated on two ponds.
10.00 **Expedition X** The team head to America's most haunted city – Savannah, Georgia – to investigate paranormal activity.
11.00 **Expedition Bigfoot** A catastrophic storm threatens the expedition.
12.00 M'T **Border Control: Spain**
1.00 AM **Maine Cabin Masters**
2.00 **Expedition X** As 10.00pm.
3.00 **Gold Divers** Chaotic El Niño conditions impact the ice.
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **The Gamechangers: Inventing the World**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** An SOS call.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** The wardens find blood in the boot of a suspicious hunter's car.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff treats a stray dog suffering from a broken leg.



5.00 Lone Star Law

7.00 **Treehouse Masters** Pete Nelson must overcome some challenges when he is asked to design the world's first treehouse spa.
8.00 **Air Jaws: Night Stalker** Chris Fallows sets out to discover how great white sharks manage to hunt in total darkness.
9.00 **Alaska: The Last Frontier** A Kilcher son returns to the fold to become head of the family following Otto's operation.
10.00 **Edge of Alaska** Jeremy enters an uneasy alliance with an old enemy as he makes plans to expand his farmstead.
11.00 **Alaska Monsters** Todd devises a trap for a huge feline.
12.00 M'T **Alaska: Homestead Rescue** The Raneys answer a call from an off-grid couple.
1.00 AM **100 Days Wild**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Phoenix**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
11.00 **Toronto Airport Uncovered**
2.00 PM **Car S.O.S** Tim and Fuzz take on a Mercedes SLK. **3.00** Joanna Lumley helps to rescue a Frogeye Sprite.
4.00 **Destruction Decoded** A look back at the 10 worst crashes in motorsport history.
5.00 **Air Crash Investigation** A fatal error in calculating passengers' weight. **6.00** A reconstruction of the Continental Express Flight 2574's accident in Texas in September 1991.

9.00 Air Crash Investigation

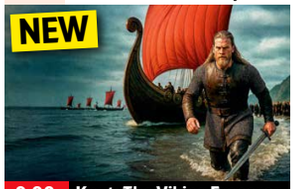
7.00 **Air Crash Investigation** An investigation into the crash of a Pakistani airliner in the Himalayas.
8.00 **Construction Fails** New edition Why the only building in Bangkok to collapse in an earthquake was the newest one.
9.00 **Air Crash Investigation: Special Report** A look at plane crashes caused by breakdowns in communication.
10.00 **Inside the CIA: Secrets and Spies** A CIA officer most decide whether he can trust an al-Qaeda mole.
11.00 **Air Crash Investigation** A Taiwanese plane explodes.
12.00 M'T **Car S.O.S**
1.00 AM **Border Protection Spain**
2.00 **Bid & Destroy**
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Revolutions That Changed History** Double bill.
8.15 **Black Death Patient Zero**
9.15 **Storage Wars** Four editions.
11.05 **Celts: The Untold Story**
2.00 PM **Great British Castle Rescue** Rick Edwards visits Fyvie Castle in Scotland. **3.00** Gwrych Castle. **4.00** Lowther Castle.
5.00 **Junk & Disorderly: Henry's Wreck-trospective** Double bill of the series in which Henry Cole and other restorers buy, fix and sell automotive junk.



9.00 Knut: The Viking Emperor

7.00 **Junk & Disorderly: Henry's Wreck-trospective** Henry Cole and other restorers buy, fix and sell automotive junk.
8.00 **History's Greatest Picks with Mike Wolfe** New edition The collector explores the world of weird technology.
9.00 **NEW SERIES Knut: The Viking Emperor** The life and exploits of Knut the Great, who claimed the crowns of England, Norway and Denmark.
10.10 **Viking Dead** A trip to the Viking Ship Museum in Roskilde, Denmark, to observe the remains of a fleet of Viking boats.
11.05 **Viking Dead** The discovery of a mass grave in Dorset.
12.00 M'T **Great British Castle Rescue** Double bill of editions.
1.50 AM **Knut: The Viking Emperor** As 9.00pm.
2.50 **History's Greatest Picks with Mike Wolfe** As 8.00pm.
3.40 **Storage Wars** Four editions.
5.10 **to 6.00** AM **Viking Dead**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: William Holden**
8.00 **The Directors**
9.00 **Laurel and Hardy: Their Lives and Magic**
11.00 **The Nineties**
12.00 NOON **FILM Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
2.00 PM **Lancaster** Documentary.
4.00 **Spitfire** Documentary.
6.00 **The Wimbledon Kidnapping** A look back at the mysterious disappearance of Muriel McKay in Wimbledon in 1969.

8.00 Ghislaine Maxwell

The Wimbledon Kidnapping (started at 6.00pm)
Ghislaine Maxwell: Epstein's Shadow 1/3. The complicated and mysterious life of the former socialite.
Ghislaine Maxwell: Epstein's Shadow 2/3. How Ghislaine went to New York and fell in love with Jeffrey Epstein.
Ghislaine Maxwell: Epstein's Shadow 3/3. How Ghislaine left Jeffrey Epstein to distance herself from his crimes.
11.00 **Costa Concordia: Chronicle of a Disaster** Different accounts of the sinking of the cruise ship.
1.00 AM **Wirecard: A Billion Euro Lie** Documentary about the scandal surrounding financial payment firm Wirecard.
3.00 **BS High** Documentary.
5.00 **to 6.00** AM **Discovering: William Holden**

7 PM
8 PM
9 PM
10 PM

Monday

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **The Yorkshire Auction House** Six editions.
1.00 PM **The Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **Shed and Buried: Classic Cars** New edition In Rotherham, a shed rammed with cars includes a rare 1940s Renault Juvaquatre van.
10.00 **Shed and Buried** A collection of vintage automobiles and tractors. **10.30** Henry and Sam try to buy automobilia for a client's man cave.
11.00 **British Superbikes** Action from the opening round of the season, held at Oulton Park.
12.00 M'T **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried: Classic Cars**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster: Abuse of Power**
5.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories** Two off-duty police officers who interrupted a robbery.
8.00 **Murder on CCTV**
9.00 **The Killer in My Family**
10.00 **Britain's Deadliest Kids**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Wrongful Revenge**
8.00 **UK Crime Files: Murderous Marriage** Investigating the murder of Surjit Athwal.
9.00 **Secrets of a Murder Detective** In 1987, the bodies of Wendy Knell and Caroline Pierce were discovered.
10.00 **Donal MacIntyre's UK Killer Evidence** New edition The story of a pre-meditated murder in Bristol.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Wrongful Revenge**
1.00 AM **UK Crime Files: Murderous Marriage**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: The Longest Murder Trial**
9.55 **UK Crime Files: Britain's Youngest Contract Killer**
11.00 **48 Hours**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Anagram Serial Killer**
3.00 **UK Crime Files: Murder of Rachel Manning**
4.00 **48 Hours** Livye Lewis.
5.00 **Medical Detectives** An 18-year-old woman mysteriously disappears. **5.30** The clerk of a smoke shop is shot. **6.00** Investigators use geographical profiling to close in on a serial rapist. **6.30** Officers are baffled when an innocent man's DNA is found at a crime scene.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
11.00 **Caught on Dashcam**
1.00 PM **The Cult of the Family** 1-3/3. Triple bill.
4.35 **World's Most Evil Killers**
5.25 **Killer in My Village**
6.15 **Forensics: Catching the Killer** True-crime.
8.00 **Britain's Most Evil Killers** John Duffy and David Mulcahy.
9.00 **Fred West: The Glasgow Girls** 1-3/3. Documentary.
12.00 M'T **World's Most Evil Killers** Dennis Rader.
1.00 AM **How I Caught the Killer** Gordon Wardell.
2.00 **Killing Mum and Dad**
3.00 **Britain's Most Evil Killers** Jason Marshall.
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.55 **My Grandparents' War: Mark Rylance**
9.55 **My Grandparents' War: Kristin Scott Thomas**
10.55 **My Grandparents' War: Carey Mulligan**
12.00 NOON **My Grandparents' War: Helena Bonham Carter**
1.00 PM **Grand Tours of the Scottish Islands**
1.55 **Fall of Japan in Colour**
2.55 **Battle of Okinawa in Colour** As 9.45pm.
4.00 **Maps of Power**
7.30 **The Roman Fleet** Constructing a historical replica of a Roman ship.
8.40 **Fall of Japan in Colour**
9.45 **Battle of Okinawa in Colour** The story of the fight for Okinawa.
10.50 **The Roman Fleet**
12.00 M'T **Fall of Japan in Colour** Documentary.
1.05 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

HOLIDAY MONDAY

Monday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Extreme Animals: One Wild Day** Triple bill of editions.
10.00 **Secrets of the Enchanted Waters** Documentary.
11.00 **The Island of Giants**
12.00 NOON **World's Most Toxic Animals** Double bill.
2.00 PM **David Attenborough's Global Adventure**
3.00 **David Attenborough's Global Adventure: Home Planet**
4.00 **David Attenborough's Global Adventure: The Rise of Nature**
5.00 **Great Barrier Reef with David Attenborough** 1-3/3. Triple bill.
8.00 **Dawn to Dusk**
9.00 **Bears of the Karawank Mountains** Documentary.
10.00 **Deep in the Heart**
11.00 **In for the Kill**
12.00 M'T **Wild Crusades: The Monkey Diaries**
1.00 AM **Undiscovered Vistas**
2.00 **Bears of the Karawank Mountains** Documentary.
3.00 **Dawn to Dusk**
4.00 **to 6.00** AM **Colombia's Wild Coast**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.00 **Ancient Aliens: Secret Science**
8.00 **The Abyss: Rise & Fall of the Nazis** Documentary.
9.00 **Lost U-Boats of WWII**
10.00 **The Lost Women Spies**
11.05 **Ancient Aliens**
12.05 PM **Ancient Aliens: Secret Science** Documentary.
1.00 **Digging for Britain**
6.00 **The Proof Is Out There**
7.00 **Lost U-Boats of WWII** The team locate the source of the massive magnetometer hit.
8.00 **Life After People** A look at how, in a world without humans, water would turn from life-giver to destroyer.
9.00 **The Proof Is Out There**
10.00 **History's Most Shocking**
11.00 **Ancient Aliens**
12.00 M'T **Ancient Aliens: Secret Science** Documentary.
1.00 AM **Alien Files Reopened**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **Truth Behind the Moon Landing** Triple bill.
11.00 **Alaska Mega Machines**
1.00 PM **Blowing Up History**
3.00 **How the Universe Works**
6.00 **How It's Made: Dream Cars** The crew visit the birthplace of the Porsche Panamera.
6.30 The manufacturing process behind the Peugeot RCZ R.
7.00 A visit to the birthplace of the Ariel Atom 3S.
7.30 The manufacturing process behind the Audi S8.
8.00 The Ultima Evolution.
8.30 **How Do They Do It?**
9.00 **Truth Behind the Moon Landing** Experts investigate a tragic fire onboard *Apollo1*.
10.00 Experts investigate if the Nazis were involved in the Apollo space programme.
11.00 **NASA's Unexplained Files**
1.00 AM **How the Universe Works**
4.00 **Codes and Conspiracies**
5.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Judge Rinder**
2.00 PM **Hometown Tragedy**
3.00 **Green Eyed Killers**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 NEW SERIES **Hometown Tragedy** Two siblings hear unsettling stories about their family's history.
8.30 New edition Body parts wash ashore on the Gulf Coast.
9.00 **Interview with a Killer** New edition Benjamin Delgadillo.
10.00 **Cold Case UK**
11.00 **Houses of Horror: Secrets of College Life**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interview with a Killer**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Python Hunters**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **Africa's Hunters**
4.00 **Heartland Docs**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **National Parks: USA** New edition Series highlights.
8.00 **Jaguar: Jungle Icon of Guyana** Following a young jaguar in Guyana's rainforests.
9.00 **Nicobar Islands: A Monkey's Long Tale** Exploring the Nicobar Islands in the Indian Ocean.
10.00 **Lawless Island** Troy braves the cold water on a dive to recover building materials.
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Lost Mines: Restored**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers: Reloaded**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** New discoveries lead scientists to question whether the Big Bang really happened.
1.00 PM **Mysteries at the Castle**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Lost Mines: Restored**
9.00 **Legendary Locations** Legendary locations where appearances can be deceiving.
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Engineer Bo works on a vintage model aeroplane.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Train Truckers**
1.00 PM **Train Truckers**
5.00 **The Two Ronnies** Vintage comedy sketches from Messrs Barker and Corbett, including the Drinks order and June 9th 2001 News. Plus, music by Barbara Dickson.
6.00 Vintage comedy with Messrs Barker and Corbett, including the Cricket Commentators and Chelsea Pensioners sketches.
7.00 Vintage comedy from Messrs Barker and Corbett, including Stage Directions and the Royal Society for the Prevention of Mispronunciation..
7.50 Vintage comedy sketches, including the Day After Tomorrow's World and the final part of the Phantom Raspberry Blower of Old London Town.
8.45 Vintage comedy, featuring the Opticians and You Can Say That Again sketches.
9.50 **The Two Ronnies**
5.30 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **The Big Swindle**
9.00 **Evil Lives Here**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** The repercussions of a love affair in the US Army.
1.00 PM **Evil Lives Here**
3.00 **People Magazine Investigates**
4.00 **Forbidden: Dying for Love**
5.00 **Til Death Do Us Part**
7.00 **Death by Fame** A woman and her family strike it rich, and Hollywood comes knocking to give them their own show – but not everyone wants this reality star to shine.
8.00 Baron 'Dirty' Colon goes on a reality show with an ulterior motive.
9.00 **Faking It: Tears of a Crime** A vulnerable woman disappears from a remote Scottish village.
10.00 **American Monster**
11.00 **A Body in the Basement**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **Til Death Do Us Part**
4.00 **to 6.00** AM **Death by Fame**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** A risky Triumph Spitfire.
2.00 **Ant Anstead: Born Mechanic**
3.00 **James May and the Dull Men**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Hell Roads**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Bitchin' Rides: Road to the Ridler** Following Dave Kindig as he attempts to win the coveted Don Ridler Award.
9.00 **Last Chance Garage**
10.00 **Massive Engineering Mistakes**
11.00 **Wheeler Dealers**
12.00 M'T **Bitchin' Rides: Road to...**
1.00 AM **Richard Hammond's Workshop** Accountant Kamla gives Richard a reality check.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.05 AM **Don't Let's Go to the Dogs Tonight** (2025, 15) ★★★★
7.50 **Caught Stealing** Comedy thriller. (2025, 15) ★★★★
9.40 **A Big Bold Beautiful Journey** Romance. (2025, 15) ★★★
11.35 **Wuthering Heights** As 8pm.
2.00 PM **Eddington** Western. (2025, 15, 148min) ★★★★
4.30 **Spinal Tap II: The End Continues** As 10.25pm.
6.00 **Regretting You** Drama. (2025, 12, 116min) ★★★

8.00 Wuthering Heights

8.00 **Wuthering Heights** Period drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

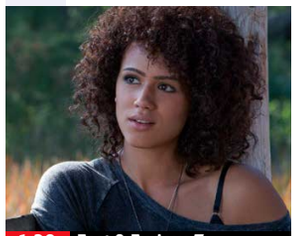
10.25 **Spinal Tap II: The End Continues** Mockumentary sequel charting the band's reunion after a 15-year break for one final concert. Stars Michael McKean, Rob Reiner and Christopher Guest. (2025, 15, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Conjuring: Last Rites** Supernatural horror thriller. (2025, 15, 135min) ★★★
2.15 AM **Weapons** Horror thriller. (2025, 18, 128min) ★★★★★
4.30 **to 6.40** AM **Roofman** Fact-based comedy drama. (2025, 15, 126min) ★★★★

Sky Cinema Fast

303 303 403 503 517

6.55 AM **Fast & Furious** (2009)
8.50 **Fast & Furious 5** As 1.50am.
11.05 **Fast & Furious 6** As 4.50am.
1.20 PM **Fast & Furious 7** Action thriller sequel with Vin Diesel. (2015, 12, 132min) ★★★★
3.40 **Fast & Furious 8** Action thriller sequel with Vin Diesel. (2017, 12, 136min) ★★★
6.00 **The Fast and the Furious** Action thriller starring Vin Diesel and Paul Walker. (2001, 15, 107min) ★★★



1.20 Fast & Furious 7

8.00 **2 Fast 2 Furious** Action thriller sequel starring Paul Walker and Tyrese. A former cop and his ex-con friend set out to clear their names by going undercover to infiltrate the world of a drugs baron. With Michelle Rodriguez. (2003, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Fast and the Furious: Tokyo Drift** Motor racing thriller starring Lucas Black and Bow Wow. After relocating to Japan, a rebellious American teenager gets involved in the local car racing scene. (2006, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Fast & Furious** Thriller. (2009, 12, 107min) ★★★
1.50 AM **Fast & Furious 5** Thriller. (2011, 12, 130min) ★★★
4.10 **Sky Cinema Preview**
4.50 **to 7.10** AM **Fast & Furious 6** Action thriller sequel. (2013, 12, 125min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.40 AM **Miss You Already** Comedy drama. (2015, 12, 112min) ★★★
8.35 **Amadeus** Historical drama. (1984, PG, 158min) ★★★★★
11.20 **May December** Drama. (2023, 15, 117min) ★★★★
1.25 PM **It Ends with Us** Drama. (2024, 15, 125min) ★★★
3.40 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper. (2018, 15, 136min) ★★★★★
6.00 **Chicago** Oscar-winning screen version of the Broadway musical. (2002, 12, 112min) ★★★★
8.00 **Nuremberg** Thriller starring Russell Crowe and Rami Malek. A US Army psychiatrist is sent to assess high-ranking Nazi prisoners to decide if they are fit for trial. With Leo Woodall. (2025, 15, 148min) ★★★★★
10.35 **Lost in Translation** Bittersweet romantic comedy drama with Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
12.20 AM **...And Justice for All** Black comedy. (1979, 15, 119min) ★★★
2.25 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
4.40 **Sky Cinema Preview**
5.20 **to 7.00** AM **Plainclothes** Thriller. (2025, 15, 95min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.05 AM **Ick** Sci-fi comedy drama. (2024, 15, 93min) ★★★
8.50 **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
10.40 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
12.25 PM **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
2.15 **Final Destination: Bloodlines** Supernatural horror thriller. (2025, 15, 110min) ★★★★
4.20 **Blade: Trinity** Comic-book adventure sequel with Wesley Snipes. (2004, 15, 113min) ★★★
6.20 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
8.00 **Annabelle** Horror spin-off from *The Conjuring*, starring Annabelle Wallis and Ward Horton. (2014, 15, 97min) ★★
9.40 **Annabelle: Creation** Horror starring Anthony LaPaglia, Samara Lee and Miranda Otto. (2017, 15, 109min) ★★★
11.35 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
1.20 AM **If You Were the Last** Sci-fi romantic comedy. (2023, 15, 92min) ★★★★
3.05 **Blade** Action adventure chiller. (1998, 18, 121min) ★★★
5.15 **to 6.55** AM **Ick** As 7.05am.

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.10 AM **Monster Trucks** Fantasy. (2016, PG, 104min) ★★★
8.00 **Sketch** As shown at 11.50pm.
9.40 **Dragon Rider** As 4.50am.
11.15 **Stuart Little** (1999) ★★★★★
12.50 PM **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
2.25 **Spider-Man: Into the Spider-Verse** (2018) ★★★★★
4.25 **Shrek the Third** Animation. (2007, U, 88min) ★★★★
6.00 **Jumanji: Welcome to the Jungle** (2017, 12) ★★★★

6.00 Jumanji

8.05 **Jumanji: The Next Level** Fantasy adventure sequel starring Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. Players of the rebooted Jumanji return and attempt to rescue one of their own. (2019, 12, 123min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **My Penguin Friend** Drama starring Jean Reno. A fisherman finds a friend in a lost penguin, and after taking the bird under his wing, he finds a new sense of joy. (2024, PG, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
1.30 AM **Rebellious** Animation. (2024, PG, 94min) ★★★
3.10 **Penguins of Madagascar** Animated family comedy. (2014, U, 88min) ★★★★
4.50 **to 6.30** AM **Dragon Rider** Animation. (2020, PG) ★★★

Sky Cinema Action

306 306 407 507 521

7.55 AM **Transformers: Age of Extinction** Adventure sequel. (2014, 12, 166min) ★★★
10.40 **Transformers: The Last Knight** Sci-fi adventure sequel. (2017, 12, 155min) ★★
1.15 PM **Bumblebee** *Transformers* prequel. (2018, PG) ★★★★
3.20 **Bullet Train** Comedy thriller. (2022, 15, 127min) ★★★★
5.30 **Spider-Man: No Way Home** Fantasy adventure sequel. (2021, 12, 148min) ★★★★

10.15 Shazam!

8.00 **Superman** Fantasy adventure starring David Corenswet. One of the last survivors of the planet Krypton attempts to protect Earth from evil genius Lex Luthor. With Rachel Brosnahan and Nicholas Hoult. (2025, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Shazam!** Comedy adventure starring Zachary Levi. Youngster Billy Batson is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. (2019, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **300** Epic adventure. (2006, 15, 116min) ★★★★
2.40 **Prisoner of War** Thriller. (2025, 15, 112min) ★★★
4.45 **to 6.35** AM **Streetfighter** Martial arts action drama. (1994, 12, 102min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **Thelma** (2024, 12) ★★★★
9.20 **One More Shot** Comedy. (2025, 15, 100min) ★★★
10.55 **National Lampoon's Vacation** Comedy. (1983, 15, 95min) ★★
12.40 PM **We're the Millers** Comedy. (2013, 15, 110min) ★★★★
2.35 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
4.30 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
6.15 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★

9.50 You've Got Mail

8.00 **Bridget Jones's Diary** Romantic comedy based on the best-selling novel by Helen Fielding, starring Renée Zellweger, Colin Firth and Hugh Grant. (2001, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **You've Got Mail** Romantic comedy starring Tom Hanks and Meg Ryan as two bookshop owners who hate one another in real life but are e-mail lovers in cyberspace. (1998, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Hope Springs** Comedy drama starring Meryl Streep. (2012, 12, 98min) ★★★
2.00 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
3.40 **Hostages** Comedy thriller. (2025, 15, 90min) ★★★
5.25 **to 7.15** AM **Mean Machine** Sports drama starring Vinnie Jones. (2001, 15, 99min) ★★

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **Speak No Evil** Horror. (2024, 15, 110min) ★★★★
9.05 **Inception** Sci-fi thriller. (2010, 12, 148min) ★★★★★
11.40 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
1.55 PM **The Equalizer 2** Thriller sequel with Denzel Washington. (2018, 15, 121min) ★★★
4.00 **The Girl on the Train** Thriller. (2016, 15, 107min) ★★★★
5.55 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★

5.55 Jaws

8.00 **Jaws 2** Adventure thriller sequel starring Roy Scheider and Lorraine Gary. The chief of police in the Long Island resort of Amity fears that a shark is once more in the vicinity when a mutilated whale is washed ashore. (1978, PG, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Jaws 3** Thriller sequel starring Dennis Quaid and Bess Armstrong. A terrifying great white shark makes its way to a marine theme park. (1983, 12, 99min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Patriot Games** Action thriller starring Harrison Ford, Anne Archer and Sean Bean. (1992, 15, 116min) ★★★
1.45 AM **Eye in the Sky** Thriller starring Helen Mirren. (2015, 15, 112min) ★★★★
3.30 **to 6.10** AM **The Firm** Legal thriller starring Tom Cruise. (1993, 15, 155min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Spartacus** Stanley Kubrick's spectacular epic. (1960, PG, 184min) ★★★★★
2.45 PM **Sink the Bismarck!** World War Two naval drama. (1959, b/w, U, 97min) ★★★
4.45 **Tooth Fairy** Fantasy comedy. (2010, PG, 101min) ★★★
6.50 **Central Intelligence** Action comedy starring Dwayne Johnson and Kevin Hart. (2016, 12, 107min) ★★★

6.50 Central Intelligence

Central Intelligence (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Martian** Ridley Scott's sci-fi drama starring Matt Damon and Jessica Chastain. An astronaut left stranded on Mars has to find a way to survive for years on meagre resources. With Kristen Wiig and Chiwetel Ejiofor. (2015, 12, 144min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Attack the Block** Sci-fi horror comedy starring John Boyega, Jodie Whittaker and Nick Frost. A gang of teenagers on a south London council estate repel an alien invasion. (2011, 15, 87min) ★★★★
1.35 **to 3.45** AM **Monster Hunter** Fantasy adventure starring Milla Jovovich and Tony Jaa. (2020, 12, 103min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Decades

302 302 402 502 516

6.00 AM **Tootsie** As 5.00am.
8.00 **The Witches of Eastwick**
10.05 **Weird Science** Teen fantasy comedy starring Kelly LeBrock. (1985, 12, 94min) ★★★
11.45 **Ferris Bueller's Day Off** Teen comedy with Matthew Broderick. (1986, 12, 103min) ★★★★
1.30 PM **The Naked Gun** As 1.25am.
3.00 **Uncle Buck** Comedy with John Candy. (1989, 12, 94min) ★★★

4.45 **Planes, Trains and Automobiles** Comedy starring Steve Martin. (1987, 15, 92min) ★★★★★
6.25 **The Man with Two Brains** Black comedy with Steve Martin. (1983, 15, 93min) ★★★★
8.00 **The Blues Brothers** Comedy from John Landis, starring John Belushi and Dan Aykroyd. (1980, 15, 135min) ★★★★★
10.15 **This Is Spinal Tap** Spoof documentary with Christopher Guest and Michael McKean. (1983, 15, 83min) ★★★★★

11.45 **Planes, Trains and Automobiles**
1.25 AM **The Naked Gun** Spoof. (1988, 15, 85min) ★★★★
3.00 **The Witches of Eastwick** Offbeat comedy fantasy. (1987, 18, 118min) ★★★★
5.00 **to 7.00** AM **Tootsie** Comedy. (1982, 15, 116min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.00 AM **Demolition Man** (1993)
8.00 **Jackie Chan's First Strike**
9.40 **First Knight** As 5.40pm.
12.00 NOON **Shenandoah** As 4.05pm.
2.00 PM **Demolition Man** Sci-fi thriller. (1993, 15, 114min) ★★★
4.00 **Jackie Chan's First Strike** Thriller. (1996, 12, 83min) ★★
5.40 **First Knight** Romantic mythical drama starring Sean Connery. (1995, PG, 134min) ★★★

8.00 **Jurassic Park** Steven Spielberg's monster thriller based on Michael Crichton's bestseller, starring Sam Neill. A billionaire showman creates an island leisure park populated by genetically engineered – and very dangerous – dinosaurs. (1993, PG, 127min) ★★★★★
10.10 **The Lost World: Jurassic Park** Steven Spielberg's monster adventure sequel starring Jeff Goldblum and Julianne Moore. (1997, PG, 129min) ★★★

12.25 AM **The Lost Boys** Vampire tale starring Jason Patric and Corey Haim. (1987, 15, 98min) ★★★★
2.15 **High Plains Drifter** Western. (1972, 18, 105min) ★★★★
4.05 **to 6.00** AM **Shenandoah** Western starring James Stewart. (1965, PG, 101min) ★★★★

Disney+ Cinema

305

6.00 AM **A Goofy Movie** Adventure. (1995, U, 78min) ★★
7.25 **The Many Adventures of Winnie the Pooh** Animated feature. (1977, U, 71min) ★★★
8.45 **Star Wars: Episode IV – A New Hope** Sci-fi adventure. (1977, U, 124min) ★★★★★
10.50 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi. (1980, U, 124min) ★★★★★

1.00 PM **Star Wars: Episode VI – Return of the Jedi** Sci-fi. (1983, U, 133min) ★★
3.15 **Star Wars: Episode I – The Phantom Menace** Sci-fi prequel. (1999, U, 132min) ★★★
5.35 **Star Wars: Episode II – Attack of the Clones** Sci-fi adventure. (2002, PG, 142min) ★★
8.00 **Star Wars: Episode III – Revenge of the Sith** Sci-fi. (2005, 12, 140min) ★★★★
10.20 **Solo: A Star Wars Story** Sci-fi. (2018, 12, 135min) ★★★★

12.35 AM **Deadpool & Wolverine** Superhero adventure sequel. (2024, 15, 128min) ★★★★
2.45 **Hitman: Agent 47** Action thriller. (2015, 15, 92min) ★★
4.25 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
5.55 **to 6.00** AM **Your Friend the Rat**

Movies 24

315 313 419

7.00 AM **Haul Out the Halloween** Comedy. (2025, PG, 84min) ★★
9.00 **Signs of Your Heart** Romantic comedy. (2023, PG, 89min) ★★
11.00 **Field Day** Comedy with Rachel Boston. (2023, PG, 84min) ★★
1.00 PM **For Love & Honey** Romantic comedy drama. (2024, U, 84min) ★★
3.00 **Love's Greek to Me** Romantic drama. (2023, PG, 90min) ★★

5.00 **Savoring Paris** Romantic drama. (2024, PG, 90min) ★★
7.00 **Blind Date Book Club** Romantic drama starring Erin Krakow and Robert Buckley. (2024, PG, 90min) ★★
9.00 **A Costa Rican Wedding** Romantic comedy starring Rhiannon Fish and Christopher Russell. A nurse attending her friend's wedding in Costa Rica ventures into the jungle when a monkey steals the rings. (2024, PG, 84min) ★★

11.00 **Sweet on You** Romantic comedy. (2023, PG, 85min) ★★
1.00 AM **Home Turf** Romantic comedy. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **Branching Out** Drama. (2024, PG, 90min) ★★

Movies 24+ 329 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Vise** 1/39. (S1)
6.30 **Return of a Stranger** Thriller. (1937, b/w, PG, 70min) ★★
8.00 **Glencannon** 10/39. (S1)
8.30 **Take a Letter Mr Jones** 1/6. (S1)
9.00 **Park Ranger** 1/6. (S1)
9.30 **East of Sudan** Period adventure. (1964, U, 85min) ★
11.20 **Star Performance** 21/38. (S3)
11.50 **What's On TPTV with Noel**
12.00 NOON **Sergeant Cork** 1/13. (S1)

1.05 PM **Richard the Lionheart** (S1)
1.35 **The Young Land** Western. (1959, b/w, U, 89min) ★★★
3.25 **An Inspector Calls** Drama. (1954, b/w, PG, 79min) ★★★★
5.00 **The Spaniard's Curse** Chiller. (1958, b/w, U, 79min) ★★
6.30 **The Veil** 2/12. (S1)
7.00 **The Footage Detectives**
8.00 **Bat Out of Hell** 3/5. (S1)
8.30 **Odd Man Out** Drama starring James Mason. A wounded IRA gunman seeks shelter in Belfast. (1946, b/w, PG, 110min) ★★★★★

10.50 **Body Double** Brian De Palma's thriller. (1984, 18, 109min) ★★★
1.05 AM **Gallant Journey** Biopic. (1946, b/w, U, 85min) ★★★
2.50 **The Hitch-Hiker** Thriller. (1953, b/w, 12, 75min) ★★★★
4.20 **Look at Life**
4.30 **to 5.00** AM **Honey West**

HOLIDAY MONDAY Sport

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Analysing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
2.30 **LIVE Premier League** **Chelsea v Nottingham Forest.** Coverage of the top-flight match staged at Stamford Bridge. Chelsea claimed a 3-0 win in October's reverse fixture at the City Ground. Kick-off **3.00pm**.
5.15 **LIVE SPFL** **Hearts v Rangers.** Coverage of the Scottish Premiership match between the title contenders at Tynecastle. Kick-off **5.30pm**.
7.45 **LIVE MNF** **Everton v Manchester City.** Coverage of the Premier League match staged at Hill Dickinson Stadium. City were 2-0 winners in October's reverse fixture at the Etihad Stadium. Kick-off **8.00pm**.
11.00 **Sky Sports News**
12.00 M'T **LIVE NBA Basketball** Coverage of a play-off match.
4.00 AM **LIVE NBA Basketball** Coverage of a play-off match.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Highlights**
9.00 **Ref Watch** Analysing decisions.
10.00 **Sky Sports FC**
12.00 NOON **PL Highlights** Bournemouth v Crystal Palace.
12.30 PM Wolverhampton Wanderers v Sunderland.
1.00 Action from Newcastle United v Brighton & Hove Albion.
1.30 Arsenal v Fulham.
2.00 Man United v Liverpool.
2.30 **LIVE Premier League** **Chelsea v Nottingham Forest.** Coverage of the game at Stamford Bridge. Kick-off is at **3.00pm**.
5.30 **Premier League: A Day in the Life** Chelsea's Levi Colwill.
6.00 **Ref Watch** Analysing decisions.
6.30 **LIVE MNF** **Everton v Manchester City.** Coverage of the Premier League match staged at Hill Dickinson Stadium. City were 2-0 winners in October's reverse fixture at the Etihad Stadium. Kick-off **8.00pm**.
11.00 **Ref Watch** Analysing decisions.
11.30 **Mo Salah Special**
12.00 M'T **Premier League Highlights**
1.00 AM **PL Retro** Chelsea v Liverpool.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **League One & Two Goals**
7.00 **EFL Highlights**
9.30 **WSL** Manchester City v Liverpool.
10.00 **EFL Highlights**
10.30 **EFL League One & Two Goals**
11.30 **EFL Highlights**
12.00 NOON **SPFL Highlights**
12.15 PM **EFL Greatest Games**
12.20 **WSL** Manchester City v Liverpool.
12.50 **LIVE WSL** **Aston Villa v West Ham United.** The Women's Super League game from Villa Park. Kick-off **1.00pm**.
3.00 **WSL** Manchester City v Liverpool.
3.30 **EFL League One & Two Goals**
4.30 **EFL Highlights**
5.00 **LIVE SPFL** **Hearts v Rangers.** Coverage of the Scottish Premiership match at Tynecastle. Kick-off **5.30pm**.
8.00 **Bundesliga Highlights Show**
9.00 **SPFL Highlights**
9.15 **EFL Highlights**
10.30 **Bundesliga Highlights Show**
11.30 **WSL** Manchester City v Liverpool.
12.00 M'T **Championship Retro**
2.00 AM **Edinburgh Derby**
3.00 **EFL Greatest Games**
4.00 **EFL Cup** The 2016 final.
5.00 **to 6.00** AM **1983: When Aberdeen Ruled Europe**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 action.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM **LIVE IPL** **Mumbai Indians v Lucknow Super Giants.** Coverage of the T20 match staged at Wankhede Stadium. The home side won this meeting last year by 54 runs thanks to an impressive all-round performance. Mumbai made 215-7 in their 20 overs with Ryan Rickelton leading the way with 58 from 32 balls. The Super Giants were then bowled out for 161 off the last ball of their innings as Jasprit Bumrah finished with 4-22 off his four overs.
7.00 **Best of ICC WT20**
8.00 **IPL** Gujarat Titans v Punjab Kings from Narendra Modi Stadium.
9.00 Highlights from Mumbai Indians v Lucknow Super Giants.
10.00 Sunrisers Hyderabad v Kolkata Knight Riders highlights.
11.00 Action from Mumbai Indians v Lucknow Super Giants.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A replay of Mumbai Indians v Lucknow Super Giants.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **DP World Tour Golf** Day four of the Turkish Airlines Open.
11.00 **PGA Tour Golf** Highlights.
5.00 PM **Chronicles of a Champion Golfer** Profile of Darren Clarke.
5.30 **Final Cut: The Long Game**
6.30 **PGA Tour Golf** Highlights of day four of the Cadillac Championship.
7.30 **DP World Tour Golf**
8.00 **PGA Tour Champions**
9.00 **Scotland's Greatest Golf Holes**
10.00 **PGA Tour Golf** The fourth day of the Cadillac Championship.
11.00 **PGA Tour Champions**
12.00 M'T **DP World Tour Golf**
12.30 AM **Greatest Golf Holes**
1.00 **PGA Tour Golf** Highlights.
4.00 **Legends Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
11.00 **WTA & ATP Tennis** Italian Open.
12.30 PM **ATP Tennis** Madrid Open.
2.30 **WTA & ATP Tennis** Italian Open.
4.00 **Tennis** The Madrid Open finals.
6.00 **WTA & ATP Tennis** Italian Open.
8.00 **ATP Tour This Week**
8.30 **WTA Tennis** The Madrid Open final staged at La Caja Mágica.
9.30 **ATP Tennis** Madrid Open final.
10.30 **WTA & ATP Tennis** Italian Open finals at Foro Italico in Rome.
12.30 AM **ATP & WTA Tour Classics**
2.30 **WTA & ATP Tennis** Highlights.
3.00 **to 6.00** AM **ATP & WTA Tour Classic Matches**

TNT Sports 1

410 413 521 408 430

6.00 AM **The WRC Magazine**
6.30 **Premier League Stories**
7.00 **Premier League: Big Interview**
7.30 **Premier League**
9.00 **FA Cup: The People's Story**
10.30 **Playing for Our Future: Cycling**
10.45 **Uphill Climb** The journey of the Women's Tour de France.
11.30 **Cycling** The Tour of Turkiye.
12.30 PM Tour of Romandie.
1.30 La Vuelta Femenina.
2.30 **LIVE Cycling** Coverage of the second stage of the La Vuelta Femenina, a 109.8km route from Lobios to San Cibrao das Viñas.
4.45 **Cycling** Eschborn-Frankfurt race.
5.45 **Sign Up – Into Football**
6.30 **LIVE Snooker World Championship** Coverage from the final on the 17th day of the tournament staged at the Crucible Theatre in Sheffield.
10.00 **Fight Week** UFC 328 preview.
10.30 **The WRC Magazine**
11.00 **MLB Highlights**
12.00 M'T **LIVE MLB** **New York Yankees v Baltimore Orioles.** Coverage of the American League match from Yankee Stadium. Start-time **12.05am**.
3.00 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **Snooker World Championship** The final.
8.00 **UEFA Champions League Magazine** News and action.
8.30 **UCI Mountain Bike World Series Women** Highlights of races in Yongpyong, South Korea.
10.00 **UCI Mountain Bike World Series Men** From Yongpyong.
11.30 **World Superbikes** Races staged in Balatonfokajár, Hungary.
1.00 PM **LIVE British Superbikes** Coverage of the second day of the first round of the season staged at Oulton Park in Cheshire.
6.00 **World Superbike Highlights** The fourth round in Hungary.
7.00 **UEFA Europa League & Conference League Magazine**
8.00 **The Gruppetto** Cycling news.
8.15 **Kenny Allstar's Number 1's**
8.30 **UEFA Champions League Magazine** News and action.
9.00 **Fishing: On the Bank**
10.00 **NWSL** Highlights of Orlando Pride v Washington Spirit.
11.00 Highlights from Chicago Stars v Portland Thorns.
12.00 M'T **UCI Mountain Bike World Series** From South Korea.
3.00 **to 6.00** AM **Formula E**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Another chance to see Leigh Leopards v Leeds Rhinos from 2025.
9.00 **Super League** Huddersfield Giants v Hull FC from 2025.
12.00 NOON **NFL Highlights** Kansas City Chiefs v Baltimore Ravens.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Miami Dolphins v Baltimore Ravens highlights.
4.00 **Super League Highlights**
4.45 **World Club Challenge** Wigan Warriors v Penrith Panthers.
5.00 **NFL Highlights** Action from Houston Texans v Buffalo Bills.
6.00 **NBC's Pro-Football Talk**
8.00 **Women's State of Origin** New South Wales v Queensland from McDonald Jones Stadium.
9.00 **NBA Basketball** Brooklyn Nets v Minnesota Timberwolves replay.
11.00 **NBA on Fire** News and highlights.
11.30 **NFL Bitesize Highlights** Seattle Seahawks v San Francisco 49ers.
11.45 Highlights of New England Patriots v Houston Texans.
12.00 M'T **LIVE NBA Basketball** Coverage of a play-off match.
4.00 AM **LIVE NBA Basketball** Coverage of a play-off match.
5.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** A look back over the big refereeing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
5.00 **LIVE Baller League** Coverage from the UK-based version of the six-a-side football league staged at Copper Box Arena in London. Each match will consist of two halves that are 15 minutes long, and the last three minutes of each half will be played under 'gamechanger rules' such as 'threeplay', which will see the teams reduced to three-a-side.
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Highlights from the archives, including Gillingham v Manchester City in the 1998/99 Second Division play-off final, Bolton Wanderers v Watford in the 1998/99 First Division play-off final, and Bolton Wanderers v Preston North End in 2000/01.
2.30 AM **LIVE NBA Basketball** Coverage of a play-off match.
5.30 **to 6.00** AM **Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Madrid Open final.
8.00 **Formula 1** Miami Grand Prix.
9.00 **British GT Championship**
10.00 **Formula 1** Miami Grand Prix.
11.00 **WTA Tennis** Madrid Open final.
11.55 **IPL** Highlights from a match.
12.50 PM **LIVE WSL** **Aston Villa v West Ham United.** The Women's Super League game at Villa Park. The reverse fixture back in October saw Villa score two quick-fire second-half goals thanks to Kirsty Hanson and Lynn Wilms, as they came away from Chigwell Construction Stadium with a 2-0 win. Kick-off **1.00pm**.
3.00 **Ladies European Tour Golf**
4.00 **WTA Tennis** Madrid Open final.
5.00 **LIVE Baller League** Coverage from Copper Box Arena, London.
11.00 **IPL** Recent T20 highlights.
12.00 M'T **The Insiders** NFL news.
1.00 AM **NBA Basketball**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **IPL**

TNT Sports 3

413 415 523 410 432

6.00 AM **Serie A** Italian football.
8.00 **Formula E Highlights**
10.00 **The WRC Magazine**
10.30 **UEFA Champions League**
10.45 **Snooker World Championship**
12.45 PM **LIVE Snooker World Championship** Coverage of the final from the Crucible Theatre in Sheffield.
4.00 **WRC Magazine** Rally Portugal.
4.30 **MLB Highlights** Baseball action.
5.30 **IFSC Climbing World Series Highlights** From Keqiao, China.
6.30 **LIVE Snooker World Championship** Further coverage of the final from the Crucible Theatre in Sheffield.
10.00 **Cycling** Highlights of races.
1.00 AM **Global Champions Tour**
2.00 **The Football Archives**
3.00 **Women's Cycling**
4.00 **Fight Week** UFC 328 preview.
4.30 **Champions League Highlights**
5.30 **to 6.00** AM **Europa League & Conference League Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Collingwood v Hawthorn.
7.30 A chance to see Western Bulldogs v Hawthorn Hawks.
9.00 Another chance to see Adelaide Crows v Port Adelaide.
10.30 Essendon v Brisbane Lions.
12.00 NOON **Global Champions Tour** The third round in Shanghai.
1.00 PM **MLB Highlights**
2.00 **ABB FIA Formula E World Championship Highlights** Action from the Berlin e-Prix.
4.00 **Serie A** FC Como v Napoli.
5.00 Inter Milan v Parma.
6.00 **LIVE Ultimate Pool** Coverage of Group Seven of the Pairs Cup.
9.30 **AFL** Another chance to see Collingwood v Hawthorn.
11.00 A chance to see Western Bulldogs v Hawthorn Hawks.
12.30 AM Another chance to see Adelaide Crows v Port Adelaide.
2.00 Essendon v Brisbane Lions.
3.30 **Champions League Magazine**
4.00 **to 6.00** AM **Women's FA Cup**

Premier Sports 1

419 551

6.00 AM **Motorsport** Drew Gibson.
7.00 **European Le Mans Series**
8.00 **NHL Ice Hockey** Another chance to see a match from the play-offs.
10.00 **LaLiga** Villarreal v Levante.
12.00 NOON **SPFL** Another chance to see Livingston v Aberdeen.
2.00 PM **NHL Tonight**
3.00 **European Le Mans Series** Highlights from Barcelona.
4.00 **LaLiga** Real Betis v Real Oviedo.
6.00 Espanyol v Real Madrid.
7.55 **LIVE LaLiga** **Sevilla v Real Sociedad.** The Spanish top-flight match staged at Estadio Ramón Sanchez Pizjuán. Kick-off **8.00pm**.
10.00 **Football's Greatest**
10.30 **Sporting Countdowns**
11.00 **NHL Tonight** Top 20 centers.
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **NHL: This is Hockey**
3.30 **Sporting Greats**
4.00 **to 6.00** AM **Top 14 Rugby Union**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **LaLiga** Celta Vigo v Elche.
8.30 **NASCAR O'Reilly Series**
11.30 **Motorsport** Valentino Rossi.
12.00 NOON **Eredivisie** A replay of AZ Alkmaar v FC Twente.
2.00 PM **Bike World** Magazine.
2.30 **Challenge Cup** Another chance to see Ulster v Exeter Chiefs.
4.30 **Champions Cup** Another chance to see Bordeaux Begles v Bath.
6.30 **Champions Cup** Another chance to see Leinster v Toulon.
8.30 **NHL: This is Hockey**
9.00 **Football's Greatest** The finest players discuss their careers.
9.30 **Challenge Cup** Another chance to see Montpellier v Dragons.
11.30 **Brasileiro Serie A** A chance to see Mirassol v Corinthians.
1.30 AM **Football's Greatest**
2.00 **Temples of Sport**
2.30 **NHL: This is Hockey**
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Miami Grand Prix.
10.30 **Ted's Notebook**
11.00 **F1 Features**
11.30 **Formula 1** Miami Grand Prix.
12.00 NOON **Formula 1** The Miami Grand Prix practice session.
1.15 PM The Miami Grand Prix sprint qualifying session in Florida.
2.15 **Formula 1** Highlights from the Miami Grand Prix sprint race.
3.15 **Ted's Notebook**
3.45 **Oscar Piastri Drives a V8**
4.00 **Formula 1** A replay of the Miami Grand Prix qualifying session.
6.00 **Ted's Notebook**
6.30 **F1 Features**
6.50 **Formula 1** Season highlights.
7.00 **Formula 1** Miami Grand Prix.
9.15 **Ted's Notebook**
9.45 **F1 Features**
10.00 **GT World Challenge Europe**
2.00 AM **F1 Explained**
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

5 May

Evening Planner

Cookery

Jamie's Ultimate BBQ

C4, 8pm

If you've got plans for a barbecue for the next bank holiday weekend, Jamie Oliver provides some helpful grilling guidance.

Documentary

Bear Grylls Is Running Wild

Sky One, 9pm

The explorer sets off on wilderness adventures with A-listers, starting with Oscar-winner Matthew McConaughey.

Documentary

This Is a Bomb: The Nevada Casino Heist

BBC2, 9.45pm (box set, BBC iPlayer)

Documentary series about a man's plot to extort $3million from a Nevada casino.

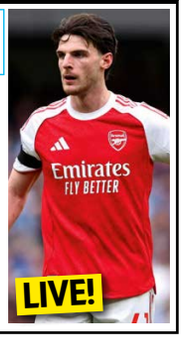
OnDemand

prime

Champions League: Semi-final 2nd Leg

Kick-off 8pm

Arsenal host Athléti at the Emirates for the semi-final decider.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Interior Design Masters with Alan Carr		9.00 MasterChef		10.00 News; Local News	10.40 Half...
	102 BBC2	7.00 Grand Tours of...	7.30 Planet Earth II			9.00 QI XL	9.45 This Is a Bomb: Nevada...		10.30 Newsnight
	103 ITV1	7.00 The Martin Lewis Money Show Live...		8.00 Emmerdale	8.30 Coronation...	9.00 Secret Service		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Jamie's Ultimate BBQ		9.00 Virgin Island		10.00 Gordon Ramsay's Secret Service	
	105 5	7.00 Cheshire: Britain's Most Scenic Counties		8.00 Reuben Owen: Life in The Dales		9.00 Number One Fan		10.00 Fare Dodgers: At War with the Law	
	106 SKY ONE	7.00 The Simpsons		8.00 The Dyers' Caravan Park		9.00 Bear Grylls Is Running Wild		10.00 Never Mind the Buzzcocks	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Race Across the World		9.00 Better Date than Never		10.05 Interior Design Masters with...	
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Keeping Up...	8.30 Sorry!	9.00 A History of Britain by Simon Schama		10.00 Berlusconi: Condemned to Win	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 The Real Housewives of Cheshire		10.00 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Bill Bailey's Australian Adventure		10.00 Bill Bailey Live: Part Troll	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Celebs Go Dating		10.05 Gogglebox	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 The Rookie		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	‹ 6.30 Dune: Prophecy				9.00 Prisoner		10.00 Atomic	
	110 U&GOLD	7.20 Dad's Army		8.00 Open All Hours		9.20 Not Going Out			10.40 Open...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 DCI Banks	
	120 ITV4	7.00 FIFA World Cup Preview Show		8.00 World Superbike Highlights		9.00 Film: Licence to Kill			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Con Air			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 'Allo 'Allo!				10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise				10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Thomas Hardy: Fate, Exclusion and...		9.00 National Theatre Live: Much Ado About Nothing			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 999 Rescue Squad		10.00 The Mormons Are Coming	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Gold Rush			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Bear Woman		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler's Death Army: Das Reich				10.00 Hitler's Last Stand	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Invasion: The Normans		9.00 Britain's Murder Map with Vicky...		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 The Blue Planet		8.00 Bangers & Cash				10.00 Planet Earth III	
	114 SKY DOCS	7.00 The Man Who Bought Cricket		8.00 Mind Over Murder					
FILMS – Sky Cinema	301 PREMIERE	‹ 6.30 Spinal Tap II: The End Continues		8.00 Wuthering Heights					10.25 Weapons
	302 DECADES	‹ 6.30 This Is Spinal Tap		8.00 Trading Places				10.00 See No Evil, Hear No Evil	
	303 FAST	‹ 6.00 Fast & Furious		8.00 Fast & Furious 5					10.15 Fast & Furious 6
	304 FAMILY	‹ 6.00 The Golden Compass		8.05 The Boss Baby			9.50 Madagascar: Escape 2 Africa		
	306 ACTION	‹ 6.00 300		8.00 Gladiator II					10.30 The Mummy...
	307 GREATS	‹ 5.50 Batman		8.00 Batman Returns				10.10 The Mummy	
	308 COMEDY	‹ 6.10 Role Models		8.00 Bridget Jones: The Edge of Reason				10.00 Gremlins	
	309 THRILLER	‹ 6.00 Ocean's Eleven		8.00 Ocean's Twelve					10.15 Ocean's Thirteen
	310 DRAMA	‹ 5.40 Molly's Game		8.00 Terms of Endearment					10.15 The Brutalist
	311 SCI-FI	‹ 6.05 Annabelle: Creation		8.00 Interstellar					
	305 DISNEY+ CINEMA	‹ 6.50 National Treasure				9.00 Alien: Romulus			
	313 FILM4	‹ 6.45 The Monuments Men				9.00 Kingsman: The Golden Circle			
SPORT	401 MAIN EVENT	7.00 Sports Centre						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Review		8.00 PL Highlights	8.30 MNF Hlts	9.00 Netbusters	9.30 Big Interview	10.00 PL Review	
	403 FOOTBALL	7.15 EFL Highlights		8.00 Bundesliga Highlights Show		9.00 EFL Highlights	9.30 EFL Goals		10.30 SPFL Round-Up
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 UEFA Magazine	7.30 The Cycling...	8.00 British Superbikes Highlights		9.15 PL Reload	9.45 Sign Up – Into Football		10.30 UEFA Magazine
	411 TNT SPORTS 2	‹ 5.30 Snooker World Championship		8.00 The Breakdown	8.30 MLB Highlights		9.30 Fight Week	10.00 UFC	

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

SUBSCRIPTION OFFER: SAVE 46%
Simply visit: magazinesdirect.com/DN95W
*Terms & conditions: magazinesdirect.com/terms.

Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition A Doncaster barber who is being scammed while at work. (S)
2.30 **Attenborough and the Giant Sea Monster** The discovery of the skull of a giant pliosaur. (S)(R)(AD)
3.30 **Escape to the Country** (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** By the Labour Party. (S)

8.00 Interior Design Masters

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Nicola is forced to come clean to George, while Ian makes a rash decision after being humiliated by Oscar. (S)(AD)

8 PM

8.00 **Interior Design Masters with Alan Carr** New edition 3/8. The designers team up to create uplifting spaces at a London homelessness charity, and Dara Ó Briain pops by to check out the new rooms. (S)(AD)

9 PM

9.00 **MasterChef** New edition 8/21. Six more home cooks put themselves in the culinary spotlight in the second heat of the week, ready to show the judges that they have what it takes. (S)(AD)
■ Continues on Thursday

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Half Man** New episode 2/6. Niall invites Ruben to join him and his flatmates for freshers' week at university, but what begins with excitement ends in devastating consequences. (S1) (S)(AD)
11.40 **FILM The Silence of the Lambs** Psychological thriller starring Jodie Foster and Anthony Hopkins. Novice FBI agent Clarice Starling enlists the help of monstrous sociopath Hannibal Lecter to catch a twisted serial killer. With Scott Glenn and Ted Levine. (S)(AD) (1990, 18, 110min) ★★★★★
1.30 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Beechgrove Garden** (S)(R)
7.00 **Great Japanese Railway Journeys** Lake Shikotsu. (S)(R)(AD)
7.30 **Sign Zone: Farm 999** (S)(R)
8.00 **Sign Zone: Lost and Found in the Lakes** A lost ring. (S)(R)(AD)
8.30 **NEW SERIES Sign Zone: See Hear – Love & Dating** (S)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Double bill. (S)(R)
2.30 **Lightning** Quiz show. (S)(R)
3.00 **Clive Myrie's Caribbean Adventure** From Trinidad. (S)(R)
3.30 **Big Cats 24/7** (S)(R)(AD)
4.30 **Antiques Roadshow** (S)(R)
5.10 **Flog It!** From Hendon. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Korean Railway Journeys** New edition 2/5. Seoul. (S)(AD)

9.45 This Is a Bomb

7 PM

7.00 **Grand Tours of Scotland's Rivers** Presenter Paul Murton explores the upper reaches of the River Dee. (S)(R)
7.30 **Planet Earth II** A compilation of some of the most spectacular footage from the series, capturing wildlife from around the world on film using the latest camera technology, and revealing how they adapt to overcome the challenges posed by living in jungles, mountains, grasslands, deserts, islands and cities. (S)(R)(AD)

8 PM

9 PM

9.00 **QI XL** *Vices and Virtues:* Host Sandi Toksvig takes a look at vices and virtues with panellists Eshaan Akbar, Jo Brand, Rhys James and Alan Davies. (S)(R)
9.45 **NEW SERIES This Is a Bomb: The Nevada Casino Heist** 1/3. Documentary looking at how, in 1980, a booby-trapped bomb accompanied by a $3million ransom note terrorised a casino in Nevada. *See feature, page 21.* (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)

10 PM

11.00 **The People's Piazza: A History of Covent Garden** David Olusoga explores the history of the public space in London's West End. (S)(R)
12.30 AM **FILM Waves** Psychological drama starring Kelvin Harrison Jr, Lucas Hedges and Taylor Russell. (S) (2019, 15, 130min) ★★★★★
2.40 **Sign Zone: See Hear: Love & Dating** As 8.30am. (S)(R)
3.10 **Sign Zone: Twenty Twenty Six** 4/6. Comedy. (S1) (S)(R)(AD)
3.40 **to 6.45** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, lifestyle features and advice. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team pay a visit to Hartlepool. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** By the Labour Party. (S)
6.30 **ITV News** (S)

9.00 Secret Service

7 PM

7.00 **The Martin Lewis Money Show Live: Pensions Special** New edition The financial expert presents an edition focusing on pensions, answering viewers questions both on private and state schemes. (S)

8 PM

8.00 **Emmerdale** The court case continues with Bear giving his testimony, while Paddy is apprehensive. (S)(AD)
8.30 **Coronation Street** Lisa's questioning leads to a public arrest, and David makes a confession to Shona. (S)(AD)

9 PM

9.00 **Secret Service** Series finale 5/5. Kate sends Cyclops on an audacious mission inside Russia's secret service Moscow HQ to try to trap the MI6 mole once and for all. (S1) (S)(AD)
■ Entire series on ITVX

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Murder: Buried Alive – True Crime Presents** The story of the 1992 kidnapping of estate agent Stephanie Slater (S)(R)(AD)
11.45 **The Assembly** Stephen Fry faces a grilling from autistic and learning-disabled interviewers. (S)(R)
12.10 AM **Teleshopping**
3.00 **WhatsApp Obsession: The Murder of Stephanie Hansen** The case of a man whose obsession with his housemate turned deadly. (S)(SL)(R)(AD)
3.55 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Celebrity Sabotage** With Guz Khan. (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 16-18/26. (S4) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 14-17/24. (S1) (S)(R)
11.10 **Ramsay's Kitchen Nightmares USA** The chef tries to save New Jersey's Spanish Pavillion. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)
1.10 **Matt Baker's British Isles** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to Florida** New edition Estate agent Denise tries to sell her former family home. (S)
5.00 **Chateau DIY** New edition Donna and Paul race to waterproof their basement as river levels rise. (S)
6.00 **Sun, Sea and Selling Houses** New edition Tensions rise as a company quiz brings out Charlotte and Sophie's competitive side. (S)

10.00 Gordon Ramsay's Secret Service

7 PM

7.00 **News** (S)

8 PM

8.00 **NEW SERIES Jamie's Ultimate BBQ** 1/3. Jamie Oliver presents tips on improving grilling skills, starting with a sirloin steak cooked three different ways, and chicken Caesar salad with charred vegetables. (S)(AD)

9 PM

9.00 **Virgin Island** New edition The group confront their body insecurities as the nudity phase begins. Tegan takes a big step forward with Risdon, experiencing connection through touch like never before. (S)(AD)

10 PM

10.00 **Gordon Ramsay's Secret Service** New edition Part one of two. The chef visits a family-run seafood restaurant in Maryland that is in utter turmoil. (S)(AD)
■ Continues tomorrow
11.00 **24 Hours in A&E** (S)(R)(AD)
12.00 M'T **Emergency Helicopter Medics** Documentary. (S)(R)(AD)
12.55 AM **Wonders of the World I Can't See** (S)(SL)(R)(AD)
1.50 **Extraordinary Escapes with Sandi Toksvig** (S)(SL)(R)(AD)
2.45 **Ramsay's Kitchen Nightmares USA** From California. (S)(SL)(R)
3.35 **Big Mood** 5&6/6. (S2) (S)(R)
4.30 **Kirstie's House of Craft** (S)(R)
4.50 **Sarah Beeny's New Country Lives** Documentary. (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Sucker Punch:* 13/24. Beckett and Castle investigate the murder of a gangster. (S)(R)
3.55 **Castle** *The Third Man:* 14/24. Holidaymakers return home to discover a dead man in their daughter's bed. (S2) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition The Screech Owl Sanctuary and Animal Park in Cornwall. (S)
6.05 **Susan Calman's Grand Day Out** From Cornwall. (S)(R)
6.55 **News** (S)

8.00 **Life in the Dales**

7.00 **Cheshire: Britain's Most Scenic Counties** The residents of Cheshire showcase the county's charms and landscapes, including the lively Chester Market. (S)(R)
7.55 **News** (S)

8.00 **NEW SERIES Reuben Owen: Life in The Dales** In the height of summer, Reuben Owen and the team are building a new sheep pen for a local farmer, but sinking a gate post proves trickier than expected. (S)(AD)

9.00 **Number One Fan** New episode 2/4. Rocked by Donna's claims, Lucy's head is spinning. Helped by her manager Mel, Lucy tries to regain control ahead of an awards show. (S1) (S)(AD)
■ Continues tomorrow

10.00 **Fare Dodgers: At War with the Law** Investigators go on an undercover sting in Ilford to catch a suspected fare dodger who they believe has racked up more than £3,000 in unpaid fares. (S)(R)

11.05 **Call the Bailiffs: Time to Pay Up** The work of High Court enforcement agents. (S)(R)
12.05 AM **Criminals: Caught on Camera** A bouncer is racially abused by a clubber. (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
3.40 **Friends** (S5) (S)(R)(AD)
4.30 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **David Attenborough's Galapagos** Documentary. (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 3/21. (S3) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 18/26. Travelling salesman Todd Packer moves into the Dunder Mifflin office. (S)(R) **6.30** 19/26. Michael decides to propose to Holly, and searches for an unforgettable way to pop the question. (S7) (S)(R)

9.00 **Bear Grylls Is Running Wild**

7.00 **The Simpsons** *Homer v Lisa and the Eighth Commandment:* Lisa is shocked by Homer's ploy to get illegal cable TV. (S)(R) **7.30** *Bart's Dog Gets an F:* Bart attempts to train Santa's Little Helper. (S)(R)

8.00 **The Dyers' Caravan Park** *Sell, Sell, Sell:* 3/6. Sales are still lagging at Priory Hill, so Danny and Dani hold a big open day to up the stakes and hope to finally sell their prized caravan. (S)(R)(AD)

9.00 **NEW SERIES Bear Grylls Is Running Wild** Bear takes Oscar-winning actor Matthew McConaughey on an adventure as the two traverse the secluded glacial alpine wildernesses of Norway. *See feature, page 20.*

10.00 **Never Mind the Buzzcocks** Guests Five, Sam Ryder and Natasha Bedingfield join the regulars. (S)(R)(AD) **10.45** With guests Jon Richardson, Tinie Tempah and Mimi Webb. (S)(R)(AD)

11.30 **The 'Burbs** 6/8. The cul-de-sac crew go on a mission to uncover the truth and save a neighbour whose life may be in danger. (S1) (S)(R)(AD)
12.30 AM **Grimm** 7/22. Hank and Nick encounter an urban legend in the Portland sewers. (S2) (S)(R)
1.30 **Police 24/7** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 1/24. (S3) (S)(R)
4.00 **S.W.A.T.** 3/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Border Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.40pm Scotcast (S)(R) **12.10am FILM** The Silence of the Lambs (S)(AD) (1990, 18, 110min) ★★★★★ **2.00** Weather for the Week Ahead (S) **2.05-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm Peelers: The PSNI for Real New edition (S) **11.10** Half Man New episode (S)(AD) **12.10am FILM** The Silence of the Lambs: As Scotland. **2.05-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
7.00-7.30pm Flaming Feasts (S)(R)

ITV1

As main ITV1 except:

WALES
7.00pm Coast & Country (S)(R) **7.30-8.00** Wales Decides – The Interviews New edition (S) **10.45-11.45pm** Sharp End (S)

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Heno **12.55** Bwyd Epic Chris **1.25** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Am Dro! (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ffasiwn Drefn (AD) **6.25** Darllediad Etholiadol **6.30** Cartrefi Cymru **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Llinell Las (AD) **9.45** Clwb Rygbi **10.15** Nol o'r Dibyn gyda Iolo Williams (AD) **10.45-11.50pm** Nôl i'r Gwersyll

New issue on sale today

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** Naturalist Steve Backshall searches for critters in South America. **7.30** Exploring the ocean depths in a submersible.
8.00 **Race Across the World** 5/9. At the halfway stage, the teams discover their next checkpoint lies within Zaamin National Park, Uzbekistan.
9.00 **Better Date than Never** New edition 5/6. Liv hits the beach for her first date, Charles goes sailing, and Dianne meets her first match. **9.35** Series finale 6/6. Olivia invites her date to meet the family, and Liv shares a passionate moment on the harbour.
10.05 **Interior Design Masters with Alan Carr** 2/8. The designers are challenged to turn hotel bedrooms into perfect love nests.
11.05 **Kingdom**
11.55 **Dynasties**
12.55 AM **Dynasties II**
1.55 **The Green Planet**
2.55 **to 3.55** AM **Mammals**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

7.00 PM **University Challenge** The Open University take on Newcastle University.
7.30 **Only Connect** Victoria Coren Mitchell hosts, with the Crossworders taking on Birkbeck Alumni.
8.00 **Keeping Up Appearances** Hyacinth's father goes to the register office to be married.
8.30 **Sorry!** Timothy's cousin joins the household.
9.00 **A History of Britain by Simon Schama** 2/4. The political and religious turmoil after the Civil War.
10.00 **NEW SERIES Berlusconi: Condemned to Win** 1/3. The story of how Silvio Berlusconi turned AC Milan into a powerhouse.
10.45 **Saving Venice** A look at the impact of climate change on the Italian city.
12.15 AM **Scotland's Finest – The Story of the Highland Games**
1.15 **Confucius: Genius of the Ancient World**
2.15 **to 3.15** AM **Lost Cities of the Ancients**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me Christmas** Five editions.
4.15 **Four in a Bed** The contest gets under way at Knockaloe Beg Farm on the Isle of Man. **4.50** The rivals visit The Arches on the Isle of Man. **5.20** The third visit is to The Trafford in Blackpool. **5.50** The fourth and final visit of the week is to Sheepy Lodge in Warwickshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer catch up with house-hunters who were looking for a new start.
7.55 **Kirstie and Phil's Love It or List It** The duo help a couple in Albrighton in Shropshire who are unsure whether to renovate their current home or sell up.
9.00 **Bill Bailey's Australian Adventure** 3/4. In Perth, Bill jams with a heavy metal prog rock band who won the hearts of Eurovision fans, and explores the tunnels of a convicts' gaol.
10.00 **Bill Bailey Live: Part Troll** The stand-up star performs at Hammersmith Apollo as part of his 2004 tour.
11.40 **999: On the Front Line**
1.50 **to 3.55** AM **24 Hours in A&E**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.30 **First Dates**
12.35 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **First Dates** Dating show.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Tensions rise between Sienna and Cleo.
7.30 **Married at First Sight Australia** New edition The participants meet their alternate matches.
9.00 **Celebs Go Dating** New edition Gabby Allen tries to overcome her initial reservations as she sets out on her first date.
10.05 **Gogglebox** Opinions on *The Traitors*, *This Morning* and *Lady Chatterley's Lover*.
11.05 **First Dates**
12.10 AM **Naked Attraction's Best Naughty Bits**
1.10 **Married at First Sight Australia** As 7.30pm.
2.40 **Celebs Go Dating**
3.30 **The Goldbergs**
4.35 **to 6.00** AM **Don't Tell the Bride**

UK CRIME FILES: The Cliff Top Killer TONIGHT FROM 7PM
A seemingly peaceful coastline is terrorised by a ruthless burglar-turned-killer whose decades-old murders are finally solved through modern forensic breakthroughs.

Tuesday

primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Law & Disorder**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 3&4/15. (S3)
1.00 PM **The Rookie** 5/18. The team hunt for a serial killer. **2.00** 6/18. John and Celina track down a missing girl. (S7)
3.00 **Law & Order: Criminal Intent** 22/23. A friend of Deakins becomes a murder suspect. (S4)
4.00 **Nothing to Declare**

9.00 The Rookie

7 PM

7.00 Police 24/7 A reported menacing call requires multiple police and dogs to resolve the situation.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 The Rookie New episode *Spy Games:* 12/18. The FBI and LAPD join forces on a covert sting operation to protect Bailey. (S8)

10 PM

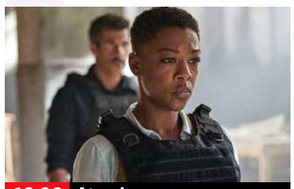
10.00 Law & Order: Special Victims Unit *Economics of Shame:* 5/22. A TV reporter becomes the victim of sextortion. (S26)
11.00 **The Rookie** 18/20. (S1)
12.00 M'T **FBI** 16&17/19. (S2)
2.00 AM **SERIES RESUMES Matlock** 9/16. (S2)
3.00 **Doc** New episode 14/22. (S2)
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** (S1)
12.00 NOON **Billions** (S4)
2.10 PM **My Brilliant Friend** (S3)
3.10 **The Young Pope** 6/9. Dussollier blames himself after a tragedy. (S1)
4.15 **Billions** 3/12. Chuck faces a threat to his new aspirations. **5.20** 4/12. Taylor considers an unexpected partner. (S4)
6.30 **Dune: Prophecy** 1/6. Valya Harkonnen works to combat a new threat. (S1)


10.00 Atomic

7.45 Dune: Prophecy *Two Wolves:* 2/6. Desmond makes a confession, Tula enlists Lila for a vital mission, and Valya brings Theodosia to help manage the situation. (S1)

9.00 Prisoner 1/6. A prison transport officer must team up with a killer after their convoy is ambushed on the way to court. (S1)

10.00 Atomic *Baal:* 2/5. Max receives evidence that the cartel has kidnapped Laetitia and he must take the statues to Marrakech if he is to save her. (S1)
11.00 **DTF St Louis** 1/7. Clark and Floyd begin to explore a new app for extramarital affairs. **12.00** M'T 2/7. (S1)
1.05 AM **Homicide: Life on the Street** 7–9/22. (S4)
4.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.20 **Georgia and Tommy**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.10 **Real Housewives of New...**
12.05 PM **Limitless Win**
1.10 **Celebrity Catchphrase**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 The Real Housewives of...

7.00 Wheel of Fortune Graham Norton invites three new contestants to spin the wheel to try to win a possible £50,000.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 The Real Housewives of Cheshire New edition Ampika whisks the Housewives away for a country escape.

10.00 Family Guy 12/15. The guys share their dream jobs with each other. **10.30** 13/15. Meg gets a job as a lifeguard. (S22)
11.00 **Family Guy** 7/15. Lois takes Meg on a tropical holiday after winning a contest. (S22)
11.30 **American Dad!** (S13&12)
12.35 AM **Bob's Burgers** (S12)
1.30 **G'wed** 2/6. (S1)
2.00 **Plebs** 5/8. (S4)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse**
11.15 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *The Magician's Nephew:* A magician becomes the prime suspect when his assistant drops dead on stage.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Old Colonials:* Jo gets caught up in a row when she disrupts the local hunt.

6.55 Heartbeat

6.55 Heartbeat *Forget Me Not:* A man begins receiving nuisance calls after a mysterious stranger moves into the village.

8.00 Vera *The Darkest Evening:* The DCI comes across an abandoned car with a baby inside, and later tries to solve a murder when a body is found near the Stanhope family's ancestral pile.

10.00 DCI Banks *What Will Survive – Part One:* A young Estonian woman is found dead, having been buried alive.
11.00 **DCI Banks** *What Will Survive – Part Two:* The body of an older man who died of natural causes is found buried near Katrin's grave.
11.50 **Lewis** *The Mind Has Mountains.*
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.05 **Kojak**
8.10 **The Saint**
9.15 **Boon**
10.20 **The Sweeney**
11.25 **BattleBots**
12.30 PM **Magnum, PI**
1.35 **Kojak**
2.40 **The Saint**
3.45 **Boon**
4.50 **The Sweeney**
5.55 **Minder** *Three Cons Make a Mountain:* Arthur is conned into buying an East German car, a retired greyhound and a piano.

9.00 Licence to Kill

7.00 FIFA World Cup Preview Show A look ahead to the tournament. **7.30** A preview of this summer's tournament.

8.00 World Superbike Highlights Action from the fourth round of the campaign, held at Balaton Park Circuit in Hungary.

9.00 FILM Licence to Kill Spy adventure starring Timothy Dalton as British secret service agent 007. James Bond pursues a personal vendetta against a drugs baron. With Carey Lowell and Robert Davi. (1989, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **Auf Wiedersehen, Pet** *Cowboys:* New plumber Harry joins the gang. With Kevin Lloyd.
12.45 AM **The Sweeney**
1.40 **Minder**
2.35 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Sportscene Premiership Play-Off** Coverage of the first-leg of the quarter-final, as the team that finished fourth in the Championship hosts the third-placed side. Kick-off is at 7.45.
10.00 **Limbs in the Loch: Catching a Killer** 5/6. Detectives make a crucial breakthrough when a new witness comes forward. **10.30** 6/6. William Beggs stands trial for the murder of Barry Wallace.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Jules and Greg's Wild Swim** 5/6. Julie Wilson Nimmo and Greg Hemphill sample the hidden rock pools and ancient waterfalls of Skye.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **Sort Of** 3&4/8. (S2)
10.00 **Avenue 5** 4&5/8. (S2)
11.15 **Will & Grace** (S10)
12.15 PM **The Rehearsal** (S1)
1.30 **Avenue 5** 4&5/8. (S2)
2.45 **Will & Grace** (S1)
3.45 **The Rehearsal** (S1)
5.00 **Community** (S6)
6.05 **Will & Grace** (S2)
7.00 **The Office (US)** 15/26. Michael goes missing. **7.30** 16/26. Andy struggles to keep his jealousy in check. (S7)
8.00 **Resident Alien** *Sexy Beast:* 6/10. The mayor hires a new doctor. (S1)
9.00 **Saturday Night Live UK** Aimee Lou Wood hosts, with music from Meek.
10.15 **Saturday Night Live**
11.45 **Resident Alien** (S1)
12.45 AM **Based on a True Story** 6–8/8. (S1)
2.25 **Community** 7/13. (S6)
3.00 **Avenue 5** 4&5/8. (S2)
4.15 **to 5.00** AM **The Rehearsal**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Yuja x Hockney at Lightroom London**
7.20 **The Joy of Painting**
7.55 **Artist of the Year**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu...**
1.00 PM **Tales of the...**
2.00 **Thomas Hardy: Fate...**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2014 – Painting Alan Cumming**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Thomas Hardy: Fate, Exclusion and Tragedy**
9.00 **NEW National Theatre Live: Much Ado About Nothing** From 2022.
11.30 **Garbo: Where Did You Go?** Documentary.
1.25 AM **The Pilgrimage of Gilbert & George**
3.25 **Up Late**
5.00 **to 6.00** AM **André Rieu: Magic of Maastricht**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 11/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *Time Squared:* 13/22. Picard sees double. (S2)
8.00 **Star Trek: Voyager** (S1)
9.00 **Fire Country** 18/22. (S1)
10.00 **FBI: International** (S2)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S1)
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **Tenable** Warwick Davis hosts as a family team of five try to answer top 10 lists questions.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Time Is Money** Quick-fire quiz show hosted by Sara Davies.
5.00 **Deal or No Deal** Janet tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Wheel of Fortune** Game show hosted by Graham Norton.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Country Lives**
10.00 **Escape to Florida**
11.00 **Sun, Sea and Selling Houses** From Almeria.
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Paul Merton: Driving Amazing Trains**
8.00 **World's Most Secret Hotels** An old jail that has been transformed into a luxury retreat.
9.00 **24 Hours in A&E**
10.00 **Salisbury Poisonings: The Untold Story**
11.00 **FILM Assassin Club** Thriller. (2023, 15) ★★
1.15 AM **Open House: The Great Sex Experiment**
2.15 **Naked Attraction**
3.15 **Taskmaster**
4.15 **Travel Man: 48 Hours in Rotterdam**
4.45 **to 4.55** AM **Sunday Brunch**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **Fantasy Island** 1&2/10. (S1)
4.00 **Stargate SG-1** 2/22. (S5)
5.00 **Star Trek: Voyager** 4/26. Chakotay gets stranded. (S4)
6.00 **Star Trek: Enterprise** 1/26. First-ever episode of the *Star Trek* spin-off, set 100 years before the original show. The *Enterprise* crew embark on their maiden voyage. (S1)

8.00 Stargate SG-1

7.00 **Stargate Atlantis** *The Rising – Part One:* 1/20. First episode of the sci-fi adventure spin-off starring Torri Higginson. (S1)
8.00 **Stargate SG-1** *Threshold:* 2/22. Part three of three. Teal'c must undergo a dangerous ritual to free his brainwashed mind. (S5)
9.00 **From** *Shatter:* 1/10. Boyd feels the town slipping away as the weather grows colder and the residents more desperate.
10.00 **From** *When We Go:* 2/10. Boyd struggles to find a path forward as the town say farewell to one of their own. (S3)
11.00 **Grimm** 3/22. Nick investigates when people start to mysteriously explode. (S3)
12.00 M'T **The Walking Dead** 10/16. The Governor restores order in Woodbury. (S3)
1.00 AM **Fantasy Island** (S1)
3.00 **The Walking Dead** (S3)
4.00 **From** As shown at 9.00pm.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries**
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 18/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S3)
2.00 **Murdoch Mysteries** (S17&18)
4.00 **The Mentalist** 18/23. (S2)
5.00 **Hudson & Rex** 14/16. Charlie interrogates criminal kingpin Rupert Mankiewicz. (S2)
6.00 **Father Brown** *The Tree of Truth:* A body is identified as a local woman who went missing seven years earlier.

7.00 Unforgettable

7.00 **Unforgettable** *Pilot:* 1/22. First episode of the crime drama starring Poppy Montgomery and Dylan Walsh. (S1)
8.00 **Death in Paradise** *Rue Morgue:* 8/8. Humphrey investigates a suspected poisoning at a retirement home. (S3)
9.00 **Death in Paradise** *In the Footsteps of a Killer:* 5/8. The team reopen a seven-year-old murder case. (S6)
10.00 **Father Brown** *The Royal Visit:* The visit of Princess Margaret to Kembleford is jeopardised when a school caretaker is found dead.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S3)
1.00 AM **Hudson & Rex** (S2)
2.00 **Murdoch Mysteries** 24/24. Murdoch attends a party thrown by a scientist. (S17)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **The Green Green Grass**
2.00 **Ever Decreasing Circles**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.00 **Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

6.40 Keeping Up Appearances

7.20 **Dad's Army** Captain Mainwaring organises a dance in an attempt to boost platoon morale.
8.00 **Open All Hours** Arkwright expands his empire by opening a mobile shop. **8.40** Granville decides to place an advert in a lonely hearts magazine.
9.20 **Not Going Out** Lee tries to prove his manliness by going on a camping trip to a spooky forest.
10.00 **Not Going Out** Lucy decides that she wants to have a baby.
10.40 **Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Not Going Out**
1.20 AM **Ever Decreasing Circles**
2.00 **Alma's Not Normal** Alma hopes to secure an audition.
2.30 **Ghosts** The ghosts are bored.
3.05 **to 4.00** AM **dinnerladies diaries**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** Quiz show.
2.00 **Mega Metro**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Si King and Dave Myers sample dishes inspired by international cuisine.
6.00 **Rick Stein's Cornwall**

2.00 Mega Metro

7.00 **Would I Lie to You?** With Micky Flanagan, Fiona Bruce, Steve Jones and Claudia Winkleman. **7.40** With Maggie Aderin, Phil Wang, Jason Watkins and Adam Woodyatt.
8.20 **Richard Osman's House of Games** With Gareth Malone and Mike Wozniak.
9.00 **Have I Got a Bit More News for You** Richard Ayoade hosts, with guests Richard Osman and Kiri Pritchard-McLean.
10.00 **QI XL** Maisie Adam, Kiri Pritchard-McLean and Jack Dee join regular panellist Alan Davies and host Sandi Toksvig.
11.00 **Frankie Boyle's New World Order** Topical comedy show.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Aisling Bea.
2.35 **Frankie Boyle's New World Order** Topical comedy show.
3.20 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** Tristan castrates a pig.
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** A clock-mender contacts the sleuth when he becomes the target of crooks.
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

8.00 'Allo 'Allo!

7.20 **Last of the Summer Wine** Nora Batty invites Compo to her bedroom, but it proves to be an entirely innocent request.
8.00 **'Allo 'Allo!** First episode of the wartime comedy starring Gorden Kaye. **8.50** Herr Flick is in the village trying to trace a valuable painting. **9.25** A case of mistaken identity prompts communist partisans to capture the airmen.
10.00 **New Tricks** *Where There's Smoke:* New evidence sheds light on the death of a criminal. Guest stars Roy Marsden.
11.05 **Dalziel & Pascoe** *Foreign Bodies:* The duo investigate a series of mysterious and seemingly unrelated deaths.
1.05 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.05 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 21-23/24. (S11)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Enemy Within:* 12/24. The team link the kidnapping of an American social worker in Syria to a US citizen. **7.00** *We Build, We Fight:* 13/24. The team investigate when a gay lieutenant is murdered. **8.00** *Cadence:* 14/24. DiNozzo investigates a murder at the military academy he once attended. (S12)
9.00 **Law & Order** *In God We Trust:* 23/24. A reformed racist and murderer hopes for a soft verdict. (S15)
10.00 **Law & Order: Special Victims Unit** (S7&6)
1.45 AM **Criminal Minds: Evolution** 4/10. (S17)
2.45 **Bull** 14/23. (S1)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition Insurers catch a serial fraudster.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A woman who collapsed at work needs to be urgently assessed.
9.00 **999: Emergency Call Out** Documentary.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **999: Criminals Caught on Camera**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Traffic Cops**
10.05 **Police Interceptors**
12.05 PM **FILM The Jayhawkers!** Western with Jeff Chandler. (1959, PG, 100min) ★★★
2.10 **FILM Stranger at My Door** Western. (1956, PG, 85min) ★
4.00 **Trucking Heavy: Massive Moves**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Officers take advantage of new facial recognition technology. **9.00** Reports come in of a cloned car.
10.00 **999: Police Hour of Duty** A woman is attacked by her daughter.
11.00 **The X-Files** 18/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete meets a puppy that needs urgent treatment for a badly broken leg.
9.00 **999 Rescue Squad** On Hull docks, the team are called in after asylum seekers are discovered in a cargo container.
10.00 **The Mormons Are Coming** Following three young missionaries through their training.
11.20 **Missing Persons Investigation**
1.15 AM **Amanda & Alan's Italian Job**
1.50 **to 3.00** AM **Louis Theroux Interviews... Bear Grylls**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **The Buildings That Fought Hitler**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **The Buildings That Fought Hitler**
6.00 **The Blue Planet** The most densely inhabited waters on Earth. **7.00** The fragile marine ecosystem of coral reefs.
8.00 **Bangers & Cash** Derek picks up a 1904 Swift. **9.00** Derek extracts a vintage car from its bizarre resting place.
10.00 **Planet Earth III**
11.00 **A Perfect Planet**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House** Anthea Turner reveals a secret talent to Angus Ashworth. **8.00** Crissy Rock gets a big surprise at auction.
9.00 **Who Do You Think You Are?** Sarah Millican finds out one of her ancestors was a diving pioneer. **10.00** Joe Sugg discovers a family link to the Great Fire of London.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Tuesday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
11.00 **Little House on the Prairie** 22&23/26. (S5)
1.00 PM **The Waltons** (S8)
3.00 **Ballykissangel** (S2)
4.10 **Down to Earth** (S3)
5.20 **Bramwell** 1/7. (S1)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 10/20. Klinger saves Winchester's life. **8.00** 11/20. Hot Lips suffers prickly heat. **8.30** 12/20. Hawkeye raises a monument. (S9)
9.00 **Brush Strokes** 7/7. Lesley's job is not working out. (S2) **9.40** 1/6. Friends and workmates are about to spring surprises on Jacko. **10.20** 2/6. Jacko goes to work for Veronica. (S4)
11.00 **Robin's Nest** (S3)
12.00 M'T **M*A*S*H** (S9)
1.30 AM **Rising Damp** (S2)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **FILM Showdown** Western drama. (1963, b/w, PG, 79min) ★★
10.55 **Tombstone Territory**
11.25 **Wanted: Dead or Alive**
11.55 **The High Chaparral**
1.55 PM **FILM The Exception** World War Two drama starring Lily James. (2016, 15, 107min) ★★★
4.05 **The Persuaders!** (S1)
5.05 **The Avengers** (S6)
7.05 **FILM Blowback** Thriller starring Randy Couture and Cam Gigandet. (2022, 15, 93min) ★★
9.00 **FILM Contract to Kill** Action adventure starring Steven Seagal. (2016, 15, 90min) ★★
11.00 **Coast Guard Alaska**
1.00 AM **The Avengers** (S6)
3.00 **FILM Seattle Superstorm** Thriller. (2012, PG, 95min) ★★
4.25 **to 6.00** AM **FILM Stonados** Disaster movie. (2013, PG, 90min) ★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Garage Sale Mysteries: All That Glitters** Crime drama. (2014, PG, 87min) ★★
10.05 **In Plain Sight** 1/13. (S4)
11.05 **Castle** 7/10. (S1)
12.05 PM **FILM Picture Perfect Mysteries: Exit Stage Death** Drama. (2020, PG, 89min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 8/10. (S1)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** 2/13. (S4)
10.00 **Hailey Dean Mysteries** *A Will to Kill:* 6/9. (S1)
11.55 **FILM Garage Sale Mystery** Crime drama. (2013, PG, 90min) ★★
1.50 AM **FILM Secrets at the Lake** Crime thriller. (2019, PG, 86min) ★★★
3.25 **to 5.00** AM **FILM I Do, or Die: A Killer Arrangement** Thriller. (2020, 12, 90min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Make Me a Match** (2023, U) ★★
10.15 **FILM Valentine Ever After** Romantic drama. (2016, PG, 84min) ★★
12.05 PM **A Fine Romance**
12.45 **FILM The Engagement Plot** Romantic comedy. (2022, PG, 87min) ★★
2.40 **FILM The Wedding Cottage** Comedy. (2023, PG, 84min) ★★
4.35 **FILM BFF Bride** Drama. (2019, PG, 77min) ★★
6.30 **A Fine Romance** (S2)
7.00 **FILM My Best Friend's Bouquet** Romance. (2020, U, 84min) ★★
8.55 **FILM Sister Dating Swap** Romantic comedy. (2023, PG, 89min) ★★
10.55 **FILM When Love Came to Town** Comedy. (2014, PG, 90min) ★★
12.55 AM **FILM Baked with a Kiss** (2022, PG) ★★
3.00 **to 5.00** AM **FILM Sister Dating Swap** (2023)

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Celebrity Coach Trip**
3.00 **Highclere: The Real Downton Abbey**
4.00 **New Home DIY**
5.00 **Country House Auction**
6.00 **Celebrity Coach Trip**
7.00 **Love Your Garden**
8.00 **Garden Rescue** Lee Burkhill, Chris Hull help a family in Derby. **9.00** Charlie Dimmock and Chris Hull transform a garden in Surrey.
10.00 **FILM Adventures of a Plumber's Mate** Comedy with Christopher Neil and Elaine Paige. (1978, 18, 88min) ★
12.00 M'T **FILM Got It Made** Coming-of-age drama. (1974, 18, 86min) ★★
1.45 AM **Musketeer**
2.00 **FILM Doomwatch** Ecological chiller. (1972, 12, 92min) ★★★
4.00 **to 5.00** AM **Love Your Garden**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** (S3)
10.30 **Hallelujah** 2/7. (S1)
11.00 **Second Thoughts** (S3)
11.30 **The Fenn Street Gang**
12.00 NOON **The Prime of Miss Jean Brodie** (S1)
1.05 PM **Boon** 3/13. (S2)
2.05 **Wish Me Luck** (S2)
3.10 **Hank the Cowboy**
3.25 **Rewind Time Machine**
3.30 **Boon** 5/13. (S5)
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 3/24. (S2)
7.05 **Danger Man** (S1)
8.05 **Hallelujah** 2/7. (S1)
8.35 **Second Thoughts** (S3)
9.05 **Drop the Dead Donkey**
10.05 **Naughty!** Documentary.
11.50 **FILM Children Shouldn't Play with Dead Things** Horror. (1973, 15, 87min) ★★
1.35 AM **Stereo Underground**
2.35 **The Rewind Jukebox**
3.35 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Mysteries of the Missing** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Captains must choose whether to risk their lives for a big payday. **8.00** A *Kodiak* crewman suffers a serious injury.
9.00 **Harpoon Hunters** As Joe fights to keep his lead, all bets are off when a legend joins the derby.
10.00 **Deadliest Catch**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Roux Down the River** From Henley.
7.00 **Rick Stein's Food...**
8.00 **The Pioneer Woman**
9.00 **Jamie's Great Britain**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry...**
1.00 **James Martin's Islands to Highlands**
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Great Britain**
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
8.30 **Mary Berry Everyday**
9.00 **Prue Leith's Cotswold Kitchen**
10.00 **24 in 24: Last Chef Standing** New edition
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 15/25. (S7)
9.00 **T.J. Hooker** 5/22. (S3)
10.00 **Six Million Dollar Man**
11.00 **FILM Magma: Volcanic Disaster** Disaster movie. (2006, PG, 87min) ★★
12.45 PM **FILM Airport** Disaster movie. (1969, PG, 137min) ★★★
3.25 **FILM Invasion of the Body Snatchers** Don Siegel's sci-fi horror chiller. (1956, b/w, PG, 80min) ★★★★★
5.00 **Star Trek** 23/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 6/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Below** Horror starring Olivia Williams. (2002, 15, 101min) ★★★
11.10 **FILM Black Sunday** Thriller with Robert Shaw. (1976, 15, 143min) ★★
2.00 **to 4.55** AM **FILM The Day of the Jackal** Thriller with Edward Fox. (1973, 15, 142min) ★★★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Monster Hunters** Adventure. (2020, 15, 88min) ★
11.00 **Andromeda** 12/22. (S1)
12.00 NOON **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
2.00 PM **FILM Martian Land** Sci-fi action drama. (2015, PG, 90min) ★
4.00 **Walker, Texas Ranger**
5.00 **FILM The Pledge** Western drama. (2008, PG, 79min) ★★★
7.00 **Andromeda** 13/22. (S1)
8.00 **The Fall Guy** 19/23. (S4)
9.00 **FILM Best of the Best** Martial arts drama starring Eric Roberts and Christopher Penn. (1989, 15, 100min) ★★
11.00 **FILM Revenge** Thriller with Matilda Lutz. (2017, 18, 108min) ★★★★
1.15 AM **FILM Best of the Best** As 9.00pm.
3.15 **FILM The Pledge** (2008)
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **Close Encounters...**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Gold Wars Downunder**
10.00 **WWE's Greatest Moments** Double bill.
11.00 **Swamp People**
12.00 M'T **Proof Is Out There**
1.00 AM **Close Encounters Down Under**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Cruising with Jane McDonald** Double bill.
10.25 **Ben Fogle: New Lives in the Wild** Double bill.
12.25 PM **Murder, She Wrote**
3.00 **Columbo**
4.55 **World's Most Scenic Railway Journeys**
5.55 **Digging Up Britain's Past** HMS *Invincible*.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Jane McDonald in Nashville** The singer and presenter explores the Tennessee capital.
10.00 **Pompeii: Life in the City with Dan Snow** Exploring the crime and violence of Pompeii.
11.00 **The Frontier**
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** Croatia.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Celebrity Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Tenable** A family of five from Leicester compete.
7.00 **The Chase Celebrity Special** With guests Dan Lobb, Jodie Prenger, Chris Packham and Jennie McAlpine.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Bill Turnbull, Jennifer Metcalfe, Alex Scott and Michael Parr.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 1/24. Howard gets caught up in a strange argument. **8.30** 2/24. Penny considers breaking up with Leonard. (S6)
9.00 **Sister Wives** New editions Kody's apology to Christine starts well but gets tense when David brings up Kody's relationships with his children. **10.00** Janelle asks her church for a spiritual release from Kody.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S6)
12.00 NOON **Michael McIntyre's The Wheel**
1.00 PM **Friends** (S7&8)
8.00 **Friends** 13/24. Chandler discovers the pleasures of a scented bath. **8.30** 14/24. Joey takes Rachel to hospital. (S8)
9.00 **FILM Con Air** Action thriller starring Nicolas Cage, John Cusack and John Malkovich. (1997, 18, 115min) ★★★★
11.15 **Jack Whitehall Live**
12.15 AM **Whose Line Is It Anyway? USA**
1.15 **South Park** (S23)
2.40 **Dara O Briain Talks Funny: Live in London**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S6)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 4.00pm.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S10)
1.00 PM **Criminally Funny**
2.30 **Breaking Dad**
3.30 **Utopia** 4/8. (S2)
4.00 **Michael McIntyre's Big Show** With Emeli Sandé, Joe Lycett and Ed Balls.
5.00 **Whose Line Is It Anyway? USA**
6.00 **Breaking Dad**
7.00 **Everybody Loves Raymond** (S6)
10.00 **Friends** (S7&8)
1.00 AM **Breaking Dad**
2.00 **Michael McIntyre's Big Show** As 4.00pm.
3.00 **Utopia** 3/8. (S2)
3.20 **Teachers** 7/20. (S2)
3.45 **Jimmy Carr's Am I the A**hole?**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
9.05 **Upstairs, Downstairs**
10.10 **Bread** 10/11. (S7)
10.50 **Steptoe and Son** (S8)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 9/15. Drama. (S3)
2.45 **Minder** 13/13. (S8)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 10/11. (S7)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.05 **Steptoe and Son** (S8)
7.20 **Whatever Happened to the Likely Lads?** (S2)
8.00 **Minder** 11/13. (S2)
9.00 **Benidorm** 1/7. (S5)
9.55 **Shameless** 18/22. (S8)
11.35 **Man About the House**
12.05 AM **Mind Your Language**
12.35 **Benidorm** 1/7. (S5)
1.35 **Minder** 2/6. (S7)
2.30 **Duty Free** 2/7. (S1)
2.50 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **FriendZone**
8.30 **Beauty and the Geek Australia** Reality series.
10.00 **Catfish: The TV Show**
11.00 **Catfish: Fiendish Friends**
12.00 NOON **Catfish: The TV Show** Double bill.
2.00 PM **Bar Rescue**
4.00 **Catfish UK** Double bill.
6.00 **Beauty and the Geek Australia** New edition
8.00 **MTV's Greatest Cribs Ever** Usher's mansion.
9.00 **Bar Rescue** New edition
10.00 **Dating Naked UK** New edition Reality show.
11.00 **Tattoo Fixers**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

5 May **Tuesday**

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** The making of scuba lights and convertible sandals. **4.30** A look at the production of woven cashmere.
5.00 **Alaska: Homestead Rescue** A widow feels overwhelmed by her large family homestead.

9.00 Gold Rush

7.00 Wheeler Dealers Mike thinks there's money to be made on a soft-top Saab 900 with a dicey clutch and woolly steering.

8.00 Wheeler Dealers Mike buys his newest ever car to create a bespoke Scooby BRZ STI.

9.00 Gold Rush Series finale Parker battles Tony in an intense showdown for the year's top gold haul, while Rick grinds at Lightning Creek and expands his operation in a bid to save his season.

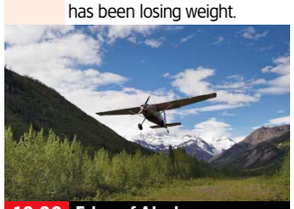
11.00 **Expedition Bigfoot** Bryce, Mireya, and Russell head to Washington after a fresh lead points to a possible gathering of Bigfoots.
12.00 M'T **Border Control: Spain**
1.00 AM **Gold Rush** As 9.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Dogs: The Untold Story**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** A failed homestead.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** Herchman discovers a woman sleeping in her car who may be under the influence of drugs.
6.00 **Dr Jeff: Rocky Mountain Vet** The vets treat a cat that has been losing weight.



10.00 Edge of Alaska

7.00 Treehouse Masters A Texas couple ask Pete Nelson to build them a ranch-style treehouse lofted in hackberry trees.

8.00 Bear Woman Ann Bryant is called in when a bear charges at a tree surgeon, and she hopes to save a cub from being put down.

9.00 Alaska: The Last Frontier It is Thanksgiving on the homestead and the Kilchers have dinner at the old Family Barn.

10.00 Edge of Alaska Jenny gets stranded with her newborn, and the pair are forced to fight for survival.

11.00 **Alaska Monsters** The team hunt for a bigfoot-like creature.
12.00 M'T **Alaska: Homestead Rescue** The Raneys try to restore a failed homestead.
1.00 AM **Air Jaws: Night Stalker**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Phoenix**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Drain the Oceans: Pacific Shockwave**
11.00 **Lost Treasures of the Bible**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** Restoring a 1974 Corvette Stingray.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Car S.O.S** Double bill.
6.00 **Hitler's Last Stand** The story of a counter-attack led by a future Hollywood star.

8.00 Hitler's Death Army

7.00 Air Crash Investigation Investigating how American Airlines Flight 587 crashed in New York City, killing 265 people.

8.00 Hitler's Death Army: Das Reich 1/2. Documentary about elite German soldiers.

9.00 Hitler's Death Army: Das Reich 2/2. German soldiers who perpetrated huge massacres on the Eastern Front.

10.00 Hitler's Last Stand A Japanese-American regiment fight through dark forests, heavy rains and entrenched Nazis.

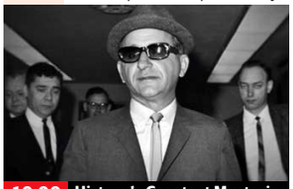
11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Border Protection Spain**
2.00 **Trafficked with Mariana Van Zeller** Documentary.
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Junk & Disorderly: Henry's Wreck-trospective**
8.45 **Dirty Old Cars**
9.15 **Pawn Stars**
10.10 **Storage Wars** Four editions.
12.00 NOON **Secrets of the Lost Liners** Documentary.
1.00 PM **History's Greatest Mysteries** The *Titanic*.
2.00 **Greatest Escapes of WWII**
6.00 **American Pickers** Robbie and Jersey get exclusive access to a former race car driver's stockpile, where they uncover rare car parts and pristine toys.



10.00 History's Greatest Mysteries

7.00 Forged in Fire The two final smiths re-create one of the most intricate weapons in history – the steel crossbow.

8.00 Invasion: The Normans 2/2. A look at how, in 1171, Henry II arrived to take control of Ireland.

9.00 Britain's Murder Map with Vicky McClure and Jonny Owen New edition The 1910 Dr Crippen case. ■ Entire series on Box Sets

10.00 History's Greatest Mysteries New edition A look at the unsolved 1975 murder of Chicago mob boss Sam Giancana.

11.00 **Mission Unexplained** A man who saw windows seemingly open on their own.
12.00 M'T **American Pickers**
12.55 AM **Forged in Fire** As 7.00pm.
1.50 **Invasion: The Normans**
2.50 **Britain's Murder Map with Vicky McClure and Jonny Owen** As shown at 9.00pm.
3.40 **History's Greatest Mysteries**
4.25 **to 6.00** AM **Storage Wars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Barbara...**
8.00 **The Directors**
9.00 **Italia 90: Four Weeks That Changed the World**
10.00 **The Man Who Bought Cricket**
11.00 **The 2000s**
12.00 NOON **The Loneliest Whale: The Search for 52**
2.00 PM **Everton: Howard's Way**
4.00 **The Directors**
5.00 **Discovering: Barbara Stanwyck** Profile of the actor.
6.00 **Italia 90: Four Weeks That Changed the World**

5.00 Barbara Stanwyck

7.00 The Man Who Bought Cricket 1/3. The story of financial fraudster Allen Stanford's plan to revolutionise cricket.

8.00 Mind Over Murder 1/6. The story of six individuals who were convicted for the 1985 murder of a 68-year-old grandmother.

9.00 Mind Over Murder 2/6. Four years after Helen Wilson's murder, investigator Burt Searcey makes a breakthrough.

10.05 Mind Over Murder 3/6. Joseph White's fight for DNA testing brings new details to light.

11.00 **I Am Luke Perry** The life and career of the actor, who became a 1990s heart-throb and pop culture icon.
12.45 AM **Rise of the Superheroes** The domination of cinema by comic book franchises.
3.00 **The Last Rider** Documentary about cyclist Greg LeMond.
5.00 **to 6.00** AM **Discovering: Barbara Stanwyck**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Gem Hunters Down Under** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Francis Bourgeois & Chris Harris: We Saved a Train** New edition Chris and Francis face lengthy wheel problems.
10.00 **Shed and Buried: Classic Cars**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes... UK**
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case with Paula Zahn** New edition
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Body Cam** New editions A stolen squad car hits a police officer and leaves him for dead. **10.00** A body found in the woods triggers a high-speed chase.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Cliff Top Killer** The story of John Cooper.
8.00 **UK Crime Files: Railway Murders** The murder of William Saunderson-Smith.
9.00 **Secrets of a Murder Detective** During the 2011 riots, Gavin Clarke is shot in West Yorkshire.
10.00 **Killers: Caught on Camera** New edition The story of Collin Turner, who was killed by his abusive wife.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: The Cliff Top Killer**
1.00 AM **UK Crime Files: Railway Murders**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Anagram Serial Killer**
9.55 **UK Crime Files: Murder of Rachel Manning**
11.00 **48 Hours** Livye Lewis.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: World's End Murders**
3.00 **UK Crime Files: Confession of Murder**
4.00 **48 Hours** Renard Spivey.
5.00 **Medical Detectives** Incriminating fibres lead investigators to the killer. **5.30** After a woman goes missing, her husband becomes the prime suspect. **6.00** Insects help to track down a killer. **6.30** Investigators hope a blood trail will lead them to a missing woman.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Fiona Holm.
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Murder Uncut**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Killer in My Village**
10.00 **Catching the Killer**
11.00 **The Real Manhunter**
1.00 AM **How I Caught the Killer** Brian McKandie.
2.00 **Killing Mum and Dad**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Digging Up Britain's Past** A wartime stable.
9.40 **Ancient Apocalypse**
10.50 **Playing to Survive: Von Cramm vs Hitler**
1.00 PM **Berlin: Stories of the City** Documentary.
2.00 **Digging Up Britain's Past** A wartime stable.
3.00 **Ancient Apocalypse**
4.10 **Playing to Survive: Von Cramm vs Hitler**
6.20 **Digging Up Britain's Past** A wartime stable.
7.25 **NEW SERIES Ancient Apocalypse** The fall of the Roman Empire.
8.35 **Playing to Survive: Von Cramm vs Hitler** Exploring the life of German aristocrat Gottfried von Cramm.
10.50 **Ancient Apocalypse**
12.00 M'T **Digging Up Britain's Past**
1.00 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

TUESDAY

Tuesday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Guardians of the Wild**
10.00 **Dogs: An Amazing Animal Family** Documentary.
11.00 **Wildlife Icons**
12.00 NOON **Moon: Nature's Secret Force** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Guardians of the Wild**
4.00 **Dogs: An Amazing Animal Family** Documentary.
5.00 **Wildlife Icons**
6.00 **Moon: Nature's Secret Force**
7.00 **Monkey Life** Double bill.
8.00 **Whale with Steve Backshall**
9.00 **Island of the Monsoon**
10.00 **Moon: Nature's Secret Force**
11.00 **Wildlife Icons**
12.00 M'T **The Hungry Games: Alaska Big Bear Challenge**
1.00 AM **Undiscovered Vistas**
2.00 **Whale with Steve Backshall**
3.00 **Island of the Monsoon**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.55 **The Abyss: Rise & Fall of the Nazis** Documentary.
8.55 **U-Boat Wargamers**
10.00 **The Lost Women Spies**
11.05 **Ancient Aliens**
1.00 PM **World War Weird**
6.00 **The Proof Is Out There**
6.55 **U-Boat Wargamers** Efforts to defeat Admiral Karl Dönitz and his Wolf Pack fleets of U-boats.
8.00 **The Lost Women Spies** The story of Britain's first female agents sent to the frontline during World War Two and spymistress Vera Atkins. **9.05** How, in the face of danger, Vera ramped up her recruitment of female agents.
10.10 **Secrets in the Dark** The discovery of 17 'fairy coffins'.
11.10 **Ancient Aliens** Double bill.
1.00 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How It's Made**
8.30 **Above and Beyond: NASA's Journey to Tomorrow**
10.00 **How the Universe Works**
11.00 **Alaska Mega Machines**
12.00 NOON **The Dino Hunters**
1.00 PM **Blowing Up History**
3.00 **How the Universe Works**
5.00 **Alien Highway**
6.00 **How It's Made: Dream Cars**
7.30 **How Do They Do It?** A look at how Parmesan cheese is made. **8.00** A look at ways to weave an authentic Turkish carpet. **8.30** Examining how the street lamps of Venice are cast.
9.00 **Incredible Engineering Blunders: Fixed** Justin Cunningham learns the truth about a landslide in Turkey. **10.00** The science behind a skyscraper melting a car.
11.00 **You Have Been Warned**
1.00 AM **How the Universe Works**
3.00 **Alien Highway**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Murder at My Door with Kym Marsh** Triple bill.
2.00 PM **Hometown Tragedy**
3.00 **I Met My Murderer Online**
3.30 **Buried in the Backyard**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Hometown Tragedy** New editions Double bill.
9.00 **Buried in the Backyard** New edition A teen disappears on her way to a concert.
10.00 **Spring Break Murders** New edition A teen goes to visit a neighbour and never returns.
11.00 **Very Scary People**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Crime in Progress** New edition
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Hostile Planet**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **National Parks: USA**
3.00 **Africa's Hunters**
4.00 **Heartland Docs**
5.00 **Snakes in the City**
6.00 **Yukon Vet** Dr Oakley travels off grid to check on a peacock.
7.00 **Secrets of the Zoo: Tampa** New edition Series highlights
8.00 **Wild Hunters** Featuring a close-up look at the remarkable lives of wolves. **9.00** The influence of the seasons on bears' bodies.
10.00 **Lawless Island** Carl's quest to find food for his new fiancée Morgan comes to a thrilling end.
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack**
1.00 AM **Something Bit Me**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Lost Mines: Restored**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers: Reloaded**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Exploring new discoveries surrounding dark matter and energy.
1.00 PM **Mysteries at the Castle**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Lost Mines: Restored**
9.00 **Legendary Locations** Josh Gates explores a treacherous island prison in Ireland.
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Blacksmith Nev tries to fix an antique tree seat.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Inside the Ambulance**
1.00 PM **Inside the Ambulance**
5.00 **Forbidden History**
7.00 **Forbidden History** A look at how the Nazis not only plundered artwork, but also searched for religious items. **8.00** A research team hope to prove they have found the remains of Noah's Ark.
9.00 **Charles I: Downfall of a King** 1/3. Lisa Hilton discovers how in just 50 days, Charles I's rule collapsed, laying the foundations for civil war and ultimately, the King's head. **10.20** 2/3. John Pym tries to pass parliamentary bills limiting the king's power. **11.40** 3/3. Lisa Hilton relates how Charles I plotted to arrest John Pym and his colleagues, accusing them of high treason – only to play right into his enemy's hands.
1.00 AM **Charles I: Downfall of a King** 1–3/3. Triple bill.
4.35 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Til Death Do Us Part**
9.00 **Evil Lives Here**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** An affair involving a married pastor that took a shocking turn.
1.00 PM **Evil Lives Here**
3.00 **People Magazine Investigates**
4.00 **Forbidden: Dying for Love**
5.00 **The Killer in My Family**
7.00 **Married with Secrets**
8.00 **Who the (Bleep) Did I Marry?** When a colonel's wife discovered her husband's startling double life, she had to choose between her own future and the good of the US military.
9.00 **A Crime to Remember** The shooting of Patricia Jones, whose body was found in a lovers' lane.
10.00 **Mother, May I Murder?**
11.00 **Evil Lives Here**
1.00 AM **Blood Relatives**
2.00 **The Killer in My Family**
4.00 **Married with Secrets**
5.00 **to 6.00** AM **Who the (Bleep) Did I Marry?**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** An eclectic mix of British and American vehicles.
2.00 **Ant Anstead: Born Mechanic**
3.00 **Massive Engineering Mistakes**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Bitchin' Rides: Road to the...**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Bitchin' Rides: Road to the Ridler** The team begin to see how difficult building a car out of aluminium by hand will be.
9.00 **Last Chance Garage**
10.00 **Massive Engineering Mistakes**
11.00 **Wheeler Dealers**
12.00 M'T **Bitchin' Rides: Road to...**
1.00 AM **Richard Hammond's Workshop** A 1950s Alvis.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **Don't Let's Go to the...**
8.25 **Spinal Tap II: The End...**
9.55 **Regretting You** Drama. (2025, 12, 116min) ★★★
12.00 NOON **Wuthering Heights**
2.25 PM **Blue Moon** Biopic. (2025, 15, 100min) ★★★★
4.10 **The Conjuring: Last Rites** Supernatural horror thriller. (2025, 15, 135min) ★★★
6.30 **Spinal Tap II: The End Continues** Mockumentary. (2025, 15, 83min) ★★★

10.25 Weapons

8.00 Wuthering Heights Period drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

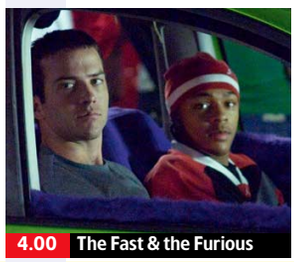
10.25 Weapons Horror starring Julia Garner. When all but one child from the same class vanish on the same night at the same time, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Eddington** Western. (2025, 15, 148min) ★★★★
3.10 **Don't Let's Go to the Dogs Tonight** Drama directed by and starring Embeth Davidtz. (2025, 15, 99min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Fast

303 303 403 503 517

7.10 AM **Fast & Furious 7** (2015)
9.35 **Fast & Furious 8** As 2.55am.
12.00 NOON **The Fast and the Furious** Action thriller. (2001, 15, 107min) ★★★
2.00 PM **2 Fast 2 Furious** Thriller sequel starring Paul Walker. (2003, 12, 108min) ★★★
4.00 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★
6.00 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★



4.00 The Fast & the Furious

8.00 Fast & Furious 5 Action thriller sequel starring Vin Diesel, Paul Walker and Jordana Brewster. A trio of car thieves assemble a crack team to steal a Rio de Janeiro drug lord's money. With Tyrese Gibson and Dwayne Johnson. (2011, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Fast & Furious 6 Action thriller sequel starring Vin Diesel, Paul Walker and Dwayne Johnson. The gang of carjackers come out of retirement to stop a criminal mastermind from building a superweapon. (2013, 12, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Fast & Furious 7** Thriller sequel starring Vin Diesel. (2015, 12, 132min) ★★★★
2.55 **Fast & Furious 8** Action thriller sequel with Vin Diesel. (2017, 12, 136min) ★★★
5.20 **to 7.15** AM **The Fast and the Furious** As 12.00noon.

Sky Cinema Drama

310 310 410 510 524

7.00 AM **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
8.25 **A Good Person** Drama. (2022, 15, 129min) ★★★★
10.45 **Plainclothes** Romantic thriller starring Tom Blyth and Russell Tovey. (2025, 15, 95min) ★★★
12.25 PM **A League of Their Own** Comedy drama with Tom Hanks, Geena Davis and Madonna. (1992, PG, 124min) ★★★★
2.35 **Horizon: An American Saga – Chapter 1** Epic Western. (2024, 15, 181min) ★★★★
5.40 **Molly's Game** Fact-based drama with Jessica Chastain and Idris Elba. (2017, 15, 137min) ★★★★
8.00 **Terms of Endearment** Oscar-winning comedy drama starring Shirley MacLaine, Debra Winger and Jack Nicholson. (1983, 15, 132min) ★★★★★
10.15 **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
1.35 AM **Turtles All the Way Down** Drama. (2024, 12, 111min) ★★★
3.30 **The Swimmer** Israeli drama. (2021, 18, 84min) ★★★
5.00 **Sky Cinema Preview**
5.35 **to 7.25** AM **The Shamrock Spitfire** Biographical drama. (2024, 12, 108min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.55 AM **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
8.55 **Beast of War** Horror thriller. (2025, 15, 87min) ★★★★
10.35 **Men in Black II** Sci-fi comedy sequel. (2002, PG, 88min) ★★★
12.20 PM **Back to the Future Part III** Comedy adventure sequel. (1990, PG, 112min) ★★★★
2.20 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
4.25 **Annabelle** Horror with Annabelle Wallis. (2014, 15, 97min) ★★
6.05 **Annabelle: Creation** Horror with Anthony LaPaglia and Samara Lee. (2017, 15, 109min) ★★★
8.00 **Interstellar** Sci-fi drama starring Matthew McConaughey, Anne Hathaway and Michael Caine. (2014, 12, 166min) ★★★★
10.50 **The Shining** Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson and Shelley Duvall. (1980, 15, 119min) ★★★★★
1.15 AM **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
2.55 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
4.40 **Sky Cinema Preview**
5.25 **to 7.30** AM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.30 AM **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
8.15 **Jumanji: The Next Level** Fantasy. (2019, 12) ★★★★
10.20 **Grow** Family comedy. (2025, PG, 107min) ★★★★
12.15 PM **Jumanji** Fantasy comedy. (1995, PG, 104min) ★★★★
2.05 **Jumanji: Welcome to the Jungle** (2017, 12) ★★★★
4.10 **The Bad Guys 2** As 1.25am.
6.00 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★

8.05 The Boss Baby

8.05 **The Boss Baby** Animated comedy featuring the voices of Alec Baldwin, Steve Buscemi and Lisa Kudrow. A youngster believes his baby brother is a tycoon sent to destroy his perfect family life. (2017, U, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Madagascar: Escape 2 Africa** Animated comedy adventure sequel featuring the voices of Ben Stiller, Chris Rock and David Schwimmer. (2008, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
1.25 AM **The Bad Guys 2** Animated adventure sequel. (2025, PG, 104min) ★★★★
3.20 **Monster Trucks** Fantasy. (2016, PG, 104min) ★★★
5.20 **to 7.20** AM **Teenage Mutant Ninja Turtles: Out of the Shadows** Adventure sequel. (2016, 12, 112min) ★★★

Sky Cinema Action

306 306 407 507 521

6.35 AM **Shazam!** Action comedy. (2019, 12, 132min) ★★★★
8.50 **Aquaman** Fantasy adventure. (2018, 12, 143min) ★★★
11.15 **Morbius** Fantasy adventure. (2022, 12, 104min) ★★
1.15 PM **Spider-Man: No Way Home** Adventure sequel. (2021, 12, 148min) ★★★★
3.45 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★
6.00 **300** Epic action adventure. (2006, 15, 116min) ★★★★

10.30 The Mummy

8.00 **Gladiator II** Historical drama sequel starring Paul Mescal. The son of a slain Roman General enters the Colosseum in an attempt to bring glory back to Rome. With Pedro Pascal, Denzel Washington, Connie Nielsen and Derek Jacobi. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **The Mummy: Tomb of the Dragon Emperor** Action adventure sequel starring Brendan Fraser, Jet Li, Maria Bello and Michelle Yeoh. (2008, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
2.30 **Streetfighter** Action drama with Jean-Claude Van Damme. (1994, 12, 102min) ★★
4.15 **to 6.00** AM **Drunken Master II** Action comedy sequel. (1994, 12, 102min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Weird Science** (1985)
9.00 **Role Models** As 6.10pm.
10.50 **Adulthood** Comedy drama. (2025, 15, 97min) ★★★
12.40 PM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
2.35 **Weird Science** Teen comedy. (1985, 12, 94min) ★★★
4.20 **Bridget Jones's Diary** Comedy starring Renée Zellweger. (2001, 15, 96min) ★★★★
6.10 **Role Models** Comedy. (2008, 15, 99min) ★★★★

2.35 Weird Science

8.00 **Bridget Jones: The Edge of Reason** Romantic comedy sequel starring Renée Zellweger, Colin Firth and Hugh Grant. Bridget gets thrown together with her caddish ex-boss on a TV assignment to Thailand. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Gremlins** Joe Dante's horror comedy about an unusual pet that spawns a horde of vicious monsters. Stars Zach Galligan and Phoebe Cates. (1984, 12, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Hangover** Dark comedy. (2009, 15, 99min) ★★★★
1.40 AM **The Hangover Part II** Comedy sequel with Bradley Cooper. (2011, 15, 101min) ★★
3.25 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
5.10 **to 6.40** AM **Am I OK?** Romantic comedy drama. (2022, 15, 86min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Head Count** Thriller. (2023, 15, 77min) ★★★
7.40 **Caddo Lake** As 2.20am.
9.30 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★
11.40 **Jaws 2** Monster thriller sequel. (1978, PG, 115min) ★★★
1.40 PM **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
3.40 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
6.00 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★

6.00 Ocean's Eleven

8.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney, Brad Pitt and Matt Damon. Danny Ocean and his gang find themselves competing with a French criminal when they try to steal $160million in Europe. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt and Matt Damon. Danny Ocean and his hand-picked gang of crooks plot their revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Icefall** Crime thriller. (2025, 15, 95min) ★★★
2.20 **Caddo Lake** Mystery thriller. (2024, 12, 99min) ★★★
4.10 **to 6.05** AM **Sew Torn** Comedy thriller starring Eve Connelly. (2024, 15, 100min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Broken Lance** Western. (1954, U, 96min) ★★★★
12.55 PM **The Bedford Incident** Adventure thriller. (1965, b/w, PG, 105min) ★★★
3.00 **Hell and High Water** Thriller. (1954, PG, 103min) ★★★
5.05 **Buchanan Rides Alone** Western. (1958, U, 78min) ★★
6.45 **The Monuments Men** Fact-based World War Two drama. (2014, 12, 118min) ★★★

6.45 The Monuments Men

The Monuments Men (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Kingsman: The Golden Circle** Comedy adventure sequel starring Taron Egerton, Colin Firth and Julianne Moore. Secret agents Eggsy and Merlin join forces with their US counterparts to bring down a psychotic femme fatale. (2017, 15, 141min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Polite Society** Action comedy starring Priya Kansara. Desperate to save her sister from her impending marriage, a budding martial artist plans a daring wedding heist. (2023, 12, 100min) ★★★★
1.55 **to 4.00** AM **Our Ladies** Comedy drama with Abigail Lawrie and Rona Morison. (2019, 15, 106min) ★★★★

+1 hour 314 430 47 301 257

Sky Cinema Decades

302 302 402 502 516

7.00 AM **Uncle Buck** Comedy. (1989, 12, 94min) ★★★
8.45 **The Big Chill** Comedy drama. (1983, 15, 115min) ★★★★
10.35 **The Man with Two Brains** Black comedy with Steve Martin. (1983, 15, 93min) ★★★★
12.15 PM **The Natural** Sports drama. (1984, PG, 137min) ★★★
2.35 **Caddyshack** Comedy. (1980, 15, 95min) ★★★
4.15 **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
6.30 **This Is Spinal Tap** Spoof. (1983, 15, 83min) ★★★★★
8.00 **Trading Places** Satirical comedy starring Dan Aykroyd and Eddie Murphy. A stuffy financier is forced to swap places with a fast-talking hustler. (1983, 15, 116min) ★★★★★
10.00 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder and Richard Pryor. (1989, 15, 107min) ★★★
11.45 **Fatal Attraction** Thriller starring Michael Douglas and Glenn Close. (1987, 15, 120min) ★★★★
1.50 AM **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
3.55 **to 6.40** AM **Amadeus** Peter Shaffer's historical drama. (1984, PG, 158min) ★★★★★

Sky Cinema Greats

307 307 404 504 518

6.00 AM **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
7.40 **The Lawnmower Man** (1992)
10.05 **Westworld** Sci-fi thriller. (1973, 15, 89min) ★★★★
11.40 **Mars Attacks!** As 12.15am.
1.30 PM **Jurassic Park** Thriller. (1993, PG, 127min) ★★★★★
3.40 **The Lost World: Jurassic Park** Steven Spielberg's thriller sequel. (1997, PG, 129min) ★★★
5.50 **Batman** Comic-book adventure. (1989, 15, 121min) ★★★★
8.00 **Batman Returns** Comic-book adventure sequel starring Michael Keaton, Michelle Pfeiffer and Danny DeVito. (1992, 12, 121min) ★★★★
10.10 **The Mummy** Action adventure starring Brendan Fraser and Rachel Weisz. In 1920s Egypt, a dashing American, an English librarian and her wastrel brother unwittingly revive an evil high priest. (1999, 15, 124min) ★★★★
12.15 AM **Mars Attacks!** Sci-fi spoof. (1996, 12, 106min) ★★★★
2.05 **Blade** Action adventure chiller. (1998, 18, 121min) ★★★
4.10 **to 6.35** AM **The Lawnmower Man** Sci-fi thriller starring Pierce Brosnan and Jeff Fahey. (1992, 15, 105min) ★★★

Disney+ Cinema

305

6.00 AM **Hannah Montana: The Movie** Teen musical comedy. (2009, U, 98min) ★★★
7.50 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
9.20 **Father of the Bride** Comedy. (1991, PG, 105min) ★★
11.05 **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
12.30 PM **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
2.10 **Pocahontas** Animation. (1995, U, 81min) ★★★
3.35 **Inspector Gadget** Adventure. (1999, U, 77min) ★★★
4.55 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
6.50 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
9.00 **Alien: Romulus** Horror thriller starring Cailee Spaeny. (2024, 15, 119min) ★★★★
11.00 **28 Weeks Later** Horror thriller sequel starring Robert Carlyle. (2007, 18, 99min) ★★★★
12.40 AM **Hitman: Agent 47** Action thriller. (2015, 15, 92min) ★★
2.20 **Aliens Vs Predator: Requiem** Sci-fi action adventure sequel. (2007, 15, 89min) ★★
4.05 **to 6.00** AM **The Princess Diaries** Comedy starring Julie Andrews. (2001, U, 115min) ★★★

Movies 24

315 313 419

7.00 AM **CrimeTime: Freefall** Mystery. (2024, PG, 90min) ★★
9.00 **Love in Whitbrooke** Romantic drama. (2021, PG, 88min) ★★
11.00 **May the Best Wedding Win** Comedy. (2023, PG, 85min) ★★
1.00 PM **A Whitewater Romance** Drama. (2024, U, 84min) ★★
3.00 **An Unexpected Valentine** Romantic comedy drama. (2025, PG, 84min) ★★
5.00 **The Dancing Detective: A Deadly Tango** Murder mystery. (2023, PG, 84min) ★★
7.00 **Sense and Sensibility** Romantic drama with Deborah Ayorinde. (2024, U, 84min) ★★
9.00 **Love & Jane** Romantic fantasy starring Alison Sweeney. A woman at a crossroads in her life receives an unlikely advisor in the shape of Jane Austen herself. (2024, PG, 84min) ★★
11.00 **Fourth Down and Love** Drama. (2023, PG, 90min) ★★
1.00 AM **Haul Out the Halloween** Comedy starring Lacey Chabert. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **You, Me, and that Mountain Retreat** Romantic comedy. (2023, PG, 86min) ★★

Movies 24+ 329 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Adventures of Jim Bowie**
6.35 **It's in the Bag** Comedy. (1944, b/w, U, 90min) ★★★
7.50 **What's On TPTV with Noel**
8.00 **Glencannon** 20/39. (S1)
8.30 **Take a Letter Mr Jones** (S1)
9.00 **Park Ranger** 2/6. (S1)
9.30 **Highly Dangerous** Comedy spy thriller. (1950, b/w, U, 85min) ★★
11.15 **Four Star Theatre** 1/31. (S2)
11.50 **Look at Life**
12.00 NOON **Sergeant Cork** (S1)
1.05 PM **Adventures of William Tell**
1.35 **Robbery Under Arms** Outback Western. (1957, PG, 99min) ★★
3.35 **That Beryl Marston!** 2/6. (S1)
4.05 **Sharon Stone: Survival Instinct**
5.10 **Sherlock Holmes: Terror by Night** Mystery. (1946, b/w, U) ★★
6.25 **Whiplash**
6.55 **The Man from UNCLE**
8.00 **The Mind of Mr JG Reeder**
9.00 **PREMIERE** **Murder in Maussane** French crime thriller. (2017, 15, 90min) ★★★
11.00 **Roadgames** Australian thriller. (1981, 15, 96min) ★★
1.05 AM **Yield to the Night** Drama. (1956, b/w, 15, 99min) ★★★★
3.05 **300 Men and a Girl**
3.30 **Target: The Corruptors**
4.30 **to 5.00** AM **The Beverly Hillbillies**

8 PM
9 PM
10 PM
11 PM

TUESDAY Sport 5 May

Tuesday

Sky Sports Main Event

401 401 501 419 439

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 10.00 **Sky Sports FC**
- 12.00 NOON **Lunchtime Live**
- 2.00 PM **Sports Desk**
- 3.00 **LIVE IPL** **Delhi Capitals v Chennai Super Kings.** Coverage of the T20 match staged at Arun Jaitley Cricket Stadium. These two sides met just the once last season with the hosts winning the game by 25 runs. The Capitals made 183-6 in their innings with KL Rahul leading the way with 77 from 51 balls. Chennai ended up falling short of their target despite Vijay Shankar hitting 69 not out from 54 balls as they could only make 158-5 after their 20 overs.
- 7.00 **Sports Centre**
- 10.00 **Sky Sports News**
- 10.30 **Back Pages Tonight** The main stories in tomorrow's newspapers.
- 11.00 **Sky Sports News** Featuring interviews and highlights.
- 12.00 M'T **LIVE NBA Basketball** Coverage of a play-off match.
- 4.00 AM **LIVE NBA Basketball** Coverage of a play-off match.
- 5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

- 6.00 AM **Premier League Highlights**
- 7.30 **SNF** Arsenal v Fulham highlights.
- 8.00 **Premier League Highlights** Bournemouth v Crystal Palace. **8.30** Manchester Utd v Liverpool. **9.00** Chelsea v Nottingham Forest staged at Stamford Bridge.
- 9.30 **MNF Hits** Everton v Manchester City at Hill Dickinson Stadium.
- 10.00 **Sky Sports FC**
- 12.00 NOON **Premier League Years**
- 2.00 PM **PL Retro** Chelsea v Liverpool from the 2002/03 season.
- 4.00 **Premier League Highlights** Chelsea v Nottingham Forest.
- 4.30 **MNF Hits** Everton v Manchester City at Hill Dickinson Stadium.
- 5.00 **The Premier League Show**
- 7.00 **Premier League Review** A look back at the weekend's action.
- 8.00 **Premier League Highlights** Chelsea v Nottingham Forest.
- 8.30 **MNF Hits** Everton v Manchester City at Hill Dickinson Stadium.
- 9.00 **Netbusters** Recent action.
- 9.30 **The Big Interview**
- 10.00 **Premier League Review**
- 11.00 **Premier League Years**
- 1.00 AM **PL Retro** Liverpool v Chelsea.
- 3.00 **PL Greatest Games**
- 4.00 **Best PL Goals 2017/18**
- 5.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

- 6.00 AM **Championship Retro**
- 8.45 **EFL Greatest Games**
- 10.00 **SPFL Greatest Games**
- 12.00 NOON **SPFL Highlights**
- 12.30 PM **Bundesliga Highlights Show**
- 1.30 **EFL League One Goals**
- 2.00 **EFL League Two Goals**
- 2.30 **WSL** Manchester City v Liverpool.
- 3.00 **SPFL Highlights**
- 3.30 **EFL Highlights**
- 4.00 **SPFL Greatest Games**
- 6.00 **EFL League One Goals**
- 6.30 **EFL League Two Goals**
- 7.00 **SPFL Round-Up**
- 7.15 **EFL Highlights** Action from Watford v Coventry City, Ipswich Town v Queens Park Rangers and Millwall v Oxford United.
- 8.00 **Bundesliga Highlights Show**
- 9.00 **EFL Highlights** Wrexham v Middlesbrough in the Championship. **9.15** Blackburn Rovers v Leicester City in the Championship.
- 9.30 **EFL League One Goals**
- 10.00 **EFL League Two Goals**
- 10.30 **SPFL Highlights**
- 11.00 **WSL** Manchester City v Liverpool.
- 11.30 **EFL Highlights**
- 12.00 M'T **Championship Retro**
- 2.00 AM **EFL Greatest Games**
- 4.00 **EFL Cup Retro** The 2017 final.
- 5.00 **to 6.00** AM **Celtic's Invincibles**

Sky Sports Cricket

405 405 505 422 442

- 6.00 AM **IPL** T20 highlights.
- 7.00 **IPL** A chance to see Mumbai Indians v Lucknow Super Giants.
- 11.15 **Best of ICC WT20**
- 12.00 NOON **IPL** T20 highlights.
- 2.50 PM **LIVE IPL** **Delhi Capitals v Chennai Super Kings.** Coverage from Arun Jaitley Cricket Stadium. These two sides met just the once last season with the hosts winning by 25 runs. The Capitals made 183-6 in their innings with KL Rahul leading the way with 77 from 51 balls. Chennai fell short of their target despite Vijay Shankar hitting 69 not out from 54 balls as they could only make 158-5 after their 20 overs.
- 7.00 **Best of ICC WT20**
- 8.00 **IPL** Highlights from Mumbai Indians v Lucknow Super Giants. **9.00** Highlights from Delhi Capitals v Chennai Super Kings. **10.00** Gujarat Titans v Punjab Kings staged in Ahmedabad. **11.00** Highlights from Delhi Capitals v Chennai Super Kings.
- 12.00 M'T **Best of ICC WT20**
- 12.30 AM **IPL** A chance to see Delhi Capitals v Chennai Super Kings.
- 4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

- 6.00 AM **Tee Time Tips**
- 7.00 **Playing Lessons** Max Homa.
- 8.00 **Best of the Open Zone 2023**
- 8.30 **Best of Women's Open Zone**
- 9.00 **School of Golf**
- 10.00 **DP World Tour Golf**
- 10.30 **PGA Tour Golf**
- 11.30 **Legends Tour Golf**
- 12.30 PM **School of Golf**
- 1.00 **Best of the Open Zone 2024**
- 2.00 **Golf Academy** Expert tips.
- 3.00 **The Improvers**
- 3.30 **Best of the Sky Zone**
- 4.30 **Mark Roe's Short Game School**
- 5.00 **The Golf Fitness Show**
- 5.30 **DP World Tour Golf**
- 6.00 **Ladies European Tour Golf**
- 7.00 **Legends Tour Golf**
- 8.00 **DP World Tour Golf**
- 8.30 **Scotland's Greatest Golf Holes**
- 9.00 **The Greatest Solheim Cup**
- 11.00 **PGA Tour Golf** Highlights.
- 12.00 M'T **PGA Champs Film 2018**
- 1.00 AM **Ryder Cup 2008 Film**
- 2.30 **DP World Tour Golf**
- 3.00 **PGA Tour Golf**
- 4.00 **School of Golf** Expert advice.
- 5.00 **to 6.00** AM **Golf Academy**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **Premier League Review**
- 7.00 **Serie A** Italian football.
- 9.00 **Premier League**
- 10.30 **UEFA Europa League & Conference League Magazine**
- 11.30 **Premier League Features**
- 1.00 PM **Kenny Allstar's Number 1's**
- 1.15 **The Gruppetto** Cycling news.
- 1.30 **Cycling** La Vuelta Femenina.
- 2.30 **LIVE Cycling** The third stage of the La Vuelta Femenina.
- 4.45 **Champions League Finals**
- 5.00 **UEFA Europa League & Conference League Magazine**
- 6.00 **Premier League Features**
- 7.00 **Champions League Magazine**
- 7.30 **The Cycling Show**
- 8.00 **British Superbikes Highlights**
- 9.00 **World Superbike Rewind**
- 9.15 **Premier League Reload**
- 9.30 **Kenny Allstar's Number 1's**
- 9.45 **Sign Up – Into Football**
- 10.30 **UEFA Europa League & Conference League Magazine**
- 11.30 **MLB Highlights**
- 1.00 AM **LIVE MLB** **Houston Astros v Los Angeles Dodgers.** Start-time **1.10am**.
- 4.00 **MLB Closer** Recent action.
- 4.30 **Fight Week** UFC 328 preview.
- 5.00 **to 6.00** AM **Formula E**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **UCI Mountain Bike World Series Women** Action from races in Yongpyong, South Korea.
- 7.30 **UCI Mountain Bike World Series Men** Highlights from Yongpyong, South Korea.
- 9.00 **World Superbike Highlights** The fourth round in Hungary.
- 10.00 **Fishing: On the Bank**
- 11.00 **NWSL** Highlights from Orlando Pride v Washington Spirit. **12.00** NOON Highlights of Chicago Stars v Portland Thorns.
- 1.00 PM **MLB Highlights**
- 2.00 **IFSC Climbing World Series Highlights** From Keqiao, China.
- 3.00 **UEFA Champions League Magazine** News and action.
- 3.30 **Global Champions Tour** The third round in Shanghai.
- 4.30 **Fishing: On the Bank**
- 5.30 **Snooker World Championship** Highlights from the 17th day.
- 8.00 **The Breakdown** Going behind the scenes at Saracens.
- 8.30 **MLB Highlights**
- 9.30 **Fight Week** UFC 328 preview.
- 10.00 **UFC** A replay of Jack Della Maddalena v Carlos Prates.
- 1.00 AM **UFC Reloaded**
- 3.30 **UFC Fight Flashback**
- 4.00 **to 6.00** AM **NWSL**

Sky Sports Action

412 410 510 426 446

- 6.00 AM **Super League** Warrington Wolves v St Helens from 2025.
- 9.00 **Women's Super League** Wigan Warriors v Leeds Rhinos.
- 12.00 NOON **NFL Highlights** Dallas Cowboys v Green Bay Packers.
- 1.00 PM **Good Morning Football**
- 3.00 **NFL Highlights** Los Angeles Chargers v Minnesota Vikings.
- 4.00 **Super League Highlights**
- 4.45 **World Club Challenge** Bitesize highlights of Wigan Warriors v Penrith Panthers from 2024.
- 5.00 **NFL Highlights** Baltimore Ravens v Cincinnati Bengals.
- 6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms discuss and debate the biggest stories from around the NFL.
- 8.00 **LIVE NBA Basketball** Coverage of a play-off match.
- 10.30 **NFL Bitesize Highlights** Seattle Seahawks v San Francisco 49ers. **10.45** Action from New England Patriots v Houston Texans.
- 11.00 **Super Bowl LX Highlights**
- 12.00 M'T **LIVE NBA Basketball** Coverage of a play-off match.
- 4.00 AM **LIVE NBA Basketball** Coverage of a play-off match.
- 5.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 10.00 **LIVE WTA & ATP Tennis** Coverage of day one of the Italian Open, a WTA 1000 and ATP 1000 clay-court event held at Foro Italico in Rome. A trio of British women were involved in the first round 12 months ago, with Emma Raducanu and Sonay Kartal both earning a place in round two thanks to victories over Maya Joint and Kimberly Birrell, but Katie Boulter suffered an early exit following a straight-set loss to Anastasia Pavlyuchenkova.
- 6.00 PM **The Premier League Show**
- 7.00 **Sports Centre** A round-up of the day's main sports news.
- 10.00 **Sky Sports News**
- 10.30 **Back Pages Tonight**
- 11.00 **Sky Sports News**
- 12.00 M'T **EFL Greatest Games** Action from the archives, including Aston Villa v Nottingham Forest from 2016, and Cardiff City v Bristol City in a Championship match from the 2016/17 season.
- 2.30 AM **LIVE NBA Basketball** Coverage of a play-off match.
- 5.30 **to 6.00** AM **Greatest Games**

Sky Sports Tennis

408 408 508 425 445

- 6.00 AM **ATP Tour This Week**
- 6.30 **WTA Tennis** Madrid Open final.
- 7.30 **ATP Tennis** Event highlights.
- 9.30 **WTA Tennis** Italian Open review.
- 10.00 **LIVE WTA & ATP Tennis** Coverage of the opening day of the WTA 1000 and ATP 1000 event, a clay-court tournament held at Foro Italico in Rome.
- 6.00 PM **WTA Tennis** Madrid Open.
- 6.30 **ATP Tennis** Madrid Open review.
- 7.30 **ATP Tour This Week**
- 8.00 **WTA & ATP Tennis** Italian Open.
- 11.00 **WTA & ATP Tennis** The Madrid Open finals at La Caja Mágica.
- 1.00 AM **ATP & WTA Tour Classics**
- 2.00 **WTA & ATP Tennis** Highlights.
- 3.00 **US Open Classic Matches**
- 4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **Formula E Highlights**
- 8.00 **The WRC Magazine**
- 8.30 **Women's Cycling**
- 9.30 **The Gruppetto** Cycling news.
- 9.45 **UEFA Europa League & Conference League Magazine**
- 10.45 **Sign Up – Into Football**
- 11.30 **What I Wore** Emmanuel Petit.
- 12.00 NOON **The Football Archives**
- 1.30 PM **World Superbike Highlights**
- 2.30 **The WRC Magazine**
- 3.00 **Formula E Highlights**
- 5.00 **Formula E Flashback**
- 5.30 **MLB Highlights**
- 6.30 **Serie A** Italian football.
- 8.30 **Champions League Finals**
- 8.45 **The WRC Magazine**
- 9.15 **The Gruppetto** Cycling news.
- 9.30 **Cycling** La Vuelta Femenina.
- 10.30 **The Cycling Show**
- 11.00 **The Muddy Roots of Football**
- 11.30 **Formula E Highlights**
- 1.30 AM **Formula E Flashback**
- 2.00 **Women's Cycling**
- 3.00 **Fishing: On the Bank**
- 4.00 **to 6.00** AM **Serie A**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **AFL** Another chance to see West Coast Eagles v Richmond. **7.30** Another chance to see Geelong Cats v North Melbourne. **9.00** Carlton v St Kilda.
- 10.30 **AFL** A chance to see Sydney Swans v Melbourne Demons. **12.00** NOON A replay of Gold Coast Suns v GWS Giants.
- 1.30 PM **UCI Mountain Bike World Series** From Yongpyong.
- 4.30 **Women's FA Cup** Highlights.
- 6.30 **NWSL** Action from Orlando Pride v Washington Spirit. **7.30** Highlights from Chicago Stars v Portland Thorns.
- 8.30 **IFSC Climbing World Series Highlights** From Keqiao, China.
- 9.30 **AFL** Another chance to see West Coast Eagles v Richmond. **11.00** Another chance to see Geelong Cats v North Melbourne.
- 12.30 AM **AFL** Three match replays.
- 5.00 **to 6.00** AM **IFSC Climbing World Series Highlights**

Premier Sports 1

419 551

- 6.00 AM **European Le Mans Series**
- 7.00 **LaLiga** Sevilla v Real Sociedad.
- 9.00 **Eredivisie Highlights**
- 10.00 **NASCAR Highlights** Action from the Würth 400 in Fort Worth.
- 11.00 **Scottish Football Social Club**
- 12.00 NOON **LaLiga Match Highlights**
- 1.30 PM **Champions Cup Show** Action from the semi-finals.
- 2.00 **NHL Tonight** Highlights.
- 3.00 **Sporting Countdowns**
- 3.30 **SPFL** Livingston v Aberdeen.
- 5.25 **Bike World** Magazine.
- 5.55 **LIVE Swedish Speedway** Coverage of an Elitserien meeting.
- 8.00 **Motorsport** Valentino Rossi.
- 8.30 **Scottish Football Social Club**
- 9.30 **LaLiga Match Highlights**
- 10.30 **Sporting Countdowns**
- 11.00 **NHL Tonight** Top 20 wingers.
- 12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
- 3.00 AM **NHL: This is Hockey**
- 3.30 **Sporting Greats**
- 4.00 **to 6.00** AM **Top 14 Rugby Union**

Premier Sports 2

420 552

- 6.00 AM **Motorsport** Valentino Rossi.
- 6.30 **NASCAR Trucks**
- 9.30 **Bike World** Magazine.
- 10.00 **NHL: This is Hockey**
- 10.30 **NHL Ice Hockey** A replay of a match from the play-off stage.
- 12.30 PM **Football's Greatest**
- 1.30 **Brasileiro Serie A** Another chance to see Palmeiras v Santos.
- 3.30 **Brasileiro Serie A** A chance to see Mirassol v Corinthians.
- 5.30 **Football's Greatest** The finest players discuss their careers.
- 6.00 **Eredivisie** Ajax v PSV Eindhoven.
- 8.00 **Eredivisie** Another chance to see AZ Alkmaar v FC Twente.
- 10.00 **LaLiga** Another chance to see Girona v Mallorca.
- 12.00 M'T **NHL: This is Hockey** The growth of ice hockey in Colombia.
- 12.30 AM **NHL Ice Hockey** Action from a match in the play-off stage.
- 2.30 **Temples of Sport**
- 3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports Mix

416 412 511 429 449

- 6.00 AM **EFL Greatest Games**
- 7.00 **PGA Tour Golf**
- 8.00 **WTA & ATP Tennis** Madrid Open.
- 10.00 **British GT Championship**
- 11.00 **PGA Tour Golf**
- 12.00 NOON **IPL** T20 highlights.
- 2.00 PM **PL Greatest Games**
- 3.00 **Premier League Darts**
- 7.00 **PGA Tour Golf** Highlights of day four of the Cadillac Championship.
- 8.00 **WTA & ATP Tennis** The Madrid Open finals at La Caja Mágica.
- 10.00 **IPL** Recent T20 highlights.
- 12.00 M'T **The Insiders** NFL news.
- 1.00 AM **NBA Basketball**
- 3.00 **EFL Greatest Games**
- 4.00 **to 6.00** AM **IPL**

Sky Sports F1

407 407 507 424 444

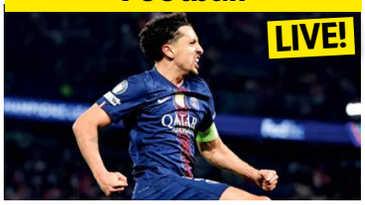
- 6.00 AM **Formula 1** Races from 2017.
- 9.00 **Ferrari Challenge Europe**
- 10.00 **Formula 1** Highlights from the Miami Grand Prix sprint race.
- 11.00 **Ted's Notebook**
- 11.30 **Formula 1** Action from the Miami Grand Prix qualifying session.
- 1.30 PM **Ted's Notebook**
- 2.00 **Formula 1** Miami Grand Prix.
- 6.30 **Ted's Notebook**
- 7.00 **Indycar** Long Beach Grand Prix.
- 8.00 **British GT Championship**
- 9.00 **GB3 Championship Highlights**
- 10.00 **Formula 1** Miami Grand Prix.
- 11.00 **Indycar** Long Beach Grand Prix.
- 12.00 M'T **Formula 1** Miami Grand Prix.
- 1.00 AM **F1 Explained**
- 2.00 **The Best of Australia & China**
- 3.00 **F1 Explained**
- 4.00 **The Best of Australia & China**
- 5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 6 May Evening Planner

Wednesday

Football



Champions League Semi-Final 2nd Leg

TNT Sports & HBO Max, k-o 8pm

Can defending champions PSG blast past Bayern Munich to make it to the final?

Comedy

Amandaland

BBC1, 9pm (box set, BBC iPlayer)

Lucy Punch returns as the wannabe influencer, in a second series of the BAFTA-nominated *Motherland* spin-off.

Documentary

Surgeons at the Edge of Life

BBC2, 9pm

A new series giving us unprecedented access to to medical staff on the frontline.

Comedy

Only Child

BBC1, 9.30pm (box set, iPlayer)

As the comedy returns, Richard (Greg McHugh, right) is roped into helping dad Ken (Gregor Fisher) save the allotments.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 The Repair Shop		9.00 Amandaland	9.30 Only Child	10.00 News; Local News	10.40 MOTD...
	102 BBC2	7.00 Iolo's River...	7.30 Blue Planet II: Oceans of Wonder			9.00 Surgeons: At the Edge of Life		10.00 Twenty...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 For the Love...	8.00 Emmerdale	8.30 Coronation...	9.00 A Taste for Murder		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Salisbury Poisonings: The Untold Story		10.00 Gordon Ramsay's Secret Service	
	105 5	7.00 The Motorway Map of Britain		8.00 Warship: Life in the Royal Navy		9.00 Number One Fan		10.00 Trauma Room One	
	106 SKY ONE	7.00 The Simpsons		8.00 Joe Lycett's United States of...		9.00 The 'Burbs			10.30 Ricky Gervais...
ENTERTAINMENT	115 BBC3		7.05 Deadly 60	7.30 Match of the Day: Women's Super League – Live: Brighton & Hove Albion v Arsenal (Kick-off 7.45)				10.00 Film: Point Break	
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Inside Porton Down: Britain's Secret...		9.00 The Ruth Ellis Files: A Very British Crime Story			10.15 Caught on a Train
	118 ITV2	7.00 Celebrity Wheel of Fortune		8.00 The 1% Club		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Grand Designs		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Celebs Go Dating		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Matlock		10.00 Doc	
	108 SKY ATLANTIC	‹ 6.30 Dune: Prophecy				9.00 The White Lotus			10.15 Euphoria
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours		9.20 Not Going Out		10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Would I Lie to You?...	8.20 Richard Osman's...		9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Grace				10.00 DCI Banks	
	120 ITV4	7.00 American Pickers		8.00 Junk & Disorderly		9.00 Film: Rocky Balboa			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Christmas Show		10.00 8 Out of 10 Cats	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 This Is Not a Murder Mystery			9.10 The Chelsea Detective		10.15 New Tricks
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise		9.00 Saint-Pierre		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Making a Maestro		9.00 Backstage with the London...		10.00 The Seventies	
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 Annika		10.00 Inside the Ambulance: Coast and...	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers						10.00 Supercar Showroom	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation: Special Report		8.00 WW2 Wrecks: Draining the Ocean		9.00 Nazi Megastructures: America's War		10.00 Erased: WWII Heroes of Colour	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Celts: The Untold Story		9.00 The Curse of Oak Island		10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 The Blue Planet		8.00 Train Truckers		9.00 Trawlermen: Hunting the Catch		10.00 Planet Earth III	
	114 SKY DOCS	7.00 The Man Who Bought Cricket		8.00 Mind Over Murder					
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 A Big Bold Beautiful Journey		8.00 Wuthering Heights					10.25 Spinal Tap II...
	302 DECADES	‹ 6.10 Batteries Not Included		8.00 The Karate Kid				10.10 The Karate Kid Part II	
	303 FAST	‹ 5.40 Fast & Furious 7		8.00 Fast & Furious 8					10.20 The Fast and the...
	304 FAMILY	‹ 6.00 Flavia	7.40 The Secret Life of Pets				9.20 How to Train Your Dragon		
	306 ACTION	‹ 5.50 xXx		8.00 Jurassic World: Rebirth					10.20 Nobody 2
	307 GREATS	‹ 5.55 Batman Forever		8.00 Batman & Robin				10.10 Enter the Dragon	
	308 COMEDY	‹ 6.05 Between the Temples		8.00 Bridget Jones's Baby				10.05 Beverly Hills Cop	
	309 THRILLER	‹ 6.00 Nightcrawler		8.00 The Bourne Identity				10.05 The Hunt for Red October	
	310 DRAMA	‹ 5.40 Joker: Folie à Deux		8.00 About a Boy			9.45 The Post		
	311 SCI-FI	‹ 6.05 Edge of Tomorrow		8.00 Mars Attacks!			9.50 Anaconda		
	305 DISNEY+ CINEMA		7.10 The Sorcerer's Apprentice			9.00 Black Swan			
	313 FILM4		7.10 Jerry & Marge Go Large			9.00 Stand by Me			
SPORT	401 MAIN EVENT	7.00 Sports Centre	7.35 Football: WSL – Live: Brighton & Hove Albion v Arsenal (Kick-off 7.45)					10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 Netbusters	8.00 PL Review		9.00 PL Stories	9.30 Netbusters	10.00 PL Review	
	403 FOOTBALL		7.05 WSL	7.35 Football: WSL – Live: Brighton & Hove Albion v Arsenal (Kick-off 7.45)				10.00 Bundesliga Highlights Show	
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Bayern Munich v Paris Saint-Germain (Kick-off 8.00)							10.30 UFC...
	411 TNT SPORTS 2	‹ 6.30 Speedway...	7.30 Discovery Golf	8.00 MLB Plays of...	8.30 MLB – Live: San Francisco Giants v San Diego Padres (Start-time 8.45)				

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

SUBSCRIPTION OFFER: SAVE 46%
Simply visit: magazinesdirect.com/DN95W
*Terms & conditions: magazinesdirect.com/terms.

Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition A flaw in the MOT system. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition A chat with a fraudster who poses as Jennifer Aniston. (S)
2.30 **Attenborough and the Sea Dragon** Examining the remains of a sea creature found on the Jurassic Coast. (S)(R)(AD)
3.30 **Escape to the Country** (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** JB Gill and Alex Jones present the topical show. (S)
7.30 **EastEnders** Walford is rife with gossip as Bea's anonymous video of Elaine gains traction online, and Ian regrets his actions. (S)(AD)

8 PM

8.00 **The Repair Shop** New edition 5/6. The team attempt to revive a cherished rocking horse, a spectacular set of conga drums, a badly damaged portrait and a logbook that played a key role in British LGBTQ+ history. (S)(AD)

9 PM

9.00 **NEW SERIES Amandaland** 1/6. Return of the comedy. *See feature, page 21.* (S2) (S)(AD)
■ Entire series on BBC iPlayer
9.30 **NEW SERIES Only Child** 1/6. Return of the comedy. *See feature, page 21.* (S2) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: Champions League** Action from the semi-final second-leg ties, featuring Arsenal v Atlético Madrid at the Emirates Stadium and Bayern Munich v Paris Saint-Germain at Allianz Arena. Arsenal and Atlético continued their bids to win this competition for the first time, while six-time champions Bayern hosted the holders. (S)
11.40 **Celebrity Bridge of Lies** Ross Kemp hosts the high-stakes celebrity quiz, with Phil Wang, Anna Williamson, Miles Jupp and Jamie-Lee O'Donnell. (S)(R)
12.25 AM **Weather for the Week Ahead**
12.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.45 AM **Bargain Hunt** (S)(R)
7.30 **Great Korean Railway Journeys** 1/5. Exploring South Korea. (S)(R)
8.00 **Sign Zone: Greatest Gardens with Diarmuid Gavin and Carol Klein** With Prue Leith. (S)(R)(AD)
8.30 **Sign Zone: See Hear – Travel Uncovered** New edition (S)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Lightning** Double bill. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **Big Cats 24/7** (S)(R)(AD)
4.30 **Antiques Roadshow** (S)(R)
5.15 **Flog It!** From Dover Castle. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Korean Railway Journeys** New edition 3/5. Michael travels from Daejeon to Busan. (S)(AD)

10.00 Twenty Twenty Six

7.00 **NEW SERIES Iolo's River Valleys** 1/4 Presenter Iolo Williams journeys through south Wales to explore the River Usk. (S)(R)
7.30 **Blue Planet II: Oceans of Wonder** Highlights from the second series of David Attenborough's documentary, journeying from the intense heat of the tropics to the planet's frozen poles and through to its unexplored depths to reveal new worlds and extraordinary never-seen-before animal behaviours. (S)(R)(AD)

9.00 **NEW SERIES Surgeons: At the Edge of Life** 1/8. Consultant gynaecologist Cameron Martin treats Laura from Edinburgh, who has stage 4 endometriosis. She has a huge cyst and a damaged kidney that need to be removed. (S)(AD)

10.00 **Twenty Twenty Six** New episode *Balls:* 5/6. Conspiracy claims about the tournament's new football cause another crisis. (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)

11.00 **Unspun World with John Simpson** A look at the week's major global news stories.(S)
11.30 **This Is a Bomb: The Nevada Casino Heist** 1/3. The 1980 heist of a casino in Nevada. (S)(R)(AD)
12.10 AM **Sign Zone: See Hear – Travel Uncovered** (S)(R)
12.40 **Sign Zone: MasterChef** (S)(R)(AD)
1.40 **Sign Zone: The Young Offenders** 5&6/6. (S5) (S)(R)(AD)
2.40 **Sign Zone: Beyond Paradise** (S)(R)
3.40 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, lifestyle features and advice. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and the team head to Leeds United Football Club, where James Layte receives a red card over some football caricatures. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 A Taste for Murder

7.30 **For the Love of Dogs with Alison Hammond** New edition At Battersea Dogs and Cats Home, Alison meets an excitable spaniel who has been living with a very serious knee issue. (S)(AD)

8.00 **Emmerdale** Jacob finally comes clean to Sarah, while Dawn makes a confession to Moira. (S)(AD)
8.30 **Coronation Street** The police question their suspect's movements. (S)(AD)

9.00 **A Taste for Murder** New episode *Torta Della Nonna (Granny's Birthday Cake):* 2/6. DCI Joe Mottram is called in when a British tourist is found dead at the foot of a cliff. (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)

11.30 **The Assembly** Nicola Sturgeon faces the grilling of her life from a cast of autistic and learning-disabled interviewers. (S)(R)
12.00 M'T **Teleshopping**
3.00 AM **Tonight: Holiday Havoc – Where Should You Go?** (S)(SL)(R)
3.25 **The Neighbourhood** 5/12. Graham Norton delivers a game-changing decision. (S)(SL)(R)(AD)
4.15 **How to Clean Up for Cash** (S)(R)
4.40 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 19-21/26. (S4) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 18-21/24. (S1) (S)(R)
11.10 **Ramsay's Kitchen Nightmares USA** Helping a restaurant in West Babylon, New York. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)
1.10 **Matt Baker's British Isles** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to Florida** New edition The Best of British pub prepares itself for St George's Day. (S)
5.00 **Chateau DIY** New edition Alicia and Carlton race to get their château wedding-ready. (S)
6.00 **Sun, Sea and Selling Houses** New edition Charlotte and Damon help a couple to embrace a slower pace of life in Alicante. (S)

8.00 Location, Location, Location

7.00 **News** (S)

8.00 **NEW SERIES Location, Location, Location** Kirstie Allsopp and Phil Spencer search Surrey with a couple who have put off their wedding until they find a home, and a globetrotting woman keen to put down roots. (S)

9.00 **Salisbury Poisonings: The Untold Story** New edition 2/3. Charting the immediate fallout of the Novichok attack, as medics battled to save the lives of the Skripals and local police officer Nick Bailey. (S)(AD)

10.00 **Gordon Ramsay's Secret Service** New edition Part two of two. After a much-needed reality check from Gordon, the three sisters must unite to rebuild their family's legacy. (S)

11.00 **Celebrity Gogglebox** (S)(R)(AD)
12.00 M'T **First Dates** (S)(R)(AD)
1.00 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.50 **FILM Pixie** Crime comedy starring Olivia Cooke and Fra Fee. (S)(SL) (2020, 15, 95min) ★★★★
3.25 **Unreported World** (S)(SL)(R)(AD)
3.55 **Couples Come Dine with Me** (R)
4.50 **Sarah Beeny's New Country Lives** Documentary. (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Suicide Squeeze:* 15/24. A baseball star is killed. (S)(R)
3.55 **Castle** *The Mistress Always Spanks Twice:* 16/24. A woman's body is found covered in caramel sauce. (S2) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition Highlighting a course of action that could change the shape of the coast nationwide. (S)
6.05 **Susan Calman's Grand Day Out** From Devon. (S)(R)
6.55 **News** (S)

8.00 Warship

7.00 **The Motorway Map of Britain** Britain's transport networks through the ages, focusing on the love-hate relationship with motorways. (S)(R)
7.55 **News** (S)

8.00 **Warship: Life in the Royal Navy** New edition 6/7. Kate Humble is granted access aboard HMS *Dragon*, and when a storm hits, she sees how a warship and her crew battle towering seas. (S)(AD)

9.00 **Number One Fan** New episode 3/4. With Donna watching, Lucy doesn't bite, but this only infuriates Donna further. Meanwhile, Jacob's affection towards Vince grows. (S1) (S)(AD) ■ Concludes tomorrow

10.00 **Trauma Room One** A 58-year-old woman has been rushed in after collapsing at a nearby A&E department, with a bleed on the brain. She needs urgent help as she has a ruptured brain aneurysm. (S)(R)

11.05 **Cause of Death** Investigating the death of an unvaccinated man who had bought medicine online to protect himself from Covid-19. (S)(R)
12.05 AM **A&E After Dark** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Friends** (S6) (S)(R)(AD)
2.50 **Cash in the Attic** (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **David Attenborough's Galapagos** Documentary. (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 4/21. (S3) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 20/26. Michael introduces the staff to Deangelo Vickers, who is replacing him as manager. (S)(R) **6.30** 21/26. Michael prepares for his last-ever Dundie awards, and asks Deangelo to help him host the ceremony. (S7) (S)(R)

9.45 The 'Burbs

7.00 **The Simpsons** *Oh Brother, Where Art Thou?* Homer learns he has a long-lost half-brother. (S)(R) **7.30** *Old Money:* Grampa inherits $100,000 from a woman he fell in love with at the rest home. (S)(R)

8.00 **Joe Lycett's United States of Birmingham** 4/4. Joe's mission takes him to his final Birmingham, located in Alabama, where he takes in the history and hospitality of America's Deep South. (S)(R)(AD)

9.00 **The 'Burbs** New episode *Do Not Mess with Suburbanites:* 7/8. A dangerous threat suddenly lands on the cul-de-sac crew's doorstep.(S) **9.45** Series finale *Only One Way Out:* 8/8. Samira ends up uncovering a conspiracy that could ruin Hinkley Hills' image as the safest town in America. (S1) (S)

10.30 **Ricky Gervais Live: Animals** Feature-length film shot during the comedian's first stand-up tour, including excerpts from his performance at the Bloomsbury Theatre and backstage footage. (S)(R)

12.00 M'T **Grimm** 8/22. Two teenagers are kidnapped by an evil spirit of Christmas that plans to eat them. (S3) (S)(R)
1.00 AM **Police 24/7** (S)(R)
2.00 **Road Wars** (R)
3.00 **Hawaii Five-0** 2/24. (S3) (S)(R)
4.00 **S.W.A.T.** 4/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Border Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
7.00-7.30pm River City (S)(R)(AD) **11.40** Scotcast (S)(R) **12.10am** Celebrity Bridge of Lies (S)(R) **12.55** Weather for the Week Ahead (S) **1.00-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
7.00-7.30pm Iolo's River Valleys New edition (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Peelers: The PSNI for Real (S)(R) **11.00** Twenty Twenty Six New episode (S)(AD) **11.30** Unspun World with John Simpson (S) **12.00m't-12.10am** Barra on the Foyle (S)(R)

WALES
Sky **968**, Freesat **968**
7.00-7.30pm The One Show (S)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Y Sioe Fwyd **1.30** Sgwrs Dan y Lloer **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Wal (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Caeau Cymru **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Cartrefi Cymru New edition **8.55** Newyddion a'r Tywydd **9.00** Anfamol (AD) **9.30** Priodas Pum Mil **10.30-11.35pm** Stori'r Iaith

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve takes a special journey to meet the most trafficked animal on earth – the pangolin, and meets the people working tirelessly to save them.
7.30 LIVE **Match of the Day: Women's Super League** Brighton & Hove Albion v Arsenal: All the action from the Women's Super League match at the Broadfield Stadium. Kick-off is at 7.45.
10.00 FILM **Point Break** Director Kathryn Bigelow's action thriller starring Patrick Swayze and Keanu Reeves. FBI agent Johnny Utah goes undercover to join a gang of surfers who have been pulling off daring bank robberies disguised as US presidents. With Gary Busey and John C McGinley. (1991, 15, 125min) ★★★★
11.55 **Paddy & Molly: Show No Mersey** Four editions of the documentary series.
1.55 AM **Dynasties**
2.55 **to 3.55** AM **Dynasties II**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest begins at Dunsandles Guest House in Merseyside. **4.50** The second visit of the week is to the Lady Teal Hotel Boat in Lancashire. **5.20** The third visit of the week is to York House in Tetbury, Gloucestershire. **5.50** The final visit is to Heyford House, Oxfordshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie and Phil go house-hunting in Bristol.
7.55 **Kirstie and Phil's Love It or List It** The duo meet a couple in Rushden, Northamptonshire, who are unsure whether they should renovate their home or sell up and move into another.
9.00 **Grand Designs** Pete and Aey order a factory-built house to be constructed in Wales and transported to their rural West Sussex plot.
10.00 **24 Hours in A&E** A man is rushed to St George's after overturning his car onto metal railings during a high-speed collision.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **University Challenge**
7.30 **Only Connect** Quiz.
8.00 **Inside Porton Down: Britain's Secret Weapons Research Facility** Dr Michael Mosley investigates Britain's most secretive military research base.
9.00 **The Ruth Ellis Files: A Very British Crime Story** 1/3. Gillian Pachter re-examines the case of Ruth Ellis, the last woman to be hanged in Britain.
10.00 NEW **Stephen Poliakoff Remembers... Caught on a Train** The screenwriter looks back at the 1980 drama.
10.15 **Caught on a Train** Drama starring Peggy Ashcroft and Michael Kitchen.
11.35 **How to Get Ahead at Renaissance Court**
12.35 AM **Inside Porton Down: Britain's Secret Weapons Research Facility**
1.35 **Scotland's Finest – The Story of the Highland Games**
2.35 **to 3.35** AM **The Ruth Ellis Files: A Very British...**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.25 **Modern Family**
3.25 **Married at First Sight Australia** Reality series.
5.00 **First Dates** Dating show.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Warren and Jenson go head to head.
7.30 **Married at First Sight Australia** New edition The couples watch videos of how their spouses behaved when they went to meet their alternative matches.
9.00 **Celebs Go Dating** New edition There is no rest for the stars as they enter their first mixer.
10.00 **Gogglebox** *My Mum, Your Dad* and *Welcome to Wrexham* are appraised.
11.05 **First Dates: Valentine's Special** Dating show.
12.05 AM **Naked Attraction: All Out & Proud**
1.10 **Married at First Sight Australia** As 7.30pm.
2.30 **Celebs Go Dating**
3.25 **The Goldbergs**
4.45 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Law & Disorder**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 5&6/15. (S3)
1.00 PM **The Rookie** 7/18. John gives Celina one final test on her last day as a trainee. **2.00** 9/18. Celina takes on her first case. (S7)
3.00 **Law & Order: Criminal Intent** 23/23. Two powerful judges are murdered. (S4)
4.00 **Nothing to Declare**

10.00 **Doc**

7 PM
7.00 **Police 24/7** Officers resort to extreme methods while trying to stop a fleeing suspect.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **SERIES RESUMES** **Matlock** *Collateral:* 9/16. One of the firm's clients is detained by ICE agents. (S2)

10 PM
10.00 **Doc** New episode *When You Know, You Know:* 14/22. Amy and Jake treat an expectant mother injured in a robbery. (S2)
11.00 **The Rookie** 19/20. (S1)
12.00 M'T **FBI** 19/19. (S2)
1.00 AM **Law & Order: SVU** (S26)
2.00 **FBI** New episode 14/22. (S8)
3.00 **Road Wars**
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 4&5/12. (S1)
12.10 PM **Billions** 5&6/12. (S4)
2.20 **My Brilliant Friend** 4/8. (S3)
3.20 **The Young Pope** 7/9. (S1)
4.20 **Billions** 5/12. Chuck begins work in a new position, and Axe is surprised by a visitor. **5.25** 6/12. Taylor pursues a new business venture, and Axe uncovers a trap. (S4)
6.30 **Dune: Prophecy** 3/6. Valya struggles with the decision to take the Sisterhood vow. (S1)

9.00 **The White Lotus**

7.45 **Dune: Prophecy** *Twice Born:* 4/6. Valya sets her plan in motion to redeem House Harkonnen, and Ynez confronts her father about rumors surrounding Desmond. (S1)

9.00 **The White Lotus** *Same Spirits, New Forms:* 1/8. Chelsea deals with a moody Rick, while Kate, Laurie and Jaclyn kick off a girls' trip. (S3)
10.15 **Euphoria** *Kitty Likes to Dance:* 4/8. Drama with Zendaya, Jacob Elordi and Sydney Sweeney. (S3)
11.30 **DTF St Louis** 3/7. Unsettling truths about Clark's relationships come to light. **12.30** AM 4/7. (S1)
1.30 **Homicide: Life on the Street**
3.35 **The Guest Wing** (S1)
4.35 **Sort Of** 5/8. (S2)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.20 **Olivia and Alex: Parenthood**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of New...**
12.05 PM **Limitless Win**
1.10 **Celebrity Catchphrase**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

8.00 **The 1% Club**

7.00 **Celebrity Wheel of Fortune** AJ Odudu, Gok Wan and Charlotte Church try to win big for their chosen charities.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Hell's Kitchen** New edition 15/16. Chef Ramsay surprises the final three with emotional visits from their families.

10.00 **Family Guy** New episode 15/22. Meg enlists in a training programme for a mission to Mars. (S23) **10.30** 14/15. Peter protests about Brad Pitt playing a fat man. (S22)
11.00 **Family Guy** 8/15. (S22)
11.30 **American Dad!** (S13&12)
12.35 AM **Bob's Burgers** (S12)
1.30 **Deal or No Deal**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse**
11.15 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Days of Misrule:* A fatal explosion at a haulage yard proves a difficult case for Barnaby.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *A Long Shot:* Jo makes a rash assumption that a man has taken violent steps to deal with his truanting son.

11.50 **Lewis**

6.55 **Heartbeat** *Something of Value:* Nick investigates the theft of thousands of pounds' worth of wine from a warehouse.

8.00 **Grace** *Capture You Dead:* The body of student Charlie Downing is found in a sea lock, and it becomes clear that her university harbours secrets that could be connected to her death.

10.00 **DCI Banks** *Buried – Part One:* The body of lawyer Anaan Kamel is found washed up by an underground river.
11.00 **DCI Banks** *Buried – Part Two:* Geoff and Evie are put under watch at a hotel.
11.50 **Lewis** *Down Among the Fearful:* A psychologist acting as a psychic is murdered.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Protectors**
6.35 **Magnum, PI**
7.35 **Kojak**
8.40 **The Saint**
9.45 **Boon**
10.50 **The Sweeney**
11.55 **BattleBots**
1.00 PM **LIVE Racing** Coverage of the opening day of the May Meeting from Chester.
4.00 **World of Sport**
4.20 **The Protectors**
4.50 **The Sweeney**
5.55 **Minder**

9.00 **Rocky Balboa**

7.00 **American Pickers** The experts go head to head when they search a jam-packed barn and 26 underground rooms.

8.00 **Junk & Disorderly** Henry Cole, Allen Millyard and Guy Willison set up their stall in Stafford.

9.00 **FILM Rocky Balboa** Drama sequel starring Sylvester Stallone. Former boxer Rocky Balboa lives a quiet life until he's offered the chance to return to the ring to fight the reigning heavyweight world champion. With Antonio Tarver. (2006, 12, 102min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Wrestling: AEW Collision** Hard-hitting wrestling action.
1.00 AM **The Sweeney**
2.00 **Minder**
3.00 **Teleshopping**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** 5/7. Examining three properties in the south of Scotland.
8.00 **This Farming Life** New edition 11/12. Emma's trail cameras capture a family of otters.
9.00 **Sally Magnusson: Alzheimer's, a Cure and Me** The broadcaster and author decides whether to take part in a groundbreaking study.
10.00 **River City** New episode Alex is devastated by a gruesome discovery.
10.30 **Jules and Greg's Wild Swim** 6/6. The couple explore Mull and Iona.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Scotland's Greatest Escape** Judith Ralston and Grado head to Dumfries & Galloway.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S8)
9.00 **Sort Of** 5&6/8. (S2)
10.00 **Avenue 5** 6&7/8. (S2)
11.15 **Will & Grace** (S10)
12.15 PM **The Rehearsal** (S1)
1.35 **Avenue 5** 6&7/8. (S2)
2.35 **Will & Grace** (S1)
3.30 **The Rehearsal** (S1)
4.50 **Community** (S6)
6.00 **Will & Grace** (S2)
7.00 **The Office (US)** 17/26. The Dunder Mifflin staff are excited to see *Threat Level Midnight.* **7.30** 18/26. Andy is annoyed with Pam. (S7)
8.00 **Resident Alien** (S1)
9.00 **The Comeback** (S3)
9.40 **Last Week Tonight with John Oliver** Talk show.
10.25 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
11.25 **Resident Alien** (S1)
12.25 AM **The Trip** (S1)
1.45 **Community** (S6)
3.05 **Avenue 5** 6&7/8. (S2)
4.15 **to 5.00** AM **The Rehearsal**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu...**
1.00 PM **Tales of the...**
2.00 **Painting Birds**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2017**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Making a Maestro** Series finale
9.00 **Backstage with the London Philharmonic**
10.00 **The Seventies**
11.00 **Rolling Stone: Stories from the Edge**
12.00 M'T **Hammer: Heroes, Legends and Monsters**
2.00 AM **NEW SERIES Classic Movies: The Story of Great Expectations**
3.00 **The Directors**
4.00 **Sky Arts Book Club**
5.00 **to 6.00** AM **André Rieu: Love in Maastricht**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 12/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: The Next Generation** *The Icarus Factor:* 14/22. Riker gets offered a promotion. (S2)
8.00 **Star Trek: Voyager** *Cathexis:* 13/16. (S1)
9.00 **The Rookie** (S3)
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S2)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Warwick Davis hosts as a family team of five try to answer top 10 lists questions.
3.00 **Wheel of Fortune** Game show hosted by Graham Norton.
4.00 **Time Is Money** Quick-fire quiz show hosted by Sara Davies.
5.00 **Deal or No Deal** Wendy tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts as people from across the country compete against the most formidable quiz team on TV.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Country Lives**
10.00 **Escape to Florida**
11.00 **Sun, Sea and Selling Houses** From Almería.
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** From Larne.
4.30 **Come Dine with Me**
7.00 **The Dog House**
8.00 **Jamie's Ultimate BBQ**
9.00 **24 Hours in A&E** A 56-year-old woman is rushed to St George's with an open ankle fracture after a fall.
10.00 **Super Surgeons: A Chance at Life**
11.05 **Emergency Helicopter Medics** Documentary.
12.05 AM **Love Cheats**
1.05 **Gogglebox**
2.05 **Celebrity Gogglebox**
3.05 **Wonders of the World I Can't See**
4.05 **to 5.05** AM **Your Song**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **Fantasy Island** 3&4/10. (S1)
4.00 **Stargate SG-1** 3/22. (S5)
5.00 **Star Trek: Voyager** 5/26. Torres is confronted by a dangerous hologram. (S4)
6.00 **Star Trek: Enterprise** 2/26. Part two of two. Captain Archer comes face to face with Sarin, who reveals a conspiracy is afoot. (S1)

9.00 From

7.00 **Stargate Atlantis** *The Rising – Part Two:* 2/20. Weir and the team go in search of an alternative fuel source. (S1)

8.00 **Stargate SG-1** *Ascension:* 3/22. Carter experiences a blackout and wakes up to find she has acquired a new friend. (S5)

9.00 **From** *Mouse Trap:* 3/10. Donna and Ellis try to talk Boyd out of a dangerous plan, while Tabitha makes a mind-bending discovery.

10.00 **From** *There and Back Again:* 4/10. Boyd is forced to make a tough decision when newcomers arrive. (S3)
11.00 **Grimm** 4/22. Nick encounters aquatic creatures. (S3)
12.00 M'T **The Walking Dead** 1/16. With their security threatened, Rick and the group must make a choice. (S3)
1.00 AM **Fantasy Island** (S1)
3.00 **The Walking Dead** (S3)
4.00 **From** 2/10. (S3)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 19/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Mentalist** 19/23. (S2)
5.00 **Hudson & Rex** 15/16. Sarah's former professor is seemingly framed for murder. (S2)
6.00 **Father Brown** *The Jackdaw's Revenge:* The priest protects those closest to him when an old foe is released from prison.

9.00 Saint-Pierre

7.00 **Unforgettable** *Heroes:* 2/22. Carrie reaches out to the traumatised son of a murdered couple. (S1)

8.00 **Death in Paradise** *Stab in the Dark:* 1/8. A plantation owner is killed during a séance. With Don Gilet. (S4)

9.00 **Saint-Pierre** New episode *Off with His Head:* 3/10. Fitz and Arch investigate when a billionaire is found decapitated. (S1)

10.00 **Father Brown** *The Show Must Go On:* Father Brown discovers there's more drama offstage than on in the latest production by the Kembleford Players.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** As shown at 8.00pm.
1.00 AM **Hudson & Rex** (S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **The Green Green Grass**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

7.20 Dad's Army

7.20 **Dad's Army** Mainwaring and his bumbling platoon are put in charge of manning an observation post on a derelict pier.

8.00 **Still Open All Hours** Granville tries to sell a huge wheel of cheese.
8.40 **Open All Hours** Nurse Gladys's washing machine breaks down.
9.20 **Not Going Out** Lee's father turns up looking for somewhere to stay. Guest stars Bobby Ball.

10.00 **Not Going Out** Lee gets invited to the neighbour's christening party.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Not Going Out**
1.20 AM **Ever Decreasing Circles**
2.00 **Alma's Not Normal**
2.30 **Ghosts** Robin has an epiphany.
3.00 **Keeping Up Appearances**
3.35 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** Quiz show.
2.00 **Mega Metro**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** High tea.
6.00 **Rick Stein's Cornwall** The story of Cornwall's ancient capital.
6.30 Rick visits a deer farm.

7.00 Would I Lie to You?

7.00 **Would I Lie to You?** With guests Kirsty Wark, Bruno Tonioli, Adam Buxton and Rob Beckett.
7.40 **Would I Lie to You? The Unseen Bits** Outtakes from the comedy show.
8.20 **Richard Osman's House of Games** With Cariad Lloyd and Gareth Malone.

9.00 **QI XL** Sandi Toksvig hosts a volatile edition of the quiz, with Aisling Bea, Mark Watson, Michelle Wolf and Alan Davies.

10.00 **Have I Got a Bit More News for You** Jo Brand hosts the satirical quiz, with guest panellists Heidi Allen and Phil Wang.
11.00 **Frankie Boyle's 2020 New World Order** Frankie tries to make sense of the New Year.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Cally Beaton.
2.50 **to 4.00** AM **Frankie Boyle's 2020 New World Order**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Harry Wild**
3.15 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** Hetty goes hunting for buried treasure in the wilds of Cumbria.
5.20 **Birds of a Feather** Dorien's life story is set to be published.
6.00 **Last of the Summer Wine**

8.00 This Is Not a Murder...

7.20 **Last of the Summer Wine** Compo, Clegg and Foggy are intrigued by a group of men who turn up without their trousers.

8.00 **This Is Not a Murder Mystery** New episode *The Glass Gun:* 2/6. Scotland Yard's investigation starts to focus on one guest. (S1) ■ Entire series on U
9.10 **The Chelsea Detective** *The Wages of Sin – Part One:* 1/8. A stonemason is pushed under a London Underground train. (S1)
10.15 **New Tricks** *Coming Out Ball:* A former Irish dissident sheds light on a 1983 abduction.
11.35 **Dalziel & Pascoe** *Above the Law:* The duo investigate the murder of a high-profile judge in the midst of a drugs trial.
1.35 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.30 **to 4.00** AM **This Is Not a Murder Mystery**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** (S11 & 12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Cabin Fever:* 15/24. Fornell struggles to deal with recent events.
7.00 *Blast from the Past:* 16/24. A murder victim is found to be using an alias from Gibbs' past.
8.00 *The Artful Dodger:* 17/24. A forged rare painting is connected to the murder of a US Navy lieutenant. (S12)
9.00 **Criminal Minds: Evolution** New episode *Conspiracy Vs Theory:* 5/10. Supervisory Special Agent David Rossi probe the mind of serial killer Elias Voit aka Sicarius. (S17)
10.00 **Law & Order: Special Victims Unit** (S7&6)
1.50 AM **NCIS** 16/20. (S22)
2.45 **Law & Order** (S15)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Rich Kids Go Skint**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers** New edition Car passengers claim for injuries after a collision.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **FILM Armageddon** Sci-fi action adventure starring Bruce Willis. An oil driller and his team try to intercept and destroy a giant asteroid that is on a collision course with Earth. (1998, 12, 151 min) ★★★
12.00 M'T **Britain's Worst Weather Disasters**
1.25 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Trucking Hell**
9.25 **Traffic Cops**
10.25 **Police Interceptors**
12.25 PM **FILM The Outcast** Western starring John Derek and Joan Evans. (1954, U, 90min) ★★
2.15 **FILM The Tall T** Western. (1957, PG, 78min) ★★
3.55 **Trucking Heavy: Massive Moves**
4.55 **Winter Road Rescue**
6.00 **Police Interceptors**
7.00 **LIVE Snooker: World Seniors Championship** Coverage of day one at the Crucible Theatre in Sheffield, featuring the opening first-round matches, played over the best of seven frames.
10.30 **Cops** A teenager who ran away from home tries running from the police.
11.00 **The X-Files** 19/25. (S2)
12.00 M'T **Scam City**
1.05 AM **Outback Truckers**
2.05 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
5.00 **The Supervet at Christmas** From 2019.
6.00 **DIY SOS: The Big Build** The team make over a house in Hereford.
7.00 Adapting the home of a stroke survivor.
8.00 **Pete Wicks: For Dogs' Sake** Pete travels to Northern Ireland to pick up three stray dogs.
9.00 **Annika** 3/6. A millionaire is found dead. (S2)
10.00 **Inside the Ambulance: Coast and Country**
12.00 M'T **Killer Women with Piers Morgan**
1.00 AM **Sort Your Life Out with Stacey Solomon**
2.00 **to 3.00** AM **Louis Theroux Interviews... Katherine Ryan**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
7.10 **The Witch Hunts: Lucy Worsley Investigates**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **The Buildings That Fought Hitler**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **The Buildings That Fought Hitler**
6.00 **The Blue Planet**
8.00 **Train Truckers** The crew visit Germany to collect a maintenance machine.
9.00 **Trawlermen: Hunting the Catch** The crew of *Golden Promise* face Force 6 winds.
10.00 **Planet Earth III**
11.00 **A Perfect Planet**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Margate.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House** Angus Ashworth visits Frazer Hines and Jenny Powell.
8.00 With Amanda Barrie and Tim Vincent.
9.00 **Long Lost Family** Davina McCall and Nicky Campbell help a woman search for her missing daughter.
10.00 **Who Do You Think You Are?** With Sarah Millican.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Wednesday

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** 1/7. (S1)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 24&25/26. (S5)
1.00 PM **The Waltons** (S8)
3.00 **Ballykissangel** (S2)
4.10 **Down to Earth** (S3)
5.20 **Bramwell** 2/7. (S1)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 13/20. Hawkeye gives up wisecracking for a whole day. **8.00** 14/20. Charles is sent to the front. **8.30** 15/20. A practical joke backfires. (S9)
9.00 FILM **Bless This House** Comedy starring Sidney James, Diana Coupland and June Whitfield. (1972, U, 89min) ★★
10.55 **Robin's Nest** (S3)
11.55 **M*A*S*H** 13-15/20. (S9)
1.25 AM **Rising Damp** (S2)
2.05 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM FILM **A Man Called Sledge** Western. (1970, PG, 93min) ★★
11.10 **Wanted: Dead or Alive**
11.40 **The High Chaparral**
1.40 PM FILM **Deadly Voltage** Adventure starring Mike Dopud. (2015, PG, 84min) ★★
3.30 **The Persuaders!** (S1)
4.30 **The Avengers** (S6)
6.30 FILM **Bunraku** Fantasy starring Josh Hartnett and Demi Moore. (2010, 15, 119min) ★★★
9.00 FILM **Kingdom of Heaven** Drama starring Orlando Bloom. (2005, 15, 144min) ★★★★
12.00 M'T **Coast Guard Alaska**
1.00 AM **The Avengers** (S6)
3.00 FILM **Disaster Zone: Volcano in New York** Disaster movie. (2006, 12, 90min) ★★
4.30 **to 6.00** AM FILM **NYC: Tornado Terror** Thriller. (2008, PG, 90min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **Garage Sale Mysteries: The Deadly Room** Crime drama. (2015, PG, 83min) ★★
10.05 **In Plain Sight** (S4)
11.05 **Castle** 8/10. (S1)
12.05 PM **Morning Show Mysteries: Murder on the Menu** Drama.
2.00 **Diagnosis Murder** (S7)
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 9/10. (S1)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** *Love in the Time of Colorado*: 3/13. A financial clerk witnesses a murder. (S4)
10.00 **Hailey Dean Mysteries** Drama with Kellie Martin.
11.55 **Hart to Hart** (S1)
1.55 AM FILM **Staged Killer** Thriller starring Chrishell Hartley. (2019, 12, 88min) ★★
3.25 **to 5.00** AM FILM **Treacherous** Thriller. (2018, 12, 95min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.15 AM FILM **A Royal Recipe for Love** Romance. (2023, PG, 89min) ★★
10.15 FILM **Frozen in Love** Drama. (2018, PG) ★★
12.10 PM **A Fine Romance**
12.50 FILM **A Winter Princess** Drama. (2019, PG) ★★
2.40 FILM **The Decoy Bride** Comedy. (2011, 12) ★★
4.35 FILM **Love in Bloom** Comedy. (2022, U) ★★
6.30 **A Fine Romance**
7.00 FILM **The Perfect Wedding Match** Comedy. (2021, PG, 86min) ★★
8.55 FILM **With Love, Your Sweetly Salted** Drama. (2023, U, 91min) ★★
10.55 FILM **Sweet Pecan Summer** Drama. (2021, PG, 84min) ★★
12.50 AM FILM **Love Finds You in Valentine** Drama. (2016, PG, 87min) ★★
3.00 **to 5.00** AM FILM **With Love, Your Sweetly Salted** (2023) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Celebrity Coach Trip**
3.00 **Highclere: The Real Downton Abbey**
4.00 **New Home DIY**
5.00 **Country House Auction**
6.00 **Celebrity Coach Trip**
7.00 **Love Your Garden** The team surprise a family in Hackney.
8.00 **Garden Rescue** Charlie Dimmock and Flo Headlam design a Victorian garden. **9.00** Turning a scruffy cottage garden into a Balinese paradise.
10.00 FILM **Adventures of a Private Eye** Comedy. (1977, 18, 92min) ★
12.00 M'T FILM **Groupie Girl** Drama with Esme Johns. (1970, 18, 87min) ★★
2.00 AM FILM **Eagles Over London** War drama. (1969, PG, 110min) ★★
4.15 **Queer Lives Today**
4.45 **to 5.00** AM **ALT Jay**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** 1/6. (S1)
10.30 **Hallelujah** 3/7. (S1)
11.00 **Rewind Time Machine**
11.05 **Second Thoughts** (S3)
11.35 **The Fenn Street Gang**
12.05 PM **Boon** 4/13. (S2)
1.05 **Danger Man** (S1)
2.05 **Rewind Time Machine**
2.10 **Wish Me Luck** (S2)
3.10 **Rewind Time Machine**
3.15 **Hank the Cowboy**
3.30 **Boon** 7/13. (S5)
4.30 **Jack Hargreaves' Old Country** 6/20. (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 4/24. (S2)
7.05 **Danger Man** (S1)
8.05 **Hallelujah** 3/7. (S1)
8.35 **Second Thoughts** (S3)
9.05 **Drop the Dead Donkey**
10.05 FILM **The Teacher** Thriller. (1974, 15) ★★
12.05 AM FILM **Inseminoid** Horror. (1981, 15) ★
2.05 **Stereo Underground**
3.05 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Mysteries of the Missing**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New edition The crew take on a renovation for a school's ski team with help from local donors.
10.00 **Barnwood Builders** New edition The guys head to West Sunbury, Pennsylvania to restore a complex log cabin.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Prue Leith's Cotswold Kitchen**
7.00 **Rick Stein's Food Heroes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Great Britain**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Everyday** Indulgent food.
1.00 **James Martin's Islands to Highlands**
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Great Britain**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
8.30 **Mary Berry Everyday**
9.00 **Paul Hollywood: City Bakes** In Reykjavik.
10.00 **Prue Leith's Cotswold Kitchen**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 16/25. (S7)
9.00 **T.J. Hooker** 6/22. (S3)
10.00 **Six Million Dollar Man**
11.00 FILM **Ape vs Monster** Sci-fi fantasy adventure. (2021, 12, 88min) ★★
1.00 PM FILM **Showdown** Western adventure. (1972, PG, 99min) ★★
3.00 FILM **Santa Fe Passage** Western adventure. (1955, U, 91min) ★★★
5.00 **Star Trek** 24/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 7/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Death Race** Thriller remake. (2008, 15, 105min) ★★★
11.10 FILM **War** Action thriller. (2007, 18, 98min) ★★
1.15 AM FILM **Jagged Edge** Legal thriller. (1985, 18, 108min) ★★★★★
3.20 **to 5.10** AM FILM **Eye of the Tiger** Thriller. (1986, 18, 90min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Martian Land** Drama. (2015, PG) ★
11.00 **Andromeda** 13/22. (S1)
12.00 NOON FILM **The Pledge** Western. (2008, PG, 79min) ★★★
2.00 PM FILM **Mega Storm: Days of Destruction** Sci-fi action thriller. (2011, PG, 89min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
7.00 **Andromeda** 14/22. (S1)
8.00 **The Fall Guy** (S4)
9.00 FILM **The Foreigner** Thriller with Jackie Chan. (2017, 15, 113min) ★★
11.25 FILM **Drive** Thriller with Ryan Gosling. (2011, 18, 100min) ★★★★★
1.30 AM FILM **The Satanic Rites of Dracula** Horror. (1973, 18, 88min) ★★
3.15 FILM **2021: War of the Worlds** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars Do America**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **World's Most Unexplained**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars Do America**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **Close Encounters Down Under**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **The UnBelievable**
10.00 **The UnXplained**
11.00 **Caught on Camera**
12.00 M'T **Mysteries from Above** Documentary.
1.00 AM **Close Encounters...**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** Caribbean.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Scotland's Most Scenic Railway Journeys**
6.00 **Digging Up Britain's Past** Auckland Castle.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **The River Thames: Then & Now**
10.00 **Secrets of the River Clyde** How the Clyde has been at the heart of British shipbuilding.
11.00 **Tales from the Riverbank** The Severn.
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** Caribbean.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** With Joan Collins, Stephen Fry and Nigella Lawson.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase Celebrity Special** With Matthew Wright, Suzi Perry, Ian 'H' Watkins and Crissy Rock.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Colin Baker, David Weir, Chelsee Healey and Alex Horne.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 9/24. Sheldon and Howard squabble over a university parking space. **8.30** 10/24. Sheldon has to take care of Amy when she falls ill. (S6)
9.00 **Dr Pimple Popper: Breaking Out** New editions Allie's lifestyle is ruined by the gumball-sized bump above her eye. **10.00** Dr Lee meets Jon, who suffers from a huge bump on his shoulder blade.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S6)
1.00 PM **Friends** (S8)
7.30 **Friends** 20/24. Rachel's mother plans to move in. **8.00** 21/24. Ross makes Rachel jealous. **8.30** 22/24. Chandler falls asleep at Joey's film premiere. (S8)
9.00 **Michael McIntyre's Big Christmas Show** With Sharon Osbourne.
10.00 **8 Out of 10 Cats**
10.50 **8 Out of 10 Cats: Best Bits** Extended highlights.
11.40 **Jimmy Carr's Am I the A**hole?**
12.40 AM **Whose Line Is It Anyway? USA**
1.40 **South Park** (S23)
3.05 **Michael McIntyre's Big Christmas Show**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S6)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** With Danny Dyer.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S10&5)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Friends** 15/25. (S6)
4.00 **Michael McIntyre's Big...**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S6)
10.00 **South Park** (S3)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's Big...**
3.00 **Utopia** 4/8. (S2)
3.20 **Teachers** 8/20. (S2)
3.45 **Broad City** 5/10. (S1)
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 1/10. (S8)
10.50 **Steptoe and Son** (S8)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 10/15. Drama. (S3)
2.45 **Minder** 1/13. (S9)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 1/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.05 **Steptoe and Son** (S8)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 12/13. (S2)
9.00 **Benidorm** 2/7. (S5)
10.00 **Shameless** 19/22. (S8)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 2/7. (S5)
1.00 AM **Minder** 3/6. (S7)
2.05 **Duty Free** 3/7. (S1)
2.25 **Man About the House**
2.50 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Beauty and the Geek Australia** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Catfish UK**
5.00 **Help! I'm in a Secret Relationship!**
6.00 **Beauty and the Geek Australia** New edition
7.30 **FriendZone**
8.00 **Teen Mom: Young Moms Club** Reality series.
9.00 **Bar Rescue** New edition In Glendale, Arizona, Jon Taffer sends Dustin Drai to help rescue a 70-year-old institution.
10.00 **Tattoo Fixers**
11.00 **Help I Sexted My Boss** New edition
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** The production of gas barbecues. **3.30** Making braided pastries. **4.00** Creating plasma gems and special effects snow. **4.30** How skin cream is made.
5.00 **Alaska: Homestead Rescue** Marty responds to a new call for help from the Welchels.

8.00 **Wheeler Dealers**

7.00 **Wheeler Dealers** Mike Brewer is seduced by a Land Rover Discovery Mk1 with a leaking sunroof and rust issues.

8.00 **Wheeler Dealers** Mike and Elvis try to make an Audi RS6 estate car faster than a sports car.

9.00 **Wheeler Dealers** The boys fix up a BMW 335i estate with the performance you might expect from an M3.

10.00 **Supercar Showroom** Dean aims to impress a celebrity customer, and vlogger Simon Wilson test drives a Mercedes GT R.

11.00 **Expedition Bigfoot** Russell follows a trail south of a Bigfoot chokepoint leading into Washington's backcountry.
12.00 M'T **Border Control: Spain**
1.00 AM **Wheeler Dealers**
2.00 **Supercar Showroom**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Dogs: The Untold Story**
10.00 **Tanked** A mobile fish tank.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** A manhunt begins when a suspect runs a constable off the road.
6.00 **Dr Jeff: Rocky Mountain Vet** A Weimaraner that has stopped eating and a pit bull with an injured leg.

6.00 **Dr Jeff**

7.00 **Treehouse Masters** Pete Nelson designs a treehouse for a couple's wedding ceremony, as well as their honeymoon.

8.00 **Rugged Justice** Police officers apprehend a suspect with a warrant for obstructing law enforcement.

9.00 **Alaska: The Last Frontier** Otto puts his recovery at risk, and Atz Senior prepares for a visit from his daughter Jewel.

10.00 **Edge of Alaska** The residents of McCarthy band together for the biggest barn-raising in the community's history.

11.00 **Alaska Monsters** Claims that a bigfoot has been stalking dogs at a community in Tok.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Bear Woman**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Phoenix**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Drain the Oceans: Rise of the Roman Empire**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Construction Fails**
5.00 **Car S.O.S** Tim and Fuzz pick up a Ferguson TE20 tractor. **6.00** A Land Rover Defender with a heroic rescue past.

10.00 **Erased: WWII Heroes...**

7.00 **Air Crash Investigation: Special Report** A plane crash exposes the changes needed to an air traffic control system.

8.00 **WW2 Wrecks: Draining the Ocean** Examining shipwrecks from World War Two on the seabed, including the *Arizona*.

9.00 **Nazi Megastructures: America's War** Exploring how the German army prepared for the D-Day landings.

10.00 **Erased: WWII Heroes of Colour** The stories of people of colour in World War Two, including soldiers who fought on D-Day.

11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Border Protection Spain**
2.00 **Trafficked with Mariana Van Zeller** Online romance scams.
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Greatest Escapes of WWII**
8.45 **Dirty Old Cars**
9.15 **Pawn Stars**
10.10 **Storage Wars** Four editions.
1.00 PM **The Curse of Oak Island**
2.00 **Mysteries Unearthed with Danny Trejo**
3.00 **Junk & Disorderly** Triple bill of the series, including at: **5.00** Henry Cole and Allen Millyard find and restore a Triumph Trident bike.
6.00 **American Pickers** Mike gets access to a racing driver's collection of motorbikes.

9.00 **The Curse of Oak Island**

7.00 **Forged in Fire** Two competitors return and are tasked to re-create the two-handed Landsknecht sword.

8.00 **Celts: The Untold Story** A look at why the Celts moved from prosperous cities into smaller fortified settlements.

9.00 **The Curse of Oak Island** New edition The team are astonished to find a manmade feature that may be hiding a tunnel.

10.00 **Mysteries Unearthed with Danny Trejo** New edition The actor explores some of the deadliest discoveries.

11.00 **Hazardous History with Henry Winkler** Dangerous work practices, from mercury-poisoned hat-makers to kids crawling through chimneys.
12.00 M'T **Junk & Disorderly**
2.50 AM **The Curse of Oak Island**
3.40 **Mysteries Unearthed with Danny Trejo** As 10.00pm.
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Gregory Peck**
8.00 **The Directors**
9.00 **Italia 90: Four Weeks That Changed the World**
10.00 **The Man Who Bought Cricket**
11.00 **The 2000s**
12.00 NOON **Hitsville: The Making of Motown** The history of the Motown record label.
2.10 PM **The United Way**
4.00 **The Directors**
5.00 **Discovering: Gregory Peck**
6.00 **Italia 90: Four Weeks That Changed the World**

8.00 **Mind Over Murder**

7.00 **The Man Who Bought Cricket** 2/3. Now bankrupt, fraudster Allen Stanford spies a new opportunity in Montserrat.

8.00 **Mind Over Murder** 4/6. The discovery of new DNA evidence leads to calls for exonerations for the Beatrice Six.

9.00 **Mind Over Murder** 5/6. New information begins to come to light about coercive interrogations.

10.05 **Mind Over Murder** 6/6. The townsfolk of Beatrice grapple with the fallout of a miscarriage of justice.

11.10 FILM **Going Clear: Scientology and the Prison of Belief** Documentary. (2015, 15, 120min) ★★★★
1.30 AM **Dave Not Coming Back** Two divers' efforts to retrieve a body from a freshwater cave.
3.20 **Critical Incident: Death at the Border** Documentary.
5.00 **to 6.00** AM **Discovering: Gregory Peck**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Gem Hunters Down Under** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Derbyshire Auction House** New edition Selling heirlooms to raise money for repairs.
10.00 **The Yorkshire Auction House** A collection of royal memorabilia.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 NEW SERIES **Who Hired the Hitman?** After a killer strikes a Louisiana farmer, police examine a pilfering maid.
10.00 **Inside the Arrest**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Evil Walks the Streets**
8.00 **UK Crime Files: Murder Against All Odds** Jackie Malton explores a case file that shocked the city of Newport in 1992.
9.00 **Secrets of a Murder Detective** The 2011 case of Anuj Bidve, who was shot in Manchester.
10.00 **Fatal Fraud** New edition A young firefighter dies in suspicious circumstances.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Evil Walks the Streets**
1.00 AM **UK Crime Files: Murder Against All Odds** As 8.00pm.
2.00 **Fatal Fraud**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Newport Revenge Murder** True-crime.
3.00 **UK Crime Files: Saturday Night Strangler** Documentary.
4.00 **48 Hours** The story of Melissa Calusinski.
5.00 **Medical Detectives** The body of a man is discovered 30 years after he was murdered. **5.30** A girl's parents are charged with murder. **6.00** A policeman's home is set on fire. **6.30** Police use laser technology to detect the origin of a letter.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Murder Uncut**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Murdered at First Sight**
10.00 **Murder Uncut**
11.00 **The Real Manhunter: Levi Bellfield**
1.00 AM **How I Caught the Killer** Adam Leroy Lane.
2.00 **Killing Mum and Dad**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Ukraine 1933: Seeds of Hunger**
9.20 **Secrets of the Royal Palaces** Windsor Castle.
10.20 **Ancient Apocalypse**
11.25 **Fight to the Finish**
1.00 PM **Berlin: Stories of the City** Documentary.
2.05 **Secrets of the Royal Palaces** Windsor Castle.
3.00 **Ancient Apocalypse**
4.05 **Ukraine 1933: Seeds of Hunger**
5.10 **Fight to the Finish**
6.40 **Secrets of the Royal Palaces** Behind-the-scenes of Windsor Castle.
7.40 **Ancient Apocalypse** New edition A look at the fall of Mediterranean superpower Carthage.
8.50 **Fight to the Finish**
10.20 **Grand Tours of the Scottish Islands**
10.55 **Ancient Apocalypse**
12.00 M'T **Fight to the Finish**
1.25 **to 2.00** AM **Grand Tours of the Scottish Islands**

WEDNESDAY

Wednesday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Africa's Wild Horizons**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Guardians of the Wild**
10.00 **Dogs: An Amazing Animal Family** Documentary.
11.00 **Wildlife Icons**
12.00 NOON **Moon: Nature's Secret Force** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Guardians of the Wild**
4.00 **Dogs: An Amazing Animal Family** Documentary.
5.00 **Wildlife Icons**
6.00 **Moon: Nature's Secret Force**
7.00 **Monkey Life** Double bill.
8.00 **Evolution Earth**
9.00 **Tales from Zambia**
10.00 **Moon: Nature's Secret Force**
11.00 **Wildlife Icons**
12.00 M'T **The Hungry Games: Alaska Big Bear Challenge**
1.00 AM **Africa's Wild Horizons**
2.00 **Evolution Earth**
3.00 **Tales from Zambia**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.00 **Ancient Aliens: Secret Science**
7.55 **The Abyss: Rise & Fall of the Nazis** Documentary.
8.55 **U-Boat Wargamers**
10.00 **The Lost Women Spies**
11.05 **Ancient Aliens**
12.05 PM **Ancient Aliens: Secret Science** Documentary.
1.00 **Ancient Aliens**
6.00 **The Proof Is Out There**
6.55 **U-Boat Wargamers**
8.00 **The Lost Women Spies** Disloyalty within the Special Operations Executive (SOE).
9.05 Vera Atkins' post-war efforts to determine the whereabouts of her agents.
10.10 **Egypt's Unexplained Files**
11.10 **Ancient Aliens**
12.05 AM **Ancient Aliens: Secret Science** Documentary.
1.00 **Ancient Aliens: The Ultimate Evidence** Documentary.
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **The Dino Hunters**
12.00 NOON **Richard Hammond's Big**
1.00 PM **Blowing Up History**
3.00 **Alien Highway**
6.00 **How Do They Do It?** How pilots train to perform death-defying acrobatics.
6.30 A look at how New York bagels are hand-rolled.
7.00 A look at how waste is collected in Venice.
7.30 Examining how rosebuds are turned into Turkish delight.
8.00 How the world's finest canvases are created.
8.30 An insight into how people care for bees.
9.00 **Expedition Bigfoot** Experts set out to locate the fabled Bigfoot.
10.00 Russell and Mireya uncover their first piece of potential evidence.
11.00 **Unexplained and Unexplored**
1.00 AM **Alien Highway**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **999: Killer on the Line**
2.00 PM **Hometown Tragedy**
3.00 **Murder at the Motel**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Hometown Tragedy** New editions Six people are slain in a home in a quiet town.
8.30 A doctor is bludgeoned to death in her own home.
9.00 **Crime in Progress** New edition Police officers discover three dead bodies in a house.
10.00 **Don't Open the Door** An online ad leads to a home invasion.
11.00 **Interview with a Killer**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Hostile Planet**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Amur Tiger: Secret Kingdom**
3.00 **Africa's Hunters**
4.00 **Heartland Docs**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** The zoo prepare to say goodbye to two male giraffes and welcome a female, and the binturongs start breeding.
8.00 **Strangest Nature** Unusual wildlife from around the world.
9.00 Focusing on animals that dig underground.
10.00 **Lawless Island** Winter wraps up with Sarah learning to fish.
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack**
1.00 AM **Something Bit Me**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Lost Mines: Restored**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers: Reloaded**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** New discoveries reveal NASA's *Cassini* spacecraft's secrets, which explored Saturn and its moons until it vaporised in its atmosphere.
1.00 PM **Mysteries at the Castle**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Lost Mines: Restored**
9.00 **Legendary Locations**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Restoring a cricket bag and a carved Buddha.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Motorhoming with Merton & Webster**
1.00 PM **Motorhoming with Merton & Webster**
5.00 **Bangers & Cash**
7.00 **Bangers & Cash** A Bradford-built 1952 Jowett Javelin finds an unexpected home.
8.00 A 1970s Bond Bug three-wheeler divides opinion among Mathewsons customers.
9.00 Mathewsons agree to sell a threshing machine and large collection of tractors.
10.00 **Fred Dibnah's Age of Steam** Fred explores the development of steam power, beginning with a visit to Cornwall to investigate how water was pumped out of the tin mines.
10.30 The revolution in transport brought about by steam power.
11.00 A look at the Industrial Revolution in Britain.
11.30 Fred looks at early steam experiments for road use.
12.00 M'T **Bangers & Cash**
5.25 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **The Killer in My Family**
9.00 **Evil Lives Here**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** The story of how a married couple struggled to escape the sins of their past.
1.00 PM **Evil Lives Here**
3.00 **People Magazine Investigates**
4.00 **Forbidden: Dying for Love**
5.00 **Murder Comes to Town**
7.00 **Real Time Crime** A shooting in Mississippi leaves a man fighting for his life. Police officers use gunshot detection technology to track the shooter before he strikes again.
8.00 Surveillance cameras in Ohio capture a drive-by shooting in which a three-year-old boy is killed.
9.00 **999 Murderer Calling**
10.00 **Crime Scene Confidential**
11.00 **Murder in the Heartland**
12.00 M'T **Man with a Van**
2.00 AM **Murder Comes to Town**
4.00 **to 6.00** AM **Real Time Crime**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** Vintage military vehicles.
2.00 **Ant Anstead: Born Mechanic**
3.00 **Massive Engineering Mistakes**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Bitchin' Rides: Road to the...**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Bitchin' Rides: Road to the Ridler** The team assemble panels into the shape of a car.
9.00 **Last Chance Garage**
10.00 **Massive Engineering Mistakes**
11.00 **Wheeler Dealers**
12.00 M'T **Bitchin' Rides: Road to**
1.00 AM **Richard Hammond's Workshop** Richard is forced come up with a plan to raise emergency funds.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Blue Moon** Biopic. (2025, 15, 100min) ★★★★
7.45 **Eddington** As 5.25am.
10.15 **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
12.25 PM **Wuthering Heights**
2.50 **Don't Let's Go to the Dogs Tonight** Drama. (2025, 15, 99min) ★★★★
4.40 **Spinal Tap II: The End...**
6.10 **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★

6.10 A Big Bold Beautiful...

8.00 Wuthering Heights Period drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Spinal Tap II: The End Continues Mockumentary sequel charting the band's reunion after a 15-year break for one final concert. Stars Michael McKean, Rob Reiner and Christopher Guest. (2025, 15, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Weapons** Horror thriller. (2025, 18, 128min) ★★★★★
2.20 AM **Pillion** Dark comedy. (2025, 18, 107min) ★★★
4.25 **Sky Cinema Preview**
5.25 **to 8.00** AM **Eddington** Western with Joaquin Phoenix. (2025, 15, 148min) ★★★★

Sky Cinema Fast

303 303 403 503 517

7.15 AM **2 Fast 2 Furious** (2003)
9.15 **The Fast and the Furious: Tokyo Drift** As 2.05am.
11.15 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★
1.10 PM **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
3.25 **Fast & Furious 6** Action thriller sequel with Vin Diesel. (2013, 12, 125min) ★★★
5.40 **Fast & Furious 7** Action thriller sequel with Vin Diesel. (2015, 12, 132min) ★★★★

8.00 Fast & Furious 8

8.00 Fast & Furious 8 Action thriller sequel starring Vin Diesel and Charlize Theron. Street racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. With Dwayne Johnson and Kurt Russell. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 The Fast and the Furious Action thriller starring Vin Diesel and Paul Walker. An undercover cop joins a gang of illegal road racers he believes are responsible for a series of truck hijackings. (2001, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **2 Fast 2 Furious** Action thriller sequel with Paul Walker. (2003, 12, 108min) ★★★
2.05 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★
4.00 **Sky Cinema Preview**
4.50 **to 6.45** AM **Fast & Furious**

Sky Cinema Drama

310 310 410 510 524

7.25 AM **Poison** As shown at 1.35am.
9.05 **The Shamrock Spitfire** Biopic. (2024, 12, 108min) ★★★
11.05 **Turtles All the Way Down** Drama starring Isabela Merced. (2024, 12, 111 min) ★★★
1.05 PM **Molly's Game** Fact-based drama. (2017, 15, 137min) ★★★★
3.25 **Terms of Endearment** Oscar-winning comedy drama. (1983, 15, 132min) ★★★★★
5.40 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix. (2024, 15, 138min) ★★★★
8.00 **About a Boy** Comedy drama based on the novel by Nick Hornby, starring Hugh Grant. (2002, 12, 101 min) ★★★★
9.45 **The Post** Fact-based drama starring Meryl Streep and Tom Hanks. In 1971, American newspapers race to expose a government cover-up of Vietnam War secrets. With Bob Odenkirk. (2017, 12, 113min) ★★★★
11.45 **Daddio** Drama starring Dakota Johnson and Sean Penn. (2023, 15, 101 min) ★★★★
1.35 AM **Poison** Drama starring Tim Roth. (2024, PG, 86min) ★★★★
3.15 **Uproar** Drama. (2023, 12) ★★★
5.10 **to 7.25** AM **Girl You Know It's True** Biopic. (2023, 15) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.30 AM **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
9.45 **Cloverfield** Offbeat disaster movie. (2007, 15, 81 min) ★★★
11.25 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
1.15 PM **Men in Black 3** Sci-fi action comedy sequel with Will Smith. (2012, PG, 105min) ★★★★
3.15 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
6.05 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★
8.00 **Mars Attacks!** Director Tim Burton's sci-fi spoof with Jack Nicholson, Glenn Close, Annette Bening and Pierce Brosnan. (1996, 12, 106min) ★★★★
9.50 **Anaconda** Jungle adventure starring Jennifer Lopez, Ice Cube and Jon Voight. (1997, 15, 89min) ★★★
11.25 **The Running Man** Adventure. (1987, 18, 101 min) ★★★
1.10 AM **Man Finds Tape** Horror thriller starring Kelsey Pribilski. (2025, 15, 84min) ★★★★
2.40 **Timestalker** Fantasy comedy. (2024, 15, 89min) ★★★★
4.15 **to 6.00** AM **There's Something in the Barn** Horror comedy. (2023, 15, 100min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.20 AM **Teen Titans Go! to the...**
9.00 **The Amazing Maurice** Animation. (2022, PG) ★★★★
10.45 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
12.40 PM **The Golden Compass** Fantasy. (2007, PG) ★★★
2.40 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
4.25 **Antz** Animated comedy. (1998, PG, 83min) ★★★
6.00 **Flavia** Family adventure. (2026, PG, 100min) ★★★

7.40 The Secret Life of Pets

7.40 **The Secret Life of Pets** Animated comedy adventure featuring the voices of Louis CK, Kevin Hart and Eric Stonestreet. (2016, U, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **How to Train Your Dragon** Live-action fantasy adventure starring Mason Thames and Nico Parker. On the isle of Berk, a young warrior forms an unlikely bond with a feared dragon. (2025, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Shrek 2** Animated sequel with the voice of Mike Myers. (2004, U, 93min) ★★★★★
1.05 AM **Shrek the Third** Animated comedy sequel. (2007, U, 88min) ★★★★
2.40 **Teenage Mutant Ninja Turtles: Out of the Shadows** Action adventure sequel. (2016, 12, 112min) ★★★
4.40 **to 6.20** AM **Teen Titans Go! to the Movies** Animation. (2018, PG, 84min) ★★★

Sky Cinema Action

306 306 407 507 521

6.00 AM **Rampage** Fantasy. (2018, 12, 107min) ★★★
7.50 **Long Gone Heroes** (2024)
9.35 **Nobody 2** As 10.20pm.
11.10 **William Tell** Historical drama. (2025, 15, 133min) ★★★
1.25 PM **Gladiator II** Historical drama. (2024, 15) ★★★
3.55 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
5.50 **xXx** Espionage action thriller. (2002, 12, 124min) ★★

10.20 Nobody 2

8.00 **Jurassic World: Rebirth** Fantasy adventure starring Scarlett Johansson, Mahershala Ali and Jonathan Bailey. A crack team infiltrates a forbidden island to collect the DNA of three key dinosaur species. (2025, 12, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Nobody 2** Comedy thriller sequel starring Bob Odenkirk. Former assassin Hutch Mansell takes his family on a holiday, but finds himself in the crosshairs of a crime boss. (2025, 15, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **High Plains Drifter** Western. (1972, 18) ★★★★
1.50 AM **Blood for Dust** Thriller. (2023, 15, 98min) ★★★
3.40 **Long Gone Heroes** Thriller. (2024, 15, 101min) ★★★★
5.30 **to 7.20** AM **Jackie Chan's Police Story** Comedy thriller. (1985, 15, 98min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.40 AM **Gremlins** Horror comedy. (1984, 12, 106min) ★★★★
8.35 **Spanglish** (2004, 12) ★★★
10.50 **The Ballad of Wallis Island** Comedy. (2025, 12) ★★★★
12.35 PM **Am I OK?** Comedy drama. (2022, 15, 86min) ★★★
2.15 **Bridget Jones: The Edge of Reason** (2004, 15) ★★★
4.05 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
6.05 **Between the Temples** Comedy. (2024, 15) ★★★★

6.05 Between the Temples

8.00 **Bridget Jones's Baby** Romantic comedy sequel starring Renée Zellweger, Colin Firth and Patrick Dempsey. After a pair of one-night stands, the now single Bridget Jones winds up pregnant. With Emma Thompson. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

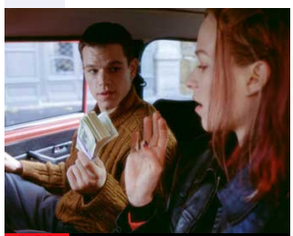
10.05 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as street-smart Detroit cop Axel Foley. With Judge Reinhold. (1984, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★
1.40 AM **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15, 104min) ★★
3.35 **Anchorman: The Legend of Ron Burgundy** Comedy. (2004, 12, 94min) ★★★★
5.20 **to 7.15** AM **Ferris Bueller's Day Off** Teen comedy. (1986, 12, 103min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.05 AM **Sky Cinema Preview**
7.00 **Juror #2** As 3.15am.
9.05 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
11.25 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
1.30 PM **Ocean's Twelve** Thriller. (2004, 12, 125min) ★★★★
3.50 **Ocean's Thirteen** Thriller. (2007, PG, 122min) ★★★
6.00 **Nightcrawler** Crime thriller starring Jake Gyllenhaal. (2014, 15, 115min) ★★★★



8.00 The Bourne Identity

8.00 **The Bourne Identity** Spy thriller based on the novel by Robert Ludlum, starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. With Franka Potente. (2002, 12, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Hunt for Red October** Cold War suspense thriller set on a nuclear-powered submarine, starring Sean Connery, Alec Baldwin and Scott Glenn. (1990, PG, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **American Gangster** Epic crime drama starring Russell Crowe and Denzel Washington. (2007, 18, 157min) ★★★★
3.15 **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
5.15 **to 7.15** AM **Speak No Evil** Horror starring James McAvoy. (2024, 15, 110min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Devil at 4 O'Clock** Adventure starring Spencer Tracy. (1961, PG, 126min) ★★
1.35 PM **Sea Wife** Romantic drama. (1957, PG, 82min) ★★
3.15 **The Virginian** Western. (1946, PG, 90min) ★★
5.00 **Crash Dive** Romantic wartime drama. (1943, U, 105min) ★★
7.10 **Jerry & Marge Go Large** Fact-based comedy drama. (2022, 12, 92min) ★★★★

9.00 Stand by Me

Jerry & Marge Go Large (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Stand by Me** Drama set in the 1950s, about four boys on a trek to find a dead body. Stars Wil Wheaton, River Phoenix, Corey Feldman and Kiefer Sutherland. (1986, 15, 89min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **The Hunt** Horror starring Betty Gilpin. A group of elites gather for the first time at a remote manor house to hunt ordinary Americans for sport. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 **to 3.15** AM **The Hate U Give** Drama starring Amandla Stenberg and Regina Hall. (2018, 12, 133min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Decades

302 302 402 502 516

6.40 AM **Peggy Sue Got Married**
8.25 **The Natural** Baseball drama. (1984, PG, 137min) ★★★
10.45 **Caddyshack** Comedy. (1980, 15, 95min) ★★★
12.25 PM **Trading Places** Comedy. (1983, 15, 116min) ★★★★★
2.25 **InnerSpace** Sci-fi comedy thriller. (1987, PG, 119min) ★★★
4.25 **The Last Starfighter** Adventure. (1984, PG, 100min) ★★★

6.10 **Batteries Not Included** Sci-fi fantasy starring Hume Cronyn. (1987, PG, 105min) ★★★★
8.00 **The Karate Kid** Martial arts adventure starring Ralph Macchio as a teenager who learns karate to combat the local motorcycle gang. With Noriyuki 'Pat' Morita. (1984, 12, 127min) ★★★★
10.10 **The Karate Kid Part II** Martial arts adventure sequel with Ralph Macchio and Noriyuki 'Pat' Morita. (1986, PG, 113min) ★★

12.10 AM **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★
2.10 **Risky Business** Comedy drama. (1983, 18, 98min) ★★★★
4.05 **to 6.00** AM **Peggy Sue Got Married** Romantic fantasy. (1986, 15, 104min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.35 AM **Johnny Mnemonic** (1995)
8.15 **Tremors** As shown at 3.10am.
9.55 **Critters** As shown at 11.55pm.
11.30 **The Mummy** Action adventure. (1999, 15, 124min) ★★★★
1.35 PM **Batman** Tim Burton's comic-book adventure. (1989, 15, 121min) ★★★★
3.45 **Batman Returns** Comic-book adventure with Michael Keaton. (1992, 12, 121min) ★★★★

5.55 **Batman Forever** Comic-book adventure starring Val Kilmer. (1995, 12, 121min) ★★★
8.00 **Batman & Robin** Fantasy adventure with George Clooney, Arnold Schwarzenegger, Chris O'Donnell and Uma Thurman. (1997, PG, 125min) ★★
10.10 **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★
11.55 **Critters** Sci-fi horror comedy starring Dee Wallace Stone. (1986, 15, 86min) ★★

1.25 AM **Johnny Mnemonic** Thriller. (1995, 15, 98min) ★★
3.10 **Tremors** Monster chiller. (1990, 15, 96min) ★★★★
4.55 **The Cinema List: Sky Originals**
5.25 **to 7.35** AM **An Officer and a Gentleman** Romantic drama. (1981, 15, 125min) ★★★★

Disney+ Cinema

305

6.00 AM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
7.20 **Pocahontas** Animation. (1995, U, 81min) ★★★
8.45 **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★
10.15 **The Mighty Ducks** Comedy. (1992, PG, 103min) ★★
12.00 NOON **The Princess Diaries** Comedy. (2001, U, 115min) ★★★

1.55 PM **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
3.35 **Percy Jackson & the Lightning Thief** Fantasy adventure. (2010, PG, 114min) ★★★
5.35 **Up** Animated comedy adventure. (2009, U, 96min) ★★★★★
7.10 **The Sorcerer's Apprentice** Action fantasy with Nicolas Cage. (2010, PG, 109min) ★★★★
9.00 **Black Swan** Psychological thriller. (2010, 15, 108min) ★★★
10.50 **Spy** Comedy adventure. (2015, 15, 115min) ★★★★

12.50 AM **The Grand Budapest Hotel** Wes Anderson's comedy drama. (2014, 15, 99min) ★★★★★
2.35 **National Treasure** Adventure caper starring Nicolas Cage. (2004, PG, 131min) ★★★★
4.45 **to 6.00** AM **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★

Movies 24

315 313 419

7.00 AM **For Love & Honey** Comedy. (2024, U, 84min) ★★
9.00 **Love's Greek to Me** Romantic drama. (2023, PG, 90min) ★★
11.00 **Savoring Paris** Romantic drama. (2024, PG, 90min) ★★
1.00 PM **Blind Date Book Club** Drama. (2024, PG, 90min) ★★
3.00 **Never Too Late to Celebrate** Drama starring Alexa PenaVega. (2023, PG, 90min) ★★

5.00 **The Love Hunt** Romantic comedy. (2023, PG, 89min) ★★
7.00 **Home Turf** Romantic comedy with Nikki DeLoach and Warren Christie. (2025, PG, 84min) ★★
9.00 **Branching Out** Drama starring Sarah Drew and Cora Bella. A single mother putting together a family tree decides to track down her daughter's biological father. (2024, PG, 90min) ★★
11.00 **Mystery Island: House Rules** Drama with Elizabeth Henstridge. (2024, PG, 84min) ★★

1.00 AM **CrimeTime: Freefall** Mystery with Lyndie Greenwood. (2024, PG, 120min) ★★
3.00 **to 5.00** AM **Love in Whitbrooke** Romantic drama. (2021, PG, 88min) ★★

Movies 24+ 329 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **A Good Read with Mike Read** *A Costume Piece.*
6.50 **Juggernaut** Mystery thriller. (1936, b/w, PG, 71min) ★★★
8.00 **Glencannon** 13/39. (S1)
8.30 **Take a Letter Mr Jones** (S1)
9.00 **Park Ranger** 3/6. (S1)
9.30 **The Trouble with Angels** Comedy. (1966, U, 112min) ★★★
11.45 **Look at Life**
12.00 NOON **Sergeant Cork** (S1)

1.05 PM **The Buccaneers** 8/39. (S1)
1.35 **Tomorrow at Ten** Thriller. (1964, b/w, PG, 78min) ★★★
3.15 **The Isle of Man**
3.30 **Dial 999** 9/39. (S1)
4.00 **From Here to Eternity** Drama. (1953, b/w, PG, 118min) ★★★★
6.20 **Look at Life**
6.30 **Give Us a Clue**
7.00 **Out of Town**
7.30 **Scotland Yard** 32/39. (S1)
8.05 **Buccaneer** 11/13. (S1)
9.10 **The Sea Shall Not Have Them** War drama. (1954, b/w, U) ★★

11.00 **The Leather Boys** Drama. (1963, b/w, PG, 107min) ★★
1.10 AM **PSI Factor** Sci-fi drama. (1980, PG, 91min) ★★
3.00 **Tell Me Another** 8/9. (S1)
3.30 **Will You Stop** Comedy short.
3.50 **Stagecoach West** 7/38. (S1)
4.50 **to 5.00** AM **Look at Life**

WEDNESDAY Sport 6 May

Sky Sports Main Event

401 401 501 419 439

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 10.00 **Sky Sports FC**
- 12.00 NOON **Lunchtime Live**
- 2.00 PM **Sports Desk**
- 3.00 LIVE **IPL** Sunrisers Hyderabad v Punjab Kings. Coverage of the T20 match staged at Rajiv Gandhi International Cricket Stadium.
- 7.00 **Sports Centre**
- 7.30 **EFL Greatest Games**
- 7.35 LIVE **WSL** Brighton & Hove Albion v Arsenal. Coverage of the Women's Super League match held at Broadfield Stadium. These two sides last met in the reverse fixture back in October when Arsenal came out on top with a 1-0 victory at Emirates Stadium. The win was decided by an own goal from Brighton defender Marisa Olislagers who put the ball in the back of her own net in the 15th minute. Kick-off 7.45pm.
- 9.45 **Sports Centre**
- 10.00 **Sky Sports News**
- 10.30 **Back Pages Tonight**
- 11.00 PM to 6.00 AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Legends**
- 8.00 **Premier League Icons**
- 9.00 **Premier League Review**
- 10.00 **Sky Sports FC**
- 12.00 NOON **Premier League Years** Clips from the 2004/05 season.
- 2.00 PM **PL Retro** A chance to see Liverpool v Chelsea from 2013.
- 4.00 **Premier League Review**
- 5.00 **The Premier League Show**
- 7.00 **Premier League Stories**
- 7.30 **Netbusters** Fast-paced highlights from the Premier League.
- 8.00 **Premier League Review** A look back at the weekend's action.
- 9.00 **Premier League Stories** Taking a look behind the scenes of the Premier League.
- 9.30 **Netbusters** Highlights.
- 10.00 **Premier League Review** A look back at the weekend's action.
- 11.00 **Premier League Years** Memorable moments from the 2004/05 season.
- 1.00 AM **PL Retro** Liverpool v Chelsea from the 2013/14 season.
- 3.00 **PL Greatest Games**
- 4.00 **Best PL Goals 2018/19**
- 5.00 to 6.00 AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

- 6.00 AM **Retro League One**
- 8.45 **EFL Greatest Games**
- 10.00 **EFL Cup Highlights**
- 11.00 **Best Scottish Premiership Goals 2022-24**
- 12.00 NOON **EFL League One Goals**
- 12.30 PM **EFL League Two Goals**
- 1.00 **EFL Highlights** Championship.
- 2.00 **Bundesliga Highlights Show**
- 3.00 **EFL Highlights**
- 3.30 **EFL League One Goals**
- 4.00 **EFL League Two Goals**
- 4.30 **SPFL Highlights**
- 5.15 **WSL** Manchester City v Liverpool.
- 5.45 **EFL Highlights** Championship.
- 7.00 **EFL Greatest Games**
- 7.05 **WSL** Manchester City v Liverpool.
- 7.35 LIVE **WSL** Brighton & Hove Albion v Arsenal. The Women's Super League match at Broadfield Stadium. Kick-off 7.45pm.
- 9.45 **SPFL Round-Up**
- 10.00 **Bundesliga Highlights Show**
- 11.00 **EFL Highlights** Championship.
- 12.00 M'T **Retro League One**
- 2.00 AM **EFL Greatest Games**
- 4.00 **EFL Cup Retro** The 2018 final.
- 4.30 **EFL** The 2017/18 season.
- 5.00 to 6.00 AM **Henrik Larsson: 20 Years On**

Sky Sports Cricket

405 405 505 422 442

- 6.00 AM **IPL** Recent T20 action.
- 11.15 **Best of ICC WT20**
- 12.00 NOON **IPL** T20 highlights.
- 2.50 PM LIVE **IPL** Sunrisers Hyderabad v Punjab Kings. The T20 match from Rajiv Gandhi International Cricket Stadium. This meeting last season was a high-scoring encounter with nearly 500 runs scored across the two innings. Punjab hit 245-6 in their 20 overs with Shreyas Iyer top-scoring with 82 from 36 balls for the Kings. In reply, Hyderabad chased down their target with nine balls to spare as Abhishek Sharma hit 141 from just 55 balls as the Sunrisers won by eight wickets.
- 7.00 **Best of ICC WT20**
- 8.00 **IPL** Highlights of Delhi Capitals v Chennai Super Kings.
- 9.00 Highlights of Sunrisers Hyderabad v Punjab Kings.
- 10.00 Highlights from Delhi Capitals v Chennai Super Kings.
- 11.00 Highlights of Sunrisers Hyderabad v Punjab Kings.
- 12.00 M'T **Best of ICC WT20**
- 12.30 AM **IPL** A replay of Sunrisers Hyderabad v Punjab Kings.
- 4.45 to 6.00 AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

- 6.00 AM **Ladies European Tour Golf**
- 3.00 PM **LPGA Tour Golf** Day four of the Mizuho Americas Open.
- 5.00 **Golf Academy** Expert tips.
- 6.00 **PGA Tour Champions**
- 7.00 **PGA Tour: The Cut**
- 7.30 **PGA Tour Golf** Highlights of day four of the Cadillac Championship at Trump National Doral in Miami.
- 8.30 **DP World Tour Golf** The fourth day of the Turkish Airlines Open.
- 9.00 **Scotland's Greatest Golf Holes**
- 10.00 **PGA Tour Champions** Action from the Regions Tradition.
- 11.00 **Ladies European Tour Golf** The MCB Ladies Classic.
- 12.00 M'T **PGA Champs Official Film 2019** Action from New York.
- 1.00 AM **Legends Tour Golf**
- 2.00 **PGA Tour Golf** Highlights.
- 4.00 **School of Golf** Expert advice.
- 5.00 to 6.00 AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

- 6.00 AM **WTA & ATP Tennis**
- 10.00 LIVE **WTA & ATP Tennis** Coverage of day two of the Italian Open, a clay-court tournament at Foro Italico in Rome. British duo Jacob Fearnley and Cameron Norrie were both in action at this stage 12 months ago, and both secured their place in round two.
- 10.00 PM **ATP Tour This Week**
- 10.30 **Tennis** A review of the women's and men's Madrid Open.
- 12.00 M'T **WTA Tennis** Linz Open final.
- 1.00 AM **ATP & WTA Tour Classics**
- 2.00 **WTA & ATP Tennis**
- 3.00 **US Open Classic Matches**
- 4.00 **ATP Tour This Week**
- 4.30 to 6.00 AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **UEFA Champions League**
- 6.30 **UEFA Europa League & Conference League Magazine**
- 7.30 **Premier League Stories**
- 8.00 **Premier League Netbusters**
- 8.30 **Snooker World Championship**
- 11.00 **Premier League Review**
- 12.00 NOON **UEFA Champions League Highlights Show**
- 12.30 PM **Playing for Our Future**
- 12.45 **The Gruppetto** Cycling news.
- 1.00 **The Cycling Show**
- 1.30 **Cycling** La Vuelta Femenina.
- 2.30 LIVE **Cycling** Coverage of stage four of the La Vuelta Femenina.
- 4.45 **Sign Up – Into Football**
- 5.30 **Serie A – Full Impact**
- 6.00 **Premier League Features**
- 7.00 LIVE **UEFA Champions League** Bayern Munich v Paris Saint-Germain. Coverage of the semi-final second-leg staged at Allianz Arena. Kick-off 8.00pm.
- 10.30 **UFC Countdown**
- 11.30 **Fight Week** UFC 328 preview.
- 12.00 M'T LIVE **MLB** New York Yankees v Texas Rangers. Coverage from Yankee Stadium. Start-time 12.05am.
- 3.00 to 6.00 AM **MLB Highlights**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **World Superbike Highlights**
- 7.00 **British Superbikes Highlights**
- 8.00 **ABB FIA Formula E World Championship Highlights**
- 10.00 **Formula E Flashback**
- 10.30 **The Breakdown**
- 11.00 **Fishing: On the Bank**
- 12.00 NOON **Sign Up – Into Football**
- 12.45 PM **UEFA Champions League**
- 1.00 **MLB Highlights**
- 2.00 **British Superbikes Highlights**
- 3.00 **World Superbike Highlights**
- 4.00 **ABB FIA Formula E World Championship Highlights**
- 6.00 **TNT Sports Reload**
- 6.30 **FIM Speedway Grand Prix Hlts**
- 7.30 **Discovery Golf**
- 8.00 **MLB Plays of the Week**
- 8.30 LIVE **MLB** San Francisco Giants v San Diego Padres. Coverage of the National League match from Oracle Park. Start-time 8.45pm.
- 11.30 **MLB Plays of the Week**
- 12.00 M'T **Premier League Netbusters**
- 12.30 AM **Serie A – Full Impact**
- 1.00 **UEFA Champions League**
- 2.00 **UEFA Europa League & Conference League Magazine**
- 3.00 **Women's Cycling**
- 4.00 to 6.00 AM **NWSL**

Sky Sports Action

412 410 510 426 446

- 6.00 AM **Super League** Wigan Warriors v St Helens from 2025.
- 9.00 **Women's Super League** St Helens v York Valkyrie in a 2025 play-off semi-final.
- 12.00 NOON **NFL Highlights** Buffalo Bills v New England Patriots.
- 1.00 PM **Good Morning Football**
- 3.00 **NFL Highlights** Cincinnati Bengals v Pittsburgh Steelers.
- 4.00 **Super League Highlights** Top-flight action from 2024.
- 4.45 **World Club Challenge** Bitesize highlights of Wigan Warriors v Penrith Panthers from 2024.
- 5.00 **NFL Highlights** Action from Detroit Lions v Green Bay Packers.
- 6.00 **NBC's Pro-Football Talk**
- 8.00 **NBA on Fire** Featuring the latest news and highlights.
- 8.30 **NBA Basketball** Another chance to see a match in the play-offs.
- 11.00 **Super Bowl LX Highlights** Seattle Seahawks v New England Patriots at Levi's Stadium.
- 12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
- 1.00 AM **Super League Highlights**
- 2.00 **Women's Super League** Wigan Warriors v York Valkyrie.
- 5.00 to 6.00 AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 10.00 LIVE **WTA & ATP Tennis** Coverage of the second day of the Italian Open, a clay-court tournament staged at Foro Italico in Rome. British duo Jacob Fearnley and Cameron Norrie were both in action at this stage 12 months ago, and both secured their place in round two courtesy of straight-set victories over Fabio Fognini and Christopher O'Connell respectively.
- 10.00 PM **Sky Sports News**
- 10.30 **Back Pages Tonight** Headlines in tomorrow's newspapers.
- 11.00 **Sky Sports News**
- 12.00 M'T **EFL Greatest Games** Fulham v Queens Park Rangers from the 2017/18 season.
- 12.15 AM Middlesbrough v Wolverhampton Wanderers from the 2017/18 season.
- 12.30 Highlights of Cardiff City v Wolverhampton Wanderers from the 2017/18 season.
- 12.45 Action from Derby County v Cardiff City in 2017/18.
- 1.00 to 6.00 AM **EFL Greatest Games**.

Sky Sports Mix

416 412 511 429 449

- 6.00 AM **EFL Greatest Games**
- 7.00 **Tennis** Madrid Open review.
- 8.30 **Ladies European Tour Golf**
- 9.30 **PGA Tour Golf** From Miami.
- 10.30 **Tennis** Madrid Open review.
- 12.00 NOON **IPL** Recent highlights.
- 2.00 PM **PL Greatest Games**
- 3.00 **Tennis** The Madrid Open finals.
- 5.00 **Formula 1** Miami Grand Prix.
- 7.00 **PL Greatest Games**
- 7.35 LIVE **WSL** Brighton & Hove Albion v Arsenal. The Women's Super League match at Broadfield Stadium. These two sides last met in the reverse fixture back in October when Arsenal came out on top with a 1-0 win at the Emirates Stadium. Kick-off 7.45pm.
- 9.45 **Super League Highlights** Warrington Wolves v Hull KR.
- 10.00 **IPL** Recent T20 highlights.
- 12.00 M'T **PL Greatest Games**
- 1.00 AM **NBA Basketball**
- 3.00 **EFL Greatest Games**
- 4.00 to 6.00 AM **IPL**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **The WRC Magazine**
- 6.30 **The Cycling Show**
- 7.00 **Women's Cycling**
- 8.00 **Serie A** Italian football.
- 10.00 **NWSL** Recent action.
- 12.00 NOON **IFSC Climbing World Series Highlights**
- 1.00 PM **The WRC Magazine**
- 1.30 **Serie A** Italian football.
- 3.30 **UEFA Champions League Highlights Show**
- 4.00 **Fishing: On the Bank**
- 5.00 **Snooker World Championship**
- 7.30 **Ultimate Pool** Pairs Cup.
- 9.00 **Serie A – Full Impact**
- 9.30 **British Superbikes Rewind**
- 9.45 **World Superbike Rewind**
- 10.00 **Cycling** La Vuelta Femenina.
- 11.00 **The Cycling Show**
- 11.30 **The WRC Magazine**
- 12.00 M'T **FIM Speedway Grand Prix**
- 1.00 AM **UFC** A replay of Jack Della Maddalena v Carlos Prates.
- 4.00 **UFC Countdown**
- 5.00 **Fight Week** UFC 328 preview.
- 5.30 to 6.00 AM **The WRC Magazine**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **Fishing: On the Bank**
- 7.00 **Adobe Women's FA Cup**
- 10.00 **AFL** Collingwood v Hawthorn.
- 11.30 Action from Western Bulldogs v Hawthorn Hawks.
- 1.00 PM A chance to see Adelaide Crows v Port Adelaide.
- 2.30 **AFL** Essendon v Brisbane Lions.
- 4.00 Another chance to see West Coast Eagles v Richmond.
- 5.30 Action from Geelong Cats v North Melbourne.
- 7.00 **AFL** A replay of Carlton v St Kilda.
- 8.30 A chance to see Sydney Swans v Melbourne Demons.
- 10.00 Another chance to see Gold Coast Suns v GWS Giants.
- 11.30 **Snooker World Championship** Action from the 17th day held at the Crucible Theatre in Sheffield.
- 2.00 AM **Ultimate Pool** Action from Group Seven of the Pairs Cup.
- 3.30 **Discovery Golf**
- 4.00 to 6.00 AM **ABB FIA Formula E World Championship Highlights**

Premier Sports 1

419 551

- 6.00 AM **FIM Sidecarcross Championship**
- 7.00 **LaLiga Match Highlights**
- 8.00 **NHL Ice Hockey**
- 10.00 **Swedish Speedway**
- 12.00 NOON **Bike World** Magazine.
- 12.30 PM **Michelin Le Mans Cup**
- 1.00 **World Surf League**
- 2.00 **NHL Tonight** Highlights.
- 3.00 **Champions Cup Show**
- 3.30 **NASCAR Highlights**
- 4.30 **URC in 60** Recent action.
- 5.30 **LaLiga** Celta Vigo v Elche.
- 7.30 **Women's Football Weekly**
- 8.00 **KOTV Boxing Weekly**
- 8.30 **Eredivisie Highlights**
- 9.30 **NHL Ice Hockey** Another chance to see a play-off match.
- 11.30 **Sporting Countdowns**
- 12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
- 3.00 AM **NHL: This is Hockey**
- 3.30 **Sporting Greats**
- 4.00 to 6.00 AM **Top 14 Rugby Union**

Premier Sports 2

420 552

- 6.00 AM **Football's Greatest**
- 7.00 **Brasileiro Serie A** Another chance to see Palmeiras v Santos.
- 9.00 Mirassol v Corinthians.
- 11.00 **Football's Greatest**
- 12.00 NOON **NASCAR Trucks** The SpeedyCash.com 250.
- 3.00 PM **Bike World** Magazine.
- 3.30 **NHL Ice Hockey** Another chance to see a play-off match.
- 5.30 **Temples of Sport** Iconic sporting venues from around the globe.
- 6.00 **Champions Cup** Another chance to see Bordeaux Begles v Bath.
- 8.00 **Champions Cup** Another chance to see Bordeaux Begles v Bath.
- 10.00 **Football's Greatest** Players in history discuss their careers.
- 10.30 **Eredivisie** Ajax v PSV Eindhoven.
- 12.30 AM A chance to see AZ Alkmaar v FC Twente.
- 2.30 **Temples of Sport**
- 3.00 to 6.00 AM LIVE **NHL Ice Hockey** Coverage of a match in the play-offs.

Sky Sports F1

407 407 507 424 444

- 6.00 AM **Formula 1** From 2017.
- 9.00 **Ginetta Juniors Highlights**
- 10.00 **Formula 1** Miami Grand Prix.
- 12.15 PM **Oscar Piastri Drives a V8**
- 12.30 **Indycar** From Long Beach.
- 1.30 **Formula 1** Miami Grand Prix.
- 2.30 **Formula 2** Action from Miami.
- 3.50 **Formula 1** Season highlights.
- 4.00 **Formula 2** Miami sprint race.
- 5.00 **Formula 1** Miami Grand Prix.
- 6.00 **Ted's Notebook**
- 6.30 **Formula 1** Miami Grand Prix.
- 7.30 **Ted's Notebook**
- 8.00 **F1 Classic Races**
- 1.00 AM **The Best of F1**
- 2.00 **F1 Explained**
- 3.00 **The Best of Australia & China**
- 4.00 **F1 Explained**
- 5.00 to 6.00 AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

7 May

Evening Planner

Football

Europa League Semi-Final 2nd Leg

TNT Sports 1 & HBO Max, kick-off 8pm

Aston Villa take on Nottingham Forest in the semi-final decider at Villa Park.

Documentary

Open All Hours: Inside Out

U&Gold, 8pm

Feature-length documentary looking back at the comedy, with contributions from one of its stars, Sir David Jason.

OnDemand

NETFLIX

Legends

Available today

Steve Coogan (right) stars in this fact-based drama about customs agents recruited to work undercover.

OnDemand

NETFLIX

USA '94: Brazil's Return to Glory

Available today

Documentary following Brazil's journey to their fourth World Cup.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Race Across the World		9.00 MasterChef		10.00 News; Local News	10.40 Would...
	102 BBC2	7.00 This Farming Life		8.00 Best of Seven Worlds, One Planet		9.00 Princes in the Tower: Lucy Worsley...		10.00 Live at the...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Tonight †	8.00 Emmerdale	8.30 Coronation...	9.00 The Neighbourhood		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Paul Merton: Driving Amazing Trains		9.00 Taskmaster		10.00 8 Out of 10 Cats Does Countdown	
	105 5	7.00 Coastguard SOS: Search & Rescue		8.00 Casualty 24/7: Every Second Counts		9.00 Number One Fan		10.00 The Plot to Kill Holly Willoughby	
	106 SKY ONE	7.00 The Simpsons		8.00 Film: Eddie the Eagle				10.00 Bear Grylls Is Running Wild	
ENTERTAINMENT	115 BBC3	7.05 Asia		8.00 Freddie Flintoff: Field of Dreams on Tour		9.00 The Traitors India			
	116 BBC4	7.00 University...	7.30 Only Connect	8.00 Dam Busters Declassified		9.00 Film: The Great Escaper			10.30 Talking Pictures
	118 ITV2	7.00 Celebrity Wheel of Fortune		8.00 The 1% Club		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 The Orient Express: A Golden Era of...		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons	7.30 Married at First Sight Australia			9.10 Celebs Go Dating		10.15 First Dates	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 FBI		10.00 Burn Notice	
	108 SKY ATLANTIC	‹ 6.25 Dune: Prophecy				9.00 Prisoner		10.00 The Miniature Wife	
	110 U&GOLD	7.20 Dad's Army		8.00 Open All Hours: Inside Out				10.00 Open All Hours	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Would I Lie to You?...	8.20 Richard Osman's...		9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 DCI Banks	
	120 ITV4	7.00 American Pickers		8.00 Ice Road Truckers		9.00 Film: Terminator 2: Judgment Day			
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Film: Horrible Bosses 2			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Queens of Mystery		9.00 Bergerac		10.00 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Saint-Pierre		9.00 Death in Paradise			
	122 SKY ARTS	7.00 Making a Maestro		8.00 Classic Movies: The Story of Great...		9.00 Film: What's New Pussycat?			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 DIY SOS: The Big Build			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Gator Boys		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Engineering Europe: Forging Marvels	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 MonsterQuest		10.00 Chaos Uncut	
	155 U&YESTERDAY	7.00 Blue Planet II		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash		10.00 Resto My Ride	
	114 SKY DOCS	7.00 The Man Who Bought Cricket		8.00 I Am Burt Reynolds				10.00 Steve McQueen: The Lost Movie	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.30 Spinal Tap II: The End Continues		8.00 Wuthering Heights					10.25 The Conjuring...
	302 DECADES	‹ 6.00 Beverly Hills Cop		8.00 Beverly Hills Cop II				9.50 Lethal Weapon	
	303 FAST	‹ 6.00 2 Fast 2 Furious		8.00 The Fast and the Furious: Tokyo Drift				10.00 Fast & Furious	
	304 FAMILY	‹ 6.00 How to Train Your Dragon		8.10 The Emoji Movie				9.50 Shrek	
	306 ACTION	‹ 6.00 The Meg		8.00 Justice League				10.00 Kong: Skull Island	
	307 GREATS	‹ 6.00 Full Metal Jacket		8.00 Cool Hand Luke					10.10 The Bodyguard
	308 COMEDY	‹ 6.20 Sex Tape		8.00 Bridget Jones: Mad About the Boy					10.10 Sleepless in Seattle
	309 THRILLER	‹ 6.00 The Bourne Identity		8.00 The Bourne Supremacy				10.00 The Bourne Ultimatum	
	310 DRAMA	‹ 5.55 The Post		8.00 About Time				10.05 Ferrari	
	311 SCI-FI	‹ 6.20 Anaconda		8.00 The Shining					10.25 Blade
	305 DISNEY+ CINEMA	7.20 Gifted				9.00 The Wild			
	313 FILM4	‹ 6.50 The League of Extraordinary Gentlemen				9.00 How to Have Sex			
SPORT	401 MAIN EVENT	7.00 Premier League Darts – Live: Coverage of night 14 from Leeds							
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 PL: A Day in...	8.30 Mo Salah Special	9.00 Big Interview	9.30 PL Stories	10.00 Gary Neville's Soccerbox	
	403 FOOTBALL	7.00 EFL Goals		8.00 EFL Highlights		9.00 EFL: The Play-Offs At 40			10.30 Bundesliga...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 UEFA Europa League – Live: Aston Villa v Nottingham Forest (Kick-off 8.00)							
	411 TNT SPORTS 2	7.00 UEFA Conference League – Live: Crystal Palace v Shakhtar Donetsk (Kick-off 8.00)							10.30 AFL

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

SUBSCRIPTION OFFER: SAVE 46%
Simply visit: magazinesdirect.com/DN95W
*Terms & conditions: magazinesdirect.com/terms.

Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition
The interceptors save a woman in Essex from a devious scammer. (S)
2.30 **Attenborough and the Mammoth Graveyard**
The discovery of a mammoth graveyard in the prehistoric riverbed of the Thames. (S)(R)(AD)
3.30 **Escape to the Country** (S)(R)
4.30 **Celebrity Bridge of Lies** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 MasterChef

7 PM

7.00 **The One Show**
Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders**
Ian and Elaine anxiously await the election results, while Max and Cindy celebrate at their joint birthday party. (S)(AD)

8 PM

8.00 **Race Across the World** New edition 6/9. With the leaderboard closer than ever, the pairs leave Zaamin National Park in Uzbekistan and race towards the next checkpoint – Kazakhstan's largest city, the Soviet-era Almaty. (S)(AD)

9 PM

9.00 **MasterChef** New edition 9/21. Anna Haugh and Grace Dent present the third quarter-final, in which the contestants serve up brunch, and guest judge Jimi Famurewa briefs them to use nuts in a dish of their choice. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Would I Lie to You?**
With panellists Lady Leshurr, Philippa Perry, Alan Titchmarsh and Mike Wozniak. (S)(R)
11.10 PM **to 6.00** AM **LIVE Elections**
Laura Kuenssberg presents through-the-night results coverage following the elections across Britain. Reeta Chakrabarti will crunch the numbers and Professor Sir John Curtice, political scientist and professor of politics at the University of Strathclyde, will be on hand to offer his insight. BBC regional political editors will be at the most important counts, and representatives of the main parties will give their reaction to the emerging political landscape. (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Shift the Thrift** (S)(R)(AD)
7.00 **Great Korean Railway Journeys** 2/5. From Seoul. (S)(R)(AD)
7.30 **Sign Zone: Gardeners' World** (R)
8.30 **Sign Zone: See Hear – Content Creators** New edition (S)
9.00 **BBC News** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Lightning** Double bill. (S)(R)
2.45 **Clean It, Fix It** (S)(R)
3.30 **Big Cats 24/7** (S)(R)(AD)
4.30 **Antiques Roadshow** (S)(R)
5.10 **Flog It!** From the Bowes Museum at Barnard Castle in Durham. (S)(R)
6.00 **Richard Osman's House of Games** Jordan Banjo, Sian Lloyd, Nick Pickard and Ellie White take part in the quiz show. (S)(R)
6.30 **Great Korean Railway Journeys** New edition 4/5. Michael Portillo's journey continues in Busan. (S)(AD)

8.00 Best of Seven Worlds...

7 PM

7.00 **This Farming Life** New edition 10/12. Andrew and Gayle's baby arrives during the busy summer season, the dairy-shed build takes its toll on Adam's leg, while Ally shears sheep on a remote island. (S)
■ Entire series on BBC iPlayer

8 PM

8.00 **Best of Seven Worlds, One Planet**
A compilation of the best moments from the natural history series, in which David Attenborough takes an in-depth look at life on each of the seven continents. (S)(R)(AD)

9 PM

9.00 **Princes in the Tower: Lucy Worsley Investigates** 3/4. Lucy uncovers the story of Edward IV's sons Edward and Richard, whose mysterious disappearance in 1483 from the Tower of London has led to centuries of mystery. (S)(R)(AD)

10 PM

10.00 **Live at the Apollo**
Tom Allen hosts from London's Hammersmith Apollo, introducing sets from Rosie Jones and Kae Kurd. (S)(R)
10.30 **Newsnight** (S)
11.00 **Surgeons: At the Edge of Life** 1/8. Consultant gynaecologist Cameron Martin treats Laura from Edinburgh, who has stage 4 endometriosis. (S)(R)(AD)
12.00 M'T **Sign Zone: See Hear – Content Creators** (S)(R)
12.30 AM **Sign Zone: MasterChef** 5/21. Decadent desserts. (S)(R)(AD)
1.30 **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)(AD)
2.30 **Sign Zone: The Cage** (S)(R)(AD)
3.30 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the experts visit Llangollen, Denbighshire, where Jan Keyne, Alison Chapman and Fay Ritter like the look of some silver and novelty pipes. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Neighbourhood

7 PM

7.30 **Tonight: Cashing in on the Elderly – Who to Trust?**
With some pensioners falling victim to economic abuse from both professional and family carers, Ruth Dodsworth reports on the problem. (S)

8 PM

8.00 **Emmerdale**
Sarah urges Jacob to stand up to his bully, while Joe makes a promise. (S)(AD)
8.30 **Coronation Street**
Hope pushes Daniel's buttons at school, and Todd opens up to George about his anger. (S)(AD)

9 PM

9.00 **The Neighbourhood** New edition 6/12. Two households come under fire at the third removal, and another realises that they must go against their friendships and vote tactically. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Batman Begins**
Dark comic-book thriller tracing the origins of Batman, starring Christian Bale, Liam Neeson, Cillian Murphy and Michael Caine. Young billionaire Bruce Wayne creates a formidable alter-ego to strike fear into the crooks and thugs of crime-riddled Gotham City. (S)(AD)
(2005, 12, 135min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM **Teleshopping**
3.00 **The Neighbourhood** (S)(R)(AD)
3.50 **The Assembly** (S)(SL)(R)
4.15 **Unwind with ITV** (S)
5.35 **to 6.00** AM **For the Love of Dogs with Alison Hammond** (S)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 22-24/26. (S4) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S1&2) (S)(R)
11.10 **Ramsay's Kitchen Nightmares USA** From Rhode Island. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)
1.10 **Matt Baker's British Isles** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to Florida** New edition
Dance teacher Sarah juggles St Patrick's Day and her wedding. (S)
5.00 **Chateau DIY** New edition
At Château de la Grillère, Tim and Sharon are desperate to open their doors to guests. (S)
6.00 **Sun, Sea and Selling Houses** New edition In Almería, Sharon and Shaun are feeling the pressure after a sudden run of sales. (S)

8.00 Driving Amazing Trains

7 PM

7.00 **News** (S)

8 PM

8.00 **Paul Merton: Driving Amazing Trains** New edition In Wales, Paul drives to a sheep market, helps to service a steam train in the birthplace of Thomas the Tank Engine and experiences the beauty of Portmeirion. (S)

9 PM

9.00 **Taskmaster** New edition 5/10. Armando Iannucci causes outrage with an ostrich, Joel Dommett has hours of fun with pots and pans, while Joanna Page and Alex Horne have an intimate talk about guinea pigs. (S)(AD)

10 PM

10.00 **8 Out of 10 Cats Does Countdown**
Jimmy Carr hosts, as Joe Wilkinson and Alex Brooker take on Kevin Bridges and Judi Love in the words and numbers quiz. Plus, Peter Serafinowicz is in Dictionary Corner. (S)(R)
11.05 **Gogglebox** (S)(R)
12.05 AM **Virgin Island** (S)(SL)(R)(AD)
2.00 **Ramsay's Kitchen Nightmares USA** From Colorado. (S)(R)
2.50 **Couples Come Dine with Me** (R)
3.45 **Sarah Beeny's New Country Lives** Documentary. (S)(R)(AD)
4.40 **George Clarke's Amazing Spaces** Including a prototype apartment inspired by a beehive. (S)(R)
5.35 **Sunday Brunch** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.00 NOON **LIVE Snooker: World Seniors Championship** Rachel Casey presents coverage of the afternoon session on day two from the Crucible Theatre in Sheffield, featuring Jimmy White v Daniel Ward and Ken Doherty v Gerard Greene in the first round. (S)
5.00 PM **News** (S)
6.00 **Love Nature** New edition Tracking the return of native species of red squirrels to the woodlands of County Down. (S)
6.05 **Susan Calman's Grand Day Out** The comedian returns to the Lake District. (S)(R)
6.55 **News** (S)

9.00 Number One Fan

7.00 **Coastguard SOS: Search & Rescue** A dangerous boat accident leaves three seriously injured passengers stranded off the Isle of Wight. (S)(R)
7.55 **News** (S)

8.00 **Casualty 24/7: Every Second Counts** New edition Paramedics bring in care home manager Kirsty, who has fallen over at a petrol station and landed badly on her arm. (S)

9.00 **Number One Fan** Series finale 4/4. Conclusion of the thriller. Lucy goes missing, presumed dead by suicide, but Donna is hatching a plan to make the real culprit take the fall. (S1) (S)(AD)

10.00 **The Plot to Kill Holly Willoughby** A look into how Gavin Plumb plotted to kidnap and then kill the TV presenter after spending nearly a decade developing a twisted fixation on her. (S)(R)

11.30 NEW SERIES **Snatched** Investigating the 1982 disappearance of a 12-year-old American paper boy. (S)
12.30 AM **My Boyfriend Made Me Do It** Documentary. (S)(R)(AD)
1.30 **Teleshopping** (S)(R)
2.30 **Cash in the Attic** (S)(R)
4.30 **Entertainment News** (S)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **David Attenborough's Galapagos** Documentary. (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 5/21. (S3) (S)(R)(AD)
4.00 **Police 24/7** (S2) (S)(R)
5.00 **The Simpsons** (S)(R)
5.55 **The Office (US)** 22/26. Michael prepares to leave Dunder Mifflin, but decides to depart earlier than planned so no-one makes a fuss. (S)(R)
6.35 23/26. Deangelo's unorthodox management style soon causes chaos. (S7) (S)(R)

3.00 S.W.A.T.

7.00 **The Simpsons** *Lisa's Substitute:* Lisa develops a crush on a supply teacher at school. (S)(R)
7.30 *The War of the Simpsons:* Marge and Homer visit a rural retreat in a bid to save their marriage. (S)(R)

8.00 FILM **Eddie the Eagle** Biopic of British underdog ski jumper Eddie Edwards, who became a national sensation during the 1988 Winter Olympics. Stars Taron Egerton, Hugh Jackman and Christopher Walken. (S) (2016, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.00 **Bear Grylls Is Running Wild** The survivalist takes Oscar-winning actor Matthew McConaughey on an adventure as the two traverse the secluded glacial alpine wildernesses of Norway. (R)

11.00 **Grimm** 9/22. A Russian creature with healing powers finds his past catching up with him, and Juliette protects a friend from her abusive husband – but does not realise she is not human. (S3) (S)(R)
12.00 M'T **Police 24/7** (S)(R)
1.00 AM **The Force: North East** (R)
2.00 **Road Wars** (R)
3.00 **Hawaii Five-0** 3/24. (S3) (S)(R)
4.00 **S.W.A.T.** 5/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Border Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
7.00-7.30pm River City: Alex is devastated by a discovery. (S)(R)(AD)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm The View (S)
11.20pm-6.00am LIVE Elections (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Peelers: The PSNI for Real (S)(R)

WALES
Sky **968**, Freesat **968**
7.00pm Scrum V: The Warm Up (S) **7.30-8.00pm** The Hairy Bikers' Pubs That Built Britain (S)(R)

ITV1

As main ITV1 except:

WALES
10.45pm Sharp End (S) **11.45** Murder: Buried Alive – True Crime Presents (S)(R)(AD) **12.35-1.00am** Welsh Lives (S)(R)

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **12.30** Heno **1.00** Caeau Cymru **1.30** Cartrefi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Nôl i'r Gwersyll **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Bae Ceredigion **6.30** Clwb Rygbi **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion a'r Tywydd **9.00** Llond Bol O Sbaen **10.00** Maxine Hughes – Canser: Ar Ba Gost? **11.00-11.35pm** Cymry ar Gynfas

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

7.00 PM **The Catch Up**
7.05 **Asia** Exploring the wildlife of Asia's mountains.
8.00 **Freddie Flintoff: Field of Dreams on Tour** A new addition to the squad gives them hopes of victory.
9.00 **The Traitors India** New editions 4/12. The traitors receive a daring secret mission to be executed in plain sight. **10.10** 5/12. The latest mission forces the players to second-guess their most trusted allies, leading to new accusations at the circle. **11.15** 6/12. Four people wake up with targets on their backs – and the players can save only one.
12.25 AM **Better Date than Never** Double bill.
1.30 **Leigh-Anne: Race, Pop & Power** Documentary.
2.30 **Paranormal: Britain's Last Witch** The story of medium Helen Duncan.
3.00 **to 4.00** AM **Freddie Flintoff: Field of Dreams on Tour**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

7.00 PM **University Challenge** Coventry take on Cardiff.
7.30 **Only Connect** The Travel Writers take on the Science Writers in the quiz.
8.00 **Dam Busters Declassified** Actor Martin Shaw takes to the skies to retrace the 1943 raid by 617 Squadron.
9.00 FILM **The Great Escaper** Fact-based drama starring Michael Caine and Glenda Jackson. A war veteran sneaks out of his care home in Hove to attend a D-Day commemoration in France. (2023, 12, 96min) ★★★★
10.30 **Glenda Jackson: Talking Pictures**
11.15 FILM **The Silence of the Lambs** Psychological thriller starring Jodie Foster and Anthony Hopkins. (1990, 18, 119min) ★★★★★
1.10 AM **Anthony Hopkins: Talking Pictures**
1.50 **Glenda Jackson: Talking Pictures**
2.35 **to 3.35** AM **How to Get Ahead at Renaissance Court**

MORE4

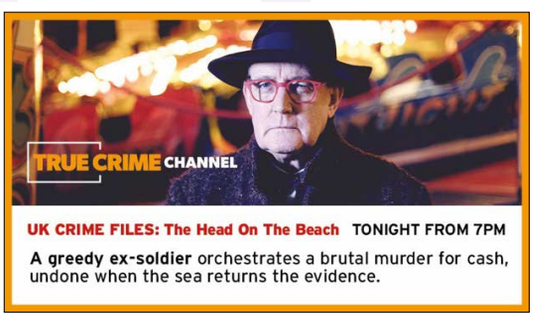
136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The competition gets under way at the Oak Tree Cottage in Burley, Hampshire. **4.50** The second visit is to The Rising Sun Inn in Bath. **5.20** The rivals visit the Busfeild Arms, East Morton. **5.50** The guests head to Beatles-themed Epstein House in Liverpool. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp helps a single mother find a home in Exmouth, Devon.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp catches up with Julie and Allen in Stoke.
9.00 **The Orient Express: A Golden Era of Travel** 4/4. The famous train travels through the Balkans and arrives in Sofia, the capital of Bulgaria, before ending its journey in Istanbul.
10.00 **24 Hours in A&E** A woman is rushed to St George's after falling from a horse.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **First Dates** Dating show.
6.00 **The Simpsons** Triple bill.
7.30 **Married at First Sight Australia** New edition The final dinner party arrives and it's a time for celebration as well as consternation.
9.10 **Celebs Go Dating** New edition The celebrities mingle with a roomful of singles at their first mixer, with agents Paul, Anna and Dr Tara watching on and assessing their endeavours.
10.15 **First Dates** Ladies' man Luke hopes to find romance with PR manager Sophie.
11.25 **Naked Attraction**
12.35 AM **Gogglebox**
1.40 **Married at First Sight Australia** Reality series.
3.10 **Celebs Go Dating**
4.10 **The Goldbergs**
5.00 **to 6.00** AM **Don't Tell the Bride**



UK CRIME FILES: The Head On The Beach TONIGHT FROM 7PM
A greedy ex-soldier orchestrates a brutal murder for cash, undone when the sea returns the evidence.

Thursday

primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Law & Disorder**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 7&8/15. (S3)
1.00 PM **The Rookie** 10/18. John, Lucy and Angela investigate the stabbings of three girls. **2.00** 11/18. Lucy's decision-making skills are tested. (S7)
3.00 **Law & Order: Criminal Intent** 1/22. A city health inspector is found dead. (S5)
4.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 Police 24/7 Officers rush to help a woman involved in a domestic dispute, and a man threatens to jump off the side of a building.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 FBI New episode *Forgiven:* 14/22. After Maggie's sister Erin goes missing, the team lauch an all-out search to find her. (S8)

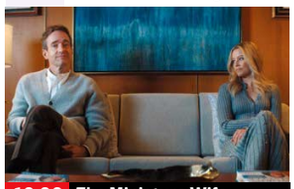
10 PM
10.00 Burn Notice *Unpaid Debts:* 7/14. Michael tackles smugglers and corrupt police to help an old friend of Sam's. (S1)
11.00 **The Rookie** 20/20. (S1)
12.00 M'T **FBI** 1&2/15. (S3)
2.00 AM **FBI: International** (S1)
3.00 **Road Wars Christmas Special**
4.00 **Border Security: America's Front Line** Double bill.
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 6&7/12. (S1)
12.05 PM **Billions** 7&8/12. (S4)
2.15 **My Brilliant Friend** 5/8. (S3)
3.15 **The Young Pope** 8/9. (S1)
4.20 **Billions** 7/12. Wendy and Axe devise a new plan of attack against Taylor. **5.25** 8/12. Chuck faces off with US Attorney General Jock Jeffcoat. (S4)
6.25 **Dune: Prophecy** 5/6. Desmond goes on a warpath to root out the insurgents. (S1)



10.00 The Miniature Wife

7.30 Dune: Prophecy *The High-Handed Enemy:* 6/6. As Tula contends with the revelation of Desmond's true identity, the acolytes uncover a devastating long-held secret about the Sisterhood. (S1)

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9.00 Prisoner New episode 2/6. Amber and Tibor narrowly escape execution by Nina. (S1)
■ Entire series on Box Sets

10.00 The Miniature Wife New episode *Delusional:* 5/10. Les spirals into scientific madness. (S1)
■ Entire series on Box Sets
11.00 **DTF St Louis** 5-7/7. (S1)
2.00 AM **Hacks** New episodes 6&7/10. Comedy drama starring Jean Smart and Hannah Einbinder. (S5)
3.20 **Homicide: Life on the Street**
4.15 **The Guest Wing**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.20 **Olivia and Alex: Parenthood**
9.20 **The Only Way Is Essex**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of New...**
12.05 PM **Limitless Win**
1.10 **Celebrity Catchphrase**
2.10 **Celebrity Wheel of Fortune**
3.10 **Only Way Is Essex: Thailand**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

10.00 Family Guy

7.00 Celebrity Wheel of Fortune With Tom Allen, Michelle Visage and Eddie Kadi playing for their chosen charities.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 Hell's Kitchen Series finale 16/16. Two chefs battle it out in one final dinner service to prove that they are ready.

10.00 Family Guy New episode 16/22. Brian puts a prize he won on a game show to good use. (S23) **10.30** 15/15. Brian uses Stewie's time machine to change history. (S22)
11.00 **Family Guy** 9/15. Lois sells the TV to pay for Christmas. (S22)
11.30 **American Dad!** (S13&12)
12.35 AM **Bob's Burgers** (S12)
1.30 **Deal or No Deal**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse** *The Silent World of Nicholas Quinn.*
11.15 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *Talking to the Dead:* Two couples vanish from the village of Monks Barton.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Frail Mortality:* Susan is injured in a hit-and-run accident.

8.00 Vera

6.55 Heartbeat *Snapped:* A photographer and his models descend on the village, while Nick looks down the barrel of a gun.

8.00 Vera *The Rising Tide:* An apparent suicide on Holy Island sees DCI Vera Stanhope despatched to her home stomping ground to investigate the circumstances.

10.00 DCI Banks *Ghosts – Part One:* The detective investigates when a student's body is found dumped in a ravine.
11.00 **DCI Banks** *Ghosts – Part Two:* The team trace Hexton to Gerald and Elaine Foster's house, but it is too late.
11.50 **Lewis** *The Ramblin' Boy:* A senior officer goes missing.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Protectors**
6.35 **Magnum, PI**
7.35 **Kojak**
8.40 **The Saint**
9.45 **Boon**
10.50 **The Sweeney**
11.55 **BattleBots**
1.00 PM **LIVE Racing** Coverage of the second day of the May Meeting from Chester.
4.00 **World of Sport**
4.20 **The Protectors**
4.50 **The Sweeney**
5.55 **Minder**

9.00 Terminator 2

7.00 American Pickers The experts find a junkyard in Maryland, where Frank offers big money for a 1939 Plymouth coupe.

8.00 Ice Road Truckers Dangerous conditions on the roads leave the truckers with no choice but to form a convoy.

9.00 FILM Terminator 2: Judgment Day Sci-fi thriller sequel starring Arnold Schwarzenegger as a cyborg from the future that has been programmed to protect humanity's saviour. With Linda Hamilton. (1991, 15, 146min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **Ligue 1 Highlights** The latest action from France's top flight.
12.15 AM **Underwater Grand Fishing Adventure**
1.45 **Hell's Kitchen**
2.35 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Wild Cameramen at Work** Doug Allan recalls some of his most hair-raising encounters.
8.00 **Beechgrove Garden** New edition Planting borders and planning for cut flowers are on the to-do list.
8.30 **Landward** New edition A special edition from the Isle of Bute.
9.00 **Highland Cops** Sgt Katie Duncan responds to a knife assault in Fort William.
10.00 **NEW SERIES Icons of Football** A profile of ex-Celtic and Barcelona striker Henrik Larsson.
10.30 **Scot Squad** 1/6. Miekelson has his portrait painted. (S2)
11.00 **Stevens & McCarthy**
11.30 PM **to 12.00** M'T **T in the Park: Best Bits**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S8)
9.00 **Sort Of** 7&8/8. (S2)
10.00 **Avenue 5** 8/8. (S2)
10.40 **Upright** 1/8. (S1)
11.15 **Will & Grace** (S10)
12.15 PM **The Rehearsal** (S2)
1.35 **Avenue 5** 8/8. (S2)
2.10 **Upright** 1/8. (S1)
2.45 **Will & Grace** (S1)
3.45 **The Rehearsal** (S2)
5.00 **Community** (S6)
6.05 **Will & Grace** (S2)
7.00 **The Office (US)** 19/26. Michael decides to propose to Holly. **7.30** 20/26. Guest stars Will Ferrell. (S7)
8.00 **Resident Alien** (S1)
9.00 **Last Week Tonight with John Oliver** A satirical look at news and pop culture topics.
9.45 **Rob Beckett: Giraffe**
11.30 **Resident Alien** (S1)
12.30 AM **The Trip** (S1)
1.50 **Community** (S6)
3.00 **Avenue 5** 8/8. (S2)
3.40 **to 5.00** AM **The Rehearsal**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Don Giovanni Paris Opera**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu...**
1.00 PM **Tales of the...**
2.00 **Reinventing the Orchestra** Documentary.
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2017**
6.00 **Tales of the Unexpected**
7.00 **Making a Maestro**
8.00 **NEW SERIES Classic Movies: The Story of Great Expectations**
9.00 **FILM What's New Pussycat?** Comedy. (1965, 15, 108min) ★★★
11.05 **The Directors**
12.05 AM **I Am Steve McQueen** Documentary.
1.45 **Inside Guggenheim**
3.00 **Beyond the Brush**
4.00 **The Art of Collecting**
5.00 **to 6.00** AM **André Rieu: How It All Began**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 13/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: The Next Generation** 15/22. (S2)
8.00 **Star Trek: Voyager** (S1)
9.00 **World's Most Evil Killers** The crimes of David Marmolejo.
10.00 **Killer in My Village**
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S2)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A family team of five try to answer top 10 lists questions.
3.00 **Beat the Chasers** Bradley Walsh hosts as people from across the country compete against the most formidable quiz team on TV.
4.00 **Time Is Money** Quick-fire quiz show hosted by Sara Davies.
5.00 **Deal or No Deal** Becca tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Ant & Dec's Limitless Win** Married couple Ricky and Manisha take on the Limitless Ladder.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shepherd.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Country Lives**
10.00 **Escape to Florida**
11.00 **Sun, Sea and Selling Houses** From Alicante.
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Jamie's Ultimate BBQ**
8.00 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters in Surrey.
9.00 **Salisbury Poisonings: The Untold Story**
10.00 **Virgin Island** Double bill.
12.05 AM **8 Out of 10 Cats Does Countdown**
1.05 **Gordon Ramsay's Secret Service**
2.05 **Taskmaster**
3.05 **Gordon Ramsay's Secret Service**
4.00 **to 5.00** AM **Paul Merton: Driving Amazing Trains**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **Fantasy Island** 5&6/10. (S1)
4.00 **Stargate SG-1** 4/22.(S5)
5.00 **Star Trek: Voyager** 6/26. Seven of Nine believes the Borg are summoning her. (S4)
6.00 **Star Trek: Enterprise** 3/26. The crew find a ship full of dead humanoids that appear to have been the victims of scientific experiments. (S1)

11.00 Grimm

7.00 **Stargate Atlantis** *Hide and Seek:* 3/20. One of the Athosian children unleashes a seemingly harmless entity. (S1)

8.00 **Stargate SG-1** *The Fifth Man:* 4/22. Teal'c, Carter and Daniel return to Stargate Command. (S5)

9.00 **From** *The Light of Day:* 5/10. Boyd struggles to keep the town safe as the residents begin to question his judgement.

10.00 **From** *Scar Tissue:* 6/10. Fatima and Ellis make a big decision about her pregnancy, while Boyd fears for his family. (S3)
11.00 **Grimm** 5/22. A Wesen becomes a vigilante. (S3)
12.00 M'T **The Walking Dead** 12/16. The prison-based survivors plan to refresh their supply of weapons. (S3)
1.00 AM **Fantasy Island** (S1)
3.00 **The Walking Dead** (S3)
4.00 **From** 3/10. (S3)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 20/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Mentalist** 20/23. (S2)
5.00 **Hudson & Rex** 16/16. Charlie and Rex have a pool of unconnected suspects in a murder case. (S2)
6.00 **Father Brown** *The Kembleford Dragon:* The local stationmaster is murdered.

6.00 Father Brown

7.00 **Unforgettable** *Check Out Time:* 3/22. A murder case leads the team to a series of intricately connected blackmail schemes. (S1)

8.00 **Saint-Pierre** *Off with His Head:* 3/10. Fitz and Arch investigate when a billionaire is found decapitated. (S1)

9.00 **Death in Paradise** *Hidden Secrets:* 2/8. A surf-school owner is shot in his workshop. With Will Mellor. (S4)

10.00 **Death in Paradise** *Melodies of Murder:* 8/8. A reggae band's reunion is blighted when the guitarist is found dead. (S7)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S4)
1.00 AM **Hudson & Rex** (S2)
2.00 **Murdoch Mysteries** 4/22. A young woman is found dead from an overdose. (S18)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **The Green Green Grass**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.00 **Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

8.00 Open All Hours: Inside Out

7.20 **Dad's Army** Godfrey is at the centre of controversy as the boys raise questions about whether he is brave enough for the job.

8.00 **NEW Open All Hours: Inside Out** Diane Morgan narrates this one-off documentary about the much-loved comedy, featuring contributions from David Jason, Tim Healy, Johnny Vegas and Ronnie Barker's daughter Charlotte.

10.00 **Open All Hours** Arkwright plots to get into Nurse Gladys's bedroom. **10.40** Nurse Gladys poses as a critic from the Good Shop Guide.
11.20 **Open All Hours**
2.00 AM **Ghosts**
2.30 **Ever Decreasing Circles**
3.05 **Ghosts** Alison and Mike have a spontaneous wild night out.
3.35 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** Quiz show.
2.00 **Mega Metro**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Three women in Wales prepare their most impressive dishes.
6.00 **Rick Stein's Cornwall**

5.00 The Hairy Bikers

7.00 **Would I Lie to You?** With panellists Bob Mortimer, Adil Ray, Kian Egan and Mel Giedroyc.
7.40 **Would I Lie to You? At Christmas** With Richard Osman and Sara Pascoe.
8.20 **Richard Osman's House of Games** With Cariad Lloyd and Gareth Malone.

9.00 **QI XL** Guests Cally Beaton, Nish Kumar and Laura Smyth join regular panellist Alan Davies and host Sandi Toksvig.

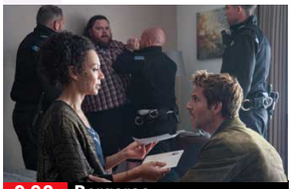
10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the current affairs quiz.
11.00 **Frankie Boyle's New World Order** Topical comedy show.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You? At Christmas** With Clive Myrie.
1.00 **Would I Lie to You?**
1.40 **QI XL** With Rhod Gilbert.
2.30 **Frankie Boyle's New World...**
3.15 **to 4.00** AM **Gadget Man**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.25 AM **The Bill**
8.20 **Doctors**
9.35 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Harry Wild**
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** The sleuth looks into a suspicious death.
5.20 **Birds of a Feather** Sharon and Tracey take part in a karaoke competition.
6.00 **Last of the Summer Wine**


9.00 Bergerac

7.20 **Last of the Summer Wine** Foggy comes up with a plan to convert an old boat into a water taxi.

8.00 **Queens of Mystery** Series finale *The Raven – Final Chapter:* 6/6. Mattie closes in on finding the identity of the killer. (S2)

9.00 **Bergerac** New episode *Look Who's Back:* 4/6. Bergerac's pursuit of Monica has dangerous consequences. (S2)

10.00 **New Tricks** *Gloves Off:* The team reinvestigate the murder of a boxer. Guest stars Maggie O'Neill and Chloe Howman.
11.20 **Dalziel & Pascoe** *Walls of Silence:* The duo are called in to investigate the death of a musically gifted schoolboy.
1.25 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.20 **Birds of a Feather**
2.55 **to 4.00** AM **Bergerac**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 3-5/24. (S12)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Status Update:* 18/24. A convicted thief's body is found in a US Marine's home. **7.00** *Patience:* 19/24. The team receive a new lead in a 40-year-old airport bombing case. **8.00** *No Good Deed:* 20/24. DiNozzo has to work with his girlfriend Zoe on a case. (S12)
9.00 **Blue Bloods** *Triumph Over Trauma:* 1/16. Frank faces a battle with the city government over the police brutality protests. Meanwhile, Jamie searches for Danny and Baez. (S11)
10.00 **Law & Order: Special Victims Unit** (S7, 12&6)
1.50 AM **Law & Order: Criminal Intent** (S8)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops: Under Attack** True-crime.
12.00 NOON **Storm & Alexis**
12.45 PM **5 News**
12.50 **Matt Allwright**
2.00 **Vanessa** Talk show.
3.00 **Police Interceptors**
5.00 **Rogue Claimers** New edition
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
9.00 **A&E After Dark** New edition A patient who may have overdosed.
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Babies 24/7: The Maternity Ward**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
12.05 PM **FILM The Deadly Companions** Western starring Brian Keith. (1961, PG, 90min) ★★★
2.10 **FILM Fort Utah** Western starring John Ireland and Virginia Mayo. (1967, U, 84min) ★★
3.55 **Trucking Heavy: Massive Moves**
4.55 **Winter Road Rescue**
6.00 **Police Interceptors**
7.00 **LIVE Snooker: World Seniors Championship** Coverage of the evening session on day two at the Crucible Theatre in Sheffield, featuring four second-round matches, played over the best of seven frames.
10.30 **Cops** Police deploy spike strips to put an end to a vehicle pursuit.
11.00 **The X-Files** 20/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete returns to the Dogs Trust, facing a suitcase of abandoned puppies on day one.
9.00 **DIY SOS: The Big Build** The team transform the home of a 13-year-old boy with cerebral palsy and developmental delay. **10.00** Transforming the home of a nine-year-old boy who has an extreme form of epilepsy.
11.00 **Killer Women with Piers Morgan** Double bill.
1.00 AM **Sort Your Life Out with Stacey Solomon**
2.00 **to 3.00** AM **Louis Theroux Interviews... Rita Ora**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **The Black Death: Lucy Worsley Investigates**
7.10 **Princes in the Tower: Lucy Worsley Investigates**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **Great War in Numbers**
11.00 **The Buildings That Fought Hitler**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Great War in Numbers**
5.00 **The Buildings That Fought Hitler**
6.00 **Blue Planet II**
8.00 **NEW SERIES Bangers & Cash: Restoring Classics** A 1996 Fiat 126.
9.00 **Bangers & Cash**
10.00 **Resto My Ride** New edition
11.00 **A Perfect Planet**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** Pembrokeshire.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
7.00 **Celebrity Yorkshire Auction House**
8.00 **The Yorkshire Auction House** Angus Ashworth helps to clear a menagerie of animal-themed heirlooms.
9.00 **Death Walker with Nick Groff** New edition Nick and Tessa head to the Renwick House to investigate reports of ghostly activity.
10.00 **Help! My House Is Haunted** Four editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Thursday

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** 2/7. (S1)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** (S5&6)
1.00 PM **The Waltons** (S8)
3.00 **Ballykissangel** 4/8. (S2)
4.10 **Down to Earth** 5/8. (S3)
5.20 **Bramwell** 3/7. (S1)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 16/20. The medics of the 4077th mollycoddle Potter. **8.00** 17/20. Hawkeye has a sneezing fit. **8.30** 18/20. Guest stars Patrick Swayze. (S9)
9.00 FILM **The Belles of St Trinian's** Comedy starring Alastair Sim and Joyce Grenfell. (1954, b/w, U, 87min) ★★★★
11.00 **Robin's Nest** (S4&3)
12.00 M'T **M*A*S*H** (S9)
1.30 AM **Rising Damp** (S2)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM FILM **Two Rode Together** Western with James Stewart. (1961, PG, 109min) ★★★
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM FILM **Eye for an Eye** Mystery thriller. (2019, 15, 98min) ★
4.00 **The Persuaders!**
5.00 **The Avengers** (S6)
7.00 FILM **Stratton** Thriller starring Dominic Cooper and Austin Stowell. (2017, 15, 94min) ★★
9.00 FILM **Crimson Tide** Submarine thriller with Denzel Washington and Gene Hackman. (1995, 15, 116min) ★★★★
11.35 **Coast Guard Alaska**
1.35 AM **The Avengers**
3.25 FILM **Super Eruption** Disaster thriller starring Richard Burgi. (2011, 15, 89min) ★★
4.50 **to 5.50** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM FILM **Garage Sale Mysteries: The Wedding Dress** Crime drama. (2015, PG, 83min) ★★
10.05 **In Plain Sight** 3/13. (S4)
11.05 **Castle** 9/10. (S1)
12.05 PM FILM **An Emma Fielding Mystery: More Bitter Than Death** Thriller. (2019, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 10/10. (S1)
8.00 **Unforgettable** (S4)
9.00 **In Plain Sight** 4/13. (S4)
10.00 **Hailey Dean Mysteries**
11.55 FILM **Lost Letter Mysteries: Reconcilable Differences** Drama. (2014, 12, 87min) ★★
1.50 AM FILM **Retribution** Crime drama. (2012, PG, 80min) ★★
3.25 **to 5.00** AM FILM **Live Once, Die Twice** Thriller. (2006, 12, 90min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.15 AM FILM **Luckless in Love** Romantic comedy. (2023, PG, 86min) ★★
10.15 FILM **A Lifelong Love** Drama. (2023, U) ★★
12.10 PM **A Fine Romance**
12.40 FILM **Mid-Love Crisis** Drama. (2022, PG) ★★
2.30 FILM **My Boss's Wedding** Romance. (2021, PG, 85min) ★★
4.30 FILM **A Wedding for Belle** Romantic drama. (2025, PG, 90min) ★★
6.30 **A Fine Romance**
7.00 FILM **Wedding at the Hamptons** Drama. (2022, PG, 90min) ★★
9.00 FILM **Splash of Love** Comedy. (2022, U) ★★
10.55 FILM **Puppy Love** Drama. (2012, U, 90min) ★★
12.45 AM FILM **Baking Up Love** Romantic drama. (2021, PG, 105min) ★★
3.00 **to 5.00** AM FILM **Splash of Love** Comedy. (2022, U, 85min) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Celebrity Coach Trip**
3.00 **Highclere: The Real Downton Abbey**
4.00 **New Home DIY**
5.00 **Country House Auction**
6.00 **Celebrity Coach Trip**
7.00 **Love Your Garden**
8.00 **Garden Rescue** A sensory, Scandi-themed garden in Leeds. **9.00** A garden in Cwmbran, south Wales.
10.00 FILM **Adventures of a Taxi Driver** Comedy starring Barry Evans. (1976, 18, 86min) ★
12.00 M'T FILM **Cruel Passion** Erotic drama starring Koo Stark and Lydia Lisle. (1977, 18, 99min) ★★
2.00 AM FILM **From Hell to Victory** War drama with George Peppard. (1979, PG, 103min) ★
4.15 **Queer Lives Today**
4.45 **to 5.00** AM **Becoming Jazzy Whipps**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** 2/6. (S1)
10.30 **Hallelujah** 4/7. (S1)
11.00 **Rewind Time Machine**
11.05 **Second Thoughts** (S3)
11.35 **The Fenn Street Gang**
12.05 PM **Boon** 5/13. (S2)
1.05 **Danger Man** (S1)
2.05 **Wish Me Luck** (S2)
3.05 **Rewind Time Machine**
3.10 **Hank the Cowboy**
3.25 **Rewind Time Machine**
3.30 **Boon** 3/13. (S5)
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 5/24. (S2)
7.05 **Danger Man** (S1)
8.05 **Hallelujah** 4/7. (S1)
8.35 **Second Thoughts** (S3)
9.05 **Drop the Dead Donkey**
10.05 FILM **Orgy of the Dead** Horror. (1965, 18) ★★
11.55 FILM **Horror Hospital** Horror. (1973, 18) ★
1.40 AM **Stereo Underground**
2.40 **The Rewind Jukebox**
3.40 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** From Alaska.
10.00 **Deadliest Catch**
12.00 NOON **Mysteries of the Missing** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Johnathan goes under the knife at sea. **8.00** Co-captains Jake and Johnathan try to join forces with Keith Colburn.
9.00 **Expedition X** A look at alleged paranormal activity at Lake Superior.
10.00 **Expedition Unknown**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Paul Hollywood: City Bakes** Reykjavik.
7.00 **Rick Stein's Food Heroes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Great Britain**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Everyday** Family meals.
1.00 **James Martin's Islands to Highlands**
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Great Britain**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
8.30 **Mary Berry Everyday** Ideas to make everyday family meals special.
9.00 **James Martin's Great British Adventure**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 17/25. (S7)
9.00 **T.J. Hooker** 7/22. (S3)
10.00 **Six Million Dollar Man**
11.00 FILM **Trapped in Space** Sci-fi suspense drama starring Jack Wagner and Jack Coleman. (1994, 15, 84min) ★★
1.00 PM **The Gambler: The Adventure Continues**
5.00 **Star Trek** 25/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 8/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Scarface** Brian De Palma's crime thriller starring Al Pacino and Michelle Pfeiffer. (1983, 18, 163min) ★★★★★
12.30 AM FILM **Internal Affairs** Thriller starring Richard Gere, Andy Garcia and Nancy Travis. (1990, 18, 117min) ★★★★
2.50 **to 4.50** AM FILM **Ulzana's Raid** Robert Aldrich's Western. (1972, 15, 103min) ★★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM FILM **Mega Storm: Days of Destruction** Sci-fi action thriller. (2011, PG, 89min) ★★
11.00 **Andromeda** 14/22. (S1)
12.00 NOON FILM **2021: War of the Worlds** Thriller. (2021, 12, 78min) ★★
2.00 PM FILM **Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
4.00 **Walker, Texas Ranger**
5.00 **The Gambler Returns: The Luck of the Draw**
7.00 **Andromeda** 15/22. (S1)
8.00 **The Fall Guy** 21/23. (S4)
9.00 FILM **Escape Plan 2: Hades** Thriller sequel with Sylvester Stallone. (2018, 15, 96min) ★★
11.00 FILM **Under Suspicion** Crime thriller. (2000, 15, 111min) ★★
1.15 AM FILM **Escape Plan 2: Hades** As 9.00pm.
3.10 **The Gambler Returns: The Luck of the Draw**
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars Do America**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **World's Most Unexplained**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars Do America**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **Close Encounters Down Under**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **UFO POV**
11.00 **The UnXplained**
12.00 M'T **Curse of...**
1.00 AM **Close Encounters...**
2.00 **Ancient Aliens**
3.00 **World's Most...**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** The Thames.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** Australia.
5.00 **World's Most Scenic Railway Journeys**
6.00 **Digging Up Britain's Past** Bridgewater Canal.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Prince Edward: The Reliable Royal** Documentary looking back at the life of The King's youngest brother.
10.00 **The Good Ship Murder**
12.05 AM **Wentworth Prison**
1.10 **The Yorkshire Vet**
2.10 **Cruising with Jane McDonald** Caribbean.
3.10 **to 4.00** AM **Paul Martin's Antiques Showdown**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase Celebrity Special** With Russell Watson, Rita Simons, Bill Oddie and Denise Welch.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With guests Toyah Willcox, John Barnes, Germaine Greer and Audley Harrison.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.00** 17/24. Raj is upset when Lucy runs away in the middle of their date. **8.30** 18/24. The guys promote science as a career for women. (S6)
9.00 FILM **The Talented Mr Ripley** Thriller starring Matt Damon. A young sociopath with a talent for impersonation is prepared to go to any lengths to worm his way into high society. (1999, 15, 139min) ★★★★★
12.00 M'T **Dr Pimple Popper: Breaking Out**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Christmas Show**
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 1-6/25. (S7)
1.00 PM **Friends** (S8&9)
7.50 **Friends** 5/24. The pals gather together for Phoebe's birthday. **8.20** 6/24. Ross disagrees with Rachel's choice of nanny. (S9)
9.00 FILM **Horrible Bosses 2** Comedy starring Jason Bateman and Charlie Day. (2014, 15, 104min) ★★
11.05 **Impractical Jokers**
11.35 **Jimmy Carr's Am I the A**hole?**
12.35 AM **Whose Line Is It Anyway? USA**
2.05 **South Park** 1/4. (S24)
3.00 **Kevin Bridges: The Brand New Tour**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S6)
7.00 **Teleshopping**
9.00 **Michael McIntyre's...**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 1-4/24. (S5)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 6/8. (S2)
4.00 **Michael McIntyre's Big Show** With Jessie J.
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** 1-6/25. (S7)
10.00 **Friends** 3-8/24. (S8)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's...**
3.00 **Friends** 15/25. (S6)
3.20 **Teachers** 9/20. (S2)
3.45 **Broad City** 7&8/10. (S1)
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 2/10. (S8)
10.50 **Steptoe and Son** (S1)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 11/15. Drama. (S3)
2.45 **Minder** 2/13. (S9)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 2/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 1/7. (S1)
6.40 **Steptoe and Son** (S1)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 13/13. (S2)
9.00 **Benidorm** 3/7. (S5)
9.55 **Shameless** 20/22. (S8)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 3/7. (S5)
12.55 AM **Minder** 4/6. (S7)
2.00 **Duty Free** 4/7. (S1)
2.25 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **FriendZone**
8.30 **Beauty and the Geek Australia** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Catfish UK**
5.00 **Help! I'm in a Secret Relationship!**
6.00 **Beauty and the Geek Australia** New edition
7.30 **FriendZone**
8.00 **90's House**
9.00 **Bar Rescue** New edition Jon Taffer tries to rescue a bar in the Palm Desert.
10.00 **Dating Naked UK**
11.00 **Help I Sexted My Boss** New edition Jordan North and William Hanson discuss modern life.
12.00 M'T **Love & Hip Hop: Atlanta** New edition
1.00 AM **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs UK**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

7 May Thursday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of the series.
3.00 **How It's Made**
4.00 **How Do They Do It?** Transforming the sap from rubber trees into chewing gum. **4.30** The construction of Formula One racing cars.
5.00 **Alaska: Homestead Rescue** Flooding rivers devastate a dream Oregon homestead.

9.00 Naked and Afraid

7.00 Wheeler Dealers Mike gambles on a Ford P100 imported from South Africa to Scotland, but it's hit with multiple problems.

8.00 Wheeler Dealers Mike finds an Alfa Romeo GTV with some fails, but he thinks Elvis can sort it in time for an Italian road trip.

9.00 Naked and Afraid New edition Amidst an epic drought, a fisherman and a biologist face impossible water conditions in the Florida Everglades, driving one to take extreme measures.

11.00 **Expedition Bigfoot** Russell is on the trail of a possible pair of Bigfoot in The Fork.
12.00 M'T **Border Control: Spain** The work of the Security and Customs Services in Spain.
1.00 AM **Naked and Afraid**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Orangutans**
10.00 **Tanked** With rock band Kiss.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** From Missouri.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** An owner puts his naughty cat in 'kitty jail'. **4.00** A cat that has had a transplant becomes aggressive.
5.00 **Lone Star Law** Richard tries to serve an arrest warrant.
6.00 **Dr Jeff: Rocky Mountain Vet** An unexpected animal.

9.00 Alaska: The Last Frontier

7.00 Treehouse Masters Pete is asked to build a 'brewery in the sky' on a family's property, so he crafts a barn-themed tavern.

8.00 Gator Boys Jimmy books a gator wrestling show, and Paul is left to rely on the most annoying member of the group.

9.00 Alaska: The Last Frontier The Kilchers tackle their biggest challenge, and Jewel returns to the homestead with her son.

10.00 Edge of Alaska Bears pose a threat to Jenny and her newborn baby while they are stranded on an island in a storm.

11.00 **Alaska Monsters** Hunting a Yeti in Coldfoot, Alaska.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters**
3.00 **Animal Cops Phoenix**
4.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **The Battle for Britain: Drain the Oceans**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** Tim Shaw and Fuzz Townshend take on a 1924 Austin 7 Chummy.
6.00 **Hitler's Last Stand**

8.00 Car S.O.S

7.00 Air Crash Investigation Investigators try to determine what sparked the engine fire that crippled a research plane.

8.00 Car S.O.S New edition Tim Shaw and Fuzz Townshend head to Shrewsbury to restore a 1962 Rover P4 100.

9.00 Car S.O.S Tim and Fuzz visit Eastbourne on a quest to secretly restore a 1962 Mini Cooper S.

10.00 Engineering Europe: Forging Marvels New edition The UK's futuristic Eden Project.

11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Border Protection Spain**
2.00 **Trafficked with Mariana Van Zeller** Documentary.
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **When Sharks Attack**
4.35 **to 5.00** AM **When Sharks Attack and Why**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Junk & Disorderly**
8.45 **Dirty Old Cars**
9.15 **Pawn Stars**
10.10 **Storage Wars** Four editions.
12.00 NOON **Egypt's Unexplained Files** Double bill.
2.00 PM **Canadian Pickers** Four editions, including at: **4.00** The guys visit a village-sized pickers' paradise. **5.00** An oddly shaped buildings and a pet turkey.
6.00 **American Pickers** Mike trawls the assets of a three-generation family business.

8.00 Swamp People

7.00 Forged in Fire Four bladesmiths return to the Middle Ages to forge a Crusader's Dagger from a thick rod of steel.

8.00 Swamp People New edition Jacob and Little Willie go in search of the notorious 'Bone Crusher' alligator.

9.00 NEW SERIES MonsterQuest Cases of law-enforcement officers facing monsters.

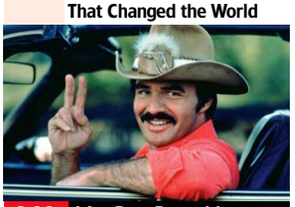
10.00 Chaos Uncut A toddler is swept onto an airport luggage belt. **10.30** Daring escapes and reckless crashes.

11.00 **National Park Mysteries** A look at the area around Grand Canyon National Park. **11.30** A plane crash in the Everglades National Park leads to strange hauntings.
12.00 M'T **Canadian Pickers** Four editions of the documentary.
3.40 AM **MonsterQuest**
4.25 **American Pickers**
5.10 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Claudia Cardinale**
8.00 **The Directors**
9.00 **Italia 90: Four Weeks That Changed the World**
10.00 **The Man Who Bought Cricket**
11.00 **The 2000s**
12.00 NOON **I Am Luke Perry**
1.45 PM **My Icon: Solomon Wilcots**
2.00 **Bardot** A look at the life and career of actor Brigitte Bardot.
4.00 **The Directors**
5.00 **Discovering: Claudia Cardinale**
6.00 **Italia 90: Four Weeks That Changed the World**



8.00 I Am Burt Reynolds

7.00 The Man Who Bought Cricket 3/3. Financial fraudster Allen Stanford discovers the power of cricket in the Caribbean.

8.00 I Am Burt Reynolds Family and friends of the iconic Hollywood actor come together to share memories of his life and illustrious career.

9.50 My Icon: Leon Pryce The former rugby league star discusses the individuals that have inspired him.

10.00 Steve McQueen: The Lost Movie Documentary exploring an unfinished movie starring Steve McQueen.

11.50 **Stasi FC** A look at the East German secret service's control of BFC Dynamo.
1.40 AM **Wirecard: A Billion Euro Lie** Documentary about the scandal surrounding financial payment firm Wirecard.
3.40 **Daniel** The story of film-maker Daniel Northcott.
5.00 **to 6.00** AM **Discovering: Claudia Cardinale**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Gem Hunters Down Under** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Aussie Gold Hunters** New edition Brent tests the skills of his friend's sons. Plus, a mechanical fault stalls The Wanderers' excavator.
10.00 **Outback Truckers**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: My Child the Killer** New edition A father sees the warning signs in his murderous son.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: The Head on the Beach** The case of Vitas Plytnikas.
8.00 **UK Crime Files: Murder at the Gate** The case of Nigel Bacon.
9.00 **Secrets of a Murder Detective** A look at the case of John Hay, an ex-police officer, who failed to return home.
10.00 **Britain's Almost Perfect Murders** Series finale The White House Farm murders.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: The Head on the Beach**
1.00 AM **UK Crime Files: Murder at the Gate**
2.00 **Britain's Almost Perfect Murders**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files**
4.00 **48 Hours** Kevin Jiang.
5.00 **Medical Detectives** A pregnant woman accused her husband of attacking her and killing her unborn child. **5.30** A girl's performance in a high school play reveals she is keeping a dark secret. **6.00** The DNA analysis of hair found at a murder scene helps to pinpoint the perpetrator. **6.30** When a young boy is killed in a mysterious fire, his mother is charged with arson.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Murder Uncut**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Catching the Killer**
10.00 **Killer in My Village**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** Larene Austin.
2.00 **Killing Mum and Dad**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of...**
8.40 **Secrets of the Royal Palaces** Hampton Court.
9.35 **Ancient Apocalypse**
10.45 **WWII: Operation Barbarossa**
11.55 **Pearl Harbor: Heroes Who Fought Back**
1.00 PM **Sicily: The Conquered Isle**
2.20 **Secrets of the Royal...**
3.20 **Ancient Apocalypse**
4.25 **WWII: Operation Barbarossa**
5.35 **Pearl Harbor: Heroes Who Fought Back**
6.35 **Secrets of the Royal...**
7.35 **Ancient Apocalypse** Series finale Pyramids.
8.40 **WWII: Operation Barbarossa**
9.55 **Pearl Harbor: Heroes Who Fought Back**
10.55 **Ancient Apocalypse**
12.00 M'T **WWII: Operation Barbarossa**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Africa's Wild Horizons**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Guardians of the Wild**
10.00 **Dogs: An Amazing Animal...**
11.00 **Wildlife Icons**
12.00 NOON **Moon: Nature's Secret...**
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Guardians of the Wild**
4.00 **Dogs: An Amazing Animal Family** Documentary.
5.00 **Wildlife Icons**
6.00 **Moon: Nature's Secret Force**
7.00 **Monkey Life** Double bill.
8.00 **Extreme Africa**
9.00 **Bears of the Karawank Mountains** Documentary.
10.00 **Moon: Nature's Secret Force**
11.00 **Wildlife Icons**
12.00 M'T **The Hungry Games: Alaska Big Bear Challenge**
1.00 AM **Africa's Wild Horizons**
2.00 **Extreme Africa**
3.00 **Bears of the Karawank...**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.55 **The Abyss: Rise & Fall of the Nazis** Documentary.
8.55 **U-Boat Wargamers**
10.00 **The Lost Women Spies**
11.05 **Ancient Aliens**
1.00 PM **What on Earth?**
6.00 **The Proof Is Out There**
6.55 **U-Boat Wargamers** How the Wrens devised wargaming tactics to combat U-boat formations.
8.00 **The Lost Women Spies** How Vera Atkins hunted down a Nazi mastermind.
9.05 **Hitler's Secret Sex Life** Rumours, theories and disputed historical accounts of Hitler's sexual psychology.
10.05 **Hitler's Engineers** The support that Hitler received to cement his hold on power.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Richard Hammond's Big**
1.00 PM **Blowing Up History**
3.00 **Alien Highway**
6.00 **How Do They Do It?**
9.00 **How It's Made** How dumplings and brass faucets are made.
9.30 The process behind the making of saxophones.
10.00 How prefabricated conservatories and copper cookware are made.
10.30 How leaf and debris vacuums, canned meat and fillet knives are made.
11.00 **How It's Made: Dream Cars** Exploring the inner workings of the Alfa Romeo 4C.
11.30 A visit to the birthplace of the Pagani Huayra.
12.00 M'T The birthplace of the Caterham Seven.
12.30 AM The birthplace of the Bugatti Veyron.
1.00 **Alien Highway**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Robbie Coltrane's Critical Evidence** Triple bill.
2.00 PM **Hometown Tragedy**
3.00 **Sunshine Slayings**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Hometown Tragedy** New editions A man vanishes from a boarding house in 1988.
8.30 Three-year-old Kamille McKinney is abducted.
9.00 **Predator Files** New editions Double bill. Undercover stings exposing online predators.
10.00 **Ozark Law** New edition
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Hostile Planet**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Hyena Queen**
3.00 **Swamp Men**
4.00 **Heartland Docs**
5.00 **Snakes in the City**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** A rescued manatee arrives with a severe case of cold-stress.
8.00 **Australia's Wild Woodlands** A look at the wildlife living in Australia's eucalyptus forests.
9.00 **Wild Australia: Fierce Families, Tough Terrain** Animals in Australia that work together as families to survive.
10.00 **Lawless Island**
11.00 **Ice Road Rescue**
12.00 M'T **When Sharks Attack**
1.00 AM **Something Bit Me**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Lost Mines: Restored**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The search for alien life on other planets in the galaxy.
1.00 PM **Mysteries at the Castle**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Lost Mines: Restored**
9.00 **Legendary Locations** Josh Gates explores six locations where people risked everything for love.
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Upholsterer Craig works on a rare French chair.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **The World at War**
1.00 PM **The World at War**
5.00 PM **Top of the Pops**
8.20 **Top of the Pops** Tony Blackburn presents an edition from June 1970, featuring performances by Clodagh Rodgers, Free and Arrival.
9.00 Tony Blackburn presents an edition from March 1971, featuring Paul McCartney, Barbra Streisand and T. Rex.
9.40 Ed Stewart presents an edition from March 1971, featuring Deep Purple, Malcolm Roberts and Paul McCartney.
10.20 Tony Blackburn presents an edition from April 1971, featuring performances from Elvis Presley, The Fantastics and Clodagh Rodgers.
11.00 Tony Blackburn presents an edition of the music show from May 1971, featuring performances by Tony Christie, Stevie Wonder and John Kongos.
11.40 PM **to 6.00** AM **Top of the Pops**

+1hour 266 376

ID

154 140 166

8.00 AM **Murder Comes to Town**
9.00 **Evil Lives Here**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** How a fortuitous arrest led to the identification of a new suspect in the investigation into a young woman's murder.
1.00 PM **Evil Lives Here**
3.00 **People Magazine Investigates**
4.00 **Forbidden: Dying for Love**
5.00 **Swamp Murders**
7.00 **Signs of a Psychopath** Death row inmate John Hummel agrees to an interview weeks before his execution.
8.00 Three locals are found brutally murdered in a quaint village in Maine.
9.00 **How (Not) to Get Rid of a Body** The case of a missing 17-year-old girl goes cold.
10.00 **A Body in the Basement**
11.00 **Cabin in the Woods**
12.00 M'T **The Perfect Suspect**
2.00 AM **Swamp Murders**
4.00 **to 6.00** AM **Signs of a Psychopath**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** A shed filled with American muscle cars.
2.00 **Ant Anstead: Born Mechanic**
3.00 **Massive Engineering Mistakes**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Bitchin' Rides: Road to the...**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Bitchin' Rides: Road to the Ridler** The team pass a huge milestone in the Ridler build.
9.00 **Last Chance Garage**
10.00 **Massive Engineering Mistakes**
11.00 **Wheeler Dealers**
12.00 M'T **Bitchin' Rides: Road to...**
1.00 AM **Richard Hammond's Workshop** Richard helps a friend fulfil a childhood dream.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

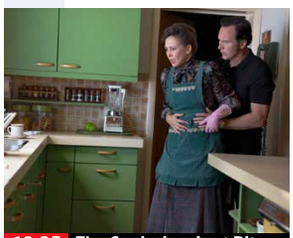
+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

8.00 AM **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
10.15 **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★
12.15 PM **Wuthering Heights**
2.40 **Don't Let's Go to the Dogs Tonight** As shown at 4.40am.
4.30 **Caught Stealing** Comedy thriller. (2025, 15) ★★★★
6.30 **Spinal Tap II: The End Continues** Mockumentary. (2025, 15, 83min) ★★★



10.25 The Conjuring: Last Rites

8.00 Wuthering Heights Period drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Tragedy strikes when Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 The Conjuring: Last Rites Supernatural horror starring Vera Farmiga and Patrick Wilson. Paranormal investigators Ed and Lorraine Warren take on one last case involving strange entities they must confront. (2025, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Weapons** Horror thriller. (2025, 18, 128min) ★★★★★
2.50 **Caught Stealing** As 4.30pm.
4.40 **to 6.25** AM **Don't Let's Go to the Dogs Tonight** Drama. (2025, 15, 99min) ★★★★

Sky Cinema Fast

303 303 403 503 517

6.45 AM **Fast & Furious 5** (2011)
9.05 **Fast & Furious 6** As 2.10am.
11.20 **Fast & Furious 7** Action thriller sequel with Vin Diesel. (2015, 12, 132min) ★★★★
1.40 PM **Fast & Furious 8** Thriller sequel. (2017, 12, 136min) ★★★
4.00 **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
6.00 **2 Fast 2 Furious** Action thriller sequel with Vin Diesel. (2003, 12, 108min) ★★★

6.00 2 Fast 2 Furious

8.00 The Fast and the Furious: Tokyo Drift Motor racing thriller starring Lucas Black and Bow Wow. After relocating to Japan, a rebellious American teenager gets involved in the local car racing scene. With Nathalie Kelley. (2006, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Fast & Furious Action thriller sequel starring Vin Diesel and Paul Walker. A wanted man reunites with an old FBI agent pal to seek revenge on a drugs baron. With Michelle Rodriguez. (2009, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Fast & Furious 5** Action thriller sequel with Vin Diesel. (2011, 12, 130min) ★★★
2.10 AM **Fast & Furious 6** Action thriller sequel with Vin Diesel. (2013, 12, 125min) ★★★
4.30 **The Cinema List: Bingeable**
5.00 **to 7.25** AM **Fast & Furious 7**

Sky Cinema Drama

310 310 410 510 524

7.25 AM **A Mistake** As 2.30am.
9.20 **Oslo** Fact-based drama. (2021, 15, 118min) ★★★
11.30 **Uproar** Coming-of-age drama. (2023, 12, 110min) ★★★
1.30 PM **Joker: Folie à Deux** Thriller. (2024, 15, 138min) ★★★★
3.55 **A Different Man** Thriller. (2024, 15, 112min) ★★★★
5.55 **The Post** Fact-based drama. (2017, 12, 113min) ★★★★

8.00 About Time Romantic comedy fantasy from writer-director Richard Curtis, starring Domhnall Gleeson and Rachel McAdams. A young man inherits the ability to time-travel into his past. With Bill Nighy. (2013, 12, 120min) ★★★
10.05 **Ferrari** Biographical drama starring Adam Driver. During the summer of 1957, ex-racecar driver Enzo Ferrari embarks on an epic race across Italy. (2023, 15, 130min) ★★★

12.20 AM **Girl You Know It's True** Biopic with Tijan Njie and Elan Ben Ali. (2023, 15, 124min) ★★★
2.30 **A Mistake** Medical drama. (2024, 15, 101min) ★★★
4.25 **to 6.10** AM **Babylon** Ground-breaking British drama. (1980, 15, 94min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.00 AM **The Cinema List: Jurassic**
6.15 **Xeno** Fantasy adventure. (2025, 15, 103min) ★★★
8.05 **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
9.50 **Paycheck** Sci-fi thriller. (2003, 12, 119min) ★★★★
12.00 NOON **Pacific Rim** Adventure. (2013, 12, 126min) ★★★
2.15 PM **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★

4.30 **Mars Attacks!** Sci-fi spoof. (1996, 12, 106min) ★★★★
6.20 **Anaconda** Jungle adventure. (1997, 15, 89min) ★★★
8.00 The Shining Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson and Shelley Duvall (1980, 15, 119min) ★★★★★
10.25 **Blade** Action adventure chiller starring Wesley Snipes as the half-human, half-vampire warrior Blade. With Stephen Dorff. (1998, 18, 121min) ★★★

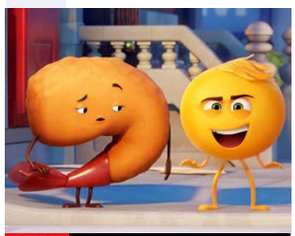
12.35 AM **Blade 2** Action horror sequel starring Wesley Snipes. (2002, 18, 117min) ★★★★
2.35 **The Running Man** Adventure. (1987, 18, 101min) ★★★
4.30 **to 6.30** AM **Restore Point** Czech sci-fi thriller. Subtitled. (2023, 15, 115min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.20 AM **Scarygirl** (2023, PG) ★★★
8.05 **Peter Pan** Family adventure. (2003, PG, 113min) ★★★★
10.05 **Flavia** (2026, PG) ★★★
11.50 **Extinct** (2021, U) ★★★
1.20 PM **Antz** Animated comedy. (1998, PG, 83min) ★★★
2.50 **The Secret Life of Pets** Animation. (2016, U) ★★★
4.20 **The Secret Life of Pets 2** Animation. (2019, U) ★★★
6.00 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★



8.10 The Emoji Movie

8.10 **The Emoji Movie** Animated adventure featuring the voices of TJ Miller, James Corden and Patrick Stewart. In a world of living ideograms, a multi-expressional emoji attempts to find a hacker. (2017, U, 83min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

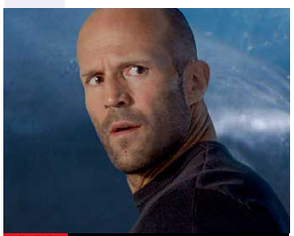
9.50 **Shrek** Animated comedy adventure with the voices of Mike Myers, Eddie Murphy and Cameron Diaz. An ill-tempered ogre sets forth with a talking donkey to rescue a princess from a fire-breathing dragon. (2001, U, 90min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
1.05 AM **The Last Airbender** Fantasy. (2010, PG) ★★
2.50 **Penguins of Madagascar** Animation. (2014, U) ★★★★
4.30 **to 6.20** AM **The Tiger Rising** Drama. (2022, PG) ★★★

Sky Cinema Action

306 306 407 507 521

7.20 AM **Kraven the Hunter**
9.35 **The Meg** As 6.00pm.
11.35 **xXx** Espionage action thriller. (2002, 12, 124min) ★★
1.40 PM **Uncharted** Adventure. (2022, 12, 116min) ★★★
3.40 **Jurassic World: Rebirth** Fantasy adventure starring Scarlett Johansson. (2025, 12, 133min) ★★★
6.00 **The Meg** Action thriller starring Jason Statham. (2018, 12, 113min) ★★★



6.00 The Meg

8.00 **Justice League** Sci-fi adventure starring Ben Affleck, Gal Gadot and Henry Cavill. Bruce Wayne enlists the help of Wonder Woman, Cyborg, Aquaman and The Flash in the fight against supervillain Steppenwolf. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

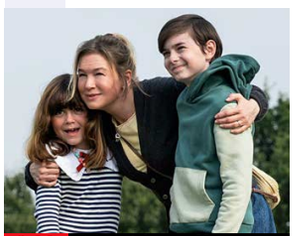
10.00 **Kong: Skull Island** Adventure starring Tom Hiddleston. A secret mission to a mysterious island descends into chaos when the wildlife proves far from welcoming. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Kraven the Hunter** Fantasy starring Aaron Taylor-Johnson. (2024, 15, 127min) ★★★
2.10 AM **High Plains Drifter** Western. (1972, 18) ★★★★
4.00 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
5.50 **to 6.00** AM **The Cinema List: Fast Cars**

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Between the Temples** Comedy. (2024, 15) ★★★★
9.15 **Blue Moon** (2025, 15) ★★★★
11.05 **Mean Girls** (2004, 12) ★★★★
12.55 PM **Anchorman: The Legend of Ron Burgundy** Comedy. (2004, 12, 94min) ★★★★
2.40 **Bridget Jones's Baby** Comedy sequel. (2016, 15) ★★★
4.45 **Napoleon Dynamite** Comedy. (2004, PG, 95min) ★★★★
6.20 **Sex Tape** Comedy with Jason Segel. (2014, 15, 94min) ★★



8.00 Bridget Jones: Mad...

8.00 **Bridget Jones: Mad About the Boy** Romantic comedy sequel starring Renée Zellweger. Recently widowed Bridget enters the dating game once again, caught between her son's science teacher and a younger man. (2024, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

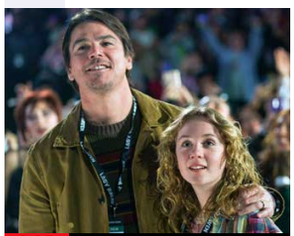
10.10 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan as two people who fall in love without ever meeting. (1993, PG, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Ferris Bueller's Day Off** John Hughes' teen comedy. (1986, 12, 103min) ★★★★
1.55 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
3.40 **Just Go With It** Romantic comedy. (2011, 12, 117min) ★
5.40 **to 7.30** AM **Friendship** Comedy starring Paul Rudd. (2025, 15, 101min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.15 AM **Murder by Numbers** Thriller. (2002, 15) ★★★
9.20 **Ocean's Eight** As 2.15am.
11.25 **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
1.45 PM **Captain Phillips** Thriller starring Tom Hanks. (2013, 12, 129min) ★★★★★
4.05 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
6.00 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★



4.05 Trap

8.00 **The Bourne Supremacy** Spy thriller sequel based on the novel by Robert Ludlum, starring Matt Damon. A former CIA assassin tries to discover why his enemies want to kill him. With Franka Potente. (2004, 12, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Bourne Ultimatum** Spy thriller sequel starring Matt Damon. An ex-CIA assassin strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. With Julia Stiles. (2007, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Hannibal** Chiller sequel to *The Silence of the Lambs*. (2001, 18, 131min) ★★★
2.15 AM **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
4.20 **to 6.25** AM **Speak No Evil** Horror starring James McAvoy. (2024, 15, 110min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Little Women** Historical drama starring Saoirse Ronan. (2019, U, 135min) ★★★★★
1.40 PM **Animal Farm** Animation. (1954, U, 72min) ★★★★
3.10 **Ride Lonesome** Western. (1959, 12, 73min) ★★★★
4.40 **Enemy Mine** Sci-fi drama. (1985, 15, 108min) ★★★
6.50 **The League of Extraordinary Gentlemen** Fantasy adventure. (2003, 12, 110min) ★★

9.00 How to Have Sex

The League of Extraordinary Gentlemen (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **PREMIERE** **How to Have Sex** Coming-of-age drama with Mia McKenna-Bruce, Enva Lewis and Lara Peake. Three teenage girls head off on holiday looking for a taste of hedonism. (2023, 15, 87min) ★★★★
See review, page 27.
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Mission: Impossible – Ghost Protocol** Action spy thriller sequel starring Tom Cruise, Jeremy Renner, Simon Pegg and Paula Patton. (2011, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.30 **to 3.25** AM **Old Boys** Comedy starring Alex Lawther. (2018, 12, 96min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Decades

302 302 402 502 516

6.00 AM **InnerSpace** Sci-fi comedy thriller. (1987, PG, 119min) ★★★
8.05 **The Last Starfighter** Adventure. (1984, PG, 100min) ★★★
9.50 **Batteries Not Included** Fantasy. (1987, PG, 105min) ★★★★
11.50 **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
2.00 PM **The Karate Kid Part II** Martial arts adventure sequel. (1986, PG, 113min) ★★
4.00 **The Karate Kid: Part III** Adventure sequel starring Ralph Macchio. (1989, PG, 111min) ★
6.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
8.00 **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
9.50 **Lethal Weapon** Comedy thriller starring Mel Gibson and Danny Glover. An undercover cop and his new partner take on a drugs gang. (1987, 15, 110min) ★★★★
11.45 **Scarface** Epic crime thriller. (1983, 18, 163min) ★★★★★
2.35 AM **Empire of the Sun** Steven Spielberg's epic drama. (1987, PG, 152min) ★★★★
5.10 **to 7.10** AM **Escape to Victory** World War Two drama. (1981, PG, 111min) ★★★

Sky Cinema Greats

307 307 404 504 518

7.35 AM **A League of Their Own**
9.50 **Legends of the Fall** Drama. (1994, 15, 133min) ★★★★
12.05 PM **Batman Forever** Comic-book adventure. (1995, 12, 121min) ★★★
2.10 **Batman & Robin** Adventure. (1997, PG, 125min) ★★
4.15 **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★
6.00 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine. (1987, 15, 115min) ★★★★
8.00 **Cool Hand Luke** Prison drama starring Paul Newman as a chain gang convict who becomes a hero to his fellow prisoners. With George Kennedy. (1967, 15, 126min) ★★★★★
10.10 **The Bodyguard** Romantic thriller starring Kevin Costner and Whitney Houston. (1992, 15, 129min) ★★★
12.30 AM **An Officer and a Gentleman** Romantic drama with Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
2.45 **Full Metal Jacket** As 6.00pm.
4.45 **to 7.00** AM **A League of Their Own** Comedy drama. (1992, PG, 124min) ★★★★

Disney+ Cinema

305

6.00 AM **The Haunted Mansion**
7.35 **Piglet's Big Movie** As 4.45am.
8.55 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
10.30 **Father of the Bride** Comedy. (1991, PG, 105min) ★★
12.15 PM **WALL•E** Animation. (2008, U, 98min) ★★★★★
1.55 **Ratatouille** Animated comedy adventure. (2007, U, 106min) ★★★★★
3.50 **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★
5.20 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
7.20 **Gifted** Drama starring Chris Evans and Lindsay Duncan. (2017, 12, 101min) ★★★★
9.00 **The Wild** Animated comedy adventure with the voices of Kiefer Sutherland and Jim Belushi. (2005, U, 82min) ★★
10.55 **Nightbitch** Dark comedy. (2024, 15, 99min) ★★★
12.40 AM **A Complete Unknown** Biopic with Timothée Chalamet. (2024, 15, 140min) ★★★★
3.00 **Confessions of a Shopaholic** Romantic comedy with Isla Fisher. (2008, PG, 104min) ★★★
4.45 **to 6.00** AM **Piglet's Big Movie** Animation. (2003, U, 75min) ★★

Movies 24

315 313 419

7.00 AM **Journey to You** Romantic drama. (2025, PG, 84min) ★★
9.00 **Love for Starters** Romantic comedy. (2022, PG, 85min) ★★
11.00 **Eat, Love, London** Romantic drama. (2024, PG, 90min) ★★
1.00 PM **Sense and Sensibility** Romantic drama with Deborah Ayorinde. (2024, U, 84min) ★★
3.00 **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
5.00 **Mr Pawsitively Perfect** Drama starring Christine L Nguyen. (2023, PG, 90min) ★★
7.00 **Haul Out the Halloween** Comedy starring Lacey Chabert. (2025, PG, 84min) ★★
9.00 **An Unexpected Valentine** Romantic comedy drama starring Lacey Chabert and Robert Buckley. A taxi driver and his passenger spend Valentine's Night trying to return a lost engagement ring to its owner. (2025, PG, 84min) ★★
11.00 **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
1.00 AM **For Love & Honey** Comedy. (2024, U, 84min) ★★
3.00 **to 5.00** AM **Love's Greek to Me** Drama. (2023, PG, 90min) ★★

Movies 24+ 329 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 13/24. (S2)
6.30 **Crow Hollow** (1951, b/w, PG) ★★
7.50 **What's On TPTV with Noel**
8.00 **Glencannon** 26/39. (S1)
8.30 **Take a Letter Mr Jones** (S1)
9.00 **Park Ranger** 4/6. (S1)
9.30 **The Black Tent** Romantic adventure. (1956, U, 93min) ★★
11.20 **Four Star Theatre** 30/41. (S4)
11.55 **Cinebox Memories**
12.00 NOON **Sergeant Cork** (S1)
1.05 PM **Adventures of Sir Lancelot**
1.35 **Three Sundays to Live** Thriller. (1957, b/w, U, 71min) ★★★
3.00 **Crown Court** Triple bill.
4.30 **Doctor at Sea** Medical comedy. (1955, PG, 93min) ★★★
6.20 **Strange But True**
6.55 **The Brothers** 9/13. (S2)
8.00 **Mark Saber** 19/39. (S4)
8.30 **The Wheeltappers and Shunters Social Club**
9.20 **Deux Hommes dans la Ville** French crime drama. Subtitled. (1973, 15, 100min) ★★★
11.20 **Breathless** Classic French New Wave drama starring Jean-Paul Belmondo. Partly subtitled. (1960, b/w, PG, 90min) ★★★★★
1.10 AM **Doomwatch** 2/13. (S2)
2.10 **I, The Jury** Crime drama. (1953, b/w, U, 87min) ★★★
4.00 **to 5.00** AM **Burke's Law**

THURSDAY Sport 7 May

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE WTA & ATP Tennis** Coverage of the third day of the Italian Open staged at Foro Italico in Rome. The seeded players begin their title challenge in the second round of the competition and will hope to avoid defeat at the first hurdle as befell several of the women's players last year, including the likes of Daria Kasatkina, Beatriz Haddad Maia, and Liudmila Samsonova.
2.50 PM **LIVE IPL Lucknow Super Giants v Royal Challengers Bengaluru.** Coverage of the T20 match at Ekana Cricket Stadium.
7.00 **LIVE Premier League Darts** Coverage of night 14 at the First Direct Bank Arena in Leeds, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-final matches are Gerwyn Price v Jonny Clayton, Luke Littler v Michael van Gerwen, Josh Rock v Luke Humphries, and Gian van Veen v Stephen Bunting.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Premier League Stories**
9.30 **Netbusters** Recent highlights.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years** A look back at memorable moments from the 2013/14 season.
2.00 PM **PL Retro** Liverpool v Chelsea from the 2013/14 season.
4.00 **Premier League Stories** Behind the scenes of the Premier League.
4.30 **Netbusters** Fast-paced highlights from the Premier League.
5.00 **The Premier League Show**
7.00 **The Big Interview** An interview with a Premier League personality.
7.30 **Premier League Stories**
8.00 **Premier League: A Day in the Life** Following a day in the life of Chelsea defender Levi Colwill.
8.30 **Mo Salah Special**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Gary Neville's Soccerbox**
11.00 **Premier League Years**
1.00 AM **PL Retro** Archive action.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.00 **Henrik Larsson: 20 Years On**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **SPFL: Old Firm Derby Goals**
11.30 **SPFL: Edinburgh Derby Goals**
12.00 NOON **EFL Highlights**
1.00 PM **WSL** Recent action.
1.30 **SPFL Round-Up**
1.45 **SPFL Highlights**
2.15 **EFL Highlights**
2.30 **EFL League One Goals**
3.00 **EFL League Two Goals**
3.30 **Bundesliga Highlights Show**
4.30 **WSL** Highlights from Brighton & Hove Albion v Arsenal.
5.00 **EFL Highlights** Championship.
6.30 **Bundesliga Weekly**
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **EFL Highlights** Championship.
9.00 **EFL: The Play-Offs At 40**
10.30 **Bundesliga Weekly**
11.00 **SPFL Round-Up**
11.15 **SPFL Highlights**
11.30 **WSL** Recent action.
12.00 M'T **Bundesliga Weekly**
12.30 AM **Henrik Larsson: 20 Years On**
1.30 **SPFL** Goals from 2010/11.
2.00 **SPFL Highlights**
2.15 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Action from Mumbai Indians v Sunrisers Hyderabad.
7.00 **IPL** A chance to see Sunrisers Hyderabad v Punjab Kings.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** Recent action.
2.50 PM **LIVE IPL Lucknow Super Giants v Royal Challengers Bengaluru.** Coverage of the T20 match at Ekana Cricket Stadium. The Royal Challengers are the reigning champions and started the campaign strongly, while the Super Giants missed out on the play-offs last term and made an indifferent start to this season.
7.00 **Best of ICC WT20**
8.00 **IPL** Sunrisers Hyderabad v Punjab Kings staged at Rajiv Gandhi International Cricket Stadium.
9.00 Lucknow Super Giants v Royal Challengers Bengaluru.
10.00 **IPL** Highlights from Mumbai Indians v Lucknow Super Giants.
11.00 Lucknow Super Giants v Royal Challengers Bengaluru.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Lucknow Super Giants v Royal Challengers Bengaluru.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Legends Tour Golf**
7.00 **PGA Tour: The Cut**
7.30 **PGA Tour Champions**
8.30 **PGA Tour Golf** Highlights.
9.30 **DP World Tour Golf**
10.00 **Legends Tour Golf**
11.00 **Ladies European Tour Golf**
12.00 NOON **PGA Tour Champions Learning Centre** Golf tips.
12.30 PM **LIVE DP World Tour Golf** Day one of the inaugural Estrella Damm Catalunya Championship from Real Club de Golf El Prat.
5.30 **LIVE PGA Tour Golf** Coverage of the opening day of the Truist Championship from Quail Hollow Club in Charlotte. Sepp Straka was the victorious player last year, finishing two strokes clear of Shane Lowry and Justin Thomas to win a first prize of $3.6million.
11.00 **PGA Tour Champions**
12.00 M'T **PGA Champs Official Film 2020** From San Francisco.
1.00 AM **How the 1995 Ryder Cup Was Won** Archive highlights.
3.00 **PGA Tour Golf**
4.00 **Mark Roe's Short Game School**
4.30 **The Improvers**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League**
6.30 **Serie A – Full Impact**
7.00 **Sign Up – Into Football**
7.45 **UEFA Champions League**
9.00 **UEFA Europa League & Conference League Magazine**
10.00 **Discovery Golf**
10.30 **TNT Sports Reload**
11.00 **LIVE AFL Fremantle Dockers v Hawthorn Hawks.** Coverage from Optus Stadium. Bounce-up **11.10am.**
2.00 PM **The Cycling Show**
2.30 **LIVE Cycling** The fifth stage of the La Vuelta Femenina.
4.45 **UEFA Champions League**
5.45 **Premier League Features**
7.00 **LIVE UEFA Europa League Aston Villa v Nottingham Forest.** Coverage of the semi-final second-leg staged at Villa Park. Kick-off **8.00pm.**
10.45 **Premier League Reload**
11.00 **MLB Highlights**
12.00 M'T **LIVE MLB Boston Red Sox v Tampa Bay Rays.** Coverage from Fenway Park. Start-time is at **12.10am.**
3.00 **to 6.00** AM **LIVE MLB San Diego Padres v St Louis Cardinals.** Start-time **3.10am.**

TNT Sports 2

411 414 522 409 431

6.00 AM **FIM Speedway Grand Prix**
7.00 **British Superbikes Highlights**
8.00 **World Superbike Highlights**
9.00 **The WRC Magazine**
9.30 **WRC: More Than Machine**
11.00 **Serie A – Full Impact**
11.30 **Premier League Netbusters**
12.00 NOON **UEFA Champions League**
1.00 PM **Cycling** La Vuelta Femenina.
2.00 **Premier League Review**
3.00 **LIVE World Rally Championship** Coverage of the second day of the sixth round of the season from Portugal.
5.15 **Sign Up – Into Football**
6.00 **UEFA Europa League & Conference League Magazine**
7.00 **LIVE UEFA Conference League Crystal Palace v Shakhtar Donetsk.** Coverage of the semi-final second-leg from Selhurst Park. Kick-off **8.00pm.**
10.30 **AFL** A match replay.
12.00 M'T **Ultimate Pool** Pairs Cup.
1.30 AM **Discovery Golf**
2.00 **Women's Cycling**
3.00 **to 6.00** AM **LIVE MLB San Diego Padres v St Louis Cardinals.** Coverage of the match at Petco Park. Start-time **3.10am.**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
9.00 **NFL Highlights**
11.00 **Super Bowl LX Highlights**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
4.00 **Super League Highlights**
4.45 **World Club Challenge**
5.00 **NBC's Pro-Football Talk**
7.00 **LIVE Premier League Darts** Coverage of night 14 from the First Direct Bank Arena in Leeds, featuring quarter-finals, semi-finals and a final all in one night. The quarter-final matches are Gerwyn Price v Jonny Clayton, Luke Littler v Michael van Gerwen, Josh Rock v Luke Humphries, and Gian van Veen v Stephen Bunting.
11.00 **NFL Bitesize Highlights** Denver Broncos v New England Patriots.
11.15 Action from Seattle Seahawks v Los Angeles Rams.
11.30 Highlights of Seattle Seahawks v San Francisco 49ers.
11.45 Action from New England Patriots v Houston Texans at Gillette Stadium in Foxborough.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League**
5.45 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
10.00 **LIVE WTA & ATP Tennis** Coverage of the third day of the Italian Open, a clay-court tournament staged at Foro Italico in Rome. The seeded players begin their title challenge in the second round of the competition and will hope to avoid defeat at the first hurdle as befell several of the women's players last year, including the likes of Daria Kasatkina, Beatriz Haddad Maia, and Liudmila Samsonova.
12.30 PM **LIVE PGA Tour Golf** Coverage of the featured groups on the first day of the Truist Championship from Quail Hollow Club in Charlotte, North Carolina.
7.00 **LIVE WTA & ATP Tennis** Further coverage of day three of the Italian Open at Foro Italico in Rome. Great Britain's Emma Raducanu claimed an impressive 6-2 6-2 win over Jil Teichmann at this stage 12 months ago.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE WTA & ATP Tennis** Day three of the Italian Open held at Foro Italico. Great Britain's Emma Raducanu claimed an impressive 6-2 6-2 win over Jil Teichmann at this stage 12 months ago.
6.00 PM **LIVE WTA & ATP Tennis** Coverage from the latest events on the WTA and ATP Tours.
10.00 **WTA Tennis** Madrid Open final.
11.00 **ATP Tennis** Munich Open final.
12.00 M'T **WTA Tennis** Rouen Open.
1.00 AM **ATP & WTA Tour Classics**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **PGA Tour Champions**
12.00 NOON **IPL** T20 highlights.
2.00 PM **PL Greatest Games**
3.00 **Ladies European Tour Golf**
4.00 **LIVE LPGA Tour Golf** Coverage of the opening day of the Mizuho Americas Open from Liberty National Golf Club in New Jersey.
7.00 **PGA Tour Champions**
8.00 **Ladies European Tour Golf**
9.00 **British GT Championship**
10.00 **IPL** Recent T20 highlights.
12.00 M'T **PL Greatest Games**
1.00 AM **NBA Basketball**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **IPL**

TNT Sports 3

413 415 523 410 432

6.00 AM **TNT Sports Reload**
6.30 **The Breakdown** Gloucester.
7.00 **Cycling** Highlights and features.
9.15 **TNT Sports Reload**
9.30 **Fishing: On the Bank**
10.30 **IFSC Climbing World Series**
11.30 **UEFA Champions League**
11.45 **Sign Up – Into Football**
12.30 PM **MLB Highlights**
2.00 **Superbike Highlights**
4.00 **FIM Speedway Grand Prix**
5.00 **MLB Highlights**
6.00 **Superbike Rewind**
6.30 **TNT Sports Reload**
7.00 **Sign Up – Into Football**
7.45 **LIVE UEFA Europa League SC Freiburg v SC Braga.** The semi-final second-leg at Europa-Park-Stadion. Kick-off **8.00pm.**
10.00 **Cycling** La Vuelta Femenina.
11.00 **Premier League: Big Interview**
11.30 **TNT Sports Reload**
12.00 M'T **The Cycling Show**
12.30 AM **Football Highlights**
5.00 **to 6.00** AM **Fishing**

TNT Sports 4

414 416 524 411 434

6.00 AM **Ultimate Pool**
7.30 **Adobe Women's FA Cup**
11.30 **LIV Golf** Back-to-back tournament highlights, including at:
3.30 A review of the fifth round of the season in South Africa.
4.30 A review of the sixth round of the season in Mexico.
5.30 PM **LIVE LIV Golf** Coverage from the first day of the seventh round of the season from Trump National Gold Club Washington in Potomac Falls, Virginia.
11.30 **FIM Speedway Grand Prix Highlights** Action from the first round of the season at Landshut Circuit in Germany.
12.30 AM **World Superbike Highlights** Action from the fourth round of the season in Hungary.
1.30 **British Superbikes Highlights**
2.30 **Fight Week** UFC 328 preview.
3.00 **UFC Countdown**
4.00 **TNT Sports Reload**
4.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **URC in 60** Recent action.
7.00 **NASCAR Highlights**
8.00 **NHL Ice Hockey**
10.00 **Champions Cup Show**
10.30 **LaLiga Match Highlights**
12.00 NOON **Eredivisie Highlights**
1.00 PM **NASCAR Highlights**
2.00 **NHL Tonight** Highlights from the previous evening's NHL action.
3.00 **Michelin Le Mans Cup** A look back at action from Barcelona.
3.30 **Swedish Speedway** Action from a high-profile Elitserien meeting.
5.30 **LaLiga** Real Betis v Real Oviedo.
7.30 Espanyol v Real Madrid.
9.30 **World of FreeSports** A look at the world of action and outdoor sports from around the globe.
10.00 **NHL Ice Hockey** A play-off.
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **NHL: This is Hockey**
3.30 **Sporting Greats**
4.00 **to 6.00** AM **Top 14 Rugby Union**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **Eredivisie** Ajax v PSV Eindhoven.
8.30 **NHL Ice Hockey** A play-off.
10.30 **NHL: This is Hockey**
11.00 **Brasileiro Serie A** Another chance to see Palmeiras v Santos.
1.00 PM **Football's Greatest** The finest players discuss their careers.
1.30 **Challenge Cup** Another chance to see Montpellier v Dragons.
3.30 Ulster v Exeter Chiefs.
5.30 **Temples of Sport** Iconic sporting venues from around the globe.
6.00 **LaLiga** Girona v Mallorca.
7.55 **Eredivisie** Ajax v PSV Eindhoven.
9.45 **Africa Eco Race** The latest highlights from the Africa Eco race.
10.00 **Temples of Sport** Iconic sporting venues from around the globe.
11.00 **Football's Greatest**
12.00 M'T **Bike World** Magazine.
12.30 AM **NHL Ice Hockey**
2.30 **Temples of Sport**
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
9.00 **GT World Challenge Europe**
1.00 PM **Ginetta Juniors Highlights**
2.00 **Formula 1** Miami Grand Prix.
3.00 **Ted's Notebook**
3.30 **Formula 1** Miami Grand Prix.
4.30 **Ted's Notebook**
5.00 **Ferrari Challenge Europe**
6.00 **Formula 1** Miami Grand Prix.
8.15 **Ted's Notebook**
8.45 **Oscar Piastri Drives a V8**
9.00 **Indycar** Recent action.
10.00 **Formula 1** Miami Grand Prix.
12.00 M'T **Indycar** From Long Beach.
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

8 May

Evening Planner

Drama

Downton Abbey: The Grand Finale

Sky Premiere, 7.55am & 8pm

The Crawleys navigate society scandal in the final chapter of the lavish drama.

Cycling

Giro d'Italia

TNT Sports 3 & HBO Max, from 11am

Coverage of the opening stage of the first Grand Tour of the season, which starts in the coastal town of Nessebar in Bulgaria.

Entertainment

David Attenborough's 100 Years on Planet Earth

BBC1, 8.30pm

A special event at the Royal Albert Hall to celebrate Sir David's 100th birdday.

OnDemand

NETFLIX

Remarkably Bright Creatures

Available today

Sally Field and Lewis Pullman star in this heartfelt drama about loss and healing.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Elections †	7.30 Question Time		8.30 David Attenborough's 100 Years on Planet Earth			10.00 News; Local News	10.40 St Denis...
	102 BBC2	7.00 Richard...	7.30 Gardeners' World		8.30 Beechgrove...	9.00 Have I Got...	9.30 Saving Lives at Sea		10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Bradley &... †	8.00 Emmerdale	8.30 Coronation...	9.00 The Neighbourhood		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Perfect Pub Walks with Alexander...		9.00 Gogglebox		10.00 First Dates	
	105 5	7.00 Snooker: World Seniors Championship – Live: The quarter-finals							10.30 Wandsworth...
	106 SKY ONE	‹ 6.30 David Attenborough's Natural...		8.00 An Idiot Abroad 2		9.00 Film: Olympus Has Fallen			
ENTERTAINMENT	115 BBC3	7.05 Attenborough's Birds of Paradise		8.00 Top Gear		9.00 Death in Paradise		10.00 Death Valley	
	116 BBC4	7.00 TOTP: 1999		8.00 TOTP: 1989	8.30 TOTP: 1982	9.05 Whitney at the BBC		10.05 Whitney Houston: Live in South...	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Film: Dune			
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Panda		10.05 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Celebs Go Dating		10.00 Film: The Predator	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Chicago Fire		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.45 The Penguin				9.00 Hacks		10.20 Heated Rivalry	
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours		9.20 Not Going Out		10.40 Mrs...
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Doc Martin				10.00 DCI Banks	
	120 ITV4	7.00 American Pickers		8.00 Film: Licence to Kill					
	112 COMEDY CENTRAL	7.00 Friends				9.00 Jack Whitehall Gets Around			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Happy Valley		10.20 New Tricks	
	109 U&ALIBI	7.00 Unforgettable		8.00 Death in Paradise				10.00 Allegiance	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Classic Albums		10.15 Beach Boys: Good...	
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake					
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush				9.00 Expedition X		10.00 Conspiracies & Coverups	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 100 Days Wild		9.00 Alaska: The Last Frontier		10.00 Alaska: Surviving the Last Frontier	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 Secrets of Area 51		10.00 Construction Fails	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Witches of Essex					
	155 U&YESTERDAY	7.00 Blue Planet II		8.00 Porridge				10.00 Planet Earth III	
	114 SKY DOCS	7.00 Spitfire				9.00 Lancaster			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Regretting You		8.00 Downton Abbey: The Grand Finale				10.10 Wuthering Heights	
	302 DECADES	‹ 5.25 Empire of the Sun		8.00 Full Metal Jacket				10.00 Lethal Weapon 2	
	303 FAST	‹ 5.45 Fast & Furious 5		8.00 Fast & Furious 6				10.15 Fast & Furious 7	
	304 FAMILY	‹ 6.00 Karate Kid: Legends	7.50 Smurfs				9.30 Despicable Me 4		
	306 ACTION	‹ 6.00 Uncharted		8.00 Spider-Man				10.05 The Long Kiss Goodnight	
	307 GREATS	‹ 5.45 The Bodyguard		8.00 Patriot Games				10.00 The Fugitive	
	308 COMEDY	‹ 6.15 Arthur		8.00 Yesterday				10.05 Am I OK?	
	309 THRILLER	‹ 5.40 The Bourne Legacy		8.00 Jason Bourne				10.15 Ocean's Eleven	
	310 DRAMA	‹ 6.00 The Illusionist		8.00 Rocketman				10.10 Anora	
	311 SCI-FI	‹ 5.35 The Shining		8.00 It				10.20 Weapons	
	305 DISNEY+ CINEMA	‹ 6.55 Mufasa: The Lion King				9.00 Beauty and the Beast			
	313 FILM4	‹ 6.00 Le Mans '66				9.00 Midnight Run			
SPORT	401 MAIN EVENT	7.00 EFL – Live: Coverage from a Championship semi-final first-leg tie							10.30 Golf – Live
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 Big Interview	8.00 Fantasy Show	8.30 PL Stories	9.00 PL Preview	9.30 Big Interview	10.00 Fantasy Show	10.30 PL Stories
	403 FOOTBALL	7.00 EFL – Live: Coverage from a Championship semi-final first-leg tie							10.30 EFL Greatest...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 The Gallagher PREM – Live: Gloucester Rugby v Sale Sharks (Kick-off 7.45)						10.00 UEFA Magazine	10.30 PL Preview
	411 TNT SPORTS 2	‹ 4.30 LIV Golf – Live: Coverage from the second day of the seventh round of the season							10.30 MotoGP

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

SUBSCRIPTION OFFER: SAVE 46%
Simply visit: magazinesdirect.com/DN95W
*Terms & conditions: magazinesdirect.com/terms.

Friday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **LIVE Elections** Sophie Raworth presents further results of the English council elections, with Kirsty Wark and Clive Myrie reporting on the early results from Scotland and Wales. (S)
1.00 PM **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **LIVE Elections** Laura Kuenssberg has further news of the English council elections, with Kirsty Wark in Edinburgh and Clive Myrie in Cardiff as the Holyrood and Senedd races conclude. (S)
5.00 **LIVE Elections** Christian Fraser presents as the new Scottish and Welsh Parliaments fall into place. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.30 100 Years on Planet Earth

7 PM

7.00 **LIVE Elections** Laura Kuenssberg and Sophie Raworth present a round-up from the election results. (S)

7.30 **Question Time** Fiona Bruce presents an hour of post-election debate, with a panel of politicians facing questions from the audience. (S)

8 PM

8.30 **NEW David Attenborough's 100 Years on Planet Earth** A live event from the Royal Albert Hall paying tribute to the veteran broadcaster on the occasion of his 100th birthday. The show takes the audience on a journey of exploration and discovery through the prism of Sir David's extraordinary life and career, featuring wildlife stories, reflections from friends, colleagues and admirers, and music from some of his programmes, performed by the BBC Concert Orchestra. (S)(AD)

9 PM

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **St Denis Medical** New episode *Get Me in the Pod, Brother:* 3/18. Joyce hires a full-body scanner, but it drives her to distraction. (S2) (S)(AD)

11.00 **St Denis Medical** New episode *Two Discs, One Conf:* 4/18. Ron is annoyed when Bruce cramps his style at a conference. (S2) (S)(AD)
11.25 **FILM Knocked Up** Romantic comedy starring Seth Rogen and Katherine Heigl. A mismatched pair learn they are expecting a baby after a one-night stand. With Paul Rudd and Leslie Mann. (S) (2007, 15, 120min) ★★★★
1.25 AM **Weather for the Week Ahead**
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Great Korean Railway Journeys** Double bill. (S)(R)(AD)
7.30 **Sign Zone: Just One Thing** (S)(R)
8.00 **Sign Zone: Ronan Keating's Wild Atlantic** From Donegal. (S)(R)(AD)
8.30 **Sign Zone: See Hear – Wildlife and the Future** New edition (S)
9.00 **BBC News** (S)
9.30 **Animal Park** (S)(R)(AD)
10.15 **Wanted Down Under** (S)(R)
11.00 **Homes Under the Hammer** (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)
1.00 PM **Impossible** Quiz. (S)(R)
1.45 **Money for Nothing** (S)(R)
2.45 **Escape to the Country** (S)(R)
3.30 **Antiques Roadshow** (S)(R)
4.15 **Flog It!** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Great Korean Railway Journeys** Series finale 5/5. From Jeju. (S)(AD)

7.30 Gardeners' World

7.00 **Richard Osman's House of Games** Jordan Banjo, Sian Lloyd, Nick Pickard and Ellie White take part in the quiz show. (S)(R)

7.30 **Gardeners' World** New edition The team head to the RHS Malvern Spring Festival in Worcestershire, where Rachel de Thame and Joe Swift share everything the show has to offer. (S)

8.30 **Beechgrove Garden** New edition Planting borders and planning for cut flowers are on the to-do list. (S)

9.00 **Have I Got News for You** New edition 6/10. Steph McGovern hosts, with comedian Jon Richardson and actress Sheila Hancock. (S)

9.30 **Saving Lives at Sea** On the north Somerset coast, the Minehead crew head out to rescue two walkers cut off by the tide, and in Dunbar a boy has fallen from some dangerous rocks. (S)(R)(AD)

10.30 **Newsnight** (S)

11.15 **The Misadventures of Romesh Ranganathan** 3/3. Romesh travels to the island of Madagascar. (S)(R)
12.15 AM **FILM Shadow in the Cloud** World War Two horror with Chloë Grace Moretz and Nick Robinson. (S) (2020, 15, 75min) ★★★★
1.30 **Sign Zone: See Hear: Wildlife and the Future** (S)(R)(AD)
2.00 **Sign Zone: MasterChef** (S)(R)(AD)
3.00 **Sign Zone: Mastermind: To Think Like a Killer** (S)(R)(AD)
3.40 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.30 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** In Milton Keynes, Mark Stevens gets his hands on a dazzling diamond ring, while Stewart Hofgartner finds some postcards worth writing home about. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Coronation Street

7.30 **Bradley & Barney Walsh: Breaking Dad** New edition 2/6. Before they leave the Blue Mountains, Barney has an extreme challenge planned for his father as they must traverse a ravine on a rope. (S)(AD)

8.00 **Emmerdale** Moira is still keeping the secret to herself, and Vanessa comes to a realisation. (S)(AD)

8.30 **Coronation Street** Danielle admits Theo's true nature to Todd. (S)(AD)

9.00 **The Neighbourhood** New edition 7/12. The secret Power House wastes no time currying favour with a neighbour by gifting them a lavish hamper. Hosted by Graham Norton. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM The Dark Knight** Dark comic-book thriller starring Christian Bale, Heath Ledger and Aaron Eckhart. Masked vigilante Batman encounters a dangerous new adversary when fiendish criminal mastermind the Joker unleashes a wave of violent anarchy. (S)(AD) (2008, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.10 AM **Teleshopping**
3.00 **Alan Titchmarsh's Gardening Club** Alan and the team visit Hampton Court Gardens. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jason Atherton's Dubai Dishes** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** (S4&5) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 2-5/24. (S2) (S)(R)
11.10 **Ramsay's Kitchen Nightmares USA** The chef visits a restaurant in Carlstadt, New Jersey. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)
1.10 **Matt Baker's British Isles** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to Florida** New edition Anthony and Mitchelle restart their catering business. (S)
5.00 **Chateau DIY** New edition Jon and Carmen prepare a bespoke wedding aisle for their big day. (S)
6.00 **Sun, Sea and Selling Houses** New edition In Alicante, the Rodriguezes help a woman to find a property in a lively location. (S)

10.00 First Dates

7.00 **News** (S)

8.00 **Perfect Pub Walks with Alexander Armstrong** 2/4. Chris Packham joins Alexander on an excursion in Kent, where they hunt for lost treasure, encounter Spitfires and a boat graveyard, and uncover historical secrets. (S)(R)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 **First Dates** New edition It's a family affair as Fred's parents come for lunch, and electrician Jordan brings his mum for a double date. Meanwhile, glamorous grandma Zelda bonds with dapper teacher Wayne. (S)

11.05 **TFI Friday Unplugged** New edition 4/6. Chris Evans presents chat and music. (S)
12.10 AM **Taskmaster** (S)(R)(AD)
1.05 **FILM Good Boys** Comedy starring Jacob Tremblay and Brady Noon. (S) (2019, 15, 90min) ★★★
2.35 **Ramsay's Kitchen Nightmares USA** From Arvada, Colorado. (S)(R)
3.25 **Travel Man: 48 Hours in Málaga** With David O'Doherty. (S)(R)(AD)
3.50 **to 6.10** AM **Four in a Bed** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.00 NOON **LIVE Snooker: World Seniors Championship** Rachel Casey presents coverage of the afternoon session on day three at the Crucible Theatre in Sheffield, featuring second-round matches. *Continues at 7.00pm.* (S)
5.00 PM **News** (S)
6.00 **Love Nature** New edition The Dinorwic Slate Quarry landscape of north west Wales. (S)
6.05 **Susan Calman's Grand Day Out** Susan explores the South Scottish Glens, before showing off the Isle of Arran where she holidayed as a child. (S)(R)
6.55 **News** (S)

12.00 Snooker

7.00 **LIVE Snooker: World Seniors Championship** Rachel Casey presents coverage of the evening session on day three at the Crucible Theatre in Sheffield, featuring the quarter-finals, played over the best of seven frames. Eventual champion Alfie Burden edged past Tony Drago 4-3 at this stage last year to set up a last-four meeting with Hassan Kerde, who defeated Charl Jonck 4-2 in the only match where both players were unseeded. In the other half of the draw, there were victories for Aaron Canavan prevailed 4-2 against Wayne Townsend and Dominic Dale recorded a comfortable 4-1 win against Joe Perry. (S)

10.30 **Wandsworth Prison: Out of Control** An investigation into one of Britain's most troubled jails, where men are sharing cells designed for one person, while inexperienced staff are struggling to cope. (S)(R)

11.30 **Piers Morgan: Uncensored** Opinion-led news and debate show, blending journalism and cultural commentary. (S)
1.00 AM **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
3.45 **Friends** (S6) (S)(R)(AD)
4.35 **The Highland Vet** David is called out to a farm where a cow is in labour. (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S3) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S5) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Attenborough at 100: Behind the Lens** (S)(R)
1.00 PM **The Bachelor King** (S)(R)
2.30 **David Attenborough's Wild City** Triple bill. (S)(R)(AD)
5.15 **Attenborough and the Giant Elephant** David Attenborough investigates the life of a famous Victorian elephant. (R)
6.30 **David Attenborough's Natural History Museum Alive** The broadcaster invites viewers to join him on an after-hours stroll around the Natural History Museum. (S)(R)(AD)

6.30 Natural History Museum Alive

David Attenborough's Natural History Museum Alive (started at 6.30pm)

8.00 **An Idiot Abroad 2** 2/8. Karl Pilkington boards the Trans-Siberian Express to China, and during the journey, he is forced to fight Mongolian wrestlers and makes a detour to a village of dwarves. (S)(R)

9.00 **FILM Olympus Has Fallen** Action thriller starring Gerard Butler. A disgraced secret service agent strives to foil North Korean guerrillas who have seized control of the White House and taken the president hostage. With Aaron Eckhart and Morgan Freeman. (2011, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.15 **Intelligence** 4/6. A rival GCHQ team unearth important information about Eternal Blue, but much to Jerry's frustration they refuse to share the intel he needs to thwart the attack. (S2) (S)(R)(AD)
11.45 **Grimm** 10/22. Hank investigates a murder that is connected to his new girlfriend. (S3) (S)(R)
12.45 AM **The Force: North East** (R)
2.35 **Road Wars** Triple bill. (R)
5.00 **to 6.00** AM **Border Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
9.30am **LIVE** Elections Scotland **12.00noon** **LIVE** Elections Scotland **3.00-6.00** **LIVE** Elections Scotland **7.00-7.30** **LIVE** Elections Scotland **11.00** St Denis Medical New episodes **11.45** Scotcast **12.15am** **FILM** Knocked Up (2007, 15, 120min) ★★★★ **2.15** Weather **2.20-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Bikes! North West 200 **11.20** St Denis Medical New episodes **12.05am** Would I Lie to You? **12.35** Blankety Blank **1.10-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
11.00am **LIVE** Elections Wales **6.30-8.30pm** **LIVE** Elections Wales **11.00** Question Time **12.00m't** St Denis Medical New episodes **12.45-6.00am** BBC News

BBC2

N. IRELAND
Sky 969, Freesat 969
6.00-6.30pm Mary Berry – Cook & Share

WALES
Sky 968, Freesat 968
11.00am-1.00pm **LIVE** Elections **2.00pm** **LIVE** Elections **5.00-6.00** **LIVE** Elections **6.45** Best of Weatherman Walking **7.00** **LIVE** Elections **7.30** **LIVE** Scrum V **9.50** Have I Got News for You New edition **10.20-10.30pm** Meet the Bears

ITV1

As main ITV1 except:

WALES
1.55-6.30pm **LIVE** Wales Decides – The Results **9.00-10.00** **LIVE** Wales Decides – The Results **10.45** The Neighbourhood New edition **11.45** The Chase **12.45-1.10am** Wales on TV

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** **LIVE** Etholiad Senedd **8.00pm** Prosiect Pum Mil **8.55** Newyddion a'r Tywydd **9.00** Am Dro! **10.05** Gwesty Aduniad **11.05-11.40pm** Sgwrs Dan y Lloer

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Attenborough's Birds of Paradise** David Attenborough examines the appeal of birds of paradise.
8.00 **Top Gear** Jeremy Clarkson spares no expense when he tests the BMW X6.
9.00 **Death in Paradise** *Murder Going Down:* 6/8. A tourist is stabbed in a hotel lift with no other occupants. (S13)
10.00 **Death Valley** 5/6. A murder mystery event turns into a real crime scene when a famous Welsh actor and TV detective is found stabbed to death at the dinner table. **10.45** 6/6. John's role as a consultant is made official, and he and Janie are tasked with solving the murder of a mechanic during a party at Janie's old school. (S1)
11.30 **Smoggie Queens**
12.30 AM **We Built a Zoo**
1.30 **Attenborough's Birds of Paradise** As 7.05pm.
2.30 **Paranormal: Britain's Last Witch**
3.00 **to 4.00** AM **Top Gear**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1999** Featuring S Club 7, Pet Shop Boys, Macy Gray, Melanie C, Eurythmics and Gabrielle. **7.30** With Eurythmics, Jordan Knight, Macy Gray, The Charlatans, Ann Lee, George Michael and James.
8.00 **TOTP: 1989** Performances by Debbie Gibson, Bon Jovi, Roxette and Kylie Minogue.
8.30 **TOTP: 1982** Featuring BA Robertson, Chas & Dave, Junior, Tight Fit, Bananarama and Fun Boy Three.
9.05 **Whitney at the BBC** A selection of performances by Whitney Houston from the BBC archives, including *Saving All My Love for You*, *Where Do Broken Hearts Go* and *Your Love Is My Love.*
10.05 **Whitney Houston: Live in South Africa** A 1994 concert by the singer at Kings Park Stadium, Durban.
12.00 M'T **TOTP: 1999**
1.00 AM **TOTP: 1982**
1.35 **TOTP: 1989** As 8.00pm.
2.05 **to 3.05** AM **Whitney at the BBC**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The competition kicks off at the Bell House Hotel, Wiltshire. **4.50** The second visit is to The Partridge in Oxfordshire. **5.20** The third visit is to Strawberry Gardens B&B in Heysham, Lancashire. **5.50** The final visit is to Bateman's Mill in Derbyshire. **6.20** The winning guest house is announced.
6.50 **Location, Location, Location** Kirstie and Phil catch up with house-hunters in Leeds and Oxfordshire.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer meet a couple in High Wycombe.
9.00 **Panda** New episode *A Wedding, a Funeral:* 2/6. Lola and Panda investigate the shattered remains of a medieval-themed hen party where the booze overflows, baseball takes a toll on garden gnomes, and a guest is found dead. Subtitled. (S2)
10.05 **24 Hours in A&E** A 30-year-old sustains a potentially life-threatening wound during a game.
11.10 **24 Hours in A&E**
12.15 AM **999: On the Front Line**
1.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **The Simpsons**
11.25 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **The Simpsons**
5.00 **First Dates**
6.00 **The Simpsons** Double bill.
7.00 **The Simpsons** *Poorhouse Rock:* Homer finally teaches Bart to admire him. **7.30** *A Streetcar Named Marge:* Marge lands the lead role in a play.
8.00 **First Dates** A date gets off to a rocky start with a revelation about children.
9.00 **Celebs Go Dating** New edition The famous faces arrive in Tenerife.
10.00 **FILM The Predator** Sci-fi thriller starring Boyd Holbrook. A band of former soldiers and a scientist attempt to defeat a savage extra-terrestrial warrior. (2018, 15, 102min) ★★★
12.05 AM **Naked Attraction**
1.10 **First Dates**
2.15 **Celebs Go Dating**
3.10 **Modern Family**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

primetime

primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

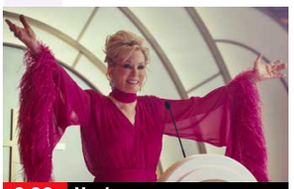
6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Law & Disorder**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 9&10/15. (S3)
1.00 PM **The Rookie** 12/18. An April Fools' prank on LAPD's social media leads to chaos.
2.00 13/18. A car bombing prompts an investigation. (S7)
3.00 **Law & Order: Criminal Intent** 2/22. Barek and Logan look into a spate of robberies. (S5)
4.00 **Nothing to Declare**

9.00 Chicago Fire

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 8&9/12. (S1)
12.05 PM **Billions** 9&10/12. (S4)
2.15 **My Brilliant Friend** 6/8. (S3)
3.20 **The Young Pope** 9/9. Pius XIII prepares to reveal himself publicly for the first time. (S1)
4.30 **Billions** 9/12. Chuck continues to navigate his way through New York's political landscape.
5.35 10/12. Wags gets in touch with his sensitive side, and Connerty reconnects with a figure from his past. (S4)



9.00 Hacks

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.20 **Olivia and Alex: Parenthood**
9.20 **Only Way Is Essex: Thailand**
10.20 **Real Housewives of Salt...**
11.15 **Real Housewives of New...**
12.05 PM **Limitless Win**
1.10 **Celebrity Catchphrase**
2.10 **Celebrity Wheel of Fortune**
3.10 **Only Way Is Essex: Thailand**
4.10 **Real Housewives of Salt Lake City** Reality series.
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Dune

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Inspector Morse**
11.15 **Heartbeat** Double bill.
1.30 PM **Midsomer Murders** *The Dogleg Murders:* The peaceful setting of a local golf club is rocked by murder.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Catch Us if You Can:* An old pal of Greengrass's turns up with a money-making scheme.

8.00 Doc Martin

ITV4

120 124 118 26 117 21

6.00 AM **The Protectors**
6.35 **Magnum, PI**
7.35 **Kojak**
8.40 **The Saint**
9.45 **Boon**
10.50 **The Sweeney**
11.55 **BattleBots**
1.00 PM **LIVE Racing** Coverage of the third and final day of the May Meeting from Chester.
4.00 **World of Sport**
4.20 **The Protectors**
4.50 **The Sweeney**
5.55 **Minder**

1.00 Racing

7 PM

7.00 Police 24/7 With the help of canines, officers down a suspect hiding in the woods, while a traffic stop reveals hidden guns.

6.45 The Penguin *After Hours:* 1/8. After the death of Carmine Falcone, Oz Cobb attempts to legitimise himself.

7.00 Wheel of Fortune Graham Norton invites three new contestants to spin the wheel to try to win a possible £50,000.

6.55 Heartbeat *Giving the Game Away:* A former acquaintance of Nick's raises suspicions about a string of violent robberies.

7.00 American Pickers Mike and Frank meet a quirky antiques dealer in New Orleans.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.00 The Penguin *Inside Man:* 2/8. Oz attempts to play both the Falcone and Maroni families to his advantage. (S1)

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

8.00 Doc Martin *Don't Let Go:* 6/8. Maggie gets the all-clear from the doctor and decides she will return to Bude.

8.00 FILM Licence to Kill Spy adventure starring Timothy Dalton as British secret service agent 007. James Bond pursues a personal vendetta against a drugs baron. With Carey Lowell and Robert Davi. (1989, 15, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.00 Chicago Fire *Something About Her:* 9/13. Severide, Kidd and Van Meter investigate a fire at a recording studio. (S12)

9.00 Hacks New episodes 6/10. Comedy drama starring Jean Smart as a Las Vegas comedian.
9.40 7/10. The comedy drama continues. (S5)

9.00 FILM Dune Sci-fi drama with Timothée Chalamet and Zendaya. The son of a noble family is entrusted with the protection of the most valuable asset and most vital element in the galaxy. (2021, 12, 155min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Doc Martin *Cats and Sharks:* 7/8. Bert struggles to come up with the money to repay two loan sharks. (S5)

10 PM

10.00 Fire Country *A Cry for Help:* 17/22. An internal investigation suspects Jake of being the serial arsonist setting recent fires. (S1)

10.20 Heated Rivalry *Olympians:* 2/6. Shane and Ilya keep their secret fling alive while their connection is tested by personal pressures. (S1)

10.00 DCI Banks *To Burn in Every Drop of Blood – Part One:* The victim of a frenzied attack is found in the woods.

10.45 Wrestling: AEW Dynamite Hard-hitting action from the world of All Elite Wrestling.

11.00 **Matlock** 9/16. (S2)
12.00 M'T **FBI** 3&4/15. (S3)
2.00 AM **FBI: International** (S1)
3.00 **Blue Bloods** 15/20. (S12)
4.00 **Road Wars**
4.30 **Border Security: America's Front Line** Documentary.
5.00 **to 6.00** AM **Send in the Dogs**

11.20 **The Penguin** 1&2/8. (S1)
1.35 AM **Homicide: Life on the Street** Double bill. (S4)
3.40 **Urban Secrets** (S1)
4.35 **Sort Of** 7/8. (S2)
5.05 **to 6.00** AM **Urban Secrets**

12.10 AM **Family Guy** 4/22. The Drunken Clam is turned into an English pub. (S3)
12.40 10/15. The Griffins win a trip to Maine. (S22)
1.05 **American Dad!** (S13&12)
2.05 **Count Abdulla**
2.30 **to 3.00** AM **Unwind with ITV**

11.00 **DCI Banks** *Part Two:* A woman commits suicide and leaves a note confessing to murder.
11.50 **Lewis** *Intelligent Design.*
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

12.45 AM **Dark Side of the Ring** How Chris Kanyon kept his sexuality a secret for decades while working in a culture that celebrated machismo.
1.40 **Two and a Half Men**
2.30 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
6.30 PM **Reporting Scotland: Election Special** Reaction to the Holyrood election.
7.15 **LIVE Sportscene Premiership Play-Off** Coverage of the second-leg of the quarter-final, as the team that finished third in the Championship hosts the fourth-placed side. Kick-off is at 7.30.
9.45 **Growing Up Scottish** A discussion on food.
10.00 **Still Game** 3/6. Part one of two. Winston receives bad news. (S9)
10.30 **Half Man** 2/6. Niall invites Ruben to join him for freshers' week at university. (S1)
11.30 PM **to 12.00** M'T **Two Doors Down** 6/6. A new couple on the street are invited to Beth's to meet the neighbours. (S3)

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S8)
9.00 **Sort Of**
10.00 **Upright** 2&3/8. (S1)
11.15 **Will & Grace** (S10)
12.15 PM **The Rehearsal** (S2)
1.30 **Upright** 2&3/8. (S1)
2.45 **Will & Grace** (S1)
3.45 **The Rehearsal** (S2)
5.00 **Community** (S6)
6.00 **Will & Grace** (S2)
7.00 **The Office (US)** 21/26. Michael prepares to host his last-ever Dundie awards.
7.30 22/26. Michael prepares to leave Dunder Mifflin. (S7)
8.00 **Resident Alien** *Welcome Aliens:* 9/10. Harry and Asta attend an alien convention. (S1)
9.00 **John Bishop 25 Tour: Live from Dublin**
10.45 **The Comeback** (S3)
11.25 **Resident Alien** (S1)
12.25 AM **The Trip** (S1)
1.45 **Community** (S6)
2.45 **The Rehearsal** (S2)
4.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Classical Pride**
7.30 **Artist of the Year: Masterclass** Triple bill.
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu...**
1.00 PM **Tales of the...**
2.00 **Backstage with the London Philharmonic**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2017**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** Music from 1987.
9.00 **Classic Albums**
10.15 **Beach Boys: Good Vibrations Tour**
11.15 **The Beach Boys: Endless Harmony**
1.30 AM **Isle of Wight Festival 2024**
3.30 **Holly Johnson at Baloise Session**
5.00 **to 6.00** AM **André Rieu: World Tour**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 14/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S2)
7.00 **Star Trek: The Next Generation** 16/22. (S2)
8.00 **Star Trek: Voyager** *Jetrel:* 15/16. Neelix's arch-enemy arrives. (S1)
9.00 **Forensics: Catching the Killer** Double bill.
11.00 **Star Trek: Enterprise**
12.00 M'T **Warehouse 13** (S2)
1.00 AM **Brit Cops: Frontline Crime UK** Documentary.
2.00 **Night Cops**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **Tenable** Warwick Davis hosts a team of amateur dramatic enthusiasts take part in the quiz.
3.00 **Ant & Dec's Limitless Win** Married couple Ricky and Manisha take on the Limitless Ladder.
4.00 **Time Is Money** Quick-fire quiz show hosted by Sara Davies.
5.00 **Deal or No Deal** Chris tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Floor** Rob Brydon hosts as the 33 remaining contestants fight for more squares.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shepherd.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Sarah Beeny's New Country Lives**
10.00 **Escape to Florida**
11.00 **Sun, Sea and Selling Houses** From Alicante.
12.00 NOON **A Place in the Sun** Triple bill.
3.00 PM **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Perfect Pub Walks with Alexander Armstrong** The host is joined by James May.
8.00 **Cruising to the Ends of the Earth** Tourists enjoy Gamcheon Culture Village in South Korea.
9.00 **24 Hours in A&E**
10.00 **Super Surgeons: A Chance at Life**
11.05 **Gogglebox** Double bill.
1.05 AM **8 Out of 10 Cats Does Countdown**
2.05 **Taskmaster**
3.05 **First Dates**
4.05 **to 5.05** AM **Perfect Pub Walks with Alexander Armstrong**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S1)
2.00 **Fantasy Island** 7&8/10. (S1)
4.00 **Stargate SG-1** 5/22. (S5)
5.00 **Star Trek: Voyager** 7/26. Cloaked aliens invade the ship and conduct dangerous experiments. (S4)
6.00 **Star Trek: Enterprise** 4/26. The crew form their first landing party when an Earth-like planet is discovered. (S1)

6.00 Star Trek: Enterprise

7.00 **Stargate Atlantis** *Thirty-Eight Minutes:* 4/20. The team become trapped while fleeing from the Wraith. (S1)
8.00 **Stargate SG-1** *Red Sky:* 5/22. The team's wormhole triggers an ecological disaster that threatens a planet. (S5)
9.00 **From** *These Fragile Lives:* 7/10. Concerns about Fatima's pregnancy deepen, and Jade follows a trail in the forest.
10.00 **From** *Thresholds:* 8/10. Accusations fly in the aftermath of a tragedy, while Victor struggles to recover memories. (S3)
11.00 **Grimm** 6/22. A priest is killed by a boy he is performing an exorcism on. (S3)
12.00 M'T **The Walking Dead** 13/16. Rick and the Governor meet to arrange a peace treaty. (S3)
1.00 AM **Fantasy Island** (S1)
3.00 **The Walking Dead** (S3)
4.00 **From** 4/10. (S3)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 21/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Unforgettable** (S1)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Mentalist** 21/23. (S2)
5.00 **Hudson & Rex** 1/16. Charlie recounts the first case he and Rex solved together. (S3)
6.00 **Father Brown** *The Angel of Mercy:* The priest is suspicious when Mrs McCarthy's friend dies in her sleep.

5.00 Hudson & Rex

7.00 **Unforgettable** *Up in Flames:* 4/22. Carrie and Al escape an explosion at the scene of a stockbroker's murder. (S1)
8.00 **Death in Paradise** *Damned If You Do:* 3/8. The president of a military re-enactment society dies mid-battle. (S4)
9.00 **Death in Paradise** *Melodies of Murder:* 8/8. A reggae band's reunion is blighted when the guitarist is found dead. (S7)
10.00 **Allegiance** *Homecoming Kings:* 5/10. A manhunt for two dangerous brothers reveals regrets that still haunt Vince. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **Death in Paradise** (S4)
1.00 AM **Hudson & Rex** (S3)
2.00 **Murdoch Mysteries** 6/22. Murdoch investigates when a humanoid skull is stolen. (S18)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **Dad's Army** Double bill.
2.40 **Are You Being Served?**
3.20 **The Green Green Grass**
4.00 **Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

10.40 Mrs Brown's Boys

7.20 **Dad's Army** Captain Mainwaring enlists an unusual new recruit to the platoon – a tracker dog provided by Walker.
8.00 **Still Open All Hours** Granville decides to invest in a giant balloon for advertising purposes.
8.40 **Open All Hours** Arkwright feels neglected by Nurse Gladys Emmanuel.
9.20 **Not Going Out** Lucy runs over a pet rabbit owned by a client's daughter.
10.00 **Not Going Out** Tim becomes part of a band.
10.40 **Mrs Brown's Boys** Agnes worries that her family are too secretive.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Not Going Out**
1.20 AM **Ever Decreasing Circles**
2.00 **Ghosts**
2.30 **Alma's Not Normal**
3.00 **Ghosts Christmas Special**
3.35 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Extreme Salvage Squad**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Would I Lie to You?**
1.20 PM **Richard Osman's House of Games** Quiz show.
2.00 **Mega Metro**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Family favourites.
6.00 **Rick Stein's Cornwall** Rick chats to author Patrick Gale.
6.30 The chef visits Boscastle.

9.00 QI XL

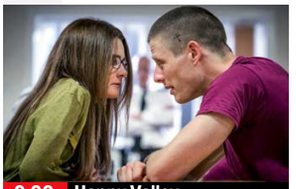
7.00 **Would I Lie to You?** With guests Miles Jupp, Heston Blumenthal, Emilia Fox and Ed Byrne.
7.40 With guests David Baddiel, Kimberly Wyatt, Ed Balls and Jo Brand.
8.20 **Richard Osman's House of Games** With Cariad Lloyd and Gareth Malone.
9.00 **QI XL** Guests Ignacio Lopez, Rhod Gilbert and Zoe Lyons join regular panellist Alan Davies and host Sandi Toksvig.
10.00 **Have I Got a Bit More News for You** Martin Clunes hosts the current affairs quiz, with Helen Lewis and Ian Smith.
11.00 **Frankie Boyle's New World Order** Frankie tries to make sense of the modern world.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **Red Dwarf** Triple bill.
3.25 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.20 AM **The Bill**
8.15 **Doctors**
9.30 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.15 **Harry Wild**
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** Hetty uncovers bribery and corruption.
5.20 **Birds of a Feather** Tracey is torn between duty to her husband and love for her sister.
6.00 **Last of the Summer Wine**


9.00 Happy Valley

7.20 **Last of the Summer Wine** Foggy attempts to defy his age by entering the annual barrel-rolling competition.
8.00 **Father Brown** *The Demise of the Debutante:* The priest investigates a murder at a finishing school for young ladies.
9.00 **Happy Valley** 4/6. Sean becomes prime suspect when Leonie is raped, and a gift for Ryan reminds Catherine that danger may be closer than she thinks. (S2)
10.20 **New Tricks** *The Fourth Man:* The detectives reinvestigate a heist.
11.40 **Dalziel & Pascoe** *Home Truths:* The unlikely crime-fighting duo investigate the murder of a Sikh woman.
1.35 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.30 **Birds of a Feather**
3.00 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
10.00 **NCIS** 6-8/24. (S12)
1.00 PM **Law & Order**
7.00 **NCIS** *Lost in Translation:* 21/24. The death of a US Marine in Washington, DC takes Gibbs and Bishop to Afghanistan.
8.00 *Troll:* 22/24. The death of a naval intelligence ensign is linked to a conspiracy.
9.00 *The Lost Boys:* 23/24. The team aid in a global investigation into an international terror group. (S12)
10.00 **Law & Order: Special Victims Unit** *Blast:* 13/22. A girl is kidnapped on her way home from school. (S7)
11.00 **Law & Order: Special Victims Unit**. (S7)
1.50 AM **Law & Order: Criminal Intent** (S8)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Rich Kids Go Skint**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops**
12.00 NOON **Storm & Alexis**
12.45 PM **5 News**
12.50 **Matt Allwright**
2.00 **Vanessa** Talk show.
3.00 **Police Interceptors**
5.00 **Rogue Claimers** New edition Fraudsters engineer road crashes.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition**
10.00 **A&E After Dark**
11.00 **Surgeons: A Matter of Life or Death**
12.35 AM **Skin A&E**
1.35 **Accused: Guilty or Innocent?** True-crime.
2.20 **GPs: Behind Closed Doors** Medical series.
3.10 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
11.55 **FILM Tom Horn** Western starring Steve McQueen. (1980, 15, 98min) ★★★
1.50 PM **FILM The Scalphunters** Western adventure starring Burt Lancaster. (1968, PG, 102min) ★★★
3.55 **Trucking Heavy: Massive Moves**
4.55 **Winter Road Rescue**
6.00 **Police Interceptors** Officers hunt for a thief who stole a 4x4.
7.00 Officers raid a pirate radio station.
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **FILM Mercury Rising** Crime thriller starring Bruce Willis, Alec Baldwin and Kim Dickens. (1998, 15, 110min) ★★★
11.10 **The X-Files** 21/25. (S2)
12.10 AM **Scam City**
1.10 **Outback Truckers**
2.10 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
5.00 **The Supervet at Christmas** From 2017.
6.00 **DIY SOS: The Big Build**
8.00 **Pete Wicks: For Dogs' Sake** Pete meets lurcher Terri, who is terrified of the world and must learn to trust again.
9.00 Pete helps teach Hugo, a Cane Corso rescued from quarantine at Dover, how to be a dog.
10.00 Pete helps a withdrawn pregnant Malinois regain strength so she can care for her 11 lively puppies.
11.00 **Gavin & Stacey**
1.00 AM **Sort Your Life Out with Stacey Solomon**
2.00 **to 3.00** AM **DIY SOS: The Bigger Build Ireland**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Madness of King George: Lucy Worsley Investigates**
7.10 **American History's Biggest Fibs with Lucy Worsley** Documentary.
8.00 **Bangers & Cash: Restoring Classics**
10.00 **Great War in Numbers**
11.00 **The Buildings That Fought Hitler**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Great War in Numbers**
5.00 **The Buildings That Fought Hitler**
6.00 **Blue Planet II** Creatures that live on coral reefs.
7.00 A look at wildlife that live thousands of kilometres from land.
8.00 **Porridge** Triple bill.
10.00 **Planet Earth III**
11.00 **A Perfect Planet**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters: The Restorers** Triple bill.
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Antiques Road Trip**
5.00 **Long Lost Family**
6.00 **Long Lost Family: Born Without Trace**
7.00 **The Yorkshire Auction House** Double bill.
9.00 **Rock the Block** New edition The teams design their lower level.
10.00 **Home Town** New edition A homebuyer who suffered a life-changing accident as a teen asks Ben and Erin for help.
11.00 **Help! My House Is Haunted** Triple bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters: The Restorers**

+1 hour 242 365

FRIDAY Entertainment

Friday

Great! TV

157 167 170 34 32

8.00 AM **Bramwell** 3/7. (S1)
9.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 2&3/24. (S6)
1.00 PM **The Waltons** (S8)
3.00 **Ballykissangel** 5/8. (S2)
4.10 **Down to Earth** 6/8. (S3)
5.20 **Bramwell** 4/7. (S1)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 19/20. A Korean gives the 4077th the gift of fresh vegetables. **8.00** 20/20. Charles develops an obsession with death. (S9) **8.30** 1/22. Part one of two. A vaudeville troupe visits the 4077th. (S10)
9.00 **Around the World in 80 Days** 1/3. Phileas Fogg accepts a wager. (S1)
11.00 **The Avengers** 6/24. (S5)
12.00 M'T **M*A*S*H** (S9&10)
1.30 AM **Rising Damp** (S3)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM The Horse Soldiers** Western. (1959, U, 115min) ★★
11.35 **Wanted: Dead or Alive**
12.05 PM **The High Chaparral**
2.05 **FILM Asteroid: Final Impact** Disaster thriller starring Mark Lutz and Anna Van Hooft. (2015, PG, 86min) ★
4.00 **The Persuaders!**
5.00 **The Avengers** (S6)
7.00 **FILM Mercenary for Justice** Action thriller starring Steven Seagal. (2006, 18, 91min) ★★
9.00 **FILM The Expendables** Action adventure directed by and starring Sylvester Stallone. (2010, 18, 99min) ★★★
11.15 **Coast Guard Alaska**
1.15 AM **The Avengers**
3.10 **FILM Asteroid: Final Impact** As 2.05pm.
4.35 **to 6.00** AM **FILM Meteor Storm** Thriller. (2010, 12, 90min) ★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Garage Sale Mysteries: Guilty Until Proven Innocent** Thriller. (2016, PG, 85min) ★★
10.00 **In Plain Sight** 4/13. (S4)
11.00 **Castle** 10/10. (S1)
12.00 NOON **Hart to Hart**
2.00 PM **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 1/24. (S2)
8.00 **Unforgettable** (S4)
9.00 **In Plain Sight** 5/13. (S4)
10.00 **FILM Aurora Teagarden Mysteries: How to Con a Con** Thriller starring Candace Cameron Bure. (2020, PG, 90min) ★★
11.55 **FILM Morning Show Mysteries: Murder on the Menu** Drama. (2018, PG, 85min) ★★
1.50 AM **FILM Killer Cover Up** Thriller with René Ashton. (2021, 12, 88min) ★★
3.20 **to 5.00** AM **FILM What the Nanny Saw** Thriller. (2022, 12, 100min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Love on Retreat** (2023, PG) ★★
10.15 **FILM Never Too Late to Celebrate** Drama. (2023, PG, 90min) ★★
12.05 PM **A Fine Romance**
12.35 **FILM The Best Version of Love** (2023, PG) ★★
2.35 **FILM Picture Perfect Romance** Drama. (2022, U, 89min) ★★
4.35 **FILM The Perfect Wedding Match** Comedy. (2021, PG, 86min) ★★
6.30 **A Fine Romance**
7.00 **FILM Wedding Wonderland** Drama. (2017, PG, 92min) ★★
8.55 **FILM Butlers in Love** Comedy. (2022, PG) ★★
10.50 **FILM This Little Love of Mine** Romantic drama. (2021, U, 91min) ★★
12.50 AM **FILM The Wedding Cottage** (2023, PG) ★★
3.00 **to 5.00** AM **FILM Butlers in Love** Comedy. (2022, PG, 89min) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Celebrity Coach Trip**
3.00 **Highclere: The Real Downton Abbey**
4.00 **New Home DIY**
5.00 **My Floating Home**
6.00 **Celebrity Coach Trip**
7.00 **Love Your Garden** A project inspired by *The Secret Garden*.
8.00 **Garden Rescue** A stylish wildlife haven in Cheshire. **9.00** A cluttered Hampshire garden.
10.00 **FILM Au Pair Girls** Comedy with Gabrielle Drake and Astrid Frank. (1972, 18, 86min) ★★
12.00 M'T **FILM Mary Millington: Confessions from the David Galaxy Affair** Sex comedy. (1979, 18, 92min) ★★
2.00 AM **FILM Girl on a Motorcycle** Erotic drama. (1968, 15, 91min) ★
4.00 **to 5.00** AM **Love Your Garden**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Gaffer** 3/6. (S1)
10.30 **Hallelujah** 5/7. (S1)
11.00 **Rewind Time Machine**
11.05 **Second Thoughts** (S3)
11.35 **The Fenn Street Gang**
12.05 PM **Boon** 6/13. (S2)
1.05 **Danger Man** (S1)
2.05 **Wish Me Luck** (S2)
3.05 **Rewind Time Machine**
3.10 **Hank the Cowboy**
3.25 **Rewind Time Machine**
3.30 **Boon** 8/13. (S5)
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Space 1999** 6/24. (S2)
7.05 **Danger Man** (S1)
8.05 **Hallelujah** 5/7. (S1)
8.35 **Second Thoughts** (S3)
9.05 **Drop the Dead Donkey**
10.05 **FILM Blood for Dracula** Horror. (1974, 18) ★★
12.10 AM **FILM Queen of the Blues** (1979, 18) ★★
1.25 **Stereo Underground**
2.25 **The Rewind Jukebox**
3.25 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Jeremy Wade's Dark Waters** From Alaska.
10.00 **Deadliest Catch**
12.00 NOON **Mysteries of the Missing** True-crime.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Giro D'Italia Highlights** Action from the opening stage of the race.
8.00 **Deadliest Catch: Inside the Catch** The feuds and short fuses that make up the best conflicts.
9.00 **Cops UK: Bodycam Squad** Documentary.
10.00 **Street Cops UK**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Great British Adventure**
7.00 **Rick Stein's Food Heroes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Great Britain**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry Everyday**
1.00 **James Martin's Islands to Highlands**
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Great Britain**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
8.30 **Mary Berry Everyday**
9.00 **Ottolenghi's Mediterranean Island Feast** From Corsica.
10.00 **Adam Richman Eats Italy** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food: Best Of**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 18/25. (S7)
9.00 **T.J. Hooker** 8/22. (S3)
10.00 **Six Million Dollar Man**
11.00 **FILM Gunsmoke: To the Last Man** Western. (1992, PG, 91min) ★★
1.00 PM **FILM Gunfighters** Western. (1947, PG) ★★
3.00 **FILM The Savage** Western. (1952, U) ★★
5.00 **Star Trek** 26/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 9/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Immortals** Fantasy adventure starring Henry Cavill. (2011, 15, 110min) ★★★
11.25 **FILM Highlander III: The Final Dimension** Action fantasy sequel. (1995, 15, 99min) ★★
1.30 AM **FILM Drive Hard** Thriller with Thomas Jane. (2014, 15, 92min) ★
3.20 **to 5.00** AM **FILM Sniper: Special Ops** Thriller. (2016, 15, 82min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
11.00 **Andromeda** 15/22. (S1)
12.00 NOON **The Gambler Returns: The Luck of the Draw** Western.
2.00 PM **FILM Weather Wars** Sci-fi thriller. (2011, 15, 82min) ★★
4.00 **Walker, Texas Ranger**
5.00 **The Gambler Returns: The Luck of the Draw**
7.00 **Andromeda** 16/22. (S1)
8.00 **The Fall Guy** 22/23. (S4)
9.00 **FILM Blitz** Crime thriller starring Jason Statham and Paddy Considine. (2011, 18, 97min) ★★★
11.05 **FILM Universal Soldier: Regeneration** Thriller sequel starring Jean-Claude Van Damme. (2009, 18, 97min) ★★★
1.05 AM **FILM Blitz** (2011)
3.00 **The Gambler Returns: The Luck of the Draw**
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars Do America**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **World's Most Unexplained**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars Do America**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **Close Encounters Down Under**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **WWE's Greatest Moments** New editions
10.00 **The UnBelievable**
11.00 **The UnXplained**
12.00 M'T **My Paranormal Nightmare**
1.00 AM **Close Encounters...**
2.00 **Ancient Aliens**
3.00 **World's Most...**
3.45 **to 6.00** AM **Highlights**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** The Thames.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Scenic Railway Journeys**
6.00 **Digging Up Britain's Past** Catterick Garrison.
7.00 **Ben Fogle: New Lives in the Wild** Ben visits Fort Grey, New South Wales. **8.00** Ben meets Karen in the desert surrounding Roswell in America.
9.00 **Taggart** *Hellfire:* The detective investigates when a satanist is murdered on Halloween.
11.05 **TV's 30 Most Controversial Moments**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** The Thames.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities**
4.00 **Who Wants to Be a Millionaire? Valentine's Special – Part One**
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase Celebrity Special** With Tim Vine, Nicholas Owen, Vanessa Feltz and Laila Rouass.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** With Sarah Willingham, Shaun Ryder, Eddie Edwards and Michelle Dewberry.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Quiz.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.30** 2/24. Leonard and Sheldon go through an adjustment period. (S7)
9.00 **90 Day Fiancé: Before the 90 Days** New edition Birkan confronts Laura, Forrest is scared to tell Molly his plans, and Trisha learns a secret about Rick.
11.00 **90 Day: The Single Life** New edition After their international relationships fell apart, fan favourites are single and ready for romance.
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S7)
1.00 PM **Friends** (S8&9)
7.00 **Friends** 11/24. Rachel meets her work stand-in. **7.25** 12/24. Gavin surprises Rachel. **7.55** 13/24. Ross tries to make Rachel jealous. **8.30** 14/24. Joey and Phoebe play Cupid for Rachel and Ross. (S9)
9.00 **Jack Whitehall Gets Around** Stand-up.
11.00 **Whose Line Is It Anyway? USA**
12.30 AM **8 Out of 10 Cats**
1.20 **8 Out of 10 Cats: Best Bits** Compilation.
2.10 **Impractical Jokers**
2.40 **Reno 911!** (S4)
3.05 **Key & Peele**
3.25 **Utopia** 7/8. (S2)
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 5&6/25. (S7)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big...**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** 3–6/24. (S5)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 7/8. (S2)
4.00 **Michael McIntyre's Big...**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S7)
9.00 **Michael McIntyre's Big Show** With Ellie Goulding.
10.00 **Friends** 9–12/24. (S8)
12.00 M'T **Jimmy Carr's Am I the A**hole?**
1.00 AM **Bradley & Barney...**
2.00 **Michael McIntyre's Big...**
3.00 **Whose Line Is It Anyway? USA**
3.45 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 3/10. (S8)
10.50 **Steptoe and Son** (S1)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 12/15. Drama. (S3)
2.45 **Minder** 3/13. (S9)
3.50 **Whatever Happened...**
4.25 **Man About the House**
4.55 **Bread** 3/10. (S8)
5.30 **Birds of a Feather**
6.00 **That's 60s**
6.10 **Rising Damp** 2/7. (S1)
6.40 **Steptoe and Son** (S1)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 1/13. (S3)
9.00 **Benidorm** 4/7. (S5)
9.55 **Shameless** 21/22. (S8)
10.55 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 4/7. (S5)
1.00 AM **Minder** 5/6. (S7)
2.00 **Duty Free** 5/7. (S1)
2.25 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **FriendZone**
8.30 **Beauty and the Geek Australia** Reality series.
10.00 **Catfish: Love Triangles**
11.00 **Catfish: The TV Show**
3.00 PM **Catfish UK**
5.00 **Help! I'm in a Secret Relationship!**
6.00 **Beauty and the Geek Australia** New edition The remaining geeks all get their long-awaited transformations.
8.00 **Just Tattoo of Us**
9.00 **Bar Rescue** New edition Phil Wills rescues a bar in Downey, California, that has suffered years of mismanagement.
10.00 **Unplugged**
11.00 **Help I Sexted My Boss**
12.00 M'T **Tattoo Fixers**
1.00 AM **Bar Rescue**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM NEW SERIES **Dr Jeff: Rocky Mountain Vet** Dr. Baier suspects a ferret has a spinal injury after being attacked. **2.00** New edition Helping out at National Mill Dog Rescue.
3.00 **How Do They Do It?** Four editions of the documentary.
5.00 **Alaska: Homestead Rescue** A self-sufficient family are left with nothing after a hurricane.

9.00 Expedition X

7.00 **Gold Rush** Parker battles Tony in an intense showdown for the year's top gold haul, while Rick grinds at Lightning Creek and expands his operation to try save his season.

9.00 **Expedition X** New edition In Trinidad, Heather Amaro and Phil Torres investigate claims of demonic possession.

10.00 **Conspiracies & Coverups** New edition An in-depth look into the biggest government conspiracies and coverups.

11.00 **Expedition Bigfoot** Russell rappels a 700-foot cliff to follow a heat signature, while Mireya and Biko track signs.
12.00 M'T **Border Control: Spain**
1.00 AM **Expedition X** As 9.00pm.
2.00 **Conspiracies & Coverups**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die** From Mexico.
10.00 **Tanked** An unusual job.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Double bill.
5.00 **Lone Star Law** A badly injured tortoise needs an innovative procedure.
6.00 **Dr Jeff: Rocky Mountain Vet** The doctor helps a remote town that has become overwhelmed with feral cats.

9.00 Alaska: The Last Frontier

7.00 **Treehouse Masters** Pete Nelson devises a design that includes a rain-maker to mimic the wet Irish climate.

8.00 **100 Days Wild** Under pressure to catch a moose, Andrew and Gerrid must also contend with Oliver's stubbornness.

9.00 **Alaska: The Last Frontier** The Kilcher men reclaim lumber for Shane's cabin, and Eve makes a gruesome discovery.

10.00 **Alaska: Surviving the Last Frontier** Following four groups of ordinary people as they travel into the wilderness of Alaska.

11.00 **Alaska Monsters** The Alaska Midnight Sons head towards Denali National Park.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Speed of Life**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation**
10.00 **Inside the CIA: Secrets and Spies** Documentary.
11.00 **Lost Treasures of Egypt**
12.00 NOON **Toronto Airport Uncovered** Documentary.
1.00 PM **Car S.O.S** A 1967 Lancia.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** A Rover P4 100.
6.00 **Hitler's Last Stand** American soldiers fight through the Siegfried Line to seize Aachen.

9.00 Secrets of Area 51

7.00 **Air Crash Investigation** Experts investigate what caused the explosion of Itavia Flight 870, killing all 81 people on board.

8.00 **Air Crash Investigation** The fate of Helios Flight 522, which in August 2005 crashed into a mountain in Greece.

9.00 **Secrets of Area 51** A look behind the scenes at the world's most secret military base.

10.00 **Construction Fails** Investigating why the only Bangkok building to collapse in an earthquake was the newest one.

11.00 **Air Crash Investigation: Special Report**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **Border Protection Spain**
2.00 **Trafficked** Documentary.
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **When Sharks Attack and Why**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Canadian Pickers**
8.45 **Dirty Old Cars**
9.15 **Pawn Stars** A Civil War rifle.
10.10 **Storage Wars** Four editions.
12.00 NOON **History's Greatest Aircraft** Double bill.
2.00 PM **Hardcore Pawn** Eight editions, including at: **5.00** A signature apparently made by Saddam Hussein. **5.30** A customer brings in an Olympic torch from 2002.
6.00 **American Pickers** Mike Wolfe learns about Evel Knievel's Snake Canyon Jump.

8.00 Witches of Essex

7.00 **Forged in Fire** Four bladesmiths build their own coal forges using materials scavenged from a storage unit.

8.00 **Witches of Essex** 1/3. Exploring the fates of women accused of witchcraft during 16th and 17th-century witch trials.

9.00 **Witches of Essex** 2/3. Rylan and Alice Roberts investigate the 1582 St Osyth witch hunt.

10.00 **Witches of Essex** 3/3. The events of 1645 when women were terrorised with brutal Puritan zeal and torture.

11.00 **Ancient Aliens** How many ancient architectural wonders bear similarities despite being built by different civilisations. **12.00** M'T A look at the possibility a curse could exist on Tutankhamun's tomb.
12.55 AM **Hardcore Pawn** Eight editions of the documentary.
4.25 **American Pickers**
5.10 **to 6.20** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Movies**
7.00 **Discovering: Walter Matthau**
8.00 **The Directors**
9.00 **Kim's Video**
10.45 **My Icon: Ebony Rainford-Brent** Inspirational individuals.
11.00 **The 2000s**
12.00 NOON **Costa Concordia: Chronicle of a Disaster**
2.00 PM **Discovering: Lee Marvin**
3.00 FILM **The Fog of War** Director Errol Morris's Oscar-winning documentary (2003, PG, 107min) ★★★
5.00 **The Commandant's Shadow**

5.00 The Commandant's...

7.00 **Spitfire** The story of the British single-seat fighter plane the Supermarine Spitfire, designed by RJ Mitchell and famous for its role in the Battle of Britain.

9.00 **Lancaster** The story of the legendary bomber synonymous with the Dambusters, and the night raids against Germany and the brave men and women who made them possible

11.00 **Ibiza Narcos** 1/3. Exploring the drugs trade on the island. **12.00** M'T 2/3. A look at the impact of the rave scene. **1.00** AM 3/3. A look at how greed and infighting among drug dealers led to bloodshed.
2.00 **Kings of Coke**
3.45 **Adam Hills: Foot Fault**
5.00 **to 6.00** AM **Discovering: Walter Matthau**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Gem Hunters Down Under** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Repair Shop** Items include a domino set with an amazing history. **10.00** Restoration of a steel-bodied guitar and a sculpture broken in an earthquake.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Forensic Detectives**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **People Magazine Presents: Crimes of the 90s** New editions The disappearance of a New Jersey businessman. **10.00** The search for a missing woman.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Kidnap and Murder of an Heiress** The 1969 kidnap and murder of Muriel McKay in Wimbledon.
8.00 **UK Crime Files: Murdered For Love** The case of Paul Gault, whose body was found.
9.00 **Secrets of a Murder Detective** The murder of Kenneth Ford.
10.00 **Murder by the Sea** The story of a Torquay businessman who went on a shooting spree.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Kidnap and Murder of an Heiress** As 7.00pm.
1.00 AM **UK Crime Files: Murdered For Love**
2.00 **Murder by the Sea**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Merseyside Wheelchair Murderer**
9.55 **UK Crime Files: The Party Killer**
10.45 **Teleshopping**
11.00 **48 Hours** Kevin Jiang.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Brides in the Bath Murders** True-crime.
3.00 **UK Crime Files: Serial Killer in the Making?**
4.00 **48 Hours** Dee Warner.
5.00 **Medical Detectives** Using orange fibres to solve a crime. **5.30** A man is found dead in a doctor's office. **6.00** A man is accused of murdering his wife. **6.30** An impression of a shoe print in the snow.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Caught on Dashcam**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Kayleigh Dunning.
1.00 PM **Forensics: Catching the Killer** True-crime.
3.00 **Murders That Shocked the Nation**
4.00 **Murder Uncut**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Forensics: Catching the Killer** Raymond Cullen.
8.00 **Britain's Most Evil Killers**
9.00 **How I Caught the Killer**
10.00 **Dating Death**
1.00 AM **How I Caught the Killer** Malcolm Webster.
2.00 **Killing Mum and Dad**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops: Law & Disorder** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of...**
8.40 **Secrets of the Royal Palaces** Versaillles.
9.35 **Pocahontas: Beyond the Myth**
10.40 **WWII: Operation Barbarossa**
11.50 **Ambassadors in Berlin: Whistleblowers of WWII**
1.00 PM **Sicily: The Conquered Isle**
2.20 **Secrets of the Royal...**
3.15 **Pocahontas: Beyond...**
4.20 **WWII: Operation Barbarossa**
5.30 **Ambassadors in Berlin: Whistleblowers of WWII**
6.35 **Secrets of the Royal Palaces** Versaillles.
7.35 **Pocahontas: Beyond...**
8.40 **WWII: Operation Barbarossa**
9.50 **Ambassadors in Berlin: Whistleblowers of WWII**
10.55 **Pocahontas: Beyond...**
12.00 M'T **WWII: Operation Barbarossa**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

FRIDAY

Friday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **David Attenborough's First Life** 1&2/2. Documentary.
8.30 **The Bachelor King**
10.00 **NEW Attenborough at 100: Behind the Lens** As David Attenborough turns 100, this intimate film presents new interviews, behind-the-scenes footage and extraordinary clips.
11.00 **Micro Monsters with David Attenborough** Six editions.
2.00 PM **David Attenborough's Galapagos** 1-3/3. Triple bill.
5.00 **Attenborough and the Giant Elephant** Documentary.
6.00 **Secret World of Sound with David Attenborough**
9.00 **David Attenborough's Conquest of the Skies**
12.00 M'T **David Attenborough's Dragons and Damsels**
1.00 AM **Flying Monsters with David Attenborough**
2.30 **David Attenborough's Natural History Museum Alive**
4.00 **David Attenborough's Global Adventure**
5.00 **to 6.00** AM **Micro Monsters with David Attenborough**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.55 **The Abyss: Rise & Fall of the Nazis** Documentary.
8.55 **U-Boat Wargamers**
10.00 **The Lost Women Spies**
11.05 **Ancient Aliens**
1.00 PM **Battle 360**
6.00 **The Proof Is Out There: Military Mysteries**
6.55 **U-Boat Wargamers**
8.00 **The Lost Women Spies** How the capture of a key Nazi uncovered shocking realities.
9.05 **Mysteries Unearthed with Danny Trejo** The unlikely people behind discoveries of top-secret information.
10.05 **Holy Marvels with Dennis Quaid** The legendary treasures of the Copper Scroll and King Solomon's mines.
11.00 **Ancient Aliens**
1.00 AM **Ancient Aliens: The Ultimate Evidence**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Richard Hammond's Big**
12.00 NOON **Arctic Rescue**
1.00 PM **Blowing Up History**
3.00 **NASA's Unexplained Files**
6.00 **How Do They Do It?**
9.00 **Mummies Unwrapped** A missing mummified body could re-write the history of Abraham Lincoln's assassination, as Ramy Romany investigates whether John Wilkes Booth actually escaped.
10.00 **Secrets Underground** Rob Nelson investigates mysterious rocks at the bottom of Lake Michigan known as 'Underwater Stonehenge'.
11.00 **Cooper's Treasure** Darrell Miklos has to put his gear to the test during bad weather on the Columbus trail.
12.00 M'T Darrell and his crew make an astonishing discovery.
1.00 AM **NASA's Unexplained Files**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Cops Gone Bad with Will Mellor** Triple bill of editions.
2.00 PM **Hometown Tragedy**
3.00 **Accident, Suicide or Murder?**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **Hometown Tragedy** New editions In Milwaukee, a 19-year-old goes missing.
8.30 Three employees are killed at an Albuquerque video store.
9.00 **Fugitives Caught on Tape** New editions Double bill.
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Ozark Law**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest Pets**
11.00 **Hostile Planet**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Leopard Kingdom**
3.00 **Swamp Men**
4.00 **Heartland Docs**
5.00 **Snakes in the City**
6.00 **Yukon Vet** A dog is attacked by a porcupine late at night.
7.00 **Wild India** Life through the eyes of a newborn elephant calf.
8.00 David Attenborough encounters Bengal tigers and meets monkeys that are drunk on fermented fruit.
9.00 David visits the Marusthali area in north-west India.
10.00 **Lawless Island** Sam gets stuck on a rotten boat roof trying to salvage a mast.
11.00 **Ice Road Rescue**
12.00 M'T **In Shallow Water**
1.00 AM **Something Bit Me**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Tony Robinson's VE Day: Minute by Minute**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The discovery of thousands of exoplanets.
1.00 PM **Mysteries at the Castle**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **Day After D-Day**
8.00 **Tony Robinson's VE Day: Minute by Minute**
9.00 **Legendary Locations**
10.00 **How Do They Do It?**
11.00 **Jeffrey Dahmer: Mind of a Monster** The chilling story of Jeffrey Dahmer, whose crimes shocked America.
1.00 AM **How the Universe Works**
2.00 **Mysteries at the Museum**
3.00 **Mysteries at the Castle**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **The Americas with Simon Reeve** Triple bill of editions.
12.00 NOON **Greece with Simon Reeve** 1/2. A tour of the country.
1.00 PM **The Americas with Simon Reeve** Triple bill of editions.
4.00 **Greece with Simon Reeve**
5.00 **Bread** 1-6/6. Sitcom. (S1)
8.50 **Bread** 1/6. First episode of the sitcom. Billy wastes money on a stolen statue, and Joey tries to claim an incontinence allowance for Grandad.
9.30 2/6. Billy buys an unlucky ring for wife Julie.
10.10 3/6. Freddie makes a return to the family home after being shunned by his mistress.
10.45 4/6. A exploitative photographer suggests Aveline should pose topless.
11.25 5/6. Freddie's sea-faring brother dies, so the Boswells decide it would be fitting to arrange a burial at sea.
12.00 M'T 6/6. Adrian finds himself out of a job. (S1)
12.35 **to 6.00** AM **Bread**

+1hour 266 376

ID

154 140 166

8.00 AM **Swamp Murders**
9.00 **Evil Lives Here**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** An illicit affair between a prison nurse and an inmate.
1.00 PM **Evil Lives Here**
3.00 **People Magazine Investigates**
4.00 **Forbidden: Dying for Love**
5.00 **The Big Swindle**
7.00 **Home Sweet Homicide**
9.00 **Feuds Turned Fatal** Two friends fall out over a stolen bicycle. Petty arguments become physical fights, ending in a bloody and brutal showdown.
10.00 **Portals to Hell** Jack Osbourne and Heather Taddy visit an abandoned amusement park.
11.00 **Paranormal Lockdown with Nick Groff** Ghost hunters Nick Groff and Katrina Weidman visit the infamous Kreischer Mansion in Staten Island, New York.
12.00 M'T **Destination Fear**
2.00 AM **The Big Swindle**
4.00 **to 6.00** AM **Home Sweet Homicide**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Shed and Buried: Classic Cars** A rare Jaguar E-Type.
2.00 **Ant Anstead: Born Mechanic**
3.00 **Massive Engineering Mistakes**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Bitchin' Rides: Road to the...**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Bitchin' Rides: Road to the Ridler** Dave agonises over the colour choice for the Ridler.
9.00 **Last Chance Garage**
10.00 **Hell Roads**
11.00 **Wheeler Dealers**
12.00 M'T **Bitchin' Rides: Road to...**
1.00 AM **Richard Hammond's Workshop** The team try to win one of their biggest restorations – a rare 1950s Porsche 356.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.25 AM **Spinal Tap II: The End Continues** Mockumentary. (2025, 15, 83min) ★★★
7.55 **PREMIERE Downton Abbey...**
10.00 **Blue Moon** As 4.15am.
11.45 **A Big Bold Beautiful Journey** Romance. (2025, 15) ★★★
1.35 PM **The Conjuring: Last Rites** Horror. (2025, 15) ★★★
3.50 **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
6.00 **Regretting You** Drama. (2025, 12, 116min) ★★★

8.00 Downton Abbey

8.00 PREMIERE Downton Abbey: The Grand Finale Drama spin-off with Hugh Bonneville and Michelle Dockery. The Crawleys grapple with the threat of social disgrace when Mary finds herself at the centre of a public scandal. (2025, PG, 123min) ★★★★
See review, page 24.
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Wuthering Heights Period drama based on Emily Brontë's romance, starring Margot Robbie and Jacob Elordi. Heathcliff falls for Catherine Earnshaw, a woman from a wealthy family. (2026, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Pillion** Dark comedy. (2025, 18, 107min) ★★★
2.30 **Don't Let's Go to the Dogs Tonight** Drama. (2025, 15, 99min) ★★★★
4.15 **to 6.00** AM **Blue Moon** Biopic. (2025, 15, 100min) ★★★★

Sky Cinema Fast

303 303 403 503 517

7.25 AM **Fast & Furious 8** (2017)
9.45 **The Fast and the Furious**
11.45 **2 Fast 2 Furious** Thriller sequel starring Paul Walker. (2003, 12, 108min) ★★★
1.45 PM **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★
3.45 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★
5.45 **Fast & Furious 5** Action thriller sequel starring Vin Diesel. (2011, 12, 130min) ★★★

3.45 Fast & Furious

8.00 Fast & Furious 6 Action thriller sequel starring Vin Diesel, Paul Walker and Dwayne Johnson. The gang of carjackers come out of retirement to stop a criminal mastermind from building a superweapon. With Michelle Rodriguez. (2013, 12, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Fast & Furious 7 Action thriller sequel starring Vin Diesel and Paul Walker. A rogue special forces assassin seeks revenge against Dom, Brian and their crew for putting his brother in a coma. (2015, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Fast & Furious 8** Action thriller sequel starring Vin Diesel. (2017, 12, 136min) ★★★
3.00 **The Fast and the Furious** Action thriller starring Vin Diesel and Paul Walker. (2001, 15, 107min) ★★★
4.55 **to 6.50** AM **2 Fast 2 Furious**

Sky Cinema Drama

310 310 410 510 524

6.10 AM **Beach Rats** As 12.30am.
8.00 **The United States vs. Billie Holiday** Biopic starring Andra Day. (2021, 15, 126min) ★★★
10.15 **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
12.00 NOON **A Different Man** Thriller. (2024, 15, 112min) ★★★★
1.55 PM **About Time** Fantasy comedy with Domhnall Gleeson. (2013, 12, 120min) ★★★
4.00 **PREMIERE Downton Abbey: The Grand Finale** Drama. (2025, PG, 123min) ★★★★
6.00 **The Illusionist** Period mystery. (2006, PG, 110min) ★★★★
8.00 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. (2019, 15, 121min) ★★★★
10.10 **Anora** Romantic comedy drama starring Mikey Madison. (2024, 18, 139min) ★★★★★
12.30 AM **Beach Rats** Drama starring Harris Dickinson. (2017, 15, 98min) ★★★
2.15 **Widow Clicquot** Drama. (2023, 15, 90min) ★★★★
3.55 **The Cut** Psychological thriller. (2024, 12, 99min) ★★★
5.35 **to 7.25** AM **Chuck Chuck Baby**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.30 AM **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
8.10 **Man Finds Tape** Horror thriller. (2025, 15, 84min) ★★★★
9.50 **The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★★
11.35 **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★★
1.35 PM **Constantine** Supernatural thriller. (2005, 15, 121min) ★★★
3.35 **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★★
5.35 **The Shining** Director Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson. (1980, 15, 119min) ★★★★★
8.00 **It** Adaptation of the Stephen King chiller starring Bill Skarsgård and Jaeden Lieberher. (2017, 15, 135min) ★★★★
10.20 **Weapons** Horror thriller starring Julia Garner and Amy Madigan. (2025, 18, 128min) ★★★★★
12.30 AM **The Exorcist** William Friedkin's occult horror chiller starring Max von Sydow. (1973, 18, 121min) ★★★★★
2.35 **Blade 2** Action horror sequel. (2002, 18, 117min) ★★★★
4.35 **to 6.05** AM **Gator Creek** Horror. (2025, 15, 87min) ★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.20 AM **Pets on a Train** Animation. (2025, PG, 87min) ★★★
7.50 **Penguins of Madagascar** Animation. (2014, U) ★★★★
9.25 **Trolls** As shown at 4.20pm.
11.05 **MouseHunt** (1997, PG) ★★★★
12.45 PM **The Secret Life of Pets 2** Animation. (2019, U) ★★★
2.25 **Peter Pan** (2003, PG) ★★★★
4.20 **Trolls** Animated musical. (2016, U, 92min) ★★★
6.00 **Karate Kid: Legends** Martial arts drama. (2025, 12) ★★★

4.20 Trolls

7.50 Smurfs Live-action animated musical fantasy comedy featuring the voices of Rihanna, James Corden, Nick Offerman and John Goodman. (2025, PG, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 Despicable Me 4 Animated comedy sequel featuring the voices of Steve Carell and Will Ferrell. Diabolical Maxime Le Mal and his girlfriend Valentina target Anti-Villain League agent Gru. (2024, U, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Monster Trucks** Fantasy. (2016, PG, 104min) ★★★
1.10 AM **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
2.45 **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★
4.05 **Noah's Ark** Animation. (2024, U, 96min) ★★★
5.50 **to 7.30** AM **Rock Dog** Animation. (2016, PG) ★★★

Sky Cinema Action

306 306 407 507 521

6.00 AM **The Brothers Grimm**
8.00 **Jackie Chan's First Strike**
9.35 **Justice League** Adventure. (2017, 12, 120min) ★★
11.40 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★
1.40 PM **xXx: Return of Xander Cage** Action thriller sequel. (2016, 12, 107min) ★★★
3.30 **Gladiator II** Historical drama. (2024, 15, 148min) ★★★
6.00 **Uncharted** Action adventure. (2022, 12, 116min) ★★★

10.05 The Long Kiss Goodnight

8.00 Spider-Man Fantasy adventure starring Tobey Maguire. A nerdy schoolboy develops special powers after being bitten by a mutant spider and uses them to protect New York from evil forces. With Kirsten Dunst. (2002, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 The Long Kiss Goodnight Action thriller starring Geena Davis and Samuel L Jackson. An amnesiac schoolteacher uncovers her secret past as a crack CIA assassin. (1996, 18, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Brothers Grimm** Terry Gilliam's fantasy adventure. (2005, 12, 118min) ★★★
2.10 **Jackie Chan's First Strike** Thriller. (1996, 12, 83min) ★★
3.50 **Bloodshot** Sci-fi thriller. (2020, 12, 109min) ★★
5.40 **to 7.45** AM **The Long Kiss Goodnight** As 10.05pm.

Sky Cinema Comedy

308 308 408 508 522

7.30 AM **Kindergarten Cop** Comedy thriller. (1990, 15, 111min) ★★★
9.30 **Coyotes** Comedy thriller. (2025, 15, 100min) ★★★
11.10 **The Sweetest Thing** Comedy. (2002, 15, 89min) ★
12.45 PM **Napoleon Dynamite** Teen comedy. (2004, PG) ★★★★
2.20 **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★
4.30 **Blazing Saddles** Spoof. (1974, 12, 90min) ★★★★
6.15 **Arthur** (1981, 15) ★★★★

10.05 Am I OK?

8.00 Yesterday Comedy written by Richard Curtis, directed by Danny Boyle and starring Himesh Patel. A musician wakes up after being hit by a bus to find he is the only person in the world who remembers The Beatles. (2019, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

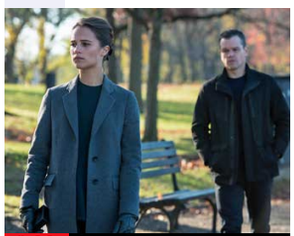
10.05 Am I OK? Romantic comedy drama starring Dakota Johnson and Sonoya Mizuno. Two lifelong pals face a test of friendship when one of them embarks on a personal journey. (2022, 15, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Mean Machine** Sports drama. (2001, 15, 99min) ★★
1.30 AM **Sausage Party** Animation. (2016, 15, 89min) ★★★
3.05 **Role Models** Comedy. (2008, 15, 99min) ★★★★
4.55 **to 6.45** AM **Mean Machine** As shown at 11.40pm.

Sky Cinema Thriller

309 309 409 509 523

6.25 AM **Murder by Numbers** Thriller. (2002, 15) ★★★
8.40 **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★
11.05 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★
1.25 PM **Sherlock Holmes: A Game of Shadows** Adventure sequel. (2011, 12, 128min) ★★★
3.40 **The Bourne Ultimatum** Spy thriller. (2007, 12) ★★★★
5.40 **The Bourne Legacy** Thriller. (2012, 12, 129min) ★★★



8.00 Jason Bourne

8.00 Jason Bourne Action thriller starring Matt Damon and Tommy Lee Jones. Former government operative Jason Bourne is drawn out of hiding to uncover more truths about his father. With Julia Stiles. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Ocean's Eleven Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Matt Damon and Andy Garcia. Charismatic thief Danny Ocean recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Speak No Evil** Horror. (2024, 15, 110min) ★★★★
2.15 **The Krays** Crime drama. (1990, 18, 119min) ★★★
4.30 **to 6.10** AM **Barber** Mystery. (2023, 15, 90min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Twelve O'Clock High** World War Two drama. (1949, b/w, U, 132min) ★★★★★
1.40 PM **The Black Shield of Falworth** Medieval adventure. (1954, U, 99min) ★★
3.40 **The Undefeated** Western. (1969, PG, 120min) ★★★
6.00 **Le Mans '66** Fact-based drama starring Matt Damon, Christian Bale and Tracy Letts. (2019, 12, 152min) ★★★★

9.00 Midnight Run

Le Mans '66 (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Midnight Run Comedy thriller starring Robert De Niro and Charles Grodin. A bounty hunter attempts to bring in an embezzler wanted by both the FBI and the Mob. With Yaphet Kotto and John Ashton. (1988, 18, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Warlock** Horror starring Julian Sands and Richard E Grant. A devil-worshipping warlock escapes execution in the 16th Century by travelling to LA in 1988. (1988, 15, 102min) ★★
1.40 **to 3.35** AM **Submarine** Richard Ayoade's coming-of-age comedy starring Craig Roberts and Yasmin Paige. (2010, 15, 96min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Decades

302 302 402 502 516

7.10 AM **Police Academy** (1984)
8.50 **Police Academy 2: Their First Assignment** As 1.40am.
10.20 **Police Academy 3: Back in Training** As shown at 3.15am.
11.50 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
1.40 PM **Beverly Hills Cop II** Comedy thriller sequel. (1987, 15, 99min) ★★★
3.25 **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★★
5.25 **Empire of the Sun** Epic drama. (1987, PG, 152min) ★★★★
8.00 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama starring Matthew Modine. (1987, 15, 115min) ★★★★
10.00 **Lethal Weapon 2** Action comedy thriller sequel starring Mel Gibson and Danny Glover. (1989, 15, 110min) ★★★★
12.00 M'T **Police Academy** Comedy. (1984, 15, 95min) ★★★
1.40 AM **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★
3.15 **Police Academy 3: Back in Training** Crime comedy sequel. (1986, PG, 82min) ★
4.45 **to 6.45** AM **Footloose** Dance drama. (1984, 12, 107min) ★★★

Sky Cinema Greats

307 307 404 504 518

7.00 AM **Legends of the Fall** Drama. (1994, 15, 133min) ★★★★
9.20 **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★★
11.30 **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
1.50 PM **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
3.35 **Cool Hand Luke** Prison drama. (1967, 15, 126min) ★★★★★
5.45 **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★
8.00 **Patriot Games** Action thriller starring Harrison Ford, Anne Archer and Sean Bean. (1992, 15, 116min) ★★★
10.00 **The Fugitive** Action thriller starring Harrison Ford and Tommy Lee Jones. A wrongly convicted man escapes on the way to jail and goes in search of the real culprit while evading the forces of the law. (1993, 15, 128min) ★★★★★
12.15 AM **Fatal Attraction** Thriller with Michael Douglas and Glenn Close. (1987, 15, 120min) ★★★★
2.20 **Blade** Action adventure chiller starring Wesley Snipes. (1998, 18, 121min) ★★★
4.35 **The Cinema List: Sky Originals**
5.05 **to 7.20** AM **The Fugitive** (1993)

Disney+ Cinema

305

6.00 AM **Bambi** As 4.50am.
7.15 **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
8.35 **Pocahontas** Animation. (1995, U, 81min) ★★★
10.00 **Up** Animated comedy adventure. (2009, U, 96min) ★★★★★
11.40 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
1.25 PM **Freaky Friday** Comedy. (2003, PG, 97min) ★★★
3.05 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
4.55 **The Princess Diaries** Family comedy. (2001, U, 115min) ★★★
6.55 **Mufasa: The Lion King** Musical prequel with the voice of Aaron Pierre. (2024, PG, 118min) ★★★
9.00 **Beauty and the Beast** Musical fantasy starring Emma Watson. (2017, PG, 129min) ★★★★
11.10 **A Real Pain** Comedy drama starring Kieran Culkin and Jesse Eisenberg, who also directed. (2024, 15, 90min) ★★★★★
12.45 AM **Gifted** Drama starring Chris Evans. (2017, 12, 101min) ★★★★
2.25 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
4.50 **to 6.00** AM **Bambi** Cartoon. (1942, U, 69min) ★★★★★

Movies 24

315 313 419

7.00 AM **Blind Date Book Club** Romantic drama starring Erin Krakow. (2024, PG, 90min) ★★
9.00 **An Easter Bloom** Drama. (2024, PG, 84min) ★★
11.00 **Falling Together** Drama. (2024, U, 90min) ★★
1.00 PM **Destination Love** Romantic comedy. (2021, PG, 90min) ★★
3.00 **A Bestselling Kind of Love** Drama. (2024, PG, 90min) ★★
5.00 **Mystery Island: House Rules** Drama with Elizabeth Henstridge. (2024, PG, 84min) ★★
7.00 **CrimeTime: Freefall** Mystery starring Lyndie Greenwood. (2024, PG, 90min) ★★
9.00 **The Stars Between Us** Romantic drama starring Sarah Drew and Matt Long. A reporter and a professor who had a memorable encounter during an eclipse are reunited when the planets align once more. (2026, PG, 84min) ★★
11.00 **Love in Whitbrooke** Romantic drama. (2021, PG, 88min) ★★
1.00 AM **Journey to You** Romantic drama. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **Savoring Paris** Drama. (2024, PG, 90min) ★★

Movies 24+ 329 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Storm in a Teacup** Comedy. (1937, b/w, U, 85min) ★★★
7.45 **Look at Life**
8.00 **Glencannon**
8.30 **Take a Letter Mr Jones** (S1)
9.00 **The Hangman Waits** Drama. (1947, b/w, PG, 63min) ★★★
10.15 **The Writing on the Wall**
10.55 **John Huston: Adventures of a Free Soul** Documentary.
12.00 NOON **Sergeant Cork** (S1)
1.05 PM **Edgar Wallace Mystery Theatre** 6/6. (S3)
2.15 **The Adventures of Robin Hood**
2.45 **Paratrooper** (1953, PG) ★★
4.30 **The Cheaters** 10/12. (S1)
5.00 **A Family at War** 1/13. (S1)
6.00 **Hannay** 1/6. Adventure. (S1)
7.00 **Z Cars** 38/42. (S2)
8.00 **Public Eye** 1/13. (S5)
9.05 **The Saint: The Fiction Makers** Adventure. (1968, U) ★★★
11.10 **Cellar Club with Caroline Munro**
11.15 **The Omega Factor** 3/10. (S1)
12.15 AM **Cellar Club with Caroline...**
12.20 **Countess Dracula** Hammer horror. (1970, 18, 94min) ★★★
2.15 **Cellar Club with Caroline Munro**
2.20 **The Devil's Hand** Horror thriller. (1962, b/w, 12, 71min) ★
3.50 **Look at Life**
4.00 **Lord Tramp** 1/6. Sitcom. (S1)
4.30 **to 5.00** AM **Out of Town**

FRIDAY Sport

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE WTA & ATP Tennis** Coverage of the fourth day of the Italian Open, a clay-court tournament at Foro Italico in Rome. The men's 2024 champion got his campaign underway at this stage last year, and had little trouble in claiming a place in round three as he dispatched Camilo Ugo Carabelli 6-2 6-1.
2.50 PM **LIVE IPL** **Delhi Capitals v Kolkata Knight Riders.** Coverage of the T20 match staged at Arun Jaitley Stadium, Delhi. The hosts fell short of their target in this meeting last season as the Knight Riders claimed a 14-run victory. The visitors made 204-9 in their innings before they restricted the Capitals to 190-9 in 20 overs.
7.00 **LIVE EFL** Coverage of a Championship semi-final first-leg.
10.30 **LIVE PGA Tour Golf** Coverage of the second day of the Truist Championship at Quail Hollow Club in Charlotte, North Carolina.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons** A profile of Duncan Ferguson.
8.30 A profile of Eden Hazard.
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
5.00 PM **Premier League Friday** Roman Kemp hosts the Premier League weekend preview show.
7.00 **Premier League Preview**
7.30 **The Big Interview**
8.00 **Fantasy Show** Insight and tips ahead of the weekend's fixtures.
8.30 **Premier League Stories** Behind the scenes of the Premier League.
9.00 **Premier League Preview** A look ahead to the weekend's matches.
9.30 **The Big Interview** Interview with a Premier League personality.
10.00 **Fantasy Show** Insight and tips.
10.30 **Premier League Stories**
11.00 **Premier League Years** A look back at the 2024/25 season.
1.00 AM **PL Retro** A replay of Chelsea v Liverpool from 2002/03.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.45 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2014 final.
11.00 **Bundesliga Weekly**
11.30 **Jimmy Glass: The Great Escape**
12.00 NOON **EFL: The Play-Offs At 40**
1.30 PM **Bundesliga Weekly**
2.00 **Jimmy Glass: The Great Escape**
2.30 **Bundesliga Highlights Show**
3.30 **WSL** Action from Brighton & Hove Albion v Arsenal.
4.00 **Bundesliga Weekly**
4.30 **Jimmy Glass: The Great Escape**
5.00 **SPFL Round-Up**
5.15 **SPFL Highlights** Action from Hearts v Rangers at Tynecastle.
5.30 **EFL: The Play-Offs At 40** The history of the play-offs.
7.00 **LIVE EFL** Coverage of a Championship semi-final first-leg.
10.30 **EFL Greatest Games** Highlights of Charlton Athletic v Sunderland.
10.45 Highlights from Gillingham v Manchester City.
11.00 **Jimmy Glass: The Great Escape**
11.30 **EFL League Two Goals**
12.00 M'T **EFL Highlights**
12.30 AM **Retro League One**
2.30 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent T20 action.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM **LIVE IPL** **Delhi Capitals v Kolkata Knight Riders.** Coverage of the T20 match staged at Arun Jaitley Stadium, Delhi. The hosts fell short of their target in this meeting last season as the Knight Riders claimed a 14-run victory. The visitors made 204-9 in their innings before they restricted the Capitals to 190-9 in their 20 overs.
7.00 **Best of ICC WT20**
8.00 **IPL** Lucknow Super Giants v Royal Challengers Bengaluru staged at Ekana Cricket Stadium
9.00 Highlights from Delhi Capitals v Kolkata Knight Riders at Arun Jaitley Stadium, Delhi.
10.00 Sunrisers Hyderabad v Punjab King held at Rajiv Gandhi International Cricket Stadium.
11.00 Highlights from Delhi Capitals v Kolkata Knight Riders at Arun Jaitley Stadium, Delhi.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A chance to see Delhi Capitals v Kolkata Knight Riders.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Champions**
7.00 **PGA Tour Champions Learning Centre** Golf tips and advice.
7.30 **Scotland's Greatest Golf Holes**
8.00 **PGA Tour Golf**
12.00 **Scotland's Greatest Golf Holes**
12.30 PM **LIVE DP World Tour Golf** Day two of the Estrella Damm Catalunya Championship at Real Club de Golf El Prat in Barcelona.
5.30 **LIVE PGA Tour Golf** Day two of the Truist Championship from Quail Hollow Club, North Carolina.
11.00 **Final Cut: The Long Game**
12.00 M'T **PGA Tour Champions**
1.00 AM **How the 1997 Ryder Cup Was Won** From Sotogrande.
4.00 **PGA Tour Golf** Highlights.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE WTA & ATP Tennis** Coverage of day four of the Italian Open at Foro Italico in Rome.
6.00 PM **LIVE WTA & ATP Tennis** Coverage from the latest events on the WTA and ATP Tours.
10.00 **ATP Tennis** Madrid Open final.
11.00 **WTA Tennis** Stuttgart Open.
12.00 M'T **ATP Tennis** Event review.
1.00 AM **ATP & WTA Tour Classics**
2.00 **WTA & ATP Tennis**
3.00 **US Open Tennis Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Football** Action and features.
8.15 **Serie A – Full Impact**
8.45 **UEFA Champions League**
9.00 **AFL** Recent action.
10.30 **LIVE AFL** **Brisbane Lions v Carlton Blues.**
1.30 PM **LIVE AFL** **Port Adelaide Power v Western Bulldogs.** From Adelaide Oval.
2.00 **MLB Highlights**
3.00 **LIVE Cycling** The sixth stage of the La Vuelta Femenina.
5.15 **The Fantasy Show**
5.45 **Kenny Allstar's Number 1's**
6.00 **Premier League: Big Interview**
6.30 **Premier League Preview**
7.00 **LIVE The Gallagher PREM** **Gloucester v Sale Sharks.** From Kingsholm Stadium. K-o **7.45pm.**
10.00 **UEFA Champions League**
10.30 **Premier League Preview**
11.00 **The Fantasy Show**
11.30 **MLB Highlights**
12.30 AM **LIVE MLB** **Milwaukee Brewers v New York Yankees.** Start-time **12.40am.**
3.30 **Premier League Preview**
4.00 **to 7.00** AM **LIVE AFL** **North Melbourne Kangaroos v Sydney Swans.** Bounce-up **4.15am.**

TNT Sports 2

411 414 522 409 431

6.00 AM **British Superbikes Rewind**
6.15 **World Superbike Rewind**
6.30 **MotoGP Rewind**
8.00 **LIVE MotoGP** Coverage of the Grand Prix of the France MotoGP, Moto2 and Moto3 first free practice sessions at Le Mans Bugatti Grand Prix Race Circuit.
10.45 **LIV Golf** Action from the first day.
12.15 PM **LIVE MotoGP** The Grand Prix of the France MotoGP, Moto2 and Moto3 first practice sessions.
3.15 **World Superbike Rewind**
3.30 **British Superbikes Rewind**
3.45 **TNT Sports Reload**
4.00 **Inside Serie A**
4.30 **LIVE LIV Golf** Coverage of the second day at Trump National Gold Club Washington in Virginia.
10.30 **MotoGP** Grand Prix of France.
11.00 **World Rally Championship**
11.30 **FIM Speedway Grand Prix**
12.30 AM **Premier League Preview**
1.00 **LIVE NWSL** **Orlando Pride v North Carolina Courage.** From Inter&Co Stadium in Orlando. Kick-off **1.00am.**
3.15 **TNT Sports Reload**
3.30 **to 6.00** AM **LIVE IFSC Climbing World Series** The lead semi-finals in Wujiang, China.

Sky Sports Action

412 410 510 426 446

6.00 AM **NBA Basketball**
8.00 **NBA on Fire** The latest news.
8.30 **Premier League Darts** A chance to see night 14 from First Direct Bank Arena in Leeds.
12.30 PM **Super League Highlights**
1.00 **Good Morning Football**
3.00 **NFL Highlights** Los Angeles Rams v San Francisco 49ers.
4.00 **Super League Highlights**.
4.45 **World Club Challenge** Highlights of Wigan Warriors v Penrith Panthers from 2024.
5.00 **Women's State of Origin** New South Wales v Queensland.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
8.00 **NBA Basketball** Philadelphia 76ers v Boston Celtics.
10.00 **NBA on Fire** News and highlights.
10.30 **NFL Bitesize Highlights** Seattle Seahawks v San Francisco 49ers.
10.45 Action from New England Patriots v Houston Texans.
11.00 **Super Bowl LX Highlights** Seattle Seahawks v New England Patriots at Levi's Stadium.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League**
4.45 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE WTA & ATP Tennis** Coverage of day four of the Italian Open staged at Foro Italico in Rome. At this stage last year, Great Britain's Jack Draper beat Italy's Luciano Darderi 6-1 6-4.
12.30 PM **LIVE PGA Tour Golf** Coverage of the featured groups on day two of the Truist Championship from Quail Hollow Club in Charlotte, North Carolina.
5.00 **LIVE Baller League** Coverage from the UK-based version of the six-a-side football league staged at Copper Box Arena in London. Each match will consist of two halves that are 15 minutes long, and the last three minutes of each half will be played under 'gamechanger rules' such as 'threeplay', which will see the teams reduced to three-a-side.
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games**
5.30 **to 7.30** AM **LIVE Super Rugby Highlanders v NSW Waratahs.** Coverage of the match from the 13th round of fixtures at Forsyth Barr Stadium. Kick-off **5.35am.**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Ladies European Tour Golf**
8.00 **LIVE Super Rugby** **Crusaders v Blues.** From One NZ Stadium. Kick-off **8.05am.**
10.00 **PL Greatest Games**
10.30 **LIVE Super Rugby** **Queensland Reds v Chiefs.** Coverage of the game at Suncorp Stadium. Kick-off **8.05am.**
12.30 PM **IPL** Recent T20 highlights.
2.30 **PL Greatest Games**
3.00 **PGA Tour Champions**
4.00 **LIVE LPGA Tour Golf** Day two of the Mizuho Americas Open staged at Liberty National Golf Club in Jersey City, New Jersey.
7.00 **Women's State of Origin**
8.00 **WTA Tennis** The Madrid Open.
9.00 **Formula 1** The Miami Grand Prix.
10.00 **IPL** Recent T20 action.
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **NBA Basketball**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **IPL**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIV Golf** From Virginia.
7.30 **FIM Speedway Grand Prix**
8.30 **The Cycling Show**
9.00 **Women's Cycling**
10.00 **Giro d'Italia Men Highlights**
11.00 **LIVE Cycling: Giro d'Italia** Coverage of stage one, a 147km route from Nessebar to Burgas in Bulgaria. *See feature, page 28.*
3.45 PM **Simon Yates: Giro Redemption** Action from 2025.
4.45 **The Gruppetto** Cycling news.
5.00 **Fencing Grand Prix**
6.00 **MLB Highlights**
7.00 **Inside Serie A**
7.30 **MotoGP** Grand Prix of France.
8.00 **Giro d'Italia Men Highlights**
9.00 **Cycling** La Vuelta Femenina.
10.00 **AFL** Two match replays.
1.00 AM **The Gallagher PREM**
2.00 **World Rally Championship**
2.30 **IFSC Climbing World Series**
3.30 **Giro d'Italia Men Highlights**
4.30 **Women's Cycling**
5.30 **to 6.00** AM **Discovery Golf**

TNT Sports 4

414 416 524 411 434

6.00 AM **TNT Sports Reload**
6.15 **WRC Review** Rally Islas Canarias.
7.15 **LIVE World Rally Championship** Rally de Portugal.
8.30 **TNT Sports Reload**
8.45 **LIVE World Rally Championship** Rally de Portugal.
9.45 **Premier League Reload**
10.00 **LIVE World Rally Championship** Rally de Portugal.
11.00 **Football** Highlights and features.
12.00 NOON **LIVE World Rally Championship** Rally de Portugal.
3.00 PM **European Football**
3.30 **LIVE World Rally Championship** Rally de Portugal.
4.30 **Formula E Highlights**
6.30 **Ultimate Pool** Pairs Cup.
8.00 **Premier League Preview**
8.30 **The Fantasy Show**
9.00 **Fencing Grand Prix**
10.00 **UFC** Highlights and features.
4.00 AM **MotoGP** GP of France.
4.30 **TNT Sports Reload**
5.00 **to 6.00** AM **Fishing**

Premier Sports 1

419 551

6.00 AM **Motorsport** Valentino Rossi.
6.30 **Swedish Speedway**
8.30 **Bike World** Magazine.
9.00 **European Le Mans Series**
10.00 **NHL Ice Hockey**
12.00 NOON **Champions Cup Show**
12.30 PM **Sporting Countdowns**
1.00 **URC in 60** Recent action.
2.00 **NHL Tonight**
3.00 **LaLiga Match Highlights**
4.30 **Eredivisie Highlights**
5.30 **Champions Cup Show**
6.00 **URC in 60** Recent action.
7.00 **LIVE United Rugby Championship** **Ulster v Stormers.** Kick-off **7.45pm.**
10.00 **URC SEND IT**
10.40 **LaLiga Match Highlights**
11.00 **NHL Tonight** Top 20 wingers.
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **NHL: This is Hockey**
3.30 **Sporting Greats**
4.00 **to 6.00** AM **United Rugby Championship**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **Eredivisie** Another chance to see AZ Alkmaar v FC Twente.
8.30 **NHL Ice Hockey**
10.30 **NHL: This is Hockey**
11.00 **Brasileiro Serie A** Action from Mirassol v Corinthians.
1.00 PM **LaLiga** Girona v Mallorca.
3.00 **United Rugby Championship** A replay of Cardiff v Ospreys.
5.00 Another chance to see Stormers v Glasgow Warriors.
7.00 **LIVE United Rugby Championship** **Glasgow Warriors v Cardiff.** Coverage from Scotstoun Stadium. Kick-off **7.45pm.**
10.00 **Temples of Sport**
11.00 **LaLiga** Villarreal v Athletic Club.
1.00 AM **Football's Greatest**
1.30 **NHL Tonight** A look at 20 of the best centers currently in the NHL.
2.30 **Temples of Sport**
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
9.00 **British GT Championship**
10.00 **GB3 Championship Highlights**
11.00 **Ginetta Juniors Highlights**
12.00 NOON **Formula 1** Miami GP.
1.00 PM **Indycar** From California.
2.00 **LIVE Indycar** The Sonsio Grand Prix first practice session.
3.30 **Formula 1** Miami Grand Prix.
5.45 **Oscar Piastri Drives a V8 Supercar** Testing V8 supercars.
6.00 **LIVE Indycar** The Sonsio Grand Prix second practice session.
7.30 **Formula 1** The Miami Grand Prix.
8.30 **Ted's Notebook**
9.00 **LIVE Indy NXT** The Grand Prix of Indianapolis opening race.
10.15 **Oscar Piastri Drives a V8**
10.30 **LIVE Indycar** The Sonsio Grand Prix qualifying session.
12.00 M'T **Indy NXT** From Indianapolis.
1.15 AM **F1 Features**
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

NEW

BBC iPLAYER Jamie Johnson FC

Wed & Thu, 6pm, CBBC & BBC iPlayer

As we prepare ourselves for World Cup fever this summer, the hit football drama returns to our screens for another action-packed series.

This time around, the young players at Hawx United Academy have their day-to-day lives disrupted by a TV crew who are filming a behind-the-scenes documentary about the club, leading to the teammates jostling for attention and time in front of the cameras.

Former reality star Jake Quickenden joins the cast as a Premier League star with a hidden agenda, while 'Big' Sam Allardyce returns as the Hawx United Academy manager.

Disney+ Star Wars Day

Available now, Disney+

May the 4th be with you! This date is widely known as 'Star Wars Day', and so there's no better time to settle in with some space-themed snacks – we're thinking blue milk, maybe some Space Raider crisps? – and tuning in to some galactic adventures. Disney+ is the perfect place to go, with its extensive *Star Wars* collection. Of course, we'd recommend starting with the original 1977 film, *Star Wars: A New Hope* (above). Just remember: the Force will be with you, always.

More great shows to watch this week...

NEW

Move It Milkshakers!

Weekdays, 7.05am, Milkshake! on 5

Milkshake's Derek and Kemi present this series that combines early learning with physical play, encouraging preschoolers to learn their sounds before spinning the wheel to blast into a themed workout.

Jungle Cruise

Available now, Disney+

As Dwayne Johnson celebrates his 54th birthday on Saturday (2 May), this fun action adventure based on the Disney ride, described as a modern *Indiana Jones*, is perfect viewing for family movie night.

Dr Seuss's Horton

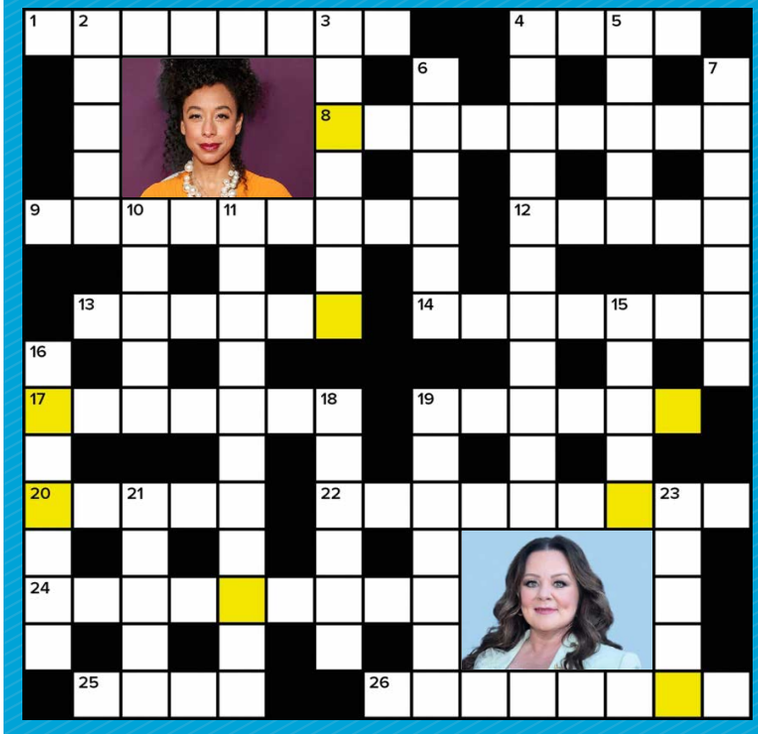
NEW

From Monday, Netflix

Brand new animated adventures featuring the kind-hearted elephant and his bird pal, Samson, in the Jungle of Nool.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out an English comedian (2,6). Answers at the bottom of the page – no cheating!



ACROSS

1 See picture clue: star of 2013's *Identity Thief* and 2011's *Bridesmaids*, Melissa -------- (8)
4 Sitcom starring Nick Frost and Rupert Grint, ---- *Note* (4)
8 Simon Baker crime drama, *The* ---------- (9)
9 Snoopy's pal (9)
12 *Ebony and* -----, hit single from 1982 by Sir Paul McCartney and Stevie Wonder (5)
13 1991 Johnny Depp movie, ------ *Scissorhands* (6)
14 Song by Manchester band James that was originally released in 1989 (3,4)
17 Pop group that consisted of brothers Sir Barry, Robin and Maurice Gibb (3,4)
19 *The Hand That Rocks the* ------, 1992 movie starring Rebecca De Mornay (6)
20 --- -- *(I Feel like Being a) Sex Machine*, hit James Brown song from 1970 (3,2)
22 Alfred Hitchcock thriller from 1951, --------- *on a Train* (9)
24 2014 Benedict Cumberbatch film, *The* ---------- *Game* (9)
25 Actor in *Good Girls* and *La Brea*, Ione ---- (4)
26 Ex-*I'm a Celebrity...* contestant, Ruthie -------- (8)

DOWN

2 Kaley -----, played Penny in sitcom *The Big Bang Theory* (5)
3 Co-host of Prime Video series *The Grand Tour*, Richard ------- (7)
4 Canadian country-music star who was born Eilleen Edwards (6,5)
5 Marx brother who played piano (5)
6 2006 action film starring Samuel L Jackson, ------ *on a Plane* (6)
7 1983 sequel to 1978's *Saturday Night Fever*, ------- *Alive* (7)
10 Birder and one of the stars of *The Goodies* , Bill ----- (5)
11 Gwyneth Paltrow movie from 1999, ---------- *in Love* (11)
15 Laurel and Hardy biopic from 2019 with Steve Coogan and John C Reilly, *Stan &* ----- (5)
16 Star of 2006 movie *Little Miss Sunshine*, ------- Breslin (7)
18 ------ Hampele, starred as Georgia Brooks in soap *Neighbours* (6)
19 See picture clue: Singer of 2006 hit *Put Your Records On*, ------- Bailey Rae (7)
21 *One* ----- *Pony*, 1980 album by Paul Simon (5)
23 2002 Wes Anderson comedy starring Gene Hackman, *The* ----- *Tenenbaums* (5)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY; BBC, © 2025 NETFLIX, INC. STAR WARS: ©LUCASFILM LTD. & TM. ALL RIGHTS RESERVED.

We are committed to only using magazine paper that is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards.
Recycle

CROSSWORD SOLUTION

ACROSS: 1 McCarthy 4 Sick 8 Mentalist 9 Woodstock 12 Ivory 13 Edward 14 Sit Down 17 Bee Gees 19 Cradle 20 Get Up 22 Strangers 24 Imitation 25 Skye 26 Henshall
DOWN: 2 Cuoco 3 Hammond 4 Shania Twain 5 Chico 6 Snakes 7 Staying 10 Oddie 11 Shakespeare 15 Ollie 16 Abigail 18 Saskia 19 Corinne 21 Trick 23 Royal

Coming soon

Jennifer Lopez and Brett Goldstein as Jackie and Daniel

FIRST LOOK

Office Romance

Jennifer Lopez and Brett Goldstein star in a steamy workplace comedy

Here's an intriguing first peek at Netflix's upcoming romcom *Office Romance*, which centres on two colleagues who embark on an illicit liaison.

Available from Friday 5 June, the film, directed by Ol Parker (*Mamma Mia: Here We Go Again!*), sees Jennifer Lopez play workaholic Jackie Cruz, who runs her own business, Air Cruz, while *Ted Lasso*'s Brett Goldstein is Daniel Blanchflower, a lawyer who joins her company.

But sparks fly between the pair, and they begin a passionate romance that they have to keep quiet about due to the strict anti-fraternisation policy that Jackie has enforced.

Mayans M.C. star Edward James Olmos appears as Jackie's father Jack Cruz, while Betty Gilpin, Tony Hale, Bradley Whitford, Jodie Whittaker, Tony Plana, Roger Bart, Amy Sedaris and Natalie Ortega co-star.

PASSIONATE AFFAIR

'The script is fun and raunchy,' says Lopez. 'It's a classic romance, with modern, edgier humour. It felt instantly special, a new kind of romantic comedy that really speaks to the times. I think it's exactly what we all need now.'

'Every day I come to work to do a romcom with Jennifer Lopez and this incredible cast, and I expect people to jump out and tell me I'm being pranked,' adds Goldstein, who has also co-written the comedy with Joe Kelly. 'Hasn't happened yet, so maybe this is real?'

WHAT'S NEXT FOR...

Dame Penelope Wilton

The actor will join Sir Jonathan Pryce for ITV1's factual drama **Mavis Eccleston**, which follows an elderly couple who plan to take their own lives together, but when Mavis survives, she is charged with her husband Dennis' murder.

Dan Stevens

In BBC1's Cold War–set drama, **Legacy of Spies**, based on John le Carré's novels, the actor is joining the cast as shrewd agent Bill Haydon, a colleague of spymaster George Smiley (Matthew Macfadyen).

Coming Back

Diane Morgan will reprise her role as clueless broadcaster Philomena Cunk in BBC2's three-part mockumentary **Cunk on Cinema**, in which her alter ego will explore the history of the silver screen from the birth of the camera to CGI.

A second run of Sky One's comedy **The 'Burbs**, a reimagining of the 1989 film, will see Jack Whitehall (pictured) and Keke Palmer return as Rob and Samira, who will be faced with more mysteries to unravel in suburbia.

Next week *On sale Tuesday 5 May*

Rivals

A second helping of Disney+'s racy 1980s-set romp starring Bella Maclean and Alex Hassell.

Believe Me

Victims of rapist John Worboys fight for justice in ITV1's drama. Aimée-Ffion Edwards stars.

Good Omens

Michael Sheen and David Tennant return for the fantasy's swansong on Prime Video.

Next week, we become *TV&Streaming Week*

The same great magazine with more channels than any other TV guide – just a different name!

TV&Satellite week

121-141 Westbourne Terrace, London W2 6JR
Email tv&satweek@futurenet.com
For subscriptions inquiries, call 0330 333 1113
email help@magazinesdirect.com

Printed by Walstead UK Ltd

International Licensing and Syndication
TV&Satellite Week is available for licensing and syndication. Contact us at **licensing@futurenet.com** or view our available content at **futurecontenthub.com**

Head of Print Licensing
Rachel Shaw **licensing@futurenet.com**

FUTURE
Connectors. Creators. Experience Makers.

Future plc is a public company quoted on the London Stock Exchange (symbol: FUTR)
www.futureplc.com

Chief Executive Officer **Kevin Li Ying**
Non-Executive Chairman **Mark Brooker**
Chief Financial Officer **Sharjeel Suleman**
Tel +44 (0)1225 442 244

Standard Subscription rates (1 year) UK $185.93, Europe 572.69 Euros, USA $648.13, Rest of World $648.13. For inquiries, contact TV&Satellite Week Subscriptions, Freepost Future Plc, or email help@magazinesdirect.com If you require any other issues of Future Plc magazines, these are available online at magazinesdirect.com

WORDS: CAREN CLARK. PHOTOS: ©2026 DISNEY & ITS RELATED ENTITIES, BBC, GETTY ITV, NETFLIX, PRIME VIDEO, SKY

ipso. Regulated

Editorial Complaints *TV&Satellite Week* is a member of IPSO (Independent Press Standards Organisation), which regulates the UK print and digital news industry. We abide by the Editors' Code of Practice and are committed to upholding the highest standards of journalism. If you think that we have not met those standards and want to make a complaint, please email us at tv&satweek@futurenet.com or write to The Editor, *TV&Satellite Week*, 121-141 Westbourne Terrace, London W2 6JR. If we are unable to resolve your complaint, or if you would like more information about IPSO or the Editors' Code, contact IPSO on 0300 123 2220 or visit ipso.co.uk

GPSR EU RP (for authorities only)
eucomply OÜ Pärnu mnt 139b-14 11317, Tallinn, Estonia
hello@eucompliancepartner.com +3375690241

General Product Safety 2023/988: The use of our product under normal or reasonably foreseeable conditions of use, including the actual duration of use, does not present any risk or only the minimum risks compatible with the product's use, which are considered acceptable and consistent with a high level of protection of the health and safety of consumers.

DON'T MISS THE PERFECT TIME TO PLANT

"Bring Home the Scent and Glorious Colour of the Mediterranean"

"...what an opportunity to transform your patio, balcony or garden into a spectacular Mediterranean oasis!"

- ✔ **Evergreen elegance 365 days a year & flowers all summer long**
- ✔ **Mature 3ft trees for immediate impact**
- ✔ **Winter hardy to -5° C, drought tolerant and so easy to maintain**

Stroll through any Spanish town on a warm summer's evening and you'll encounter oleanders - their wonderfully sweet fragrance drifting on the air, glossy evergreen foliage catching the last light, and elegant standards framing doorways and courtyards. Now you can bring that Mediterranean magic to your own garden. These remarkable plants transform a simple patio into something rather special - and they're surprisingly easy to care for. **We have a limited number of these mature plants available. Supplied at 3ft tall in 18cm pots, they can be seen at over £40 each in garden centres. This is a unique opportunity to buy something truly special...**

3ft Standard Flowering Oleander

One Oleander Tree ITEM: 680156
3ft tall tree in 18cm pot (was ~~£39.99~~)
£29.99 SAVE £10

Two Oleander Trees ITEM: 680157
3ft tall trees in 18cm pots (was ~~£79.98~~)
£49.98 SAVE £30!

GET THE LOOK & SAVE £6.00

Black Copper 'Infinity' Planter ONLY **£7.99** each

BUY 2 ~~£15.98~~ £9.98 £6 OFF

Finished in a metallic copper paint, this planter is simple yet elegant. Made from heavy duty plastic with drainage holes, it can be reused year after year. 28cm diameter. **ITEM CODE: 130283**

Standard Flowering Oleander

SAVE £30!

NORMALLY ~~£79.98~~
ONLY **£24.99** Each
WHEN YOU BUY 2 FOR JUST £49.98!

in association with TV&Satellite week

SUPPLIED 3FT TALL

12 YRS TRUSTED SERVICE
143,000+ reviews
★★★★★ feefo
Gold Trusted Service Award 2026 feefo

feefo
Over 70 5 STAR reviews
★★★★★
"Wonderful healthy plants. Brilliant! They've made a huge difference to my garden!"
Trusted customer - Feefo Review

YOUR DOUBLE GUARANTEE

1. If you're not totally happy with your order, return it within 30 days and we'll replace or refund in full.
2. Should any hardy plants fail to thrive thereafter, we will replace free of charge. You just pay P&P.

Peter McDermott,- Head Gardener

IMPORTANT: Contact with Oleander foliage and its sap may irritate the skin. All parts of the Oleander Plant are toxic if ingested.

Exclusive Offer! | you garden gardening for everyone

3 EASY WAYS TO ORDER

Shop online anytime:
www.YouGarden.com/TVSW427

0844 502 0050
Calls cost 5p per min plus your network's access charge.
USE CODE: TVSW427

or **by post** using coupon opposite to: **Offer TVSW427, YouGarden, PO Box 1468, Peterborough, PE1 9XL**

© Copyright YouGarden Limited, 2026.

Please cut out and send this coupon to: Offer TVSW427, YouGarden, PO Box 1468, Peterborough, PE1 9XL

YOUR ORDER DETAILS

Item	Description	Price	Qty	Subtotal
680156	**Standard Oleander** 95-115cm plant in 18cm pot **SAVE £10**	£29.99		
680157	**BUY 2 for just £24.99 EACH! SAVE £30**	£49.98		
	These special offers go perfectly with your Standard Oleander!			
130283	**Black Copper 'Infinity' Planter**	£7.99		
	2 x Black Copper 'Infinity' Planters SAVE £6	£9.98		
100062	**Blooming Fast Superior Soluble Fertiliser** 500g **SAVE £3.00**	£9.99		
	You must use offer code **TVSW427** to get these exclusive prices!		P&P	£6.99
			Total	

YOUR PAYMENT DETAILS

I enclose a cheque/Postal Order payable to **YouGarden** (include your name and address on the back) for £ or charge my Visa / Mastercard:

Card No. | Issue No. | Start Date | Exp Date

YOUR DELIVERY DETAILS

Mr/Mrs/Ms/Miss Initial Surname

Address

Postcode

Email

Tel

Orders dispatched within 5-7 working days. Delivery to UK only and a £3.00 surcharge will apply to the following postcode areas: AB, DD8-11, GY, HS, IM, IV, JE, KA27-28, KW, PA20-80, PH19-50, TR21-25 & ZE. Offer subject to availability and in the event that this offer is oversubscribed, we reserve the right to send suitable substitutes. Images show mature plants. See website for full product details and T&Cs. Following Brexit there are a number of changes that prevent us from trading in N. Ireland. For further details please visit www.yougarden.com

If you do not wish to receive catalogues & offers from us, please tick here ☐. We think you'd enjoy some of the latest products and selected offers by post from other trusted retailers, charities, finance, travel, FMCG and utility companies. If you do not wish to receive these, please tick here ☐. Full details at YouGarden.com/Privacy.

HURRY, LIMITED TIME OFFER!

Walk-in Showers

Wet Rooms

Walk-in Baths

Safe, easier bathing, in a style you love.

- Wide range of walk-in showers and baths available
- Free no-obligation design visit
- Low level easy safe access
- Non-slip comfort flooring available
- Design, project management installation and aftercare – we take care of everything

Thrilled with result ★★★★★
From start to finish the process was easy. The initial consultation was clear and helpful. I wanted a bathroom that looked modern and attractive as well as being practical. **Mrs Steuer**

For a brochure or to arrange a **free** design consultation: Call
0808 253 2119

QUOTING **TV & SATELLITE WEEK**

Visit
assistivebathing.co.uk

assistive bathing
Walk-in baths and showers

Free Design Service | Hassle Free Installation | Nationwide Service | Helpful Expert Team

*Applies to selected lines only. Cannot be used in conjunction with any other offer. See website for full details. Offer ends 31/05/26.

TVSAT28/04/26